Vintage Smock Pattern-

This pattern fits my little one as is. She is almost a size 2T. The crisscross back leaves quite a bit of room for tummy size variation, and you could always add length to the shoulder straps to adjust the height. If you are trying to size up or down (or just make sure it fits before you do all of the work), cut a template out of muslin and try it on the child beforehand.

Directions for a lined smock:

You'll need two coordinating fabrics. Choose light weight fabrics. If your fabrics are too heavy, it might make the straps difficult to tie.

- 1. Print out all pattern pieces TWICE.
- 2. There should only be a 1/4" overlap between the of 8.5" x 11" sheets of paper. When I changed this file to a .pdf it shrank it just a bit. You'll have to use your best judgment to match up the pattern and continue the pattern lines. You'll see what I mean in a second.

Lay out the pattern piece sheets in the following way, aligning the shapes:

1	2
3	4

Tape together and cut out pattern. (You've just completed one half.) Assemble and cut out the other half. Flip one half over and tape the two halves together along the fold line. You should be now looking at the large bat shaped smock pattern.

- 4. This is a stitch-around pattern. **There are no seam allowances included**. Lay your fabrics out right sides together and pin your pattern to both. Cut roughly 1/2" around the outside of the pattern. Either stitch around the pattern carefully to not sew through the paper or lightly draw around the outline of the pattern and sew along your drawn line. Be sure to leave an opening at the bottom or side for turning.
- 5. After sewing, trim seam allowances to 1/8" and clip curves. Turn, press and top stitch close to the edge all the way around.
- 6. Embellish: Add pockets, appliqués, etc.

Ideas: I added the patchwork pocket after it was all assembled. If you didn't add a pocket the smock would be completely reversible. Cute! Or if you used binding, serged, or zig-zagged the edges, you could make it out of one thickness of fabric. What about making it out of fleece and blanket stitching the edges for a nice winter vest? Cozy.

1.

2.)

FOLD

4.)