

# FOOD ALLERGENS & SENSITIVITIES GUIDE



The Cooper's Hawk Kitchen has many shared components, including preparation areas, utensils, and cooking equipment. While we take precautions to prevent cross-contact with allergens, the possibility exists and **we cannot guarantee that any food item is allergen free.** The dots indicate when an allergen is present in a dish.

Please inform your server of your allergy for guidance.

	DAIRY	EGG	SOY	TREE NUT	PEANUT	FISH	SHELLFISH	WHEAT	SESAME	GARLIC	MSG
<b>APPETIZERS</b>											
Caesar Salad	•	•				•					•
Chopped Wedge Salad	•	•				•					•
Drunken Shrimp	•					•	•		•	•	
Plain Ol' House Salad											
Thai Lettuce Wraps		•		•		•			•	•	•
<b>SALADS</b>											
BBQ Ranch Chicken	•	•	•								•
Blackened Bleu Skirt Steak	•	•				•					•
Cooper's Hawk Chicken Caesar	•	•				•					•
Napa Chicken	•	•		•							•
<b>PASTA &amp; SPECIALTIES</b>											
Chicken Carbonara	•										•
Country Italian Sausage	•		•								•
Penne with Roasted Butternut Squash	•	•									•
<b>RISOTTO</b>											
Braised Short Rib	•		•								•
Roasted Chicken	•										•
Shrimp & Scallop	•					•	•				•
Sweet Corn & Tomato	•										•
<b>SEAFOOD</b>											
Blackened Ahi Tuna	•	•				•				•	•
Broiled Fillet of Grouper	•	•				•	•				•
Seared Atlantic Salmon	•	•				•					•
<b>BEEF &amp; PORK</b>											
Filet Mignon	•	•	•								•
Grilled Tenderloin Medallions	•	•	•								•
<b>CHICKEN</b>											
Chicken Madeira	•	•	•								•
Cooper's Hawk Chicken Giardiniera	•	•									•
Dana's Parmesan-Crusted Chicken	•	•				•					•
Ellie's Chicken Piccata	•	•				•					•

	DAIRY	EGG	SOY	TREE NUT	PEANUT	FISH	SHELLFISH	WHEAT	SESAME	GARLIC	MSG
<b>BURGERS &amp; SANDWICHES</b>											
Bleu Cheeseburger	•	•	•			•					•
Cilantro Ranch Chicken Sandwich	•	•	•								•
Classic Cheeseburger	•	•	•								•
The Leonard Burger	•	•	•								•
Turkey Burger	•	•	•								•
Grilled Mahi Sandwich	•	•	•			•					•
<b>LUNCH-SIZED ENTRÉES</b>											
Chicken Madeira	•	•	•								•
Cooper's Hawk Chicken Giardiniera	•	•									•
Dana's Parmesan-Crusted Chicken	•	•				•					•
Ellie's Chicken Piccata	•	•				•					•
Seared Atlantic Salmon	•	•				•					•
<b>SIGNATURE SIDES</b>											
Asparagus	•	•									•
Garlic Green Beans	•	•									•
Gluten-Free Bread	•	•	•								
Grilled Broccoli	•	•									•
Mary's Potatoes	•										
Oven-Roasted Vegetables	•										•
Roasted Broccolini	•	•									•
Wasabi-Buttered Mashed Potatoes	•										
<b>DESSERTS</b>											
Flourless Chocolate Torte	•	•	•								
Salted Caramel Crème Brûlée	•	•									
S'more Budino	•	•									
<b>KIDS MENU</b>											
Cheeseburger / Hamburger	•	•	•								•
Mac & Cheese	•										•
Junior Filet Medallions	•		•								•
Parmesan Chicken with Angel Hair Marinara	•	•	•								•
Vanilla Ice Cream	•	•									

