

CICERONE

SPRING/SUMMER CATALOGUE 2024



Nearly 400 practical and inspirational
guidebooks for hikers, mountaineers,
climbers, runners and cyclists

CICERONE

Contents

New titles Spring/Summer 2024 2-10

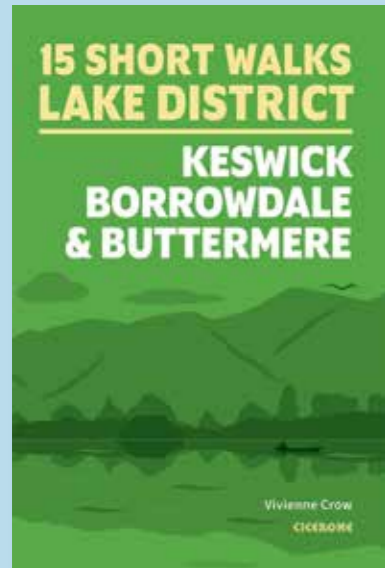
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Short Walks

In our Short Walks series, Cicerone's authors have chosen 15 of the best short walks in each area for you to explore. Our guidebooks come with easy-to-read Ordnance Survey maps and clear route descriptions, perfect if you're new to walking or are looking for something you can enjoy with the whole family.



Short Walks Lake District: Keswick, Borrowdale & Buttermere

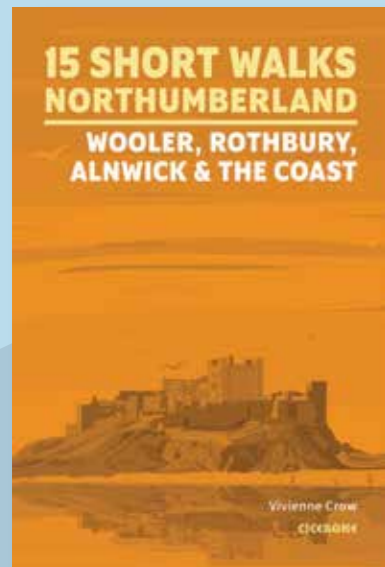
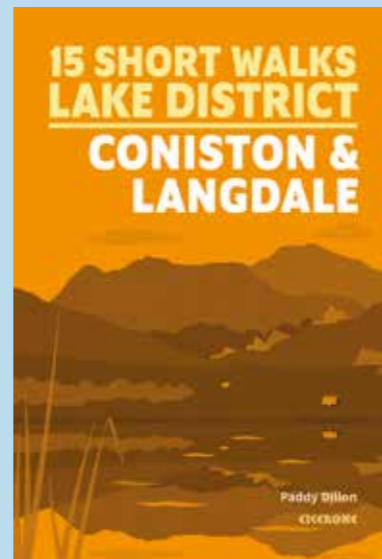
Vivienne Crow

ISBN: 9781786312020 | £9.95 RRP
Published January 2024

Short Walks Lake District: Coniston & Langdale

Paddy Dillon

ISBN: 9781786311979 | £9.95 RRP
Published January 2024



Short Walks Northumberland: Wooler, Rothbury, Alnwick & the Coast

Vivienne Crow

- Includes Holy Island (Lindisfarne), the Simonside Hills, Alnwick Castle, Craster, Dunstanburgh Castle, Bamburgh and Berwick-upon-Tweed.

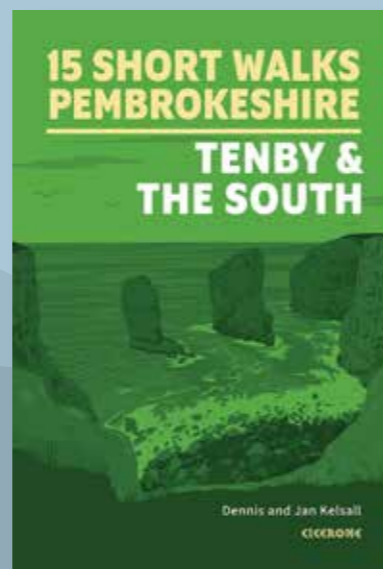
ISBN: 9781786312013 | £9.95 RRP
Publishing July 2024

Short Walks Pembrokeshire: Tenby & the South

Dennis and Jan Kelsall

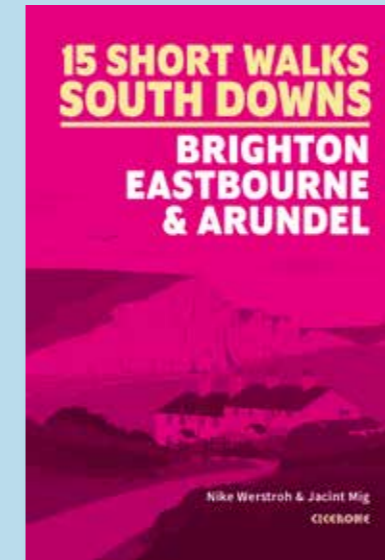
- Includes Tenby, Saundersfoot, Amroth, Manorbier, Angle and Bosherton.
- All walks are under 4 hours in duration and from 2km to 11km (1–7 miles).

ISBN: 9781786311757 | £9.95 RRP
Publishing February 2024



We've included information on local beauty spots and tasty refreshment stops, and most of the walks can be completed in under 3 hours.

We haven't included any walks with challenging terrain or complicated navigation, and all you'll need to take with you are a waterproof jacket and a pair of comfortable trainers.



Short Walks South Downs: Brighton, Eastbourne & Arundel

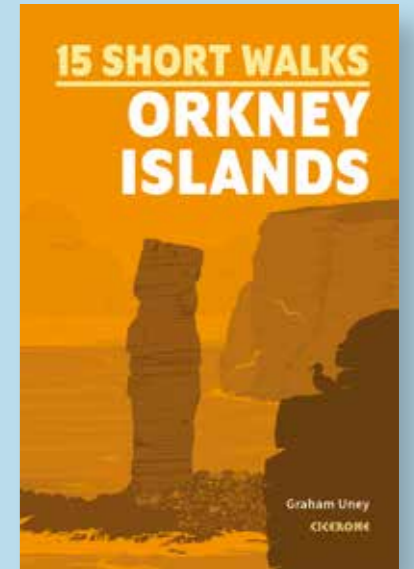
Nike Westroh & Jacint Mig

ISBN: 9781786312037 | £9.95 RRP
Publishing March 2024

Short Walks: Orkney Islands

Graham Uney

ISBN: 9781786311931 | £9.95 RRP
Publishing May 2024



Short Walks Cornwall: Falmouth & the Lizard

Phil Turner

- Includes St Agnes Beacon and Wheal Coates, Truro, Gwennap Pit, St Mawes, Mylor, Frenchman's Creek, Loe Pool, Cadgwith and Lizard Point.
- Most walks are under 3 hours in duration.

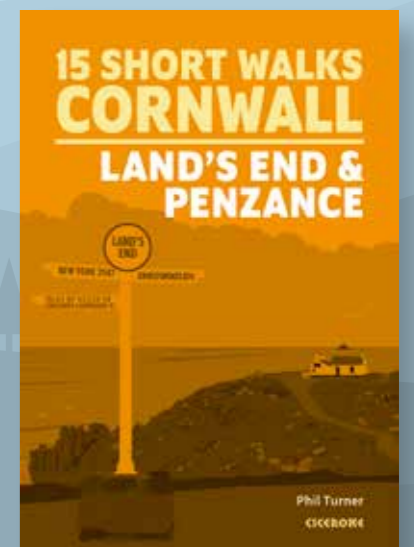
ISBN: 9781786311733 | £9.95 RRP
Publishing April 2024

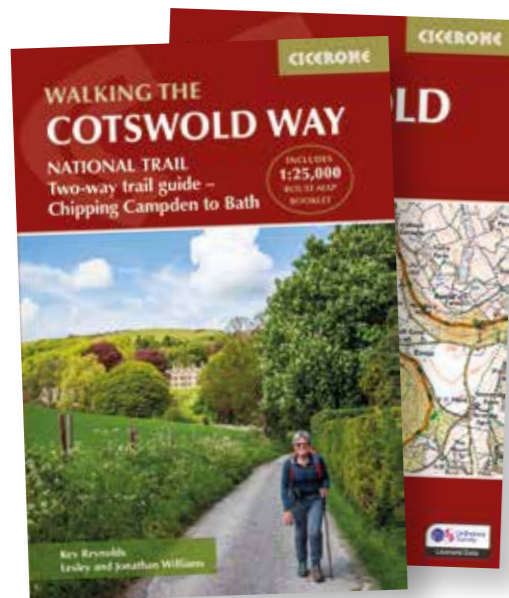
Short Walks Cornwall: Land's End & Penzance

Phil Turner

- Includes St Ives, Mousehole, Penzance, Newlyn, Nine Maidens, Mên-an-Tol, Pendeen Watch, St Michael's Mount, St Just, Gurnard's Head and Botallack Head.

ISBN: 9781786311740 | £9.95 RRP
Publishing June 2024





Walking the Cotswold Way (& map booklet)

Kev Reynolds, Lesley and Jonathan Williams

- The route is presented in 14 stages ranging from 7–17km (4–11 miles) in length. The route is described north to south and an abbreviated route description is also given for south to north.
- Contains step-by-step description of the route alongside 1:100,000 OS maps reproduced at 1:75,000 for better clarity.
- Includes a separate map booklet containing OS 1:25,000 mapping.
- Replaces ISBN: 9781852848163.

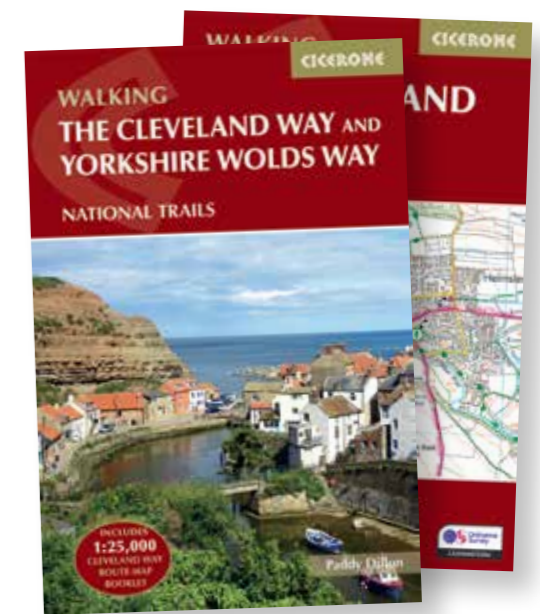
ISBN: 9781786312105 | £17.95 RRP
Publishing February 2024

Walking the Cleveland Way (& map booklet)

Paddy Dillon

- Also contains route descriptions of the Yorkshire Wolds Way (130km, 80 miles) and the Tabular Hills Walk (80km, 50 miles).
- Contains step-by-step description of the route alongside 1:50,000 OS maps.
- Includes a separate map booklet containing OS 1:25,000 mapping and route line for the Cleveland Way.
- The book features a trek planner that highlights information about accommodation, facilities and public transport along the route.
- Replaces ISBN: 9781852848231.

ISBN: 9781786312211 | £17.95 RRP
Publishing May 2024

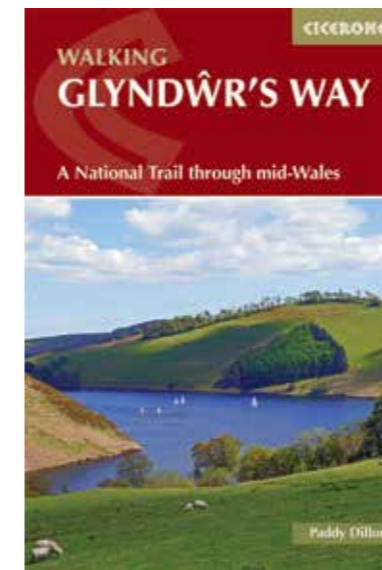
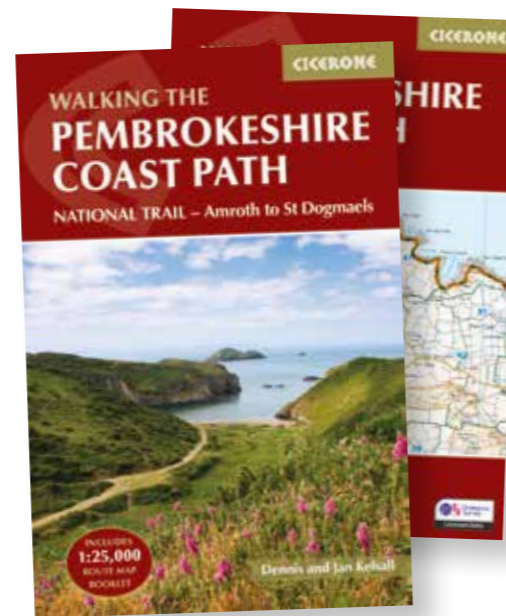


Walking the Pembrokeshire Coast Path (& map booklet)

Dennis and Jan Kelsall

- The route is described from south to north in 14 stages between 15 and 27km (9–17 miles) in length. An abbreviated route description is also given for north to south.
- Contains step-by-step description of the route alongside 1:100,000 OS maps.
- Includes a separate map booklet containing OS 1:25,000 mapping.
- The book features a handy trek planner that highlights information about accommodation, facilities and public transport along the route.
- Replaces ISBN: 9781852848156.

ISBN: 9781786312082 | £17.95 RRP
Publishing February 2024



Walking Glyndŵr's Way

Paddy Dillon

- Replaces ISBN: 9781852849504.

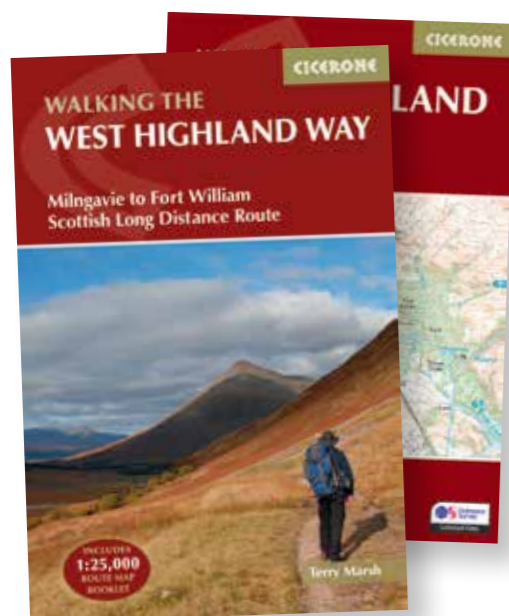
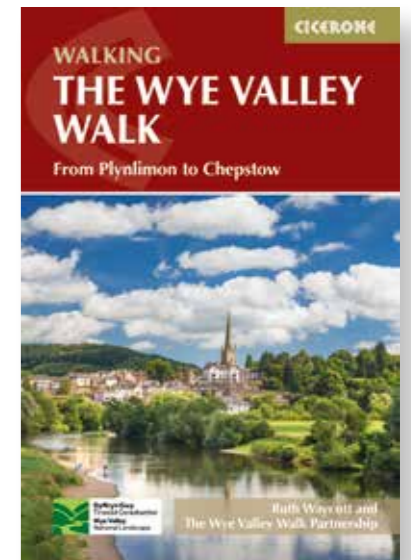
ISBN: 9781786311290 | £16.95 RRP
Publishing February 2024

The Wye Valley Walk

Ruth Waycott and The Wye Valley Walk Partnership

- Replaces ISBN: 978185284625.

ISBN: 9781786311986 | £16.95 RRP
Publishing July 2024

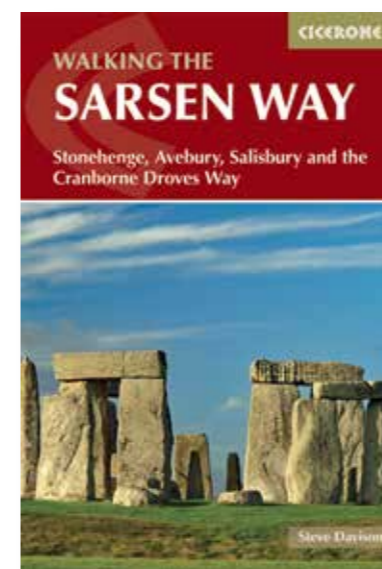


Walking the West Highland Way (& map booklet)

Terry Marsh

- The trail is described from south to north in 7 stages of between 14 and 33km (9–20 miles).
- Contains step-by-step description of the route alongside 1:100,000 maps.
- Includes a separate map booklet containing OS 1:25,000 mapping with the route line.
- A handy trek planner highlights the availability of facilities and public transport along the route.
- Replaces ISBN: 9781852848576.

ISBN: 9781786311771 | £17.95 RRP
Publishing April 2024

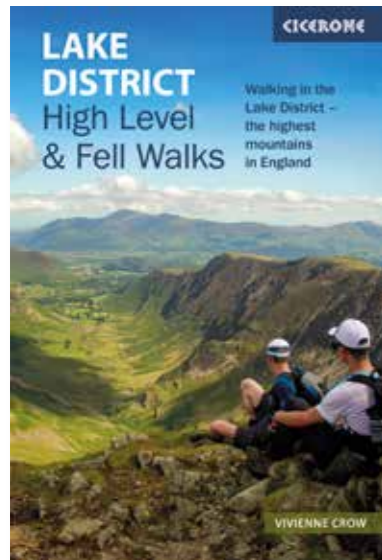


Walking the Sarsen Way

Steve Davison

- Includes the Sarsen Way and the Cranbourne Doves Way, both part of the Great Chalk Way.
- The routes are presented in 8 stages, ranging from 10.5km to 17.3km
- Step-by-step descriptions plus 1:50k OS mapping.
- Centres include Swindon, Chiseldon, Avebury, Durrington, Amesbury, Great Durnford, Old Sarum, Salisbury, Shaftesbury.
- Comprehensive planning information and notes on sites along the route.

ISBN: 9781786311269 | £14.95 RRP
Publishing May 2024



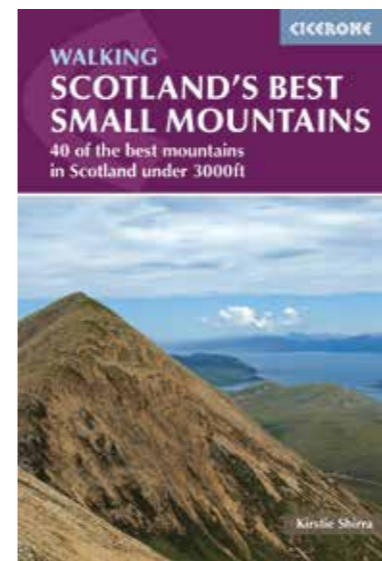
Lake District: High Level & Fell Walks

Vivienne Crow

- The walks range from 7 to 24km (4–15 miles) in length and can be completed in between 3 and 9 hours.
- 1:50,000 OS maps for each walk.
- Detailed information on terrain, refreshments and public transport for each walk.
- Highlights include Scafell Pike, Scafell, Helvellyn, Skiddaw, Newlands Round and the Fairfield Horseshoe.
- Replaces ISBN: 9781852847357.

ISBN: 9781786312266 | £12.95 RRP

Publishing February 2024



Scotland's Best Small Mountains

Kirstie Shirra

- The day walks range from 5–25km and can be enjoyed in 2–8 hours. One main ascent is described for each with several alternatives for traverses, circuits and shortcuts.
- 1:50,000 OS maps included for each walk.
- Detailed guidance on planning and access.
- Information given on the history and character of each mountain.
- Glossary of Gaelic words for mountain features.
- Replaces ISBN: 9781852845780.

ISBN: 9781786311320 | £16.95 RRP

Published January 2024

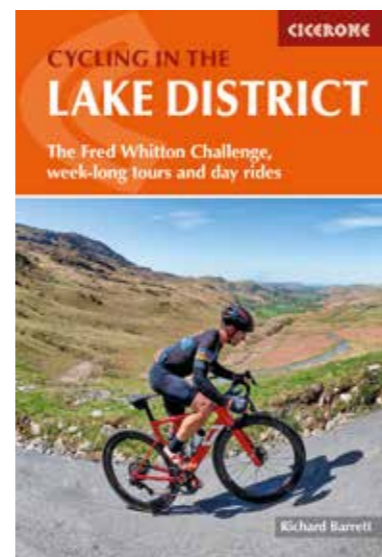
Cycling in the Lake District

Richard Barrett

- Includes the 179km/112 mile Fred Whitton Challenge ride.
- Day routes range from 31 to 68km (19–42 miles), with difficulty from moderate to challenging.
- A 5-day Tour of the Lake District taking in dales, lakes and passes.
- Key centres include Ambleside, Grasmere, Troutbeck, Shap, Penrith, Stainton, Keswick, Cockermouth, Eskdale Green, Ravenglass, Broughton in Furness, Grizedale, Cartmel, Grange-over-Sands, Bassenthwaite and Buttermere.
- 1:100,000 or 1:200,000 mapping and elevation profile included for each route.
- Replaces ISBN: 9781852847784.

ISBN: 9781786311887 | £16.95 RRP

Publishing March 2024



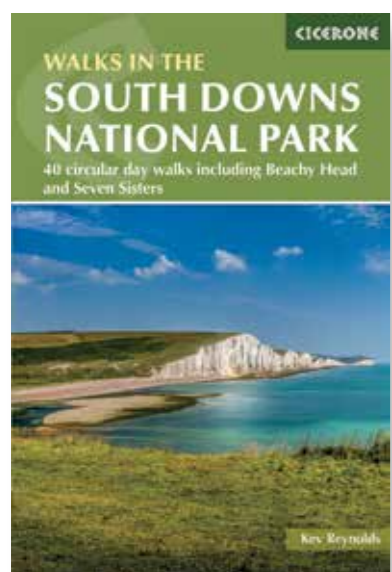
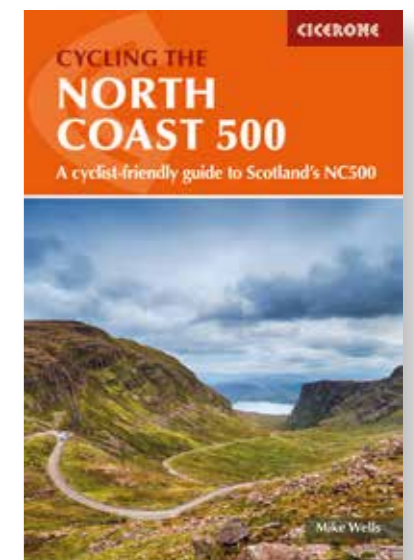
Cycling the North Coast 500

Mike Wells

- Presented in 16 stages between 24 and 89km (15–55 miles).
- Alternate routes given to avoid avoid the steep ascent of Bealach na Bà or the undulating Assynt peninsula.
- Suitable for all types of bike.
- Route passes Ullapool, Thurso and Tain.
- Perfect for cycling May through September.
- 1:150,000 mapping and profiles are included for each route.
- Detailed information on accommodation, refreshments and facilities along the route.
- Replaces ISBN: 9781786310026.

ISBN: 9781786312198 | £17.95 RRP

Published January 2024



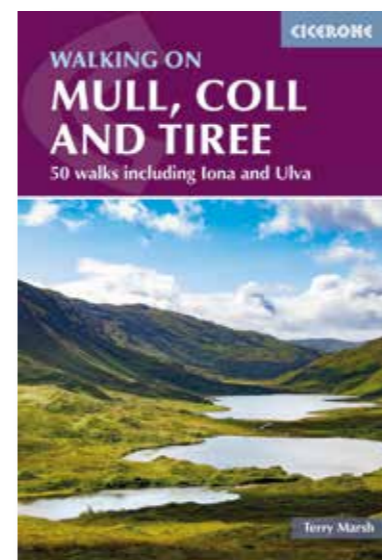
Walks in the South Downs National Park

Kev Reynolds

- The walks range in length from 8 to 18km (5–11 miles), each is circular and where possible begins and ends at a place accessible by public transport.
- 1:50,000 OS maps are included for each walk.
- Detailed information on public transport, accommodation and car parking.
- Highlights include Beachy Head and Seven Sisters.
- Easy access from Brighton and Worthing.
- Replaces ISBN: 9781852848354.

ISBN: 9781786312259 | £14.95 RRP

Publishing May 2024



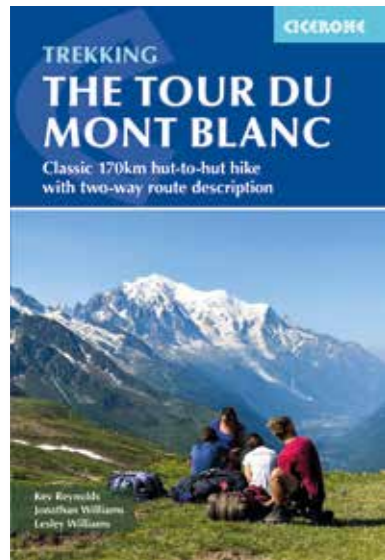
Walking on Mull, Coll and Tiree

Terry Marsh

- The walks range in length from 2–19km (1–12 miles) and cover Mull as well as the neighbouring islands of Coll, Tiree, Iona, Ulva, Gometra and Erraid.
- 1:50,000 OS maps included for each walk.
- Detailed information on accommodation and ferry transport.
- Easy access from Tobermory and Craignure.
- Highlights include an ascent of Ben More.
- Replaces ISBN: 9781852849610.

ISBN: 9781786311702 | £16.95 RRP

Publishing July 2024



Trekking the Tour du Mont Blanc

Kev Reynolds, Jonathan and Lesley Williams

- The route is described in both directions in 11 daily stages between 7 and 21km (5–13 miles) in length. Variant routes and alternative stages are also provided, giving the option of visiting cols, refuges and viewpoints not included on the official TMB route.
- Contains step-by-step description of the route alongside 1:100,000 maps.
- Handy facilities planner, route summary tables and accommodation listings help you plan your itinerary.
- Includes transport info, a French–English glossary, notes on local history and sites of interest.
- Replaces ISBN: 9781786310620.

ISBN: 9781786312280 | £17.95 RRP
Publishing April 2024



Trekking the GR11 Trail

Tom Martens

- Presented in 47 stages of 7–31km (5–19 miles), four sections are given to allow the route to be broken into shorter treks.
- Highlights include Navarre, Ordesa, Monte Perdido, Valles Occidentales, Posets-Maladeta, Parc Natural Alt Pirineu.
- 1:100,000 mapping provided for each stage.
- Detailed information on planning, facilities and accommodation.
- Replaces ISBN: 9781852849214.

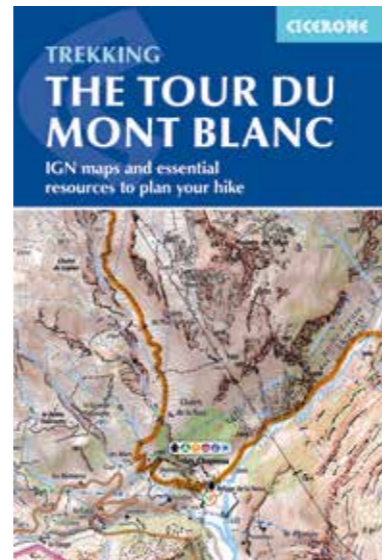
ISBN: 9781786311665 | £18.95 RRP
Publishing May 2024

Trekking the Tour du Mont Blanc map booklet

Kev Reynolds, Jonathan and Lesley Williams

- A booklet of all the mapping needed to complete the Tour du Mont Blanc.
- The full route line is shown on 1:25,000 IGN maps.
- The map booklet can be used to walk the TMB in either direction
- Handy facilities planner, route summary tables and accommodation listings help you plan your itinerary.
- Includes urban maps of Les Houches, Les Contamines, Courmayeur, Champex and Chamonix.
- Alternative stages via Col de Tricot (Stage 1A) and Fenêtre d'Arpette (Stage 8A) are also provided.

ISBN: 9781786312297 | £14.95 RRP
Publishing April 2024

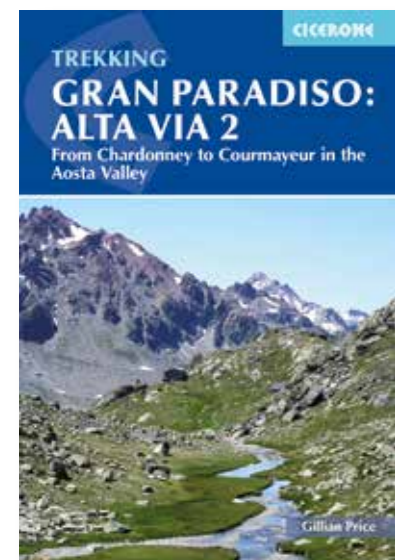
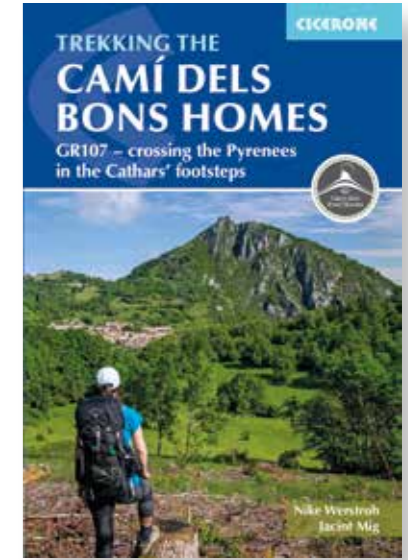


Cami dels Bons Homes

Nike Westroh and Jacint Mig

- Presented in 10 stages of 16–36km (10–22 miles)
- Trail connects villages and towns with Cathar history.
- Route passes Roquefixade, Montségur, Comus, Orlu, Mérens-les-Vals, Porta, Bellver de Cerdanya, Bagà, Gósol.
- 1:100,000 maps are included for each stage.
- Detailed information on planning, accommodation and amenities.

ISBN: 9781786312235 | £17.95 RRP
Publishing June 2024

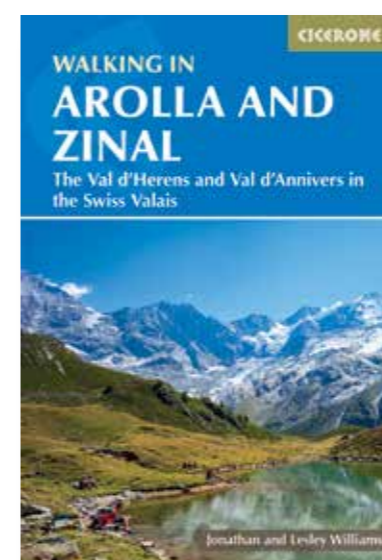


Trekking Gran Paradiso: Alta Via 2

Gillian Price

- A challenging 12-stage 148km (92 mile) trek from Chardonney to Courmayeur passing beneath the foot of Mont Blanc.
- Suitable for experienced alpine trekkers.
- Sketch maps are included.
- Detailed information on planning, access and accommodation.
- Alta Via 2 can be combined with Alta Via 1 to form the Tor des Geants covered in the Cicerone guide Trekking the Giant's Trail.
- Replaces ISBN: 9781852849238.

ISBN: 9781786311849 | £18.95 RRP
Publishing June 2024

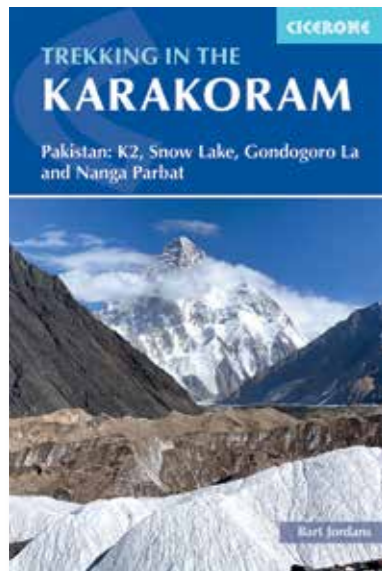


Walking in Arolla and Zinal

Jonathan and Lesley Williams

- Day walks range from 9 to 22km (6–14 miles) and can be enjoyed in 2–10 hours. The routes are graded allowing you to choose routes suitable for your ability. Two multi-day tours are also outlined, combining the day walks described.
- 1:50,000 maps are included for each walk.
- Detailed information on planning, facilities and public transport.
- Highlights include Dent Blanche and Lac Bleu.

ISBN: 9781786310965 | £17.95 RRP
Publishing June 2024



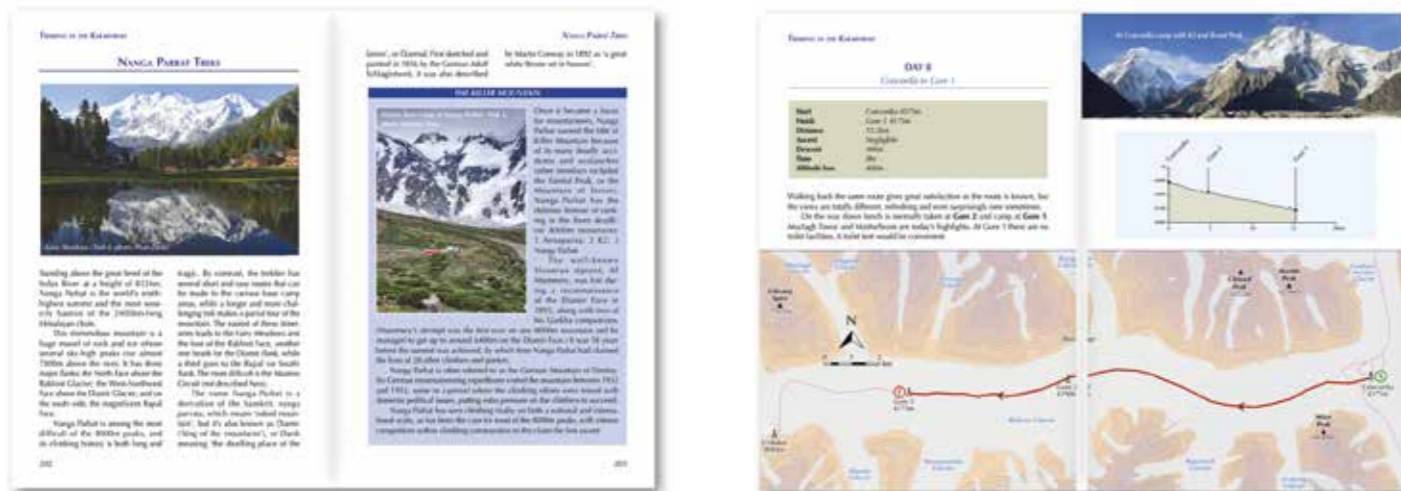
Trekking in the Karakoram

Bart Jordans

- The guide includes 3 treks of 12 days each (excluding rest days): Biafo to Hispar via Snow Lake; a K2 Base Camp Trek; and a crossing of Gondogoro La. The Nanga Parbat routes visit Fairy Meadows (3 days) and Diamir or West Face (5 days).
- Route description illustrated with 1:100,000 mapping and elevation profiles.
- Advice on planning and preparation, including trek operators.
- Safety considerations.
- History of mountaineering and exploration in the Karakoram.
- Offers views of 5 of the world's 8000m peaks.

ISBN: 9781786310569 | £24.95 RRP

Publishing April 2024



British Isles challenges, collections and activities



Great Walks on the England Coast Path

Andrew McCloy

30 day and weekend walks around the best of England's shoreline. Routes range from 9 to 45km, and include linear and circular routes. Many can be enjoyed all year round.

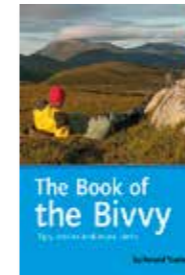
9781852849894 Sep 2022
216pp 240x220mm £20.00



The Big Rounds

Guide to walking and running the 'Big Rounds' – the Bob Graham, the Charlie Ramsay and the Paddy Buckley. Practical information and advice, tales, insights and strategies from Jasmin Paris, Nicky Spinks, Charlie Ramsay, Jim Mann and Paddy Buckley.

9781852847722 Aug 2019
192pp 240x170mm £18.95

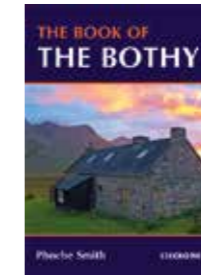


The Book of the Bivvy

Ronald Turnbull

Accounts of expeditions, both nice and nasty, alternate with practical tips on lightweight kit and suggested routes. Entertaining and informative reading!

9781786310781 Sep 2021
176pp 172x116mm £9.95

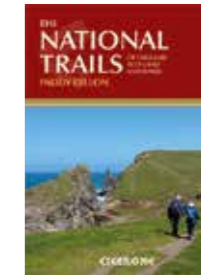


The Book of the Bothy

Phoebe Smith

A celebration of 26 of the author's favourite bothies in the UK. Packed with stories and advice on how to enjoy these 'free, old, empty houses, from packing lists to bothy etiquette and the best walks in.

9781852847562 Jan 2019
240pp 172x116mm £12.95



The National Trails

An inspirational guidebook to the 19 National Trails of England, Wales and Scotland. Overview of special characteristics and information to help you take up a challenge.

9781852847883 May 2021
272pp 240x170mm £18.95



Walking the End to End Trail

Andy Robinson

A practical guidebook to a 1956km (1215 mile) long-distance walking route, following paths and tracks, presented in 61 daily stages averaging just less than 32km (20 miles).

9781786311474 Jun 2023
416pp 172x116mm £19.95

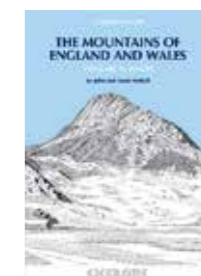


Cycling Land's End to John o' Groat's

Richard Barrett

A 1000 mile guide to cycling the length of Britain. It includes advice on how to get to and from the start and finish, accommodation options and facilities, plus tips on how to prepare for the challenge.

9781786310255 Aug 2023
232pp 172x116mm £16.95

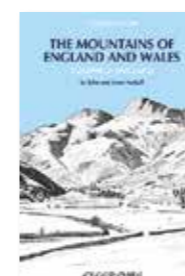


The Mountains of England and Wales: Vol 1 Wales

Anne Nuttall, John Nuttall

Guidebook to walking 190 'Nuttall' mountains with a height of 2000ft or more in Wales, in 49 routes. A definitive list.

9781852845940 Nov 2023
248pp 172x116mm £16.95



The Mountains of England and Wales: Vol 2 England

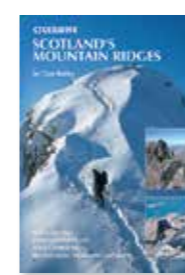
Anne Nuttall, John Nuttall

Guidebook to walking 254 'Nuttall' mountains with a height of 2000ft or more in England, in 60 routes. A definitive list.

9781852845896 Jan 2023
320pp 172x116mm £16.95



Scotland



Scotland's Mountain Ridges

Dan Bailey

A rich mix of summer scrambling, rock climbing and winter mountaineering on Scotland's ridges, with outstanding photography. Both inspirational and practical.

9781852844691 Jan 2022
256pp 240x170mm £18.95



Great Mountain Days in Scotland

Dan Bailey

50 testing routes spread across Scotland's mountainous landscape. Classic routes and novel approaches in settings including the Cairngorms and the Hebrides.

9781852846121 Nov 2020
272pp 240x170mm £18.95



Scotland's Best Small Mountains

Kirstie Shirra

Ascents of 40 mountains across Scotland, grouped into 7 regions. Selected for character, views, historical significance, difficulty or simply beauty.

9781786311320 Jan 2024
240pp 172x116mm £16.95






Cycling the North Coast 500
Mike Wells

Guidebook to cycling the 528 mile the NC500 on quiet roads around northern Scotland, starting and finishing in Inverness.

9781786312198 Jan 2024
200pp 172x116mm **£17.95**

Scotland
Chris Townsend

A resource book covering the finest walks, treks and climbs in Scotland, to help you understand the character and possibilities of every area from the Southern Uplands to the Cuillin.

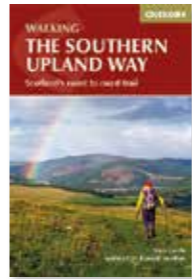
9781852844424 Dec 2021
560pp 234x156mm **£25.00**




Winter Climbs: Ben Nevis and Glen Coe
Mike Pescod

A selection of the best winter climbs on Ben Nevis and around Glen Coe, categorised by type, with notes on their formation and advice to help maximise your chances of finding the best conditions.


9781786311009 Dec 2022
176pp 172x116mm **£25.00**

The Southern Upland Way
Alan Castle, Ronald Turnbull

Coast to coast through Galloway and the Scottish Borders. One of Scotland's Great Trails, the 347km (215 mile) route links Portpatrick with Cockburnspath.


9781852849931 Aug 2022
192pp 172x116mm **£14.95**

The West Highland Way
Terry Marsh

Guidebook to walking the West Highland Way National Trail, a 95 mile Scottish long-distance route from Milngavie near Glasgow to Fort William.

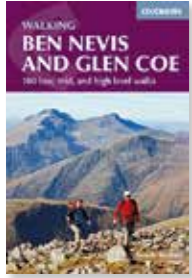
9781786311771 Apr 2024
144pp 172x116mm **£17.95**

West Highland Way Map Booklet
Terry Marsh

Compact booklet of OS 1:25K maps showing the full route of the 95 mile West Highland Way. The booklet provides all the mapping you need.


9781786311788 Apr 2024
56pp 166x106mm **£9.95**

Ben Nevis and Glen Coe
Ronald Turnbull

Details of 100 low, mid, and high-level walks among some of Scotland's highest mountains. From the Grey Corries to Ben Cruachan, including Glen Etive and the Blackmount.


9781852848712 Mar 2023
320pp 172x116mm **£16.95**

Mountain Biking in Southern and Central Scotland
Peter Edwards

21 mountain biking routes, including the 7stanes in Dumfries and Galloway, and cross-country routes in the Borders. Graded moderate to very hard, 17 to 66km.


9781852847470 Jun 2016
208pp 172x116mm **£15.95**

Mountain Biking in West and North West Scotland
Sean Benz

25 mountain biking routes in an area including Fort William and north of the Great Glen, the Outer Hebrides and the mountains of Torridon and Skye. From 20 to 73km and graded by difficulty.


9781852847463 Nov 2023
224pp 172x116mm **£17.95**

Not the West Highland Way
Ronald Turnbull

This book allows you to explore mountain alternatives to all but one of the West Highland Way stages, including 5 one-day hill circuits and 2 two-day routes for warm-up trips.


9781852846152 Apr 2017
224pp 172x116mm **£14.95**

Walking the Cape Wrath Trail
Iain Harper

A 230 mile long-distance trek through the Scottish Highlands from Fort William to Cape Wrath. This 3-week challenge passes through wild and magnificent landscapes, such as Morar, Knoydart, Torridon and Assynt.

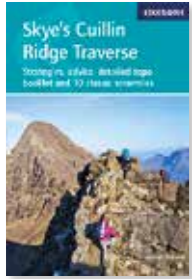
9781786311344 Jun 2022
176pp 172x116mm **£16.95**

Walking the John o' Groats Trail
Jay Wilson, Andy Robinson

A 235km long-distance walk from Inverness to John o' Groats in the far north of Scotland. With stunning coastal scenery and fantastic cliff-top walking, the trail can be completed in around 2 weeks.


9781786310576 Feb 2023
184pp 172x116mm **£16.95**

Skye's Cuillin Ridge Traverse
Adrian Trendall

All the information required to complete the main ridge traverse on Skye's Black Cuillin – strategy, gear, training, navigation and logistics. An additional lightweight book provides detailed maps, topos and route description.


9781786310439 Mar 2023
144pp 172x116mm **£19.95**

The Isle of Skye
Terry Marsh

87 walks and scrambles in Sleat and south-east Skye, Strath, Minginish, Duirinish, Watemish, Trotternish and the Cuillin. Walks range from coastal strolls to challenging exposed mountain scrambling.


9781852847890 Aug 2021
288pp 172x116mm **£14.95**

The Skye Trail
Paul Webster, Helen Webster

A 7-stage, long-distance trail from Rubha Hunish in the north along the Trotternish Ridge and past the Cuillin to Broadford in the south – for experienced backpackers.

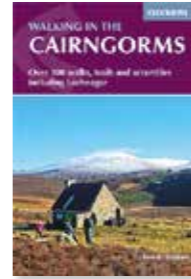
9781786311863 Nov 2023
112pp 172x116mm **£14.95**

Walking Ben Lawers, Rannoch and Atholl
Ronald Turnbull

80 routes exploring the grassy mountains between Stirling and the Cairngorms. Munros, Corbetts and lower-level walks included, with routes graded according to difficulty.


9781786311078 Aug 2021
320pp 172x116mm **£14.95**

Walking in the Cairngorms
Ronald Turnbull

Over 100 walks in the Cairngorms and Lochnagar, covering low-level, mid-level and mountain routes (including 18 Munro summits) and both day walks and multi-day treks.

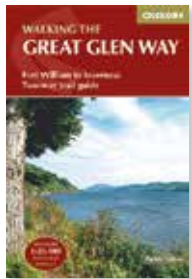
9781852848866 Jun 2022
320pp 172x116mm **£14.95**

Winter Climbs in the Cairngorms
John Lyall, Blair Fyffe

Over 450 Scottish winter climbs in the Cairngorms and Creag Meagaidh, including the Northern Corries, Ben MacDui and Lochnagar. Includes route descriptions and topo diagrams for climbs, as well as 1:25K and 1:50K OS approach maps.

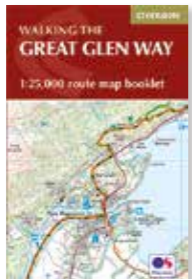
9781786311252 Nov 2023
312pp 172x116mm **£25.00**

The Great Glen Way
Paddy Dillon

A two-way description of the 79 mile trail from Fort William to Inverness. Links with the West Highland Way. Year-round walking, with OS 1:25K mapping booklet.

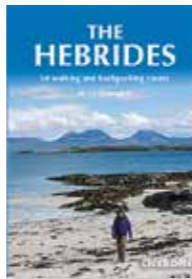
9781852848019 Mar 2022
192pp 172x116mm **£14.95**

The Great Glen Way Map Booklet
Paddy Dillon

Map booklet of the 79 mile (124km) Great Glen Way (one of Scotland's Great Trails), between Fort William and Inverness. The full route is shown on OS 1:25K maps.

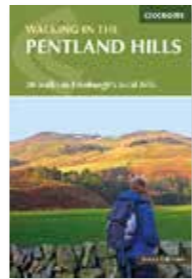
9781852848958 Aug 2023
48pp 166x106mm **£7.95**

The Hebrides
Peter Edwards

An inspirational guide to 50 varied walking and backpacking routes right across the Hebrides, featuring classic routes such as the Cuillin Ridge on Skye, alongside lesser-known challenges.

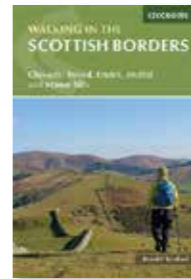
9781852847050 May 2020
256pp 240x170mm **£18.95**

Walking in the Pentland Hills
Susan Falconer

A guide to walking on Edinburgh's local hills, written by a Countryside Ranger. 30 circular walks, from 2 to 17 miles, on good paths, with ideas for all to enjoy.

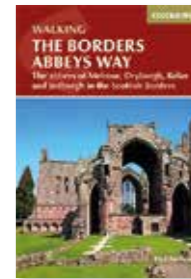
9781852848675 Oct 2016
176pp 172x116mm **£12.95**

Walking in the Scottish Borders
Ronald Turnbull

46 walks covering five areas: the Cheviots, Tweeddale, the Ettrick Hills, Moffat Hills and Manor Hills. These high and low-level routes can be fully customised using multiple variants.

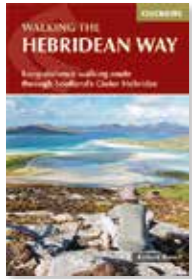
9781786310118 Jun 2022
256pp 172x116mm **£12.95**

The Borders Abbeys Way
Paul Boobyer

A 68 mile (6 stage) circuit from Tweedbank in the Scottish Borders, taking in 4 of Britain's grandest ruined medieval abbeys. Rich in history and suitable for a first long-distance walk.

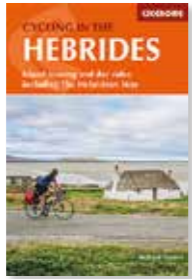
9781852849801 Feb 2019
96pp 172x116mm **£11.95**

The Hebridean Way
Richard Barrett

154 mile (247km) walking trail from the island of Vatersay to Stornoway on Lewis; the waymarked route takes 8 to 13 days and is suitable for most abilities. With extension to the Butt of Lewis.


9781852847272 May 2022
192pp 172x116mm **£14.95**

Cycling in the Hebrides
Richard Barrett

Routes, day rides and suggested island cycle tours throughout the Inner and Outer Hebrides and the Firth of Clyde, with ferry schedules and timings. Includes a challenging 600 mile tour.

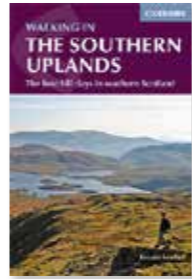
9781852848279 Aug 2021
304pp 172x116mm **£14.95**

The Isle of Mull
Terry Marsh

Guidebook describing over 40 walking routes, from 2 to 16 miles, on Mull, Ulva, Gometra, Iona and Erraid. Difficulty ranges from short and easy to demanding mountain ascents and traverses.

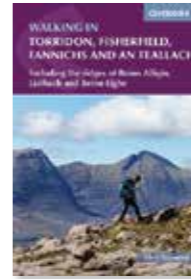
9781852849610 Sep 2021
208pp 172x116mm **£14.95**

Walking in the Southern Uplands
Ronald Turnbull

44 full-day walking routes in wild and remote hill country for all seasons and abilities. With over 80 hills of 2000ft or more between the Galloway Hills in the west and the coast east of Edinburgh.

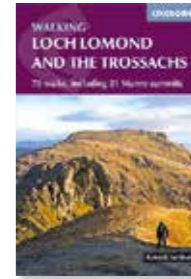
9781852847401 Nov 2021
272pp 172x116mm **£14.95**

Walking in Torridon, Fisherfield, Fannichs and An Teallach
Chris Townsend

50 walks and easy scrambles in north-western Scotland, covering Torridon, Fisherfield Forest and the Fannichs. Includes low-level hikes and serious mountain traverses.

9781786310286 Jul 2022
216pp 172x116mm **£16.95**

Walking Loch Lomond and the Trossachs
Ronald Turnbull

70 graded low-level, mid-level and mountain walks and all of the region's Munro summits. Highlights include Ben Lui, Ben Lomond, the Cobbler and the Arrochar Alps.

9781852849634 May 2021
288pp 172x116mm **£14.95**



Walking on Arran
Paddy Dillon

These 45 walking routes, ranging from easy nature trails to long arduous mountain routes with scrambles, provide thorough coverage of Arran, including nearby Holy Isle. With the 110km Arran Coastal Way one of Scotland's Great Trails.

9781786311351 **Jun 2023**
288pp 172x116mm **£16.95**



Walking on Harris and Lewis
Richard Barrett

30 walks (2 to 14 miles long), from hill days to short walks visiting world heritage sites, accessible from Stornoway or Tarbert. Includes An Cliseam horseshoe, Calanais stone circles and the Butt of Lewis.

9781786311450 **Dec 2022**
192pp 172x116mm **£16.95**



Walking on Jura, Islay and Colonsay
Peter Edwards

Covering Jura, Scarba, Islay and Colonsay, this guide covers 22 walks plus a 5-day 89km trek along Jura's remote west coast. The routes range from 6.5 to 25km over rough and often pathless terrain.

9781852849795 **Aug 2019**
240pp 172x116mm **£14.95**



Hadrian's Wall Path
Mark Richards

135km (84 mile) National Trail described both ways, with main west to east description between Bowness-on-Solway and Wallsend in Newcastle. Extensive historical information on the World Heritage site, with 1:25K OS map booklet.

9781786311504 **Aug 2023**
248pp 172x116mm **£17.95**



Hadrian's Wall Path Map Booklet
Mark Richards

This compact booklet of OS 1:25K maps shows the full route of the 84 mile (135km) Hadrian's Wall Path National Trail, providing all of the mapping you need.

9781786311511 **Aug 2023**
56pp 166x106mm **£12.95**



Hadrian's Cycleway
Carl McKeating, Rachel Crolla

A 174 mile coast-to-coast route following the corridor of the Hadrian's Wall World Heritage Site. From Ravenglass in Cumbria through Northumberland to South Shields on cycle paths and quiet roads, with alternative Tynemouth finish.

9781786310422 **Mar 2022**
136pp 172x116mm **£11.95**



Walking on Uist and Barra
Mike Townsend

40 day walks in the Outer Hebrides – Berneray, North Uist, Grimsay, Benbecula, South Uist, Eriskay, Barra, Vatersay and Mingulay. From easy beach walks to mountainous excursions.

9781786311443 **Jan 2023**
192pp 172x116mm **£16.95**



Walking on Rum and the Small Isles
Peter Edwards

A guide to walking the hidden gems of the Western Isles – Rum, Eigg, Muck, Canna, Coll and Tiree – including a 55km backpack round the Rum coastline and a round of the Rum Cuillin.

9781852846626 **Jun 2012**
192pp 172x116mm **£14.95**



Walking on the Orkney and Shetland Isles
Graham Uney

80 routes on the Orkney, Shetland and Fair Isles, including Hoy, Rousay, Foula, Yell and Unst. Walks range from 1 to 16 miles and cater for most abilities. With visitor information.

9781852848347 **Jul 2022**
240pp 172x116mm **£14.95**



The Coast to Coast Walk
Terry Marsh

From St Bees Head in Cumbria to Robin Hood's Bay, this popular 190 mile (300km) route can be walked in 2 weeks. With trek planner, accommodation guide and a separate 1:25K map booklet included.

9781852847593 **May 2023**
256pp 172x116mm **£17.95**



The Coast to Coast Map Booklet
Terry Marsh

Coast to Coast Walk maps – 190 miles (300km) between St Bees Head and Robin Hood's Bay. This booklet is included with the Cicerone guidebook to the trail, and shows the full route on OS 1:25K maps.

9781852849269 **May 2023**
104pp 172x116mm **£12.95**



The Coast to Coast Cycle Route
Carl McKeating, Rachel Crolla

Guide to the Sustrans Coast to Coast Cycle Route, a 140 mile sea-to-sea journey across northern England. Suitable for all bikes, the route is presented in 3 stages, with alternative start and finish options.

9781786311184 **Mar 2023**
128pp 172x116mm **£16.95**



15 Short Walks Orkney Islands
Graham Uney

15 of the best short walks on the Orkney Islands, with OS maps, clear route description, information on local beauty spots and refreshments, and lots of images. No challenging terrain or complicated navigation.

9781786311931 **May 2024**
96pp 172x116mm **£9.95**



Walking the Galloway Hills
Ronald Turnbull

Mountain walks covering Trool, Minnoch, Doon and Talnotry. Offering solitude and rugged natural beauty, this rocky, heathery wilderness is ideal for experienced hillwalkers. Includes summaries of longer backpack/bothy trips.

9781786310101 **Jul 2019**
208pp 172x116mm **£12.95**



15 Short Walks in Dumfries & Galloway
Ronald Turnbull

15 of the best short walks around Dumfries and Galloway, with OS maps, clear route description, information on local beauty spots and refreshments, and lots of images. No challenging terrain or complicated navigation.

9781786311726 **Oct 2023**
96pp 172x116mm **£9.95**



The Pennine Way
Paddy Dillon

This 265 mile National Trail from Edale to Kirk Yetholm is described in 20 stages, and is suitable for most experienced long-distance walkers. Includes separate OS 1:25K map booklet of the route.

9781852849061 **Jan 2022**
240pp 172x116mm **£16.95**



Pennine Way Map Booklet
Paddy Dillon

This compact booklet of OS 1:25K maps shows the full route of the 270 mile (435km) Pennine Way National Trail, providing all of the mapping you need.

9781852849078 **Jun 2024**
136pp 172x116mm **£12.95**



Walking the Dales Way
Terry Marsh

Guidebook to walking the Dales Way, a picturesque 79 mile route from Ilkley to Bowness-on-Windermere, through the beautiful Yorkshire Dales. Described in both directions. Comes with 1:25K OS map booklet.

9781786310934 **Oct 2021**
176pp 172x116mm **£14.95**



Walking the Corbetts Vol 1 South of the Great Glen
Brian Johnson

Part of a 2-volume set, this guide describes routes up all 112 Corbetts south of the Great Glen. Challenging ascents and descents on steep slopes.

9781852846527 **Oct 2019**
352pp 172x116mm **£16.95**



Walking the Corbetts Vol 2 North of the Great Glen
Brian Johnson

Part of a 2-volume set, this guide describes routes up all 109 Corbetts north of the Great Glen. Challenging ascents and descents on steep slopes.

9781852846534 **Dec 2022**
352pp 172x116mm **£16.95**



Walking the Munros Vol 1 – Southern, Central and Western Highlands
Steve Kew

Guidebook to walking the Munros in the southern, central and western Highlands. Describes 69 routes across 139 mountains covering areas such as Glen Coe, Bridge of Orchy and Mull.

9781786311054 **Jul 2021**
272pp 172x116mm **£14.95**



The Dales Way Map Booklet
Terry Marsh

Map of the 79 mile Dales Way, a multi-day walk through the Yorkshire Dales between Ilkley and Bowness-on-Windermere. This booklet is included with the Cicerone guidebook and shows the full route on OS 1:25K maps.

9781786310941 **Sep 2023**
48pp 166x106mm **£7.95**



Cycling the Way of the Roses
Rachel Crolla

A 170 mile coast to coast cycle route from Morecambe (Lancashire) to Bridlington (Yorkshire), across the north of England. Described in 3 days with alternative 4 and 5-day schedules.

9781852849122 **Aug 2023**
176pp 172x116mm **£14.95**



Cycling the Reivers Route
Carl McKeating, Rachel Crolla

A 173 mile (280km) coast-to-coast cycle route from Tynemouth to Whitehaven, exploring the border territory of northern England and Scotland. Suitable for cyclists of all abilities on hybrid or sturdy touring bikes.

9781852849108 **Jul 2021**
128pp 172x116mm **£11.95**



Walking the Munros Vol 2 – Northern Highlands and the Cairngorms
Steve Kew

Focusing on the northern Highlands (north of the Great Glen), the Cairngorms and the Isle of Skye, with 70 routes, including those up Ben Macdui, Braeriach and Cairn Gorm.

9781786311061 **Jul 2022**
320pp 172x116mm **£14.95**



Northern England Routes

15 Short Walks Hadrian's Wall
Mark Richards

15 of the best short walks around Hadrian's Wall, with OS maps, clear route description, information on local beauty spots and refreshments, and lots of images. No challenging terrain or complicated navigation.

9781786311573 **Feb 2023**
96pp 172x116mm **£9.95**



North-East England, Yorkshire Dales and Pennines

15 Short Walks Northumberland: Wooler, Rothbury, Alnwick and the coast
Vivienne Crow

15 of the best short walks around Wooler, Rothbury, Alnwick and the Northumberland coast, with OS maps, route description, information on beauty spots and refreshments, and lots of images.

9781786312013 **Jul 2024**
96pp 172x116mm **£9.95**



15 Short Walks in Nidderdale
Jon Fallis

15 of the best short walks around Nidderdale in the Yorkshire Dales, with OS maps, clear route description, information on local beauty spots and refreshments, and lots of images. No challenging terrain or complicated navigation.

9781786311542 **May 2023**
96pp 172x116mm **£9.95**



Walking in the Yorkshire Dales: North and East
Dennis Kelsall

43 circular walks in the northern and eastern dales of the National Park. Covers the Howgills, Mallerstang, Swaledale, Wensleydale, Coverdale and Nidderdale.

9781852847982 **Mar 2022**
256pp 172x116mm **£12.95**



Walking in the Yorkshire Dales: South and West
Jan Kelsall, Dennis Kelsall

44 mostly circular routes of 3½ to 13 miles in Wharfedale, Littondale, Malhamdale, Dentdale and Ribblesdale, including the Three Peaks circuit.

9781852848859 **Jun 2022**
256pp 172x116mm **£12.95**



Trail and Fell Running in the Yorkshire Dales
Pete Ellwood

Ranging from 5 to 24 miles, the 40 graded runs take in the region's diverse delights, from castles and waterfalls to iconic mountains such as Whenside, Ingleborough and Pen-y-ghent.

9781852849221 **Mar 2019**
240pp 172x116mm **£12.95**



15 Short Walks in Arnsdale and Silverdale
David Jordan

15 of the best short walks around Silverdale and Arnsdale, with OS maps, clear route description, information on local beauty spots and refreshments, and lots of images. No challenging terrain or complicated navigation.

9781786311580 **Mar 2023**
96pp 172x116mm **£9.95**



Walks in Silverdale and Arnsdale
Brian Evans

21 short walks in the wildlife-rich Silverdale and Arnsdale AONB, on the border of Cumbria and Lancashire. Coastal scenery, limestone hills, woodland and views of Morecambe Bay and the Lakeland Fells.

9781852846282 **Dec 2021**
160pp 172x116mm **£12.95**



Walking in Lancashire
Mark Sutcliffe

40 walks for all seasons exploring the dales, moors, uplands and coast, including Morecambe Bay, Forest of Bowland, Ribblesdale and the West Pennine Moors. Walks within easy reach of Preston, Blackburn, Burnley, Lancaster and Clitheroe.

9781786310033 **Mar 2023**
176pp 172x116mm **£12.95**



Cycling in the Yorkshire Dales
Harry Dowdell

23 of the best circular day rides, plus Stage 1 of the 2014 Tour de France (Leeds to Harrogate) and a circular 200 mile, 6-stage 'La Vuelta a Dales'. Day rides range from 14 to 57 miles.

9781786310170 **Apr 2019**
272pp 172x116mm **£14.95**



Mountain Biking in the Yorkshire Dales
Ian Boydon

30 routes throughout this National Park, exploring all the best riding available. Routes cover all the major dales and two of the park's famous 'Three Peaks'. All routes graded by difficulty.

9781852846763 **Feb 2020**
224pp 172x116mm **£14.95**



Great Mountain Days in the Pennines
Terry Marsh

An inspirational and detailed guide to 50 classic expeditions on the rolling Pennines. Suitable for moderately adventurous walkers. Graded four-season routes.

9781852846503 **Apr 2013**
256pp 240x170mm **£17.95**



The Lune Valley and Howgills
Jan Kelsall, Dennis Kelsall

40 walks, from 3 to 11 miles, exploring the Lune Valley and Howgill Fells, set mainly within the Yorkshire Dales National Park and the AONBs of Bowland and Arnsdale and Silverdale.

9781852849160 **Nov 2021**
208pp 172x116mm **£12.95**



Walking in the Forest of Bowland and Pendle
Terry Marsh

40 circular walks in two of Lancashire's largest AONBs. Includes Ward's Stone, Pendle Hill, Longridge Fell and Fair Snape Hill.

9781852845155 **Jul 2022**
176pp 172x116mm **£11.95**



Walking on the West Pennine Moors
Terry Marsh

30 walks including both short and easy country rambles and more challenging routes. Easily accessible from Blackburn, Darwen, Chorley and Bolton.

9781852845803 **May 2022**
176pp 172x116mm **£12.95**



Walking St Oswald's Way and Northumberland Coast Path
Rudolf Abraham

Described in easy stages, St Oswald's Way (97 miles) passes through the Northumberland National Park to Holy Island (Lindisfarne) on the Northumberland coast.

9781786311559 **Jun 2023**
136pp 172x116mm **£16.95**



Walking St Cuthbert's Way
Rudolf Abraham

Described in easy stages, St Cuthbert's Way (62 miles) passes through the Northumberland National Park to finish at Holy Island.

9781786311566 **Sep 2023**
104pp 172x116mm **£16.95**



The Cleveland Way and the Yorkshire Wolds Way
Paddy Dillon

Two National Trails plus the Tabular Hills Walk. Crossing the North York Moors National Park, the route has a mixture of coastal walking and quiet gentle countryside. With separate OS 1:25K map booklet.

9781786312211 **May 2024**
192pp 172x116mm **£17.95**



Walking in Cumbria's Eden Valley
Vivienne Crow

30 graded walks, from 3 to 15 miles, from bases such as Kirkby Stephen and Appleby, explore diverse landscapes offering dramatic views of the Pennines, Lake District and Scotland.

9781852849016 **Oct 2018**
184pp 172x116mm **£12.95**



Walking the Ribble Way
Jan Kelsall, Dennis Kelsall

A 72 mile long-distance route along the Ribble valley, from the estuary mouth, near Preston, to the river's source on Cam Fell in the Yorkshire Dales.

9781786310910 **Jun 2023**
112pp 172x116mm **£16.95**



Isle of Man Coastal Path
Aileen Evans

The 98 mile Way of the Gull (Raad ny Foillan) is described in 9 stages featuring beaches, glens, moorland and rugged sea cliffs, and can be walked within a week. The Millennium Way and the Herring Way (Bayr ny Skeddán) are also described.

9781852848798 **Apr 2018**
160pp 172x116mm **£12.95**



The Cleveland Way Map Booklet
Paddy Dillon

Map booklet of the Cleveland Way National Trail, a 177km (110 mile) walk around the North York Moors National Park. This compact booklet of OS 1:25K maps shows the full route.

9781786312228 **May 2024**
64pp 166x106mm **£9.95**



The North York Moors
Paddy Dillon

50 varied walks ranging from short and easy low-level valley walks to coastal cliff walks and long, strenuous routes across the high moors, including the Lyke Wake Walk.

9781852849511 **Jun 2021**
264pp 172x116mm **£12.95**



Walking in County Durham
Paddy Dillon

40 day walks across County Durham. Walks range from 5 to 24km and show off the region's history and natural wonders. The terrain covers field paths and open moorlands, from the North Sea to the high Pennines.

9781786311375 **Oct 2022**
200pp 172x116mm **£14.95**



Walking on the Isle of Man
Terry Marsh

A guide to 40 accessible walks from 2 to 22km, covering moorlands, peaks (especially Snaefell), glens, coastal walks, beaches and cliffs.

9781786310927 **May 2023**
176pp 172x116mm **£14.95**



The Lancashire Cycleway
Jon Sparks

The Lancashire Cycleway has two distinct loops of 130 miles (225km) crossing at Whalley; cycle a loop in a weekend or do the whole cycleway. Visits Morecambe Bay, the Bowland Fells and the West Pennine Moors.

9781852848491 **Feb 2017**
192pp 172x116mm **£12.95**



Cycling the Pennine Bridleway
Keith Bradbury

Describes the 144km Yorkshire Dales section of the Pennine Bridleway, plus 11 graded circular loops to give a total of over 250 miles of trail riding.

9781852846558 **Feb 2017**
208pp 172x116mm **£15.95**



Walking in Northumberland
Vivienne Crow

36 graded walks of 4 to 14 miles, from the beautiful coast with its immense, empty beaches and dramatic, crag-top castles to the remote hills of the Cheviots and Pennines. Includes Hadrian's Wall, Lindisfarne and Kielder.

9781852849009 **Nov 2023**
216pp 172x116mm **£14.95**



Walking in the North Pennines
Paddy Dillon

50 day walks across England's remotest AONB taking in parts of Cumbria, County Durham and Northumberland. Mostly circular routes ranging from 5 to 14 miles.

9781852849054 **Feb 2021**
256pp 172x116mm **£12.95**



North-West England and the Isle of Man

Lake District

15 Short Walks Lake District: Conistone and Langdale
Paddy Dillon

15 of the best short walks with no challenging terrain or complicated navigation around Conistone and Langdale.

9781786311979 **Jan 2024**
96pp 172x116mm **£9.95**



15 Short Walks Lake District: Keswick, Borrowdale and Buttermere
Vivienne Crow

15 of the best short walks with no challenging terrain or complicated navigation around Keswick, Borrowdale and Buttermere.

9781786312020 **Jan 2024**
96pp 172x116mm **£9.95**



Short Walks in the Lake District: Windermere Ambleside and Grasmere
Jonathan Williams, Lesley Williams

15 of the best short walks with no challenging terrain or complicated navigation around Windermere, Ambleside and Grasmere.

9781786311528 Jan 2023
96pp 172x116mm £9.95



Bikepacking in the Lake District
Edward Hunton

Eight challenging bikepacking routes, of 2-5 days, in the Lake District, including the Lakeland 200, taking in iconic passes and road climbs. Suitable for experienced MTB and gravel-bike riders.

9781786311177 Aug 2023
176pp 172x116mm £16.95



Great Mountain Days in the Lake District
Mark Richards

An inspirational and detailed guide to 50 expeditions on the high fells of Lakeland. Suitable for moderately adventurous walkers. Graded, four-season routes.

9781852845162 May 2022
288pp 240x170mm £18.95



Walking the Lake District Fells - Wasdale
Mark Richards

A wide range of routes to 25 Lakeland summits and connecting ridge routes from the Wasdale, Eskdale and Ennerdale valleys, including Scafell Pike, Great Gable and Pillar.

9781786310316 Jan 2024
256pp 172x116mm £14.95



Walking the Lake District Fells - Borrowdale
Mark Richards

A wide range of routes to 28 Lakeland summits that can be climbed from the Borrowdale and Thirlmere valleys, with highlights including Catbells, and Scafell Pike. Includes suggestions for longer ridge routes.

9781786310385 Feb 2021
288pp 172x116mm £14.95



Walking the Lake District Fells - Buttermere
Mark Richards

A wide range of routes to 32 Lakeland summits that can be climbed from the Buttermere, Lorton and Newlands valleys, with highlights including Haystacks, High Stile and Grasmere.

9781786310361 Oct 2020
280pp 172x116mm £14.95



Joss Naylor's Lakes, Meres and Waters of the Lake District
Vivienne Crow, Joss Naylor

Legendary fell runner Joss Naylor reflects on his record-breaking 1983 run. Interweaving tales of past and present, Naylor regales his 1983 epic during a re-walk 37 years later. Inspiring, with practical information.

9781786310873 Nov 2021
160pp 240x220mm £19.95



Lake District: High Level and Fell Walks
Vivienne Crow

30 graded fell walks, including classic horseshoe routes and both traditional and unusual ascents of the iconic Lake District fells, as well as well-trodden routes onto the quieter summits.

9781786312266 Feb 2024
208pp 172x116mm £12.95



Lake District: Low Level and Lake Walks
Vivienne Crow

30 easy-to-follow, graded walks. From delightful woods and sparkling tarns, to valleys towered over by craggy mountains. The walks described seek out the best walking at a lower, easier level.

9781852847340 Jan 2022
192pp 172x116mm £9.99



Walking the Lake District Fells - Mardale and the Far East
Mark Richards

A wide range of routes to 36 Lakeland summits that can be climbed from the Ullswater, Haweswater, Troutbeck, Kentmere and Longsleddale valleys, including High Street, Place Fell and the Kentmere fells.

9781786310354 Mar 2020
320pp 172x116mm £14.95



Walking the Lake District Fells - Patterdale
Mark Richards

A wide range of routes to 35 Lakeland summits that can be climbed from Ambleside, Grasmere, Patterdale and Thirlmere and Ullswater valleys, including Helvellyn. Includes suggestions for longer ridge routes.

9781786310347 Mar 2020
280pp 172x116mm £14.95



Cycling in the Lake District
Richard Barrett

The 179km/112 mile Fred Whitton Challenge and an alternative 5-day cycle tour of the Lake District, as well as 15 tough day rides throughout the National Park.

9781786311887 Mar 2024
208pp 172x116mm £16.95



Outdoor Adventures with Children - Lake District
Carl McKeating, Rachel Crolla

Outdoor adventures in the Lake District with children under 12, including walking, cycling, orienteering, paddling, boating, hostelling and more. Graded activities for families.

9781852849566 Nov 2021
224pp 172x116mm £12.95



Scrambles in the Lake District - North
John Fleetwood

100 scrambling routes covering the northern Lake District, including Wasdale, Buttermere, Patterdale and Blencathra. Routes range from grade 1 to V Diff. With advice on equipment and safety.

9781786310460 May 2021
280pp 172x116mm £18.95



Scrambles in the Lake District - South
John Fleetwood

106 scrambling routes climbing the rocks and ghylls of the southern English Lake District, including Langdale, Coniston and Eskdale. Routes range from grade 1 to V Diff. With advice on equipment and safety.

9781786310453 Jan 2021
256pp 172x116mm £18.95



Mountain Biking in the Lake District
Ian Boydon

24 original and exciting graded routes throughout the national park for riders of all abilities, including a full circumnavigation of Windermere.

9781852846442 Nov 2021
192pp 172x116mm £14.95



Lake District Winter Climbs
Brian Davison

The best winter climbing routes in the Lake District. Nearly 1000 winter climbs in every part of the national park. Published with the Fell and Rock Club.

9781852847166 Nov 2012
464pp 172x116mm £20.00



Derbyshire, Peak District and Midlands

Trail and Fell Running in the Lake District
Kingsley Jones

40 of the best trail, fell and skyrunning routes in the Lake District, plus race reces including Tour of Helvellyn, Langdale and Borrowdale. With races, training notes and the history of fell running.

9781852848804 Nov 2020
240pp 172x116mm £14.95



Walking the Cumbria Way
John Gillham

An easy 73 mile long-distance walk from Ulverston to Carlisle, on mostly low-level terrain but with optional mountain days to climb some of the famous fells en route.

9781786311337 Aug 2022
136pp 172x116mm £14.95



Walking the Tour of the Lake District
Lesley Williams

A 145km (90 mile) circular walking route from Ambleside around the Lake District National Park, visiting all the main valleys and local centres. Described in 9 stages, with 5 high-level alternatives.

9781786310491 Apr 2021
152pp 172x116mm £14.95



15 Short Walks on the Malvern Hills
Julia Goodfellow-Smith

15 of the best short walks in the Malvern Hills, with OS maps, clear route description, information on local beauty spots and refreshments, and lots of images. No challenging terrain or complicated navigation.

9781786311399 Jul 2023
88pp 172x116mm £9.95



Dark Peak Walks
Paul Besley

40 walks: 35 circular routes (8 to 19km) and 5 longer routes (25 to 45km) around Edale, Marsden, Fairholmes, Baslow and Castleton, including Kinder Scout and Mam Tor.

9781852845193 Aug 2021
224pp 172x116mm £12.95



Scrambles in the Dark Peak
Tom Corker, Terry Sleaford

41 graded scrambles in the Dark Peak and Roaches areas of the Peak District, most of which can be done year round. Includes Kinder Scout, the Wilderness Gullies and Bleaklow.

9781786310163 Sep 2021
192pp 172x116mm £12.95



Walking the Lake District Fells - Keswick
Mark Richards

A wide range of routes to 30 Lakeland summits that can be climbed from Keswick, Whinlatter, Bassenthwaite, Caldbeck, Mungrisdale and Threlkeld, with highlights including Skiddaw and Blencathra.

9781786310378 Oct 2020
280pp 172x116mm £14.95



Walking the Lake District Fells - Coniston
Mark Richards

A wide range of routes to 24 Lakeland summits that can be climbed from Coniston, Torver, the Duddon valley and the Birker Fell road, with highlights including Coniston Old Man, Swirl How, Wetherlam and Black Combe.

9781786310392 Feb 2021
240pp 172x116mm £14.95



Walking the Lake District Fells - Langdale
Mark Richards

A wide range of routes to 25 Lakeland summits accessed from the Great Langdale valley, Ambleside and Grasmere, including Scafell Pike and Helm Crag. Includes suggestions for longer ridge routes.

9781786310323 Oct 2023
248pp 172x116mm £16.95



Walking in the Peak District - White Peak East
Paul Besley

42 half-day and day walks in the limestone landscapes of Derbyshire's White Peak, part of the Peak District National Park. With walks from Bakewell, Eyam, Castleton, Birchover, Matlock and Wirksworth.

9781852849764 Oct 2022
232pp 172x116mm £12.95



Walking in the Peak District - White Peak West
Paul Besley

40 day walks in Derbyshire's White Peak, part of the Peak District National Park. This book covers the west of the region and potential bases include Buxton, Hartington, Thorpe, Ashbourne, Cheddleton and Winstan.

9781852849771 Aug 2021
224pp 172x116mm £12.95



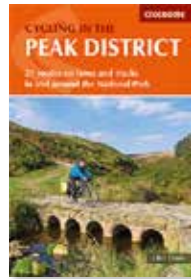
Walking in Derbyshire
Elaine Burkinshaw

60 walking routes centred around Derbyshire's history, taking walkers past remnants of ancient settlements and to visit market towns, mines, castles and country houses.

9781852846336 Jul 2021
288pp 172x116mm £12.95



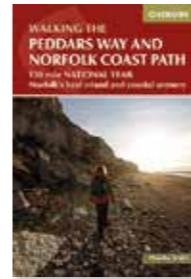
Southern England



Cycling in the Peak District
Chiz Dakin
20 day routes and one multi-day cycle tour of the Peak District using minor roads, towpaths and tracks, suitable for road and trail bikes.
9781852848781 **Sep 2021**
232pp 172x116mm **£12.95**



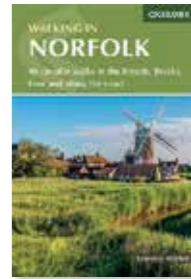
15 Short Walks Cornwall: Falmouth and the Lizard
Phil Turner
15 of the best short walks with no challenging terrain or complicated navigation around Falmouth and the Lizard.
9781786311733 **Apr 2024**
96pp 172x116mm **£9.95**



The Peddars Way and Norfolk Coast Path
Phoebe Smith
An easy 130 mile (1-week) route combining the best of inland and coastal walking, from near Thetford to Hopton-on-Sea via Hunstanton. Ideal for people new to long-distance walks.
9781852847500 **May 2019**
152pp 172x116mm **£12.95**



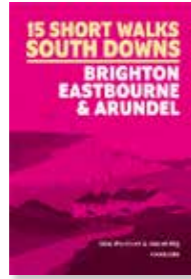
Suffolk Coast and Heath Walks
Laurence Mitchell
3 long-distance walks in 1 AONB – the Suffolk Coast Path (Lowestoft to Felixstowe), the Stour and Orwell Walk (Felixstowe to Cattawade) and the Sandlings Walk (Ipswich to Southwold).
9781852848705 **Sep 2021**
176pp 172x116mm **£12.95**



Walking in Norfolk
Laurence Mitchell
40 easy to moderate 4 to 12 mile circular walks featuring a spectacular coastline of sand dunes, saltmarsh and tidal creeks, the Norfolk Broads and the big-sky country of the Fens.
9781786311801 **Nov 2023**
216pp 172x116mm **£14.95**



15 Short Walks Cornwall: Land's End and Penzance
Phil Turner
15 of the best short walks around Land's End and Penwith, with OS maps, clear route description, information on local beauty spots and refreshments, and lots of images. No challenging terrain or complicated navigation.
9781786311740 **Jun 2024**
96pp 172x116mm **£9.95**



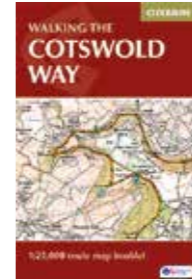
15 Short Walks South Downs: Brighton, Eastbourne and Arundel
Jacint Mig, Nike Werstroh
15 of the best short walks with no challenging terrain or complicated navigation around Brighton, Eastbourne and Arundel.
9781786312037 **Mar 2024**
96pp 172x116mm **£9.95**



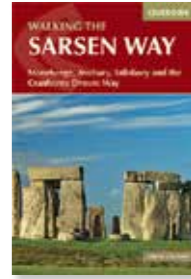
15 Short Walks in the Surrey Hills
Jacint Mig, Nike Werstroh
15 of the best short walks around Guildford, Dorking and south Surrey, with OS maps, clear route description, information on local beauty spots and refreshments, and lots of images. No challenging terrain or complicated navigation.
9781786311535 **Jan 2023**
96pp 172x116mm **£9.95**



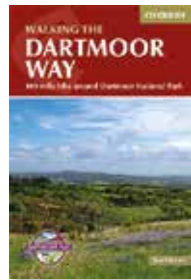
The Cotswold Way
Kev Reynolds, Jonathan Williams
102 mile national trail, described in both directions over 13 stages, through the Cotswolds AONB between Chipping Campden and Bath. Includes an OS 1:25K map booklet.
9781786312105 **Feb 2024**
144pp 172x116mm **£17.95**



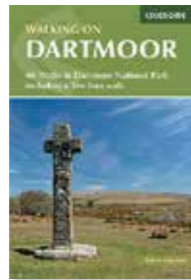
The Cotswold Way Map Booklet
Kev Reynolds
This compact booklet of OS 1:25K maps shows the full route of the 102 mile (163km) Cotswold Way National Trail, providing all of the mapping you need. Included with the guidebook.
9781786312112 **Feb 2024**
48pp 166x106mm **£9.95**



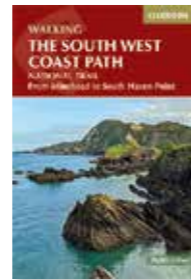
Walking the Sarsen Way
Steve Davison
79km route from Coate Water Park to Salisbury and 28km route from Salisbury to Wessex Ridgeway at Win Green. Suggested 2-8 day itineraries, OS maps, accommodation options, and reverse route descriptions.
9781786311269 **May 2024**
112pp 172x116mm **£14.95**



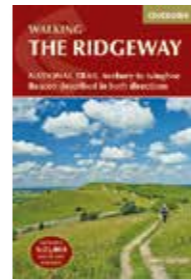
Walking the Dartmoor Way
Sue Viccars
Guide to the Dartmoor Way, a waymarked 175km (109 mile) circular walking route around the edge of Devon's beautiful Dartmoor. 10 stages plus the 2-stage High Moor Link.
9781786311153 **May 2023**
200pp 172x116mm **£16.95**



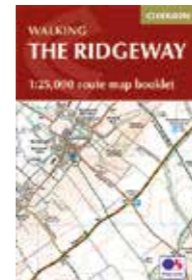
Walking on Dartmoor
Steve Davison
39 graded day walks in the Dartmoor National Park and its surrounding area, plus a two-day Ten Tors challenge. Routes vary in length and difficulty and visit local high points and sites of interest.
9781786311085 **Apr 2023**
256pp 172x116mm **£14.95**



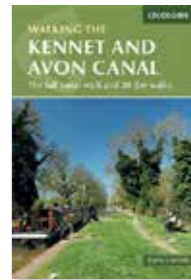
Walking the South West Coast Path
Paddy Dillon
A 630 mile national trail from Minehead to Poole along the north Devon, Cornish, south Devon and Dorset coastline. Divided into 45 stages, this route could be completed within 4 weeks, or walked in sections.
9781786310682 **Oct 2023**
352pp 172x116mm **£17.95**



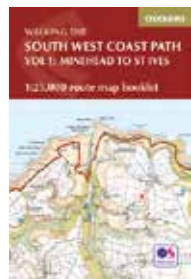
The Ridgeway National Trail
Steve Davison
An 87 mile (139km) route from Avebury in Wiltshire to Ivinghoe Beacon in Buckinghamshire. Described in both directions. Includes an OS 1:25k map booklet.
9781852848743 **Nov 2022**
208pp 172x116mm **£16.95**



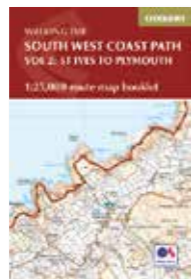
The Ridgeway Map Booklet
Steve Davison
This compact booklet of OS 1:25K maps shows the full route of the 87 mile (139km) Ridgeway National Trail, providing all of the mapping you need. Included with the guidebook.
9781852849351 **Feb 2024**
56pp 166x106mm **£7.95**



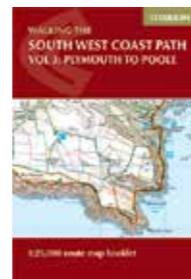
The Kennet and Avon Canal
Steve Davison
From Reading to Bristol (94 miles) in 7 stages of fairly easy walking, visiting Bath and Bristol's Floating Harbour. 20 circular walks also included, ranging from 4¼ to 9 miles.
9781852847869 **Jul 2020**
240pp 172x116mm **£12.95**



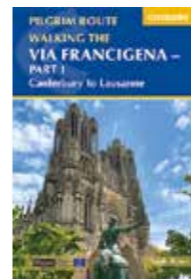
South West Coast Path Map Booklet – Vol 1: Minehead to St Ives
Paddy Dillon
Convenient and compact booklet of OS 1:25K maps of the northern section of the 630 mile South West Coast Path National Trail. Covers the trail from Minehead to St Ives.
9781852849368 **Sep 2021**
112pp 172x116mm **£12.95**



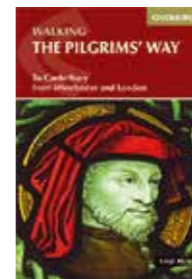
South West Coast Path Map Booklet – Vol 2: St Ives to Plymouth
Paddy Dillon
Convenient and compact booklet of OS 1:25K maps to part of the southern section of the 630 mile South West Coast Path National Trail. Covers the trail from Plymouth to Plymouth.
9781852849375 **Nov 2021**
88pp 172x116mm **£12.95**



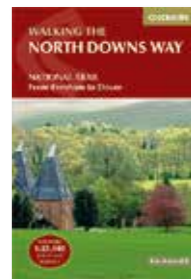
South West Coast Path Map Booklet – Vol 3: Plymouth to Poole
Paddy Dillon
Convenient and compact booklet of OS 1:25K maps of part of the southern section of the 630 mile South West Coast Path National Trail. Covers the trail from Plymouth to Poole.
9781786312006 **Sep 2023**
112pp 172x116mm **£12.95**



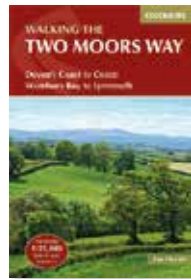
Walking the Via Francigena Pilgrim Route – Part 1
The Reverend Sandy Brown
The first 1090km, from Canterbury to Lausanne, passing through England, France (Nord-Pas-de-Calais, Picardie, Champagne-Ardenne and Franche-Comte) and Switzerland to finish by Lake Geneva. Described in 52 stages.
9781852848842 **Feb 2023**
304pp 172x116mm **£18.95**



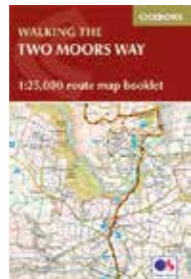
The Pilgrims' Way
Leigh Hatts
138 mile walk from Winchester in Hampshire to Canterbury in Kent, through wood and farmland, with views across the Weald. Divided into stages of about 10 miles.
9781852847777 **Oct 2021**
208pp 172x116mm **£12.95**



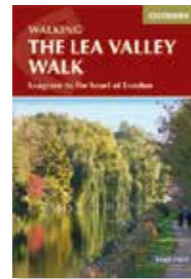
The North Downs Way
Kev Reynolds
130 mile (208km) National Trail through pleasant countryside between Farnham and Dover, with an optional visit to Canterbury. The walk is described over 11 stages. Includes an OS 1:25K map booklet.
9781852848613 **Jul 2017**
144pp 172x116mm **£16.95**



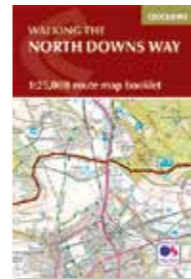
The Two Moors Way
Sue Viccars
A 117 mile route incorporating the Two Moors Way and a section of the Erme-Plym Trail, from Wembury Bay in the south to Lynmouth, passing through Dartmoor and Exmoor. Includes an OS 1:25K map booklet.
9781852849917 **May 2022**
216pp 172x116mm **£16.95**



Two Moors Way Map Booklet
Sue Viccars
Map booklet for Devon's Coast to Coast, a 117 mile route incorporating the Two Moors Way and a section of the Erme-Plym Trail. This booklet shows the full route on OS 1:25K maps and is included with the Cicerone guide.
9781786310071 **Feb 2019**
72pp 166x106mm **£7.95**



The Lea Valley Walk
Leigh Hatts
A 53 mile walk, split into 9 stages, following the River Lea from its source at Leagrave to East India Dock or Limehouse in London, where it joins the Thames Path.
9781852847746 **Jan 2021**
144pp 172x116mm **£12.95**



North Downs Way Map Booklet
Kev Reynolds
This compact booklet of OS 1:25K maps shows the full route of the 130 mile (208km) North Downs Way National Trail, providing all of the mapping you need. Included with the guidebook.
9781852849559 **Nov 2022**
96pp 172x116mm **£9.95**




Mountain Biking on the North Downs
Peter Edwards
20 routes and 59km linking the North Downs Way with the South Downs Way, covering many of the finest trails. All graded by difficulty and illustrated with OS maps and height profiles.
9781852847029 **Mar 2014**
208pp 172x116mm **£14.95**



Mountain Biking on the South Downs
Peter Edwards
A fantastic selection of 26 off-road routes throughout the national park, including a 3-day South Downs National Trail route, using byways and bridleways. Graded by length and difficulty.
9781852846459 **Apr 2023**
240pp 172x116mm **£17.95**

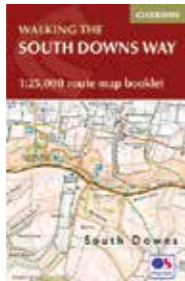




The South Downs Way
Kev Reynolds, Richard Moon

A 100 mile (160km) route between Winchester and Eastbourne through the South Downs National Park, described in both directions over 12 stages. A good introduction to long-distance walking. Includes OS 1:25K map booklet.

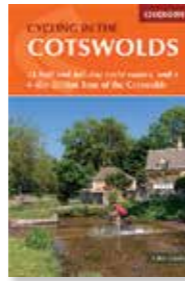
9781786311610 **Jun 2023**
200pp 172x116mm **£17.95**

The South Downs Way Map Booklet
Kev Reynolds, Richard Moon

This compact booklet of OS 1:25K maps shows the full route of the 100 mile (160km) South Downs Way National Trail, providing all of the mapping you need. Included with the guidebook.


9781786311658 **Jun 2023**
64pp 166x106mm **£12.95**

Cycling in the Cotswolds
Chiz Dakin

21 day routes and a 4-day 200km tour showcase the best cycling throughout the Cotswolds AONB, mainly using quiet lanes, canal paths and bridleways, with some challenges.

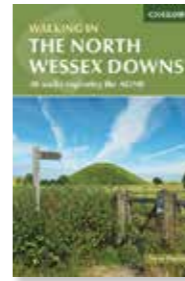
9781852847067 **Nov 2017**
208pp 172x116mm **£12.95**

Walking in the New Forest
Steve Davison

30 walks of between 3 and 10 miles set throughout the New Forest National Park. Explore ancient woodland, heather-clad heath and dramatic coastline. Walks for all abilities, easily combined to create longer challenges.

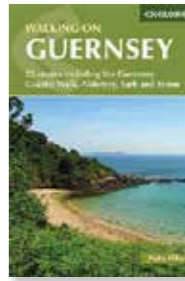
9781852848774 **May 2021**
208pp 172x116mm **£12.95**

Walking in the North Wessex Downs
Steve Davison

30 walking routes exploring the North Wessex Downs AONB. The routes cover four counties: Berkshire, Hampshire, Wiltshire and Oxfordshire, with walks to reach the highest point in each one.

9781786311108 **Nov 2021**
192pp 172x116mm **£12.95**

Walking on Guernsey
Paddy Dillon

25 short easy walks on the Channel Islands of Guernsey, Alderney, Sark and Herm, including the Guernsey Coastal Walk. With notes on travel, accommodation and the islands' fascinating history.

9781786311306 **Jun 2023**
208pp 172x116mm **£14.95**




The Thames Path
Leigh Hatts

Easy 182 mile (2-week) riverside National Trail from the Woolwich Foot Tunnel passing through Windsor and rural countryside to the river's source in Gloucestershire. With 1:25K OS map booklet.

9781786311481 **Apr 2023**
224pp 172x116mm **£17.95**




The Thames Path Map Booklet
Leigh Hatts

This compact booklet of OS 1:25K maps shows the full route of the 182 mile (290km) Thames Path National Trail, providing all of the mapping you need. Included with the guidebook.

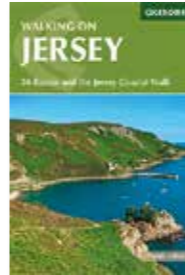
9781786311498 **Oct 2023**
96pp 172x116mm **£12.95**




20 Classic Sportive Rides in South East England
Colin Dennis

20 graded routes on quiet, cycle-friendly roads between Kent, Oxford and the New Forest. Routes can be mixed and matched for sportive training.


9781852847432 **Mar 2015**
128pp 172x116mm **£12.95**

Walking on Jersey
Paddy Dillon

24 short easy walks exploring Jersey's excellent coastline and countryside, with historical and scenic interest. Walks can be combined to make longer routes, including the Jersey Coastal Walk.


9781786311030 **Sep 2021**
192pp 172x116mm **£12.95**

Walking on the Isle of Wight
Paul Curtis

32 walking routes, from 4 to 18 miles long, exploring forest trails and downland, and visiting Yarmouth, Cowes and Ventnor. Includes a complete circuit of the island's coast.

9781852848736 **Jan 2022**
232pp 172x116mm **£12.95**

15 Short Walks Winchester
Malcolm Leatherdale

15 of the best short walks around Winchester, with OS maps, clear route description, information on local beauty spots and refreshments, and lots of images. No challenging terrain or complicated navigation.

9781786311641 **Sep 2023**
96pp 172x116mm **£9.95**




20 Classic Sportive Rides in South West England
Colin Dennis

20 graded routes in south-west England, a challenging and scenic area that boasts miles of quiet, cycle-friendly roads. Routes can be mixed and matched for sportive training.


9781852847449 **May 2015**
128pp 172x116mm **£12.95**




Walking Hampshire's Test Way
Malcolm Leatherdale

The 71 km (44 mile) Test Way in Hampshire from Inkpen Beacon to the Eling Tide Mill near Southampton, following the crystal clear River Test. Also includes 15 day walks.

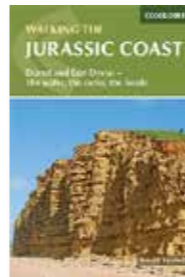
9781852849535 **Aug 2021**
160pp 172x116mm **£12.95**

Walking in Cornwall
Graham Uney

40 walks in Cornwall, from short strolls to longer, wilder routes. Routes explore the interior and coasts including ancient archaeological sites, old tin-mining areas and the Lizard and Land's End.


9781852846848 **Aug 2021**
160pp 172x116mm **£12.95**

Walking the Jurassic Coast
Ronald Turnbull

30 walks on the Jurassic Coast of Devon and Dorset, between Exmouth and Bournemouth. Including both coastal and some inland areas, the routes range from 3 to 16 miles and explore the spectacular geology, which is clearly explained.

9781852847418 **Aug 2021**
240pp 172x116mm **£12.95**


Walks in the South Downs National Park
Kev Reynolds

40 circular walks (5 to 11 miles) throughout the South Downs National Park, between Eastbourne and Winchester. Walks include Beachy Head and the Seven Sisters and hundreds of prehistoric sites.

9781852848354 **Nov 2023**
224pp 172x116mm **£12.95**



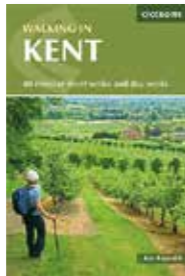
Wales and Welsh Borders



Walking in Essex
Peter Aylmer

25 day walks ranging from 4 to 17 miles, plus a full description of the 96 mile 'Across Essex' route, incorporating the Essex Way and a traverse of Epping Forest.

9781786310224 **Feb 2023**
208pp 172x116mm **£14.95**

Walking in Kent
Kev Reynolds

40 walks in west Kent and the Weald and north and east Kent, including the Kent Downs and the Greensand Hills. Walks of 5 to 9 miles explore rivers, coastline, countryside and historic villages.

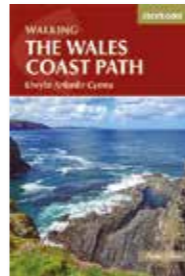
9781852848620 **Mar 2024**
240pp 172x116mm **£12.95**




Walking in London
Peter Aylmer

25 walks in London's green spaces and nature reserves, covering both the city centre and Greater London area. With information about some of the species you might encounter, as well as conservation.


9781786311467 **Aug 2023**
200pp 172x116mm **£14.95**

Walking the Wales Coast Path
Paddy Dillon

The entire 1400km (870 mile) Wales Coast Path, from Chester to Chepstow. Described in 57 stages, it leads through 2 national parks and numerous AONBs.


9781786310668 **May 2022**
368pp 172x116mm **£16.95**

Cycle Touring in Wales
Richard Barrett

A circuit of Wales – perfect for a 2-week trip – plus 6 cross routes, which range from 45 to 73 miles and can be completed as day or weekend rides, or used to create shorter versions of the main circuit.

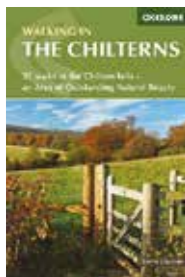
9781852849887 **Jun 2019**
240pp 172x116mm **£12.95**

Cycling Lon Las Cymru
Richard Barrett

Lôn Las Cymru is a 255 mile (410km) route from Cardiff, or 242 miles (390km) from Chepstow to Holyhead, through Wales' rural heartland. It can be completed in 4 to 7 days, using quiet roads and traffic-free paths.

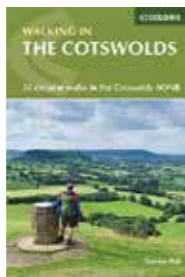
9781852849870 **Aug 2018**
128pp 172x116mm **£11.95**

Walking in the Chilterns
Steve Davison

35 walks in the chalk hills and ancient woodlands from Reading and the Thames valley through Oxfordshire, Buckinghamshire and Hertfordshire to Luton. Walks range from 4 to 12 miles.

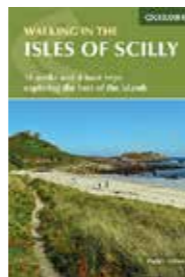
9781786310187 **Aug 2021**
224pp 172x116mm **£12.95**

Walking in the Cotswolds
Damian Hall

30 walks including 14 circular routes on the Cotswold Way National Trail. Ranging from 4 to 12 miles, the walks cover valley and hill country, with superb views and delightful villages.

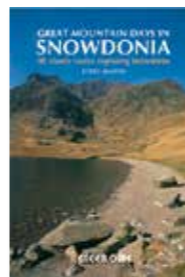
9781852848330 **Jul 2021**
176pp 172x116mm **£12.95**

Walking in the Isles of Scilly
Paddy Dillon

A guide to 11 day walks (from 2.5 to 16km) and 4 boat trips on and around the Scilly Isles, which enjoy a mild climate, rich birdlife and wildflowers.


9781786311047 **Apr 2022**
96pp 172x116mm **£8.95**

Great Mountain Days in Snowdonia
Terry Marsh

An inspirational guide to 40 graded walks within the Snowdonia National Park. Some routes include mild scrambling and all encourage exploration and adventure.

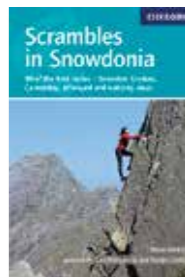
9781852845810 **May 2017**
240pp 240x170mm **£18.95**

Mountain Walking in Snowdonia
Terry Fletcher

40 of Snowdonia's best day walks, from exposed scrambles to sheltered river and forest walks. Includes a 2-day traverse of all 15 of Snowdonia's 3000ft peaks.

9781852847678 **Oct 2020**
224pp 172x116mm **£14.95**





Scrambles in Snowdonia
Carl McKeating, Rachel Crolla

Revised edition of Steve Ashton's classic guide with 80 graded scrambles, including the Snowdon Horseshoe, North Ridge of Tryfan, Bristly Ridge and the Cneifion and Cynfwr Aretes. Contains photo topos.

9781786311368 **Oct 2022**
280pp 172x116mm **£16.95**






Snowdonia: 30 Low-level and Easy Walks – North
Alex Kendall

30 mostly low-level walks on clear paths to showcase the region's beautiful scenery. Covers the Snowdon area, the Ogwen and Conwy valleys, Betws-y-Coed, Beddgelert, Ffestiniog and the coast.


9781852849849 Jul 2019
176pp 172x116mm **£9.95**

Snowdonia: 30 Low-level and Easy Walks – South
Alex Kendall

30 mostly low-level walks on clear paths to showcase the region's beautiful scenery. Covers Trawsfynydd, Bala, Dolgellau, Machynlleth, the Harlech Coast and the valleys of the Mawddach and Dyfi.


9781852849856 Sep 2020
168pp 172x116mm **£9.95**

The Snowdonia Way
Alex Kendall

Machynlleth to Conwy through Eryri (Snowdonia) National Park. A low-level route of 97 miles (6 to 8 stages) includes the Ogwen Valley. The 122 mile mountain route (9 stages) includes Cadair Idris, Yr Wyddfa (Snowdon) and the Glyders.


9781852848569 Sep 2023
176pp 172x116mm **£16.95**

Walking in the Wye Valley
Mike Dunn

30 varied walks in the valley of the Wye, the most scenic river in England and Wales. Spectacular river scenery and pastoral moorland tranquility, between Chepstow and Plynlimon.

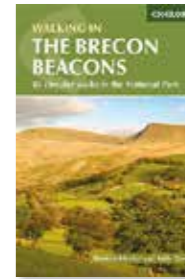
9781852847241 Jun 2022
176pp 172x116mm **£12.95**

Walking in Carmarthenshire
Jim Rubery

30 walking routes (2 to 10 miles), including parts of the Carmarthenshire Coast Path. Walks for all abilities include coastal, river, forest and hill walks in the Cambrian and Black Mountains and Brecon Beacons.


9781852847371 Oct 2015
176pp 172x116mm **£12.95**

Walking in the Brecon Beacons
David Whittaker, Andy Davies

45 day walks in Wales' Brecon Beacons National Park, of varying difficulty. Classic ridges, dramatic waterfalls, wooded gorges and upland valleys, with plentiful information on history, geology, plants and wildlife.

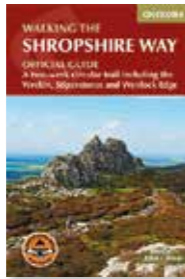
9781786310897 May 2022
256pp 172x116mm **£14.95**

The Cambrian Way
George Tod, Richard Tyler

A challenging 470km 3-week mountain trek through Wales from Cardiff to Conwy, described from south to north. Often following long, beautiful ridgelines, it crosses wild and rugged terrain and visits many of Wales' highest mountains, including Snowdon.


9781852849900 Nov 2021
264pp 172x116mm **£14.95**

Walking the Shropshire Way
John Gillham

A 180 mile (290km) route made up of two loops centred on Shrewsbury, visiting Stiperstones, Wenlock Edge, Ironbridge and the Wrekin. Includes the challenging 20 mile (32km) Stretton Skyline Walk.

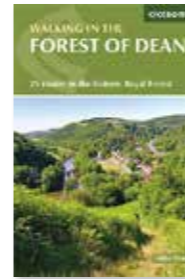
9781786310088 Jul 2022
192pp 172x116mm **£14.95**

Hillwalking in Shropshire
John Gillham

32 routes range from 3 to 12 miles (5 to 19km), taking in highlights such as The Wrekin, Wenlock Edge, Long Mynd and Stiperstones, Castle Ring and Bury Ditches.


9781852848071 Jan 2022
192pp 172x116mm **£12.95**

Walking in the Forest of Dean
Mike Dunn

25 varied walks in ancient forest and rolling farmland. From short walks to all-day outings in a unique historic landscape. Includes sections of the Gloucestershire Way.

9781852846893 May 2022
160pp 172x116mm **£12.95**

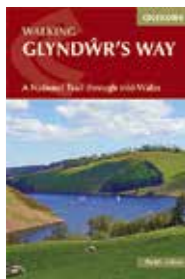
Walking on Gower
Andy Davies

30 circular routes (2½ to 14 miles) combine the peninsula's rugged coastline and beaches with valleys, hills and ridges inland, in this beautiful south Wales AONB. Routes avoid crowds.

9781852848217 Nov 2022
192pp 172x116mm **£14.95**



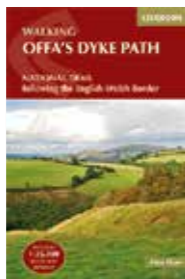
International challenges, collections and activities



Walking Glyndwr's Way
Paddy Dillon

The 135 mile route from Knighton to Welshpool via Machynlleth takes 9 days to walk, and 2 further days (29 miles) to complete the loop down the Offa's Dyke Path to create a circular trail through quiet hills, forests and rolling countryside.

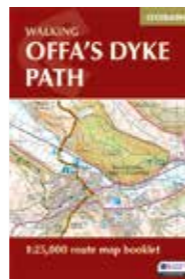
9781786311290 Feb 2024
168pp 172x116mm **£16.95**

Offa's Dyke Path
Mike Dunn

177 miles (283km) along the English and Welsh border between Sedbury (near Chepstow) and Prestatyn, split into 12 stages with suggestions for alternative itineraries. With OS 1:25K map booklet.

9781852847760 Nov 2023
192pp 172x116mm **£17.95**

Offa's Dyke Map Booklet
Mike Dunn

This compact booklet of OS 1:25K maps shows the full route of the 177 mile (283km) Offa's Dyke Path National Trail, between Sedbury (near Chepstow) and Prestatyn. Included with the guidebook.

9781852848941 Sep 2023
80pp 172x116mm **£12.95**





Europe's High Points
Carl McKeating, Rachel Crolla

Descriptions of routes to the highest point in each of Europe's 50 countries from Liechtenstein to Latvia and from Germany to Greece. With sketch maps, and general advice and information.

9781852845773 Sep 2018
256pp 210x148mm **£14.95**



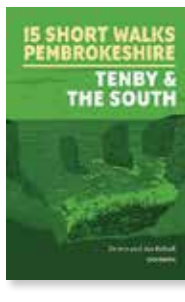
Alps cross-border routes



Trekkling the Tour du Mont Blanc
Jonathan Williams, Lesley Williams

The 170km (105 mile) TMB route typically takes 11 days and can be walked in either direction, with optional variants. Includes trek planning resources, accommodation and 5, 7 and 9-day options.

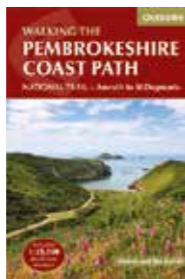
9781786312280 Apr 2024
200pp 172x116mm **£17.95**

15 Short Walks Pembrokeshire: Tenby & the South
Dennis Kelsall

15 of the best short walks in Tenby and south Pembrokeshire, with OS maps, clear route description, information on local beauty spots and refreshments, and lots of images. No challenging terrain or complicated navigation.


9781786311757 Feb 2024
88pp 172x116mm **£9.95**

The Pembrokeshire Coast Path
Jan Kelsall, Dennis Kelsall

This scenic national trail from Amroth to St Dogmaels is about 180 miles and typically takes around 2 weeks to walk. Rugged cliffs and sandy beaches. Includes OS 1:25K map booklet.

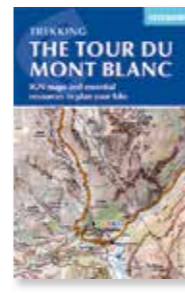
9781786312082 Feb 2024
264pp 172x116mm **£17.95**

Pembrokeshire Coast Path Map Booklet
Jan Kelsall, Dennis Kelsall

Map booklet of the Pembrokeshire Coast Path National Trail, between Amroth and St Dogmaels. OS 1:25K maps show the full route. Included with the guidebook.

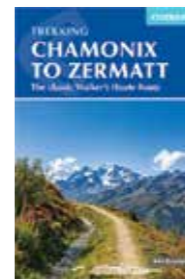
9781786312099 Feb 2024
80pp 172x116mm **£12.95**

Tour du Mont Blanc Map Booklet
Jonathan Williams, Lesley Williams

Map booklet for the 170km (105 mile) TMB, which typically takes 11 days and can be walked in either direction. 1:25K IGN mapping, trek planning resources, accommodation guide and 5, 7 and 9-day options.

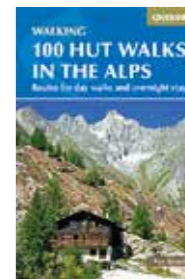
9781786312297 Apr 2024
64pp 172x116mm **£14.95**

Trekkling Chamonix to Zermatt
Kev Reynolds

A 225km route between Mont Blanc and the Matterhorn described in 14 stages, taking around 2 weeks to walk. Contains planning information and accommodation.


9781786311382 Jul 2022
256pp 172x116mm **£16.95**

100 Hut Walks in the Alps
Kev Reynolds

100 day walks to suit alpine walkers of all abilities, with suggestions for some hut-to-hut tours. Circular routes in France, Switzerland, Italy, Austria and Slovenia.

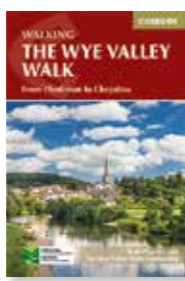
9781852847531 Jan 2018
256pp 172x116mm **£14.95**

Walking in Pembrokeshire
Jan Kelsall, Dennis Kelsall

40 circular walks of 1 to 12 miles. Routes take in the dramatic beauty of the national park and its coast, the Daugleddau and the Preseli Hills, exploring wooded gorges, prehistoric hillforts and medieval castles.


9781852849153 Jul 2021
208pp 172x116mm **£12.95**

The Wye Valley Walk
The Wye Valley Walk Partnership

A perfect mix of river and hill walking, following the River Wye for 219km through the woodland, moorland and meadows of the Welsh Borders, from the slopes of Plynlimon to Chepstow.


9781786311986 Jul 2024
176pp 172x116mm **£16.95**

Walking the Severn Way
Terry Marsh

A 215 mile (344km) walking route beginning near the source of the River Severn in Powys, mid-Wales, and finishing in Bristol. Described over 22 stages ranging from 3 to 14 miles.

9781786311405 May 2023
176pp 172x116mm **£16.95**

The Karnischer Höhenweg
John Hayes

A 170km waymarked hut-to-hut trek along the border between Italy and Austria. Also known as the Carnic Peace Trail, it runs west to east along the ridge of the Carnic Alps, the site of the WW1 front line.

9781852849429 Jun 2018
160pp 172x116mm **£15.95**




The Tour of the Bernina
Cillian Price

Two multi-stage treks on the Swiss-Italian border around Piz Bernina, close to St Moritz. The 9-stage, 119km Tour of the Bernina is suitable for first-time trekkers. The 8-stage, 94km Alta Via Valmalenco is more challenging.

9781852847524 Mar 2015
176pp 172x116mm **£15.95**




Trail Running – Chamonix and the Mont Blanc region
Kingsley Jones

40 graded runs in the Mont Blanc regions of France, Switzerland and Italy, from wide trails to technical skyrunning, with ascent/descent and distance figures. Includes the 168km Ultra-Trail of Mont Blanc.

9781852848002 Jun 2020
240pp 172x116mm **£14.95**





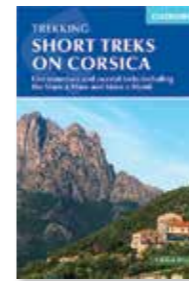
Trekking in the Alps
Kev Reynolds, Paddy Dillon
An exciting and inspiring collection of 20 treks of varying difficulty, including classics such as the Tour of Mont Blanc and more adventurous routes such as the Traverse of the Slovenian Alps.
9781852846008 **Feb 2024**
256pp 240x170mm **£17.95**



Walking in the Alps
Kev Reynolds
An outstanding and comprehensive volume suggesting many thousands of possible walks and trekking routes in every alpine region. Kev Reynolds' lifetime Alpine knowledge is in one book.
9781852844769 **Dec 2021**
512pp 234x156mm **£25.00**



Trekking Munich to Venice
John Hayes
The Traumpfad, 'Dream Way', is a 570km trek from Munich to Venice in 30 stages. The guide includes 5 alternate stages and a day's via ferrata in the Dolomites. Crosses some of the best Alpine scenery.
9781852848040 **Nov 2016**
264pp 172x116mm **£16.95**



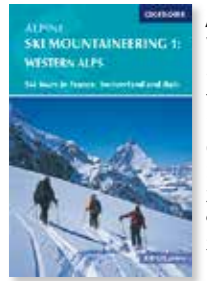
Short Treks on Corsica
Gillian Price
Five mountain and coastal treks: the 2-day Sentier du Douanier (Custom Officer's Path), the 10-day Mare e Monti, the 11-day coast-to-coast Mare a Mare Nord, the 5-day Mare a Mare Sud and the 5-day Mare e Monti Sud.
9781786310590 **Mar 2021**
918pp 172x116mm **£16.95**



Trekking the GR20 Corsica
Paddy Dillon
Suitable for experienced walkers, this tough 180km route between Calinzana and Conca takes 2 weeks to complete and includes hands-on scrambling. With high and low-level options and 1:25K map booklet.
9781786310675 **Jun 2022**
304pp 172x116mm **£17.95**



Walking on Corsica
Gillian Price
25 graded day walks cover both the coast and the mountainous inland, showcasing Corsica's beautiful landscapes, visiting cliffs, inlets, forests, river gorges, waterfalls, maquis shrubland, peaks and historic sites.
9781852849658 **Jun 2022**
144pp 172x116mm **£14.95**



Alpine Ski Mountaineering Vol 1 - Western Alps
Bill O'Connor
The finest ski-mountaineering tours in the Écrins, Vanoise, Mont Blanc, Gran Paradiso and Pennine Alps. Includes the classic Chamonix to Zermatt Haute Route.
9781852843731 **Nov 2017**
256pp 172x116mm **£16.95**



Trekking in the Silvretta and Rätikon Alps
Kev Reynolds
Three treks of between 5 and 8 days, in the Silvretta and Rätikon Alps, and 12 other half-day hut-to-hut routes, on the borders of Switzerland, Austria and Liechtenstein.
9781852846961 **Apr 2014**
208pp 172x116mm **£16.95**



France, Belgium and Luxembourg



Chamonix Mountain Adventures
Hilary Sharp
Routes include walking, mountain biking, road cycling, rock climbing and via ferratas. There is something for everyone here, from families to veteran adventurers.
9781852846633 **Nov 2022**
288pp 172x116mm **£17.95**



Mont Blanc Walks
Hilary Sharp
50 day walks near Chamonix and Courmayeur, plus outlines of 4 multi-day treks. Walks range from 3 to 20km, from easy valley walks to more challenging alpine routes.
9781852848194 **Oct 2018**
288pp 172x116mm **£14.95**



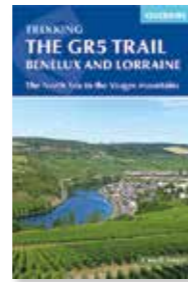
Via Ferratas of the French Alps
Richard Miller
The best routes between Geneva and Briançon, from easy protected routes to exposed challenges suitable for the experienced. Covers techniques and equipment.
9781852846480 **Jan 2024**
352pp 172x116mm **£17.95**



Camino de Santiago - Via Podiensis
Dave Whitson
A 735km route pilgrim route through France along the GR65, linking Le Puy-en-Velay with Saint-Jean-Pied-de-Port and the start of the Camino Francés to Santiago. Includes Célé Valley and Rocamadour variants.
9781786311023 **Jul 2022**
296pp 172x116mm **£17.95**



The GR5 Trail
Paddy Dillon
The 660km GR5 trail from Lake Geneva to the Mediterranean at Nice (or Menton) through the whole of the French Alps. Includes variants. A month of fantastic walking.
9781852848286 **Jan 2016**
320pp 172x116mm **£17.95**



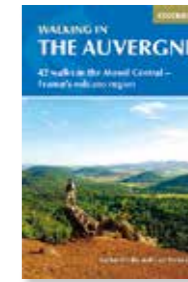
The GR5 Trail - Benelux and Lorraine
Carroll Dorgan
The northern section of the GR5 - 1000km starting in Hoek van Holland and passing through the Netherlands, Belgium, Luxembourg and Lorraine to Schirmeck in France.
9781852849597 **Sep 2018**
312pp 172x116mm **£17.95**



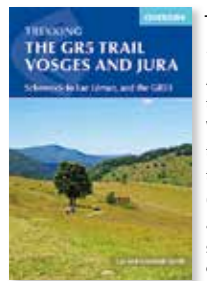
Walking in the Haute Savoie: North
Janette Norton, Pamela Harris
30 walks between Lake Geneva and the Swiss border including pré-Alpe areas Salève, Chablais, the Vallée Verte and near Evian and Morzine. Walks include local summits and ridges.
9781852848101 **Nov 2017**
264pp 172x116mm **£14.95**



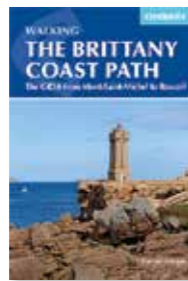
Walking in the Haute Savoie: South
Janette Norton, Pamela Harris
30 half to full-day routes in the area between Chamonix and Anney. Walks are located near Samoëns, Sixt, Thônes and Lake Anney. Includes Chaîne des Aravis, Plateau de la Borne and Haut Giffre.
9781852848118 **Jun 2017**
272pp 172x116mm **£14.95**



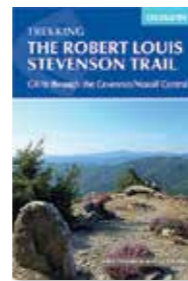
Walking in the Auvergne
Carl McKeating, Rachel Crolla
42 walks, from easy to challenging, in the volcanic hills of central France. Ideal for day-walkers and hikers to explore a beautiful, quiet region.
9781852846510 **Jan 2020**
256pp 172x116mm **£14.95**



The GR5 Trail - Vosges and Jura
Elizabeth Smith, Les Smith
A traverse of the Vosges and the Haut-Jura plateau, from Wissembourg to Schirmeck on the GR53, then following the GR5 to Nyon on Lac Léman, a total of 687km (427 miles), through wooded and grassy hills and gorges in 11 sections.
9781852848125 **Apr 2017**
208pp 172x116mm **£16.95**



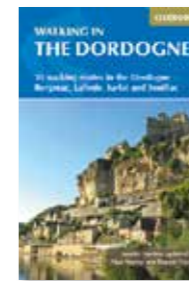
Walking the Brittany Coast Path
Carroll Dorgan
A 624km section of the GR34 Customs Officers' Path following the beautiful northern coast of Brittany from Mont-Saint-Michel to Roscoff, a route rich in scenic interest, history and culture.
9781786310613 **Apr 2022**
216pp 172x116mm **£16.95**



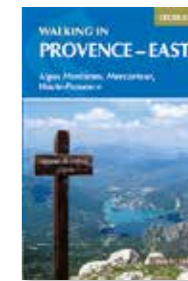
Trekking the Robert Louis Stevenson Trail
Jacint Mig, Nike Werstroph
The GR70 through France's Velay and Cévennes regions follows in the footsteps of Stevenson and his faithful donkey, Modestine. At 272km, this long-distance trail from Le Puy to Ales is ideal for people new to walking holidays.
9781852849184 **Feb 2021**
128pp 172x116mm **£16.95**



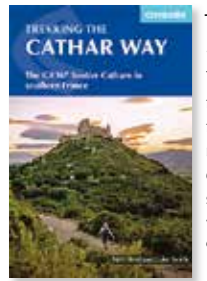
Walking in the Briançonnais
Andrew McCluggage
Short and full-day walks in the stunning valleys of Clarée, Cerveyrette, Ayes, Durance and Guisane, including the mountains around Vallouise and Montgenèvre.
9781852848880 **May 2018**
240pp 172x116mm **£16.95**



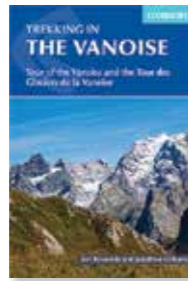
Walking in the Dordogne
Janette Norton, Pamela Harris
35 walking routes based around the Sarlat and Souillac regions (Périgord Noir) and Bergerac (Périgord Pourpre). The walks range from short walks to mountain circuits.
9781852848439 **Feb 2018**
264pp 172x116mm **£14.95**



Walking in Provence - East
Janette Norton
30 varied day walks in the Alpes Maritimes, Alpes de Haute-Provence and Mercantour, with charming bases such as Vence, Grasse and Digne-les-Bains.
9781852846176 **Nov 2014**
240pp 172x116mm **£14.95**



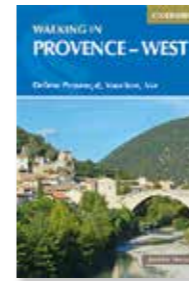
Trekking the Cathar Way
Nell Sleet, Luke Smith
The 260km Cathar Way (GR367) from the Mediterranean to the foothills of the Pyrenees via 9 medieval castles, tracing the history of the Cathars, a persecuted religious sect. 13 route stages plus northern variant.
9781786310477 **Jan 2022**
160pp 172x116mm **£16.95**



Trekking in the Vanoise
Jonathan Williams, Kev Reynolds
A 150km hut-to-hut trek in the Vanoise National Park between Mont Blanc and the Écrins, described in 11 stages from Modane, plus Tour des Glaciers de la Vanoise and suggestions for other short treks.
9781852848637 **Mar 2023**
192pp 172x116mm **£18.95**



Mountain Adventures in the Maurienne
Andy Hodges
Walks, treks, via ferratas, road cycling and mountain biking routes in an area perfect for Alpine adventures. Readers can mix and match their activities to suit.
9781852846213 **Jun 2011**
192pp 172x116mm **£14.95**



Walking in Provence - West
Janette Norton
30 varied day walks in the Drôme Provençale, the Vaucluse and the Var, from the Baronnies in the north to the Ste-Baume ridge in the south, staying in Nyons, Apt and Aix-en-Provence.
9781852846169 **Nov 2014**
272pp 172x116mm **£14.95**



Cycling London to Paris
Mike Wells
Describes both the 500km traditional route, on cycle tracks and quiet roads via Dover/Calais, and the 400km waymarked Avenue Verte via Newhaven/Dieppe, mainly on dedicated cycle paths. Each takes 5 to 7 days.
9781852849146 **Mar 2018**
272pp 172x116mm **£14.95**



Cycling the Route des Grandes Alpes
Giles Belbin
A challenging 720km cycle route through south-eastern France. From Lake Geneva to Mediterranean Nice via numerous high Alpine passes, taking in the Vanoise, Écrins and Mercantour National Parks.
9781786310545 **Jul 2022**
200pp 172x116mm **£16.95**



Cycling the Canal de la Garonne
Declan Lyons

Describes 290km of cycle route from Bordeaux to Toulouse, connecting with the Canal du Midi, with excursions to towns and villages along the route. With accommodation and key facilities.

9781852847838 Jan 2019
192pp 172x116mm £14.95



Cycling the Canal du Midi
Declan Lyons

A guide to cycling this 240km route along a World Heritage site rich in history and culture, linking Toulouse and Sète. Perfect cycling with flat, car-free paths.

9781852847845 Sep 2022
192pp 172x116mm £14.95



The River Loire Cycle Route
Mike Wells

Guidebook to cycling the Loire, France's longest river, from its source in the Massif Central to the Atlantic. The 1062km route is predominantly downhill or flat, and takes in extinct volcanos, vineyards and charming châteaux.

9781786310835 Jul 2022
256pp 172x116mm £16.95



Spain and Portugal

The Camino Portugues
Kat Davis

The 620km route from Lisbon in Portugal to Santiago de Compostela in Spain, split into 25 stages with two coastal options. Takes in historic and religious sites and stunning scenery.

9781786311962 Sep 2023
336pp 172x116mm £18.95



Walking La Via de la Plata and Camino Sanabres
Nicole Bukaty

A 996km pilgrim route on La Via de la Plata and Camino Sanabres through Spain between Seville and Santiago de Compostela or Astorga. Includes Ourense variants.

9781786310804 Sep 2023
320pp 172x116mm £18.95



The River Rhone Cycle Route
Mike Wells

A 895km cycle route from the Swiss Alps through France to the Mediterranean Sea. Divided into 20 stages of around 45km, the route can be completed by most cyclists in 10 to 14 days.

9781786310828 Jan 2023
264pp 172x116mm £17.95



The Moselle Cycle Route
Mike Wells

14 stages cover the entirety of the Moselle river, from its source in the Vosges Mountains to its confluence with the Rhine at Koblenz. Well-waymarked, easy cycling suitable for all experience levels.

9781852847210 Aug 2014
208pp 172x116mm £14.95



The Grand Traverse of the Massif Central
Alan Castle

A guide to this 700km mountain biking trail from Clermont-Ferrand to Montpellier and Sète. 17 stages, with information for walkers and an on-road route for road cyclists.

9781852845711 Jan 2010
176pp 172x116mm £14.00



Camino de Santiago: Camino Frances
The Reverend Sandy Brown

Guidebook and map book to walking the 784km Camino Francés from St Jean-Pied-de-Port in southern France to Santiago de Compostela in Spain. Includes 36 customisable stages and over 500 pilgrim hostels.

9781786310040 Jan 2024
304pp 172x116mm £17.95



The Camino del Norte and Camino Primitivo
Laura Perazzoli, Dave Whitson

The 820km Camino del Norte from Irún via Bilbao and Santander takes around 5 weeks to complete. The 355km Camino Primitivo takes about 2 weeks. Includes the Camino Finisterre.

9781786310149 May 2023
312pp 172x116mm £18.95



The Camino Ingles and Ruta do Mar
Laura Perazzoli, Dave Whitson

116km Camino Inglés from Ferrol or A Coruña to Santiago de Compostela and the 190km Ruta do Mar linking Ribadeo with the Ingles at Ferrol. Includes the 120km camino to Finisterre or Muxia.

9781786310064 Jun 2019
152pp 172x116mm £14.95



Walking in the Ardennes
Jeff Williams

32 day walks and a 68km multi-stage route, the Sentier du Nord, in Belgium/Luxembourg/France, among rolling hills, deep valleys, rivers and forests, taking in WW2 battlefields and medieval castles.

9781852846862 Jun 2014
224pp 172x116mm £16.95



Pyrenees and France/Spain cross-border routes

Trekking the Cami dels Bons Homes
Jacint Mig, Nike Werstroph

225km Cami dels Bons Homes (GR107) cross-border trail between Foix in France and Berga in Spain. Described in 10 stages with detailed maps, profiles and accommodation information.

9781786312235 Jun 2024
112pp 172x116mm £17.95



Walking the Camino dos Faros
John Hayes

The Camino dos Faros, also known as the way of the lighthouses lies on Spain's Galician coast and is a 200km route described in 8 stages and takes in some of the area's most enchanting coastal scenery.

9781852849719 Oct 2019
120pp 172x116mm £14.95



Cycling the Ruta Via de la Plata
John Hayes

A 924km route through western Spain from Seville to Gijón in 13 stages, as well as a pilgrimage variant to Santiago de Compostela. With road route and off-road alternative suitable for gravel bikes.

9781786310125 Mar 2022
224pp 172x116mm £16.95



Cycling the Camino de Santiago
Mike Wells

850km cycle route from St Jean-Pied-de-Port to Santiago de Compostela, following the original pilgrim route with optional road variants. Suitable for most abilities, in 19 stages averaging 45km each.

9781852849696 Dec 2021
264pp 172x116mm £14.95



Trekking the GR11 Trail
Tom Martens

The GR11 traverses the Spanish Pyrenees from Irún on the Atlantic coast to Cap de Creus on the Mediterranean. 820km route in 47 stages over high passes. Trekkers require experience of high mountains.

9781786311665 May 2024
272pp 172x116mm £18.95



Trekking the GR10
Stuart Butler, Brian Johnson

A 955km trek across the French Pyrenees from Hendaye on the Atlantic coast to Banyuls-sur-Mer, described in 55 daily stages, with full information.

9781786311160 Jul 2023
320pp 172x116mm £18.95



Shorter Treks in the Pyrenees
Brian Johnson

Seven circular treks of 4-12 days, covering both sides of the French-Spanish border, including both the High Pyrenees and lower mountains of the Basque Country and Catalonia.

9781852849306 May 2019
280pp 172x116mm £16.95



Walking in the Picos de Europa
Robin Walker

Walks and multi-day treks in the Picos de Europa, a striking limestone range in northern Spain. Routes vary in difficulty and some include an element of scrambling.

9781852845360 May 2023
256pp 172x116mm £17.95



Spain's Sendero Historico: The GR1
John Hayes

1250km route traversing northern Spain from Puerto de Tarna (León) to the Mediterranean near L'Escala in Catalonia. Fascinating, varied landscapes and Pyrenees foothills. Described in 53 stages.

9781852845698 Oct 2015
304pp 172x116mm £17.95



The Andalucian Coast to Coast Walk
Guy Hunter-Watts

A 416km, 21-day route from Maro on the Mediterranean coast to Bolonia, on the Atlantic, passing through 7 Natural Parks, and sites with Roman and Moorish origins including Ronda and Tarifa.

9781852849702 Jul 2018
216pp 172x116mm £14.95



The Pyrenean Haute Route
Tom Martens

A largely unwaymarked 750km route, presented in 44 stages, staying close to the main ridge in the highest and most spectacular Central Pyrenees. Suitable for strong and experienced mountain walkers.

9781852849818 Jan 2022
344pp 172x116mm £17.95



Walks and Climbs in the Pyrenees
Kev Reynolds

170 selected walks, multi-day tours and moderate summit ascents in the Central and High Pyrenees. Graded routes from 1hr to 12 days explore mountains including Monte Perdido, Pic du Midi d'Ossau and Gavarnie.

9781786310538 Sep 2019
408pp 172x116mm £17.95



The Pyrenees
Kev Reynolds

A planning resource for a range of mountain activities (walks, treks and climbs) in the High Pyrenees from the Cirque de Lescur to the Carlit massif and Andorra.

9781852844202 Oct 2010
464pp 216x138mm £22.00



Trekking the GR7 in Andalucia
Guy Hunter-Watts

The Andalucian section of the GR7, from Tarifa to Puebla de Don Fadrique. Includes a northern route via Cordoba Province and southern route via Granada Province. The full route takes 34-42 days but can be split.

9781852849955 Nov 2021
320pp 172x116mm £18.95



The Mountains Around Nerja
Jim Ryan

32 graded day walks in the Sierras de Tejeda, Almijara and Alhama, which are easily accessible from Nerja and Malaga. Easy strolls to strenuous climbs.

9781786311764 Feb 2024
176pp 172x116mm £17.95



Walking in Andalucia
Guy Hunter-Watts

The Alpujarra region of the Sierra Nevada, Aracena, Grazalema, Los Alcornocales and Gaucin, La Axarquia, and Cazorla. 6 walks in each region from 5 to 21km, graded for difficulty.

9781852848026 Sep 2020
256pp 172x116mm £14.95



WALKING COASTAL WALKS IN ANDALUCÍA
 45 walks and hikes in the region

Coastal Walks in Andalucía
Guy Hunter-Watts

Over 40 half and full-day walks in Andalucía's Natural Parks and Reserves. Year-round walking, on Costa de la Luz, Costa del Sol, Nerja region and Costa del Almería.

9781852848033 **Oct 2022**
 272pp 172x116mm **£14.95**



WALKING THE MOUNTAINS OF RONDA AND GRAZALEMA
 32 walks, scrambles and multi-day treks

The Mountains of Ronda and Grazalema
Guy Hunter-Watts

32 graded routes (4 to 16km) exploring the Natural Parks of Grazalema and La Sierra de las Nieves, the 'Pueblos Blancos' (White Villages), and the Genal and Guadiaro river valleys.

9781852848927 **Jan 2018**
 224pp 172x115mm **£16.95**



WALKING AND TREKKING IN THE SIERRA NEVADA
 38 walks, scrambles and multi-day treks

Walking and Trekking in the Sierra Nevada
Richard Hartley

Walks and multi-day treks in the Sierra Nevada of Andalucía. The 38 routes take in the summit of Mulhacén, and villages including Trevélez and Capileira. Includes main ridge traverses and high mountain scrambles.

9781852849177 **Nov 2022**
 272pp 172x116mm **£17.95**



WALKING ON LANZAROTE AND FUERTEVENTURA
 45 walks including on Mt. La Cruz

Walking on Lanzarote and Fuerteventura
Paddy Dillon

45 walks including 14 on the long-distance GR131 trail, which crosses both islands. Lanzarote has a fascinating volcanic national park; Fuerteventura has famous golden beaches.

9781852846039 **Jan 2019**
 240pp 172x116mm **£14.95**



WALKING ON LA PALMA
 45 walks including GR130 and GR131 long-distance trails

Walking on La Palma
Paddy Dillon

45 walks and scrambles ranging from 7 to 31km in length. Some walks combine to complete the GR130 long-distance trail (8 days) and GR131 trail (3 days).

9781852848538 **Jan 2019**
 240pp 172x116mm **£14.95**



TREKKING PORTUGAL'S ROTA VICENTINA
 The Historic Way and Fishermen's Trail

Portugal's Rota Vicentina
Gillian Price

Rota Vicentina is a stunning 220km route down the south-western Atlantic coast, through the Alentejo and Algarve districts. The route, which is suitable for all fit walkers, is described across 12 stages, making it perfect for a 2-week holiday.

9781786311436 **Nov 2022**
 112pp 172x116mm **£18.95**



WALKING THE SIERRAS OF EXTREMADURA
 32 full-day walks in western Spain

The Sierras of Extremadura
Gisela Radant Wood

32 mainly circular walks (6 to 19km) in the provinces of Cáceres and Badajoz. Walks visit mountain Sierras, oak forests and ancient paths. Includes the Jerte Valley, Montánchez, Guadalupe and Monesterio.

9781852848484 **Oct 2017**
 224pp 172x116mm **£16.95**



WALKING IN COSTA-BLANCA
 60 routes of walks and adventures

Costa Blanca Mountain Adventures
Mark Eddy

A multi-activity guide to outdoor adventure in Spain's Costa Blanca, with 60 route suggestions covering ridge scrambles, via ferrata, canyoning, sport climbing, trad climbing, hiking, trail running and mountain biking.

9781786310330 **Sep 2022**
 280pp 172x116mm **£17.95**



WALKING ON THE COSTA BLANCA
 50 circular walks and scrambles

Walking on the Costa Blanca
Terry Fletcher

50 circular walks and scrambles exploring the mountains around the resorts of Alicante, Benidorm and Calp. Gentle strolls to demanding, steep and exposed routes, from 3 to 20km long.

9781852847517 **Apr 2023**
 224pp 172x116mm **£17.95**



WALKING IN PORTUGAL
 40 circular walks and multi-day treks, including Serra de Monchique and Costa Vicentina

Walking in Portugal
Andrew Mok, Simon Whitmarsh

Over 40 graded walks throughout Portugal. The mostly circular half-day and day routes showcase the country's varied scenery and beautiful national parks.

9781852848897 **Mar 2022**
 264pp 172x116mm **£16.95**



WALKING IN THE ALGARVE
 33 walks in the Algarve, Portugal's southernmost region

Walking in the Algarve
Jacint Mig, Nike Werstros

33 day walks in the Algarve, Portugal's southernmost region. The selected routes offer both coastal and inland options, including the Serra de Monchique and Costa Vicentina, the south and west coasts, the central region and East Algarve.

9781852849948 **Oct 2019**
 192pp 172x116mm **£16.95**



WALKING ON MADEIRA
 40 circular walks and multi-day treks, including Ponta da Formosa and Ponta da Moura

Walking on Madeira
Paddy Dillon

Selection of day walks exploring Madeira's network of levadas (water channels) as well as routes across steep and rugged mountains, with slopes of bare rock or laurisilva 'cloud' forest. Includes the neighbouring island of Porto Santo.

9781852848552 **Oct 2023**
 296pp 172x116mm **£17.95**



WALKING IN CATALUNYA - GIRONA PYRENEES
 35 varied day walks of 5 to 19km among the rocky mountains, forested slopes and idyllic wine country in and around Girona

Walking in Catalunya – Girona Pyrenees
Jacint Mig, Nike Werstros

35 varied day walks of 5 to 19km among the rocky mountains, forested slopes and idyllic wine country in and around Girona.

9781786311634 **Oct 2023**
 160pp 172x116mm **£17.95**



WALKING IN CATALUNYA - BARCELONA
 32 varied walks of 6.5 to 28km among the rocky mountains, forested slopes and idyllic wine country that surrounds Barcelona

Walking in Catalunya – Barcelona
Jacint Mig, Nike Werstros

32 varied walks of 6.5 to 28km among the rocky mountains, forested slopes and idyllic wine country that surrounds Barcelona.

9781786310774 **Nov 2022**
 192pp 172x116mm **£17.95**



WALKING IN THE MOUNTAINS OF SOUTHERN CATALUNYA
 30 routes in 3 national parks between Barcelona and Valencia, including the immense limestone crags of the Parc Natural dels Ports overlooking the Mediterranean

Mountain Walking in Southern Catalunya
Vivien Freakley, Philip Freakley

30 routes in 3 national parks between Barcelona and Valencia, including the immense limestone crags of the Parc Natural dels Ports overlooking the Mediterranean.

9781852845827 **Aug 2010**
 192pp 172x116mm **£12.95**



WALKING ON THE AZORES
 70 walks on the Azores, a remote archipelago in the North Atlantic Ocean

Walking on the Azores
Paddy Dillon

70 walks on the Azores, a remote archipelago in the North Atlantic Ocean. Most of the walks are easy or moderate, across all 9 islands, from easy village-to-village to remote mountain walks including Portugal's highest mountain, Pico.

9781852849085 **May 2023**
 296pp 172x116mm **£17.95**



Austria

WALKING IN THE SALZKAMMERGUT: THE AUSTRIAN LAKE DISTRICT
 30 day walks among the lakes and mountains of Austria's Salzammergut

Walking in the Salzammergut: the Austrian Lake District
Rudolf Abraham

30 day walks among the lakes and mountains of Austria's Salzammergut. Easily accessible from Salzburg, the routes range from easy lakeside strolls to strenuous through-routes and ascents of the neighbouring peaks.

9781852849962 **Mar 2021**
 184pp 172x116mm **£16.95**



WALKING MOUNTAIN WALKING IN MALLORCA
 50 full and half-day walks (5.5km to 24km) in Mallorca's mountainous Serra de Tramuntana

Mountain Walking in Mallorca
Paddy Dillon

50 full and half-day walks (5.5km to 24km) in Mallorca's mountainous Serra de Tramuntana. Potential bases include Pollença, Sóller, Valldemossa and Andratx.

9781852849498 **May 2018**
 288pp 172x116mm **£14.95**



TREKKING IN MALLORCA
 The GR221 Drystone Route (140km in 10 day stages) traverses the Serra de Tramuntana between Pollença and Andratx, through forests, mountains and welcoming villages

Trekking in Mallorca
Paddy Dillon

The GR221 Drystone Route (140km in 10 day stages) traverses the Serra de Tramuntana between Pollença and Andratx, through forests, mountains and welcoming villages.

9781852848507 **Mar 2023**
 216pp 172x116mm **£16.95**



TREKKING IN THE CANARY ISLANDS
 The GR131 is an island-hopping 560km (348 miles) trail that runs coast to coast across each of the 7 Canary Islands

Trekking in the Canary Islands
Paddy Dillon

The GR131 is an island-hopping 560km (348 miles) trail that runs coast to coast across each of the 7 Canary Islands. Described over 32 stages between Lanzarote and El Hierro, the route will take about 1 month to complete.

9781852847654 **Jan 2020**
 272pp 172x116mm **£16.95**



TREKKING ADVENTURES IN INNSBRUCK
 60 summer mountain adventures: alpine mountaineering routes, overnight hut trips, scrambles, day walks, rock climbing, via ferratas, mountain biking, road cycling, trail running, plus activities for families

Innsbruck Mountain Adventures
Sharon Boscoe

60 summer mountain adventures: alpine mountaineering routes, overnight hut trips, scrambles, day walks, rock climbing, via ferratas, mountain biking, road cycling, trail running, plus activities for families.

9781852849580 **Sep 2018**
 280pp 172x116mm **£14.95**



TREKKING AUSTRIA'S ADLERWEG
 A 324km trek through the Austrian Tyrolean Alps from St Johann in Tirol to St Anton am Arlberg

Trekking Austria's Adlerweg
Mike Wells

A 324km trek through the Austrian Tyrolean Alps from St Johann in Tirol to St Anton am Arlberg. Described in 24 stages with easier alternatives provided for the most challenging stages.

9781786310903 **Jul 2023**
 232pp 172x116mm **£18.95**



TREKKING AUSTRIA'S ZILLERTAL ALPS
 Four hut-to-hut treks in the Austrian Tyrol: the 9-day Zillertal Rucksack Route/Berliner Hoehenweg, the 7-day Zillertal South Tirol Tour, the 7-day Peter Habeler Tour and the 6-day Olperer Runde

Trekking in Austria's Zillertal Alps
Allan Hartley

Four hut-to-hut treks in the Austrian Tyrol: the 9-day Zillertal Rucksack Route/Berliner Hoehenweg, the 7-day Zillertal South Tirol Tour, the 7-day Peter Habeler Tour and the 6-day Olperer Runde.

9781786310637 **May 2023**
 256pp 172x116mm **£18.95**



WALKING ON TENERIFE
 45 varied walks of 3.5km to 29.5km on Tenerife: 40 day walks – including ascents of El Teide, Spain's highest mountain – and the 5 Tenerife stages of the long-distance GR131

Walking on Tenerife
Paddy Dillon

45 varied walks of 3.5km to 29.5km on Tenerife: 40 day walks – including ascents of El Teide, Spain's highest mountain – and the 5 Tenerife stages of the long-distance GR131.

9781786310699 **Jan 2023**
 232pp 172x116mm **£17.95**



WALKING ON GRAN CANARIA
 45 day walks on Gran Canaria, generally averaging 10 to 12km each. A long-distance coast-to-coast route on the GR131 is included, and shorter walks can be linked to form longer itineraries

Walking on Gran Canaria
Paddy Dillon

45 day walks on Gran Canaria, generally averaging 10 to 12km each. A long-distance coast-to-coast route on the GR131 is included, and shorter walks can be linked to form longer itineraries.

9781852848545 **Jan 2020**
 240pp 172x116mm **£14.95**



WALKING ON LA GOMERA AND EL HIERRO
 45 day walks and treks for all abilities, from rugged mountain treks to coastal walks

Walking on La Gomera and El Hierro
Paddy Dillon

45 day walks and treks for all abilities, from rugged mountain treks to coastal walks. The selection also covers the Camino de la Virgen and GR132.

9781852848415 **May 2020**
 264pp 172x116mm **£14.95**



TREKKING IN AUSTRIA'S HOHE TAUERN
 Four short hut-to-hut treks in Austria's Hohe Tauern National Park, covering the Reichen, Venediger and Glockner groups, with optional excursions to climb neighbouring peaks

Trekking in Austria's Hohe Tauern
Allan Hartley

Four short hut-to-hut treks in Austria's Hohe Tauern National Park, covering the Reichen, Venediger and Glockner groups, with optional excursions to climb neighbouring peaks.

9781786310644 **Jan 2024**
 296pp 172x116mm **£18.95**



TREKKING IN THE STUBAI ALPS
 101 routes: day walks, multi-day treks and tours in the Rätikon, Silvretta, Stubai, and Zillertal Alps, the Hohe Tauern, and the Karawanken

Trekking in the Stubai Alps
Allan Hartley

This guide describes 2 multi-day hut-to-hut tours: the Stubai Rucksack Route and the more challenging Stubai Glacier Tour, either of which can be completed in 8 to 10 days.

9781852846237 **Oct 2018**
 192pp 172x116mm **£14.95**



WALKING IN AUSTRIA
 101 routes: day walks, multi-day treks and tours in the Rätikon, Silvretta, Stubai, and Zillertal Alps, the Hohe Tauern, and the Karawanken

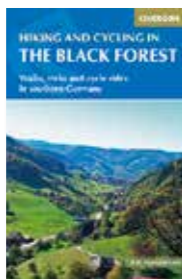
Walking in Austria
Kev Reynolds

101 routes: day walks, multi-day treks and tours in the Rätikon, Silvretta, Stubai, and Zillertal Alps, the Hohe Tauern, and the Karawanken. Includes 135 mountain huts.

9781852848590 **Aug 2023**
 432pp 172x116mm **£18.95**



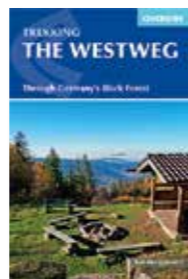
Germany



Hiking and Cycling in the Black Forest
Kat Morgenstern

From easy routes for families to multi-day journeys, the walks and 5 cycle rides explore the many forests, villages, castles and hills near Strasbourg, Baden-Baden, Freiburg and Basle.

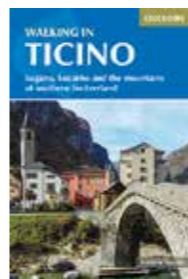
9781786310217 **Sep 2023**
320pp 172x116mm **£17.95**



The Westweg
Kat Morgenstern

This 285km walk across Germany's Black Forest from Pforzheim to Basel includes an ascent of Feldberg. Takes 13 to 14 days, each day stage from 15 to 28km. 2 variants are described.

9781852847753 **Nov 2016**
224pp 172x116mm **£16.95**



Walking in Ticino
Andrew Beattie

38 graded walks of 4 to 19km in Ticino, Switzerland, including Lugano, Locarno, Bellinzona and Biasca, and Airolo and the St Gotthard Pass.

9781786310606 **Jan 2023**
264pp 172x116mm **£17.95**



Walking in the Engadine - Switzerland
Kevin Reynolds

100 day walks in the Engadine, Val Bregaglia, neighbouring valleys and the Engadine National Park. Includes gentle rambles to adventurous high-level routes from 4 to 16km.

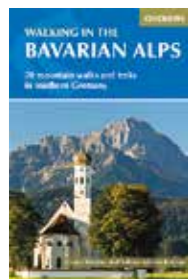
9781786310521 **Jul 2019**
312pp 172x116mm **£16.95**



Walking in the Valais
Kevin Reynolds

An essential guide to 111 day walks and 10 multi-day tours in the Pennine Alps, with the Matterhorn, Dent Blanche and Monte Rosa providing a perfect background.

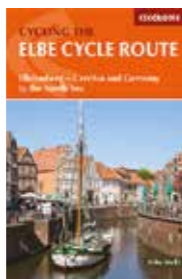
9781852847333 **Apr 2014**
320pp 172x116mm **£17.95**



Walking in the Bavarian Alps
Sabine Körner-Bourne, Grant Bourne

70 mountain routes, from half-day walks to 3-day hut-to-hut treks. Highlights include the Königssee and Breitach, Partnach and Höllental gorges. Also includes suggestions for valley walks.

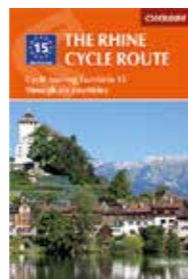
9781852849290 **Jul 2023**
336pp 172x116mm **£18.95**



The Elbe Cycle Route
Mike Wells

A 1232km route through Czechia and Germany following one of Europe's great rivers from source to sea visiting Prague, Dresden, Magdeburg and Hamburg in 29 stages of easy, flat cycling.

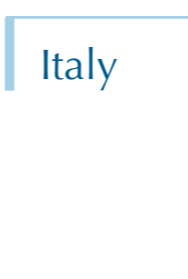
9781786310552 **Dec 2023**
272pp 172x116mm **£17.95**



The Rhine Cycle Route
Mike Wells

From the summit of Oberalp to the Hook of Holland through Switzerland, Germany, France and the Netherlands: 1368km in 27 stages, mostly on well-surfaced cycle tracks.

9781786311092 **May 2023**
312pp 172x116mm **£17.95**



Alta Via 1 - Trekking in the Dolomites
Gillian Price

The 115km Alta Via 1, a hut-to-hut trail through the Italian Dolomites, presented in 11 stages. Easier than the other AV trails, the route offers fantastic mountain vistas.

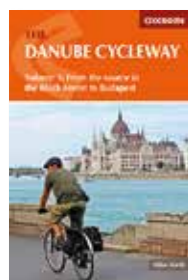
9781786310811 **Mar 2023**
112pp 172x116mm **£18.95**



Alta Via 2 - Trekking in the Dolomites
Gillian Price

A challenging 160km hut-to-hut trek through the Italian Dolomites from Bressanone to Feltre in 13 stages, including some steep and exposed sections.

9781786310972 **Jun 2022**
144pp 172x116mm **£16.95**



The Danube Cycleway Volume 1
Mike Wells

The first 1269km of the Danube river, from its source in the Black Forest to Budapest. Suitable for all levels of cyclist, on all types of bike.

9781852847227 **Feb 2019**
272pp 172x116mm **£14.95**



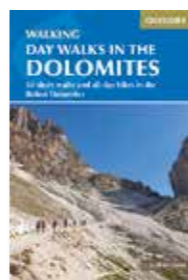
Switzerland



The Swiss Alps
Kevin Reynolds

An inspirational and comprehensive resource for independent adventurers planning to walk, trek or climb in this iconic mountain country, described in detail valley by valley.

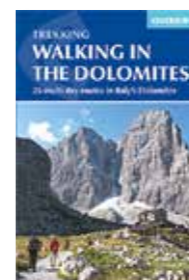
9781852844653 **Mar 2021**
464pp 234x156mm **£25.00**



Day Walks in the Dolomites
Gillian Price

50 walks ranging from short 5km strolls to full-day high-mountain expeditions, all graded by difficulty between easy and strenuous. The Dolomites offer fantastic walking from June to September.

9781786311214 **Apr 2023**
256pp 172x116mm **£17.95**



Walking in the Dolomites
Gillian Price

25 extended, mostly circular walks, 2 to 4 days long, which take in the Marmarole, Marmolada, Civet, Sella and Cortina Dolomites among others. Includes practical local information.

9781852848446 **May 2023**
288pp 172x116mm **£17.95**



Via Ferratas of the Italian Dolomites: Vol 1
James Rushforth

This volume covers 75 graded routes in the northern, central and eastern Dolomites, including Cortina, Fassa, Sesto, Canazei and Corvara. Comprehensive route descriptions alongside maps and topos.

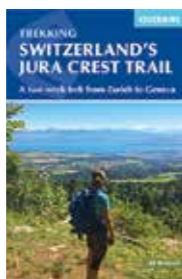
9781852848460 **Sep 2023**
320pp 172x116mm **£19.95**



Trekking the Swiss Via Alpina
Kevin Reynolds, Jonathan Williams

The Swiss Via Alpina between Sargans and Montreux, following parts of the Alpine Pass Route, including a prologue from Liechtenstein. Demanding 3-week trek crossing 16 passes including 2778m Hochtürli pass.

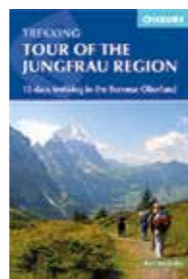
9781786311603 **Jul 2023**
216pp 172x116mm **£18.95**



Switzerland's Jura Crest Trail
Ali Rowsell

Also known as the Jura High Route, this 2-week, 310km trek traverses the undulating limestone plateau of the Swiss Jura from Dielsdorf near Zurich to Nyon on Lac Léman (Lake Geneva).

9781852849450 **Jan 2019**
184pp 172x116mm **£16.95**



Tour of the Jungfrau Region
Kevin Reynolds

The Tour of the Jungfrau Region is described as a clockwise circuit, in 10 stages (with alternatives offered), through the Bernese Oberland under the Mönch, Eiger and Jungfrau.

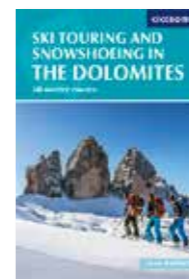
9781852848644 **Mar 2018**
128pp 172x116mm **£14.95**



Via Ferratas of the Italian Dolomites: Vol 2
John Smith, Graham Fletcher

A guide to 77 via ferratas in the south and west Dolomites of Civetta, Schiara, Pala and the Brenta, also Lake Garda and the Piccole Dolomites north of Vicenza.

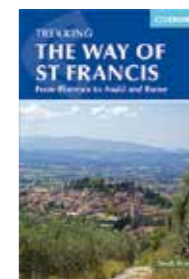
9781852843809 **Jan 2024**
320pp 172x116mm **£17.95**



Ski Touring and Snowshoeing in the Dolomites
James Rushforth

50 ski touring and snowshoeing graded routes, all of which take less than a day to complete, starting from the bases of Cortina, Arabba, Val di Zoldo, San Martino and San Vigilio.

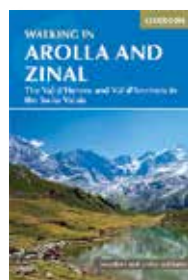
9781852847456 **Jan 2017**
280pp 172x116mm **£18.95**



The Way of St Francis
The Reverend Sandy Brown

550km Via di Francesco from Florence, through Assisi to Rome. Described in 28 day-stages, includes detailed maps, profiles and information about all the shrines, churches and towns along the way.

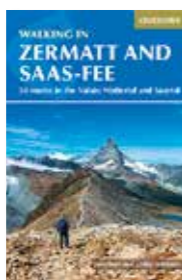
9781852846268 **Nov 2019**
288pp 172x116mm **£16.95**



Walking in Arolla and Zinal
Jonathan Williams, Lesley Williams

Guidebook describing 35 stunning mountain walks in Val d'Herens and Val d'Anniviers, near Zermatt. These graded hikes offer picturesque landscapes, from traditional villages to pristine lakes, with medium-difficulty trails and two suggested multi-day tours.

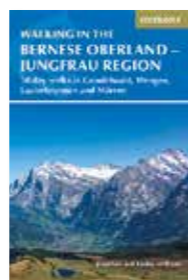
9781786310965 **Jun 2024**
192pp 172x116mm **£17.95**



Walking in Zermatt and Saas-Fee
Jonathan Williams, Lesley Williams

50 graded day walks based around the resort towns of Zermatt and Saas-Fee. The routes cover the Mattertal and Saastal valleys and their surrounding mountains.

9781786310750 **Jan 2024**
264pp 172x116mm **£16.95**



Walking in the Bernese Oberland - Jungfrau region
Jonathan Williams, Lesley Williams

50 routes with views of the iconic Alpine landscape of Switzerland, including the Eiger, Mönch and Jungfrau mountains. Includes routes for all abilities.

9781786311146 **Apr 2023**
256pp 172x116mm **£17.95**



Walking the Via Francigena Pilgrim Route - Part 2
The Reverend Sandy Brown

This 725km section links Lausanne on Lake Geneva and Lucca. The route crosses the Alps at the Great Saint Bernard Pass, descends the Po Valley, then climbs the Cisa Pass into Tuscany. Described in 18 stages.

9781786310866 **Jun 2021**
256pp 172x116mm **£17.95**



Walking the Via Francigena Pilgrim Route - Part 3
The Reverend Sandy Brown

The final 400km between Lucca and Rome, crossing Tuscany in the heartland of Italy. The route goes through Lucca and Siena, and visits San Gimignano, Monteriggioni and Radicofani. Described in 18 stages.

9781786310798 **Oct 2023**
184pp 172x116mm **£18.95**



Italy's Grande Traversata delle Alpi
David Jordan

A 55-day 809km trek on the Grande Traversata Delle Alpi in the western Italian Alps traversing the Lepontine, Pennine, Graian, Cottian and Maritime Alps to finish near Monte Rosa.

9781786310408 **Jun 2023**
296pp 172x116mm **£18.95**



Trekking in the Apennines
Gillian Price

The Grande Escursione Appenninica (GEA). Through Tuscany and Emilia-Romagna and 2 national parks, this 400km trail takes 23 days to complete, exploring the mountains, forests and hills of central Italy.

9781852847661 **Jan 2016**
160pp 172x116mm **£14.95**



Trekking Gran Paradiso: Alta Via 2
Gillian Price

This guidebook describes the 12-day Alta Via 2 trek, which covers over 140km of rugged mountains and valleys between Chardoney to Courmayeur.

9781786311849 **Jun 2024**
224pp 172x116mm **£18.95**



Trekking the Giants' Trail: Alta Via 1 through the Italian Pennine Alps
Andy Hodges

Italy's 180km Alta Via 1 follows the northern flank of the Aosta Valley from Donnas to Courmayeur. Nicknamed the Giants' Trail the route offers views of the Alpine giants.

9781852849924 **Feb 2021**
192pp 172x116mm **£16.95**



Mediterranean

Walking on the Greek Islands – the Cyclades
Gilly Cameron-Cooper

Guidebook to 35 walks exploring the Greek islands of Naxos, Paros, Amorgos and Santorini in the Cyclades. Walks range from 4 to 17km, and include the 5-stage Naxos Strada coast-to-coast route.

9781786310095 **May 2020**
256pp 172x116mm **£14.95**



Trekking in Greece
Michael Cullen, Tim Salmon

Challenging treks traversing the Pindos Range, near Athens, and the Peloponnese, plus shorter routes including Zagori and Mount Olympus. For experienced trekkers through difficult and remote terrain.

9781852849689 **Mar 2018**
304pp 172x116mm **£17.95**



Walks and Treks in the Maritime Alps
Gillian Price

18 day walks and 6 long-distance treks, including a 5-day traverse of the French Mercantour National Park, a 7-day traverse of the Alpi Maritime Park, and walks from 6 to 20km.

9781852848453 **Jun 2016**
224pp 172x116mm **£16.95**



Walking in the Aosta Valley
Andy Hodges

32 scenic routes, ranging from 4 to 20km, within both the main valley and those to the north, including the Lys valley and Grand St Bernard.

9781786310156 **May 2022**
224pp 172x116mm **£16.95**



Walking in Italy's Cinque Terre
Gillian Price

16 routes in and around the five famous fishing villages of Monterosso, Vernazza, Corniglia, Manarola and Riomaggiore. Breathtakingly beautiful, this UNESCO World Heritage coastline is a walker's (and foodie's) dream destination.

9781852849733 **Jun 2023**
112pp 172x116mm **£17.95**



Walking and Trekking in Zagori
Aris Leontaritis

30 graded walks and 3 treks centred on the Zagori and Konitsa national parks, including the Vikos gorge, Drakolimni Lake and rugged Pindos summits.

9781852849412 **Jan 2019**
248pp 172x116mm **£16.95**



The High Mountains of Crete
Loraine Wilson

87 routes between 2 and 28km throughout the island, including the White Mountains, Mt Ida (the Psiloritis range) and the Lassithi range, and coverage of the E4 Trail.

9781852847999 **Aug 2015**
400pp 172x116mm **£16.95**



Walking and Trekking on Corfu
Gillian Price

22 day walks and the 150km Corfu Trail from Kavos north to Agios Spyridonas, described in 10 stages. Enjoy olive groves, coastal paths, beaches, lush hillsides and picturesque villages.

9781852847951 **May 2022**
192pp 172x116mm **£14.95**



Walking on the Amalfi Coast
Gillian Price

32 graded day walks on the Sorrento Peninsula, Amalfi Coast, Positano and Monti Lattari, and on the islands of Capri and Ischia, from family strolls to strenuous treks.

9781852848828 **Apr 2019**
192pp 172x116mm **£14.95**



Walking in Abruzzo
Stuart Haines

40 day walks incorporating the wild Abruzzo, Maiella, and Gran Sasso national parks and the Sirente-Velino regional park, including an ascent of Corno Grande, the highest point in the Apennines.

9781852849788 **Jan 2019**
256pp 172x116mm **£16.95**



Walking in Sicily
Gillian Price

A guide to 46 graded walks encompassing ancient ruins, olive groves, coastal and volcanic landscapes. Includes Mt Etna, Madonie and Nebrodi mountains, and Egadi and Aeolian islands.

9781852847852 **May 2022**
256pp 172x116mm **£14.95**



Walking in Cyprus
Jacint Mig, Nike Werstroh

44 graded routes of 3 to 20km covering both the south and north of the island. Taking in pine-clad slopes, olive groves, rugged coastline and dramatic gorges, and historical sites of interest.

9781852848378 **Oct 2017**
232pp 172x116mm **£16.95**



Walking on Malta
Paddy Dillon

33 walks on Malta and the islands of Gozo and Comino. Walks from 3 to 17km include heritage trails, coast walks and the 30km 'Victoria Lines' route. Year-round walking.

9781852848224 **Sep 2019**
240pp 172x116mm **£14.95**



Slovenia, Croatia, Serbia, Montenegro, Albania and Kosovo

Walking in Tuscany
Gillian Price

43 graded, mostly easy walks near Florence and Siena, the World Heritage scenery of Val d'Orcia and San Gimignano and the stunning island of Elba, using historical pathways.

9781852847128 **Nov 2023**
240pp 172x116mm **£17.95**



Walking in Umbria
Gillian Price

40 walks in Umbria, among the ancient towns of Assisi, Perugia, Orvieto and Norcia. Known as the 'green heart' of Italy, the hills reach up to the Apennines and Sibillini mountains, and take in ancient villages and Roman and Etruscan ruins.

9781852849665 **Jul 2019**
208pp 172x116mm **£16.95**



Walking Lake Garda and Iseo
Gillian Price

20 day walks around the majestic Italian lakes of Garda and Iseo. The routes, which range from leisurely strolls to more strenuous routes up panoramic peaks, are easily accessible by public transport.

9781786310248 **Apr 2019**
128pp 172x116mm **£14.95**



Hiking Slovenia's Juliana Trail
Rudolf Abraham

Guidebook to walking Slovenia's Juliana Trail. A 330km trek through Slovenia's Julian Alps and Triglav National Park in 20 stages.

9781786310880 **Sep 2023**
192pp 172x116mm **£18.95**



The Slovene Mountain Trail
Roy Clark, Justi Carey

550km across Slovenia from Maribor near the Austrian border to Ankaran on the Adriatic coast, described as a series of 3 to 6-day treks through the Karavanke and Kamnik-Savinja mountains and Julian Alps.

9781786310200 **Feb 2023**
256pp 172x116mm **£18.95**



The Julian Alps of Slovenia
Roy Clark, Justi Carey

A guide to 58 walks in attractive limestone mountain scenery, from 5 bases – Kranjska Gora, Bovec, Kobarid, Bled and Bohinj. Valley strolls to high mountain routes, including Triglav, requiring via ferrata equipment.

9781852847098 **Sep 2022**
352pp 172x116mm **£17.95**



Walking Lake Como and Maggiore
Gillian Price

28 day walks and the Sentiero del Viandante trek in the beautiful Italian lakes area of Maggiore and Como. Routes are graded by difficulty and range from easy lakeside strolls to challenging mountain peaks.

9781786311689 **Sep 2023**
192pp 172x116mm **£17.95**



Italy's Sibillini National Park
Gillian Price

A guide to 21 walks and the 8-day Grande Anello dei Sibillini trek that encircles the massif and Sibillini National Park. Easily accessible from Rome.

9781852845353 **Jun 2013**
192pp 172x116mm **£14.95**



Walking in Italy's Stelvio National Park
Gillian Price

38 walks exploring a renowned national park in the Italian Alps, bordering the Dolomites to the east and Switzerland to the west. The first English-language guide to the area.

9781852846909 **Jun 2013**
192pp 172x116mm **£16.95**



Mountain Biking in Slovenia
Rob Houghton

35 full-day and half-day mountain biking routes in Slovenia. The graded routes range from 12 to 59km, taking in Gorenjska, Soca Valley, the South, as well as Central and North East Slovenia.

9781852848088 **Mar 2017**
208pp 172x116mm **£16.95**



Walking in Slovenia: The Karavanke
Roy Clark, Justi Carey

23 routes set across the mountainous border between Slovenia and Austria, with most approaches from the relatively gentle Slovenian side. Beautiful, untouched Alpine walking.

9781852846428 **May 2013**
192pp 172x116mm **£15.95**



Walks and Treks in Croatia
Rudolf Abraham

Day walks and treks in all Croatia's main hiking areas and national parks on the mainland, including the national parks of Northern Velebit, Paklenica, Risnjak, UNESCO-listed Plitvice Lakes and more.

9781852847692 **Jun 2019**
288pp 172x116mm **£16.95**



The Islands of Croatia
Rudolf Abraham

30 day walks on 14 islands of the Croatian Adriatic, ranging from short, easy coastal strolls to more challenging, full-day outings, with spectacular views.

9781852847036 **Jun 2014**
240pp 172x116mm **£16.95**



The Mountains of Montenegro
Rudolf Abraham

A guide to walking and trekking in the Dinaric Alps. 17 circular and linear routes, from easy hour-long outings to challenging 5-day treks involving exposure and scrambling.

9781852847319 **Mar 2019**
256pp 172x116mm **£16.95**



The Peaks of the Balkans Trail
Rudolf Abraham

A 192km waymarked trek through Montenegro, Albania and Kosovo. Takes 2 weeks routes and covers terrain between 670m and 2300m in altitude, crossing remote valleys and mountain passes.

9781852847708 **Nov 2023**
160pp 172x116mm **£18.95**



Annapurna
Bob Gibbons, Siân Pritchard-Jones

14 treks of various lengths throughout the Annapurna Conservation Area, including the Annapurna Circuit and Sanctuary. Packed with extensive planning information.

9781852848262 **Jul 2022**
328pp 172x116mm **£18.95**



Trekking in Bhutan
Bart Jordans

22 multi-day treks including the Jhomolhari, Druk Path and Dagala treks. The trails are mostly in western and central Bhutan, vary from 2 to 23 days and range from easy to strenuous.

9781852849191 **Mar 2018**
320pp 172x116mm **£19.95**



Trekking in Ladakh
Radek Kucharski

Eight treks in multiple stages, in a remote and high-altitude landscape of Ladakh, Zaskar and the Markha Valley, where trekking is extremely challenging. Ideal for adventurous trekkers.

9781852848309 **Oct 2015**
384pp 172x116mm **£22.95**



Eastern Europe

The Danube Cycleway Volume 2
Mike Wells

Explores the route from Budapest to the Black Sea. Starts in Hungary and continues into Croatia and Serbia before ending in Romania. Part of EuroVelo 6 (EV6).

9781786311894 **Nov 2023**
264pp 172x116mm **£17.95**



The High Tatras
Colin Saunders, Renáta Nározná

Walks and scrambles in the High Tatras on the Poland-Slovakia border, and neighbouring White and Western Tatras ranges, most using a network of waymarked routes.

9781852848873 **Mar 2017**
336pp 172x116mm **£17.95**



Trekking in the Himalaya
Kev Reynolds, Siân Pritchard-Jones

Inspirational guide outlining 20 treks in the Himalaya, including Bhutan, India, Nepal, Tibet and Pakistan. Classic routes such as Everest Base Camp and Annapurna covered.

9781852846053 **Sep 2013**
256pp 240x170mm **£20.00**



Walks and Scrambles in the Moroccan Anti-Atlas
David Wood

40 routes from 5 to 25km, including a summary of a 1-week north to south long-distance trail. Covers 6 main areas: Tafraout, Jebel El Kest, Ait Mansour, Ameln Valley, Taskra and Tanait.

9781852848095 **Nov 2018**
280pp 172x116mm **£17.95**



Africa

The Mountains of Romania
Janneke Klop

Walks and multi-day treks in the Carpathian mountains of Romania. Includes routes in the Maramures and Bucovina regions, Piatra Craiului ridge, and the Retezat and Fagaras mountains.

9781852849481 **Feb 2020**
416pp 172x116mm **£18.95**



Scandinavia, Iceland and Greenland

Walking and Trekking in Iceland
Paddy Dillon

A range of walks and treks (a total of 100 days) right across the country, taking in amazing volcanic and glacial landscapes, coastal, off-island and inland, with lots of tips for budget travellers.

9781852848057 **May 2019**
352pp 172x116mm **£17.95**



Kilimanjaro
Alex Stewart

All the trekking routes on Kilimanjaro (5895m). 6 ascent routes, 3 summit ascents, the Circuit Path and 2 descent routes, plus information on preparation, access, accommodation and a route on Mt Meru.

9781852847586 **Feb 2018**
272pp 172x116mm **£16.95**



Walking in the Drakensberg
Jeff Williams

75 day walks of 1 to 26km in South Africa's Maloti-Drakensberg Park, a UNESCO World Heritage Site. Easily accessible from Johannesburg, walks explore the cliffs, gorges, waterfalls and abundant wildlife.

9781852848811 **Apr 2017**
256pp 172x116mm **£17.95**



Ireland

Hiking in Norway – South
Ute Koninx

10 short treks in southern Norway. The hut-to-hut routes, of 3 to 8 days, cover Jotunheimen, Rondane, Dovrefjell, Trollheimen and Rytfylke, and an ascent of Galdhøpiggen, Norway's highest peak at 2469m. Suitable for experienced hikers.

9781852849757 **Jan 2021**
296pp 172x116mm **£17.95**



Trekking the Kungsleden
Mike Laing

The Kungsleden (King's Trail) is Sweden's 460km premier long-distance trek, mostly within the Arctic Circle across Lapland. Described in 28 stages. Includes an optional ascent of Kebnekaise.

9781852849825 **Jan 2023**
272pp 172x116mm **£17.95**



Trekking in Greenland – The Arctic Circle Trail
Paddy Dillon

Comprehensive backpacking guide to the 100 mile trail from Kangerlussuaq to Sisimiut crossing the largest ice-free area of West Greenland, 25-30 miles north of the Arctic Circle. Takes 7 to 10 days to complete.

9781852849672 **Jan 2023**
136pp 172x116mm **£18.95**



Walking the Wicklow Way
Paddy Dillon

A 146km trail through the scenic Wicklow Mountains from Dublin to Clonegal. The waymarked route is described in 7 stages, through rolling countryside, forest trails and wild mountain landscapes, as well as the historic site of Glendalough.

9781786310507 **May 2021**
112pp 172x116mm **£12.95**



The Wild Atlantic Way and Western Ireland
Tom Cooper

Six cycling tours of 7 to 10 days, based on the Wild Atlantic Way, that can be combined to create a 44-stage, 2400km tour of Ireland's west coast from Derry/Londonderry to Cork.

9781852849092 **Nov 2021**
256pp 172x116mm **£14.95**



North America

Himalaya

Trekking in the Karakoram
Tom Richardson, Bart Jordans

High-altitude treks to Snow Lake, K2 Base Camp and Gondogoro La in Pakistan's Karakoram, plus Fairy Meadows and Diamir Face on Nanga Parbat.

9781786310569 **Apr 2024**
240pp 172x116mm **£24.95**



Everest: A Trekker's Guide
Radek Kucharski

Comprehensive trekking guide to Thame Valley, Lukla to Namche, Everest Base Camp from Namche and Gokyo, one route in Tibet (the Kharta Valley), and the Three Passes trek (Dingboche to Namche via Kongma La, Cho La, Renjo La).

9781786311627 **Sep 2023**
320pp 172x116mm **£22.95**



Hiking and Cycling the California Missions Trail
The Reverend Sandy Brown

An 800 mile (1289km) pilgrimage trail between San Francisco Bay and San Diego takes in 21 historic Spanish missions and can be completed in 50-60 walking days or 2-3 weeks cycling.

9781786311139 **Mar 2023**
320pp 172x116mm **£18.95**



The Pacific Crest Trail
Brian Johnson

2650 mile trek from the Mexican border to British Columbia, passing through California, Oregon and Washington State, taking in the Mojave desert, High Sierras and Cascades.

9781852849207 **Sep 2022**
352pp 172x116mm **£16.95**



The John Muir Trail
Alan Castle

21 daily stages covering 216 miles, from the Yosemite Valley through 3 national parks of the Californian Sierra Nevada. Includes information on preparation, permits, wilderness skills etc.

9781852847906 **Nov 2018**
224pp 172x116mm **£16.95**



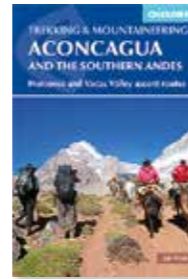
South America



Trekking in Torres del Paine
Rudolf Abraham

Chile's 10 to 11-day Torres del Paine Circuit, a shorter Half Circuit (4 to 5 days), and treks and day walks in the Torres del Paine and Los Glaciares National Parks, centred on Puerto Natales.

9781786311719 **Oct 2023**
192pp 172x116mm **£18.95**



Aconcagua and the Southern Andes
Jim Ryan

Describes the Normal route (taking 12 days) and the Vacas Valley route (14 days). Difficult mountain terrain up to 6962m, for experienced mountaineers. With treks in the Vallecitos and Tupungato ranges.

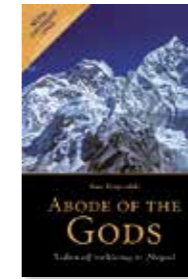
9781852849740 **Feb 2018**
184pp 172x116mm **£16.95**



A Walk in the Clouds
Kev Reynolds

75 stories sharing Kev Reynolds' most treasured moments in 50 years among the mountain tops of the Pyrenees, Alps, Himalaya, Atlas Mountains and elsewhere.

9781852847265 **Aug 2013**
224pp 216x138mm **£12.95**



Abode of the Gods
Kev Reynolds

Covering Kangchenjunga, Annapurna, Everest, Langtang, Mansalu, Dopl, the Far West and the Mugu region, Kev Reynolds tells in lyrical tones of his first explorations, spread over 25 years.

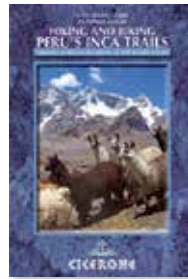
9781852847715 **Sep 2015**
288pp 234x156mm **£19.95**



Unjustifiable Risk?
Simon Thompson

The story of British climbing over 200 years, exploring the social, economic and cultural aspects, and the achievements and motives of those who have shaped its development.

9781852846275 **Jul 2010**
400pp 234x156mm **£20.00**



Hiking and Biking Peru's Inca Trails
William Janecek

A range of half, full and multi-day walking and mountain bike routes, including 7 different routes with access to Machu Picchu via little-frequented Inca roads and trails.

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Japan and Asia



Hiking in Hong Kong
Andrew Mok, Simon Whitmarsh

Guide to 4 multi-day trails and 25 day walks (from easy to challenging) on the fascinatingly diverse Hong Kong archipelago. With notes on local plants, wildlife and geology and public transport information.

9781786310514 **Jan 2023**
264pp 172x116mm **£17.95**



Unjustifiable Risk?
Simon Thompson

The story of British climbing over 200 years, exploring its social, economic and cultural aspects, and the achievements and motives of those who have shaped its development.

9781852846794 **Feb 2012**
400pp 198x129mm **£9.99**



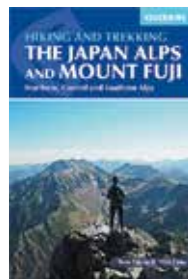
Techniques and Miniguides



Fastpacking
Lily Dyu

An introduction to the fastpacking concept through inspiring stories, tales from endurance legends such as Jez Bragg, 12 route ideas from bothy adventures to 'hut-hopping' trips, plus practical tips and tricks.

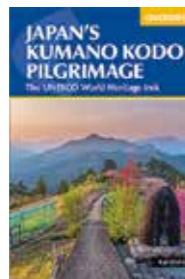
9781852849573 **Jan 2023**
192pp 172x116mm **£16.95**



Hiking and Trekking in the Japan Alps and Mount Fuji
Wes Lang, Tom Fay

27 routes in the North, Central and South Alps, and Mt Fuji area. Short easy walks to long, tough treks and scrambles. Covers popular areas of Hakuba, Tateyama, Kamikochi, Kawaguchiko.

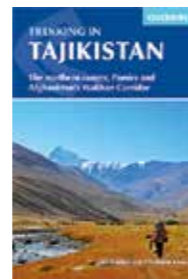
9781852849474 **Aug 2021**
400pp 172x116mm **£22.95**



Japan's Kumano Kodo Pilgrimage
Kat Davis

Japan's Kumano Kodo is a network of ancient pilgrimage trails on the Kii Peninsula, south of Osaka. Covering the Nakahechi, Kohechi and Iseji trails, as well as Koyasan and the Choishimichi route.

9781852849726 **Jul 2020**
240pp 172x116mm **£17.95**



Trekking in Tajikistan
Christine Oriol, Jan Bakker

21 treks exploring 7 different mountain areas, including the Northern Ranges, Pamir Mountains and Afghanistan's Wakhan Corridor. Includes a few day hikes. With advice on equipment, permits, visas and travel.

9781852849467 **Nov 2018**
400pp 172x116mm **£22.95**



Map and Compass
Pete Hawkins

This comprehensive guide to navigation provides you with the confidence to get away from crowds, invent your own routes and discover new areas. For veterans and newcomers alike.

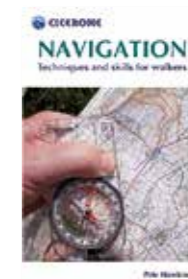
9781852845988 **Jan 2024**
176pp 216x138mm **£14.95**



The Mountain Hut Book
Kev Reynolds

An informative and entertaining introduction to mountain huts and refuges, exploring their history, and explaining modern-day hut etiquette. With profiles of the author's favourite huts, and sample hut-to-hut routes in the Alps and Pyrenees.

9781852849283 **Apr 2018**
256pp 210x148mm **£14.95**



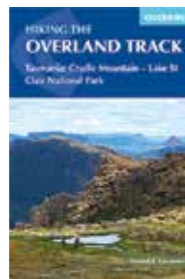
Navigation
Pete Hawkins

A pocket handbook to learn map and compass skills for mountain walking. Chapters include map scales, symbols and contours, grid references, map reading, bearings, route planning and night and bad-weather navigation, as well as navigating with a GPS.

9781852848910 **Mar 2022**
152pp 155x100mm **£9.95**



New Zealand and Australia



Hiking the Overland Track
Warwick Sprawson

Described over 7 stages, the 80km trail from Cradle Valley to Lake St Clair in Tasmania takes in glacier-carved valleys, vast buttongrass moorlands, mossy rainforests, rugged peaks, thundering waterfalls, alpine meadows and peaceful lakes. Includes side trips.

9781786310132 **Feb 2020**
208pp 172x116mm **£17.95**



Mountain Literature



Pocket First Aid and Wilderness Medicine
Ross Anderson, Jim Duff

Written by specialist doctors, this pocket guide provides clearly referenced chapters on how to minimise risks (including the preparation of first-aid kits) and how to cope with accident or illness in remote settings.

9781852849139 **Feb 2022**
256pp 155x100mm **£11.95**



Alpine Flowers
Cillian Price

Small, relevant field guide to 230 of the most commonly found Alpine species. Categorised by colour with notes on curious historical facts and origins of names.

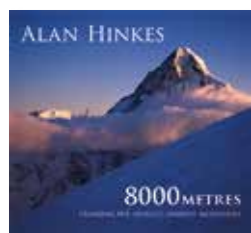
9781852845650 **Dec 2019**
144pp 155x100mm **£11.95**



Snow
Robert Bolognesi

A comprehensive guide to understanding, testing, measuring and assessing snow conditions to help you make better avalanche forecasts.

9781852844745 **Nov 2015**
64pp 155x100mm **£9.99**



8000 metres
Alan Hinkes

Alongside stunning photography, renowned mountaineer Alan Hinkes relates his awe-inspiring experiences of climbing all 14 of the world's highest mountains.

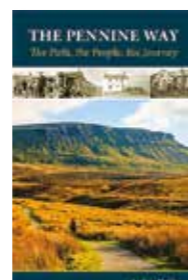
9781852845483 **Jul 2022**
192pp 265x290mm **£25.00**



Fifty Years of Adventure
Kev Reynolds

Fifty Years of Adventure is a compilation of tales by Cicerone authors. A story to celebrate each year Cicerone has been publishing outdoor activity guidebooks.

9781786310309 **Nov 2018**
160pp 240x220mm **£25.00**



The Pennine Way – the Path, the People, the Journey
Andrew McCloy

A personal, thoughtful and often humorous story. Well-researched history, delightful people – from rambles to resourceful B&B landladies, and the author's own experiences.

9781852849245 **Sep 2016**
240pp 216x138mm **£12.95**



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