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Review Article

Reciprocal regulation of TGF- β and reactive oxygen species: A perverse cycle for fibrosis

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ABSTRACT

Transforming growth factor beta (TGF- β) is the most potent pro-fibrogenic cytokine and its expression is increased in almost all of fibrotic diseases. Although signaling through Smad pathway is believed to play a central role in TGF- β 's fibrogenesis, emerging evidence indicates that reactive oxygen species (ROS) modulate TGF- β 's signaling through different pathways including Smad pathway. TGF- β 1 increases ROS production and suppresses antioxidant enzymes, leading to a redox imbalance. ROS, in turn, induce/activate TGF- β 1 and mediate many of TGF- β 's fibrogenic effects, forming a vicious cycle (see graphic flow chart on the right). Here, we review the current knowledge on the feed-forward mechanisms between TGF- β 1 and ROS in the development of fibrosis. Therapeutics targeting TGF- β -induced and ROS-dependent cellular signaling represents a novel approach in the treatment of fibrotic disorders.

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1. Introduction

Transforming growth factor beta (TGF- β), the most potent and

ubiquitous profibrogenic cytokine, plays a central role in the development of fibrosis involving almost all organ systems [1–4]. Although TGF- β 1 signaling through Smad pathway is believed to be responsible for the induction of many of TGF- β 's responsive genes emerging evidence indicates that reactive oxygen (ROS) mediate TGF- β 's signaling through different pathways including Smad pathway, mitogen activated protein kinase (MAPK) pathways, and Rho-GTPase pathway. TGF- β 1 increases the production

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of ROS by impairing mitochondrial function and inducing NADPH oxidases (NOXs), mainly Nox4, a non-phagocytic NOX expressed by many different types of cells. TGF- β also suppresses antioxidant system including the synthesis of glutathione (GSH), the most abundant intracellular free thiol and an important antioxidant, and several other antioxidant enzymes, leading to oxidative stress or redox imbalance. Such a redox imbalance in turn induces/activates TGF- β 1 and mediates TGF- β 's fibrogenic effects [5]. In this review, we will focus on the mechanisms whereby TGF- β induces Nox4 and causes redox imbalance as well as the mechanisms whereby ROS activate/induce TGF- β and mediate TGF- β 's fibrogenic effects. Suppression of TGF- β -induced ROS production may break this vicious cycle and have therapeutic potential for the treatment of fibrotic disorders.

2. TGF- β 1 and fibrosis

Fibrosis is characterized by increased deposition of extracellular matrix (ECM) proteins in the interstitial, leading to stiffness and loss of organ architecture and function. Fibrosis affects almost all organ systems and accounts for 45% of disease-related death. Many cytokines/chemokines/growth factors contribute to the development of fibrosis; however, TGF- β is considered to be the most potent and ubiquitous profibrogenic cytokine. TGF- β mRNA and/or protein expression is increased in almost all fibrotic diseases involved in different organ systems and in experimental fibrosis models [6–18]. Overexpression of TGF- β induces [19–29] whereas administration of TGF- β binding proteins, anti-TGF- β antibody, or an inhibitor to TGF- β type I receptor ALK5 ameliorated fibrosis [24,30–33]. All these lines of evidence suggest that TGF- β plays a pivotal role in the development of fibrosis. Although it has been well documented that TGF- β exerts its profibrogenic activity through activating fibroblasts, a recent study shows that epithelium-specific deletion of TGF- β receptor type II protects mice from bleomycin-induced lung fibrosis, suggesting that TGF- β signaling in epithelial cells is also important for its fibrogenic effects [34].

TGF- β , existing in three isoforms, TGF β 1, TGF β 2, and TGF β 3, is secreted by many different types of cells and involved in various cell functions including cell proliferation, differentiation, apoptosis, adhesion, and migration. Although all three isoforms are expressed in fibrotic tissues, the development of lung fibrosis is primarily attributed to TGF β 1 [35]. TGF- β 1 signaling through Smad pathway, the canonical pathway, has been well described. Active TGF- β binds to type II receptor (TGF β R-II) on the cell membrane, which activates type I receptor (TGF β R-I), leading to phosphorylation of Smad2 and Smad3. Phosphorylated Smad2 and Smad3 then form a complex with common mediator Smad (Co-Smad), Smad4, which translocates to the nucleus and regulates gene transcription through binding to Smad binding elements present in the promoter of the target genes [36]. There are 7 mammalian type I receptors, termed ALK1–7 (activin receptor-like kinase 1–7) and TGF- β 1 signaling mainly through ALK-5 [37]. Inhibitory Smads, Smad6 and Smad7, on the other hand, negatively regulate TGF- β signaling by binding to type I receptor or by competing with Smad2/3 for binding to Smad4 [38–40]. Numerous studies have shown that TGF- β 1 plays a central role in the development of fibrosis in many tissues/organs under various pathological conditions through ALK-5 and Smad2/3 pathway [41–47]. The counter-regulatory role of Smad7 in the development of fibrosis has also been demonstrated in several cell types and in vivo [40,48,49]. Besides Smad pathways, studies have shown that TGF- β signaling through other non-canonical pathways, including mitogen activated protein kinase (MAPK) pathways, phosphatidylinositol-3-kinase (PI3K) pathway, and Rho-like GTPase pathways, are also critical for eliciting TGF- β 's profibrogenic activity [25,38,50–61].

TGF- β has been shown to activate MAPK pathways through TGF- β -activated kinase 1 (TAK1), a MAPK kinase kinase, or through Ras [38] in different types of cells [25,51–57]. Importantly, it has been well documented that MAPK pathways are redox sensitive, although the redox sensitive molecules in these pathways remain to be identified. Rho-GTPases, a subfamily of small GTP-binding proteins within the Ras superfamily, regulates actin cytoskeleton, cell shape, adhesion, and migration. Rho-GTPase and its downstream effector ROCK have been shown to be involved in TGF- β -induced myofibroblast differentiation [61–67]. Interestingly, it has been reported that ROS derived from mitochondria, NADPH oxidases, or other sources activate RhoA [68–74] and that Nox4-derived ROS mediate TGF- β 1-induced kidney myofibroblast differentiation through activating RhoA/Rho kinase pathway [61].

3. TGF- β induces redox imbalance

Redox imbalance or oxidative stress results from an increased production of reactive oxygen or nitrogen species (ROS/RNS) and/or reduced antioxidant capacity. ROS/RNS such as superoxide, hydrogen peroxide (H₂O₂), and nitric oxide (NO) are formed as a byproduct of the normal metabolism of oxygen and have important function in cell signaling and homeostasis. Overproduction of ROS/RNS, however, contributes to the pathophysiology of many diseases. Biological systems have developed superior antioxidant mechanisms, enzymatic and non-enzymatic, to scavenge or remove ROS/RNS generated during normal metabolism or under pathological conditions. The enzymatic system comprises mainly the superoxide dismutases (SODs), catalase, glutathione peroxidase (GPx), and peroxiredoxin; whereas non-enzymatic system includes glutathione (GSH), ascorbic acid, β -carotene, and α -tocopherol. TGF- β has been shown to increase ROS production and suppress antioxidant system and thereby induce oxidative stress or redox imbalance. Such a redox imbalance contributes importantly to TGF- β 's pathophysiologic effects including fibrosis [75].

3.1. TGF- β increases mitochondrial ROS production

Mitochondria are the major source of ROS in cells. TGF- β 1 has been shown to increase mitochondrial ROS production in different types of cells, which mediate TGF- β -induced cell apoptosis [76–80], senescence [81–83], epithelia–mesenchymal transition [84], fibrotic gene expression and myofibroblast differentiation [85,86]; Ishikawa et al. reported that TGF- β increased ROS levels in the cytoplasm and mitochondria in mouse mammary epithelial cells (NMuMG) and decreased mitochondrial membrane potential [84]. Depletion of mitochondria (pseudo p⁰ cells), on the other hand, abrogated TGF- β -induced increase in intracellular ROS [84]. The authors also showed that exogenously expressed mitochondrial thioredoxin inhibited TGF- β -induced expression of fibronectin and HMGA2, a central mediator of epithelial–mesenchymal transition (EMT), suggesting a novel mechanism involving mitochondria in TGF- β -mediated gene expression associated with EMT [84]. Different mechanisms whereby TGF- β stimulates mitochondrial ROS production have been proposed. Yoon et al. showed that TGF- β induced a prolonged mitochondrial ROS production through decreasing complex IV activity in Mv1Lu cells, a mink lung epithelial cell line [81]. Using a specific inhibitor and siRNA to glycogen synthase kinase 3 (GSK3), Byun et al. further showed that phosphorylation of GSK α and β subunits may underlie the inhibition of complex IV activity and thereby mitochondrial ROS production by TGF- β 1 [82]. Jain et al. reported, on the other hand, that TGF- β increased ROS levels in both normal and fibrotic human lung fibroblasts by blocking complex III activity [85]. They further

showed that treatment with mitochondrially targeted antioxidants or genetically disrupting mitochondrial complex III activity attenuated TGF- β -induced expression of profibrotic genes, including alpha smooth muscle actin (α -SMA) and connective tissue growth factor (CTGF), but had no significant effect on Smad phosphorylation or nuclear translocation, suggesting that mitochondria derived ROS mediate TGF- β 's fibrogenic activity independent of Smad pathway [85]. TGF- β has also been shown to increase mitochondria oxygen consumption and ROS production through activating mammalian target of rapamycin (mTOR) pathway in mouse podocytes [87].

3.2. TGF- β increases ROS production through inducing NADPH oxidases

NADPH oxidases (Noxs) are a group of heme-containing transmembrane proteins and important ROS producers for both phagocytic and non-phagocytic cells, although the biological functions of ROS generated in non-phagocytic cells are unclear at moment. Seven members have been identified in the Nox family: Nox1, Nox2, Nox3, Nox4, Nox5, Dual oxidase1 (Duox1), and Dual oxidase 2 (Duox2). TGF- β has been shown to induce the expression of several Nox enzymes including Nox 1, Nox2, and Nox4 in different types of cells [60,80,88–101]. Of all Nox family members, the induction and role of Nox4 in TGF- β 's fibrogenesis has been studied most [60,90–101]. Different from other Nox isoforms, Nox 4 is constitutively active and is expressed by many types of non-phagocytic cells including epithelial, endothelial, macrophage, and fibroblasts. Nox4 protein has been found to be associated with different cell compartments including endoplasmic reticulum (ER) [94,102–104], perinuclear space [105], nucleus [94,100,106], and mitochondria [107–109]. A large body of literatures has shown that TGF- β induces Nox4 expression in various types of cells [80,91,93–101,110] and that Nox4-derived ROS mediate TGF- β 's fibrogenic effects, including fibroblast activation/myofibroblast differentiation [88,92,96,111–113], epithelial and endothelial cell apoptosis [80,91,98,114], epithelia–mesenchymal transition [101], and the expression of fibrotic/profibrotic genes [58,88,100,115]. An increase in Nox4 expression has also been detected in fibrotic diseases including idiopathic pulmonary fibrosis (IPF), which correlates with increased expression of myofibroblast marker, α -SMA, further supporting the role of Nox4 in fibrotic diseases [111,116–118].

Several pathways have been shown to be involved in the induction of Nox4 by TGF- β , including Smad pathway [92,93,101,111,119,120], PI3K pathway [95,119], MAPK pathways [112,114], and RhoA/ROCK pathway [61]. Hecker et al. showed that TGF- β 1 increased Nox4 expression with no effect on the expression of other Nox family members in human lung mesenchymal cells (hFLMCs) [111]. Treatment of hFLMCs with an inhibitor to TGF- β type I receptor (ALK-5) or transfection of cells with Smad3 siRNA almost completely blocked TGF- β -induced Nox4 expression and H₂O₂ production. In contrast, treatment of cells with inhibitors of p38/ERK/JNK MAPK pathways had no significant effect on TGF- β -induced Nox4 expression [111], suggesting that Smad pathway not MAPK pathway, mediates the induction of Nox4 by TGF- β in lung mesenchymal cells. Using similar strategies, Yeh and Bondi also showed that Smad3 pathways were involved in Nox4 induction by TGF- β in fibroblasts [92,120]. TGF- β induction of Nox4 in epithelial cells is also mediated through Smad pathway [101]. Boudreau et al. reported that TGF- β induced Nox4 expression and increased ROS production in human breast epithelial cells (MCF10A and MDA-MB-231); knockdown of Nox4 expression by siRNA or shRNA techniques significantly reduced TGF- β -induced ROS production and fibronectin mRNA expression [101]. Furthermore, they demonstrate that overexpression of constitutively

active Smad3 increased whereas treatment with dominant-negative Smad3 or Smad3 inhibitor, SIS3 suppressed TGF- β -induced Nox4 expression [101]. However, conflicting results have been reported regarding whether Nox4-derived ROS is involved in Smad activation in TGF- β signaling process. Bondi et al. showed that TGF- β induces Nox2 and Nox4 in kidney myofibroblasts [92]. Treatment of fibroblasts with Nox inhibitor diphenyleneiodonium (DPI) had no significant effect on TGF- β -induced Smad3 phosphorylation but reduced TGF- β -stimulated α -SMA and fibronectin expression. Moreover, they showed that inhibition of Smad3 with inhibitor SIS3 reduced Nox4 expression and activity as well as TGF- β -induced fibrotic responses. These data further support the notion that Smad3 functions upstream of Nox4 and also suggest that Nox-derived ROS is not involved in Smad activation [92]. In contrast with above finding, Cucoranu et al. reported that TGF- β 1 induced Nox4 in cardiac fibroblast; knockdown of Nox4 with Nox4siRNA blocked TGF- β -induced ROS production, α -SMA expression, and Smad2/3 phosphorylation, suggesting that Nox4-derived ROS mediate TGF- β 1-induced Smad2/3 activation cardiac fibroblasts [96].

PI3K pathway has also been shown to be involved in the induction of Nox4 by TGF- β [95,119], Michaeloudes et al. showed that TGF- β induced Nox4 but suppressed the expression of manganese-superoxide dismutase (Mn-SOD) and catalase, associated with an increase in ROS production and IL-6 expression in human airway smooth muscle cells [119]. Inhibition of Smad3 pathway by dominant negative technique or inhibition of PI3K pathway with LY294002 significantly reduced TGF- β 1-induced Nox4 mRNA expression in these cells, suggesting that both Smad3 and PI3K pathways are involved in Nox4 induction by TGF- β in these cells [119]. Ismail et al. showed that hypoxia induced TGF- β , insulin-like growth factor binding protein-3 (IGFBP-3), and Nox4 and promoted proliferation in human pulmonary artery smooth muscle cells; anti-TGF- β antibody, on the other hand, attenuated hypoxia-mediated induction of Nox4, IGFBP-3, and cell proliferation [95]. They also showed that inhibition of PI3K pathway, but not Smad pathway, attenuated hypoxia-induced Nox4 and IGFBP-3 expression as well as cell proliferation [95]. Their results suggest that TGF- β mediated hypoxia-induced Nox4 expression and cell proliferation in human pulmonary artery smooth muscle cells through activation of PI3K pathway [95]. Using a pharmaceutical inhibitor and shRNA/siRNA techniques, Tobar et al. reported that JNK pathway, but not Smad pathway, was involved in TGF- β -induced Nox4 expression in human breast stromal cells [112]. Interestingly, Caja et al. showed that TGF- β induced Nox4 in liver tumor cells only when the cells were treated with ERK inhibitor PD98059, suggesting that ERK pathway suppresses Nox4 expression in these cells [114]. Taken together, these data suggest that TGF- β induces Nox4 gene expression in different types of cells through different signaling pathways.

Emerging evidence suggests that there is crosstalk between mitochondria and NADPH oxidases: mitochondria-derived ROS contribute to the increase in NOX expression in response to TGF- β whereas NOX-generated ROS cause mitochondria dysfunction and increase mitochondrial ROS production [121–124]. It is reported that Nox4 expression is increased in mitochondria of aged mice; suppression of Nox4 expression with Nox4 shRNA decreases mitochondrial ROS level and improves mitochondrial function in vascular smooth muscle cells from aged mice, supporting the notion that a feed-forward relation between mitochondria and Nox4 in ROS production may underlie increased oxidative stress and cardiac dysfunction during aging [125]. Crosstalk between mitochondria and Nox enzyme has also been shown to mediate TGF- β 's profibrogenic effect. Jain et al. showed that TGF- β induced the expression of profibrogenic proteins including α -SMA and CTGF through increasing mitochondrial ROS whereas mitochondria

targeted antioxidant mitoQ not only suppressed TGF- β -induced expression of profibrotic genes but also the expression of Nox4 [85], suggesting a feed-forward interaction between mitochondria and Nox4 in TGF- β -induced ROS production.

3.3. Suppression of antioxidant system by TGF- β

Besides stimulation of ROS production, TGF- β can also induce redox imbalance by suppressing antioxidant system. Glutathione (GSH) is the most abundant intracellular free thiol and has multiple functions, including detoxification of electrophiles and synthesis of endogenous compounds such DNA. The most important function of GSH, however, is antioxidant defense. GSH can reduce hydrogen peroxide and lipid peroxides through GPx-catalyzed reactions and is also involved in reduction of oxidized protein thiols (cysteine residues) through glutaredoxin (Grx) catalyzed reactions. Importantly, GSH concentration decreases in various fibrotic diseases including cystic fibrosis [126,127], chronic obstructive pulmonary disease (COPD) [128], acute respiratory distress syndrome (ARDS) [129–133], IPF [134–140], sarcoidosis [141], and chronic liver diseases [142–148]. GSH concentration is also decreased in experimental fibrosis models induced by different stimuli [25,149–158]. Although the mechanism leading to GSH depletion in fibrotic diseases remains unclear, emerging evidence suggests that increased TGF- β may contribute to this effect [25,91,159–168]. De novo GSH synthesis is a two-step reaction catalyzed by glutamate cysteine ligase (GCL) and GSH synthase (GS). GCL is the rate limiting enzyme in de novo GSH synthesis and is composed of two subunits, the catalytically active heavy subunit (GCLC) and the modifier light subunit (GCLM). It has been reported that TGF- β suppresses the expression of GCLC genes and decreases GSH concentration in different types of cells in vitro [91,159–165,167,168]. In a previous study, we showed that administration of AdTGF- β ^{223/225}, an adenovirus expressing constitutively active TGF- β 1, suppressed the expression of both GCLC and GCLM mRNAs and proteins, inhibited the GCL activity, and reduced GSH level in mouse lung tissue [25]. This was associated with induction of activating transcription factor 3 (ATF3), a transcriptional repressor involved in the regulation of GCL [25,167]. A decreased GCL gene expression is also reported in fibrotic diseases [140,169]. Together, the data suggest that increased TGF- β expression may underlie the depletion of GSH observed in fibrotic diseases. As GSH is the most abundant intracellular free thiol and the ratio of GSH and glutathione disulfide (GSSG) determines cell redox status [170], a decrease in GSH concentration will lead to increased oxidative stress level or redox imbalance.

Superoxide, a highly reactive oxygen species, is generated under both physiological and pathological conditions, which is converted by superoxide dismutase (SOD) to hydrogen peroxide (H₂O₂) and then to H₂O by catalase, glutathione peroxidase (GPx) or peroxiredoxin (Prx). Besides H₂O₂, GPx and Prx can also reduce lipid peroxides. Thioredoxin (Trx) and glutaredoxin (Grx), on the other hand, are involved in maintenance of the redox status of protein thiols [171]. In addition to inhibition of GCL gene expression and therefore GSH biosynthesis, TGF- β also suppresses the expression/activity of other antioxidant enzymes including SOD, catalase, and Grx in different types of cells/tissues [83,91,119,172–174]. Extracellular superoxide dismutase (EC-SOD) is protective in several models of interstitial lung disease, including pulmonary fibrosis, and its expression is altered in the lung of IPF patient, although the underlying mechanism is unclear [175]. Cui et al. reported that TGF- β 1 suppressed EC-SOD in cultured fibroblasts in vitro and in mouse lung tissue in vivo; overexpression of EC-SOD in mouse lung by adenovirus mediated gene transfer technique, on the other hand, blocked latent TGF- β 1 activation and diminished subsequent fibrotic responses, suggesting an important role of

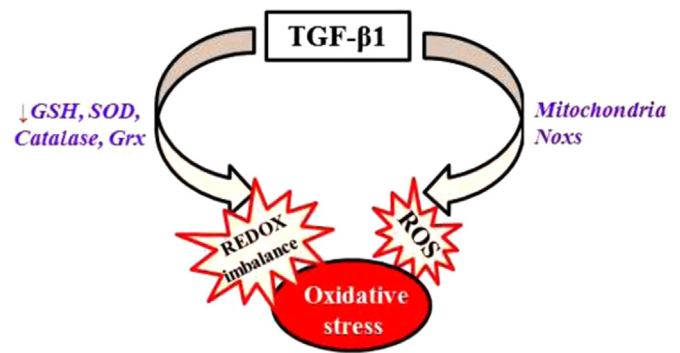


Fig. 1. TGF- β induces redox imbalance by increasing ROS production and suppressing antioxidant defense. TGF- β 1 increases ROS production by disrupting mitochondrial function and inducing ROS-generating enzymes NADPH oxidases (Noxs). TGF- β 1 also suppresses the expression of the enzymes involved in the antioxidant defense, including superoxide dismutase (SOD), catalase, glutaredoxin (Grx), and glutamate cysteine ligase, which leads to a decrease in GSH concentration.

EC-SOD in TGF- β -induced fibrogenesis [176]. In summary, TGF- β stimulates ROS production and suppresses antioxidant defense, leading to redox imbalance or oxidative stress (Fig. 1).

4. Redox regulation of TGF- β 1 activity and expression

TGF- β is synthesized and secreted into the extracellular space as a large latent complex containing mature dimeric TGF- β bound to latency-associated protein (LAP) and latent TGF- β -binding protein (LTBP) [50,177,178]. Release of TGF- β from LAP, a process called latent TGF- β activation, is required for the binding of TGF- β to its receptors. Multiple mechanisms have been proposed for the activation of latent TGF- β , including conformation changes induced by thrombospondin-1 [179,180], binding to integrins α v β 6 and α v β 8 [181,182], proteolytic cleavage of LAP by plasmin and matrix metalloproteinase [183–186], and oxidative modification of LAP or activation of MMPs, which then cleave LAP to release active TGF- β [89,187–192]. LAP is sensitive to oxidation and oxidized LAP loses its TGF- β binding capacity, leading to TGF- β activation. Oxidants have been shown to activate latent TGF- β directly through oxidation of LAP and indirectly through activation of MMPs such as MMP-2 and MMP-9, which in turn cleave LAP to release active TGF- β [89,188,192,193]. In vivo redox regulation of TGF- β activity was also demonstrated in a recent study [176]. Cui et al. reported that administration of AdTGF- β 1 suppressed the expression of ECSOD, which was associated with an increase in oxidative stress and TGF- β activation in rat lung tissue [176]. Concomitant administration of ECSOD expressing adenovirus AdECSOD, on the other hand, significantly reduced oxidative stress level and the amount of active TGF- β and attenuated AdTGF- β 1-induced lung fibrosis [176]. The results strongly suggest that TGF- β activity and expression is regulated by redox status in vivo. Interestingly, it has been reported that redox-mediated activation was restricted to the TGF- β 1 isoform [193]. Using site-specific mutation, a methionine residue at amino acid position 253 unique to LAP-TGF β 1 was identified to be critical for ROS-mediated activation of latent TGF- β 1 [193].

Besides directly activating latent TGF- β , numerous studies have shown that ROS/RNS also upregulate TGF- β gene expression in various types of cells [194–200]. In cultured human alveolar epithelial cells, xanthine/xanthine oxidase derived ROS increased TGF- β 1 production through a transcriptional mechanism whereas S-nitroso-N-acetyl-penicillamine generated RNS induced TGF- β 1 through translational mechanisms [201]. Exogenous H₂O₂ has been shown to induce the mRNA and protein expression of both

TGF- β 1 and TGF- β 2 in human umbilical vein endothelial cells (HUVECs) [199]. ROS generated endogenously in mitochondria or by NADPH oxidases have also been shown to induce TGF- β [196]. Shvedova et al. reported that mice deficient with gp91^{phox}, the prototype of NADPH oxidases, had reduced levels of TGF- β , compared to wild type mice, indicating that Nox-derived ROS are the major source of ROS for the induction of TGF- β [196]. A recent study further showed that mitochondria-originated ROS were responsible for TGF- β induction in an allergic asthma model induced by ovalbumin as mitochondria-targeted antioxidant (mitoTEMPO) significantly reduced ovalbumin-induced mitochondrial ROS and TGF- β expression [198]. The signaling pathway mediating TGF- β induction by ROS remains to be determined. Using small molecule inhibitor and siRNA technique, Lin et al. reported that ROS mediated hepatitis C virus-induced TGF- β 1 expression through activating p38/JNK/ERK and NF- κ B pathways in human hepatocellular carcinoma cells [197]. In summary, although numerous studies have demonstrated that ROS induce TGF- β gene expression the signaling pathway regulating ROS induction of TGF- β 1, however, remains poorly understood. In summary, redox imbalance due to increased ROS production and/or decreased antioxidant defense, in turn, can activate latent TGF- β 1 and also induce TGF- β 1 expression (Fig. 2), forming a vicious cycle.

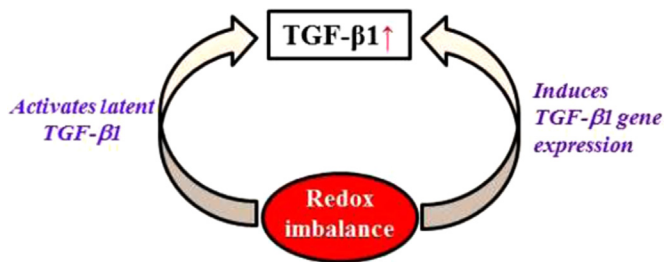


Fig. 2. Redox imbalance increases TGF- β 1 activity. Redox imbalance due to increased ROS and/or decreased antioxidants, in turn, activates latent TGF- β 1 and induces TGF- β 1 gene expression, leading to an increase in TGF- β 1 activity.

5. ROS mediate TGF- β -induced fibrotic responses

TGF- β promotes fibrosis through diverse mechanisms, including activation of resident fibroblasts, stimulation of apoptosis in epithelial and endothelial cells, induction of epithelial– or endothelial–mesenchymal transition, production of ECM matrix proteins, and suppressing ECM degradation. ROS have been shown to mediate many of TGF- β -induced profibrotic effects. In this section, we will mainly focus on the role of ROS in TGF- β -induced fibroblast activation/myofibroblast differentiation, epithelial apoptosis, epithelial–mesenchymal transition (EMT/EnMT), and the expression of profibrogenic mediator, plasminogen activator inhibitor 1 (PAI-1) as elucidated in Fig. 3.

5.1. TGF- β , ROS, and fibroblast activation/myofibroblast differentiation

Myofibroblasts are the major producers of extracellular matrix (ECM) and therefore are key players in fibrogenesis. Fibroblast activation/differentiation to myofibroblasts is a key in the initiation and progression of fibrosis and TGF- β plays a pivotal role in myofibroblast differentiation. A large body of literature show that ROS, generated in mitochondria or by NADPH oxidases, are essential for TGF- β -mediated myofibroblast differentiation under different pathological conditions [85,86,92,96,111,112,117,202]. Hecker et al. reported that knockdown of Nox4 with Nox4siRNA suppressed TGF- β 1-induced production of H₂O₂ and expression of α -SMA, collagen, and fibronectin, the markers of myofibroblasts, in

human fetal lung as well as IPF lung mesenchymal cells (hFLMCs) [111]. Most importantly, they showed that administration of diphenyleneiodonium (DPI), a Nox inhibitor, or Nox4 siRNA abrogated lung fibrosis in two murine lung fibrosis models. Their data support the notion that Nox4 induction is required for myofibroblast differentiation and the development of lung fibrosis [111]. Increased Nox4 expression has also been shown to mediate TGF- β -induced activation of fibroblasts from kidney, nasal polyps, liver, and heart [92,96,118,202–204], although Nox4 was found to function upstream of Smad in cardiac fibroblasts [96] but downstream of Smad in human lung mesenchymal cells and nasal polyps [92,111]. Mitochondria-derived ROS are also involved in TGF- β -induced myofibroblast differentiation [85]. Interestingly, it was reported that mitochondria derived ROS mediated TGF- β -induced myofibroblast differentiation in human lung fibroblasts through inducing Nox4 as inhibition of mitochondrial ROS by mitochondrial targeted antioxidant suppressed TGF- β -induced Nox4 expression and myofibroblast differentiation [85]. Nonetheless, although it has been well documented that ROS mediate TGF- β -induced myofibroblast differentiation, the molecular mechanisms or signaling pathways whereby ROS mediate the phenotype transition remain unclear.

Increased resistance of myofibroblasts to apoptosis is evident in IPF [117,205,206] and in experimental lung fibrosis models [117,207]. It is therefore believed that increased apoptosis resistance underlies the sustained myofibroblast activation observed in fibrotic tissues. The mechanism underlying increased resistance of myofibroblasts to apoptosis is unknown. Hecker et al. have reported that aged mice have impaired resolution of fibrosis upon bleomycin challenge, which is associated with the acquisition of senescent and apoptosis-resistant phenotype of fibroblasts [117]. They further show that Nox4 expression is increased in IPF lung myofibroblasts whereas Nrf2-mediated antioxidant response declined in lung fibroblasts isolated from aged mice, associated with senescence and apoptosis resistance phenotype [117]. Most importantly, they show that knockdown of Nox4 with siRNA reverses the aging-related senescence and apoptosis resistance phenotype of fibroblasts [117]. Their results suggest that redox imbalance resulting from elevated expression of Nox4 and an impaired Nrf2 antioxidant response underlies the acquisition of senescence and apoptosis resistance phenotypes in myofibroblasts from old mouse lung and IPF patient [117]. Nonetheless, although increasing evidence indicates that redox imbalance renders myofibroblasts resistance to apoptosis, the underlying mechanisms mediating the ROS effect is unknown.

5.2. TGF- β , ROS, and epithelial apoptosis

TGF- β affects diverse cellular processes including cell proliferation, differentiation, senescence, and apoptosis, depending on cell types. Epithelium apoptosis is juxtaposed with fibrosis and is believed to contribute importantly to fibrogenesis induced by different stimuli in different organs. Apoptosis of type II alveolar epithelial cells is evident in fibrotic lung diseases including IPF and in experimental fibrosis model [117,205,206,208–214]. Studies have demonstrated that epithelial apoptosis precedes and is required for TGF- β -induced lung fibrosis [20]. Lee et al. reported that overexpression of TGF- β 1 in the lung of the inducible TGF- β triple transgenic mice led to a transient wave of epithelial apoptosis that was followed by inflammation and lung fibrosis [20]. Knockout of the early growth response gene (Egr-1) or administration of a caspase inhibitor (Z-VAD-fmk) significantly reduced TGF- β -induced epithelial apoptosis as well as lung fibrosis [20]. Their studies suggest strongly that epithelial apoptosis precede and is required for TGF- β -induced lung fibrosis. Studies from other labs further show that TGF- β induces senescence [81–83,85,87] and

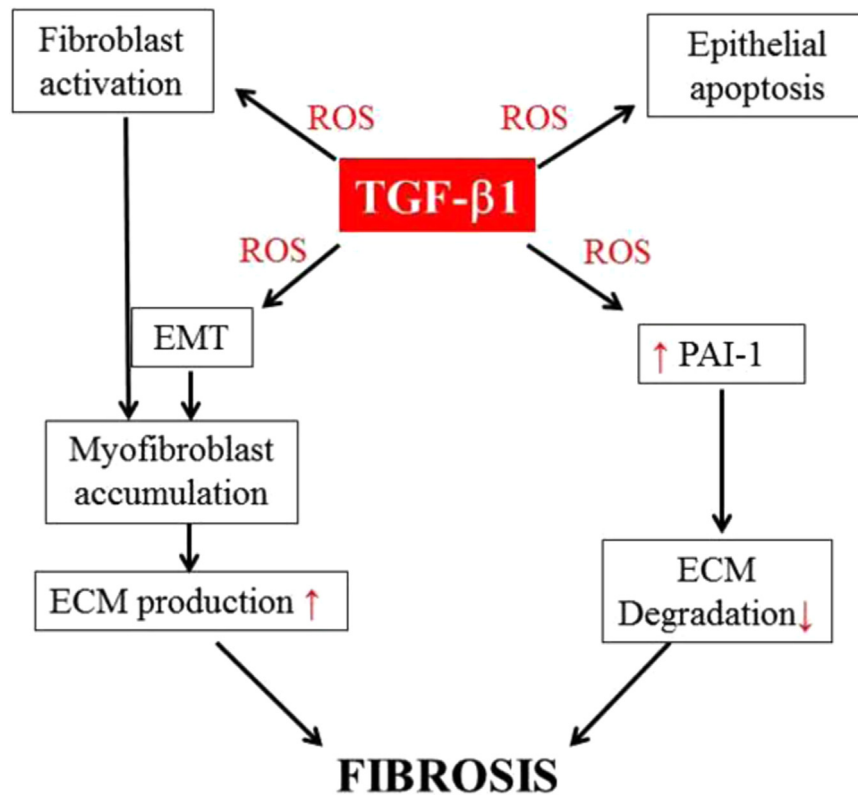


Fig. 3. ROS mediate many of TGF- β 1's profibrogenic effects. ROS mediate TGF- β 1-induced myofibroblast differentiation, epithelial apoptosis, epithelial–mesenchymal transition (EMT), and the expression of profibrogenic mediators including PAI-1, which suppresses ECM degradation. By inducing myofibroblast differentiation and thereby ECM production and by suppressing ECM degradation through inducing PAI-1, TGF- β 1 promotes ECM accumulation, fibrosis.

apoptosis [76–80,91] of epithelial cells *in vitro*; blocking ROS production from mitochondria or NADPH oxidases attenuated TGF- β -induced cell senescence or apoptosis, suggesting an important role of ROS in TGF- β mediated epithelial senescence or apoptosis. In a previous study, we showed that intranasal instillation of TGF- β expressing adenovirus (AdTGF- β ^{223/225}) suppressed the expression of GCL and reduced lung GSH, which was associated with increased lipid peroxidation and epithelial apoptosis as well as massive lung fibrosis in mice [25]. These data further support the notion that TGF- β induces redox imbalance *in vivo*, which underlies TGF- β -induced epithelial apoptosis and lung fibrosis.

5.3. ROS mediate TGF-induced epithelial–mesenchymal transition

Epithelial–mesenchymal transition (EMT/EnMT), a process characterized by the loss of epithelial characteristics and the acquisition of mesenchymal phenotype, is important in normal embryonic development and is also co-opted in the pathogenesis of diseases including cancer and fibrosis. EMT is believed to be an important source of myofibroblasts during development of fibrosis in different organs [215–226]. TGF- β is the most potent inducer of EMT and can induce EMT in epithelial cells from different organs *in vitro* and *in vivo* [84,90,101,218,219,227–230]. Signaling pathways including Smad, MAPK, and PI3K pathways are involved in the induction of EMT by TGF- β [231,232]. Importantly, ROS generated from different sources, including mitochondria and NOXs, have been shown to mediate TGF- β -induced EMT in the settings of cancer and fibrosis [84,90,101,229,233]. Hirage et al. reported that TGF- β induces Nox4 whereas Nox4 inhibitor DPI or siRNA blocked TGF- β -induced EMT in pancreatic cancer cells [233]. They further show that protein tyrosine phosphatase 1B (PTP1B) serves as a redox sensor in TGF- β -induced Nox4/ROS-mediated EMT in these

tumor cells [233]. Nox4 has also been shown to mediate TGF- β -induced EMT in human breast epithelial cells [101]. Kim and Cho showed, on the other hand, that TGF- β induced Nox2, which was responsible for the increase in ROS and the induction of epithelial–mesenchymal transition in HeLa cells [90]. They further identified a new EMT regulator YB-1 as a downstream target in ROS-induced EMT [90]. Mitochondria derived ROS have also been shown to mediate TGF- β -induced EMT in mouse mammary epithelial cells through a mitochondrial thioredoxin sensitive mechanism [84]. Evidence linking ROS to TGF- β -induced EMT in the context of fibrosis is also bounty [228,234–237]. Rhyu et al. showed that TGF- β increased ROS production and induced EMT in renal tubular epithelial cells whereas inhibitors of NOX (DPI and apocynin), mitochondria, and ERK MAPK blocked TGF- β -induced ROS production and/or EMT. Their data suggest that ROS play an important role in TGF- β 1-induced EMT primarily through activation of MAPK in proximal tubular epithelial cells [228]. Felton et al. reported that TGF- β 1 decreases intracellular GSH, increases ROS production, and induces EMT in rat alveolar type II cells (RLE-6TN and primary); N-acetylcysteine (NAC), GSH monoethyl ester reversed these effects induced by TGF- β 1 [234]. They concluded that NAC prevents TGF- β -induced EMT *in vitro* at least in part through replenishment of intracellular GSH stores and suppression of TGF- β -induced intracellular ROS generation [234]. Nox4 derived ROS have also been shown to mediate TGF- β -induced EMT in renal tubular epithelial cells [236,237]. Most interestingly, Lee et al. showed that metformin, an AMP-activated protein kinase (AMPK) activator that has been used in clinics for the treatment of diabetes, and 5-aminoimidazole-4-carboxamide-1 β riboside (AICAR), another AMPK activator suppressed TGF- β -induced EMT through inhibition of ROS production, suggesting the potential therapeutic value of metformin for fibrosis by inhibition of ROS-mediated pathogenesis [236].

5.4. TGF- β -mediated redox regulation of plasminogen activator inhibitor 1 gene expression

ROS have been shown to mediate the induction of many matrix structural proteins and pro-fibrotic mediators by TGF- β 1. In this section, we will focus on one of these proteins, PAI-1. PAI-1 is a primary inhibitor of urokinase-type and tissue-type plasminogen activators (uPA and tPA, respectively). The primary function of PAI-1 is inhibition of fibrinolysis (hemostasis) through inhibition of tPA and uPA and thereby activation of the zymogen plasminogen. Besides breaking down fibrin, plasmin is also involved in the degradation of extracellular matrix (ECM) proteins directly or indirectly through activation of matrix metalloproteinases (MMPs). Therefore, PAI-1 is believed to play a role in the development of fibrosis through inhibition of plasminogen activation and thus ECM degradation. PAI-1 expression is increased in many fibrotic diseases including IPF [238–243] and in experimental fibrosis models [244,245]. Knockout of the PAI-1 gene or administration of PAI-1 siRNA attenuates, whereas overexpression of PAI-1 protein enhances, fibrotic responses induced by different stimuli [26,53,54,168,207,242,246–248]. In a previous study, we showed that inhibition of PAI-1 with a small molecule PAI-1 inhibitor attenuated TGF- β 1-induced lung fibrosis in mice and the fibrotic responses in cultured lung fibroblasts [26]. In a recent study, we further showed that PAI-1 expression is increased with age in mouse lung tissue and lung fibroblasts, which was associated with increased apoptosis resistance of lung fibroblasts and increased sensitivity of old mice to bleomycin-induced lung fibrosis [207]. Inhibition of PAI-1 activity with a small molecule PAI-1 inhibitor or knockdown of PAI-1 protein with PAI-1 siRNA restored the sensitivity of lung fibroblasts from old mice to apoptosis [207]. Together, the data suggest that PAI-1 plays a critical role in the development of lung fibrosis, although the underlying mechanism is under debating.

Many cytokines and chemokines as well as growth factors induce PAI-1 and TGF- β is considered to be the most potent inducer. TGF- β induces PAI-1 gene expression in various types of cells in vitro and in vivo and an elevated PAI-1 level is also associated with increased TGF- β expression and ECM deposition in diverse pathological conditions, indicating a critical role of PAI-1 in TGF- β fibrogenesis [26,53,54,100,249–254]. Both Smad dependent and independent pathways are involved in TGF- β induction of PAI-1 [255–257]. Importantly, ROS have been shown to function as signaling molecules mediating TGF- β -induced PAI-1 expression in many of cell types [53,54,100,254,257–259]. GSH is the most abundant intracellular free thiol and an important antioxidant. Depletion of intracellular GSH leads to increased basal as well as TGF- β 1 or H₂O₂-induced PAI-1 expression whereas treatment with N-acetylcysteine (NAC), a GSH precursor, suppresses TGF- β -induced PAI-1 expression in kidney mesangial cells [258]. Our previous studies have also shown that treatment with exogenous GSH or GSH ester suppresses TGF- β 1-induced PAI-1 promoter activity, PAI-1 mRNA and protein expression in murine embryo fibroblasts (NIH3T3 cells) through inhibition of JNK and p38, but not Smad, pathways [53,54]. GSH treatment also reduces ROS level and restores tPA activity as well as collagen degradation capacity in TGF- β treated NIH3T3 cells [54]. Tubulointerstitial fibrosis is a major feature of several chronic renal diseases and TGF- β is the key inducer of tubulointerstitial fibrosis. A critical role of PAI-1 in the development of kidney fibrosis has been well demonstrated by using mutant non-inhibitory PAI-1 protein [260–262]. Importantly, studies have shown that ROS are essential for TGF- β -mediated induction of PAI-1 in renal tubular epithelial cells or mesangial cells through activation of ERK and p38 MAPK pathways [258,263].

Although it has been well documented that ROS mediate TGF- β -induced PAI-1 expression through activation of MAPK pathways, the redox sensitive target(s) remain(s) unclear. Samarakoon et al.

reported that TGF- β induces PAI-1 in vascular smooth muscle cells (VSMCs) through two distinct pathways [264]. One of the pathways involves phosphorylation of epithelial growth factor receptor (EGFR) on Y845, a Src kinase target residue, which leads to activation of ERK1/2 and then induction PAI-1 [264]. Another pathway is through activation of RhoA-ROCK, which in turn phosphorylates Smad2 and thus induces PAI-1 [264]. MAPKs are activated by phosphorylation of threonine and tyrosine residues by MAPK kinases, which, in turn, are phosphorylated and activated by MAPK kinase kinases. Activated MAPKs, on the other hand, can be inactivated by serine/threonine specific MAPK phosphatase (SS-MKPs), tyrosine-specific MAPK phosphatases (TS-MKPs), or dual-specific MAPK phosphatases (DS-MKPs). Many of MAPK phosphatases (MKPs), especially DS-MKPs, contain a redox sensitive cysteine motif in their active sites and are sensitive to oxidative inactivation by ROS/RNS. Our previous study showed that TGF- β 1 increased the expression and activity of Nox4 in the nucleus of mouse and human fibroblasts, which was associated with increased nuclear ROS production [100]. Most interestingly, we showed that increased nuclear ROS led to thiol modifications and inhibition of a nuclear DS-MKP, MKP-1 [100]. Knockdown of MKP-1 expression with MKP-1 siRNA enhanced TGF- β 1-induced JNK/p38 phosphorylation and PAI-1 expression whereas knockdown of Nox4 expression reduced TGF- β 1-stimulated nuclear ROS production, p38 phosphorylation, and PAI-1 expression. These data reveal a novel mechanism whereby ROS modulate TGF- β signaling and PAI-1 expression [100].

6. In summary

TGF- β , the most potent profibrogenic cytokine, increases ROS production and suppresses antioxidant system. ROS in turn activate/induce TGF- β and mediate many of TGF- β 's profibrogenic effects, including fibroblast activation, epithelial/endothelial apoptosis, EMT, and synthesis of profibrogenic mediator such as PAI-1. Therapeutic targeting of TGF- β -mediated ROS production may provide beneficial effect for the treatment of fibrotic diseases.

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