

Open Sesame: How Transition Fibers and the Transition Zone Control Ciliary Composition

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Cilia are plasma membrane protrusions that act as cellular propellers or antennae. To perform these functions, cilia must maintain a composition distinct from those of the contiguous cytosol and plasma membrane. The specialized composition of the cilium depends on the ciliary gate, the region at the ciliary base separating the cilium from the rest of the cell. The ciliary gate's main structural features are electron dense struts connecting microtubules to the adjacent membrane. These structures include the transition fibers, which connect the distal basal body to the base of the ciliary membrane, and the Y-links, which connect the proximal axoneme and ciliary membrane within the transition zone. Both transition fibers and Y-links form early during ciliogenesis and play key roles in ciliary assembly and trafficking. Accordingly, many human ciliopathies are caused by mutations that perturb ciliary gate function.

Cilia are born from the docking of a mother centriole to a membrane. The interaction of centriole and membrane depends on the centriolar distal appendages, whose tips anchor to the membrane. In the context of ciliogenesis, these membrane-anchored distal appendages are often referred to as transition fibers (TFs) (Fig. 1). After this early ciliogenic step, the nine concentric microtubule triplets in the centriole, now referred to as the basal body, act as templates onto which the nine axonemal microtubule doublets are constructed. Because axoneme growth and disassembly occur only at its distal tip, the basal-most axoneme is the first

to form. This proximal region of the cilium, known as the transition zone (TZ), begins at the distal end of the basal body and is defined by the presence of Y-links, bifid fibers connecting each TZ microtubule doublet to the adjacent membrane (Fig. 1). Perhaps because of their tethering to microtubules, ciliary gate membranes are particularly resistant to detergent extraction and harbor specialized proteinaceous structures like the ciliary necklace (Fig. 1) (Gilula and Satir 1972; Horst et al. 1987).

The ciliary gate sits at the juncture between the basal body and axoneme, between the plas-

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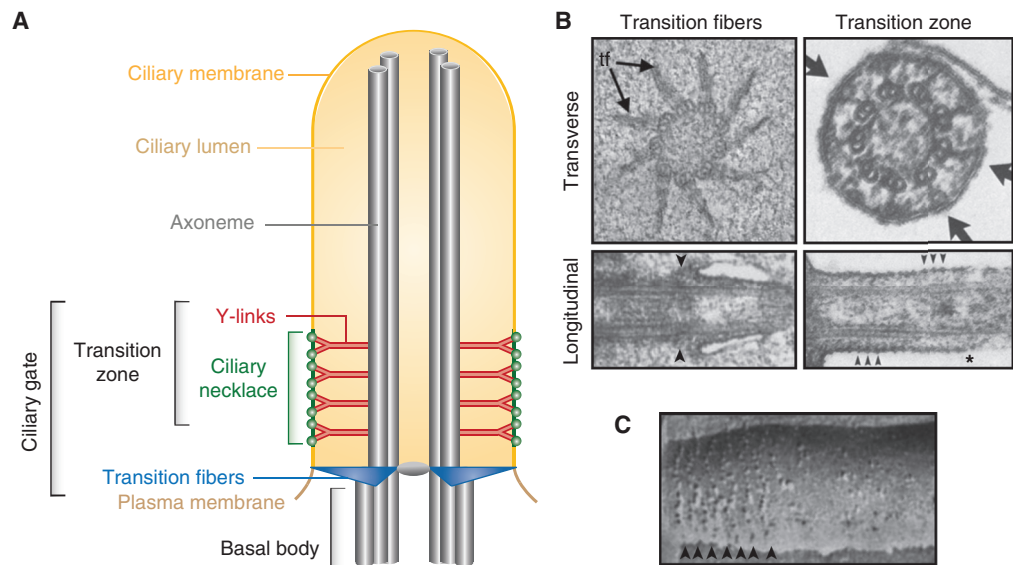


Figure 1. Ultrastructure of the ciliary gate. (A) Schematic showing the different parts of a cilium, with emphasis on the ciliary gate comprised by the transition fibers and the transition zone. (From Reiter et al. 2012; adapted, with permission, from the authors.) (B) Electron microscopic images of the transition fibers and transition zone. *Left* panels show transition fibers in transverse. (*Top*, from O'Toole et al. 2003; adapted, with permission, from the American Society for Cell Biology © 2003; and longitudinal [*bottom*] views from Tateishi et al. 2013; reprinted under a Creative Commons License [Attribution–Noncommercial–Share Alike 3.0 Unported license, as described at creativecommons.org/licenses/by-nc-sa/3.0/].) Arrows point to transition fibers (tf). *Right* panels show transverse and longitudinal views of transition zones from rat photoreceptor connecting cilia (From data in Horst et al. 1987; adapted, with permission, from the authors.) Arrows point to Y-links. Asterisk marks the distal end of the transition zone (TZ). (C) Freeze-fracture etching of the ciliary necklace of a rat tracheal cilium. (Image adapted from data in Gilula and Satir 1972.) Arrowheads point to beads in the ciliary necklace.

ma membrane and ciliary membrane, and between the cytosol and ciliary lumen (Fig. 1), and thus is in a position to regulate proteins entering and exiting the cilium. A decade ago, little was known about this region other than its ultrastructure. The last 10 years, however, have changed that: proteomes and interactomes of the ciliary gate and several of its components have been generated, superresolution microscopy has helped localize several gate components, loss of function genetic studies have elucidated functional modules, and many ciliary gate genes have been linked to specific human ciliopathies. We are now at the point where an integrated understanding of how the ciliary gate controls ciliary composition can be anticipated. Below, we review the architecture, composition, function, and disease involvement of each ciliary

gate region. We conclude by identifying outstanding questions in the field.

TRANSITION FIBERS

Transition Fiber Architecture

Basal bodies start their lives as mother centrioles, distinguished from daughter centrioles by the distal appendages through which they dock to the vesicles that are eventually remodeled into the ciliary membrane (Sorokin 1962; Lu et al. 2015). When associated with the ciliary membrane or its precursors, centriolar distal appendages are referred to as transition fibers (TFs) or alar sheets. Although the former term has gained general acceptance, the latter is evocative of their shape: wing-like trapezoidal sheets



(Anderson 1972). There are nine TFs, each of which emerges from the distal portion of the C-tubule of the basal body and ends at an electron dense knob at the most proximal ciliary membrane (Fig. 1) (Gibbons and Grimstone 1960; Ringo 1967). Cross sections suggest that there is ~60 nm between adjacent TFs, enough so that a ribosome, but not a vesicle, might pass between them (Nachury et al. 2010). Because the basal body lumen is obstructed by centrin-2-containing electron dense structures (Fisch and Dupuis-Williams 2011), these spaces between TFs are likely to be the main passageways for macromolecules entering and exiting the cilium.

The TF is comprised of at least five proteins (Graser et al. 2007; Sillibourne et al. 2011; Joo et al. 2013; Tanos et al. 2013). Hierarchical localization analysis shows that Cep83 (also called Ccdc41) is required for the localization of Cep89 (also called Ccdc123 or Cep123) and Sct1, and the latter is required for localizing Fbfl and Cep164 (Tanos et al. 2013). Many of these core TF components are required for basal body docking to a membrane and ciliogenesis (Schmidt et al. 2012; Tanos et al. 2013; Joo et al. 2013; Tateishi et al. 2013; Burke et al. 2014; Ye et al. 2014). Another protein, Chibby (Cby1), is recruited to TFs by Cep164 and extends toward the proximal TZ, but is dispensable for at least some forms of ciliogenesis (Voronina et al. 2009; Burke et al. 2014; Lee et al. 2014). In turn, TF localization of all the above proteins requires components of the distal centriole, including Odf1 and C2cd3, two proteins that, despite their shared role in building the distal appendages, exert opposite effects on centriole length (Singla et al. 2010; Thauvin-Robinet et al. 2014; Ye et al. 2014), and Odf2 (Cenexin), a Cby1 interactor required for the formation of both distal and subdistal centriolar appendages (Ishikawa et al. 2005; Steere et al. 2012; Tateishi et al. 2013). Superresolution microscopy confirms the localization of the above proteins to the TFs, and suggests that Cep89 and Cep164 localize along the length of TFs (Fig. 2A) (Sillibourne et al. 2011; Tanos et al. 2013; Lee et al. 2014; Yang et al. 2015). Despite these advances, how different TF components are spatially ar-

ranged to give rise to these structures remains to be determined.

Transition Fiber Functions

An early step in ciliogenesis is the recruitment of small vesicles to the distal appendages of a mother centriole, the distal appendage vesicles (DAVs). The DAVs fuse to form a larger ciliary vesicle that caps the distal centriole in a process that depends on EHD1 and EHD3 (Lu et al. 2015). Expansion of this ciliary vesicle gives rise to the ciliary membrane, which is assembled in parallel with the axoneme. Axoneme outgrowth is associated with removal from the distal mother centriole of CP110, a protein with both positive and negative roles in early ciliogenesis (Spektor et al. 2007; Tsang et al. 2008; Kobayashi et al. 2011; Yadav et al. 2016). Axoneme formation also involves the construction of the TZ and recruitment of intraflagellar transport (IFT) particles, the microtubule motor-driven complexes that mediate ciliary transport and assembly (Lu et al. 2015).

Disrupting distal appendage formation or function (e.g., interfering with Odf1, C2cd3, Odf2, Cep164, or Cep83) blocks ciliogenesis and, in all cases where it has been examined, prevents DAV formation (Singla et al. 2010; Schmidt et al. 2012; Joo et al. 2013; Tanos et al. 2013; Tateishi et al. 2013; Burke et al. 2014; Thauvin-Robinet et al. 2014; Ye et al. 2014). Moreover, TFs are essential to remove CP110 from the distal centriole and recruit TZ and IFT proteins to the ciliary base (Deane et al. 2001; Schmidt et al. 2012; Joo et al. 2013; Tanos et al. 2013; Čajánek and Nigg 2014; Ye et al. 2014).

Cep164 is a key TF component that promotes ciliogenesis through several mechanisms. First, facilitated by Cby1, Cep164 interacts with Rabin8 to activate Rab8 and promote growth of the ciliary membrane (Knödler et al. 2010; Westlake et al. 2011; Feng et al. 2012; Schmidt et al. 2012; Burke et al. 2014; Lu et al. 2015). Second, Cep164 triggers axoneme extension by recruiting Tau tubulin kinase 2 (Ttbk2) (Goetz et al. 2012; Čajánek and Nigg 2014). For Cep164 to recruit Ttbk2, the phosphoinositide PI(4)P,



which binds to Cep164 and inhibits its interaction with Ttbk2, must first be depleted near the centriole by the PI(4)P 5-kinase PIPKIγ (Xu et al. 2016). Successful Ttbk2 recruitment by Cep164 leads to the removal of CP110 from the distal centriole and the recruitment of IFT components to TFs (Goetz et al. 2012; Čajánek and Nigg 2014). In the absence of Cep164, IFT-B component IFT88 is not recruited to the basal body, preventing ciliogenesis (Schmidt et al. 2012; Čajánek and Nigg 2014). Besides Cep164, other TF proteins also participate in recruiting IFT particles. For example, Fbfl and Cep83 both bind IFT-B proteins (IFT54 and IFT20, respectively), help recruit them to the TFs, and participate in their crossing into the cilium (Wei et al. 2013; Ye et al. 2014). TF proteins are also needed to recruit TZ proteins to the forming cilium (Schmidt et al. 2012; Tanos et al. 2013; Lu et al. 2015).

Complementing their roles in ciliogenesis, TFs also function in regulating protein trafficking to mature cilia. For example, their role as docking stations for IFT particles en route to cilia holds true both during ciliogenesis and after cilia are constructed (Deane et al. 2001; Wei et al. 2013). Likewise, Inpp5e, a lipid-modified phosphoinositide phosphatase involved in both ciliogenesis and ciliary trafficking, is recruited to the ciliary base by interacting with Cep164 (Humbert et al. 2012; Chávez et al. 2015; Garcia-Gonzalo et al. 2015; Xu et al. 2016).

Thus, TFs recruit a variety of proteins bound for the cilium, but whether TFs actively promote the movement of these proteins through the ciliary gate is unclear. The entry of IFT particles into cilia is not constant: larger amounts of IFT proteins enter the cilium after longer periods of accumulation at the ciliary base, a behavior similar to that of avalanches (Ludington et al. 2013). Whether this avalanche-like behavior depends on accumulation of IFT particles on the TFs remains unclear. TFs (or the spaces between them) might also play a role in the size-dependent entry of soluble proteins into cilia (Kee et al. 2012; Breslow et al. 2013; Lin et al. 2013). The TFs and TZ are good candidates for imparting sieve-like properties to the ciliary gate, but whether either or both do so

is unclear. While the trafficking of soluble proteins across the ciliary gate will be described more fully below, TFs affect this process by performing critical roles in both ciliogenesis and protein recruitment to the ciliary base.

TRANSITION ZONE

Transition Zone Architecture

Distal to the TFs, the axoneme becomes closely apposed to the ciliary membrane. This apposition is at least partly mediated by Y-links connecting each microtubule doublet of the axoneme to the ciliary membrane (Fig. 1) (Williams et al. 2011; Jensen et al. 2015). In transverse cross sections, Y-links appear as Y-shaped fibers with one end attached to the interface between the A and B tubules, and the other two ends docked to the ciliary membrane (Fig. 1). In three dimensions, Y-links were proposed to resemble individual champagne glasses, and more recent electron tomographic reconstructions of *Caenorhabditis elegans* Y-links indicate that they form continuous sheets spanning the entire TZ length (Gilula and Satir 1972; Schouteden et al. 2015; Lambacher et al. 2016). Freeze-fracture electron microscopy of the transition zone membrane reveals circumferential bead-like intramembranous particles collectively resembling a necklace (Fig. 1) (Gilula and Satir 1972). In longitudinal sections, the lipid bilayer contacting the Y-links contains similar beads, suggesting that the ciliary necklace is physically associated with the outermost portion of the Y-links (Horst et al. 1987). The necklace need not consist of a single ring of beads: strand number appears to vary with cilia type, ranging from one in some fibroblasts to around 40 in retinal rod cells, whose connecting cilium constitutes an extended TZ (Horst et al. 1987; Fisch and Dupuis-Williams 2011). Necklace strand number correlates with the proximodistal extent of the Y-link region, further suggesting that there is an intimate connection between the two (Fisch and Dupuis-Williams 2011). However, the precise relationship between individual Y-links and necklace beads remains unclear, as is the question of whether necklace strands are separate stacked rings or

turns of a single spiral spanning the TZ (Reiter et al. 2012; Lambacher et al. 2016).

Many TZ proteins have been identified, most of which have been linked to ciliopathies. Several interactome studies have identified two biochemically distinct TZ protein complexes (Chih et al. 2011; Dowdle et al. 2011; Garcia-Gonzalo et al. 2011; Sang et al. 2011; Roberson et al. 2015). One of these, the NPHP complex, is mostly involved in the ciliopathy nephronophthisis (NPHP) and includes Nphp1, Nphp4, and Rpgrip11 (Mollet et al. 2005; Arts et al. 2007; Sang et al. 2011). A second complex, involved mostly in Meckel (MKS) and Joubert (JBTS) syndromes and referred to as the MKS complex, includes the three Tectonic proteins (Tctn1, 2, 3), the three B9 domain proteins (Mks1, B9d1, B9d2), the coiled-coil proteins Cc2d2a and Cep290, Ahi1 and the transmembrane proteins Tmem67, Tmem216, Tmem17, Tmem231, Tmem107, and possibly others such as Tmem237 and Tmem218 (Chih et al. 2011; Garcia-Gonzalo et al. 2011; Huang et al. 2011; Sang et al. 2011; Christopher et al. 2012; Barker et al. 2014; Roberson et al. 2015; Lambacher et al. 2016; Li et al. 2016; Shylo et al. 2016).

The MKS and NPHP complexes interact with each other through a network of looser connections (Fig. 3). An important hub in this network is Cep290, which is part of the MKS complex but also binds Nphp5, a basal body and TZ protein that associates with two NPHP complex components (Schäfer et al. 2008; Sang et al. 2011; Barbelanne et al. 2013; Barbelanne et al. 2015; Gupta et al. 2015). Inversin is another such hub, linking the MKS and NPHP complexes to the inversin/Nphp3/Nek8/Anks6/Anks3 complex (Sang et al. 2011; Hoff et al. 2013; Leettola et al. 2014; Czarnecki et al. 2015; Yakulov et al. 2015). Nevertheless, because this latter complex mostly localizes to the inversin compartment, immediately distal from the TZ, it is likely that some of these interactions occur at different times or involve different pools of the same protein (Shiba et al. 2009, 2010; Sang et al. 2011; Czarnecki et al. 2015).

Additional candidate TZ components identified in a proteomic analysis of isolated

Chlamydomonas TZs include several endosomal sorting complex required for transport (ESCRT) proteins (Diener et al. 2015). Because ESCRT proteins mediate vesicle budding from the cell surface in other contexts, they may perform a similar role in cilia (Olmos and Carlton 2016). Consistently, cilia shed extracellular vesicles that, at least in *Chlamydomonas*, play functionally important roles (Hogan et al. 2009; Bakeberg et al. 2011; Wood et al. 2013; Maguire et al. 2015). ESCRT proteins also mediate the shedding of midbodies during cytokinesis, a process that topologically resembles autotomy, the shedding of *Chlamydomonas* flagella through microtubule severing at the TZ (Quarmany 2004; Olmos and Carlton 2016).

Other proteins and lipids may cooperate with the established TZ complexes. For example, septins 2 and 7, and possibly others, are part of a ring at or near the TZ that regulates protein access to cilia (Hu et al. 2010; Kim et al. 2010; Fliegauf et al. 2014). In addition to a distinct protein composition, the TZ domain may also have a distinct lipid composition: the phosphoinositide lipid PI(4,5)P₂ is restricted to the proximal ciliary membrane by the ciliary enzyme Inpp5e (Chávez et al. 2015; Garcia-Gonzalo et al. 2015; Jensen et al. 2015).

Biochemical and genetic approaches have been useful for identifying TZ complexes and their functions, and now superresolution microscopy is beginning to elucidate how they are organized to explain how the TZ controls ciliary composition (Fig. 2B-F) (Lee et al. 2014; Yang et al. 2015; Lambacher et al. 2016). For example, one form of superresolution microscopy, stimulated emission depletion (STED) microscopy, has shown that MKS (Tmem67, Ahi1) and NPHP (Rpgrip11) complex proteins comprise discontinuous rings transverse to the ciliary axis with a pattern and diameter consistent with ciliary necklace localization (Fig. 2C) (Lee et al. 2014; Lambacher et al. 2016). Along the ciliary axis, MKS (Tctn2, Tmem67, Mks1) and NPHP (Rpgrip11) complex proteins localize at the same level, 100–200 nm above the basal body in RPE-1 cells, matching the location of Y-links and ciliary necklace defined by electron microscopy (Fig.

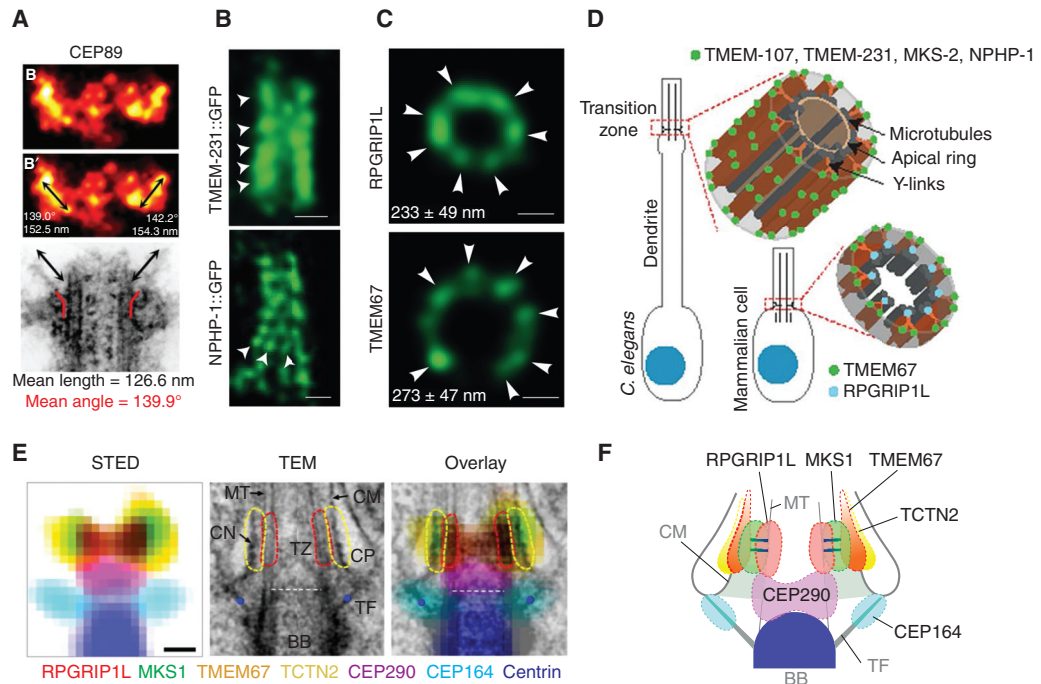


Figure 2. Superresolution microscopy of the ciliary gate. (A) Lateral view of Cep89 localizing to centriolar distal appendages, as observed using photoactivated localization microscopy (PALM). A comparable electron microscopic image is shown at the bottom. Black arrows indicate distal appendages. Red lines indicate the angle at which distal appendages emerge from the centriole. (From Sillibourne et al. 2011; adapted, with permission, from John Wiley and Sons © 2011.) (B) Longitudinal views of *Caenorhabditis elegans* sensory cilia transition zones with the indicated proteins localized using stimulated emission depletion (STED) microscopy. Arrowheads indicate axial and radial periodicity of TMEM-231::GFP and NPHP-1::GFP, respectively. Scale bars, 200 nm. (Panel B is from Lambacher et al. 2016; adapted, with permission, from Nature Publishing Group © 2015.) (C) Transverse STED images of cilia from human renal proximal tubule epithelial cells (RPTECs) stained for the indicated proteins. Arrowheads indicate radial periodicity. Ring diameters indicated in each image. Scale bars, 100 nm. (Panel C is from Lambacher et al. 2016; adapted, with permission, from Nature Publishing Group © 2015.) (D) Schematic of transition zone (TZ) protein localization in nematode and mammalian cilia. (Panel D is from Lambacher et al. 2016; adapted, with permission, from Nature Publishing Group © 2015.) (E) Summary of STED data from human retinal pigment epithelium (RPE) cell cilia. *Left* panel shows overlaid STED signals, colored as indicated. The *center* panel shows an electron microscopic image for reference in which ciliary gate structures are indicated. The *right* panel shows merge. Scale bar, 200 nm. (F) Schematic of the data shown in E. (Images E and F are from Yang et al. 2015; reprinted courtesy of Nature Publishing Group under Creative Commons CC-BY Licensing.) MT, Microtubule; CN, ciliary necklace; TE, transition fiber; CP, ciliary pocket; CM, ciliary membrane; BB, basal body.

2E–F) (Yang et al. 2015). As expected, given their transmembrane domains, Tctn2 and Tmem67 rings have the same diameter as that of the ciliary membrane, whereas Mks1, which can bind lipids (our unpublished data), has a slightly smaller diameter. The Rpgrip11 ring has an even smaller diameter, similar to that of the axoneme (Fig. 2C,E) (Yang et al. 2015; Lam-

bacher et al. 2016). Thus, these initial observations suggest that the NPHP complex is proximal to the transition zone microtubule sides, consistent with the tubulin-binding ability of both Nphp1 and 4, whereas the MKS complex is mostly associated with the ciliary membrane, as previously predicted from the domain structures of these proteins (Fig. 3) (Otto et al. 2003;



Mollet et al. 2005; Garcia-Gonzalo and Reiter 2012). Interestingly, whereas Tmem67 and Rpgrip11 form a single ring in the cilia of a human kidney cell line, longitudinal views of several *C. elegans* TZ proteins (Tmem107, Tmem231, Tmem216, and Nphp1) display a periodic pattern that is highly reminiscent of ciliary necklace strands or their underlying Y-links (Fig. 2B–D) (Lambacher et al. 2016). Consistent with these proteins being stably anchored to microtubules or other ciliary structures, fluorescence recovery after photobleaching (FRAP) of *C. elegans* MKS complex proteins (Tmem107, Tmem216, Cc2d2a) indicates that these proteins do not enter the TZ once it has been assembled (Lambacher et al. 2016).

STED microscopy of mammalian Cep290 positions it more proximally and centrally than Rpgrip11, suggesting that it may localize to the TZ axoneme (Fig. 2E–F) (Yang et al. 2015). This may also be the case for the *C. elegans* ortholog of Cep290, which localizes near the TZ axoneme and is required to form the central cylinder, a structure on the luminal side of the microtubule doublets (Schouteden et al. 2015). In contrast, *Chlamydomonas* Cep290 localizes to and is involved in the formation of Y-links (Craig et al. 2010). Whether these divergent observations reflect species-specific or cilia-type-specific differences, or whether Cep290, a large protein, can span the TZ axoneme and Y-links, remains to be clarified.

Roles of the Transition Zone in Ciliogenesis

Loss of function studies of TZ components have revealed two major roles for the TZ: ciliogenesis and the control of ciliary composition. Mouse *Nphp1* and *Nphp4* mutants, encoding core components of the NPHP complex, show only mild ciliogenic defects affecting two types of highly specialized cilia, photoreceptor cilia and sperm flagella (Jiang et al. 2008, 2009; Won et al. 2011). In contrast, many mutations in genes encoding MKS complex components cause severe ciliogenesis defects in mice, typically leading to embryonic lethality (Weatherbee et al. 2009; Chih et al. 2011; Dowdle et al. 2011; Garcia-Gonzalo et al. 2011; Sang et al. 2011). Despite the severity

of the associated embryological defects, many of these MKS mutations do not abrogate ciliogenesis, although this varies by cell type. For instance, *Tctn1* mutant embryos lack nodal cilia, have few and dysmorphic neural tube cilia, but display normal rates of ciliogenesis in the limb bud and perineural mesenchyme (Garcia-Gonzalo et al. 2011). In *C. elegans*, in which only select sensory neurons possess cilia, ciliogenesis is not affected by disruption of either NPHP or MKS proteins but is strongly perturbed when both an NPHP and an MKS complex component are disrupted (Williams et al. 2008, 2010, 2011; Huang et al. 2011; Jensen et al. 2015; Yee et al. 2015). Electron microscopy in these MKS NPHP double mutants reveals a ciliary gate wherein neither transition fibers nor Y-links are present, leading to membrane detachment from the ciliary axoneme (Huang et al. 2011; Williams et al. 2011; Jensen et al. 2015; Yee et al. 2015). This functional redundancy between the MKS and NPHP complexes is recapitulated in mice, where MKS NPHP double-mutant limbs display more severe disruption of ciliogenesis and patterning defects than those of single MKS mutants (Yee et al. 2015).

Interestingly, the above analysis does not apply to Rpgrip11, which, despite being part of the biochemical NPHP complex, genetically behaves more like a member of the MKS complex (Sang et al. 2011; Williams et al. 2011). Indeed, *Rpgrip11* mouse mutants die embryonically with a phenotype highly reminiscent of those seen for other MKS genes such as *Tctn1*, *Tctn2*, *B9d1*, or *Cc2d2a*, and for double mouse mutants affecting both MKS and NPHP module components (Vierkotten et al. 2007; Dowdle et al. 2011; Garcia-Gonzalo et al. 2011; Sang et al. 2011; Yee et al. 2015). Consistently, human *NPHP1* and *NPHP4* mutations have only been reported to cause nephronophthisis, whereas *RPGRIP1L* mutations can also cause more severe ciliopathies such as Meckel and Joubert syndromes (Arts et al. 2007; Delous et al. 2007; Wolf et al. 2007). In *C. elegans*, *Mks-5* is the single ortholog of both *RPGRIP1L* and *RPGRIP1* (an *RPGRIP1L* paralog, mutations in which cause Leber congenital amaurosis, a severe retinal ciliopathy) (Williams et al. 2011;

Li 2014; Jensen et al. 2015). Remarkably, although *C. elegans* *Mks-5* mutant TZs completely lack Y-links and fail to localize all known nematode MKS and NPHP module components to the TZ, these mutants still form largely normal ciliary axonemes (Jensen et al. 2015). Ciliary axonemes, however, are disrupted in *Mks-5 Nphp-4* double mutants, indicating that MKS-5 behaves genetically as an MKS module component (Williams et al. 2011). Unlike MKS complex proteins, *C. elegans* NPHP-1 and NPHP-4 localize not only to TZ but also to TFs, and it may be their function at the TFs that supports ciliogenesis in *Mks-5* mutants (Jensen et al. 2015). In single *Nphp-4* mutants, which also lack NPHP-1 in their cilia, TFs, Y-links and ciliary axonemes are present, although both the Y-links and the ciliary axonemes display defects apparent using electron microscopy (Winkelbauer et al. 2005; Jauregui et al. 2008; Jensen et al. 2015; Yee et al. 2015). Together, these data suggest that, in nematodes (but not in many mammalian cell types), ciliogenesis can be supported by TFs alone and that, hence, the TZ functions mainly in the control of cilia composition. How MKS-5/Rpgrip11 affects the MKS complex without being part of it remains unclear. Among the known Rpgrip11 interactors that could mediate effects on the MKS complex are CSPP and Nek4, both of which affect ciliogenesis and localize at or near the TZ (Patzke et al. 2010; Coene et al. 2011).

As mentioned above, vertebrate TZ proteins are required for ciliogenesis in a tissue-specific manner. The TZ forms early in ciliogenesis, soon after membrane docking of the basal body and before axoneme extension (Williams et al. 2011; Lu et al. 2015). Although it is unclear how TZ defects impair subsequent axoneme elongation, one possibility is that a damaged TZ interferes with IFT particle trafficking. Intriguingly, *C. elegans* *Mks-5* mutants display higher IFT speeds than controls in the proximal axoneme but lower speeds in the more distal axoneme, even though overall IFT particle flux remains unaltered (Jensen et al. 2015). The MKS-5-dependent slowing of IFT progress in the proximal axoneme could reflect an interaction between TZ and IFT pro-

teins that restrains IFT speed; the TZ-dependent increase in IFT speed in the distal cilium may reflect a TZ-dependent change in the composition or regulation of the IFT particles (Boldt et al. 2011; Zhao and Malicki 2011). Perhaps TZ-dependent regulation of IFT composition or cargo is critical for some forms of ciliogenesis.

Functional ciliogenic interactions have also been found between TZ proteins (of both the MKS and NPHP complexes) and components of the BBSome, an IFT-associated complex (Nachury et al. 2007; Wei et al. 2012; Williams et al. 2014; Yee et al. 2015). For instance, limb bud cells from mice lacking either *Tctn1* or *Bbs1* are highly ciliated, whereas cells lacking both proteins grow virtually no cilia (Yee et al. 2015). Because the BBSome associates and may travel with IFT particles, one possible explanation for these results is that TZ proteins and the BBSome have overlapping functions in facilitating IFT-dependent ciliogenesis (Lehtreck et al. 2009; Wei et al. 2012; Williams et al. 2014). For instance, both the TZ and the BBSome could promote loading of ciliogenic cargo, such as tubulins, onto IFT particles (Craft et al. 2015). Alternatively, the BBSome could be required for IFT particles to enter the cilium across a defective TZ region. How ciliary trafficking complexes, such as IFT particles and the BBSome, interact with ciliary-gate components, including those of the transition zone, to facilitate ciliogenesis remains to be elucidated.

Roles of the Transition Zone in Soluble Protein Trafficking

Soluble proteins not associated with the membrane can enter the cilium by diffusion or active transport. Because the ciliary gate behaves as a size-exclusion filter, only small proteins can enter the cilium by diffusion (Kee et al. 2012; Breslow et al. 2013; Lin et al. 2013). Using a chemically inducible diffusion trap at cilia (C-IDTc), proteins with Stokes radii of up to 8 nm were seen to enter cilia with influx rates decreasing exponentially with increasing Stokes radii (Lin et al. 2013). These data, which were similar in

through the TZ acts as a sieve, and that the pore size is smaller than the distances between adjacent TFs or Y-links, possibly because of a non-electron dense meshwork spanning those gaps.

Unlike diffusion, which only small soluble proteins can use to efficiently enter cilia, microtubule motor-dependent transport into and out of cilia is unaffected by cargo size, and depends rather on the ability of the cargo to associate with motor complexes (reviewed in Garcia-Gonzalo and Reiter 2012). For ciliary entry, ciliary proteins can associate with heterotrimeric kinesin-2 (comprised of Kif3a, Kif3b, and Kap) or with monomeric Kif17, whereas ciliary exit is mediated by cytoplasmic dynein 2 (Verhey et al. 2011). Heterotrimeric kinesin-2, and many of its associated IFT proteins, are required for ciliogenesis, complicating investigation of how these complexes use force and protein–protein interactions to negotiate passage across the TZ. Apart from tubulins, some of the soluble cargos carried by these kinesin-IFT complexes in *Chlamydomonas* include the outer dynein arms and the partially preassembled radial spoke complexes, two large macromolecular assemblies required for flagellar motility (Qin et al. 2004; Hou et al. 2007; Bhogaraju et al. 2013; Craft et al. 2015). In contrast to trimeric kinesin-2, Kif17 is not required for ciliogenesis and its ciliary entry requires its interactions with both importin- β 2 and Rab23 (Dishinger et al. 2010; Leaf and Von Zastrow 2015; Lim and Tang 2015). The requirement for importin- β 2, together with the possible presence of some nucleoporins at the ciliary base and a Ran-GTP gradient across it, has revealed parallels between transport into cilia and transport into nuclei (Dishinger et al. 2010; Kee et al. 2012; Breslow et al. 2013; Takao et al. 2014). The extent of these parallels remains an area of investigation, and has been reviewed elsewhere (Garcia-Gonzalo and Reiter 2012; Reiter et al. 2012).

Roles of the Transition Zone in Membrane Trafficking

Some plasma membrane proteins cannot reach the ciliary base because they are anchored to the cytoskeleton, as is the case of cortical ac-

tin-bound podocalyxin (Francis et al. 2011). Many of the plasma membrane proteins that do reach the ciliary base are excluded from the cilium by the TZ, as seen by their presence within cilia only on TZ disruption (Chih et al. 2011; Williams et al. 2011; Jensen et al. 2015; Robertson et al. 2015; Yee et al. 2015). How the TZ membrane prevents the ciliary accumulation of such membrane-associated proteins is unclear but may relate to a low fluidity of the TZ membrane associated with the abundance of membrane-associated anchors attached to the underlying microtubule cytoskeleton (as reviewed in Nachury et al. 2010). As discussed above, the TZ membrane contains the ciliary necklace, which may contain, among others, the many transmembrane proteins of the MKS complex (e.g., Tmem67, Tmem231, Tmem216, Tmem17, Tmem107, Tctn2, and Tctn3) (Fig. 3). Because septin2 is required for the TZ localization of some of these MKS complex proteins, it is possible that the ciliary septin ring adjoins the ciliary necklace, where it could stabilize MKS complex protein localization (Chih et al. 2011). Consistent with this possibility, both septin2 and B9d1 (an MKS complex protein requiring septin2 for its localization) are required for the ciliary gate to act as a membrane diffusion barrier, slowing down the rate at which transmembrane proteins cross the ciliary gate (Hu et al. 2010; Chih et al. 2011). More extensive reviews on the functions of septins in cilia can be found elsewhere (Hu and Nelson 2011; Garcia-Gonzalo and Reiter 2012; Reiter et al. 2012).

Despite the membrane diffusion barrier at the ciliary gate, many membrane-associated proteins still enter and exit cilia. As with cytosolic proteins, association with trafficking complexes, including microtubule motors and cargo adaptor complexes such as IFT-B, Tulp3-IFT-A, and the BBSome, can facilitate the localization of these proteins to the cilium (Nachury et al. 2007; Jin et al. 2010; Mukhopadhyay et al. 2010; Garcia-Gonzalo and Reiter 2012; Mukhopadhyay et al. 2013; Williams et al. 2014). Membrane-associated cargo proteins can interact with these trafficking complexes via ciliary localization sequences (CLSs). For instance,

multiple ciliary G-protein-coupled receptors (GPCRs) rely on CLSs in their third intracellular loops that directly bind to the BBSome complex, which is itself associated with IFT particles, perhaps explaining why the Tulp3-IFTA complex is also required for the cilia localization of GPCRs (Berbari et al. 2008a,b; Jin et al. 2010; Mukhopadhyay et al. 2010, 2013; Loktev and Jackson 2013; Williams et al. 2014). Ciliary localization of a lipid-anchored ciliary protein, RP2, requires binding to importin- β 2, which associates with the Kif17 motor (Dishinger et al. 2010; Hurd et al. 2011). Importin- β 1 localizes to cilia and interacts with the ciliary form of Crumbs3, Crb3-CLPI, suggesting that it may also work in ciliary targeting (Fan et al. 2007). Kif17 seems to use ankyrin G as an adaptor to mediate the ciliary localization of cyclic nucleotide-gated channels in photoreceptors (Jenkins et al. 2006; Kizhatil et al. 2009).

In addition to using trafficking complexes to enter cilia across the TZ, membrane-associated proteins use trafficking complexes to exit cilia across the TZ. An important example of this involves IFT27, which dissociates from the IFT-B complex inside cilia and acts via *Lztf1* and *Arl6* to recruit the BBSome and promote the removal of Hh-mediators Patched 1 and Smoothed (Seo et al. 2011; Eguether et al. 2014; Liew et al. 2014). Another Hh-mediator, *Gpr161*, accumulates in cilia lacking the BBSome component *Bbs1*, suggesting that *Gpr161* also requires the BBSome to exit cilia (Yee et al. 2015). The BBSome, acting as an IFT cargo, also mediates the ciliary exit of other proteins, such as *Chlamydomonas* phospholipase D, indicating that the BBSome may have evolutionarily ancient roles in promoting the departure of proteins from cilia (Lechtreck et al. 2009, 2013).

Unlike integral membrane proteins, peripheral membrane proteins can be transiently solubilized by interaction with lipid-binding proteins that themselves cross the ciliary gate, thereby circumventing the TZ membrane when entering the cilium (Milenkovic et al. 2009). Two such transporter proteins, *Unc119b* and *Pde6d*, mediate ciliary targeting of myristoylated and prenylated cargo, respectively (Wright

et al. 2011; Humbert et al. 2012; Wätzlich et al. 2013; Thomas et al. 2014; Zhang et al. 2014; Lee and Seo 2015; Zhang et al. 2015). *Unc119b* recognizes the myristoylated amino-terminal residues of both *Nphp3* and *Cystin*, thereby protecting them from interaction with the lipid bilayer (Wright et al. 2011). Only when bound to cargo can *Unc119b* enter the cilium across the TZ, where it encounters *Arl3*, a small GTP-binding protein that binds to and induces the dissociation of the *Unc119*-cargo complex, thereby allowing the myristoylated cargo to associate with the ciliary membrane (Wright et al. 2011; Zhang et al. 2011; Nakata et al. 2012). In turn, *Arl3* activity is regulated by an *Arl3*-GAP (*RP2*) and an *Arl3*-GEF (*Arl13b*), which regulate its association with GDP or GTP and, therefore, its activity (Wright et al. 2011; Gotthardt et al. 2015). Similarly, *Pde6d* binds prenylated cargo such as *Inpp5e*, *Grk1*, and *Pde6*, whose intraciliary release depends on *RPGR* bringing together *Arl3*-GTP and the loaded cargo receptor (Baehr 2014; Gotthardt et al. 2015; Lee and Seo 2015). Intriguingly, double *Unc119 Pde6d* mouse knockouts show a partial rescue of the *Pde6d* mutant phenotype, suggesting that these trafficking systems antagonize each other at some level (Zhang et al. 2014). Despite these fascinating advances, how the lipid-binding proteins *Unc119b* and *Pde6d* themselves cross the ciliary gate remains to be elucidated. Other ciliary proteins, such as *Arl13b* or *Calflagin/FCaBP*, require palmitoylation or dual acylation (myristoylation and palmitoylation) of their amino-termini to enter cilia, but how these lipid modifications mediate their ciliary entry is not yet clear (Emmer et al. 2009, 2010; Cevik et al. 2010; Maric et al. 2011).

In summary, much is known about how membrane proteins use their CLSs to associate with specialized ciliary trafficking complexes that cross the ciliary gate, but little is known about how these complexes actually surmount the ciliary necklace, Y-links, septin ring, and other hurdles they may encounter along the way. Besides TZ-negotiating CLSs, ciliary proteins may also contain CLSs that function in the earlier step of bringing them to the ciliary base from other cellular locales. These CLSs have

been reviewed elsewhere (Garcia-Gonzalo and Reiter 2012). In at least one case, photoreceptor cilia CLSs can even be dispensable, as the connecting cilium is the default destination of Golgi-derived membrane proteins (Baker et al. 2008; Gospe et al. 2010). Whether such bulk transport is a feature of other types of cilia remains to be seen.

Other Roles of the Transition Zone

Beyond ciliogenesis and trafficking, the TZ may play additional roles in cell morphogenesis and signaling. For example, in *C. elegans* sensory neurons, TZ proteins are required for anchoring the TZ at the tips of dendrites to the extracellular matrix, a process that occurs before axonemes sprout from those TZs (Schouteden et al. 2015). The presence of ESCRT proteins, involved in membrane budding elsewhere in the cell, may reflect a TZ role in ciliary vesicle shedding or in autotomy (ciliary shedding) (Quarmby et al. 2004; Diener et al. 2015). TZ proteins may also be involved in Wnt signaling. Tmem67 and the orphan receptor tyrosine kinase Ror2 form a TZ complex that binds Wnt5a, a noncanonical Wnt ligand (Abdelhamed et al. 2015). This mechanism may account for the overactivity of canonical Wnt signaling in *Tmem67* mutant cells and tissues (Adams et al. 2012; Abdelhamed et al. 2013, 2015; Leightner et al. 2013). Similar effects are observed in the absence of Tmem67-interactor and fellow MKS complex member Tmem216, and in the absence of Tmem237, whose *C. elegans* ortholog also behaves as a component of the MKS module (Valente et al. 2010; Huang et al. 2011). Forced expression of either Tmem67, Tmem216, or Tmem237 can suppress overactivation of canonical Wnt signaling in *Tmem67*-null cells, suggesting that these proteins have overlapping functions in restricting Wnt signaling (Huang et al. 2011). Another MKS complex protein, Ahi1, binds β -catenin and helps it translocate into the nucleus, and this activation is impaired by the presence of cilia, which sequester Ahi1 away from β -catenin (Lancaster et al. 2009, 2011). Whether Tmem67/216/237 exert their effects through

Ahi1, or by affecting the β -catenin repressor Jade-1 via Nphp4, remains unclear (Borgal et al. 2012). These TZ mechanisms may provide an explanation as to why mutations that block ciliation increase responsiveness to canonical Wnt signals (Gerdes et al. 2007; Corbit et al. 2008).

CILIARY GATE DISEASES

The genes encoding the components of the ciliary gate are mutated in a diverse range of human ciliopathies (Table 1). Despite having been identified only recently, many TF and distal basal body components are associated with ciliopathies. Mutations in three of these genes (*SCLT1*, *OFD1*, and *C2CD3*) cause orofaciodigital syndrome, characterized by craniofacial dysmorphology and polydactyly (Ferrante et al. 2001, 2006; Adly et al. 2014; Thauvin-Robinet et al. 2014). *Odf1* and *C2cd3* interact and colocalize in the distal centriole, where they have antagonistic influences on centriole length and are required for TF formation and ciliogenesis (Singla et al. 2010; Thauvin-Robinet et al. 2014; Ye et al. 2014). Similarly, *Sclt1* is a TF protein required for ciliary assembly (Tanos et al. 2013). Mutations in two other TF genes, *CEP164* and *CEP83*, can cause nephronophthisis (NPHP), a cystic kidney disease, sometimes accompanied by other signs such as intellectual disability (Chaki et al. 2012; Failler et al. 2014). Both proteins are required for ciliogenesis and *Cep164* can also participate in the DNA damage response, a function it can share with other NPHP proteins (Graser et al. 2007; Chaki et al. 2012; Tanos et al. 2013; Daly et al. 2016). As noted above, *C. elegans* orthologs of the NPHP proteins *Nphp1* and *Nphp4* localize in both TFs and TZ (Hildebrandt et al. 1997; Mollet et al. 2002; Otto et al. 2002; Jensen et al. 2015). However, whether the mammalian orthologs are also present or function at TFs is unclear. An individual with a homozygous deletion covering a portion of *CEP89* displayed impaired cognitive and neuronal function, but this may be caused by a mitochondrial and not a TF role of *Cep89* (van Bon et al. 2013). No

Table 1. Ciliary-gate diseases

Human gene	Loc	MKS	JBTS	NPHP	SLSN	OFD	BBS	LCA
<i>MKS1</i>	TZ	MKS1	-				BBS13	
<i>TMEM216</i>	TZ	MKS2	JBTS2					
<i>TMEM67</i>	TZ	MKS3	JBTS6	NPHP11				
<i>CEP290</i>	TZ	MKS4	JBTS5	NPHP6	SLSN6		BBS14	LCA10
<i>RPGRIP1L</i>	TZ	MKS5	JBTS7	NPHP8				
<i>CC2D2A</i>	TZ	MKS6	JBTS9					
<i>NPHP3</i>	IC	MKS7	-	NPHP3				
<i>TCTN2</i>	TZ	MKS8	JBTS24					
<i>B9D1</i>	TZ	MKS9	-					
<i>B9D2</i>	TZ	MKS10	-					
<i>TMEM231</i>	TZ	MKS11	JBTS20			OFD3		
<i>AHI1</i>	TZ	-	JBTS3					
<i>NPHP1</i>	TZ	-	JBTS4	NPHP1	SLSN1			
<i>OFD1</i>	DC	-	JBTS10			OFD1		
<i>TCTN1</i>	TZ	-	JBTS13					
<i>TMEM237</i>	TZ	-	JBTS14					
<i>TMEM138</i>	TZ	-	JBTS16					
<i>TCTN3</i>	TZ	-	JBTS18			OFD4		
<i>INVS</i>	IC	-	-	NPHP2				
<i>NPHP4</i>	TZ	-	-	NPHP4	SLSN4			
<i>NPHP5</i>	TZ	-	-	NPHP5	SLSN5			
<i>NEK8</i>	IC	-	-	NPHP9				
<i>CEP164</i>	TF	-	-	NPHP15				
<i>ANKS6</i>	IC	-	-	NPHP16				
<i>CEP83</i>	TF	-	-	NPHP18				
<i>C2CD3</i>	DC	-	-	NPHP18		OFDM		

Genes in the left column encode proteins mentioned in the text. As shown in the second column, these proteins localize (Loc) to the transition zone (TZ), transition fibers (TF), distal centriole (DC), or inversin compartment (IC). See the text for details and references. Columns three through nine indicate which of the genes cause, when mutated, the following ciliopathies: Meckel–Gruber syndrome (MKS), Joubert syndrome (JBTS), Nephronophthisis (NPHP), Senior–Loken syndrome (SLSN), orofacioidigital syndrome (OFD), Bardet–Biedl syndrome (BBS), and Leber congenital amaurosis (LCA). The numbers correspond to the locus number for each disease. The information in this table was compiled from www.omim.org (last accessed January 30, 2016).

ciliopathic mutations have yet been identified for *FBF1*, *ODF2*, and *CBY1*.

Human pathogenic mutations have been identified for most of the genes encoding TZ proteins. The MKS complex derives its name from Meckel–Gruber syndrome (MKS), an extremely severe ciliopathy, leading to perinatal lethality and characterized by occipital encephalocele, polycystic kidneys, and polydactyly (Hildebrandt et al. 2011). MKS can arise from mutations in *MKS1*, *TMEM216*, *TMEM67*, *CEP290*, *RPGRIP1L*, *CC2D2A*, *NPHP3*, *TCTN2*, *B9D1*, *B9D2*, *TMEM231*, *KIF14*, *TCTN3*, and *TMEM107* (Thomas et al. 2012; Shaheen et al. 2013; Filges et al. 2014; Valente et al. 2014;

Roberson et al. 2015; Shaheen et al. 2015). Of these, all except *RPGRIP1L*, *NPHP3*, and *KIF14* encode identified components of the MKS complex (Chih et al. 2011; Dowdle et al. 2011; Garcia-Gonzalo et al. 2011; Sang et al. 2011; Roberson et al. 2015; Lambacher et al. 2016). Some of these genes (i.e., *TMEM216*, *TMEM67*, *CEP290*, *RPGRIP1L*, *CC2D2A*, *TCTN2*, *TCTN3*, and *TMEM231*) are also mutated in a milder ciliopathy, Joubert syndrome (JBTS), defined by a specific cerebellar malformation, the molar tooth sign, but usually also including polydactyly (Valente et al. 2014; Huppke et al. 2015). The differences in phenotype and severity of these two recessive





Mendelian syndromes suggest that MKS results from homozygous null mutations in these genes, whereas JBTS results from the involvement of at least one hypomorphic allele (Delous et al. 2007; Mougou-Zerelli et al. 2009; Iannicelli et al. 2010). Hence, MKS may result from more severe dysfunction of the ciliary gate and ciliogenesis than JBTS (Garcia-Gonzalo et al. 2011). Alternatively, coinherited genetic modifiers may account for the phenotypic differences (Roberson et al. 2015). TZ genes are also mutated in NPHP, as is the case for *NPHP1*, *NPHP4*, *RPGRIP1L*, *TMEM67*, and *CEP290* (Hurd and Hildebrandt 2011). Despite the extensive overlap between MKS-, JBTS-, and NPHP-associated genes, the extent to which these syndromes arise from disruption of different functions of the TZ ciliary-gating mechanism is unclear. TZ proteins are mutated in yet other ciliopathies, like OFD, further extending the phenotypic consequences of perturbed ciliary gate function (Thomas et al. 2012; Roberson et al. 2015). As the discrete cellular functions of TZ proteins become clearer, a better understanding will emerge of how different perturbations of their functions act alone or in combination to give rise to diverse ciliopathies.

CONCLUDING REMARKS

The last decade has seen great advances in our molecular understanding of the ciliary gate, and the pace of discovery only seems to be increasing. An already visible trend in the field includes the widespread application of superresolution microscopy, structural biology, and reconstitution to obtain high-resolution maps of ciliary gate structures such as TFs, Y-links, and ciliary necklaces (Fig. 2). As this information starts to be integrated, a more detailed picture of ciliary gate dynamics and function will emerge. Another trend is an increasing understanding of how the molecular ciliary composition and structure differs between tissues and species. The lipid composition and function of the transition zone is only starting to be uncovered: recent studies have revealed the presence of a $PI(4,5)P_2$ gradient at the ciliary base that affects trafficking of ciliary membrane proteins and is

dependent on TZ proteins (Chávez et al. 2015; Garcia-Gonzalo et al. 2015; Jensen et al. 2015). The next years should see further developments regarding phosphoinositides and other lipids at the ciliary gate, such as the ones that may bestow it with lipid raft-like properties (Emmer et al. 2010; Follit et al. 2010); and, of course, in this exciting and fast-moving field, one should always expect the unexpected: new ciliary gate functions, new exceptions for previously established rules, and new ways in which the ciliary gate controls the diverse functions of motile and signaling cilia.

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