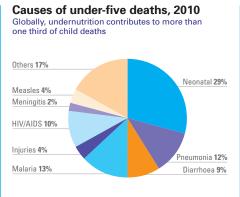
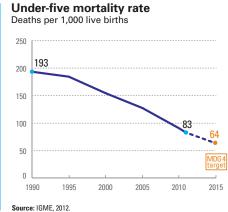
### **ZAMBIA**

#### **DEMOGRAPHICS AND BACKGROUND INFORMATION**

Total population (000)	13,475	(2011)
Total under-five population (000)	2,510	(2011)
Total number of births (000)	622	(2011)
Under-five mortality rate (per 1,000 live births)	83	(2011)
Total number of under-five deaths (000)	46	(2011)
Infant mortality rate (per 1,000 live births)	53	(2011)
Neonatal mortality rate (per 1,000 live births)	27	(2011)
HIV prevalence rate (15–49 years old, %)	12.5	(2011)
Population below international poverty line of US\$1.25 per day (%)	69	(2006)
GNI per capita (US\$)	1,160	(2011)
Primary school net attendance ratio (% female, % male)	82, 81	(2007)





Source: WHO/CHERG, 2012.

#### **NUTRITIONAL STATUS**

#### **Burden of malnutrition (2011)**

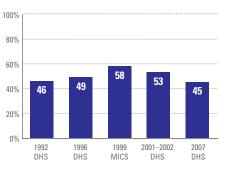
Stunting country rank	23
Share of world stunting burden (%)	<1%

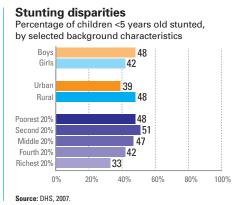
Stunted (under-fives, 000)	1,140
Wasted (under-fives, 000)	131
Severely wasted (under-fives, 000)	50

MDG 1 progress	Insufficient progress
Underweight (under-fives, 000)	366
Overweight (under-fives, 000)	211

#### Stunting trends

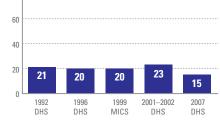
Percentage of children <5 years old stunted





# Percentage of children <5 years old underweight

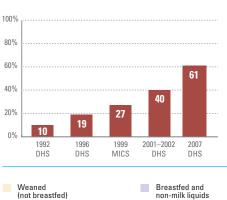
**Underweight trends** 

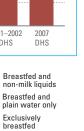


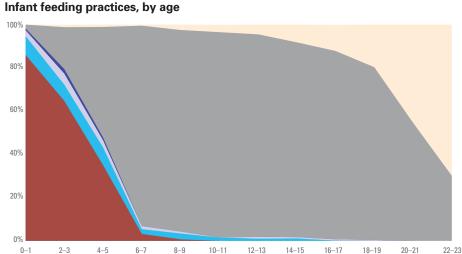
#### **INFANT AND YOUNG CHILD FEEDING**

#### **Exclusive breastfeeding trends**

Percentage of infants <6 months old exclusively breastfed







Age (months)

Breastfed and solid/semi-solid foods

Breastfed and other milk/formula

#### **ESSENTIAL NUTRITION PRACTICES AND INTERVENTIONS DURING THE LIFE CYCLE**

PREGNANCY		BIRTH		0–5 MONTHS	6–23 MONTHS		24–59 MONTHS
Use of iron-folic	44%	Early initiation of breastfee	Early initiation of breastfeeding 57%		g of Breast-milk Substitutes	Partial	
acid supplements	4470	(within 1 hour of birth)	37 /0	Maternity protection in accord	ance with ILO Convention 183	Partial	
Households with adequately iodized salt	77%	Infants not weighed at bir	th <b>52</b> %	Exclusive breastfeeding 61% (<6 months)	Introduction to solid, semi-solid or soft foods (6–8 months)	94%	
					Continued breastfeeding at 1 year	old <b>94</b> %	
					Minimum dietary diversity	_	
		se child survival, promote clent stunting, nutrition intervent	Minimum acceptable diet	-			
		during pregnancy and the f			Full coverage of vitamin A supp	lementation	72
					Treatment of severe acute main included in national health plans		γ

#### **MICRONUTRIENTS**

#### **Anaemia**

Prevalence of anaemia among selected populations

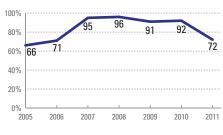
**NO DATA** 

#### lodized salt trends\* Percentage of households with adequately iodized salt 141,000 newborns are unprotected against iodine deficiency disorders (2011) 100% 80% 60% 4n% 20% 1995 1996 2000 2001-2002 Other NS MICS DHS

\* Estimates may not be comparable.

#### Vitamin A supplementation

Percentage of children 6–59 months old receiving two doses of vitamin A during calendar year (full coverage)

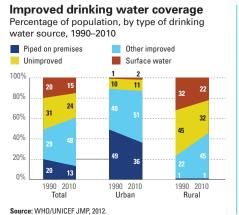


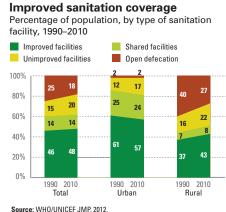
Source: UNICEF, 2012

## MATERNAL NUTRITION AND HEALTH

Maternal mortality ratio, adjusted (per 100,000 live births)	440	(2010)
Maternal mortality ratio, reported (per 100,000 live births)	590	(2007)
Total number of maternal deaths	2,600	(2010)
Lifetime risk of maternal death (1 in : )	37	(2010)
Women with low BMI (<18.5 kg/m², %)	10	(2007)
Anaemia, non-pregnant women (<120g/l, %)	-	-
Antenatal care (at least one visit, %)	94	(2007)
Antenatal care (at least four visits, %)	60	(2007)
Skilled attendant at birth (%)	47	(2007)
Low birthweight (<2,500 grams, %)	11	(2007)
Women 20–24 years old who gave birth before age 18 (%)	34	(2007)

#### **WATER AND SANITATION**





**DISPARITIES IN NUTRITION -**

	Gender			Residence		Wealth quintile								
Indicator	Male	Female	Ratio of male to female	Urban	Rural	Ratio of urban to rural	Poorest	Second	Middle	Fourth	Richest	Ratio of richest to poorest	Equity chart	Source
Stunting prevalence (%)	48	42	1.1	39	48	0.8	48	51	47	42	33	0.7		DHS, 2007
Underweight prevalence (%)	17	13	1.3	13	15	0.8	16	16	16	13	11	0.7		DHS, 2007
Wasting prevalence (%)	6	5	1.2	4	6	0.8	6	6	5	4	4	0.6		DHS, 2007
Women with low BMI (<18.5 kg/m², %)	-	10	-	8	11	0.7	11	13	12	8	7	0.6		DHS, 2007
Women with high BMI (≥25 kg/m², %)	-	19		30	11	2.7	8	9	11	23	35	4.6	=	DHS, 2007