

NUTRITION INFORMATION

Menu Item	Calories (rounded per serving), kcal	Total Fat (rounded per serving), g	Saturated Fat (rounded per serving), g	Trans Fat (rounded per serving), g	Cholesterol (rounded per serving), mg	Sodium (rounded per serving), mg	Total Carbohydrate (rounded per serving), g	Dietary Fiber (rounded per serving), g	Sugar (rounded per serving), g	Protein (rounded per serving), g
Small "Baby Fat" Fatburger	400	21	6	0.5	55	1080	37	2	7	17
Medium "Original" Fatburger	590	31	9	1.5	105	1190	46	2	8	33
Large "Kingburger" Fatburger	850	41	13	2.5	150	1490	69	4	12	50
XXL "Double King" Fatburger	1268	69	23	4.5	290	1835	69	4	12	90
XXXL "Triple King" Fatburger	1686	96.5	33.5	6.5	430	2179	69	4	12	129.5
Thousand Island Burger	771	47	15	1.3	118	1342	46	1.6	12	37
Western BBQ Burger	780	38	14	1.5	130	1700	66	2	20	46
Egg Sandwich	270	15	6	0	230	940	37	1	4	16
Bacon and Egg Sandwich	350	16	5	0	230	970	37	1	4	18
Sausage and Egg Sandwich	780	53	21	0	305	1810	47	1	4	27
Grilled Chicken Sandwich	430	14	2.5	0	80	860	42	2	5	33
Crispy Chicken Sandwich	660	16	3	0	80	2346	91	4	6	39
Spicy Chicken Sandwich	520	21	6	0	60	2160	58	2	11	26
Skinnyburger	697	47	16	3	202	1267	10	4	4	60
Turkeyburger	480	21	4.5	0	80	1270	50	3	10	26
Veggieburger	510	20	4.5	0	20	1560	60	11	10	33
Impossible Burger	526	12.7	9	0	11.4	1453	54	4	8	23.5
Hot Dog	320	15	6	1	40	780	32	1	5	13
Chili Cheese Hot Dog	480	27	11	1	80	1150	35	2	6	24
Fatburger (no bun)	410	29	9	1.5	105	890	10	2	4	28
Vanilla Shake	890	44	30	0	150	350	113	0	86	13
Chocolate Shake	910	45	30	0	150	390	115	2	86	14
Strawberry Shake	880	44	30	0	150	370	111	1	85	14
Maui-Banana Shake	940	44	30	0	150	350	126	1	99	13
Cookies & Ice Cream Shake	1180	59	30	0	150	810	163	2	105	18
Vegan Vanilla Shake	543	24	19	0	0	231	81	12	46	3
Vegan Chocolate Shake	593	24	19	0	0	271	93	13	56	4
Vegan Strawberry Shake	541	24	19	0	0	243	81	13	45	3
Vegan Maui Banana Shake	591	24	19	0	0	231	93	13	59	3
Root Beer Float	390	12	8	0	45	140	73	0	64	3
Skinny Fries	390	15	3.5	0	0	730	58	4	0	4
Fat Fries	380	18	4	0	0	40	47	5	0	6
Sweet Potato Fries	480	24	1.5	0	0	1320	66	6	15	3
Chili Cheese Skinny Fries	600	30	10	0	50	1280	64	5	1	19
Chili Cheese Fat Fries	590	33	11	0	50	590	53	6	1	21
Chili Skinny Fries	490	21	5	0	20	1100	63	5	1	12
Chili Fat Fries	480	24	6	0	20	410	52	6	1	14
Onion Rings	540	29	6	0	5	490	64	4	10	7
Chili Cup	200	11	4	0	40	740	10	2	2	16
Chili Cup with Cheese & Onions	320	20	9	0	70	930	12	2	3	23
Egg Add-on	90	7	2	0	210	70	0	0	0	6
Bacon Add-on	80	7	2.5	0	20	250	0	0	0	7
Chili Add-on	50	3	1	0	10	190	2	1	1	4
Cheddar Cheese Add-on	110	9	5	0	30	180	1	0	0	7
Swiss Cheese Add-on	62	4.7	3	0	16	256	.4	0	0	4.6
American Cheese Add-on	70	5	3.5	0	15	220	1	0	0	5
Dairy-Free Cheese Add-on	60	4.5	2	0	0	115	5	0	0	1
Onion Rings Add-on	108	5.8	1.2	0	1	98	13	.8	2	1.4

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Mayonnaise	90	10	2	0	10	80	1	0	0	0
Lettuce	5	0	0	0	0	0	1	0	1	0
Tomato	5	0	0	0	0	0	1	0	1	0
Pickles	8	0	0	0	0	180	1	0	0	0
Onions	5	0	0	0	0	0	1	0	1	0
Grilled Onions	120	14	2	0	0	0	1	0	0	0
Relish	20	0	0	0	0	115	5	0	2	0
Mustard	5	0	0	0	0	80	0	0	0	0
Cheddar Cheese Add-on (Kingburger)	210	18	10	0	60	360	2	0	0	14
Swiss Cheese Add-on (Kingburger)	124.6	9.4	6	0	32	512	.8	0	.4	9.2
American Cheese Add-on (Kingburger)	150	11	7	0	35	440	1	0	0	9
Tomato (Kingburger)	10	0	0	0	0	0	2	0	1	0
Pickles (Kingburger)	5	0	0	0	0	250	1	0	0	0
1 Bone In Wing	60	3.5	1	0	30	75	2	1	0	13
1 Boneless Wing	50	2.5	0	0	15	70	2	0	0	6
1 Chicken Tender	110	5	1	0	35	75	2	1	0	13
6 Boneless Wings	700	53.3	7	0	130	2238	24.5	3.3	2.7	38.9
10 Boneless Wings	909	63.1	7	0	190	3133	34.5	3.6	0.9	62.3
16 Boneless Wings	1608	116.2	14	0	320	4685	59	6.2	1.8	100.6
24 Boneless Wings	2407	174.3	21	0	480	6378	87.5	8.8	2.7	150.9
48 Boneless Wings	4420	310.5	35	0	920	12273	163.5	15.5	4.5	299.5
100 Boneless Wings	9040	631	70	0	1900	24826	335	31	9	623
6 Bone In Wings	764	59.1	13	0	220	2233	13.5	3.1	0.9	44.3
10 Bone In Wings	1009	73.1	17	0	340	3183	14.5	3.6	0.9	72.3
16 Bone In Wings	1768	132.2	30	0	560	4765	27	6.2	1.8	116.6
24 Bone In Wings	2647	198.3	45	0	840	6498	39.5	8.8	2.7	174.9
48 Bone In Wings	4900	358.3	83	0	1640	12513	67.5	15.5	4.5	347.5
100 Bone In Wings	10040	731	170	0	3400	25326	135	31	9	723
4 Chicken Tenders	670	34.3	6	0	150	858.2	30.5	8.3	16.7	54.9
12 Chicken Tenders	2010	102.9	18	0	450	2575	91.5	24.9	50	164.7
Carrot Stick (1 ea.)	9	0	0	0	0	16.2	2	0.5	0	6
Celery Stick (1 ea.)	7	0.1	0	0	0	34	1.5	0.6	0.9	0.3
Blue Cheese Dressing (1 oz.)	180	19	3.5	0	20	200	2	0	0	1
Ranch Dressing (1 oz.)	110	11	1.5	0	10	230	2	0	1	1
Honey Mustard Dressing (1 oz.)	100	7	1	0	5	220	8	1	7	1
Hot Sauce (1 oz.)	5	0	0	0	0	650	1	0.5	0	0

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Barq's Root Beer (20oz w/ 50% ice)	200	0	0	0	0	85	50	0	50	0
Barq's Root Beer (30oz w/ 50% ice)	300	0	0	0	0	130	76	0	75	0
Coca-Cola (20oz w/ 50% ice)	200	0	0	0	0	50	50	0	50	0
Coca-Cola (30oz w/ 50% ice)	300	0	0	0	0	70	75	0	75	0
Diet Coke (20oz w/ 50% ice)	0	0	0	0	0	60	0	0	0	0
Diet Coke (30oz w/ 50% ice)	0	0	0	0	0	90	0	0	0	0
Orange Fanta (20oz w/ 50% ice)	200	0	0	0	0	50	50	0	50	0
Orange Fanta (30oz w/ 50% ice)	300	0	0	0	0	75	75	0	74	0
Fuze Raspberry Tea (20oz w/ 50% ice)	110	0	0	0	0	65	28	0	28	0
Fuze Raspberry Tea (30oz w/ 50% ice)	170	0	0	0	0	95	42	0	42	0
Hi-C Lite Fruit Punch (20oz w/ 50% ice)	5	0	0	0	0	75	0	0	0	0
Hi-C Light Fruit Punch (30oz w/ 50% ice)	10	0	0	0	0	115	0	0	0	0
Pibb Xtra (20oz w/ 50% ice)	180	0	0	0	0	65	46	0	46	0
Pibb Xtra (30oz w/ 50% ice)	280	0	0	0	0	100	69	0	69	0
Sprite (20oz w/ 50% ice)	190	0	0	0	0	85	46	0	46	0
Sprite (30oz w/ 50% ice)	280	0	0	0	0	130	68	0	68	0
Tropicana Fruit Punch (20oz w/ 50% ice)	210	0	0	0	0	40	56	0	56	0
Tropicana Fruit Punch (30oz w/ 50% ice)	320	0	0	0	0	65	85	0	84	0
Mountain Dew (20oz w/ 50% ice)	210	0	0	0	0	65	55	0	55	0
Mountain Dew (30oz w/ 50% ice)	320	0	0	0	0	100	82	0	82	0
Brisk Strawberry Melon (20oz w/ 50% ice)	90	0	0	0	0	70	23	0	22	0
Brisk Strawberry Melon (30oz w/ 50% ice)	130	0	0	0	0	110	35	0	33	0
Sierra Mist (20oz w/ 50% ice)	190	0	0	0	0	40	51	0	51	0
Sierra Mist (30oz w/ 50% ice)	290	0	0	0	0	60	76	0	76	0
Pepsi (20oz w/ 50% ice)	190	0	0	0	0	40	52	0	52	0
Pepsi (30oz w/ 50% ice)	280	0	0	0	0	60	78	0	77	0
Dr. Pepper (20oz w/ 50% ice)	180	0	0	0	0	55	49	0	48	0
Dr. Pepper (30oz w/ 50% ice)	270	0	0	0	0	80	73	0	72	0
Diet Pepsi (20oz w/ 50% ice)	0	0	0	0	0	70	0	0	0	0
Diet Pepsi (30oz w/ 50% ice)	0	0	0	0	0	105	0	0	0	0
Mug Root Beer (20oz w/ 50% ice)	180	0	0	0	0	70	48	0	48	0
Mug Root Beer (30oz w/ 50% ice)	270	0	0	0	0	105	72	0	71	0
Mango Refresca (20oz w/ 50% ice)	90	0	0	0	0	0	24	0	22	0
Mango Refresca (30oz w/ 50% ice)	140	0	0	0	0	0	37	0	34	0
Watermelon Lime Refresca (20oz w/ 50% ice)	90	0	0	0	0	0	24	0	22	0
Watermelon Lime Refresca (30oz w/ 50% ice)	140	0	0	0	0	0	37	0	34	0
Lipton Brewed Iced Tea Unsweetened (20oz w/ 50% ice)	0	0	0	0	0	0	0	0	0	0
Lipton Brewed Iced Tea Unsweetened (30oz w/ 50% ice)	0	0	0	0	0	0	0	0	0	0
Lipton Brewed Iced Tea Sweetened (20oz w/ 50% ice)	130	0	0	0	0	65	34	0	34	0
Lipton Brewed Iced Tea Sweetened (30oz w/ 50% ice)	200	0	0	0	0	95	51	0	51	0

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