

Information Session

AmeriCorps Seniors

Get started at [AmeriCorps.gov](https://www.AmeriCorps.gov)



What is AmeriCorps?

AmeriCorps provides opportunities for American adults of all ages and backgrounds to give their time and talent to get things done. No matter what you're passionate about, where you're from, or why you choose to serve, AmeriCorps is your chance to bring out the best of America.



Our Model

Advance Local Solutions

Immerse yourself in projects that respond to community needs. You will serve alongside organizations improving the lives of others and creating change that lasts.



Find Your Fit



What is AmeriCorps Seniors



TAILORED SERVICE OPPORTUNITIES

AmeriCorps Seniors provides individuals 55 and older the opportunity to give back through our programs designed for older adults.



MAKE A LASTING IMPACT

Get involved and make a positive difference in your community. AmeriCorps Seniors volunteers serve with organizations dedicated to helping others.



CREATE MEANINGFUL CONNECTIONS

Search for organizations that advance causes you care about. Choose from thousands of opportunities.

AmeriCorps Seniors Foster Grandparent Program



Eligibility requirement

- Volunteers must be 55 or older



How you'll serve

- Partner with an organization to help guide students to higher academic achievement in the classroom or work with an organization and become a mentor.
- Flexible hours, when available.



Unique benefits of your service

- Income-eligible volunteers may receive a modest stipend
- Forge new connections, improve your wellbeing

AmeriCorps Seniors RSVP



Eligibility requirement

- Volunteers must be 55 or older



How you'll serve

- Customizable commitment (a few hours to 40 hours per week).
- Work with one of the thousands of organizations serving as a solution to local, regional, and national challenges.



Unique benefits of your service

- Forge new relationships with people in your community and make a significant difference in the lives of others.

AmeriCorps Seniors Senior Companion Program



Eligibility requirement

- Volunteers must be 55 or older



How you'll serve

- Time commitments are flexible
- Provide companionship and assistance with daily tasks to older adults, such as shopping or getting to an appointment.



Unique benefits of your service

- Income-eligible volunteers may receive a modest stipend
- Forge new connections, improve your wellbeing

Benefits of Service



Make a Difference

Share your experience or learn new skills to leave your mark on individuals you work with and your community.



Improve your Wellbeing

Volunteers experience decreased anxiety, depression, and loneliness. 84% of volunteers report stable or improving health after one year of service.*



Build Relationships

Forge new friendships and build relationships with people in your community.



Financial Benefits

Eligible volunteers may receive a modest stipend (benefits vary by program).



AmeriCorps Benefits of your service

Find Opportunities



Get Started

How to get involved



Search for Opportunities

Use our AmeriCorps Seniors Pathfinder tool at [AmeriCorps.gov/Pathfinder](https://www.americorps.gov/Pathfinder) to easily search for current AmeriCorps Seniors opportunities near you.



Connect with Organizations

Reach out using the contact info from the pathfinder to connect with opportunities you're interested in.

Pathways to Service

AmeriCorps

NCCC



AmeriCorps NCCC is a highly immersive leadership development experience for young adults ages 18-26. The program provides members with a hands-on service experience and the chance to work with multiple sponsor organizations to meet a variety of community needs in the areas of energy conservation, infrastructure improvement, natural and other disaster services, and urban and rural development.

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Seniors



AmeriCorps Seniors provides adults 55 and older the opportunity to use their experience to make a positive difference in the lives of others. Senior members and volunteers give back to their communities through service, all while building friendships, learning new skills, impacting the lives of others and improving their own physical and mental wellbeing.

AmeriCorps

State and National



AmeriCorps State and National is our largest network. Member serve in a variety of timeframes and service capacities. They work in communities in all 50 U.S. states, territories, and select tribal nations, working on thousands of different projects. AmeriCorps State and National has projects for any of your interests and passions.

AmeriCorps

VISTA



AmeriCorps VISTA is focused on alleviating poverty by helping local organizations expand capacity to make change. Individuals of all ages can serve with local governments or nonprofits to learn new careers skills and prepares you for a life of service in the public, private, or nonprofit sector.

Questions?





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