

90272

magazine



Celebrating



Fourth OF July

IN PACIFIC PALISADES

10K PALISADES WILL ROGERS
739

ALLSTARS
HOLLYWOOD POST43

127

1656

2621

178

256

USA

VAI

ONE COAST

PACIFIC PALISADES

NOW MORE THAN 60% SOLD

One Coast kicks off summer with sales surpassing the 60% mark and demand for this last-of-its-kind community continues to grow. Only four homes remain from Phase I and limited availability remains in Phase II. Don't wait to experience personalized services, coastal-inspired amenities and an unmatched ocean-meets-city locale on the bluffs of Pacific Palisades.

Schedule your private tour today.



onecoast@etcohomes.com
310.230.0101

17324 Tramonto Drive,
Residence 508
Pacific Palisades, 90272
LIVEONECOAST.COM



RESIDENCE 201 | \$2,795,000

TWO-STORY | 2 BEDROOM, 3.5 BATHROOM+DEN | 2,887 SF



RESIDENCE 407 | \$4,100,000

TWO-STORY TOWNHOME | 5 BEDROOM, 5.5 BATHROOM | 4,384 SF



RESIDENCE 601 | \$4,300,000

TWO-STORY | 3 BEDROOM, 3.5 BATHROOM | 3,488 SF

All information (including, but not limited to prices, current views, availability, school assignments and ratings, Broker programs, incentives, floor plans, site plans, features, standards and options, assessments and fees, planned amenities, programs, conceptual artists' renderings and community development plans) is not guaranteed and remains subject to change, availability or delay without notice. Community improvements, recreational features and amenities described may not be an actual representation and are based upon current development plans which are subject to change and which are under no obligation to be completed. Maps and plans are not to scale. Square footage and all dimensions are approximate and may vary in actual construction. As-Built Condition will control. Prices may not include lot premiums, upgrades and options. Community Association or other fees may be required. Actual position of house on lot will be determined by the site plan and plot plan. All illustrations are artist's concepts only, not to scale and subject to change in actual production. Marketing materials do not reflect a racial, age, familial status or ethnic preference. Floor plans and elevations are an artist's conception and are not intended to show specific detailing. Floor plans are the property of etco HOMES and its affiliates and are protected by U.S. copyright laws. No purchase agreement may be negotiated or signed by a prospective buyer for the purchase of a home until the community's applicable conditional or final public report has been issued by the Department of Real Estate (CalDRE). This is not an offering in any state where prohibited or otherwise restricted by law. CalDRE license #01878688. © 2022 etco HOMES.



Welcome Back to the 5 & 10k Run Thank You Runners!



**Saint John's
Health Center**
Providence



CYNTHIA L. & WILLIAM E. SIMON, JR.
FOUNDATION

KENNEDY WILSON



SPECIAL THANKS to our sponsors for their financial support,
as well as their commitment to the race and our community.

8 CALENDAR
Things happening in and around Pacific Palisades this summer

10 PARTY IN THE GARDEN
Pacific Palisades Democratic Club celebrates Fourth of July and looks to the August Garden Party

12 A WELCOME RETURN
Palisades Will Rogers 5 & 10K returns after a two-year hiatus

22 GUIDE TO FOURTH OF JULY
The 90272 Magazine guide features information on everything from the race at the start of the day to fireworks.

30 SALTY'S CHERRY HAND PIES
A selection from the "Sweet Laurel Cookbook"

32 BIRDS OF SUMMER
Wild Birds Unlimited of Santa Monica shares what birds to look for this summer season

34 NAVIGATING THE DIGITAL WORLD
Technology for You President Ramis Sadrieh offers tips and tricks for how to stay safe online

35 MAMMOTH UPDATE
Details of what is happening this summer in the Eastern Sierra

36 SUMMERTIME SAFETY
Local doctors share signs, symptoms and treatment for heatstroke and heat-related illness—and when it's an emergency

38 THE PERFECT MATCH
Groza Learning Center gives tips on how to find the right tutor for your child

40 HIT THE TOWN
90272 Magazine has compiled a list of local things to do this summer

44 SUMMER OF BOCCE
Bocce ball Summer League rolling at Veterans Gardens

46 PICTURE PERFECT
Staff Photographer Rich Schmitt shares an assortment of images snapped on Fourth of July



Cover photo by Rich Schmitt

Cox Paint
www.coxpaint.com

Find your True Colors
with Regal® Select Paint

Cox Paint, Santa Monica
1130 Santa Monica Blvd.
310.393.7208

Cox Paint, West LA
1600 S. La Cienega Blvd.
310.838.2284

Benjamin Moore

Experience The Summer Of Luxury

Now Offering On-Demand Concierge Services

COMPASS

401 Ocean Ave
Santa Monica, California

Unit 3: \$6,995,000 | 3 Beds | 4 Baths | 3,074 SQ FT
Unit 4: \$7,995,000 | 3 Beds | 4 Baths | 3,074 SQ FT

Experience The Calm Of Your Private Oasis

Welcome To Sycamore Ranch

2383 Mandeville Canyon Road
Los Angeles, California
6 Beds | 7 Baths | 3,581 SF | 1.65 AC LOT | \$17,999,000

CINDY AMBUEHL
818.489.0282
cindy@cindyambuehl.com
DRE 01821934

represented herein is intended for informational purposes only and is compiled from sources deemed reliable but has not been verified. Changes in price, conditions, sale or withdrawal may be made without notice. No statement is made as to accuracy of any description. All measurements and square footages are approximate.

PALISADES
VILLAGE

Join us this Independence Day for a fun-filled
celebration on Swarthmore Avenue!

4TH OF JULY
BLOCK PARTY

MONDAY, JULY 4
11AM – 2PM

Live Music • Crafts • Face Painting
Balloon Art • Festive Offers
And More for the Whole Family

COMPLIMENTARY AND OPEN TO THE PUBLIC
Learn More at PalisadesVillageCA.com

Caruso

SKIN FIVE

TIMELESS SKIN, IN NO TIME
 SKIN CARE • BODY CONTOURING • INJECTABLES
 LASER & SKIN TIGHTENING TREATMENTS



DR. AVA SHAMBAN

Dr. Ava Shamban is a board-certified dermatologist who dedicates herself to making clients feel empowered and confident in their everyday lives. A California native and Pacific Palisades resident, Dr. Ava graduated magna cum laude from Harvard University and earned her medical degree from Case Western Reserve University School of Medicine. She is currently a member of the ASDS, the AAD and serves on the editorial board for The Journal of Clinical and Aesthetic Dermatology. Dr. Ava is the author of Heal Your Skin: The Breakthrough Plan for Renewal (Wiley, 2011), makes regular television appearances on CBS's The Doctors and ABC's Extreme Makeover, and was just named #23 in Newsweek's Top 125 Cosmetic Dermatologists in the Country.

In addition to her dermatology practices in Santa Monica and Beverly Hills, Dr. Ava owns two state-of-the-art medical spas called Skin Five. Located in the Pacific Palisades and Century City Mall, Skin Five offers a wide variety of medical aesthetic services intended to help clients achieve their personal beauty and wellness goals. These med spas were designed to provide clients customizable face and body treatment plans that will deliver optimal results. All providers at the Skin Five locations are experts in Coolsculpt, Emsculpt, Laser Rejuvenation, Hydrafacials, Injectables and much more!

970 MONUMENT STREET #216
 PACIFIC PALISADES, CA 90272
 (424)322-8780
 INFO@SKINFIVE.COM
 WWW.SKINFIVE.COM

JUICE CRAFTERS[®] ↗rejuvenate your life↖

NEW EXOTIC BOWLS

MUCHO MANGO

MANGO
 BANANA
 STRAWBERRIES
 GOJI BERRIES
 FRESH MINT



COCO MAUI

COCONUT
 COCONUT FLAKES
 GRANOLA
 BANANA
 PINEAPPLE
 CACAO NIBS



SKIP THE LINE.

ORDER AHEAD!

JUICES • SMOOTHIES • ACAI BOWLS • WELLNESS SHOTS

Calendar

Things happening in and around Pacific Palisades this summer

Balloons & Bubbles

Palisades Village eatery The Draycott will host the family friendly Balloons & Bubbles on Tuesdays at 5 p.m. with happy hour drinks for adults and a balloon artist for kids.

15255 Palisades Village Lane;
thedraycott.com

"Harvey"

Theatre Palisades presents a four-week run of "Harvey" at Pierson Playhouse, June 17 to July 10. Showtimes are Fridays and Saturdays at 8 p.m., as well as Sundays at 2 p.m.

941 Temescal Canyon Road;
theatrepalisades.org

"The Avengers"

Street Food Cinema will host an outdoor screening of "The Avengers" at Will Rogers State Historic Park on July 2 starting at 5:30 p.m.



A previous edition of Art on the Green
PHOTOS BY RICH SCHMITT

1501 Will Rogers State Park Road;
streetfoodcinema.com

4th of July Block Party

Palisades Village will host a block party on the Fourth of July from 11 a.m. to 2 p.m. with live music, crafts and more.

Swarthmore Avenue; palisadesvillage-ca.com

Bacchus Uncorked

Getty Villa will host Bacchus Uncorked:



The cast of "Harvey" on stage at Pierson Playhouse

Drinking (and Eating) with Greeks and Persians on July 9 and 10 from 5 to 8 p.m.

17985 Pacific Coast Highway; getty.edu

All That's Jazz

Westside Voices, an award-winning a cappella group, will present an outdoor concert titled All That's Jazz on July 10 at 3:30 p.m.

9 Latimer Road, westsidevoices.com

Electronics Recycling

Gelson's hosts an electronic recycling event on the second Sunday of each month from 11 a.m. to 2 p.m., including July 10.

15424 Sunset Boulevard; gelsons.com

Pajama Storytime

After a two-year hiatus, Pajama Storytime returns to Palisades Branch Library on July 11 and July 25 at 7 p.m.

861 Alma Real Drive; lapl.org/branches/palisades

Art on the Green 2022

Allied Artists of the Santa Monica Mountains and Seashore will host an art show to support Palisades Village Green, as well as local national conservation organizations, on July 17 from 10 a.m. to 4 p.m.

15290 Sunset Boulevard; allied-artists.com

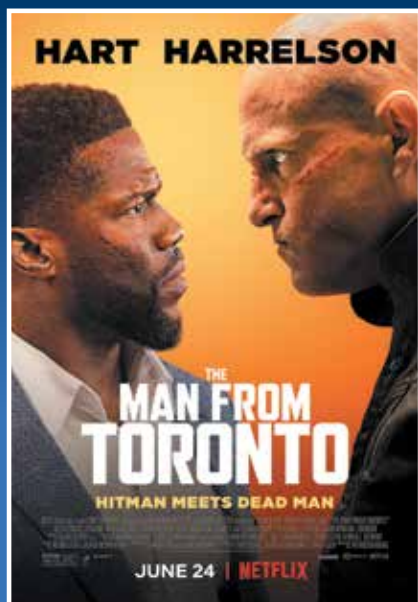
Bay

BAY THEATER
310-230-1457
1035 N SWARTHMORE AVENUE
PALISADES VILLAGE MALL

JULY 4TH SPECIAL

\$4 TICKETS ON THE FOURTH

TICKETS AND SHOWTIMES AT ATOMTICKETS.COM OR BOX OFFICE



NETFLIX

New Outdoor Watering Restrictions



Addresses End in	SUN	MON	TUE	WED	THU	FRI	SAT
ODD							
EVEN							

Limit Outdoor Watering to 2 Days a Week
 8 Mins/Station/Day OR Two 15 Min Cycles/Day with
 Water-Conserving Nozzles | Before 9 AM or After 4 PM

ladwp.com/wateringdays





Party in the Garden



Pacific Palisades Democratic Club celebrates Fourth of July and looks to the August Garden Party

BY ADAM WOLMAN

If we did the math right, it's America's 246th birthday we're all celebrating. Cheers! (Next year the Pacific Palisades Democratic Club celebrates our 70th.)

We used to pull out all the stops in Presidential Election years to get out the vote. These days we can't take our foot off the gas—OK, let's make that the battery-powered accelerator pedal—and are now set up to run Get Out the Vote operations yearlong. This is thanks entirely to the support of Pacific Palisades and neighboring communities, people donating money and time on behalf of the causes they believe in.

Ours is a big tent. Not every-



A look at the Garden Party in 2019

PHOTOS BY RICH SCHMITT

one agrees on every policy detail. But we're in alignment on the big things, and there are plenty of them: improving quality of life

in Los Angeles by getting the unhoused the services and shelter they need to keep them safely off the streets. Fighting for en-

vironmental protection, superior education and economic opportunities, enhanced Medicare for all with prescription, dental, and

mental health coverage ... along the lines of what every other advanced economy provides their citizens. Paid family leave, reduced student debt, strengthened Social Security. Voting rights. Gun safety. A woman's right to choose. We must, and can, win on all fronts—if we stay active together.

And so all are welcome at this year's PPDC Garden Party, slated for August 21 at a beautiful indoor/outdoor home in The Riviera. If you're vaccinated, come in person and mingle with political VIPs. Or, if we can figure it out, perhaps join on Zoom.

Visit palidems.org for more information. But for now, happiest Fourth!



Barney's Beanery

Got Kids? Need Beer?

Barney's is there for you!



1351 3rd Street
Santa Monica, CA 90401
310.656.5777



RODEO REALTY
FINE ESTATES



PACIFIC PALISADES OFFICE

839 VIA DE LA PAZ
PACIFIC PALISADES, CA 90272
310.566.4400

LOCAL EXPERTISE, GLOBAL PRESENCE

PROUD SPONSORS OF THE PALISADES
4TH OF JULY PARADE!

www.rodeoRE.com

A Welcome Return

Palisades Will Rogers 5 & 10K Run returns after a two-year hiatus

BY STEVE GALLUZZO

One of the Palisades' proudest holiday traditions continues on the morning of July 4 at Palisades Recreation Center—where friends, neighbors, family members, classmates and work associates of all ages will gather for the annual Palisades Will Rogers 5 & 10K Run.

ORIGIN

Considered to be one of the toughest road courses in California, the 10K race was founded by Brian Shea, Chris Carlson and Bill Klein, members of a local early-morning jogging group called the Ridge Runners. Shea and Carlson came up with the

idea of the race while picnicking on the grass on San Vicente after running the Brentwood 10K on Memorial Day in 1977. They mapped out a course, cut through red tape to get the needed city and state permits, and in 1978, the Palisades Will Rogers 10K was born.

Drew Mearns, a 25-year-old law student from Virginia who was in town to visit his sister, won the inaugural race. Since then, Shea has watched his brainchild grow in prestige and popularity. The event's director since its inception, Shea is tickled that local runners come back year after year to challenge the grueling switchbacks of Will Rogers State Historic Park in the 10K. In 1986, the

5K course became part of the race, and a half-mile Kids' Fun Run was added 10 years later.

COURSE

Runners eager to test themselves on a certified 5K course now have that opportunity after the race committee lengthened the route several years ago to eliminate congestion that can occur at the Sunset Boulevard and Drummond Street intersection. The change increased the distance by 427 feet, making it a full 3.1 miles.

The start and finish lines and splits for miles one, two and three are in the same locations as they have always been. However, the separation of 5K and 10K runners now occurs

on northbound Toyopa (5K runners keep left, 10K runners keep right), just prior to making the right turn onto Drummond.

Once at Sunset, 5K runners turn left onto Sunset, hugging the left (eastbound) curb, while 10K runners turn right on Sunset and continue down the hill to Will Rogers State Historic Park and back.

At Carey Street, 5K runners turn left and proceed to Toyopa, where they again turn left and run to a U-turn point on Toyopa Drive (before reaching Drummond), then return on the opposite side of Toyopa to the finish line. Red traffic cones will be placed where required to keep the 5K and 10K races separated.



10K recordholder and six-time winner Katie Dunsmuir Younger returned for the 40th anniversary race in 2017.

PHOTO BY STEVE GALLUZZO



Runners pack the intersection of Alma Real and Toyopa at the start of the Palisades Will Rogers 5 & 10K Run on July 4, 2019. More than 3,300 people participated in the 42nd annual race.

PHOTO BY RICH SCHMITT

KRE

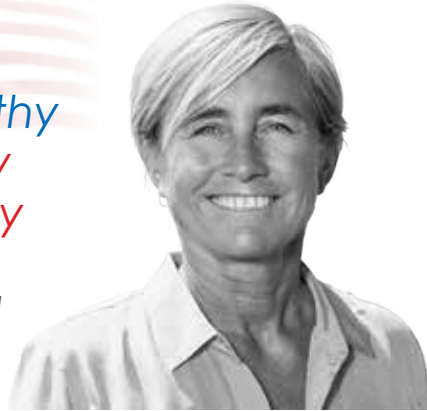
+ Associates



Laura Klein

BROKER/OWNER/REALTOR®
DRE#01435968

Have A
Safe, Healthy
& Happy
4th of July
From
All of Us!



Tracy Williams

AGENT/REALTOR®
DRE#02060550

310.459.7765

Laura@KleinListings.com | www.KleinListings.com

Serving the Entire Westside For Over 18 Years!

Solar SUNTRICITY

Happy 4th of July!

- Hedge against Utility rate increases
- 26% Federal Tax Credit
- Reduce your Electric Bill
- Be Green and Save Green
- Residential & Commercial



Lighten Your
Electric Bill
with Solar!
Your Local Palisades
Solar Company

"Suntricity installed solar to my home and did a wonderful job. I was very happy to receive an electric bill for 6 months usage and it was only \$39.00. It is my pleasure to recommend them to friends, family and clients."

Richard Blumenberg, AIA,
LEED AP
RLB Architecture

Proud
member of
Resilient
Palisades



Free Quote (310) 459-7062

California Award Winning Contractor
Licensed, Bonded & Insured. 42 years in Business
License #369267, B1, C10, C46 - Solar Contractor
Joyce@SolarSuntricity.com www.solarsuntricity.com

MODOMIO cucina rustica

Pacific Palisades CA



The daring and charming italian cuisine

OPEN FOR DINNER ON MONDAY, JULY 4TH
WITH FULL BAR AVAILABLE NOW



The Village of the Palisades

15200 Sunset Blvd. • Pacific Palisades • 310-459-0979
www.restaurantmodomio.com



Cinque Terre
WEST



Happy Fourth of July!

Cinque Terre West Osteria
970 Monument Street Suite 110
Pacific Palisades, CA 90272

(310)454-0709

info@cinqueterrewest.com

WWW.CINQUETERREWEST.COM

WWW.ENOTECACINQUE.COM

.....
RACE RECORDS

In 1983, Russell Edmonds of New Zealand set the still-standing men's 10K race record of 29:46, and no one has broken the 30-minute barrier since. That same year, Katie Dunsmuir, who had just graduated from Palisades Charter High School, set the women's record of 35:09. A cross country and track star for the Dolphins, she had won the previous year and would go on to win four straight times (1992-95) for a total of six, including four of the top 10 fastest times ever among females. Dunsmuir, who ran for the Santa Monica Track Club, had set the Mt. SAC Invitational 5K record and was second in the junior women's 5K race at the 1982 national cross country championships in New Jersey.

Peter Gilmore, who grew up on Via De La Paz, set the men's 5K record of 14:10 in 2003 and the closest anyone has come to breaking it was Gilmore himself, who clocked 14:12 the very next year. In fact, in the 32 years the 5K has been run, only five people have



5K champion Ethan Stauber (center) with Loyola High teammates Vinnie Giachini and Roberto Ruelas after the 2018 race.

PHOTO BY RICH SCHMITT

won in under 15 minutes and only Gilmore (who did it seven times) has done so more than once.

Annetta Luevano set the women's 5K record of 16:29 in 1995. The second-fastest time was run two years prior by Santa Monica High School track

coach Tania Fischer, who won the Pacific Palisades Turkey Trot 5K five times in a row from 2014-18.

.....
RACE KING

Less than two months after winning the *Palisadian-Post* Cup Award as the outstanding senior athlete at Pali High, Gilmore won the 5K for the first time in 1995, foreshadowing his rise as one of the nation's elite marathoners. Gilmore went on to enjoy a successful track career at UC Berkeley. He won the 5K seven more times and still owns the



Natalie Gigg was first in the women's 5K in 18:39 three summers ago.

PHOTO BY RICH SCHMITT

**PALISADES
 WILL ROGERS™
 RIDGERUNNERS**

THERE IS NO FRIEND LIKE AN OLD FRIEND
 WHO HAS SHARED OUR MORNING DAYS,
 NO GREETING LIKE HIS WELCOME,
 NO HOMAGE LIKE HIS PRAISE.

**CHRIS CARLSON
 DICK LEMEN
 LYNN BORLAND**

A plaque honoring Ridge Runners Chris Carlson, Dick Lemen and Lynn Borland was installed several years ago at Will Rogers State Historic Park.

PHOTO BY STEVE GALLUZZO

five fastest times and six of the top 10 fastest in Will Rogers race history.

Gilmore had ambitions of making the Olympics in the marathon and became one of the United States' best at that distance. In 2006 he not only won his last Will Rogers 5K, but was also the top American finisher at the New York Marathon (clocking 2:13:13). The following year he was the top American in Boston, and in 2008 he set the course record at the Surf City USA Half Marathon (clocking 1:05:53).

In 2013, Gilmore was back in the Palisades visiting his parents, Ed and Rita, and decided to give the 10K a try for the first time. He finished sixth overall and second in the 35-39 age group in 35:56. He recently returned at the age of 40 for the 40th anniversary, taking

first place in his age group and eighth overall in the 5K.

.....
RACE QUEEN

While Gilmore remains the 5K master, no one has more overall victories (11) than fellow Palisadian Kara Barnard. A 1996 Pali High graduate, she helped the Dolphins claim the City Section girls cross country championship in 1994, and went on to run cross country and track at UCLA.

Barnard has won the 5K five times (with three of the 10 best women's times) and the 10K six times, including a 35:24 effort in 2004 that remains the third fastest in race history. She and Gilmore swept the 5K races four times (1997-99, 2003) and Barnard won three straight 10Ks from 2010-12 to match Dunsmuir's total of six.

PALISADES WILL ROGERS 5K WINNERS

YEAR	MALE	TIME	FEMALE	TIME
1986	David Greifinger	15:22	Kiki Labordeaux	17:34
1987	Alfredo Perez	15:28	Lari Bright	17:17
1988	Jo Nitti	14:31	Kathy Kanes	16:47
1989	Jeremy Stratton	14:52	Aine Lynam	17:42
1990	David Olds	15:10	Aine Lynam	17:49
1991	Brian Cody	16:10	Julie Matteson	17:05
1992	David Long	14:32	Laurie Chapman	16:47
1993	Jeff Shaver	15:03	Tania Fischer	16:36
1994	David Long	14:56	Jennifer Briggs	17:03
1995	Peter Gilmore	15:19	Annetta Luevano	16:29
1996	Pat Williams	15:55	Joan Hansen Lester	17:43
1997	Peter Gilmore	14:57	Kara Barnard	18:07
1998	Peter Gilmore	14:43	Kara Barnard	18:03
1999	Peter Gilmore	14:30	Kara Barnard	17:12
2000	Jeff Tomlinson	15:38	Kara Barnard	16:50
2001	Mike Spence	15:19	Marie Murphy	18:41
2002	Peter Gilmore	14:18	Elizabeth Farnan	18:30
2003	Peter Gilmore	14:10	Kara Barnard	17:12
2004	Peter Gilmore	14:12	Anna Aoki	17:15
2005	Eric Emilsson	15:06	Therese Fricke	18:39
2006	Peter Gilmore	14:15	Jenna Dee	18:47
2007	Andrew Atkeson	16:25	Jenna Dee	17:57
2008	Brian Duff	16:49	Vivien Wadeck	17:15
2009	Ravi Amarawansa	15:13	Therese Fricke	18:47
2010	Jeremy Doherty	16:28	Lucy Sarkes	20:01
2011	Andrew Bland	15:52	Therese Fricke	18:24
2012	Yu Essay	16:23	Sara Jurek	19:45
2013	Rocky Peterson	16:31	Flora Berklein	19:03
2014	Andrew Bland	15:48	Renee Rodriguez	19:57
2015	Drake Johnston	15:56	Grace Zamudio	18:36
2016	Charlie Sherman	16:07	Renee Rodriguez	19:12
2017	Shane Bissell	16:25	Regina Lopez	17:54
2018	Ethan Stauber	16:05	Natalie Marsh	18:57
2019	Evan Hassman	16:49	Natalie Gigg	18:39
2020	Race Canceled	-----	Race Canceled	-----
2021	Race Canceled	-----	Race Canceled	-----

* Race Record Holders in Bold *



David Greifinger, the 10K champion in 1979, ran the race for fun last July 4.

COURTESY OF PALISADES10K.COM



Andrew Bland won his hometown 5K for the second time in 2014.

PHOTO BY RICH SCHMITT



HAPPY 4TH OF JULY

FROM THE AGENCY TO OUR COMMUNITY.

1017 N. SWARTHMORE AVENUE, PACIFIC PALISADES, CA 90272

PALISADES WILL ROGERS 10K WINNERS

YEAR	MALE	TIME	FEMALE	TIME
1978	Drew Mearns	31:35	Pam Firestone	39:35
1979	David Greifinger	31:09	Carol Cook	35:53
1980	Charles Gray	30:38	Teresa Haro	38:14
1981	Charles Gray	30:26	Teresa Haro	38:16
1982	Jim Scott	31:15	Katie Dunsmuir	36:22
1983	Russell Edmonds	29:46	Katie Dunsmuir	35:09
1984	Patrick Ewing	30:52	Sherry Simmons	36:30
1985	Luis Tipan	30:52	Beth Milewski	36:25
1986	Ray Cook	30:46	Mindy Ireland	35:56
1987	Jeff Shaver	31:07	Amanda Marks	38:59
1988	Greg Hauser	30:46	Amanda Marks	36:17
1989	Jeff Shaver	31:22	Karon Carpani	39:44
1990	David Baca	31:43	Alfreda Iglehart	39:32
1991	Ken Velasquez	31:06	Kimberly Stewart	36:21
1992	Jeff Shaver	31:07	Katie Dunsmuir	35:18
1993	David Olds	32:13	Katie Dunsmuir	36:30
1994	Peter Hogan	32:19	Katie Dunsmuir	35:53
1995	Timothy Berger	32:57	Katie Dunsmuir	36:36
1996	Ray Cook	32:13	Marie Murphy	37:36
1997	Timothy Berger	32:49	Marie Murphy	39:20
1998	Bill McMorrان	32:57	Tina Lount-Petrie	39:36
1999	Tyson Sacco	32:23	Rosa Cazares-Luna	41:03
2000	Nate Bowen	31:38	Melissa Smith	40:13
2001	Tyson Sacco	33:45	Kara Barnard	37:48
2002	Nate Bowen	31:32	Kara Barnard	37:21
2003	Nate Bowen	33:31	Lucy Fitzgerald	38:12
2004	Brad Becken	32:51	Kara Barnard	35:24
2005	Kevin Koeper	31:54	Lucy Fitzgerald	39:33
2006	Kevin Koeper	33:01	Erika Aklufi	35:56
2007	Nate Bowen	33:35	Nancy MacDonald	41:32
2008	Kevin Purcell	34:10	Shawna Burger	37:56
2009	Lewis Elliot	33:29	Shawna Burger	38:02
2010	Kevin Purcell	33:40	Kara Barnard	36:58
2011	Jim Lubinski	32:35	Kara Barnard	37:12
2012	Ankur Tarneja	33:47	Kara Barnard	38:34
2013	Brad O'Bryan	32:33	Laura Conley	40:19
2014	Tonny Okello	31:21	Melinda DiNapoli	40:30
2015	Tonny Okello	32:55	Susanne McNeil Eng	40:33
2016	Tonny Okello	31:32	Katie DeWitt	41:00
2017	Tonny Okello	33:28	Erika Aklufi	38:44
2018	Tonny Okello	32:51	Kaitlyn Peale	36:19
2019	Cosmo Brossy	34:18	Caitlin Crisman	37:17
2020	Race Canceled	-----	Race Canceled	-----
2021	Race Canceled	-----	Race Canceled	-----

* Race Record Holders in Bold *

FAMILIAR FACES

Perhaps no two individuals know the 10K better than Lawrence Meyer and Paul Junger. They ran it every year since it started until 2017—a span of 40 years—but in 2018, 77-year-old Junger of West LA and 71-year-old Meyer of Glendale proved it's never too late to turn over a new leaf. Both switched to the 5K and both finished.

"I was getting lonely the last couple of miles on the 10K course, so I decided I've graduated," joked Junger, who reunited with his friend after wearing his shirt from the inaugural race.

Meyer, too, was proud to start a new streak.

"I don't know if I can last until I'm 111 but it's been a good run," he said. "There has to be a first time for everything."

Runners representing the "Fluffy Bunnies," a Santa Monica-based track club sponsored by Nike, have fared well at Will Rogers over the years with

numerous wins and top three finishes in the 10K.

Tyson Sacco and Kevin Purcell have each snapped the tape twice, David Olds has won the 5K and 10K, and teammate Andrew Atkeson has won the 5K. In 2007, Nate Bowen of Redwood City became the first man to win the 10K four times.

Pilates and fitness instructor Therese Fricke won the 5K three times (2005, 2009, 2011) while Aine Lynam (1989-90) and Jenna Dee (2006-07) each won it back-to-back.

Lifelong Palisadian David Greifinger was 22 years old when he became the first local runner to win the 10K in 1979 and was 29 when he won the inaugural 5K race in 1986.

In 2018, Uganda native Tonny Okello, a Santa Monica Track Club member from Mar Vista, became the first five-time 10K men's champion and the only runner—male or female—to win it five straight times.

REIGNING CHAMPS

Snapping Okello's record

win streak in 2019 was Cosmo Brossy, a 22-year-old Fluffy Bunny from Los Angeles, who clocked 34:18. Okello was runner up, and for a second straight time, Highlands resident and the previous year's Palisades Turkey Trot 10K winner Ken Rideout came in third in 35:24.

Having duelled winner Kaitlyn Peale of Portland for the first five miles before settling for second place 12 months before, 33-year-old Caitlin Crisman was the leading lady in 37:17.

The men's 5K winner three years ago was 20-year-old Evan Hassman, a computer engineering major at Harvey Mudd College in Claremont, who won on his first try in 16:49. Taking second was Brian Duff, winner of the Palisades Lutheran Church's first Oktoberfest 5K in October.

Two Natalies battled for the women's 5K title for the second year in a row, and lifelong Palisadian Natalie Gigg beat former Pali High runner Natalie Marsh. The 24-year-old Gigg, a Corpus Christi alum, played soccer at Marymount High and USC.


SCANDIA
 H O M E

Where the difference lies

SCANDIA HOME BEVERLY HILLS

332 N. Beverly Drive • 310.860.1486 • beverlyhills@scandiahome.com

4TH OF JULY WEEKEND SALE • JUNE 30TH – JULY 5TH • 20% OFF SCANDIA HOME BRANDED ITEMS!



JR BULLS REC LEAGUE

JR Bulls Rec Program is an introductory program for brand new soccer players or players needing more time developing their skills before joining a competitive club team. This program is run by Bulls coaches who all have high level experience in coaching and playing.

SEPT 6TH - DEC 17TH

- ✓ 4v4 games
- ✓ 2 practices/ week
- ✓ Uniform included



OPTION 1

Monday & Wednesday 4:45-5:45pm
+ Saturday Games 9-10am

OPTION 2

Tuesday & Thursday 4:15-5:15pm
+ Saturday Games 9-10am

Option 1 & 2 is available for players who just can't get enough and want to train every day.

Early Bird Registration before July 1 - \$800 Registration after July 1 - \$850
Both options - \$1500 | Age groups: birth year 2018-2013

✉ coach Mele French for more info:
mfrench@labulls.org

📍 **Paul Revere Middle School**

REGISTER:

<https://go.teamsnap.com/forms/319569>

Learn more about LA Bulls at www.labulls.org



Katie DeWitt won the 10K in 2016.



Jim Lubinski won the 10K in 2011.



The start of the 24th annual Kids' Fun Run in 2019. The half-mile race debuted in 1996.

PHOTOS BY RICH SCHMITT

.....
TRADITION

Race winners are invited to ride in the Fourth of July Parade, and the list of celebrities and professional athletes who have participated in or assisted with the race over the years includes actor Walter Matthau, singers Toni Tennille and John Raitt, former

Los Angeles Kings goalie Rogie Vachon, former Los Angeles Dodgers second baseman Davey Lopes, Olympic gold medalists Mark Spitz (swimming) and Carl Lewis (track & field), Los Angeles Lakers General Manager Mitch Kupchak, Congressman Mel Levine, *KTLA* Prime Time News reporter Lu Parker, five-

time boxing world champion Sugar Ray Leonard, local kickboxing champion Baxter Humby, fitness guru and former Honorary Mayor Jake Steinfeld and Golden State Warriors head coach Steve Kerr, who served as parade grand marshal

in 2014 and a few weeks ago piloted the Dubs to their fourth NBA championship in eight years.

Medals go to the first, second and third place finishers in 28 divisions (14 male and 14 female) in the 5 and 10K.

.....
KIDS' FUN RUN

The morning fun doesn't end with the 5/10K. Children ages 10 and under are invited to run or walk in the Kids' Fun Run beginning at 9:30 a.m. on July 4.

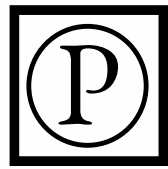
JOHNSON TREE CO.

Three Generations of Expert Tree Care Since 1925

Advanced master dendricians & expert technicians in the science of arboriculture tree care & preservation.

Enjoy the confidence & security of dealing with the leaders of the tree care industry.

Eli Johnson
310.393.5700
 eli@JohnsonTreeCompany.com
 www.JohnsonTreeCompany.com
 Lic#685533
 Bonded/Insured



PFEIFER GROUP



717 21st Place | Santa Monica

Happy 4th of July!



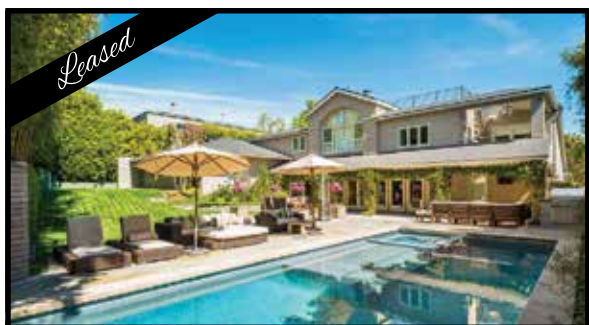
1026 Iliff Street | Pacific Palisades

ALEXANDRA PFEIFER

Pfeifer Group | 310.650.3540
Alexandra@AlexandraPfeifer.com
www.pfeiferproperties.com



4205 Mammoth | Sherman Oaks



545 Amalfi Drive | Pacific Palisades



1023 Galloway | Pacific Palisades

Sotheby's
INTERNATIONAL REALTY

PACIFIC PALISADES BROKERAGE | 15308 SUNSET BOULEVARD, PACIFIC PALISADES, CA 90272

© 2021 Sotheby's International Realty. All Rights Reserved. The Sotheby's International Realty trademark is licensed and used with permission. Each Sotheby's International Realty office is independently owned and operated, except those operated by Sotheby's International Realty, Inc. The Sotheby's International Realty network fully supports the principles of the Fair Housing Act and the Equal Opportunity Act. All offerings are subject to errors, omissions, changes including price or withdrawal without notice. Alexandra Pfeifer DRE 01743378.

The course is a flat half-mile loop on Huntington streets, starting and finishing at Palisades Recreation Center.

All children, whether pre-registered or registering on race day, need to check in at the Fun Run tent near the park entrance. Parents must sign the waiver on their child's registration form.

The Fun Run is a non-competitive race emphasizing participation, with each registered child receiving a T-shirt at check-in, and an American flag and participation ribbon afterward.

This year marks the 25th running of the half-mile race, which made its debut in 1996.

REGISTRATION

Pre-registered runners will be able to pick up their packets at the front lawn tent at Palisades Recreation Center from 10 a.m. to 4 p.m. Saturday, July 2, and Sunday, July 3. Register online at palisades10k.com.

The race fee is \$65 until

July 4. Race day registration increases to \$70. Cost for the Fun Run is \$30. Race day registration will be from 6:30 to 8 a.m. at the Rec Center.

Veterans are encouraged to participate. To register, email info@spectrumsports.net to receive your free registration code.

SPONSORS

One of the many reasons the Palisades Will Rogers 5K & 10K Run is still going strong after more than four decades is the loyal sponsors that have continued to support it year after year.

Sponsors for this year's race include Providence Saint John's Health Center, a private not-for-profit Catholic hospital in Santa Monica serving Westside communities since 1942; Cynthia L. & William E. Simon, Jr. Foundation; The Agency; Kennedy Wilson; Farmers Insurance; The Jordan Kaplan Family; 283 Sons of American Legion; and Laura Brau Estates.

2022 PALISADES WILL ROGERS 5 & 10K RUN

Monday, July 4
Palisades Recreation Center

5/10K Races
8:15 a.m.

Kids' Fun Run
9:30 a.m.

Anticipated Field:
2,500-3,000

Title Sponsor:
Providence Saint John's
Health Center
(2121 Santa Monica Blvd.)



Kara Barnard won the 5K five times and 10K six times from 1997 to 2012.



Peter Gilmore won the 5K eight times and set the course record in 2003.



Grace Zumuduo won the 5K in 2015. PHOTOS BY RICH SCHMITT



Tonny Okello holds up four fingers on the victory stand after winning the 10K in 2017. The next year he became the first in race history to win the 6.2-miler five times in a row, completing the course in 32:51.



The start of the inaugural Palisades Will Rogers 10K in 1978. Drew Mearns won the men's race in 31:35 and Pam Firestone was the women's winner in 39:35.

COURTESY OF PALISADES10K.COM



edlen team



We commemorate the Declaration of Independence, and celebrate 35 years of service to our community.



310.600.7422
michael@edlenteam.com
edlenteam.com
CalRE#00902158



The property information herein is derived from various sources that may include, but not be limited to, county records and the Multiple Listing Service, and it may include approximations. Although the information is believed to be accurate, it is not warranted and you should not rely upon it without personal verification. Not intended as a solicitation if your property is already listed by another broker. Real estate agents affiliated with Coldwell Banker Residential Brokerage are independent contractor agents and are not employees of the Company. ©2019 Coldwell Banker Residential Brokerage. All Rights Reserved. Coldwell Banker Residential Brokerage fully supports the principles of the Fair Housing Act and the Equal Opportunity Act. Owned by a subsidiary of NRT LLC. Coldwell Banker, the Coldwell Banker Logo, Coldwell Banker Global Luxury and the Coldwell Banker Global Luxury logo service marks are registered or pending registrations owned by Coldwell Banker Real Estate LLC. CalRE#00616212 Michael Edlen DRE 00902158, Tatiana Weiss DRE 01751813, Christina Wagner DRE 01310664, Jolie Hernandez DRE 01208938, Keith Craven DRE 01239016

BUY OR SELL YOUR HOME WITH CONFIDENCE. YOU'LL LOVE THE RESULTS.

Have some questions about the local real estate market or need guidance on your personal situation?
Call or text us today to set up a time to chat at 310.600.7422 or email michael@edlenteam.com



GUIDE TO 4TH OF JULY

Kids' Fun Run

9:30 a.m.

Also returning for the first time since the COVID-19 pandemic canceled and amended Fourth of July festivities is the Kids' Fun Run, designed for kids 10 years of age and under.

"The course is a flat half-mile loop that starts and finishes at the Palisades Recreation Center parking lot on Alma Real," according to the race's website. "The Kids' Fun Run is a non-competitive run emphasizing participation, with each registered child receiving a T-shirt, American flag and participation ribbon at check-in."

Also part of the festivities will be a patriotic clown to entertain the kids at the start line and give out balloon animals following the race.

The Kids' Fun Run will be celebrating its 25th anniversary in 2022.

All participants, whether they pre-registered or are registering on July 4, will have to check in at the Fun Run Tent, which will be located on the grass near the park entrance.

The website to sign up is runsignup.com/Race/CA/PacificPalisades/PalisadesWillRogers5K10KRun.



PHOTOS BY RICH SCHMITT

ELLEN McCORMICK

JULY 4, 2022

LET US BE UNITED
IN THE CELEBRATION
OF LIFE, LIBERTY
AND THE PURSUIT OF HAPPINESS,
AND OUR GOOD FORTUNE
TO CALL PACIFIC PALISADES
OUR HOME



ELLEN McCORMICK

"My heartfelt thanks to all my clients who have honored me with their confidence. I hope to have the opportunity to earn yours as well."

Distinguished representation of the Westside since 1984.

ellenmccormick.com

(310) 230-3707

ellen@ellenmccormick.com

CalBRE# 00872518

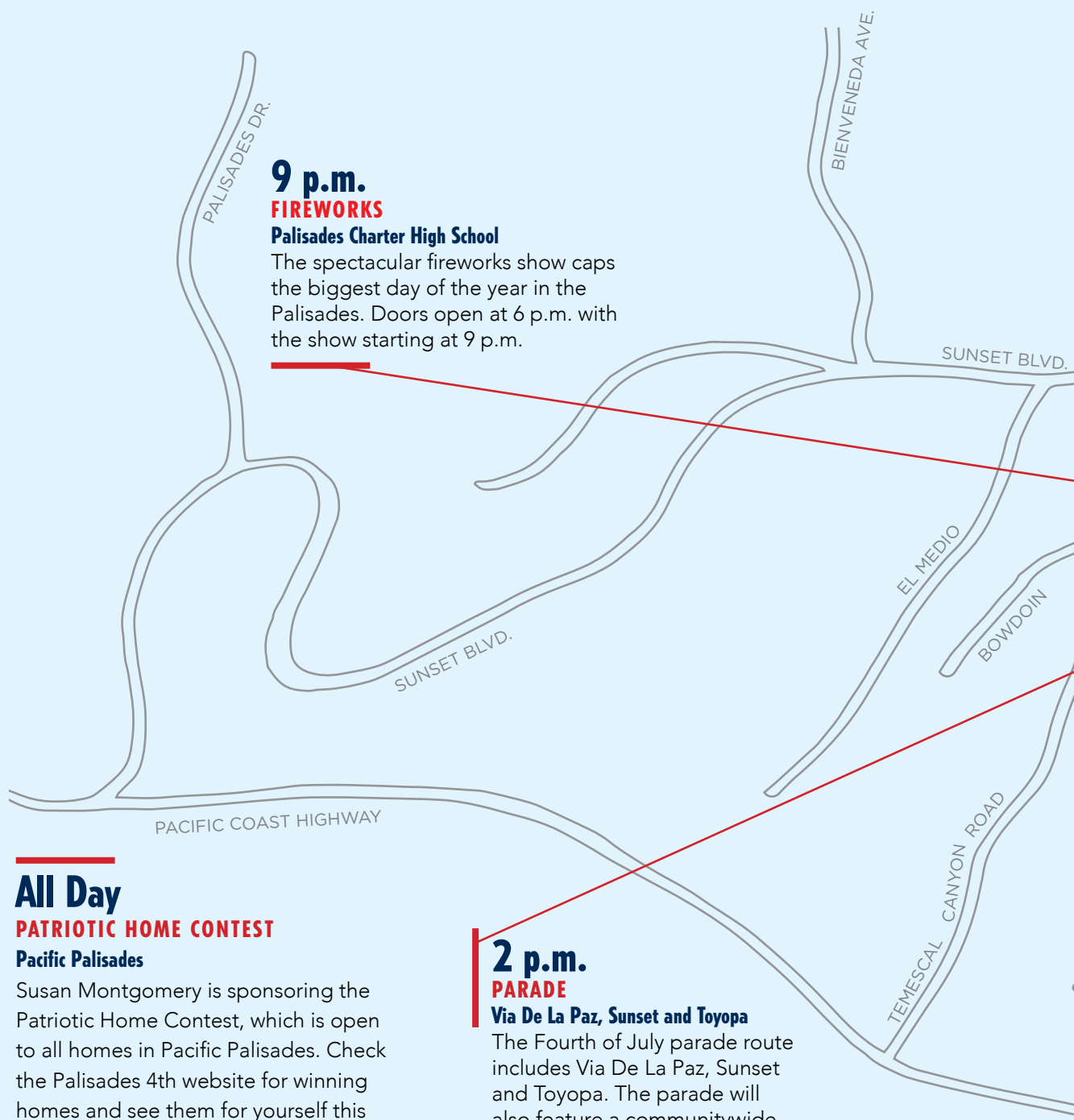


BERKSHIRE HATHAWAY | California Properties HomeServices

©2019 An Independently owned and operated franchisee of BHH Affiliates, LLC.



OFFICIAL MAP TO THE FOURTH



9 p.m. FIREWORKS

Palisades Charter High School

The spectacular fireworks show caps the biggest day of the year in the Palisades. Doors open at 6 p.m. with the show starting at 9 p.m.

All Day

PATRIOTIC HOME CONTEST

Pacific Palisades

Susan Montgomery is sponsoring the Patriotic Home Contest, which is open to all homes in Pacific Palisades. Check the Palisades 4th website for winning homes and see them for yourself this Independence Day.

2 p.m. PARADE

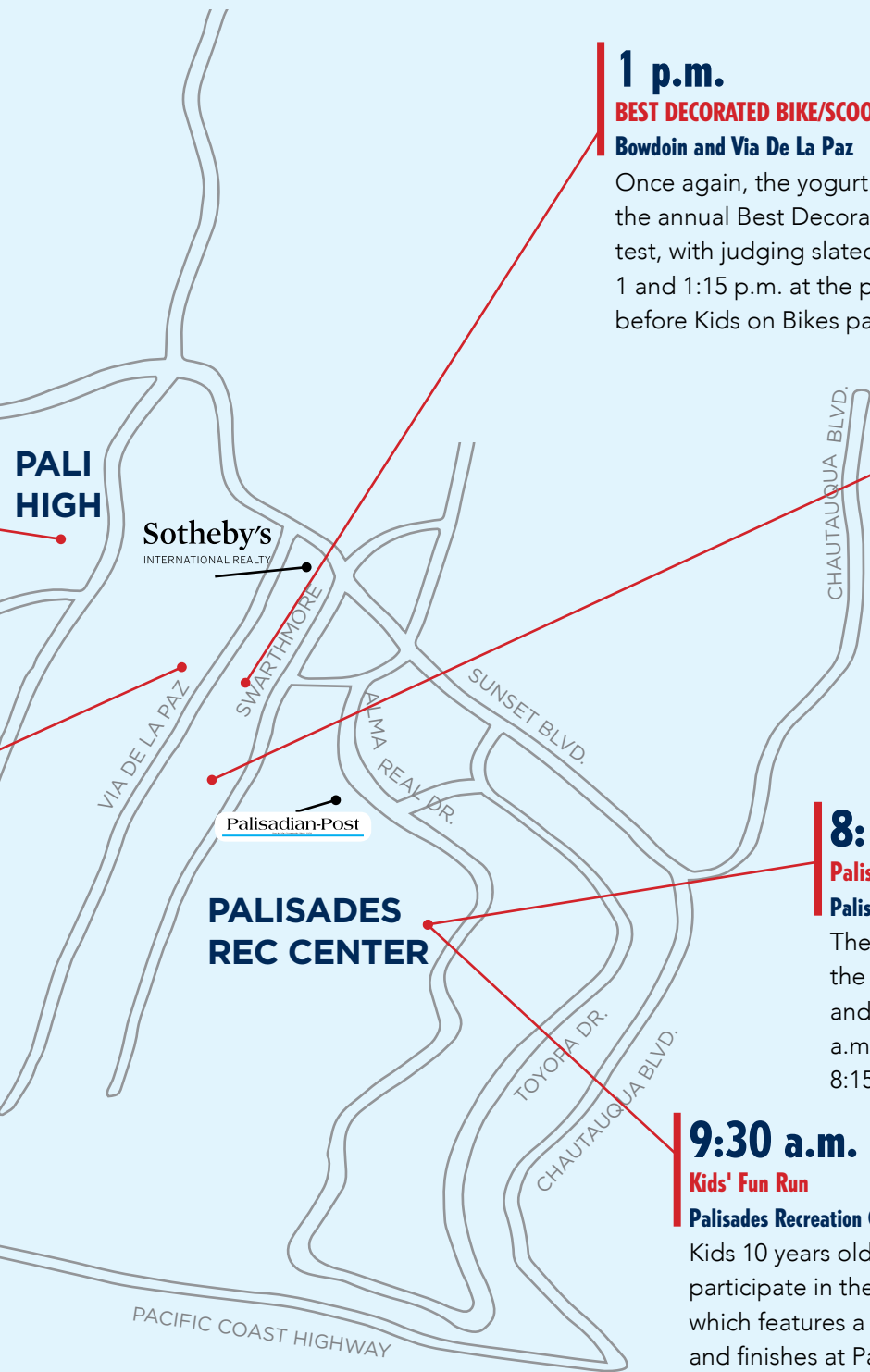
Via De La Paz, Sunset and Toyopa

The Fourth of July parade route includes Via De La Paz, Sunset and Toyopa. The parade will also feature a communitywide flyover by a group of World War II fighter planes.

Sotheby's
INTERNATIONAL REALTY



OF JULY IN PACIFIC PALISADES



1 p.m. BEST DECORATED BIKE/SCOOTER CONTEST

Bowdoin and Via De La Paz
Once again, the yogurt shoppe will sponsor the annual Best Decorated Bike/Scooter Contest, with judging slated to take place between 1 and 1:15 p.m. at the parade start location, before Kids on Bikes participate in the parade.

1:45 p.m. PATRIOTIC PUPS

Palisades Charter Elementary School
The Patriotic Pups of Pacific Palisades will march in the parade, sponsored by Paws N' Claws. Participating pups are asked to meet between 1 and 1:45 p.m. at Palisades Charter Elementary School.

8:15 a.m. Palisades Will Rogers 5 & 10K Run

Palisades Recreation Center
The race returns this Fourth of July for the first time since 2019. Registration and packet pick up opens at 6:30 a.m., with both races beginning at 8:15 a.m..

9:30 a.m. Kids' Fun Run

Palisades Recreation Center
Kids 10 years old and under are invited to participate in the 25th annual Kids' Fun Run, which features a flat, half-mile loop that starts and finishes at Palisades Recreation Center.



Happy 4th of July

We salute the PAPA Patriotic Home Decorating Contest sponsor, SUSAN MONTGOMERY, for her continued support of the community. This year's contest will honor the memory of long-time Palisadian and contest sponsor Joan Sather.

[SOTHEBYSREALTY.COM](https://www.sothebysrealty.com)

PACIFIC PALISADES BROKERAGE | 15308 SUNSET BOULEVARD
Operated by Sotheby's International Realty, Inc.



Fourth of July Parade

2 p.m.

The Fourth of July Parade, produced by Palisades Americanism Parade Association with help from parade coordinator Pageantry Events, will return to the heart of the village for its 74th year.

Though amended slightly in 2021, the parade was only canceled due to the pandemic for one year in 2020. This year's parade will welcome musical units, equestrian groups, floats, marching units and vehicles from both in the local area and afar.

The PAPA website described the parade as a “wonderful reflection of our community,” giving residents—especially children—a “chance to share their pride and imagination.”

Parade route street closures, which will be in place between 1:15 and 4 p.m. include Via De La Paz between Bowdoin and Albright streets; Sunset Boulevard from Temescal Canyon Road to Hartzell Street; Drummond Street from Sunset Boulevard to Ocampo Drive; and Toyopa and Ocampo drives from Pampas Ricas to Alma Real Drive.

The parade is slated to begin with a communitywide flyover from a squadron of World War II fighter planes at 2 p.m.

For more information, visit palisades4th.com/parade.



PHOTOS BY RICH SCHMITT



Kids on Bikes

1 p.m.



PHOTOS BY RICH SCHMITT

Each year the yogurt shoppe sponsors Kids on Bikes, giving youngest parade participants a chance to show off their best decorated bikes and scooters for a chance to win prizes.

“We see how the traditions of the yogurt shoppe have really cemented it as a staple within the community,” shoppe-owner Adam Wolfson shared of the contest in an interview in 2020.

Kids are encouraged to decorate bikes and join the parade assembly point at 1 p.m. on July 4 for the opportunity to participate in the contest. Judging will take place between 1 and 1:15 p.m. at the parade state location, which is in front of Palisades Charter Elementary School at the corner of Bowdoin Street and Via De La Paz.

Parents and guardians are also asked to document the



event by taking pictures and tagging @theyogurtshoppe, #palisades4thkidsonbikes and #palisadesjuly4.

Water bottles are recommended and helmets will be required. Participants will also complete a waiver.

For more information or to find the waiver, visit palisades4th.com/parade/kids-on-bikes.

Patriotic Pups

1 p.m.

Parade organizers did not forget our furry friends when gearing up for Fourth of July celebrations: Patriotic Pups are welcomed to march in the parade in a unit organized and sponsored by Paws N' Claws.

Participants in the Patriotic Pups group are invited to meet between 1 and 1:45 at Palisades Charter Elementary School—"at the corner of Via De La Paws and BowWowdoin," the PAPA website read.

Those marching in the parade will receive a bandanna, water, collapsible water bowl and dog bags from the sponsor.




Participating pups will need to be leashed at all times while in the parade, including while assembling, and should be well behaved and comfortable with crowds and alongside other pups, cars, horses and people. Those who are interested in joining should email patrioticpups@palisades4th.com with a name, telephone number, email address and name of the participating pup, with Patriotic Pups in the subject line.



PHOTOS BY RICH SCHMITT

HAPPY JULY 4TH!

PATRIOTIC PUPS ON PARADE

-  Premier grooming salon of Pacific Palisades.
-  Family run for over 20 years - Award winning groomers with experience in a multitude of grooming styles. Certified Colorist to style your dog. Boutique with pet apparel and supplies.
-  Monthly non-anesthesia dental clinic: Services include veterinary wellness exam, oral exam and complete dental cleaning.

Proud sponsor of the Patriotic Pups for the past 15 years

Thank you to our fellow Palisadians for your generous donations which enabled us to support local animal shelters.



 **PAWS N' CLAWS GROOMING SALON, INC** 

HOURS: Tuesday - Saturday  8:00am - 4:30 pm
16634 Marquez Ave.  Pacific Palisades  (310)459-2009

 [@pawsnclaws.palisades](https://www.instagram.com/pawsnclaws.palisades)
pawsnclaws-pacificpalisades.com

Palisades July 4th Music and Fireworks

6 p.m.

What would Fourth of July be without the grand finale: a dazzling display of fireworks, lighting up the Palisades sky?

This year's event will take place, once again, at Palisades Charter High School at Stadium by the Sea. Doors will open at 6 p.m., with Lee Dyson of Hey Mister DJ set to kick off music at 6:30 p.m.

According to the PAPA website, food trucks will be in the stadium parking lot, but this year, all refreshments must be consumed in that area and may not be brought into the stadium.

The evening will conclude with fireworks, by the "world famous Pyro

Spectaculars," which begin at 9 p.m.

Road closures for the fireworks will include Bowdoin Street, west from Temescal Canyon Road to Erskine Drive, between 5 and 10:30 p.m.; Erskine Drive between El Medio and Miami way from 8 to 9:45 p.m.; and Temescal Canyon Road between Pacific Coast Highway and Bowdoin Street from 8:55 to 9:35 p.m. at the request of LAFD.

Tickets, which will only be available for pre-purchase online until 8:40 p.m. the day of the event, will be required for all attendees.

For more information or to secure tickets, visit palisades4th.ticketleap.com.



Patriotic Home Contest



For those looking to show off their Fourth of July decorations, local real estate agent Susan Montgomery will be sponsoring the annual Patriotic Home Contest.

"Susan is continuing the Home Decorating Contest tradition on her own after the untimely passing of her fellow agent and friend Joan Sather, a long-time PAPA sponsor and supporter," according to the PAPA website.

For years, Sather and Montgomery partnered to sponsor the contest, and this year, Montgomery will continue it.

All homes across the Palisades are eligible to enter, with prizes awarded in first, second and third place for most patriotic home decorations. Entries are accepted at palisades4th.com/parade/home-contest or by posting a photo at the Pacific Palisades Fourth of July Celebration Facebook page. Entries are also accepted by uploading a photo to Instagram with #Palisades4thHomeContest in the description by 5 p.m. on July 2.

Judging is slated to be conducted on July 3, with winners being notified that afternoon.

Eighth Annual Photo Contest



PHOTO COURTESY OF NECHAMA DISKIN



PHOTO COURTESY OF IAN MARGAZIOTIS

Each year, the *Palisadian-Post* collects an assortment of images from community members showing off how they celebrate Fourth of July, with this year marking the eighth edition.

Readers have a chance to submit photos of anything they see fit. From celebrating pets to kids showing off red, white and blue attire and decked out homes—anything goes.

To participate in this year's photo contest, send high-res images (300 dpi or "actual size" if sending from a smart phone) to mypost@palipost.com by Tuesday, July 5, at 8 p.m. for a chance to be featured.



Happy 4th of July to our
Pacific Palisades neighbors,
from my family to yours.

Over

\$200M

Sold in 2021

Over

\$100M

Sold in Pacific Palisades in 2021

Over

30 Years

in Pacific Palisades Real Estate



DAN URBACH

310.367.9865

Dan@DanUrbach.com

DRE 01147391

COMPASS

Compass is a real estate broker licensed by the State of California and abides by Equal Housing Opportunity laws. DRE 01866771. This is not intended to solicit property already listed.

Salty's Cherry Hand Pies

A selection from the
"Sweet Laurel Cookbook"

Cherry pie is Laurel Gallucci, co-founder/CEO of Sweet Laurel Bakery, dad's all-time favorite, and that's why she named our version after him, who's lovingly called "Salty" by her mom—though we all agree he is as sweet as can be. (That's another story for another time!)

These little hand pies are perfect for any summer celebration and can be made with the fruit filling of your choice.

This recipe, which makes six hand pies, is grain-free, gluten-free, dairy-free and refined sugar-free.



PHOTOS COURTESY OF SWEET LAUREL

Ingredients:

For the crust:

- 2 1/2 cups almond flour
- 1 cup arrowroot powder
- 1/4 cup 100% maple syrup
- 1 large egg
- Pinch of Himalayan pink salt
- 1/4 cup coconut oil, solid

For the filling:

- 4 cups frozen or fresh cherries, pitted
- 1/2 cup 100% maple syrup
- Juice of one lemon
- 1 tablespoon arrowroot powder
- 1 large egg, beaten

Directions:

1. Preheat the oven to 350°F. Line a baking sheet with parchment paper.

2. Make the crust by combining the flour, arrowroot, maple syrup, egg, salt and coconut oil in a large bowl, and mix with a pastry blender or your fingertips until a dough comes together. Gently shape the dough into a ball, cover with plastic wrap and chill in the freezer for about an hour.
3. Place the dough between two pieces of parchment paper and roll it out a quarter-inch thick. Using a paring knife, cut the dough into six, five-by-five-inch squares. Then, use a one- to two-inch, star-shaped cookie cutter to cut out stars from each square. The goal is that when you fold the square over on the diagonal,

the star shape will be in the center of the turnover. Place the squares of dough on the prepared baking sheet with a spatula. Chill in the refrigerator while you prepare the filling.

4. In a medium saucepan over medium heat, combine the cherries, maple syrup and lemon juice. Cook for about 10 minutes, until the mixture begins to boil; then remove the pan from the heat and stir in the arrowroot powder.
5. Place two heaping tablespoons of the cherry mixture in the center of each dough square. Fold one corner of the dough up over the cherry mixture to

form a triangle, and seal the edges by crimping with fork tines. Don't worry if there are breaks along the folded edge, just pinch the dough down with your finger tips to reseal.

6. Brush some egg over each hand pie. Bake for about 30 minutes, until golden brown and any cherry liquid dripping out appears thick. Serve immediately or refrigerate for up to two days. Rewarm before serving and enjoy.

Check out our cookbook on sweetlaurel.com for more delicious, paleo recipes, and join our community on Instagram [@sweetlaurelbakery](https://www.instagram.com/sweetlaurelbakery) for baking classes, blog recipes and so much more.

WISHING YOU A HAPPY AND SAFE

4TH OF JULY!



HAPPY TO ANNOUNCE A NEW PARTNERSHIP

Sue Kohl and Courtney Kohl Paulson

Please visit our website at www.SueKohl.com

Sue Kohl | 310.720.3400
SueKohl@gmail.com | LIC# 00560679

Courtney Kohl Paulson | 310.600.0904
CourtneyKohlPaulson@gmail.com | LIC# 01864392



BERKSHIRE HATHAWAY | California Properties
HomeServices

©2022 Berkshire Hathaway HomeServices California Properties (BHHS) is a member of the franchise system of BHH Affiliates LLC. BHH and the BHH symbol are registered service marks of Columbia Insurance Company, a Berkshire Hathaway affiliate. BHH Affiliates LLC and BHHS do not guarantee accuracy of all data including measurements, conditions, and features of property. Information is obtained from various sources and will not be verified by broker or MLS. Buyer is advised to independently verify the accuracy of that information.

Sweet Laurel
SUMMERTIME



Visit us at the cake shop for hot weather treats like vegan ice cream sandwiches and classic summer flavors, including strawberry rhubarb and blueberry pies! Available in-store at our sweet pink shop located in the Palisades Village, or local delivery through www.SweetLaurel.com

Join us on July 4th

For our Sweet Laurel Lemonade Stand, in front of the shop! Featuring Apricot Lane Farms Orange Blossom Honey Lemonade.



Thank you to **parents** who foster **citizenship** in our children to **listen, think and dream!**

Thank you to **Palisades Community Council, Pali Post, and Circling the News** for informing us!

Thank you to our **TEACHERS!**

Thank you to the **community advocates** who **strive to keep us safe and to save our planet;**

Thank you to our **Houses of Worship**

And most sincere **gratitude** to our **FIRST RESPONDERS** who risk their lives to save ours!

Let Us Preserve Our Democracy

K.C. Soll

Sotheby's International Realty
15308 Sunset Blvd., Pacific Palisades
kc.soll@sothebys.realty | 310.245.6161
cert.palisades@gmail.com
for disaster preparedness counseling



HAPPY
4TH
OF JULY

The Finest Quality
Philip's French
CLEANERS

(310) 454-7244
1524 Sunset Blvd. • Pacific Palisades
New entrance in the back with convenient parking!

Birds of Summer

Wild Birds Unlimited of Santa Monica shares what birds to look for this summer season



Hooded oriole



Dark-eyed junco

PHOTOS COURTESY OF WILD BIRDS UNLIMITED

BY CHARLOTTE WOLTER

Summer is a great time to see birds. Most of your favorites are around: the plump little dark-eyed juncos, noisy gregarious scrub jays, softly cooing doves, yellow-green goldfinches and cheerfully chirping house finches. Plus, the weather is nice, so you can sit in a favorite spot and watch them visit your feeders.

In summer, Southern California is blessed with almost the full cohort of our local birds. Sure the warblers migrate away north, but we have colorful orioles and grosbeaks in their place.

Pacific Palisades also has the canyon wrens, who sing their beautiful cascading song in the evenings.

Early summer is when the goldfinches—especially those near the coast—build nests and hatch their young. After the youngsters fledge, the parents will be bringing them to your yard, especially if you have feeders.

You will see the petite, adorable juncos scouring your lawn for one more

worm for their babies, while black phoebes perch on street signs and examine the same lawn for flying insects.

If you keep your hummingbird feeders full of nectar, mother hummers will continue to nest and fledge babies until August. Don't trim your bushes until fall and watch carefully, especially in small ficus trees, for their tiny sculpted nests, glued to branches with spider silk.

In fact, most birds are fledging young sometime during the summer, which means they and their babies will flock, literally, to your feeders to keep up the parents' strength and to keep young mouths full.

Yet, sometimes in summer the pace seems to slow, and you see fewer birds, especially as we move into July and Au-

gust. Why aren't they out there enjoying the great food you're putting out on this beautiful day?

Well, in the summer birds need what everyone else needs: a little cool water to drink, and a place to splash and cool off. And they need it every day.

Birds must be ready to fly at all times, and bathing is a critical part of maintaining feathers in top flight condition. Water is also vitally important to many birds to regulate their body temperature. So, now's the time to think about how to add water to make sure your yard is the perfect place for birds to visit in the summer. It will pay off with scores of happy birds, flying and hopping around your yard.

Adding water to your area is pretty

easy. It can be as simple as putting out a shallow dish on a table or wall with enough space for birds to perch and drink. If you can create different depths with flat rocks, more birds can use it to bathe, even hummingbirds.

Birdbaths, of course, are the classic way to provide water for birds. Whether made of stone or ceramic, glass or metal, the right birdbath can be a design focus for your entire garden. Keep it full, and, again, use flat stones to create different depths so all your birds can bathe.

To make that birdbath even more appealing, add a fountain, spray or bubbler to keep that water moving. There are solar bubblers that require no electrical cord or hose connection to push a delicate spray into the air. The benefit is that you add the soothing sound of trickling water to your garden.

Now, you and the birds are set to enjoy summer.

Wild Birds Unlimited is located at 12433 Wilshire Boulevard in Santa Monica. For more information, visit santamonica.wbu.com or call 424-272-9000.



EL DRAGÓN

est. 2021

FROM THE PEARL DRAGON FAMILY

FAMILY STYLE MEXICAN FOOD & CRAFT COCKTAILS

- exclusively for pick up or delivery -

Please place your order the day before scheduled pick up

Get to know us and view our complete menu at



eldragon.net

**BERKSHIRE
HATHAWAY**
HomeServices
California Properties

TAKE A TOUR TODAY
at bhscalifornia.com



1853 E CHASTAIN PKWY, PAC PAL
6BD/7½BA • \$6,395,000
Eric Knight, 310.230.3743
LIC# 00977963



941 N NORMAN PL, BRENTWOOD
5BD/6BA • \$5,000,000
Stephanie Stern, 310.461.5125
LIC# 02016299



3442 CLOUDCROFT DR, MALIBU
3BD/3BA • \$4,490,000
Dustin Hall, 310.230.3744
LIC# 01368740



224 3RD AVE, VENICE
4BD/4BA • \$4,395,000
Coleman Eisner / Isabelle Mizrahi, 310.963.8219
LIC# 01326482 / 01209059



16656 LINDA TERR, PACIFIC PALISADES
4BD/3BA • \$3,750,000
John Closson, 310.230.3704
LIC# 00918585



668 BIENVENEDA AVE, PAC PAL
5BD/5BA • \$3,450,000
John Closson, 310.230.3704
LIC# 00918585

@BHSCALIFORNIA      

© 2022 Berkshire Hathaway Home Services California Properties (BHSCP) is a member of the franchise system of BHH Affiliates LLC. BHH and the BHH Symbols are registered service marks of Columbia Insurance Company, a Berkshire Hathaway affiliate. BHH Affiliates LLC and BHSCP do not guarantee accuracy of all data including measurements, conditions, and features of property. Information obtained from various sources and will not be verified by broker or MLS. Buyer is advised to independently verify the accuracy of that information.

Navigating the Digital World

Technology for You President Ramis Sadrieh offers tips and tricks for how to stay safe online

This is Ramis Sadrieh—your friendly, neighborhood, personal technology consultant.

I would like to share some pointers about how to navigate through the digital world a little more safely. Unfortunately for us, the digital world has become a little more like a digital jungle, with digital predators searching for their next victim.

If you get an email thanking you for a purchase on a popular website, such as Amazon, with an unusual dollar amount and a phone number to call in case there was a mistake, ignore it and delete the message. This email is a scam, intended for you to call the number so that the predator on the other end of the line can fool you into buying something you absolutely do not need.

You may also get a pop-up on your screen saying that your computer is infected, and to call a certain “Microsoft” or “Apple” number in order to get it cleaned up. This too is a scam, and should be ignored. Simply shut down your computer—even forcefully if you have to—and once you turn on your computer, you are good to go.

Think of it this way: Neither Microsoft or Apple cares if your computer is infected, and they certainly would not reach out to you to help clean your system up.

Another tip I would like to provide is in regard to getting a “free” email account. Since data is now the world’s most precious commodity, consider



PHOTO BY RICH SCHMITT

buying a domain name and paying for your own email address.

Companies, such as Google, may offer “free” email, but nothing is “free” in this world, like my father always tells me. Instead, these companies have set up algorithms where their computers scour through your email, collecting data about you so that they can make money selling your information. Why else do you think you get

bombarded with spam?

To avoid the selling of your data, consider visiting a company such as GoDaddy to subscribe to your very own email address with a domain of your choosing. My email, for example, is ramis@technologyforyou.com.

For more information or to reach Ramis Sadrieh, call 310-597-5984 or visit technologyforyou.com.



Ramis Sadrieh

PHOTO COURTESY OF RAMIS SADRIEH



Palisadian-Post

Serving the Community Since 1928

SUBSCRIBE TODAY!

...it's easy!

Call **310.454.1321**
or visit
www.PaliPost.com

Cafe Vida

Healthy California Cuisine

Enjoy a unique blend of flavors that come from freshly made food prepared with wholesome, natural ingredients.

Salud!



EAT WELL, LIVE WELL

CLOSED ON THE 4TH OF JULY

9:00 A.M. - 8:00 P.M. Daily

15317 Antioch St., Pacific Palisades, 310.573.1335

Mammoth Update

Details of what is happening
this summer in the Eastern Sierra

BY REBECCA GARRETT

Happy Fourth of July to all my friends and clients in the Palisades!

I hope you will be able to make it up to Mammoth this summer, especially if you have never experienced the Eastern Sierra in summertime. There is so much to do: hiking, road biking, mountain biking, stand-up-paddle and fishing (both lake and river), to name a few activities.

Don't forget about all the concerts and festivals going on in and around Mammoth this

summer. There is something for everyone: art, Shakespeare, rock, jazz, country, reggae, wine, tequila, whiskey, ribs and BBQ, yoga, running, biking, fishing, etc.

The Aspen Corp. just broke ground for its new Limelight Hotel on the seven acres previously owned by the Ritz Carlton at the corner of Canyon Boulevard and Lake Mary Road. The property is being developed into 151 hotel rooms and 15 luxury residences, as well as a restaurant and lounge. It promises to replace the Westin as Mammoth's premiere property.

We seem to be returning to a more balanced and normal real estate market. Inventory is increasing and prices are leveling off. The market is still very active but we are not seeing the craziness of a few months ago. This is a welcome change, and we hope inventory will continue to grow.

If you have any questions about buying or selling in Mammoth or the surrounding area, please let me know.

For more information, call 310-795-9161 or visit rebecagarrett.com.



Rebecca Garrett

PHOTO COURTESY OF REBECCA GARRETT

SB Simon Beardmore



Let's Meet for Coffee,
I'll Bring Your Mug.

Simon Beardmore, ranked in the top 1% of Residential Real Estate professionals nationwide. Always ready to start a new relationship with a client at any point in their home buying/selling journey. A proven track record and an unparalleled vision that adds value for both sellers and buyers. Available for any and all real estate inquiries.



Simon Beardmore
Global Real Estate Advisor
d: 310.892.6454
simon@simonbeardmore.com
simonbeardmore.com

Brentwood Brokerage | sothebysrealty.com

Sotheby's
INTERNATIONAL REALTY

© 2021 Sotheby's International Realty. All Rights Reserved. The Sotheby's International Realty trademark is licensed and used with permission. Each Sotheby's International Realty office is independently owned and operated, except those operated by Sotheby's International Realty, Inc. The Sotheby's International Realty network fully supports the principles of the Fair Housing Act and the Equal Opportunity Act. Real estate agents affiliated with Sotheby's International Realty are independent contractor sales associates and are not employees of Sotheby's International Realty. SIR DRE#: 899496. Simon Beardmore DRE#: 01321605

Summertime Safety

Local doctors share signs, symptoms and treatment for heatstroke and heat-related illness—and how to know when it's an emergency

SPONSORED BY THE KECK FAMILY



BY SARAH SHMERLING

When summertime rolls around in Pacific Palisades, it often means trips to the beach and exercising outdoors in the sunshine.

What that also means is that it's time to revisit—or learn for the first time—the signs and symptoms of heatstroke and heat-related illness, as well as what to look out for when deciding if it's necessary to seek medical treatment.

“First of all, just to distinguish heat exhaustion and heatstroke, it's sort of a continuum where heat exhaustion happens before heatstroke,” Dr. Damon Raskin, a board-certified practitioner of internal medicine, explained. “Heatstroke is a true emergency where you have to call 911, heat exhaustion can be reversed, like a progression. Heatstroke is sort of a progression of heat exhaustion.”

In terms of heatstroke, Raskin said to watch out for a severe headache, dizziness, high body temperature, nausea, vomiting, a change in mental status, including getting more confused, red/hot skin, and seizures and unconsciousness, if it goes far enough.

“They actually don't sweat, despite the heat, because it's sort of beyond what the body can handle,” he explained. “Heat exhaustion is a little bit less of symptoms, but similar. You can get headaches, lightheadedness, muscle cramps

... they actually, because it hasn't progressed to heatstroke, are often sweating. Your body is trying to sweat to reduce the heat, that's its natural mechanism to do that.”

When it comes to preventing heatstroke and heat exhaustion, Los Angeles County Public Health recommended drinking water and staying hydrated throughout the day.

“In general things that have 5% carbohydrates are absorbed better than water,” Dr. Gary Green with Primary Care Pacific Palisades - Saint John's Physician Partners explained. “Most of the typical sports drinks that you have on the market, like Gatorade and Powerade, that's exactly what they have, it's about 5% carbohydrate.”

He added that cold fluids are absorbed quicker than room temperature or warm, so the optimal beverage would be a cold, 5% carbohydrate drink with electrolytes.

For those who must go out during a heatwave, Public Health recommended to plan the day to avoid going out during the hottest hours and wear sunscreen. The agency also suggested to wear light-colored clothing, as well as a hat, and to use an umbrella.

“Cars get very hot,” according to Public Health. “Never leave children or pets in cars, and call 911 if you see a child or pet in a car alone.”

Green explained that the key things for

preventing heatstroke and heat-related illness are hydrating beforehand and altering exercise based on the weather and any underlying conditions.

“When you recognize the early signs of heat illness, the most important thing is stopping exercise, and then hydrating and putting somebody in a cool area with a fan, bring them indoors to an air-conditioned place,” Green shared. “If they really are losing consciousness or their temperature is going very high, then they need to be transported immediately to an emergency room.”

Los Angeles County Health Officer Dr. Muntu Davis expressed the importance of checking on others during heatwaves.

“While it is very important that everyone take special care of themselves, it is equally important that we reach out and check on others, in particular those who are especially vulnerable to the harmful effects of high temperatures, including children, the elderly and their pets,” Davis shared in a statement. “High temperatures are not just an inconvenience, they can be dangerous and even deadly. But we can protect ourselves, our families and our neighbors if we take steps to remain cool and hydrated.”

For a printable version of the brochure on the next page about heatstroke and heat-related illness, visit palipost.com.

Know the Signs of Heatstroke & Heat-Related Illness

SPONSORED BY THE KECK FAMILY

When the weather is warmer—and all year-round—it is important to know the signs and symptoms of heatstroke and heat-related illness, as well as what to do if you notice someone experiencing either.

Heat Exhaustion

- Headaches
- Nausea and vomiting
- Fatigue, weakness and restlessness
- Thirsty
- Anxiety
- Poor coordination
- Weak, rapid pulse
- Sweating heavily
- Raised body temperature



Heatstroke

- Headaches
- High body temperature (104 F or higher)
- Altered mental state or behavior
- Alteration in sweating
- Nausea and vomiting
- Flushed skin
- Rapid breathing
- Racing heart rate

Ways to cool someone down:

- Move to a cool place
- Lie them down and raise their feet slightly
- Get them to drink water and/or sports drinks
- Cool their skin by spraying or sponging them with cool water

When to call 911:

- Feeling unwell after 30 minutes of resting in a cool place
- Not sweating even while feeling too hot
- A high temperature of 104 F or above
- Fast breathing or shortness of breath
- Feeling confused
- Seizure
- Loss of consciousness
- Not responsive

Precautions to take to avoid heat-related illness, according to Los Angeles County Public Health:

- Drink plenty of water and keep hydrated throughout the day.
- If you must go out, plan your day to avoid going out during the hottest hours, and wear sunscreen. Wear lightweight, light-colored clothes, and wear a hat or use an umbrella.
- Cars get very hot. Never leave children or pets in cars, and call 911 if you see a child or pet in a car alone.
- Beware of heat-related illness, like heatstroke and call 911 if you see these symptoms: high body temperature, vomiting, and pale and clammy skin.
- Check on those at risk, like those who are sick, older adults, pregnant women, children and those who live alone.
- Visit your power company's website or contact them by phone to determine if you are scheduled for a rolling power outage.

[CLICK HERE TO DOWNLOAD PRINTABLE VERSION](#)

Data compiled from Los Angeles County Public Health, Mayo Clinic, National Health Service and South Australia Health.



The Perfect Match

Groza Learning Center gives tips on how to find the right tutor for your child

BY TATYANA YUKHTMAN

Finding the right tutor can be an overwhelming experience. There are tons of seemingly well-qualified options out there. But with so many choices, it can be hard to find the tutor who will make learning a joy for your child and help them succeed.

Groza Learning Center offers tutoring, kindergarten through 12th grade private 1:1 homeschool, reading academy and other educational services to help students achieve their best. We've been in the business for over 20 years making learning fun, easy and accessible. So you might say we know a thing or two about what makes a great tutor.

That's why Groza is sharing our insights into what to look out for when selecting a tutor.

Five Ways to Assess if Your Tutor is Right for Your Child

The best tutors don't just teach kids the subject matter—they teach them to be excited about learning. At Groza, we listen to your story, your goals

and your child's unique needs before recommending a tutor. Read on to learn five ways to assess if your tutor is right for your child.

1. Your child's tutor communicates with you: As a parent, you play an important role in your child's academic success. The best tutors will keep you in the loop with regular updates on your child's progress.

Groza instructors provide a detailed update after each class so that everyone is on the same page. You'll never miss a beat about your child's progress.

2. Your child's tutor makes difficult concepts seem simple: The best tutors aren't just subject matter experts—they teach concepts to your child in a learning style tailored to them. They engage your child so that learning becomes rewarding.

Groza hires instructors because they are not only subject experts, but they also love what they do and make lessons engaging and memorable. With a Groza tutor, your child will love learning even the most difficult subjects.



PHOTOS COURTESY OF GROZA LEARNING CENTER

3. Your child's tutor listens to your child: By hearing and listening to your child, a great tutor can help them discover how they learn best. This makes the tutor-student relationship strong, and the subject more interesting and fun for your student.

We identify your child's unique learning style and teach them in the way that suits them best. Groza instructors are trained to work with children with learning differences as well as those who are gifted. We tailor each lesson to meet each individual child's needs.

4. The tutor teaches your student to become an independent learner: Working with a tutor can be extremely beneficial for a child. However, the goal of tutoring should be gaining the skills your child needs to eventually not need the tutor. The right tutor will equip them with the tools to succeed in all stages of their education and beyond.

Groza's team helps students fall in love with learning and become self-efficient, confident learners. The team is focused on the goal of inspiring your child to discover their confidence, achieve their academic goals and do their very best.

5. Your child's tutor is knowledgeable: This one may seem obvious, but sometimes it's difficult to know if a tutor has the credentials they say they do. Most tutors represent themselves honestly, but some may say they teach a subject but are actually winging it.

At Groza, we vet each of our instructors through a rigorous selection process. We verify credentials, run background checks and check references. So you can be confident your tutor will provide incredible value to your child's education.

Groza Understands Your Child's Needs

Your child is unique. So don't settle for a one-size-fits-all approach. Instead, give them a learning experience that meets their individual needs.

We want to see every child succeed. That's why Groza commits to providing quality tutoring services. We guide both students and parents every step of the way.

For more information or to find the right tutor for your child, visit grozalearningcenter.com or call 310-454-3731.

**TODAY WE CELEBRATE THOSE MEN
WHO FOUGHT FOR AND WON OUR INDEPENDENCE
WHO FOUNDED OUR COUNTRY, OUR DEMOCRACY
A MORE PERFECT UNION – OUR UNITED STATES!**

**WE HONOR THEM BY UPHOLDING THEIR LEGACY,
THE CONSTITUTION, WHICH ESTABLISHED OUR RIGHTS
AND OUR DISTINCTLY AMERICAN VALUES.**

**LET'S EMBRACE THE DUTY OF PRESERVING OUR HERITAGE
LET'S OBEY AND ENFORCE THE LAWS OF THE LAND
LET'S NOT SURRENDER OUR LIBERTIES, OUR VALUES
WE MUST SUSTAIN OUR PRECIOUS
AMERICAN WAY OF LIFE.**

EVER GRATEFUL AND OPTIMISTIC,

MARY LU TUTHILL



HAPPY 4TH OF JULY!

MARY LU TUTHILL

COLDWELL BANKER REALTY

www.marylututhill.com

CALBRE 00556630



**COLDWELL BANKER
REALTY**

Hit the Town

90272 Magazine has compiled a list of local things to do this summer

BY LILY TINOCO



The Getty Villa

PHOTO COURTESY OF GETTY VILLA



A sign at the theater PHOTO COURTESY OF THEATRICUM BOTANICUM

For Palisadians looking to stay busy this summer, look no further: 90272 Magazine has compiled a fun-filled lineup of local festivities to stay entertained.

Getty Villa

The Getty Villa, located in Pacific Palisades' Castellammare neighborhood, allows visitors to “step into the Ancient World,” with Greek and Roman antiquities in a re-created Roman country home, complete with art, gardens and the ocean breeze.

Getty Villa currently has several shows on display, including “Persia: Ancient Iran and the Classical World,” which centers around what was once ancient Iran. The exhibition is a part of the museum’s collective program called “The Classical World in Context,” which studies the cultural and artistic connectivity between Iran, Greece and Rome, all rival powers at the time. The gallery kicked off on Wednesday, April 6, and will run through Monday, August 8.

Two new works by British artist Tacita Dean will also be on display through August 28, inspired by the sites



Guests line up to sample food truck fare before a Street Food Cinema screening. PHOTO COURTESY OF STREET FOOD CINEMA

and collections of Getty Center and Getty Villa.

Dean’s 16mm film “Pan Amicus” re-imagines the local landscapes as part of Arcadia, the mythical home of Pan, the Greek God of nature. While “Monet Hates Me” is a portfolio of mixed media

objects that “traces Dean’s chance encounters in the vast art historical archives at the Getty Research Institute.” getty.edu

Street Food Cinema

Street Food Cinema is back in the

grass and ready to host over 50 events this season—2022 marks its first full outdoor season since 2019. Street Food Cinema presents movies outdoors, street food, audience games, live music and more.

“Founded in 2012, SFC has grown



PALISADES FOREVER

*A matching challenge campaign
preserving Veterans Gardens*

FIND OUT MORE & DONATE @ VETERANSgardens.com



THE HUNTINGTON | PACIFIC PALISADES
6 BED | 8 BATH | 7,700 SQ FT
SOLD FOR \$12,900,000



267 TOYOPA DRIVE | PACIFIC PALISADES
4 BD | 3 BA | 2,922 SQ FT
SOLD FOR \$8,400,000



1160 MONUMENT ST | PACIFIC PALISADES
7 BD | 8 BA | 6,400 SQ FT
SOLD FOR \$7,200,000



636 LACHMAN LANE | PACIFIC PALISADES
3 BED | 3 BATH | 1,716 SQ FT
SOLD FOR \$3,000,000



 **JACQUELINE
CHERNOV TEAM**



COMPASS

JACQUELINE CHERNOV
DRE# 01361435
JacquelineChernov.com
jacchernov@gmail.com
310.403.7557

1010 Montana Avenue
Santa Monica, CA 90403

Over
\$350M
in Total Sales
Volume for
2021 & 2022

The Jacqueline Chernov Team is a team of real estate agents affiliated with Compass. Compass is a licensed real estate broker licensed by the state of California and abides by equal housing opportunity laws. All material presented herein is intended for informational purposes only. Information is compiled from sources deemed reliable but is subject to errors, omissions, changes in price, condition, sale, or withdrawal without notice. No statement is made as to accuracy of any description. All measurements and square footages are approximate. This is not intended to solicit property already listed. Nothing herein shall be construed as legal, accounting or other professional advice outside the realm of real estate brokerage. © Copyright 2019



A look inside

PHOTO COURTESY OF THEATRICUM BOTANICUM



Night Market music

PHOTO COURTESY OF THE BUNGALOW SANTA MONICA

into a citywide community of entertainment and food enthusiasts reaching every corner of LA,” according to its website. “As a recognized and beloved event series, SFC has become a preferred partner for movie studios and entertainment platforms to engage fans. Now entering its 11th year, SFC is thrilled to celebrate movies, food and music outdoors once again.”

Palisadians have a few opportuni-

ties to catch films locally at Will Rogers State Historic Park.

On Saturday, July 2, SFC will be showing Marvel’s “The Avengers” in celebration of the film’s 10th anniversary.

Community members can also catch “My Big Fat Greek Wedding,” in celebration of the film’s 20th anniversary, on Saturday, August 13, “Grease” on Saturday, September 17, and “The

Nightmare Before Christmas” on Saturday, October 15.

Doors are slated to open at 5:30 p.m., with a live band at 6:45 p.m. and the film at 8 or 8:30 p.m.

Guests can purchase general admission tickets in advance for \$19, and tickets for children ages 6 to 12 for \$10.

At the door, guests can purchase general admission tickets for \$24, and tickets for children ages 6 to 12 for \$15.

Children 5 and younger are free.

On-site food trucks will be available, and leashed dogs are welcome. streetfoodcinema.com

The Bungalow Santa Monica's Night Market

Head down Pacific Coast Highway to The Bungalow Santa Monica’s Night Market—presented by KCRW—as it returns this summer to The Fairmont

From my family to yours for over **19** years,
THANK YOU for all the beautiful memories!
Happy 4th of July!



Ramis Sadrieh, MBA • Personal Technology Consultant
Chamber President 2009-2010 • PAPA President 2011, 2012



Dependable, Quality Service, In Home or Office
Consulting • Sales • Installation • Maintenance

(310) 597-5984

www.TechnologyForYou.com

- ☑ I CAN MAKE YOUR HOME SMART!
- ☑ Home Entertainment, Security Cameras, Lights, and More!
- ☑ Blanket Your Home with WiFi to Zoom, Stream and Download
- ☑ Mac/PC Hardware and Software Sales, Installation, Maintenance & Tutorial
- ☑ Authorized Dealer of and



Happiest 4th from your Palisades Democratic Club

Enjoy the parade, then **save the date:**
Sunday, 8/21, 2 - 4 PM

PPDC's SUMMER GARDEN PARTY returns!

- Mingle with your elected officials – VIPs TBA
- In/outdoors at Riviera private residence. Fully vaxxed can attend in person! Catered small bites, wine bar. Or join via Zoom?



More info/RSVP: palidems.org

info@palisadesdemclub.org

(310) 230-2084 • facebook.com/PaliDems

instagram.com/PaliDems • @PaliDems

Paid for by the Pacific Palisades Democratic Club (palidems.org) and not authorized by any candidate or candidate's committee

Palisadian-Post

SUBSCRIBE TODAY!



...it's easy!

Call **310.454.1321**

or visit

www.PaliPost.com



Miramar Hotel with a line-up of food vendors, family-friendly activities, live DJ performances, celebrity guest bartenders and more.

The Bungalow creator Brent Bolthouse—known for events such as Neon Carnival—aims to bring people together with food, drinks, music and community at Night Market.

“Night Market is truly an extension of The Bungalow’s community-based ethos,” according to Bolthouse. “As The Bungalow celebrates a decade in Santa Monica, we wanted to evolve with our guests, many of whom now have families of their own. Night Market allows us to expand upon the culture we’ve created and the community that has embraced us with an impactful event for everyone, celebrating the vibrant artists and artisans who together craft the one-of-a-kind creative landscape that is Santa Monica.”

Guests can enjoy summer nights and tasteful bites from pop-up kitchens and food trucks, including Tijuana-style tacos from Tacos 1986, vegan delights from ManEating-Plant, cheeseburgers from Steamin’ Burger, baked goods from Gone Bananas Bread Co., rolled ice cream from Bubba Ice and more.

Night Market kicked off on June 2 and runs every Thursday from 5 to 11 p.m. through September 1. The event is free and open to the public for guests (and pets) of all ages.

The Bungalow Santa Monica will remain open until 2 a.m. during Night Market for guests 21 and older.

thebungalow.com/santa-monica

Theatricum Botanicum

Wander the woods into the heart of rustic Topanga Canyon to drop by Will Geer’s Theatricum Botanicum and enjoy an “all new” revival of “The West Side Waltz” by Academy Award-winning writer Ernest Thompson.

Directed by Mary Jo DuPrey, the production runs from Saturday, June 25, through Saturday, October 1, at the outdoor venue as part of the 2022 Summer Repertory Season sponsored by the S. Mark Taper Foundation.

The 1981 production was originally commissioned by Center Theatre Group and toured the country, spending four months on Broadway. A succeeding 1995 film starred Shirley MacLaine, Liza Minnelli and Jennifer Grey.

“When [Theatricum artistic director] Ellen [Geer] approached me about a production at Theatricum, I re-read the play, which I hadn’t looked at since we made the movie,” Thompson said in a statement. “It’s been a gift and a privilege to go back in and dig deeper into the relationships ... to investigate them anew and give the play more gravitas than it had before. The play gets done all over the world, but not as much in the U.S., partly because of the difficulty that ‘playing the music’ places on the performers. But I also think that perhaps it’s because I never really finished the play, and now I’ve had a chance to finish it.”

Tickets to each performance range from \$10 to \$38.50. Premium seating is available for \$60, and children 4 years and younger are free.

Deemed “one of the 50 coolest places in Los Angeles” by *Buzz Magazine* and the “best theater in the woods” by *LA Weekly*, Theatricum Botanicum is located at 1419 North Topanga Canyon Boulevard in Topanga.

“The West Side Waltz” will run every weekend, with “The Merry Wives of Windsor” and “A Midsummer Night’s Dream,” which opened earlier in the season.

A fourth production, the world premiere of a new stage adaptation by Ellen Geer of “Trouble the Water,” will join the season on July 9.

theatricum.com



SEIA

SIGNATURE ESTATE & INVESTMENT ADVISORS, LLC®

Established 1997

INSPIRED WEALTH MANAGEMENT FOR INSPIRED LIVING



GARY LISKA,
MS, CFP®, AIF®, CMFC®, AAMS®
Founding Partner, CFO

8 year resident of Pacific Palisades

For inquiries or a consultation, please call

T (310) 712-2323
E glikisa@seia.com

SEIA combines its foundations in investment management and financial planning with advanced advisory services to create a truly customized client experience. Our holistic wealth management process includes the oversight and stewardship of all elements of your financial life.

\$13.6 BILLION

assets managed by SEIA & its affiliates
as of December 31, 2020

OUR SERVICES

Investment Management and Portfolio Analysis

Financial Planning

Estate and Retirement Planning Techniques

Philanthropic & Family Foundation Support

Value-Based/Impact Investing

HEADQUARTERS

CENTURY CITY, CA
NEWPORT BEACH, CA

REDONDO BEACH, CA
PASADENA, CA

SAN MATEO, CA
TYSONS CORNER, VA

HOUSTON, TX
BEAVERTON, OR

Signature Estate & Investment Advisors, LLC (SEIA) is an SEC-registered investment adviser; however, such registration does not imply a certain level of skill or training and no inference to the contrary should be made. Securities offered through Royal Alliance Associates, Inc., member FINRA/SIPC. Investment advisory services offered through SEIA, LLC, 2121 Avenue of the Stars, Suite 1600, Los Angeles, CA 90067. Royal Alliance Associates, Inc. is separately owned and other entities and/or marketing names, products or services referenced here are independent of Royal Alliance Associates, Inc. (CA Ins. License #0B39385). ID# 042721 - 12727739 - 23108798 / 21367540



Summer of Bocce

Bocce ball Summer League rolling
'bays' at Veterans Gardens

BY STEVE GALLUZZO

Palisades Bocce Club President Jimmy Dunne has helped make the sport one of the most popular games in town. PHOTOS BY RICH SCHMITT

The biggest “buzz” around the Palisades these days is seen and heard on the courts at the state-of-the-art facility by the entrance to Palisades Recreation Center named Veterans Gardens, where the Palisades Bocce League summer season is rolling along.

Palisades Bocce Club President Jimmy Dunne reported that enrollment is higher than it was in the spring, with more than 435 players signed up for either the Tuesday afternoon Senior League or the Thursday night Sunset League. To accommodate a vast increase in players, several new teams have been added.

A clever non-contact sport which developed into its present form in Italy, the game of bocce is played by rolling eight balls on a smooth court to try to get closest to a smaller target ball called the “Pallino.”

“You can either sign up to be part of an existing team or we’ll put you on one,” Dunne explained. “Come see what the fun’s about. Chances are, many of your friends have already joined. There are neighborhood teams, school teams, groups of couples—you name it.”

A volunteer group affectionate-



Cindy Kirven shows perfect form for *The Vinos* during the Senior League semifinals in May. The summer season is underway with over 435 players.

ly nicknamed the Bluebirds helps out with the leagues and other events that take place at the park area. To sign up for a league, look for Bluebirds at a picnic table next to the courts or register online at palisadesbocce.com, where there is also a full list of rules.

The long-awaited Veterans Gardens project was approved in September 2017 and broke ground in December of 2019. Dunne had dreamed of a place where Palisadians could gather and play the sport in a welcoming environment. The facility features five

“Gardens in the Park” (each dedicated to one branch of the country’s military services), three high-speed bocce courts, an array of picnic tables, lights that illuminate at night and, close to the entrance, a monument that honors USA veterans. Dunne shared Citizen of the Year honors with co-founder Bob Harter in 2018, and credited Harter and fellow committee members Bill McGregor, Rob Jernigan and Jay McCann with aiding in making their collective vision a reality.

Games can be played one-on-one (singles) or as doubles, triples and foursomes. In singles, each person throws four balls and plays both ends of the court while in doubles each team member throws two balls, playing both ends of the court. In triples, nine balls are used instead of eight. Each player throws three balls and plays both ends of the court. In foursomes, two members of a team are stationed at opposite ends of the court and play two balls each (or all four players play both sides of the court and throw one ball each).

A frame is a mini-match inside a game. In each frame, all balls are thrown, with the object being to position as many of your balls closer to



Terri Webb and The Vinos earned a spot in the Senior League semifinals this past spring at Veterans Gardens.

PHOTOS BY RICH SCHMITT



A focused Christina Ures is right on target for her team, La Bocce Vita.



Vito Altieri of champion High Rollers is the reigning Senior League MVP.

PHOTO BY STEVE GALLUZZO



Ron Dunner of Chai Rollers celebrates yet another winning 5-Point Bay.



VETERANS GARDENS



Gary Jacob of The Vinos is ready to toss versus Bocce Buddies.

the pallino than your opponent's closest ball. Eight shots make up a frame, frames make up a game and games make up a match.

A coin flip determines who rolls the pallino to start a match. The team that wins the toss can either roll the pallino or choose the color of the balls. The pallino must pass or be resting on the middle (half-court) line and cannot hit the back rail. It must be tossed underhand, just like any other shot.

Strategy is an important aspect of the game. Team members can choose to shoot in any order they like as long as each player throws an equal amount of balls. After all of the players have thrown their balls, the team with the closest ball or balls to the pallino is awarded points, one for every ball that is closer to the pallino than the closest

competitor's ball. Players can score one to four points in a frame with the exception of "Rolling the Bay," a rule popularized in California that is now used in USA Bocce sanctioned tournaments. A "Bay" ball must successfully rest inside of your opponent's closest ball, earning a bonus point. Games are often played to seven points (matches are best-of-three games), but can be to nine, 10, 12 or 15 points.

The Sunset League (ages 30 to 70) consists of 23 teams broken down into three divisions: Tuesday at 5:30 p.m.; Thursday at 5:30; and Thursday at 6:30. The top four teams in each division at the end of the regular season will qualify for the playoffs.

The Tuesday 5:30 Division includes *Acapulco*, *I Liff Bocce*, *The Big Leboce*, *Calvary Aces*, *Pali Pallinos*, *We Like to*

Baci and Son of a Bocce.

The Thursday 5:30 Division features *Bocce Boys & Babes*, *Bocce Mi*, *Chai Rollers*, *Holy Rollers*, *La Bocce Vita*, *Mission Imbocceball*, *Pali Pado Paisanos* and *Rolling Stones*.

The Thursday 6:30 Division consists of *Ball Busters*, *Bocce Ballers*, *Chewbacce*, *Martinis*, *Kiss My Bocce*, *Pallino Posse*, *Pompeii* and the spring league champions, *Pali Dad Bod*.

The Senior League has also begun with 14 teams, split into two divisions.

The Mountain Division features *The Vinos*, *Palisades Rookies*, *The Spring Chickens*, *Bocce Buddies*, *Bocce Aces*, *Oui Bocce* and *Friends & Neighbors*. The Ocean Division consists of *Amici*, *La Bocce Vita*, *I Sette*, *The Mob*, *Martinis*, *The Patriots* and the 2021 autumn and 2022 spring league champions, *High*

Rollers, who are led by league MVP Vito Altieri. The 89-year-old partnered with his 81-year-old teammate Bob Thomas to take first place at the inaugural Palisades Bocce Doubles Championships on June 12.



Picture Perfect

Staff Photographer Rich Schmitt shares an assortment of images snapped on Fourth of July in Pacific Palisades over the years.



"Your teeth, body and mind will feel great!"

Have a Sparkling Smile!

- Quickpro Zoom Teeth Whitening
- Massage, Facials, Skincare and Make Up by our Emmy Award Winning Artist
- As featured in USA TODAY Weekend Magazine, the New York Times, and the Los Angeles Times.
- Book appointments 24/7 online at www.cadentalspa.com. New patients, families & PPO Insurance accepted.

Lynn Watanabe, D.D.S.
 881 Alma Real Dr., Ste. 222
(310)454-3111
cadentalspa.com

IN-CENTER

IN-HOME

ONLINE

- Award-Winning Test-Prep (SAT, ACT, ISEE, SSAT, HSPT, and more)
- Tutoring
- Reading
- Personalized Private School (1-1 and Small Group Instruction)
- Summer Programs

310.454.3731

www.GrozaLearningCenter.com

Over 95% of Groza Students Get Accepted Into Their Top Three Schools

GAIN MORE INDEPENDENCE WITH A CAREGIVER



A Testimonial: "The best thing about Fellie was that she always let mother be in control and she understood that mother needed to be the boss. She was wonderful and perfect for mother and kept her safe."

Our caregivers specialize in improving your life.

We can handle any condition with one of our excellent professionals.

RNs, LVNs, CNAs & Experienced Caregivers

All AAA T.L.C. Employees are Fully Vaccinated

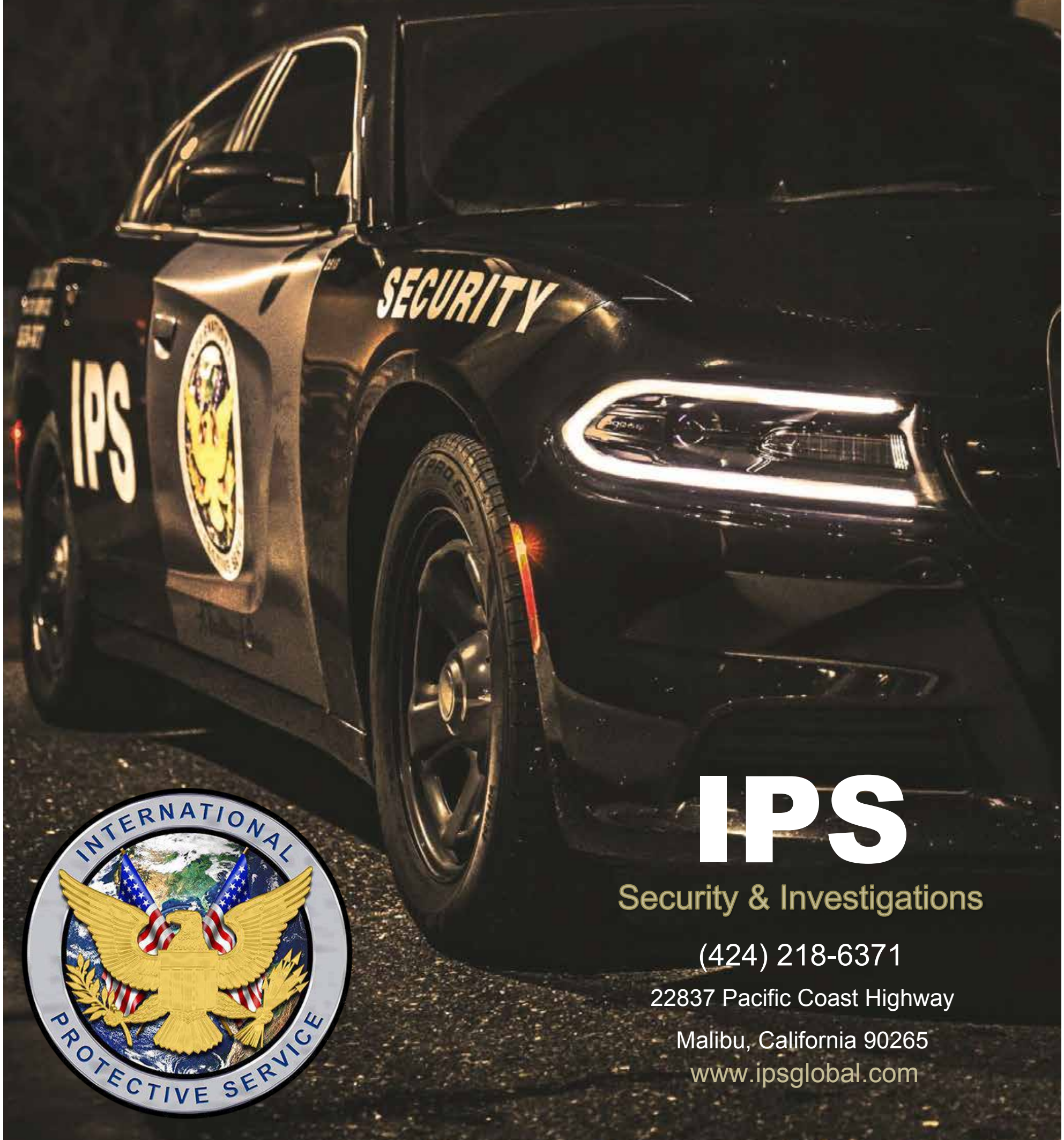
AAA T.L.C. Health Care

(844) 422-2852 | 24/7 | www.aaatlc.com



AAA T.L.C. Health Care | Southern California's Most Trusted
Home Care Agency & Registry

“The right company, at the right time.”



IPS

Security & Investigations

(424) 218-6371

22837 Pacific Coast Highway

Malibu, California 90265

www.ipsglobal.com