

Palisadian-Post

SUMMER | 2023

90272

magazine

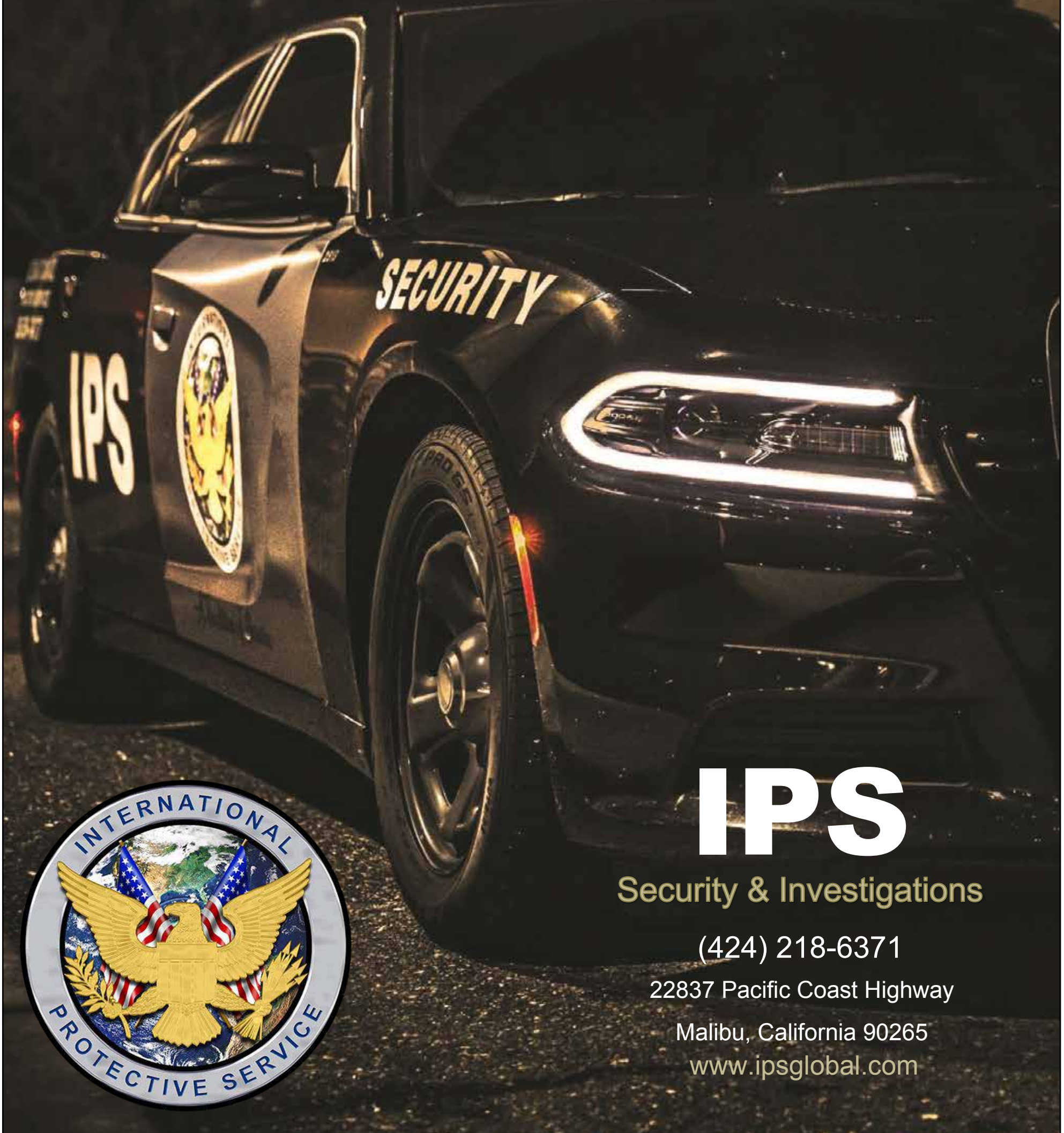
Celebrating



Fourth
OF **July**

IN PACIFIC PALISADES

“The right company, at the right time.”



IPS

Security & Investigations

(424) 218-6371

22837 Pacific Coast Highway

Malibu, California 90265

www.ipsglobal.com

4 CALENDAR OF EVENTS
Things to do in and around Pacific Palisades this summer.

6 GOING THE EXTRA MILE
Thousands will race July 4th in the Palisades Will Rogers 5 & 10K Run.

16 CELEBRATING THE FOURTH OF JULY IN PACIFIC PALISADES
90272 Magazine assembled information about the various July 4th events surrounding the holiday to help readers enjoy it all.

28 THE POWER OF EXECUTIVE FUNCTIONING
Tatyana Yukhtman, director of education at Groza Learning Center, dives into the power of executive functioning for children's academic success.

30 'GOLDEN' SUMMER
"The Gold Emperor from Aventicum" is now on display at Getty Villa.

32 RED, WHITE ... AND BLUEBERRIES
Inspiration for creating healthy home-cooked food every day.

33 BRINGING THE COMMUNITY TOGETHER THROUGH MUSIC
Paliskates hosts summertime concerts at Swarthmore Avenue shop.

35 KEEPING BUSY
Palisades-Malibu YMCA offers a wide variety of programming this summer.

36 TIME TO GIVE
Local organizations give Palisadians a chance to volunteer.

38 'JURASSIC WORLD LIVE TOUR'
The live arena experience "roars" into SoCal for the first time ever, playing the LA and OC area from July 14 to 23.



Cover photo by Joyce Carlson

JOHNSON TREE CO.



**Three Generations of
Expert Tree Care
Since 1925**



Enjoy the confidence & security
of dealing with the leaders of
the tree care industry.



**Advanced master
dendricians & expert
technicians in the science
of arboriculture tree
care & preservation.**

Eli Johnson
310.393.5700
eli@JohnsonTreeCompany.com
www.JohnsonTreeCompany.com

Lic#685533
Bonded/Insured



Art on the Green

PHOTO COURTESY OF ALLIED ARTISTS



"Bell, Book & Candle"

PHOTO BY SARAH SHMERLING



Off the 405

PHOTO COURTESY OF RAHILL



Pali Knitting and Crocheting Group

PHOTO BY RICH SCHMITT

Calendar of Events

Things to do in and around Pacific Palisades this summer.

'Bell, Book & Candle'

Theatre Palisades' latest play, written by John Van Druten, directed by Brandon Polanco, and produced by Martha Hunter and Maria O'Connor. Fridays and Saturdays at 8 p.m., Sundays at 2 p.m. through July 8. Tickets \$22 for adults, \$20 for seniors and students. Performances take place at Pierson Playhouse, 941 Temescal Canyon Road.

theatrepalisades.org

Kids Club

Every Wednesday at 10 and 11 a.m. in The Park, kids, parents and caregivers are invited to experience "a weekly dose of fun, featuring live music, storytelling, puppet shows and more" at Palisades Village's Kids Club at 15225 Palisades Village Lane. Upcoming entertainment includes Jam with Jamie on June 28.

palisadesvillageca.com/events/kidsclub

Pali Knitting and Crocheting Group

Palisades Branch Library will host the Palisades Knitting and Crochet Group on the second and last Wednesday of each month at 2 p.m. in the Community Room, located at 861 Alma Real Drive. Knitters and crocheters 18 and over are invited to share their work, chit chat, and knit or crochet.

lapl.org/branches/palisades

Off the 405

Getty Center will host the Off the 405 concert series in the Museum Courtyard on June 24, July 22 and 29, and August

26 at 6 p.m. Featured artists include Makaya McCraven, Etran de L'Air and Rahill. DJ sets will begin at 6 p.m. with the performances at 7:30 p.m. The concerts are free, but advanced tickets are required, with tickets released three weeks prior to each performance.

getty.edu

Adult Painting Class

Attendees are invited to spent an afternoon learning how to paint with acrylics on canvas with Palisadian artist Martha Meade on June 24 at 2 p.m. at Palisades Branch Library, 861 Alma Real Drive. Space is limited, RSVPs may be sent to palsds@lapl.org or made by stopping by the reference desk.

lapl.org/branches/palisades

Hands-Only CPR

Los Angeles County Department of Public Health will host hands-only CPR training courses once per month at Palisades Branch Library, located at 861 Alma Real Drive, on June 27, July 18 and August 15 between 2 and 4 p.m. The drop-in training takes about 10 minutes to complete. Note: "This is not a certified CPR course. You will not receive a certificate."

lapl.org/branches/palisades

Teen Night

Palisades-Malibu YMCA will host a MarioKart Tournament Teen Night on June 30 from 7 to 9 p.m. in the Group X Room, located at 821 Via De La Paz. The

winner gets a brand new Theragun Mini, according to an event flyer.

ymcala.org/locations/palisades-malibu-ymca

'La La Land'

Street Food Cinema will host a screening of the film at Will Rogers State Historic Park, located at 1501 Will Rogers State Park Road, on July 1. Doors open at 5:30 p.m., with the event beginning at 8:30 p.m. Entertainment includes Dan Olivo and his Jazz Band. Tickets begin at \$10 for children, \$22 for general admission.

streetfoodcinema.com

Making Scents of the Ancient World: Rome

Families are invited to the Outer Peristyle at Getty Villa, located at 17985 Pacific Coast Highway, for a free, drop-in perfume-making workshop July 8 and 22, and August 12 and 26, from 11 a.m. to 3 p.m.

getty.edu

Summer Tai Chi

Palisades Recreation Center is hosting Summer Tai Chi classes in the Small Gym at 851 Alma Real Drive, starting July 12. Dates, pricing and sign ups are available at the City of Los Angeles Department of Recreation and Parks website.

laparks.org

Art on the Green

Hosted by Allied Artists of the Santa

Monica Mountains and Seashore for the sixth time on July 16 from 10 a.m. to 4 p.m. at 15280 Sunset Boulevard, supporting the Palisades Village Green and national conservation organizations.

allied-artists.com

'Anastasia The Musical Youth Edition'

Presented by the TP Youth Summer Workshop, directed by Lara Ganz, with music directed by Nathan Heldman and choreography by Rebecca Barragan, Mark Marchillo and Aaron Jung. All performances take place at Pierson Playhouse, 941 Temescal Canyon Road, July 21 to 23 and 27 to 30.

theatrepalisades.org/youth

Garden Party

A chance to meet and mingle with area officials, hosted by the Pacific Palisades Democratic Club at a home in The Riviera on August 6 at 2 p.m., as well as via Zoom.

palidems.org

'Dirty Dancing'

Catch a movie under the stars with Street Food Cinema's screening of "Dirty Dancing," which will take place at Will Rogers State Historic Park, located at 1501 Will Rogers State Park Road, on August 26. Doors open at 5:30 p.m., with the event beginning at 8:30 p.m. Tickets begin at \$10 for children, \$22 for general admission.

streetfoodcinema.com

*“I like to see a man proud of the place in which he lives.
I like to see a man live so that his place will be proud of him.” – Abraham Lincoln*

SHAMONKI

THE KEY TO YOUR NEW HOME



To our Friends and Neighbors

I look forward to celebrating this extra special holiday with all of you!

From our beloved parade, to the backyard barbecues and the spectacular fireworks show, I am proud to be a Palisadian, especially so during this time of year.

Have a safe and happy holiday!



SOLD | 18034 Sandy Cape | Offered at \$8,998,000
Represented seller exclusively



SOLD | 501 Swarthmore Ave. | Offered at \$9,500,000
Represented buyer exclusively



IN ESCROW | 16050 Miami Way | Offered at \$4,995,500



IN ESCROW | Hanley Avenue Land | Offered at \$1,100,000

Also Coming Soon

A beautifully renovated 5 bedroom California Ranch-style home on the coveted Muskingum loop in the El Medio area. Sited on nearly half an acre of lushly landscaped grounds with an entertainer's backyard offering a resort like pool, spa, fire pit, sports court, grassy lawn, and outdoor kitchen. Please call or text me for more details.

Are you looking to buy or sell your home? We have multiple cash buyers that are actively looking in your neighborhood.



Locally Raised | Globally Praised
Shamon Shamonki
Senior Global Real Estate Advisor
Shamonki.com | 310.713.4492
Shamon.Shamonki@Sothebys.Realty

Sotheby's
INTERNATIONAL REALTY

© 2021 Sotheby's International Realty. All Rights Reserved. The Sotheby's International Realty trademark is licensed and used with permission. Each Sotheby's International Realty office is independently owned and operated, except those operated by Sotheby's International Realty, Inc. The Sotheby's International Realty network fully supports the principles of the Fair Housing Act and the Equal Opportunity Act. All offerings are subject to errors, omissions, changes including price or withdrawal without notice. SIR DRE#: 899496 | Shamon Shamonki DRE#: 01455034

Going the Extra Mile

Thousands will race July 4th in the Palisades Will Rogers 5 & 10K Run.

BY STEVE GALLUZZO

One of the Palisades' oldest and proudest holiday traditions continues bright and early on the Fourth of July at Palisades Recreation Center, where friends, family members, classmates, work associates and neighbors of all ages will meet for the annual Palisades Will Rogers 5 & 10K Run.

ORIGIN

Considered to be one of the toughest road courses in California, the 10K race was founded by Brian Shea, Chris Carlson and Bill Klein, members of a local early-morning jogging group called the Ridge Runners. Shea and Carlson came up with the idea of the race while picnic-

ing on the grass on San Vicente after running the Brentwood 10K on Memorial Day in 1977. They mapped out a course, cut through red tape to get the needed city and state permits, and, in 1978, the Palisades Will Rogers 10K was born.

A 25-year-old Virginia law student, Drew Mearns, was in town visiting his sister when he won the inaugural race. Shea's brainchild grew in prestige and popularity, and he served as director from its inception until last summer when he passed the torch to Thomas Hathaway. Runners return year after year to challenge the switchbacks of Will Rogers State Historic Park in the 10K. In 1986, the 5K course became part of the race, and a half-mile Kids' Fun Run was added 10 years after that.

COURSE

Runners eager to test themselves on a certified 5K course now have that opportunity after the race committee lengthened the route in 2015 to eliminate congestion that can occur at the Sunset Boulevard and Drummond Street intersection. The change increased the distance by 427 feet, officially making it a USATF-certified 3.1 miles.

The start and finish lines and splits for miles one, two and three are in the same locations as they have always been. However, the separation of 5K and 10K runners now occurs on northbound Toyopa (5K runners keep left, 10K runners keep right), just prior to making the right turn onto Drummond.

Once at Sunset, 5K runners turn left onto Sunset, hugging

the left (eastbound) curb, while 10K runners turn right on Sunset and continue down the hill to Will Rogers State Historic Park and back.

At Carey Street, 5K runners turn left and proceed to Toyopa, where they again turn left and run to a U-turn point on Toyopa Drive (before reaching Drummond), then return on the opposite side of Toyopa to the finish line. Red traffic cones will be placed where required to keep the 5K and 10K races separated.

RACE RECORDS

In 1983, Russell Edmonds of New Zealand set the still-standing men's 10K race record of 29:46 and no one has broken the 30-minute barrier since. The very same year, Katie



Eight-time 5K winner Peter Gilmore set the course record of 14:10 in 2003.

PHOTO BY RICH SCHMITT



A sea of patriotic pavement pounders floods Alma Real Drive on the morning of July 4, 2022, to start the Palisades Will Rogers 5 & 10K Run, which returned after a two-year hiatus.

PHOTO BY RICH SCHMITT

PALISADES
VILLAGE

In a Summer
State of Mind

Spend the season exploring the latest collections from your favorite brands and enjoying unforgettable flavors al fresco.

AESOP • ALFRED • ANGELINI RISTORANTE & BAR • BAY THEATER
BONJOUR FÊTE • BOTTEGA VENETA • BYREDO • ERES • EREWHON MARKET
FAVORITE DAUGHTER • HANK'S • MCCONNELL'S FINE ICE CREAMS
OFFICINE GÉNÉRALE • QUÉ PADRE • ROCA PIZZA
SERENA & LILY • THE DRAYCOTT • AND MORE

PALISADESVILLAGECA.COM

Caruso



Dunsmuir, who had just graduated from Palisades Charter High School, set the women's record of 35:09. A cross country and track star for the Dolphins, she had won the previous year and would go on to win four straight times (1992-95) for a total of six, including four of the top 10 fastest times ever among females. Dunsmuir, who ran for the Santa Monica Track Club, had set the Mt. SAC Invitational 5K record and was second in the junior women's 5K race at the 1982 national cross country championships in New Jersey.

Peter Gilmore, who grew up on Via De La Paz, set the men's 5K record of 14:10 in 2003. The closest anyone has come to breaking it was Gilmore himself, who clocked 14:12 the very next year. In fact, in the 32 years the 5K has been run, only five people have won in under 15 minutes, and only Gilmore (who did it seven times) has done so more than once.

Annetta Luevano set the

women's 5K record of 16:29 in 1995. The second-fastest time was run two years prior by Santa Monica High track coach Tania Fischer, who won the Pacific Palisades Turkey Trot 5K five times in a row from 2014-18.

.....
RACE KING

Less than two months after winning the *Palisadian-Post* Cup Award as the outstanding senior athlete at Pali High, Gilmore won the 5K for the first time in 1995, foreshadowing his rise as one of the nation's elite marathoners. Gilmore went on to enjoy a successful track career at UC Berkeley. He won the 5K seven more times and still owns the five fastest times and six of the top 10 fastest in Will Rogers race history.

Gilmore had ambitions of making the Olympics in the marathon and became one of the United States' best at that distance. In 2006 he not only won his last Will Rogers 5K,

but was also the top American finisher at the New York Marathon (clocking 2:13:13). The following year he was the top American in Boston, and in 2008, he set the course record at the Surf City USA Half Marathon (clocking 1:05:53).

In 2013, Gilmore was back in the Palisades visiting his parents, Ed and Rita, and decided to give the 10K a try for the first time. He finished sixth overall and second in the 35-39 age group in 35:56. Last year, he returned at the age of 40 for the 40th anniversary, and took first place in his age group and eighth overall in the 5K.

.....
RACE QUEEN

While Gilmore remains the 5K master, no one has more overall victories (11) than fellow Palisadian Kara Barnard. A 1996 Pali High graduate, she helped the Dolphins claim the City Section girls cross country championship in 1994, and went on to run cross country and track at UCLA.



Barnard has won the 5K five times (with three of the 10 best women's times) and the 10K six times, including a 35:24 effort in 2004 that remains the third fastest in

race history. She and Gilmore swept the 5K races four times (1997-99, 2003), and Barnard won three straight 10Ks from 2010-12 to match Dunsmuir's total of six.



Happiest 4th from your Palisades Democratic Club

Enjoy the parade, then **save the date:**
Sunday, 8/6, 2 - 4 PM

PPDC's SUMMER GARDEN PARTY returns!

- Mingle with your elected officials – VIPs TBA
- Outdoors at Riviera private residence. Catered small bites, wine bar. Or join via Zoom?



More info/RSVP: palidems.org
info@palisadesdemclub.org
(310) 230-2084 • facebook.com/PaliDems
instagram.com/PaliDems • @PaliDems

Paid for by the Pacific Palisades Democratic Club (palidems.org) and not authorized by any candidate or candidate's committee



Wishing Everyone a Happy and Safe July 4th Weekend!

Josie Tong
+1 310 808 8808
josie.tong@sothebys.realty
www.relocateLA.com
DRE: 01440310

Fluent in English, Mandarin & Cantonese, Josie Tong is a REALTOR® at Sotheby's International Realty—Beverly Hills, representing local and international buyers and sellers of luxury properties. Before real estate, Josie enjoyed a successful corporate career in consulting and the technology industry. Josie loves travel, foreign affairs, arts and architecture. She is actively involved with the community, including the American Red Cross, Iris Cantor-UCLA Women's Health Center, LACMA, Pacific Palisades Woman's Club, Pacific Council on International Policy, the Malibu Pacific Palisades Chamber of Commerce and the Beverly Hills Chamber of Commerce.

Sotheby's
INTERNATIONAL REALTY

Sotheby's International Realty and the Sotheby's International Realty logo are registered (or unregistered) service marks used with permission. Operated by Sotheby's International Realty, Inc. Real estate agents affiliated with Sotheby's International Realty, Inc. are independent contractor sales associates and are not employees of Sotheby's International Realty, Inc. SIR DRE License Number: 899496



DAN URBACH

Happy 4th of July to our Pacific Palisades neighbors, from my family to yours.

#1

Realtor in Pacific Palisades in 2022
(in both sales volume (\$) and number of transactions)

Over
\$91M

Sold in Pacific Palisades in 2022

Over
30 Years

in Pacific Palisades Real Estate



DAN URBACH

310.367.9865

Dan@DanUrbach.com

DRE 01147391

COMPASS

Source: MLS via Terradatum's BrokerMetrics plus Dan Urbach off-market sales. Regions include Pacific Palisades. Property types include single-family homes and condominiums. List and sell side. Off market sales included. 01/01/22-12/31/22.



Ex-Pali High trackster Shane Brouwer took first in last year's 10K in 33:08.

PHOTO BY STEVE GALLUZZO



Pali High swim alum Darby Green won the women's 5K in 19:46 last July 4.

PHOTO BY STEVE GALLUZZO



Defending 5K champ Jake Ratkovich, Loyola's fourth winner in five years.

PHOTO BY STEVE GALLUZZO

FAMILIAR FACES

Perhaps no two individuals know the 10K better than Lawrence Meyer and Paul Junger. They ran it every year since it started until 2017—a span of 40 years—but in 2018, 77-year-old Junger of West LA and 71-year-old Meyer of Glendale proved it is never too late for new beginnings. Both switched to the 5K and, yes, both finished.

Their tradition is to wear their holey and faded T-shirts from the 1978 race, which they jokingly call “collector’s items.” Junger came in first in the 80+ age group last year and waved to his brother George, a timekeeper on Mile 1. Meyer, meanwhile, placed third in the 75-79 division, clocking 49:07. These two deans of the course meet at the start to wish each other luck.

Elite runners representing the Santa Monica-based “Fluffy Bunnies,” a track club sponsored by Nike, have fared well at Will Rogers over the decades with numerous victories and top three finishes in the 10K.

Tyson Sacco and Kevin Purcell have each snapped the tape twice, David Olds has won the 5K and 10K, and teammate Andrew Atkeson has won the 5K. In 2007, Nate Bowen of Redwood City became the first man to win the 10K four times.

Pilates and fitness instructor Therese Fricke won the 5K three times (2005, 2009, 2011), while Aine Lynam (1989-90) and Jenna Dee (2006-07) each won it back-to-back.

Lifelong Palisadian David Greifinger was 22 years old when he became the first local runner to win the 10K in 1979 and was 29 when he won the

inaugural 5K race in 1986.

In 2018, Uganda native Tonny Okello, a Santa Monica Track Club member from Mar Vista, became the first five-time 10K men’s champion and the only runner—male or female—to win it five straight times.

2022 CHAMPS

Okello’s streak was snapped in 2019 by Fluffy Bunny Cosmo Brossy and the pandemic postponed the race for two years. It resumed in 2022 with Shane Brouwer winning the 10K for the first time in 33:08, topping a field of 463 runners. The 2015 Pali High graduate had won the Mountains 2 Beach Marathon in Ventura one month prior and had just turned 25.

Another Pali High graduate and MIT runner Sarah Bentley was the 10K women’s champ in 41:23. Living in Seattle over

PALISADES WILL ROGERS 5K WINNERS

| YEAR | MALE | TIME | FEMALE | TIME |
|------|----------------------|--------------|------------------------|--------------|
| 1986 | David Greifinger | 15:22 | Kiki Labordeaux | 17:34 |
| 1987 | Alfredo Perez | 15:28 | Lari Bright | 17:17 |
| 1988 | Jo Nitti | 14:31 | Kathy Kanos | 16:47 |
| 1989 | Jeremy Stratton | 14:52 | Aine Lynam | 17:42 |
| 1990 | David Olds | 15:10 | Aine Lynam | 17:49 |
| 1991 | Brian Cody | 16:10 | Julie Matteson | 17:05 |
| 1992 | David Long | 14:32 | Laurie Chapman | 16:47 |
| 1993 | Jeff Shaver | 15:03 | Tania Fischer | 16:36 |
| 1994 | David Long | 14:56 | Jennifer Briggs | 17:03 |
| 1995 | Peter Gilmore | 15:19 | Annetta Luevano | 16:29 |
| 1996 | Pat Williams | 15:55 | Joan Hansen Lester | 17:43 |
| 1997 | Peter Gilmore | 14:57 | Kara Barnard | 18:07 |
| 1998 | Peter Gilmore | 14:43 | Kara Barnard | 18:03 |
| 1999 | Peter Gilmore | 14:30 | Kara Barnard | 17:12 |
| 2000 | Jeff Tomlinson | 15:38 | Kara Barnard | 16:50 |
| 2001 | Mike Spence | 15:19 | Marie Murphy | 18:41 |
| 2002 | Peter Gilmore | 14:18 | Elizabeth Farnan | 18:30 |
| 2003 | Peter Gilmore | 14:10 | Kara Barnard | 17:12 |
| 2004 | Peter Gilmore | 14:12 | Anna Aoki | 17:15 |
| 2005 | Eric Emilsson | 15:06 | Therese Fricke | 18:39 |
| 2006 | Peter Gilmore | 14:15 | Jenna Dee | 18:47 |
| 2007 | Andrew Atkeson | 16:25 | Jenna Dee | 17:57 |
| 2008 | Brian Duff | 16:49 | Vivien Wadeck | 17:15 |
| 2009 | Ravi Amarawansa | 15:13 | Therese Fricke | 18:47 |
| 2010 | Jeremy Doherty | 16:28 | Lucy Sarkes | 20:01 |
| 2011 | Andrew Bland | 15:52 | Therese Fricke | 18:24 |
| 2012 | Yu Essay | 16:23 | Sara Jurek | 19:45 |
| 2013 | Rocky Peterson | 16:31 | Flora Berklein | 19:03 |
| 2014 | Andrew Bland | 15:48 | Renee Rodriguez | 19:57 |
| 2015 | Drake Johnston | 15:56 | Grace Zamudio | 18:36 |
| 2016 | Charlie Sherman | 16:07 | Renee Rodriguez | 19:12 |
| 2017 | Shane Bissell | 16:25 | Regina Lopez | 17:54 |
| 2018 | Ethan Stauber | 16:05 | Natalie Marsh | 18:57 |
| 2019 | Evan Hassman | 16:49 | Natalie Gigg | 18:39 |
| 2020 | Race Canceled | ----- | Race Canceled | ----- |
| 2021 | Race Canceled | ----- | Race Canceled | ----- |
| 2022 | Jake Ratkovich | 15:41 | Darby Green | 19:46 |



PALISADES WILL ROGERS 10K WINNERS

| YEAR | MALE | TIME | FEMALE | TIME |
|------|------------------|-------|--------------------|-------|
| 1978 | Drew Mearns | 31:35 | Pam Firestone | 39:35 |
| 1979 | David Greifinger | 31:09 | Carol Cook | 35:53 |
| 1980 | Charles Gray | 30:38 | Teresa Haro | 38:14 |
| 1981 | Charles Gray | 30:26 | Teresa Haro | 38:16 |
| 1982 | Jim Scott | 31:15 | Katie Dunsmuir | 36:22 |
| 1983 | Russell Edmonds | 29:46 | Katie Dunsmuir | 35:09 |
| 1984 | Patrick Ewing | 30:52 | Sherry Simmons | 36:30 |
| 1985 | Luis Tipan | 30:52 | Beth Milewski | 36:25 |
| 1986 | Ray Cook | 30:46 | Mindy Ireland | 35:56 |
| 1987 | Jeff Shaver | 31:07 | Amanda Marks | 38:59 |
| 1988 | Greg Hauser | 30:46 | Amanda Marks | 36:17 |
| 1989 | Jeff Shaver | 31:22 | Karon Carpani | 39:44 |
| 1990 | David Baca | 31:43 | Alfreda Iglehart | 39:32 |
| 1991 | Ken Velasquez | 31:06 | Kimberly Stewart | 36:21 |
| 1992 | Jeff Shaver | 31:07 | Katie Dunsmuir | 35:18 |
| 1993 | David Olds | 32:13 | Katie Dunsmuir | 36:30 |
| 1994 | Peter Hogan | 32:19 | Katie Dunsmuir | 35:53 |
| 1995 | Timothy Berger | 32:57 | Katie Dunsmuir | 36:36 |
| 1996 | Ray Cook | 32:13 | Marie Murphy | 37:36 |
| 1997 | Timothy Berger | 32:49 | Marie Murphy | 39:20 |
| 1998 | Bill McMorran | 32:57 | Tina Lount-Petrie | 39:36 |
| 1999 | Tyson Sacco | 32:23 | Rosa Cazares-Luna | 41:03 |
| 2000 | Nate Bowen | 31:38 | Melissa Smith | 40:13 |
| 2001 | Tyson Sacco | 33:45 | Kara Barnard | 37:48 |
| 2002 | Nate Bowen | 31:32 | Kara Barnard | 37:21 |
| 2003 | Nate Bowen | 33:31 | Lucy Fitzgerald | 38:12 |
| 2004 | Brad Becken | 32:51 | Kara Barnard | 35:24 |
| 2005 | Kevin Koeper | 31:54 | Lucy Fitzgerald | 39:33 |
| 2006 | Kevin Koeper | 33:01 | Erika Aklufi | 35:56 |
| 2007 | Nate Bowen | 33:35 | Nancy MacDonald | 41:32 |
| 2008 | Kevin Purcell | 34:10 | Shawna Burger | 37:56 |
| 2009 | Lewis Elliot | 33:29 | Shawna Burger | 38:02 |
| 2010 | Kevin Purcell | 33:40 | Kara Barnard | 36:58 |
| 2011 | Jim Lubinski | 32:35 | Kara Barnard | 37:12 |
| 2012 | Ankur Tarneja | 33:47 | Kara Barnard | 38:34 |
| 2013 | Brad O'Bryan | 32:33 | Laura Conley | 40:19 |
| 2014 | Tonny Okello | 31:21 | Melinda DiNapoli | 40:30 |
| 2015 | Tonny Okello | 32:55 | Susanne McNeil Eng | 40:33 |
| 2016 | Tonny Okello | 31:32 | Katie DeWitt | 41:00 |
| 2017 | Tonny Okello | 33:28 | Erika Aklufi | 38:44 |
| 2018 | Tonny Okello | 32:51 | Kaitlyn Peale | 36:19 |
| 2019 | Cosmo Brossy | 34:18 | Caitlin Crisman | 37:17 |
| 2020 | Race Canceled | ----- | Race Canceled | ----- |
| 2021 | Race Canceled | ----- | Race Canceled | ----- |
| 2022 | Shane Brouwer | 33:08 | Sarah Bentley | 41:23 |



Expert Handyman
SERVICES

REASONABLE RATES,
DONE RIGHT, ON TIME

Your Local Experts!

- 4 hours for only \$399
- 15% off for 4 or more hours
- 10% discount for seniors
- 10% military discount

CALL US TODAY! 310.628.7442



With our many years of home repair experience we will complete your project properly, efficiently and timely. Large job or small we look forward to impressing you with our ability to simply get it done. We treat you and your home with respect and we never forget you are the reason we are here.



Fine Estates®

PACIFIC PALISADES BRANCH

839 VIA DE LA PAZ, PACIFIC PALISADES, CA 90272

310.566.4400



**PROUD SPONSORS OF THE PALISADES
FOURTH OF JULY PARADE!**

WWW.RODEORE.COM



The start of the 25th annual Kids' Fun Run last Fourth of July. The half-mile race debuted in 1996.

PHOTO BY RICH SCHMITT



2022 Kids' Fun Run winners Ethan and Ava Montminy.

PHOTO BY STEVE GALLUZZO

the summer while interning at Blue Origin Aerospace, she was home in the Bienveneda neighborhood for the holiday and decided to give her local race a go.

Getting ready for her junior year at Georgetown, Pali High swim alum Darby Green ran the 5K on a whim and won in 19:26 shortly after Jake Ratkov-

ich, a 17-year-old from Loyola High, won the men's race in 15:41 to become the Cubs' fourth champ in the last five races. Runner-up by 18 seconds was Pali High's Max Fields, fresh off capturing the LA City 3,200-meter title.

.....
TRADITION

Race winners are invited

to ride in the Fourth of July Parade in the afternoon. The who's who of celebrities, politicians, pro athletes and A-list entertainers who have either participated in or assisted with the race over the decades includes actor Walter Matthau, singers Toni Tennille and John Raitt, former LA Kings goalie Rogie Vachon, former

LA Dodgers second baseman Davey Lopes, nine-time Olympic gold medal swimmer Mark Spitz, nine-time Olympic track and field gold medalist Carl Lewis, LA Lakers General Manager Mitch Kupchak, Congressman Mel Levine, *KTLA* Prime Time News reporter Lu Parker, Olympic gold medalist and five-time world champi-

on boxer Sugar Ray Leonard, local kickboxing champion Baxter Humby, fitness guru and former Honorary Mayor Jake Steinfeld, and five-time NBA champion player and current Golden State head coach Steve Kerr, who was parade grand marshal in 2014 and has piloted the Warriors to four NBA titles in nine seasons.

Cox Paint
www.coxpaint.com

Find your True Colors
with Regal® Select Paint

Cox Paint, Santa Monica
1130 Santa Monica Blvd.
310.393.7208

Cox Paint, West LA
1600 S. La Cienega Blvd.
310.838.2284

Benjamin Moore®

CURRENT LISTINGS

COMPASS



925 Enchanted Way
4 BD | 5 BA | 3,650 SF



839 Toyopa Dr
7 BD | 8 BA | Lot Size 8,624 SF



751 Hartzell St
3 BD | 2 BA | 1,558 SF



1050 Amoroso Pl
4 BD | 6 BA | 3,540 SF



500 Alma Real Dr
8 BD | 12 BA | 10,108 SF



16756 Marquez Ave
5 BD | 3 BA | 2,239 SF

COMING SOON NEW CONSTRUCTIONS

675 Muskingum Ave 1047 Chautauqua Blvd 442 Alma Real Dr 1101 Monument Ave
1142 Charm Acres Pl 771 Iliff St 600 Via De La Paz 1031 Fiske 1022 Galloway 12107 Palms Blvd
538 Chautauqua Blvd 1017 Kagawa St 802 N Galloway St



JACQUELINE CHERNOV
DRE# 01361435
JacquelineChernov.com
jacchernov@gmail.com
310.403.7557
@ @jacchernovteam



Compass is a real estate broker licensed by the State of California and abides by Equal Housing Opportunity laws. License Number 01991628. All material presented herein is intended for informational purposes only and is compiled from sources deemed reliable but has not been verified. Changes in price, condition, sale or withdrawal may be made without notice. No statement is made as to accuracy of any description. All measurements and square footage are approximate. License Number 01991628, 01527235, 1527365.



The start of the inaugural Palisades Will Rogers 10K in 1978. Drew Mearns and Pam Firestone were the winners. The 5K was added in 1986. PHOTO COURTESY OF PALISADES10K.COM



Tonny Okello won his fifth straight 10K in 2018, running 6.2 miles in 32:51. PHOTO BY RICH SCHMITT



Therese Fricke won three 5Ks—2005, 2009 and 2011. PHOTO BY STEVE GALLUZZO



Paul Junger of West LA has run all 43 races thus far. PHOTO BY STEVE GALLUZZO



Kara Barnard won the 5K five times and 10K six times from 1997-2012. PHOTO BY STEVE GALLUZZO



10K champ Sarah Bentley (left) and fellow 2020 Pali High alum Ava Kerkorian with their medals last year. Bentley won her hometown race for the first time. Kerkorian was among the fastest in her division in the 5K. PHOTO BY STEVE GALLUZZO

KIDS' FUN RUN

Children ages 10 and under are invited to sprint or walk in the Kids' Fun Run, beginning at 9:30 a.m. on July 4. The flat half-mile route loops through Huntington streets, starting and ending at the Rec Center.

Whether pre-registered or

registering on race day, kids need to check in at the Fun Run tent near the park entrance. Parents must sign the waiver on their child's registration form.

The Fun Run is a non-competitive race emphasizing participation. All registered runners receive a T-shirt at check-in, and an American flag and participation ribbon afterward.

From Alma Real, the course turns onto Ocampo, then left on Drummond and another left on Toyopa to the finish. Village School siblings Ethan and Ava Montminy won it last year.

REGISTRATION

Pre-registered runners will be able to pick up their packets at the front lawn tent at Palisades Recreation Center from 10 a.m. to 3 p.m. Sunday, July 2, and 10 a.m. to 2 p.m. on Monday, July 3. Register at

palisades10k.com.

The race fee is \$65 until July 4. Race day registration increases to \$70. Cost for the Fun Run is \$30. Race day registration is from 6:30 to 8 a.m. at the Rec Center.

All veterans are encour-

aged to participate. To register, email info@spectrumsports.net to receive your free registration code.

SPONSORS

The Palisades Will Rogers 5 & 10K Run has stood the test of time, and its longevity stems in large part from the loyal sponsors that have continued to support it year after year.

This year's sponsors include Providence Saint John's Health Center, a not-for-profit Catholic hospital in Santa Monica that has served the Westside since 1942; Cynthia L. & William E. Simon, Jr. Foundation; Kennedy Wilson; Farmers Insurance; The Jordan Kaplan Family; Will Rogers Ranch Foundation; American Legion; Laura Brau Estates; and The Ariola Group.

2023 PALISADES WILL ROGERS 5 & 10K RUN

Tuesday, July 4
Palisades Recreation
Center

5/10K Races
8:15 a.m.

Kids' Fun Run
9:30 a.m.

Anticipated Field:
2,500-3,000

Title Sponsor:
Providence Saint John's
Health Center
(2121 Santa Monica Blvd.)

CAMPBELL
WELLMAN

PROPERTIES



It's a Lifestyle.

FIND YOURS >

Colin Wellman

(310) 437-5334 | CA DRE# 01521637

Todd Stein

(310) 437-5323 | CA DRE# 01879814



Celebrating the Fourth of July in Pacific Palisades



From the start of the Palisades Will Rogers 5 & 10K Run to the final firework—and every moment in between—Fourth of July offers no shortage of family friendly fun. 90272 Magazine assembled information about the various July 4th events surrounding the holiday to help readers enjoy it all.



PHOTO BY RICH SCHMITT



TUTORING

TEST PREP

HOMESCHOOL

SUMMER CAMPS

WISHING YOU A HAPPY *4th of July*



PROUD TO SUPPORT
PREK- 12TH GRADE
PALISADES
FAMILIES FOR OVER
20 YEARS!

www.GrozaLearningCenter.com

310-454-3731

Tutoring@GrozaLearningCenter.com



This is your time, *Ciela* is your place.

Independent Living • Assisted Living • Memory Care

Your next 4th of July BBQ could be here. Discover a modern, resort-style retirement community in Pacific Palisades.

Luxurious residences with designer finishes, floor-to-ceiling windows, and stunning views


Exceptional amenities including a state-of-the-art Vitality Center with a hydrotherapy spa

Fresh seasonal cuisine featuring locally sourced produce for healthy living

Personalized care guided by licensed nurses



Visit Us
310-310-8218
liveciela.com

Explore the full Ciela experience  Call us or visit our website to learn more about our July events.

Palisades Will Rogers 5 & 10K Run

With roots in the community dating back to the late 1970s, thousands of runners and walkers will begin their Fourth of July with the 46th annual Palisades Will Rogers 5 & 10K, which starts at 8:15 a.m.

“The Palisades Will Rogers 5 & 10K runs both traverse the beautiful city streets of Pacific Palisades, with the 10K run extending to Will Rogers State Historic Park,” according to the race’s website. “These runs are among the more popular and well-regarded running events in California.”

Both iterations of the run start and finish at Palisades Recreation Center, located at 851 Alma Real Drive. The 5K run/walk course loops around the Huntington neighborhood, while the 10K run course follows the same track, adding a leg along Sunset Boulevard up to Will Rogers State Historic Park and back.

Year after year, the race attracts between 2,800 to 3,000 runners, which includes local participants as well as those from out of state, ranging up to 80 years old. Net proceeds from the race go to support Optimist



Club youth charities.

This year, racers are invited to several packet pick up days at the rec center, including Sunday, July 2, from 10 a.m. to 3 p.m.; Monday, July 3, from 10 a.m. to 2 p.m.; and Tuesday, July 4, from 6:30 a.m. to the race start.

Road closures for the run will be in effect from 4 to 11:30 a.m. on July 4, including along La Cruz Drive, Alma Real Drive, Corona Del Mar, Toyopa Drive, Pampas Ricas Boulevard, Drummond Street, Sunset Boulevard, Will Rogers State Park Road, Chautauqua Boulevard, Carey Street and Ocampo Drive.

For more information or to sign up, visit palisades10k.com.



PHOTOS BY RICH SCHMITT

Kids’ Fun Run

Runners and walkers up to the age of 10 are invited to start their Fourth of July with the 26th annual Kids’ Fun Run, which begins at 9:30 a.m.

“The course is a flat half-mile loop that starts and finishes at the Palisades Recreation Center parking lot on Alma Real,” according to the event’s website. “The Kids’ Fun Run is a non-competitive run emphasizing participation, with each registered child receiving a T-shirt, American flag and participation ribbon.”

There will be a patriotic clown to entertain at the start line and to craft balloon animals afterward. Laura Brau Estates will provide an “exciting array of free swag to

participants,” as well as “free face painting and a free photo booth for families and kids.”

On race day—whether kids pre-registered or are registering on July 4—participants will need to

check in at the Fun Run tent, which will be located on the grass near the entrance to Palisades Recreation Center.

For additional information or to sign up, visit palisades10k.com.

Marching for the 22nd time!

**Gerry Blanck’s
MARTIAL ARTS CENTER
41 Years in Pacific Palisades**

Offering group classes and private instruction in:

- Yoshukai Karate • Kick Boxing • Self-Defense
- For ages 3½ and up

Get your 4th of July **OTOMIX** Stars & Stripes Uniforms at our Karate Studio.



16624 Marquez Avenue, Pacific Palisades

310.573.1985

Gerry Blanck is a 8th degree Black Belt & former W.K.A. World Kickboxing Champion

www.GerryBlanck.com



Maria Dryden
REALTOR®

Your local Real Estate Specialist
Call Today!

maria@mariadrydenhomes.com
(310) 994-1395

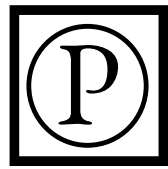
Cal DRE. 02088735

Owned by a subsidiary of NRT LLC.

THE BETH STYNE GROUP



COLDWELL BANKER REALTY



PFEIFER GROUP



720 Brooktree Road | Pacific Palisades

Happy 4th of July!



1053 Lachman Lane | Pacific Palisades

ALEXANDRA PFEIFER

#1 Top Producer | Pacific Palisades

Sales Associate | DRE#01743378

310.650.3540 | Alexandra@AlexandraPfeifer.com

pfeiferproperties.com



208 S. Anita Avenue | Brentwood



515 21st St | Santa Monica



7546 Ringe Ave | Playa Del Rey

SOTHEBY'S INTERNATIONAL REALTY - PACIFIC PALISADES BROKERAGE | 15308 SUNSET BOULEVARD PACIFIC PALISADES, CALIFORNIA 90272 | SOTHEBYSREALTY.COM

© 2021 Sotheby's International Realty. All Rights Reserved. The Sotheby's International Realty trademark is licensed and used with permission. Each Sotheby's International Realty office is independently owned and operated, except those operated by Sotheby's International Realty, Inc. The Sotheby's International Realty network fully supports the principles of the Fair Housing Act and the Equal Opportunity Act. This material is based upon information which we consider reliable but because it has been supplied by third parties, we cannot represent that it is accurate or complete and it should not be relied upon as such. All offerings are subject to errors, omissions, changes including price or withdrawal without notice. If your property is listed with a real estate broker, please disregard. It is not our intention to solicit the offerings of other real estate brokers. We are happy to work with them and cooperate fully.

Sotheby's
INTERNATIONAL REALTY

Palisades July 4th Parade

This year marks the diamond anniversary of the Palisades July 4th Parade, which will wind through town for the 75th time at 2 p.m.

Those who watch the parade, which is produced by Palisades Americanism Parade Association, will catch a variety of participants, ranging from local clubs and organizations to area public officials. There will be musical units, equestrian groups, floats, marching units and vehicles. Other annual highlights are Kids on Bikes and the Patriotic Pups.

The parade route includes Via De La Paz to Sunset Boulevard, Drummond Street and Toyopa Drive, ending

at Alma Real Drive and the entrance to Palisades Recreation Center. Chairs will begin to be placed along the parade route for viewers to secure their space.

Street closures for the parade—which will be in place from 1:15 to 4 p.m.—include Via De La Paz, Sunset Boulevard, Drummond Street, Toyopa Drive and Ocampo Drive.



PHOTOS BY RICH SCHMITT



NOW OPEN!

HYDRATION ROOM
— IV AND INJECTION THERAPY —

**BUY ONE IV
GET ONE FREE**

ONLY \$195 (\$420 VALUE)

DOCTOR'S ORDERS

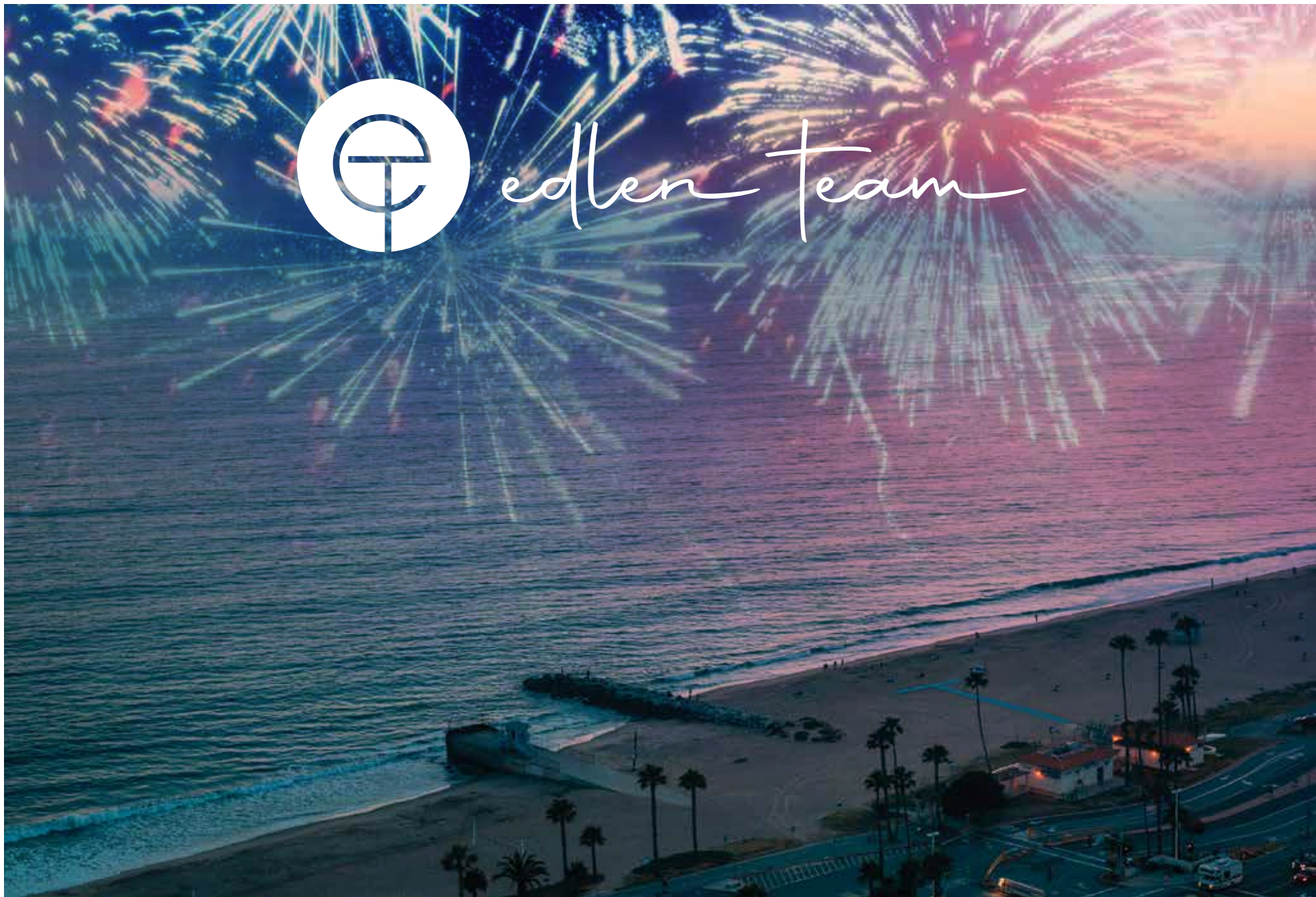
"When you're looking to keep your immune system working at 100%, an extra shot of energy, stress relief or brain-boosting vitamins and minerals, all of us at Hydration Room are here to help."

- Dr. Brett Florie (Founder + CEO)

BOOK ONLINE: HYDRATIONROOM.COM | 15278 Antioch St, Pacific Palisades | (424) 238-5794



edlen team



We commemorate the Declaration of Independence, and celebrate 37 years of service to our community.



310.600.7422
michael@edlenteam.com
edlenteam.com
CalRE#00902158



The property information herein is derived from various sources that may include, but not be limited to, county records and the Multiple Listing Service, and it may include approximations. Although the information is believed to be accurate, it is not warranted and you should not rely upon it without personal verification. Not intended as a solicitation if your property is already listed by another broker. Real estate agents affiliated with Coldwell Banker Residential Brokerage are independent contractor agents and are not employees of the Company. ©2019 Coldwell Banker Residential Brokerage. All Rights Reserved. Coldwell Banker Residential Brokerage fully supports the principles of the Fair Housing Act and the Equal Opportunity Act. Owned by a subsidiary of NRT LLC. Coldwell Banker, the Coldwell Banker Logo, Coldwell Banker Global Luxury and the Coldwell Banker Global Luxury logo service marks are registered or pending registrations owned by Coldwell Banker Real Estate LLC. CalRE#00616212 Michael Edlen DRE 00902158, Tatiana Weiss DRE 01751813, Christina Wagner DRE 01310664, Jolie Hernandez DRE 01208938, Keith Craven DRE 01239016

BUY AND SELL YOUR HOME WITH CONFIDENCE. YOU'LL LOVE THE RESULTS.

Have some questions about the local real estate market or need guidance on your personal situation?
Call or text us today to set up a time to chat at 310.600.7422 or email michael@edlenteam.com

Kids on Bikes



Continuing a decades-long tradition, the yogurt shoppe will once again be sponsoring this year's Kids on Bikes unit, which will be a part of the parade.

This year, the event will also be sponsored by Toppings.

"We are excited to join, and this year, we are doing it with Toppings," the yogurt shoppe owner Adam Wolfson shared with *90272 Magazine*. "Two great Palisades staples joining together with the kids of the Palisades."

Participants are invited to enter the Best Decorated Bike/Scooter Contest, which begins at 1 p.m. with judging set to take place at 1:30 p.m. at the start of the parade route (at the corner of Bowdoin Street and Via De La Paz). Winners will receive a \$50 gift card, valid at any yogurt shoppe location. Kids must be accompanied by a parent or guardian, who will sign a participation form and join along the parade route.

Kids on Bikes participants are encouraged to bring a water bottle and required to wear a helmet. Parents and guardians are invited to take pictures and tag @theyogurtshoppe, or use #palisades4thkidsonbikes and #palisadesjuly4.

For additional information or to fill out the participant waiver, visit palisades4th.com/parade/kids-on-bikes.



PHOTOS BY RICH SCHMITT



Patriotic Pups



When planning Fourth of July festivities, the whole family can be involved in the fun—including Patriotic Pups, who will march for the 29th year in the parade, sponsored by Paws N' Claws.

Those who wish to join are asked to meet between 1 and 1:45 p.m. on July 4 at Palisades Charter Elementary School—at the corner of "Via De La Paws and BowWowdoin."

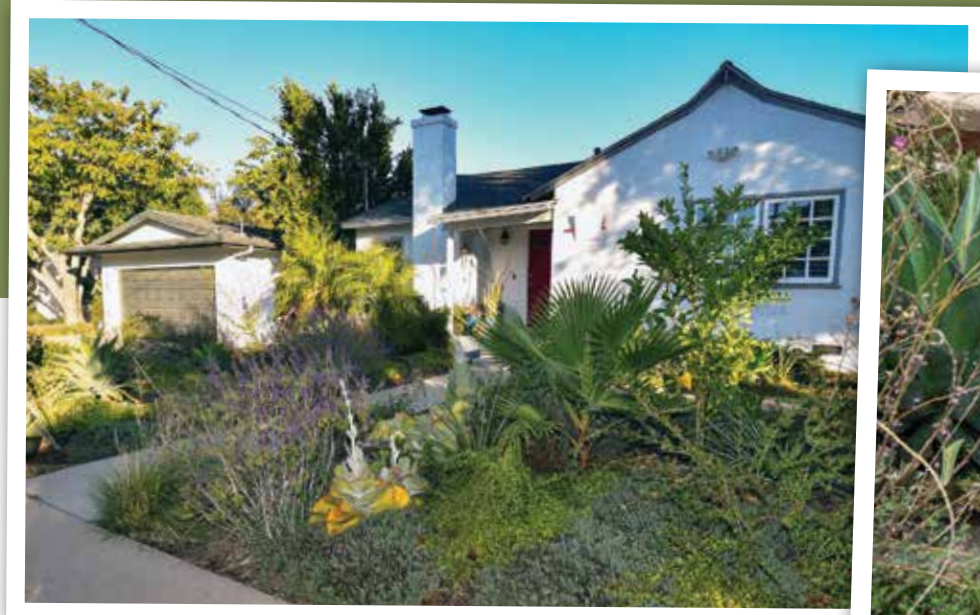
Each participating pup will receive a bandana, water, collapsible water bowl and poop bags.

Dogs will need to be leashed at all times during the parade—beginning at the assembly area. They should also be comfortable and well behaved in crowds, as well as in the company of other dogs, cars, horses and people. Participants are encouraged to bring water, as well as socks for those who wish to wear them if the pavement is hot.

More information and a waiver is available at palisades4th.com/parade/pups.



LADWP Can Help You Transform Your Landscape



- **Turf Replacement Rebate**

We offer a rebate of \$5 per square foot for projects replacing 250 - 5,000 square feet of turf.

- **Online Resources & Inspiration**

From downloadable low water use landscape design templates to searchable plant databases to landscape transformation videos, LADWP has the help you need for your next water conservation DIY project. Learn more at ladwp.cafriendly/landscaping.com

- **Free Mulch**

Mulch is a great way to save water by keeping the soil around your plants cool and moist. Free mulch is available through our partners at LA Sanitation. Find a location nearest you at lacitysan.org/freemulch

- **Free Shade Trees**

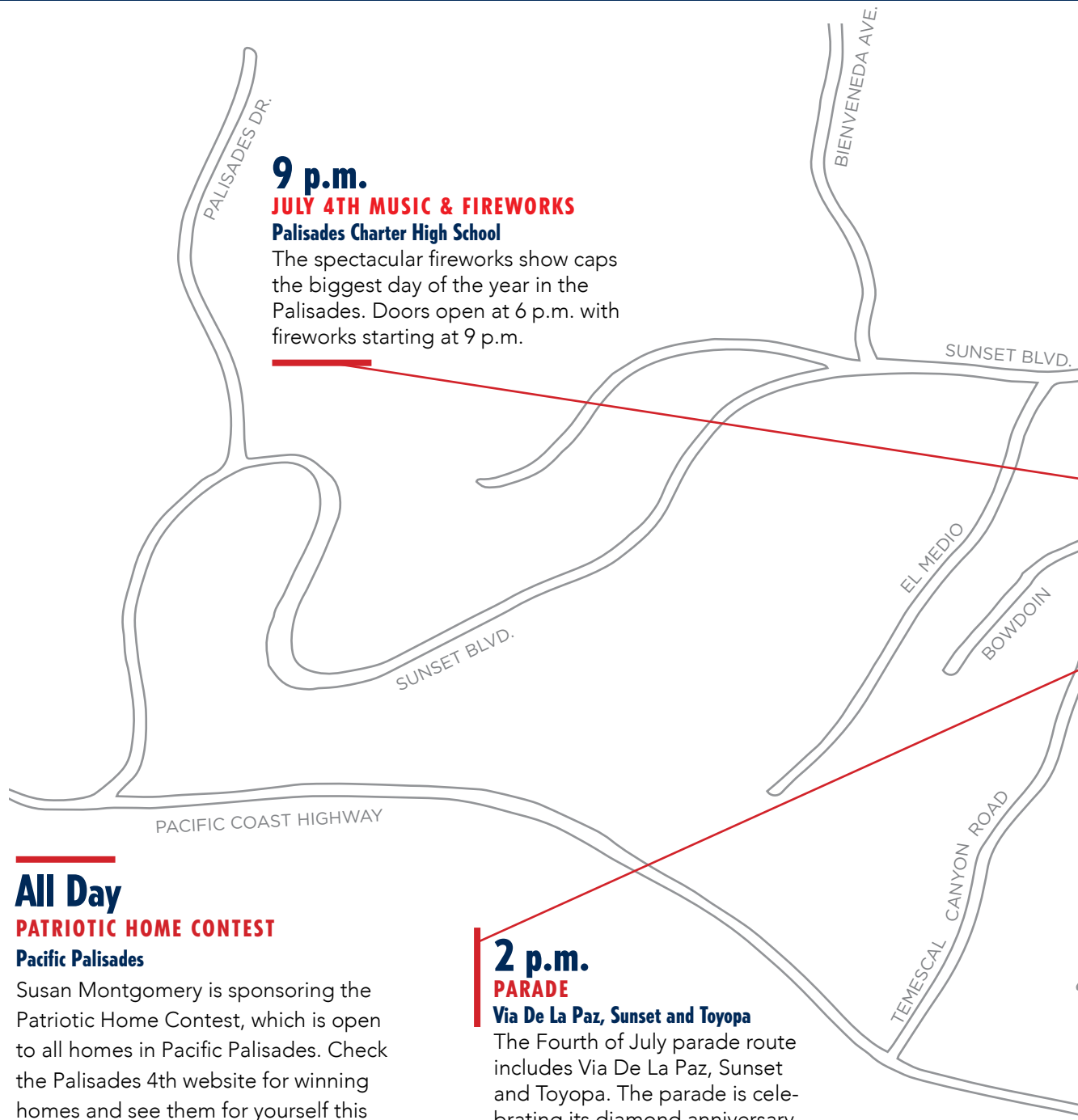
City Plants distributes free trees to residents for yards and parkways. You may be able to receive up to 7 free trees for use on your project and to help save energy and cool your home. Learn more at CityPlants.org.



For more information on how LADWP can help you transform your landscape, visit ladwp.com/landscaping.



OFFICIAL MAP TO THE FOURTH



9 p.m. JULY 4TH MUSIC & FIREWORKS

Palisades Charter High School
The spectacular fireworks show caps the biggest day of the year in the Palisades. Doors open at 6 p.m. with fireworks starting at 9 p.m.

All Day PATRIOTIC HOME CONTEST

Pacific Palisades
Susan Montgomery is sponsoring the Patriotic Home Contest, which is open to all homes in Pacific Palisades. Check the Palisades 4th website for winning homes and see them for yourself this Independence Day.

2 p.m. PARADE

Via De La Paz, Sunset and Toyopa
The Fourth of July parade route includes Via De La Paz, Sunset and Toyopa. The parade is celebrating its diamond anniversary, marking 75 years.

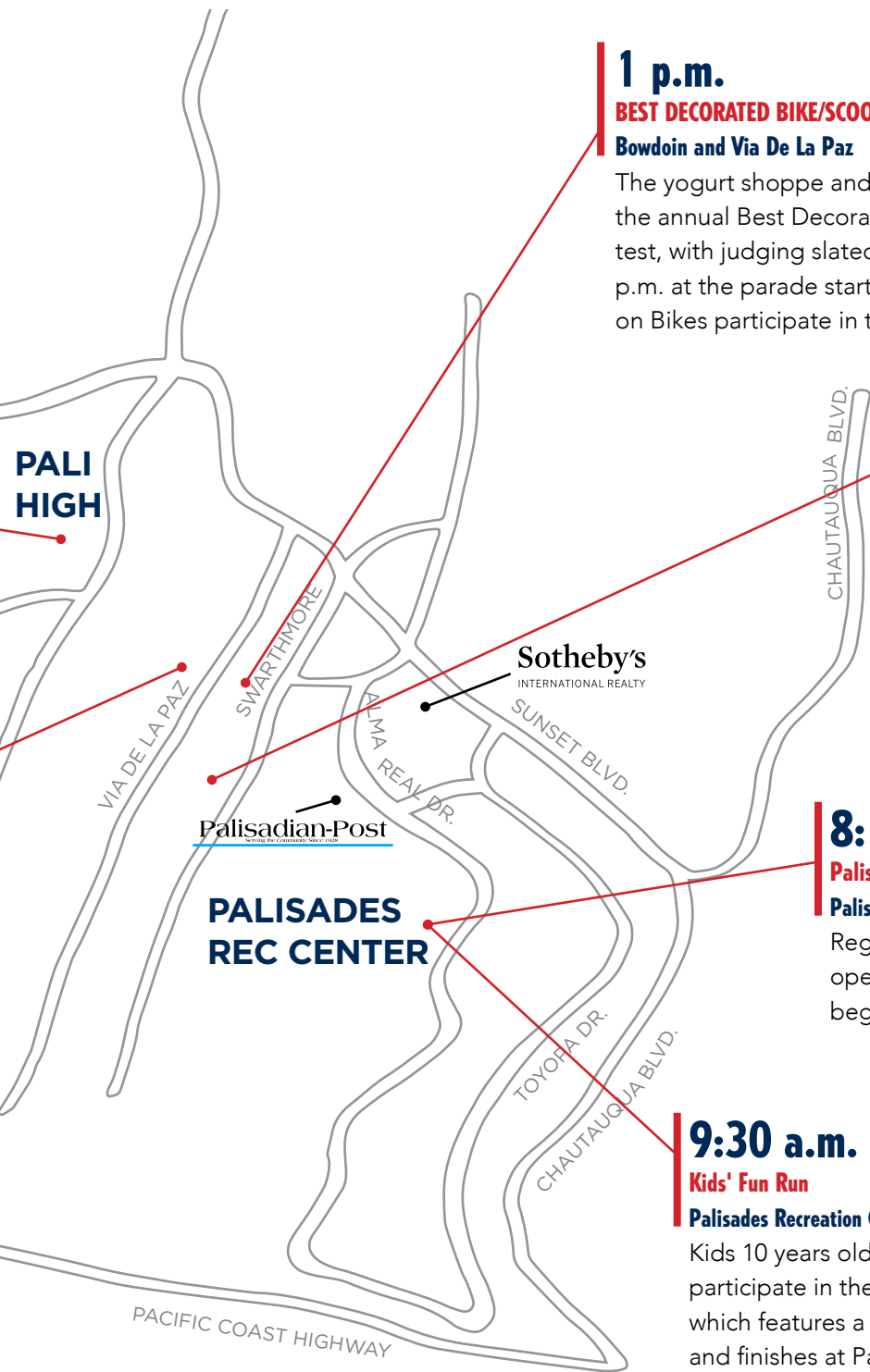
NEW LOCATION SUMMER 2023

PACIFIC PALISADES BROKERAGE | 15140 W SUNSET BOULEVARD

SOTHEBYSREALTY.COM



OF JULY IN PACIFIC PALISADES



1 p.m. BEST DECORATED BIKE/SCOOTER CONTEST

Bowdoin and Via De La Paz
The yogurt shoppe and Toppings will sponsor the annual Best Decorated Bike/Scooter Contest, with judging slated to take place at 1:30 p.m. at the parade start location, before Kids on Bikes participate in the parade.

1 p.m. PATRIOTIC PUPS

Palisades Charter Elementary School
The Patriotic Pups of Pacific Palisades will march in the parade, sponsored by Paws N' Claws. Participating pups are asked to meet between 1 and 1:45 p.m. at Palisades Charter Elementary School.

8:15 a.m. Palisades Will Rogers 5 & 10K Run

Palisades Recreation Center
Registration and packet pick up opens at 6:30 a.m., with both races beginning at 8:15 a.m.

9:30 a.m. Kids' Fun Run

Palisades Recreation Center
Kids 10 years old and under are invited to participate in the 26th annual Kids' Fun Run, which features a flat, half-mile loop that starts and finishes at Palisades Recreation Center.



HAPPY 4TH OF JULY

We salute our local July Home Decorating Contest sponsor, Sotheby's International Realty agent, **SUSAN MONTGOMERY** for her continuing commitment to our community!

Sotheby's
INTERNATIONAL REALTY

Operated by Sotheby's International Realty, Inc.



Patriotic Home Contest



PHOTO BY RICH SCHMITT

Palisadians looking to show off their decorated homes can do so through this year's Patriotic Home Contest, which is being sponsored by Susan Montgomery of Palisades' Sotheby's International Realty office.

Montgomery has continued sponsoring the Patriotic Home Contest after the passing of fellow agent and friend Joan Sather, who had sponsored and supported the contest until her death in 2022. Montgomery is now sponsoring it alongside Joan's husband Kent, in tribute to Joan.

All homes in the Palisades are eligible to win, with prizes awarded for most patriotic home decorations, including the Joan Sather Memorial Sponsor's Award.

To enter, a form may be filled out at palisades4th.com/parade/home-contest with information like name, email, phone number and address, with a place to upload a photo. Photos can also be shared at the Pacific Palisades Fourth of July Celebration Facebook page or using #palisades4thhomecontest on Instagram through July 2 at 5 p.m. Entries may also be sent to homecontest@palisades4th.com.

Judging will be conducted on the afternoon of July 3, with winners notified and then photos displayed on the Palisades 4th website, as well as Facebook and Instagram.

Montgomery is available via susan.montgomery@sothebyshomes.com.

Ninth Annual Photo Contest



Each year, the *Palisadian-Post* collects an assortment of images from community members showing off how they celebrate Fourth of July, with this year marking the ninth year.

Readers have a chance to submit photos of anything they see fit. From celebrating pets to kids showing off

red, white and blue attire and decked out homes—anything goes.

To participate in this year's photo contest, send high-res images (300 dpi or "actual size" if sending from a smart phone) to mypost@palipost.com by Thursday, July 6, at 8 p.m. for a chance to be featured.



PHOTO COURTESY OF SYDNEY DOUGLAS



PHOTO COURTESY OF ANNIE LEE



PHOTO COURTESY OF DENISE PERLSTEIN



PHOTO COURTESY OF TANYA BARCESSAT

We made our family tighter and our business stronger with one round of golf.

Never have the words, “Yes sir,” been so cutting as when I heard it from my sister. My authority within the family business had caused a rift in the family. Somewhere along the way, I’d stopped being a brother and became the CEO and chairman of the board instead. That’s when Whit suggested that our annual charity golf tournament was the perfect opportunity to recapture some of the family magic of our childhood. A few laughs and a round of golf later, we’d reworked the business so Whit could handle decisions involving the family and I could focus on being a brother. Sometimes the big picture becomes clearer when you focus on the little things.

— David, San Diego



Investment Management & Consulting | Trust Services | Family Office
Philanthropy & Family Continuity | Real Estate

CONTACT MATTHEW W. MARKATOS | 310-943-0748 | WHITTIERTRUST.COM



Learn More

\$10 MILLION MARKETABLE SECURITIES AND/OR LIQUID ASSETS REQUIRED. Investment and Wealth Management Services are provided by Whittier Trust Company and The Whittier Trust Company of Nevada, Inc. (referred to herein individually and collectively as “Whittier Trust”), state-chartered trust companies wholly owned by Whittier Holdings, Inc. (“WHI”), a closely held holding company. This document is provided for informational purposes only and is not intended, and should not be construed, as investment, tax or legal advice. Past performance is no guarantee of future results and no investment or financial planning strategy can guarantee profit or protection against losses. All names, characters, and incidents, except for certain incidental references, are fictitious. Any resemblance to real persons, living or dead, is entirely coincidental.

The Power of Executive Functioning

“The development of executive functioning skills plays a vital role in fostering essential life skills for children now and in the future.”

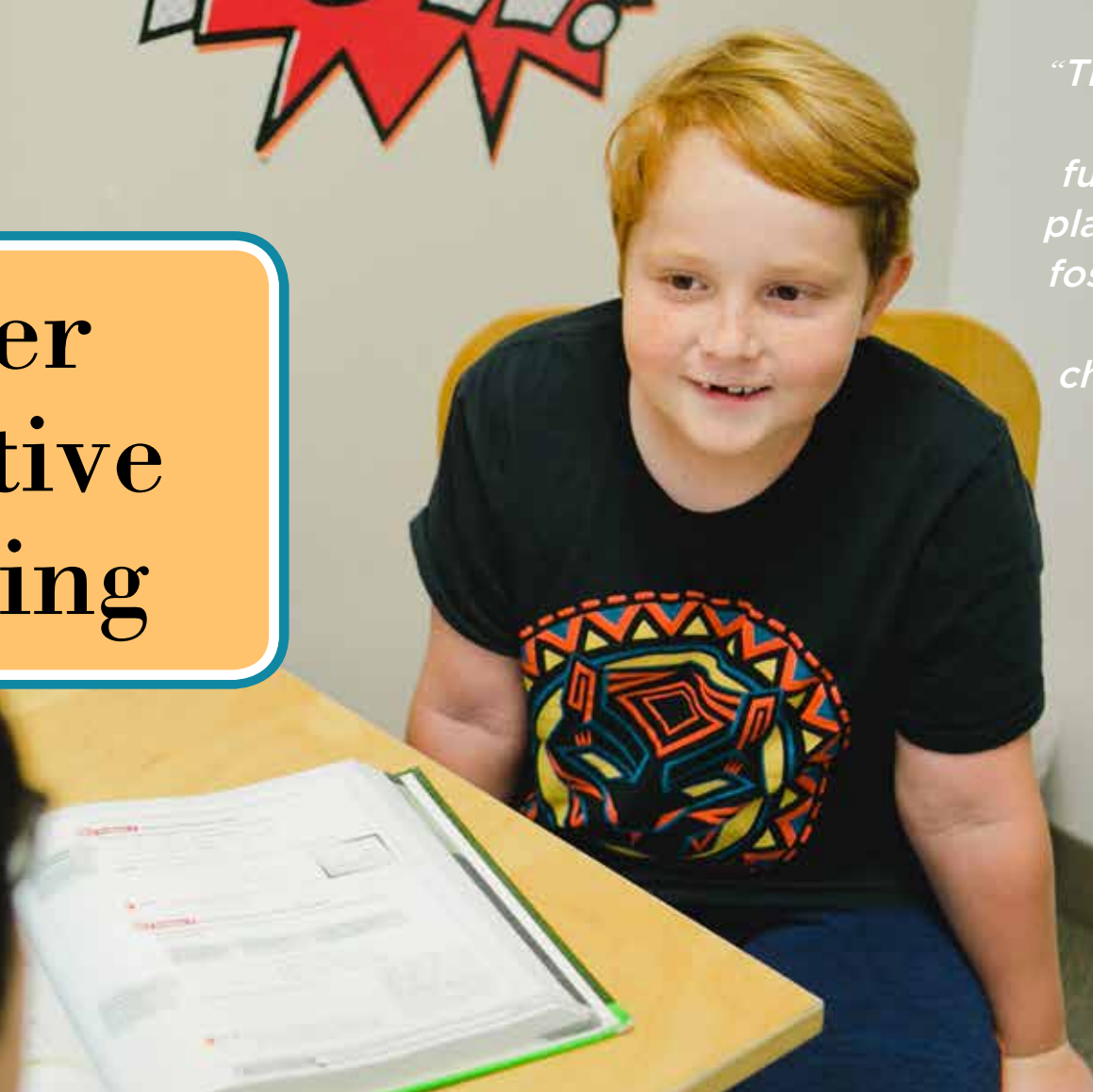


PHOTO COURTESY OF GROZA LEARNING CENTER

Tatyana Yukhtman, director of education at Groza Learning Center, dives into the power of executive functioning for children’s academic success.

BY TATYANA YUKHTMAN

Executive functioning is commonly referred to as the cognitive system responsible for managing various mental processes such as information retrieval, problem-solving and decision-making.

Developing executive skills is becoming progressively challenging for children in our fast-paced world. Our children are frequently exposed to a plethora of information with social media, have to manage demanding academic responsibilities and participate in various extracurricular activities, which can pose difficulties in maintaining concentration and productivity.

Why are executive functioning skills important for children’s academic, social and personal development?

The development of executive functioning skills in children plays a vital role in fostering essential skills such as teamwork, leadership, decision-making, goal-oriented work, critical thinking, adaptability and emotional intelligence, encompassing both self-awareness and empathy toward others. These executive functioning skills hold immense significance for children, both in their present lives and as they navigate the future.

- **Academic success:** Children with well-developed executive functioning skills are better able to plan,

organize, manage their time, initiate tasks, sustain attention and effectively regulate their emotions. These skills enable them to complete assignments, study efficiently, stay focused in the classroom, and perform well on tests and exams.

- **Problem-solving and decision-making:** Strong executive functioning skills allow children to think critically, consider multiple perspectives and make informed decisions. This helps children analyze problems, identify possible solutions and select the most appropriate course of action.
- **Self-regulation and self-control:** Children with well-developed executive functioning skills can manage their emotions, delay gratification, resist distractions and control impulsive actions. This enables them to handle stress, stay focused and make thoughtful decisions.

How can you facilitate executive functioning skills in your child?

Here at Groza Learning Center, we believe that executive functioning skills are crucial to the development of a child’s intellect and overall success. This is why we created a program dedicated to teaching these necessary life skills that will improve academic functioning and overall success in school and life.

- ✓ The Groza curriculum, supported by research

and developed in collaboration with a neuropsychologist, is designed to enhance students’ concentration and prolong their attention span. Working memory—a crucial aspect of executive function—can be strengthened through targeted exercises and techniques, enabling improved retention of information.

- ✓ Teaching and practicing organization, planning and prioritization skills will allow children to take charge of their learning by setting goals and maintaining focus on them until completion.
- ✓ One-to-one sessions allow our instructors to dive deep into the challenges that your child has—be it time management, problem-solving or handling stress—and provide the tools and techniques to confidently overcome these obstacles.

As parents, our hope and dreams are that our children will realize their full potential and prosper in all areas of their lives. In this busy and at times chaotic world, giving our children invaluable executive functioning skills will equip them with the tools needed to thrive in various aspects of life, setting the stage for long-term success and well-being.

For more information about our Executive Functioning Program, visit grozalearningcenter.com or call 310-454-3731, and give your child the gift of a brighter future.

GAIN MORE INDEPENDENCE WITH A CAREGIVER



A Testimonial: "The best thing about Fellie was that she always let mother be in control and she understood that mother needed to be the boss. She was wonderful and perfect for mother and kept her safe."

Our caregivers specialize in improving your life.

We can handle any condition with one of our excellent professionals.

RNs, LVNs, CNAs & Experienced Caregivers

All AAA T.L.C. Employees are Fully Vaccinated

AAA T.L.C. Health Care

(844) 422-2852 | 24/7 | www.aaatlc.com



AAA T.L.C. Health Care | Southern California's Most Trusted Home Care Agency & Registry

‘Golden’ Summer



*“The Gold Emperor from Aventicum”
is now on display at Getty Villa.*

BY SARAH SHMERLING

Rome might be on your travel list this summer, but if not, you still have a chance to glimpse Roman history at the Getty Villa—which has “The Gold Emperor from Aventicum” on display now through the end of January 2024.

The exhibition includes a “nearly life-size,” “unique portrait bust of the Roman Emperor Marcus Aurelius,” crafted by “hammering a single sheet of gold.” It was found at Aventicum, an “ancient Roman city built on an earlier Celtic settlement,” which is present-day Avenches, Switzerland.

“The gold bust of Emperor Marcus Aurelius is one of the most spectacular archaeological discoveries of the 20th century,” said Timothy Potts, Maria Hummer-Tuttle and Robert Tuttle director of the J. Paul Getty Museum.

“Together with other objects from ancient Gaul, this remarkable imperial portrait sheds light on the wealth and power of the Roman Empire in Northern Europe with an exceptional loan that stunningly complements the museum’s own collections of Roman imperial art.”

Aurelius, who ruled from AD 161 to 180, has been described as a “highly respected ruler,” as well as a “celebrated Stoic philosopher”—“his ‘Meditations’ remain the main source of his fame.” He was also a “successful general,” who spent years “fighting Germanic tribes on the northern border of the Roman Empire.”

The hollow gold bust weighs three and a half pounds, according to information provided by Getty, and was discovered in archaeological excavations in 1939.

“Workers exploring the site of



Roman Emperor Marcus Aurelius

PHOTOS COURTESY OF GETTY

SKIN FIVE

TIMELESS SKIN, IN NO TIME
SKIN CARE • BODY CONTOURING • INJECTABLES
LASER & SKIN TIGHTENING TREATMENTS



DR. AVA SHAMBAN

Dr. Ava Shamban is a board-certified dermatologist who dedicates herself to making clients feel empowered and confident in their everyday lives. A California native and Pacific Palisades resident, Dr. Ava graduated magna cum laude from Harvard University and earned her medical degree from Case Western Reserve University School of Medicine. She is currently a member of the ASDS, the AAD and serves on the editorial board for The Journal of Clinical and Aesthetic Dermatology. Dr. Ava is the author of *Heal Your Skin: The Breakthrough Plan for Renewal* (Wiley, 2011), makes regular television appearances on CBS’s *The Doctors* and ABC’s *Extreme Makeover*, and was just named #23 in *Newsweek’s* Top 125 Cosmetic Dermatologists in the Country.

In addition to her dermatology practices in Santa Monica and Beverly Hills, Dr. Ava owns two state-of-the-art medical spas called Skin Five. Located in the Pacific Palisades and Century City Mall, Skin Five offers a wide variety of medical aesthetic services intended to help clients achieve their personal beauty and wellness goals. These med spas were designed to provide clients customizable face and body treatment plans that will deliver optimal results. All providers at the Skin Five locations are experts in Coolsculpt, Emsculpt, Laser Rejuvenation, Hydrafacials, Injectables and much more!

970 MONUMENT STREET #216
PACIFIC PALISADES, CA 90272
(424)322-8780
INFO@SKINFIVE.COM
WWW.SKINFIVE.COM

a Roman religious precinct found the sculpture intact and in excellent condition, hidden in a sewage pipe,” according to Getty. “It had probably been concealed during a time of crisis, perhaps an invasion by Germanic tribes in the late third century AD.”

Aurelius wears a breastplate that is decorated with a winged head of Gorgon Medusa, which symbolizes protection, Getty explained. The bust was most likely attached to a wooden structure for use during ceremonial processions.

In addition to the bust, the exhibition includes additional items from the site, including “Roman marble inscriptions of Celtic civic leaders and the Celtic goddess Anechtlomara, a mosaic panel found in Aventicum, and two drawings by the Swiss artist Joseph-Emanuel Curty documenting in detail other mosaics discovered in the city in 1786.”

The objects—which are on loan from the Musée romains d’Avenches and the Musée cantonal d’archéologie et d’histoire, Switzerland—are collectively designed to “provide a view of the provincial capital and its Celtic heritage,” as well as “show the importance of imperial imagery and



and the Celtic goddess Anechtlomara, a mosaic panel found in Aventicum, and two drawings by the Swiss artist Joseph-Emanuel Curty documenting in detail other mosaics discovered in the city in 1786.”

“The focus of the exhibition will be on the gold bust,” said Jeffrey Spier, Anissa and Paul John Balson II senior curator of antiquities at the Getty Villa Museum, “but it will also provide a view of a Roman provincial city, the establishment of a non-Roman, native elite class and the importance of imperial imagery.”

Spier curated the exhibition, which opened May 31 and runs through

January 29, 2024, with Jens Daehner, associate curator of antiquities.

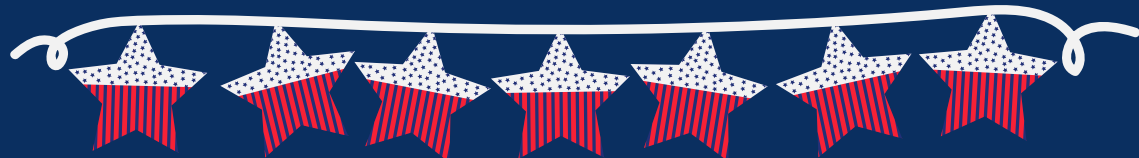
Also taking place at Getty Villa this summer is “Making Scents of the Ancient World: Rome,” which is a family-friendly course on July 8 and 22, and August 12 and 26, from 11 a.m. to 3 p.m. at the Outer Peristyle.

“In this free, drop-in, perfume-making workshop, visitors create their own Roman perfumes using ancient ingredients,” according to the Getty. “Participants will build custom

perfumes by exploring the spices and oils ancient Romans used, some of which are still in use today, and learn how these materials were considered alluring and exotic to the ancients.”

The Getty Villa, located at 17985 Pacific Coast Highway, is open Wednesday through Monday, from 10 a.m. to 5 p.m. Admission is always free, but a reservation is required.

Reservations can be made at getty.edu or by calling 310-440-7300.



WISHING YOU A HAPPY AND SAFE 4TH OF JULY!



SUE KOHL
310.720.3400
DRE# 00560679



Visit our website at
www.THEKOHLTEAM.com
for information about
buying, selling or leasing
a home on the Westside.
info@thekohlteam.com



**COURTNEY KOHL
PAULSON**
310.600.0904
DRE# 01864392

BERKSHIRE HATHAWAY | CALIFORNIA
HOMESERVICES | PROPERTIES

©2021 Berkshire Hathaway HomeServices California Properties (BHHS/CP) is a member of the franchise system of BHH Affiliates LLC. BHH and the BHH symbol are registered service marks of Columbia Insurance Company, a Berkshire Hathaway affiliate. BHH Affiliates LLC and BHHS/CP do not guarantee accuracy of all data including measurements, conditions, and features of property. Information is obtained from various sources and will not be verified by broker or MLS. Buyer is advised to independently verify the accuracy of that information. If your home is currently listed, this is not a solicitation for your listing.

Dental Spa



“Your teeth, body and mind will feel great!”

Have a Sparkling Smile!

- Open house Monday July 10, 2023 9-5pm Smile Direct & Spa Services
- Massage, Facials, Skincare and Make Up by our Emmy Award Winning Artist
- As featured in USA TODAY Weekend Magazine, the New York Times, and the Los Angeles Times.
- Book appointments 24/7 online at www.cadentalspa.com. New patients, families & PPO Insurance accepted.

Lynn Watanabe, D.D.S.
881 Alma Real Dr., Ste. 222
(310)454-3111
cadentalspa.com

Red, White ... and Blueberries

Inspiration for creating healthy home-cooked food every day.

BY RUTH
LAURENT-KOCHER

Nothing says Independence Day like a good, old-fashioned barbecue.

It is estimated that nearly 60% of Americans plan to get together with friends and family, and grill or barbecue this July 4th. I know we are, and every year, the question is: "What can we bring?"

Before answering this question, here are some facts about what we will manage to consume as a nation,

- July 4th is the biggest hot dog holiday of the year, with Americans reportedly consuming about 155 million this day alone, according to the National Hot Dog & Sausage Council (yes, there actually is a National Hot Dog & Sausage Council).
- In addition to hot dogs, it is estimated that Americans will consume over 700 million pounds of beef on Independence Day, with a significant portion of it being in the form of traditional grilled burgers.
- There are some fruit and veggies: Corn on the cob and potato salad are classic side dishes on July 4th. There is no data on just how much we eat, but we do know we consume around 150 million pounds of watermelon on Independence Day.

So, if the hot dogs and burgers (and their plant-based alternatives) are sizzling away on the grill, what are some great sides to bring to a friends

and family July 4th barbecue?

First, let's choose something that is relatively simple to prepare and easy to transport, perhaps something a little different than the traditional potato salad and coleslaw, which someone is bound to bring. (Checking in with the host is a great idea to ask for suggestions or see if they have a plan already.)

You could choose a dip or an appetizer, maybe a side or a salad, but let's select something that doesn't go soggy, spoil quickly and can safely sit outside. Then, finally, don't forget to think about the number of guests and make sure whatever you choose to make, you have ample supply.

Home-made hummus with vegetables and pita bread, a cheesy spinach and artichoke dip with crusty bread if you can serve it hot, home-made salsa and chips (avoid guacamole—it can go brown too quickly), a fresh Caprese salad, a hearty mixed bean and corn salad, all kinds of different kale salads, or fun fruit skewers, along with any sweet treat, are always a hit.

I like to bring something healthy, on the lighter side, to balance out the meat from the grill. So, this year I am choosing a patriotic "Red, White and Blueberry" theme: a trio of three simple, delicious, fun finger food toothpick appetizers.

Red watermelon, white feta cheese cubed with a leaf of fresh mint; red cherry tomatoes, white mozzarella balls, and a leaf of fresh basil; and red strawberries, halved and spread with white goat cheese or cream cheese, sprinkled with fresh chopped chives.



PHOTO COURTESY OF RUTH LAURENT-KOCHER



Ruth Laurent-Kocher

PHOTO BY RICH SCHMITT

Served in equal sections on a large platter, drizzled in olive oil and balsamic with a healthy pile of fresh blueberries, placed in the center. (If you have a large star-shaped cookie cutter, that would be fun to hold the blueberries too.) Perfectly patriotic—red, white and blueberries.

There's not really a recipe, just a shopping list, and assembly. Leave yourself 20 to 30 minutes to create your plate. You will need:

- Toothpicks, a large platter/board, a small bowl or a star-shaped cookie cutter

- Olive oil and balsamic glaze, salt and pepper
- 5/6 big slices, or a 1/4, of a seedless watermelon cut into cubes, a block of feta cheese cubed, a handful of fresh mint leaves
- 1 tub of small mozzarella balls (cherry sized), 1 box of small cherry tomatoes, a handful of basil leaves
- 1 box of strawberries, goat or cream cheese, and a handful of fresh chives
- 1 box of blueberries

Whatever you choose, have fun creating your appetizer, side dish, board or

platter, enjoy the fireworks and festivities of the day, and, most of all, cherish the time you spend with family and friends on this very best of American holidays.

Palisadian Ruth Laurent-Kocher brings executive function to her personal passion for healthy home-cooked food in her first book, "Step Up To Dinner." To arrange a group workshop, private consultation, or purchase a copy of her meal planning guide and cookbook, email ruth@uptotheplate.org or go to uptotheplate.org.



COKESBURY'S
HERO
HOTLINE
Called Together
to Serve God!

VACATION BIBLE SCHOOL
PACIFIC PALISADES
PRESBYTERIAN CHURCH
AUGUST 7-11, 9AM TO 12PM
(OPTIONAL AFTERCARE FROM 12PM TO 2PM)

CONTACT: [LUCY@PALIPRES.ORG](mailto:lucy@palipres.org)

JOIN US FOR WORSHIP AT 10AM EVERY SUNDAY

WWW.PALIPRES.ORG

Bringing the Community Together Through Music

Paliskates hosts summertime concerts at Swarthmore Avenue shop.

BY LILY TINOCO

There is never a shortage of things to do in Pacific Palisades—especially during summer. One can roam an art gallery, explore a range of food offerings, spend time in the sand under the sun or—the latest to launch—enjoy a concert at Paliskates.

Paliskates has been a fixture in the Palisades since 1999. Described as more than a skate-shop, Paliskates prides itself in “having relationships with customers and being a community rather than just a store,” according to its website.

Paliskates launched its summer concert series on Saturday, May 20, followed by another on June 17. The intimate May 20 show invited artists Sophia Galaté, VALÉ



PHOTOS COURTESY OF PALISKATES

and CRAMER to perform in the shop.

Paliskates Marketing Media Manager Amanda Fonger said Paliskates was inspired to launch the concert series as a way to bring the community together.

“We’re a huge fan of community building,” Fonger said to *90272 Magazine*.

“We’ve been in the Palisades

for 20-plus years and want to get the community together through skate events, music events, supporting local musicians ... It’s just something fun, nice for the community to enjoy.”

In collaboration with Sofar Sounds—a “global music community that connects artists and audiences through live music”—Fonger said the

best part of the concert is that attendees do not know who is going to perform until the artists take the mic.

According to Sofar Sounds, attendees can expect two to three sets from performers of all musical genres. Each show’s lineup is curated by its artist booking team to be “diverse and varied.” Sofar Sounds has a lineup of shows across the United States—from Los Angeles to Dallas, Chicago, New York City and beyond.

“We give [Sofar Sounds] a mix of different genres that we would like, whether it be pop or reggae or spoken word ... just a variety of different vibes that we want to go for, and then they reach out to local artists that are available and connect us,” Fonger explained.

Paliskates saw a great turnout for its first concert in May.

“It was a huge hit,” Fonger said. “You can bring your own food, and it’s kind of like a picnic. People brought some blankets and enjoyed the music ... It was a full house. We cleared out the entire space.”

Paliskates’ May concert brought the music of Galaté (a blend of R&B, soul and jazz), VALÉ (a Colombian pop artist) and CRAMER (an “electric” performer, guitarist and singer-songwriter).

Fonger said after the COVID-19 pandemic, she is happy to have the opportunity to bring the community back

together through music and art at Paliskates.

“I love music, I love concerts,” she said. “COVID being ... not too far in our past ... having a festival or music was thrown by the wayside for safety reasons, and this is just a celebration that we can come back together and celebrate local artists and hang with our friends.”

There will be another chance to join in on the fun and attend one of Paliskates’ intimate concerts on Sunday, August 13, at 7:30 p.m. Tickets for the event cost \$31—but *90272 Magazine* readers can get 15% off with the discount code: SOFARSPACES15.

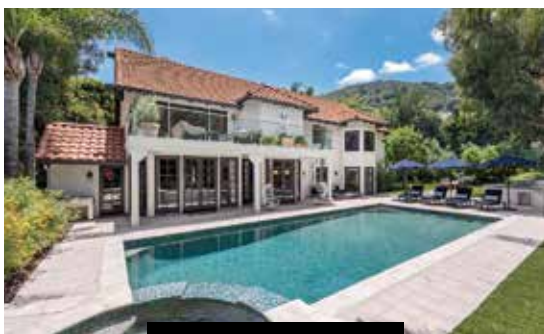
In addition to its concert series, Paliskates recently collaborated with Tuma Skate Academy to offer private lessons, small group lessons and summer camp sessions. Participants of all levels, age 4 and up, were taught how to ride a board, about body position, balance, etiquette and more, at Malibu Bluffs Skatepark.

Fonger said community members can keep up with Paliskates’ events and workshops on social media: @paliskates.

For more information, visit paliskates.net.

To purchase tickets to the August 13 concert, visit sofarsounds.com/events/49281.

JACQUI BELL REAL ESTATE



NEW LISTING



17636 CAMINO DE YATASTO
PACIFIC PALISADES

- ✓ Pickleball Court
- ✓ Amazing Pool, Spa
- ✓ Large Yard
- ✓ Views
- ✓ Privacy
- ✓ Security
- ✓ 5 Bedroom or 4 Plus Office
- ✓ Thoughtfully Remodeled House, Moments to Palisades Village, Schools, Shopping, Dining, Beach

JACQUI BELL
310.266.8520
www.jacquibell.com
DRE#01368578



HAPPY 4TH
OF JULY!

Keeping Busy

Palisades-Malibu YMCA offers a wide variety of programming this summer.

BY LILY TINOCO

Palisades-Malibu YMCA is keeping young community members busy this summer with a lineup of events and Summer Day Camp at Simon Meadow—located at the corner of Sunset Boulevard and Temescal Canyon Road.

Enrollment is now open for Summer Day Camp at Simon Meadow for Palisadians, 3 to 17 years old. Participants are invited to “camp [their] heart out” with this 100% outdoors summer camp.

“Our day camps have inspired kids with countless opportunities to laugh, lead and make lasting friendships,” according to Palisades-Malibu YMCA. “It is our priority to help your children enjoy a safe and fun program where they can build lasting friendships. At YMCA day camps, children gain a sense of belonging, achieve more and build strong relationships.”

A typical day takes children through crew activities, camp games, small-group reflection and more.

“These ultra-spirited, fun-filled day camps are full of big themes, big ideas and big fun,” according to the Y. “Children will engage in fun and enriching summer activities, including STEAM, sports and games, enrichment, recreation, fine arts, team-building, community service, and so much more.”

With sessions from June 26 to June 30, July 3 to July 7, July 10 to 14, July 17 to 21, July 24 to 28, through August 18, children get to enjoy each “fun-filled” week with a different theme that guides participants through their activities and enrichment for that session.

Themes this year include “Create Out Loud” to explore arts and creativity, “Explore Out Loud” to engage in hands-on science, “Discover Out Loud” to explore science and STEAM, and “Laugh Out Loud” to learn about friendship and together.

Different programs also invite participants to off-site field trips. Palisades-Malibu YMCA—ages 5 and up—will visit Long Beach’s Aquarium of the Pacific, Discovery Cube Los Angeles, Los Angeles Zoo and more.

A YMCA membership is not required to enroll or participate in a YMCA camp or child care program.

Palisades-Malibu YMCA—located at 821 Via De La Paz—will also host a number of events this summer.

The summer kicks off with Palisades YMCA’s first-ever MarioKart Tournament on Friday, June 30, from 7 to 9 p.m. Children ages 12 to 18 years old are invited to participate.

Enrollment is free and the winner will get to take home a brand new Theragun Mini, described as the “ultimate handheld mini massage gun.”

The Y will remain open after hours from 8 to 9 p.m. to let participants mingle. Food and drinks will be provided.

Additional activities at the YMCA from July through August include Teen Lift and Strength Training in the Weight Room; Capture the Flag at Simon Meadow; Board Games, Teen Bingo, Movie Nights and Karaoke Contests in the Group X Room; and a taco truck in front of the Y on Tuesdays from 3 to 4:30 p.m.

For more information, visit ymcala.org/locations/palisades-malibu-ymca.



PHOTO COURTESY OF JIM KIRTLEY



NOTABLE SALES

Just Sold

16650 AKRON STREET | PACIFIC PALISADES

\$4,000,000 | REPRESENTED BUYER



Just Leased

3274 HUTTON DRIVE

BEVERLY HILLS POST OFFICE

\$10,000/MONTH

REPRESENTED OWNER



Just Leased

381 N. LAS CASAS AVENUE

PACIFIC PALISADES

\$14,000/MONTH

REPRESENTED OWNER



Morgan Goldberg

MORGANG@THEAGENCYRE.COM

917.224.9908

LIC. #02179983



THEAGENCYRE.COM



SCANDIA
HOME

Where the difference lies

SCANDIA HOME BEVERLY HILLS

332 N. Beverly Drive, Beverly Hills, CA • 310.860.1486 • beverlyhills@scandiahome.com



PALISADES PHARMACY

PRESCRIPTIONS & COMPOUNDING

PACIFIC PALISDES | MALIBU | BEVERLY HILLS

NOW WELCOMING FORMER PHARMACA CUSTOMERS

**We will beat PHARMACA
prices by 5%***
(*see store for details)

PalisadesPharmacy.com

Mon-Fri 9:00 AM - 6:00 PM (Closed on Weekends)
540 Palisades Drive, Pacific Palisades
(310)454-4848

FREE DELIVERY!*

minimum purchase required

- ✓ Express Prescription Services
- ✓ Expert Compounding Services
- ✓ Lowest Prices Guaranteed*

Time to Give

Local organizations give Palisadians a chance to volunteer this summer.

BY SARAH SHMERLING

'Sunday Sackers'

Since the midst of the COVID-19 pandemic, Hazel Tate—along with a coalition of friends and neighbors—have coordinated every single Sunday in the Palisades to pack sack lunches for people experiencing food insecurity.

In fact, Tate received a Golden Sparkplug award from Pacific Palisades Community Council last year for her efforts.

"The program includes Palisadians of all ages who gather at Hazel's home every Sunday to provide sack lunches," PPCC explained when giving Tate the award. "The lunches are delivered to and distributed by the Hollywood Food Coalition to those experiencing food insecurity."

Tate explained at the time that what began with about four families sacking 40 lunches in 2020 has grown to more than 150 households bagging hundreds of

meals—"rain, shine and holidays."

The project has grown to include 14 communities in Los Angeles who collectively supply up to 4,000 sack lunches each week.

Those who are interested in participating are encouraged to pack at least 10 sack lunches, write the contents on the outside and deliver by 10:30 a.m. to the driveway at 516 Arbramar Avenue. Items in the lunch include things like a "hearty sandwich," water or fruit juice, fresh fruit, a sweet treat or bar, chopped vegetables, and a napkin. Including artwork or a handwritten note is "much loved," Tate added.

hazel@hazelbutterfieldtate.com

Pacific Palisades Task Force on Homelessness

One way to give back this summer—and all year round—is by volunteering with the Pacific Palisades Task Force on Homelessness.



Sunday Sackers

PHOTO COURTESY OF HAZEL TATE

Formed in 2014, PPTFH is an "independent group of community volunteers" who are "committed to compassionately addressing the serious issues associated with homelessness in the Palisades."

Though the organization is restructuring in 2023, PPTFH Co-President Sharon Kilbride shared in a letter that they "need more volunteers on our Volunteer Response Team to succeed."

"We realize it takes the entire community to achieve our mission of helping those who are experiencing homelessness, keeping our town safe and informing the community on issues of homelessness," Kilbride wrote. "If you care about our mission, have time to help and would like to join this exciting community work, please consider volunteering with us."

PPTFH is seeking working profes-

sionals, active retirees and students over the age of 18 to join the team.

"Training is available, schedules are flexible and the tasks are rewarding," Kilbride continued.

Outreach volunteers are required in the five sections that the Palisades is separated into. PPTFH organizers ensure volunteers work in the area they live.

"You will need to engage new unhoused individuals in your area and evaluate their needs," according to Kilbride. "You will engage interested parties and give them informational cards that direct them to our weekly meet up with our expert caseworkers from The People Concern. Volunteers are also responsible for cleaning up any abandoned encampments found in your area. Volunteers work closely with the team chair, outreach workers from The People Concern, LAPD Beach Detail, Beaches and Harbors, LAFD and lifeguards."

Those who are interested in supporting PPTFH are encouraged to email info@pptfh.org. Organizers ask that volunteers include their telephone number so that they may be reached by phone.

"If you can spare a few days a week walking, hiking or bicycling in your neighborhood compassionately engaging homeless individuals and looking for

HAPPY JULY 4TH!

Join the Patriotic Pups in the annual Palisades 4th of July parade!



The only grooming salon in Pacific Palisades.

Family run for 21 years - Award winning groomers with experience in a multitude of grooming styles. Certified Colorist to style your dog. Boutique with pet apparel and supplies.

Monthly non-anesthesia dental clinic: Services include veterinary wellness exam, oral exam and complete dental cleaning.

Proud sponsor of the Patriotic Pups for the past 21 years.

Join us as we walk in the parade starting at 1:00 at Palisades Elementary School on the corner of Via De La Paz and Bowdoin!

Rescue dogs from the Lovejoy Foundation will be walking with us hoping to be adopted!

PAWS N' CLAWS GROOMING SALON, INC

HOURS: Tuesday - Saturday 8:00am - 4:30 pm

16634 Marquez Ave. Pacific Palisades (310)459-2009

LOCATED IN MARQUEZ KNOLLS



[pawsnclaws.palisades](https://www.instagram.com/pawsnclaws)

[pawsnclaws-pacificpalisades.com](https://www.pawsnclaws-pacificpalisades.com)

encampments,” the letter concluded, “we would love to have you on our team.

palisadeshomeless.org

Palisades Americanism Parade Association

For those looking to give back time on what is widely known as the greatest day of the year in Pacific Palisades, Palisades Americanism Parade Association is seeking volunteers for the festivities on Tuesday, July 4.

Opportunities to help include parade helpers (who will provide general help at announcing locations) and ticket takers (who will assist in taking tickets for the fireworks show). There will be various shifts throughout the day, according to the Palisades Fourth of July website.

Community service credit may be available for volunteering, depending on school or organization approval.

PAPA is an all volunteer group of community members, which was established in 1967 to put on the annual Fourth of July celebration.

A final volunteer meeting is scheduled to take place June 28 at 6:30 p.m. at American Legion Ronald Reagan - Palisades Post 283, located at 15247 La Cruz Drive.

palisades4th.com/parade/volunteer

.....

Theatre Palisades

Combining the world of theater and an opportunity to give back is Theatre Palisades, which is based at Pierson Playhouse on Temescal Canyon Road.

“We are a group of people who love live theater,” according to the Theatre Palisades website. “We volunteer our time and energies to maintain the Pierson Playhouse where each season we produce five main stage plays and two youth productions in addition to many other live presentations.”

Some of the ways community members can volunteer include building a set, helping on a production as a stage manager or assistant director, learning to run light and sound operations, creating costumes, locating or creating props, spreading the word about shows, being a house manager, or helping maintain the garden and park on Haverford Avenue.

“If you have an interest in live theater, want to hang out with a bunch of nice people, and help preserve and promote our community theater, this is your chance,” the website continued.

Those who are interested in finding out about additional opportunities or volunteering are encouraged to send their name, address, email and phone number

to info@theatrepalisades.org.

Theatre Palisades is in the midst of its “Bell, Book & Candle” run, which goes through July 8. Next up in the season is “The Andrews Brothers,” which is slated to run September 1 through October 8.

theatrepalisades.org

.....

Temescal Canyon Association

Founded in 1972, Temescal Canyon Association is dedicated to the preservation of the Santa Monica Mountains—and the organization offers ample opportunities to volunteer.

“We mainly need people for our hikes each month to carry and provide water to hikers,” TCA President James Alexakis explained, adding that they also need volunteers to help hikers who need to turn back. TCA hosts hikes in various locations in the Palisades, including most recently at Will Rogers State Historic Park to Chicken Ridge Bridge viewpoint.

The organization is also seeking three additional board members to help with fundraising and outreach efforts.

“We have projects, such as butterfly garden projects, where we provide milkweed plants to our members and the public to encourage the spread of monarchs,” Alexakis continued. “We are

working to create a butterfly garden in Los Liones in honor of Susan Orenstein.”

Additionally, TCA works with Sierra Club trail crews to help preserve area hikes and replace native plants.

“We provide them with tools, and our members volunteer to help clear brush and plant trees on Saturdays,” Alexakis said.

Looking forward to the future, Alexakis shared that one of TCA’s members wants the organization to take on the preserving the murals along Temescal Canyon Road.

“We will need volunteers to help us trim weeds, and reach out to local property owners to remove and replant plants and vines that are encroaching on and obstructing the mural,” Alexakis concluded.

temcanyon.org



TCA leads a hike.

PHOTO COURTESY OF JAMES ALEXAKIS



SANTA MONICA PACIFIC PALISADES WESTSIDE WALDORF SCHOOL

310.454.7064
WESTSIDEWALDORF.ORG

COME PLAY WITH US

PRE-K KINDERGARTEN ELEMENTARY SCHOOL



[@westsidewaldorf](https://www.instagram.com/westsidewaldorf)

From my family to yours for over **20 years!**
THANK YOU for all the beautiful memories!
Happy 4th of July!



Ramis Sadrieh, MBA • Personal Technology Consultant
Chamber President 2009-2010 • PAPA President 2011, 2012

 **Technology for You!®**
Solutions from Us!

Dependable, Quality Service, In Home or Office
Consulting • Sales • Installation • Maintenance

(310) 597-5984

www.TechnologyForYou.com

- ☑ I CAN MAKE YOUR HOME SMART!
- ☑ Home Entertainment, Security Cameras, Lights, and More!
- ☑ Blanket Your Home with WiFi to Zoom, Stream and Download
- ☑ Mac/PC Hardware and Software Sales, Installation, Maintenance & Tutorial
- ☑ Authorized Dealer of  SONY, eero, and ring

‘Jurassic World Live Tour’

The live arena experience “roars” into SoCal for the first time ever, playing the LA and OC area from July 14 to 23.

“Jurassic World Live Tour”—an exhilarating and unpredictable live, family entertainment experience that brings the wonder and thrills of “Jurassic World” to generations of fans—will be roaring into Southern California for the first time ever this summer playing Honda Center in Anaheim from July 14 to 16 followed by Crypto.com Arena in Downtown LA from July 21 to 23.

With unrivaled arena production quality, “Jurassic World” comes to life against a backdrop of captivating scenery where dinosaurs from the iconic franchise, including fan-favorite Velociraptor Blue and a Tyrannosaurus rex more than 40 feet in length, take center stage.

The production features more than 24 film-accurate, life-sized dinosaurs, with scale, speed and ferocity, operated by animatronics and performers. Fans of the popular Netflix animated series “Jurassic World: Camp Cretaceous” will also recognize Bumpy, the



PHOTOS COURTESY OF FELD ENTERTAINMENT

friendly and food-motivated dinosaur, as she goes from baby to adult fairly quickly.

The unmistakable “Jurassic World” score combined with projection and practical scenery transforms the arena into the dense jungles of Isla Nublar, where real Gyrospheres roll through the valley, and scientists work to unravel a corrupt plan and save a new dinosaur from a terrible fate. With pulse-pounding stunts and an original, authentic storyline, “Jurassic World Live Tour” is guaranteed to make memories that will last another 65 million years.

Guests will be able to start the adventure early with a special Pre-show Experience included with all ticket purchases. By arriving one hour before showtime, audience members can see their favorite “Jurassic World” dinosaurs and vehicles up close and personal, including fun photo opps with Triceratops, Stegosaurus, Baby Bumpy, and the iconic “Jurassic World” Jeep and Gyrosphere.

Anaheim shows include Friday, July 14, at 7 p.m.; Saturday, July 15, at 11 a.m., 3 p.m. and 7 p.m.; and

Sunday, July 16, at 11 a.m. and 3 p.m. at the Honda Center, located at 2695 E. Katella Avenue, Anaheim, CA 92806.

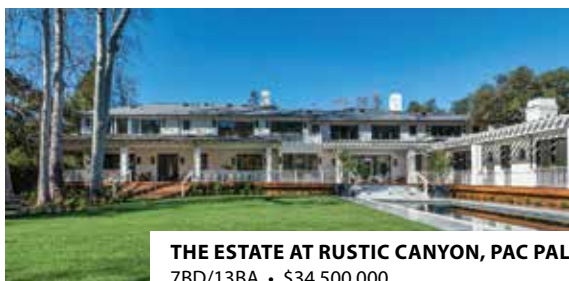
Family friendly ticket pricing available—tickets can be purchased online at [ticketmaster.com](https://www.ticketmaster.com) or in-person at the venue box office. Ticket pricing is subject to change based on market demand.

LA shows include Friday, July 21, at 7 p.m.; Saturday, July 22, at 11 a.m., 3 p.m. and 7 p.m.; and Sunday, July 23, at 11 a.m. and 3 p.m. at Crypto.com Arena, located at 1111 S. Figueroa Street, Los Angeles, CA 90015.

Family friendly ticket pricing available—tickets can be purchased online at [axs.com](https://www.axs.com) or in-person at the venue box office. Ticket pricing is subject to change based on market demand.

For local show information, visit [jurassicworldlivetour.com/tickets/anaheim-ca-honda-center](https://www.jurassicworldlivetour.com/tickets/anaheim-ca-honda-center) or [jurassicworldlivetour.com/tickets/los-angeles-ca-cryptocom-arena](https://www.jurassicworldlivetour.com/tickets/los-angeles-ca-cryptocom-arena).

BERKSHIRE HATHAWAY | CALIFORNIA PROPERTIES
HOMESERVICES



THE ESTATE AT RUSTIC CANYON, PAC PAL
7BD/13BA • \$34,500,000
Gary Glass, 310.820.9343
LIC# 00933169



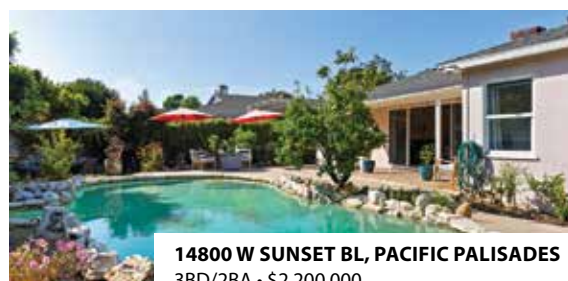
15319 EARLHAM ST, PACIFIC PALISADES
6BD/10BA • \$12,750,000
Emil Schneeman, 310.922.3292
LIC# 01200793



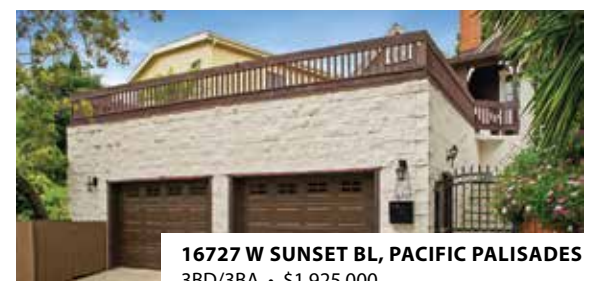
530 ALMA REAL DR, PACIFIC PALISADES
4BD/4BA • \$5,895,000
John Closson, 310.230.3704
LIC# 00918585



815 SAN VICENTE BL, SANTA MONICA
5BD/3½BA • \$5,375,000
Ellen McCormick, 310.230.3707
LIC# 00872518



14800 W SUNSET BL, PACIFIC PALISADES
3BD/2BA • \$2,200,000
Erin Kyle Osborne, 310.623.0512
LIC# 02216028



16727 W SUNSET BL, PACIFIC PALISADES
3BD/3BA • \$1,925,000
Wendy Hernandez, 310.230.3796
LIC# 01924762

@BHSCALIFORNIA



© 2023 Berkshire Hathaway HomeServices California Properties (BHHS/CP) is a member of the franchise system of BHH Affiliates LLC. BHH's and the BHH's symbol are registered service marks of Columbia Insurance Company, a Berkshire Hathaway affiliate. BHH Affiliates LLC and BHHS/CP do not guarantee accuracy of all data including measurements, conditions, and features of property. Information is obtained from various sources and will not be verified by broker or MLS. Buyer is advised to independently verify the accuracy of that information.

CHRISTIE'S

INTERNATIONAL REAL ESTATE

— AKG —

CINDY AMBUEHL

818.489.0282
cindy@cindyambuehl.com
DRE#: 01821934

CINDY AMBUEHL GROUP

\$200M +

2020
SALES
VOLUME

\$300M +

2021
SALES
VOLUME

\$258M +

2022
SALES
VOLUME



Get Lost in the Mountains

But find your way back to **a home in Mammoth**

Unwavering ethical standards, a passion for Mammoth, and a client-focused approach make Rebecca Garrett your real estate professional. With roots in the Palisades and Mammoth, and a family legacy firmly established in the arts and community, Rebecca has more than twelve years of experience helping buyers and sellers realize their Mammoth dreams.

Let's Find Your Next Move

REBECCA GARRETT | C 310.795.9161 | WWW.REBECCAGARRETT.COM | DRE #01202867

