

# Health IT Checklist for Blood Pressure Telemonitoring Software

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This checklist is a quick-reference guide and serves as a complement to the National Association of Community Health Centers' (NACHC) [Self-Measured Blood Pressure Monitoring \(SMBP\) Implementation Toolkit](#). The checklist offers providers a way to quickly see what products meet their needs and highlights the specifications developers should integrate into their products to better align with provider needs. The following software products have specific SMBP functionality that allow for as-needed monitoring based on the recommended SMBP protocol.

Fully meets criterion

Does not meet criterion

Health IT Category	Characteristics	Select Software Products		
		Sphygmo	Verifi Health/Sensly (beta testing)	BPCorrect
Interoperability	Device-manufacturer agnostic	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>
	Demonstrated EHR integration <sup>1</sup>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Data export capability without EHR integration (PDF, CSV)	<input checked="" type="radio"/> (PDF, CSV)	<input checked="" type="radio"/> (PDF)	<input checked="" type="radio"/> (CSV)
	Standards-based – FHIR/API connection	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
	Standards-based – Meets HL7 standards	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
	Technology support available	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>
General software characteristics	HIPAA compliant	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>
	Available in Android and iOS	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>
	Available in multiple languages besides English	<input checked="" type="radio"/> (Spanish, Chinese and French)	<input checked="" type="radio"/> (Spanish)	<input type="radio"/>

<sup>1</sup> Demonstrated EHR integration refers to the software product having demonstrated at least one connection with an EHR.

General software characteristics	Uses recommended SMBP protocol	●	●	●
	Flexible monitoring frequency (i.e., supports as-needed monitoring)	●	●	●
	Captures device make/model	●	●	●
Clinician-specific characteristics	Configurable clinician dashboard available	●	●	○
	Ability to configure average blood pressure across a specified number of days	●	●	○
	Highlights values that fall outside of a specified range	●	●	●
Patient-specific characteristics	Free patient app	●	●	○
	Provides guidance on blood pressure measurement	●	●	●