

ProQuest ONE PSYCHOLOGY

Designed to support the unique needs of psychology and counseling teaching, learning, and research

The mental health crisis resulting from the Covid-19 pandemic has caused an unprecedented demand for mental health services in society, while enrollments in psychology and counseling programs continue to rise across higher education.

ProQuest One Psychology is an expertly curated multi-format collection that reimagines the research experience for the discipline and supports multiple learning styles with essential, authoritative content delivered through a new, discipline-specific interface designed to support the varied needs of those in the field.



Authoritative Multi-Format Content

Supports the diverse requirements of users, from undergraduates to advanced researchers and faculty. Includes scholarly journals, therapy videos, counseling transcripts, news, dissertations and more.



Psychology-Specific User Experience

Content is organized to align with how psychology users approach common assignments, research questions and methodologies. Features such as browse and Topic Pages allow users to find information faster, and explore topics more deeply.

“ProQuest One Psychology is “one-stop-shopping” for a variety of resources including research studies, theories, therapies, tests & measures, and more in an all-inclusive, user-friendly interface. At first sight, ProQuest One Psychology is a friendly dashboard of psychology content for a new researcher, yet a deeper look reveals the depth of resources to satisfy advanced scholars.”

– Karin L. Heffernan, Ed.M, MLIS, Research & Learning Librarian | Associate Professor Liaison to Communications, Psychology & Social Sciences
Harry A. B. & Gertrude C. Shapiro Library, Southern New Hampshire University



To talk to the sales department, contact us at
1-800-779-0137 or sales@proquest.com.

ProQuest
Part of **Clarivate**

Authoritative Multi-Format Content

ProQuest One Psychology offers an expertly curated collection of information across a variety of content formats that supports the diverse requirements of psychology and counseling users, from undergraduates to advanced researchers and faculty.

The latest research in the field from over **1,200** full text scholarly journals. Key titles such as the *Journal of Youth and Adolescence*, and *The Psychological Record*, are supplemented by premier medical titles including *New England Journal of Medicine* and *The Lancet*.

Over **3,000** videos including lectures, panel discussions, and real-world video counselling sessions help students and researchers model treatment approaches and gain valuable counseling skills.



1,700 counseling session transcripts allow examination of real-world counseling sessions to prepare future practitioners.



Over **1 million** selected psychology-related articles from a wide variety of newspapers, magazines, trade journals and blogs spark debate, show ideas in their broader context, and introduce topics to students. Publications include *The LA Times*, *The Guardian*, *The Atlantic*, and *Psychology Today*.

ProQuest **ONE** PSYCHOLOGY



1,100 archival items including videos, books, and notes on more than 30 seminal historical experiments. Provides instructors content for assignments, and allows students to understand and critique experiments that have shaped the discipline.



Unique content from over **70k** dissertations and theses help to fuel innovation and provide new insights to researchers.



A robust collection of over **5,000** books support students and researchers with practical handbooks, research concepts and reference materials for the discipline. Publishers include Taylor & Francis, Oxford University Press, Sage Publications, and Jessica Kingsley Publishers.

Psychology-Specific User Experience

ProQuest One Psychology offers a new interface and user experience that is tailored and designed to serve those studying, teaching, and researching psychology. Much more than just a general cross search of content, this psychology-specific interface organizes the content to align with how psychology users approach common assignments and research questions, allowing them to find the best information faster, and explore topics more deeply.

Topic Pages combine a top-level overview with access to a curated selection of articles, videos, books and more to provide students with a one-stop-shop view of a topic and help faculty develop course content for assignments and discussion (see example).

Anxiety

On this page: Scholarly Journals | Books | Related Subjects | Videos | Therapy Videos | Test/Measures | Popular Sources | Related Therapeutic Approaches | Dissertations | Results Timeline

Also known as:
Stress Disorder

Related Topics:
Anxiety disorders

Search this topic...

Anxiety is an emotion which is characterized by an unpleasant state of inner turmoil and includes feelings of dread over anticipated events. Anxiety is different than fear in that the former is defined as the anticipation of a future threat whereas the latter is defined as the emotional response to a real threat. It is often accompanied by nervous behavior such as pacing back and forth, somatic complaints, and rumination.

Anxiety is a feeling of uneasiness and worry, usually generalized and unfocused as an overreaction to a situation that is only subjectively seen as menacing. It is often accompanied by muscular tension, restlessness, fatigue, inability...

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SCHOLARLY JOURNAL ARTICLES

- Bowel and Bladder-Control Anxiety: A Preliminary Description of a Viscerally-Centred Phobic Syndrome
Kamboj, Sunjeev K; Langhoff, Christine; Pajak, Rosanna; Zhu, Alex; Chevalier, Agnes; et al. *Behavioural and Cognitive Psychotherapy*; Cambridge Vol. 43, Iss. 2, (Mar 2015): 142-157.
- Subjective nearness to death and end-of-life anxieties: the moderating role of ageism
Bergman, Yoav S; Bodner, Ehud; Shirra, Amit. *Aging & Mental Health*; Abingdon Vol. 22, Iss. 5, (May 2018): 678-685.

View all

BOOKS

- Cognitive therapy for evaluation anxieties
Beck, Aaron T; Emery, Gary, Greenberg, Ruth L. In *Handbook of the treatment of the anxiety disorders (2nd ed.)*, by Lindemann, Carol G (ed.). 235-260, 426 Pages. 2nd ed.. Lanham, MD, US: Jason Aronson, 1996.
- Fears and related anxieties
Schoenfeld, Gretchen; Morris, Richard J. In *Evidence-based interventions for students with learning and behavioral challenges*, by Morris, Richard J (ed.); Mather, Nancy (ed.). 79-102, 419 Pages. New York, NY, US: Routledge/Taylor & Francis Group, 2008.

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RELATED SUBJECTS

anxiety (158407)

humans (118339)

male (91135)

RELATED VIDEOS

- Mindfulness Meditation for Anxiety With a Young Adult Client
American Psychological Association | APA PsycTherapy. American Psychological Association. Oct 7, 2014. 46 min
- Exposure Therapy for Anxiety Disorders (Session 3 of 6)
American Psychological Association | APA PsycTherapy. American Psychological Association. Sep 6, 2011. 44 min
- Exposure Therapy for Anxiety Disorders (Session 4 of 6)
American Psychological Association | APA PsycTherapy. American Psychological Association. Sep 6, 2011. 43 min

View all

THERAPY VIDEOS & TRANSCRIPTS

- Client "K", Session September 15, 2014: Client discusses the feeling that life is very repetitive and their attempt to be more flexible.
Psychoanalytic Psychotherapy Collection by Anonymous Male Therapist; Alexandria Ser. Psychoanalytic Psychotherapy Collection by Anonymous Male Therapist, Alexandria: Alexander Street Press. (2014)
- Client "L" Therapy Session Audio Recording, October 16, 2013: Client discusses the stress he feels about his upcoming dissertation defense and the state of his marriage. Client disc...
Psychoanalytic Psychotherapy Collection by Dr. Tamara Feldman; Alexandria Ser. Psychoanalytic Psychotherapy Collection by Dr. Tamara Feldman, Alexandria: Alexander Street Press. (2013)

View all

TESTS & MEASURES

- Pregnancy-Related Anxiety Questionnaire (PAQ)
Alternate title: PrA Questionnaire
American Psychological Association | Zhang, Fu; Zhou, Jining; Zhang, Shanshan; Qin, Xiaoyun; Li, Peixuan; et al. (2023).
- Generalized Anxiety Disorder-7-isiXhosa Version (GAD-7)
American Psychological Association | Marlow, Marguerite; Skeen, Sarah; Grieve, Carlin M; Carvajal-Velez, Liliana; Ahs, Jill W; et al. (2023).
- Revised Children's Anxiety and Depression Scale-Belizean English and Kriol Versions (RCADS)
Alternate title: Revised Children's Anxiety and Depression Scale-Belizean English and Creole Versions
American Psychological Association | Carvajal-Velez, Liliana; Ottman, Katherine; Ahs, Jill W; Li, Geoffrey Nan; Simmons,

View all

Enhanced thesaurus for precise results

ProQuest's proprietary thesaurus has been enhanced for ProQuest One Psychology to enable more precise search results and relevance for those studying and conducting psychology and counseling research.

Seamless integration with American Psychological Association (APA) Products

ProQuest One Psychology customers who also subscribe to APA databases® via ProQuest will have a seamless experience right out of the box with content from their subscribed APA databases already integrated into ProQuest One Psychology.

- APA results appear clearly marked in search results
- APA full-text and video content is incorporated into ProQuest One Psychology Topic Pages
- APA subscribers have access to the APA Thesaurus and additional Advanced Search functionality within the ProQuest One Psychology interface to simplify discovery of APA content

The combined value of respected APA databases with the curated, multi-format content in ProQuest One Psychology offers a single, essential source to serve scholarship and learning in the discipline.

Psychology-Specific User Experience

Topic Pages aligned to the common areas of study and research

Topic Pages provide students with a one-stop-shop view of a topic and help faculty develop course content for assignments and discussion.

Therapeutic Approaches

The therapeutic treatments of psychological conditions. Examples include cognitive behavioral therapy, and relaxation strategies.

Featured Topics

Pages for over 1000 common concepts in the field such as clinical psychology, cognition, and personality.

Presenting Issues

Commonly presented issues such as anxiety, depression, and panic.

The screenshot displays a user interface for psychology resources, organized into several sections:

- Therapeutic Approaches:** A card with the title "Therapeutic Approaches" and a sub-header "Find information for over 100 approaches like cognitive behavioral therapy and play therapy." It features three image thumbnails for "Group Counseling", "Family Counseling", and "Play Therapy", along with a "Browse all Therapeutic Approaches" link.
- Featured Topics:** A card with the title "Featured Topics" and a sub-header "Find information and numerous documents representing trending topics organized by themes." It features three image thumbnails for "Violence Prevention", "Work-Related Stress and Health", and "Behavioral Social Work", along with a "Browse all Topics" link.
- Presenting Issues:** A card with the title "Presenting Issues" and a sub-header "Find text and video content covering more than 100 symptoms and issues." It features three image thumbnails for "Anxiety", "Depression", and "Obsessive Behavior", along with a "Browse all Presenting Issues" link.
- Counselling Sessions:** A horizontal row of video thumbnails with titles such as "Chase, Core Video: Schizophrenia Part 1", "Lauren, Adolescent Social Anxiety Disorder", "Olive, Alzheimer's Dementia - Mental Status", "Jessica, Bipolar I, Relationships", "Susan, Schizophrenia, Hallucination Assess...", and "Paul, Adolescent Depression Assessment".
- Tests & Measures:** A horizontal row of image thumbnails with titles such as "PROMIS: Adult Measu...", "NIH Toolbox: Cognition", "NIH Toolbox: Emotion", "NIH Toolbox: Motor", "NIH Toolbox: Sensation", and "Neuro-QoL: Adult Mea...".
- Research Concepts:** A horizontal row of image thumbnails with titles such as "Chi-Square Test", "Community-Based Pa...", "Standard Deviation", "Ethical Standards of...", "Qualitative Research", and "Quantitative Research".
- Historical Psychological Experiments:** A horizontal row of image thumbnails with titles such as "Stanford Prison Exper...", "Asch Conformity Expe...", "Behavioral Study of O...", "Bobo Doll Experiment", "Pavlov's Dogs Experi...", and "Robbers Cave Experi..." (with a sub-header "Cave Experiment: Intergroup Conflict and Cooperation").

Tests & Measures

Tests used to measure conditions and how to interpret their outcomes. Examples include Neuro-QoL™ Adult and Pediatric Measures, and PROMIS® (Patient-Reported Outcomes Measurement Information System).

Research Concepts

The essential research concepts, methodologies, and statistical approaches students will use as their studies and research progress.

Historical Psychological Experiments

Well-known experiments from throughout history such as the Stanford Prison Experiment and Behavioral Study of Obedience by Stanley Milgram.



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