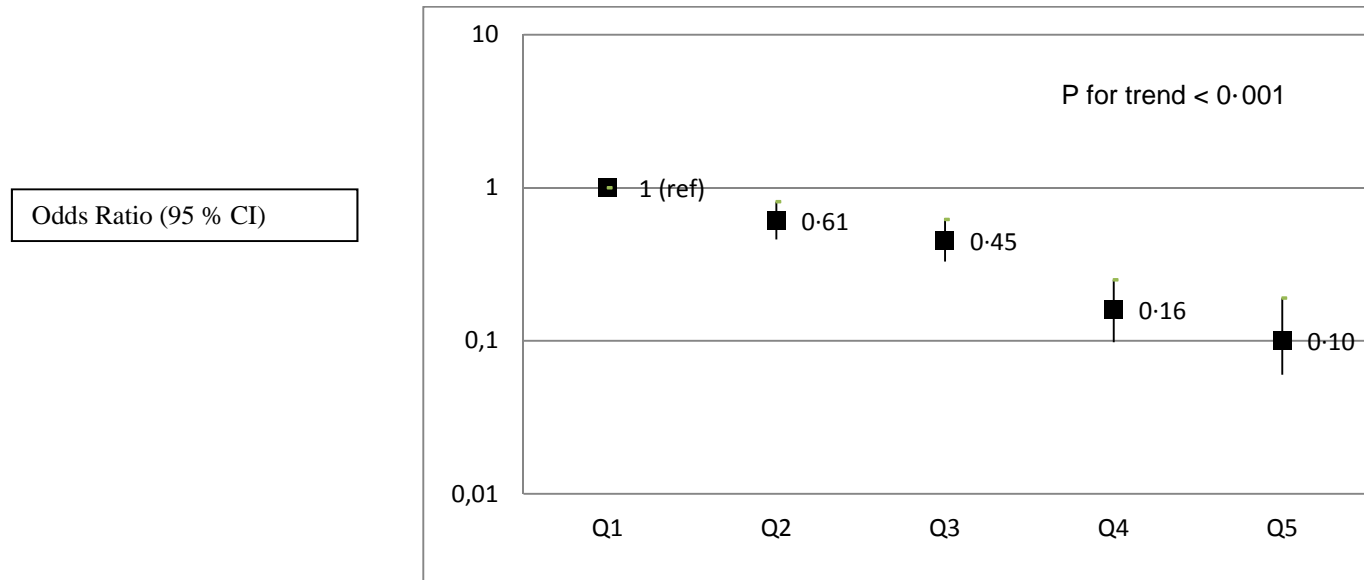
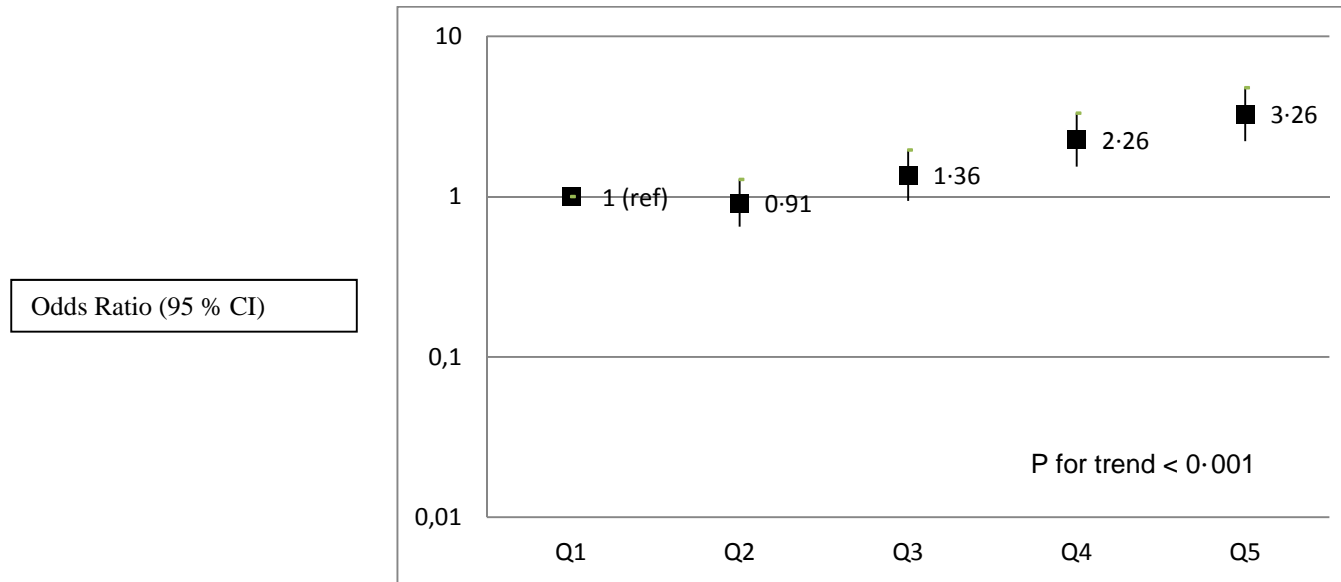


## SUPPLEMENTARY MATERIALS

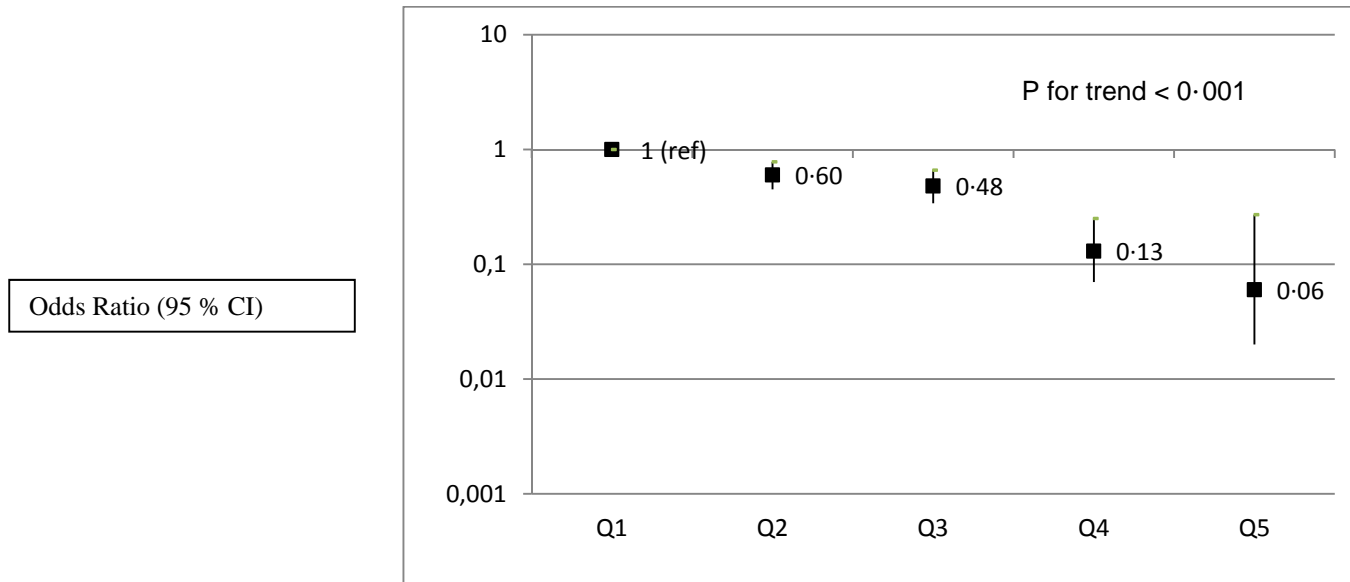
Figure S1.



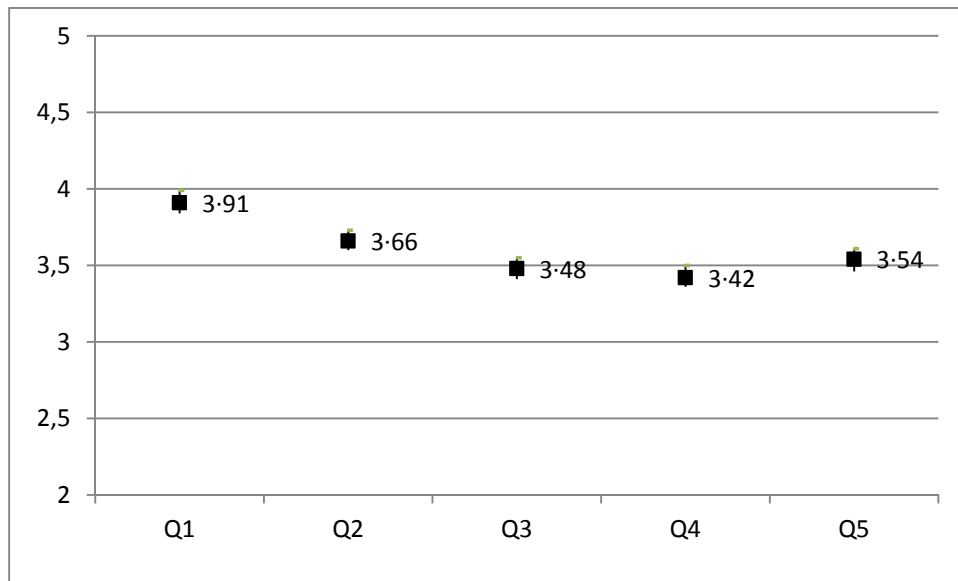
\*Adjusted for age, sex, educational level, total energy intake, total carbohydrates intake, Mediterranean diet score, body mass index, physical activity during leisure time (METs-h/week), smoking status and dietary supplement use

**Figure S2.**

\*Adjusted for age, sex, educational level, total energy intake, total fat intake, Mediterranean diet score, body mass index, physical activity during leisure time (METs-h/week), smoking status and dietary supplement use

**Figure S3.**

\*Adjusted for age, sex, educational level, total energy intake, body mass index, physical activity during leisure time (METs-h/week), smoking status and dietary supplement use

**Figure S4.**

Quintiles of fat quality