Supplementary Table 1: Risk factors, definitions, theoretical minimum risk exposure levels and data representative index (*source: GBD 2015 Risk Factors Collaborators. Global, regional, and national comparative risk assessment of 79 behavioural, environmental and occupational, and metabolic risks or clusters of risks, 1990–2015: a systematic analysis for the Global Burden of Disease Study 2015. The Lancet. 2016 Oct 7; 388:1659–1724.)*

Risk factors	Definition	Theoretical minimum risk exposure level	Data representative index (global)
Child and maternal undernutrition			93.9%
Suboptimal breastfeeding			77.8%
Non-exclusive breastfeeding	Proportion of children younger than 6 months who receive predominant, partial, or no breastfeeding	All children are exclusively breastfed for first 6 months of life	77-8%
Discontinued breastfeeding	Proportion of children aged 6–23 months who do not receive any breastmilk	All children continue to receive breastmilk until 2 years of age	79-2%
Childhood undernutrition			79.3%
Childhood underweight	Proportion of children less than -3 SDs, -3 to -2 SDs, and -2 to -1 SDs of the WHO 2006 standard weight-for-age curve	All children are above –1 SD of the WHO 2006 standard weight-for-age curve	78.8%
Childhood wasting	Proportion of children less than -3 SDs, -3 to -2 SDs, and -2 to -1 SDs of the WHO 2006 tandard weight-for-length curve	All children are above –1 SD of the WHO 2006 standard weight-for-height curve	79.3%
Childhood stunting	Proportion of children less than -3 SDs, -3 to -2 SDs, and -2 to -1 SDs of the WHO 2006 standard height-for-age curve	All children are above –1 SD of the WHO 2006 standard height-for-age curve	93.7%
Iron deficiency	Peripheral blood haemoglobin concentration in g/L	Country specific	68.3%
Vitamin A deficiency	Proportion of children aged 28 days to 5 years with serum retinol concentration <0.7 μ mol/L	No childhood vitamin A deficiency	40.9%
Zinc deficiency	Proportion of the population with inadequate zinc intake versus loss	No inadequate zinc intake	84.3%
Overall dietary risks			92.9%
Diet low in fruits	Average daily consumption of fruits (fresh, frozen, cooked, canned, or dried, excluding fruit juices and salted or pickled fruits)	Consumption of fruit between 200 g and 300 g per day	88-9%
Diet low in vegetables	Average daily consumption of vegetables (fresh, frozen, cooked, canned, or dried egetables, including legumes but excluding salted or pickled vegetables, juices, nuts and seeds, and starchy vegetables such as potatoes or corn)	Consumption of vegetables between 340 g and 500 g per day	88-9%
Diet low in whole grains	Average daily consumption of whole grains (bran, germ, and endosperm in their natural proportion) from breakfast cereals, bread, rice, pasta, biscuits, muffins, tortillas, pancakes, and other sources	Consumption of whole grains between 100 g and 150 g per day	16.2%
Diet low in nuts and seeds	Average daily consumption of nut and seed foods	Consumption of nuts and seeds between 16 g and 25 g per day	88.9%
Diet low in milk	Average daily consumption of milk, including non-fat, low fat, and full-fat milk, excluding soy milk and other plant derivatives	Consumption of milk between 350 g and 520 g per day	88.9%
Diet high in red meat	Average daily consumption of red meat (beef, pork, lamb, and, goat but excluding poultry, fish, eggs, and all processed meats)	Consumption of red meat between 18 g and 27 g per day	88.9%

Diet high in processed meat	Average daily consumption of meat preserved by smoking, curing, salting, or addition of chemical preservatives	Consumption of processed meat between 0 g and 4 g per day	27.3%
Diet high in sugar sweetened beverages	Average daily consumption of beverages with ≥50 kcal per 226.8 g serving, including carbonated beverages, sodas, energy drinks, and fruit drinks, but excluding 100% fruit and vegetable juices	Consumption of sugar-sweetened beverages between 0 g and 5 g per day	26.8%
Diet low in fibre	Average daily intake of fibre from all sources including fruits, vegetables, grains, legumes, and pulses	Consumption of fibre between 19 g and 28 g per day	88.9%
Diet suboptimal in calcium	Average daily intake of calcium from all sources, including milk, yogurt, and cheese	Consumption of calcium between 1.0 g and 1.50 g per day	88.9%
Diet low in seafood omega-3 fatty acids	Average daily intake of eicosapentaenoic acid and docosahexaenoic acid	Consumption of seafood omega-3 fatty acids between 200 mg and 300 mg per day	88.9%
Diet low in polyunsaturated fatty acids	Average daily intake of omega-6 fatty acids from all sources, mainly liquid vegetable oils, including soybean oil, corn oil, and safflower oil	Consumption of polyunsaturated fatty acids between 9% and 13% of total daily energy	88.9%
Diet high in trans fatty acids	Average daily intake of trans fat from all sources, mainly partially hydrogenated vegetable oils and ruminant products	Consumption of trans fatty acids between 0% and 1.0 % of total daily energy	39.9%
Diet high in sodium	24 h urinary sodium measured in mg per day	Consumption of sodium between 1.0 g and 5.0 g per day	32.3%
High body-mass index	Body-mass index, measured in kg/m ²	20-25 kg/m ²	90.9%

Supplementary Table 2: Data sources used for estimation of mortality associated with maternal and child under nutrition in sub-Sharan Africa in the Global Burden of Diseases (GBD) study (**source**: http://ghdx.healthdata.org/gbd-2015-data-citations)

No	Poto courses
No	Data sources
1	Central Bureau of Statistics (Kenya), United Nations Children's Fund (UNICEF). Kenya Multiple Indicator Cluster Survey 2000. New York, United States: United Nations Children's Fund (UNICEF)
2	Kenya National Bureau of Statistics, United Nations Children's Fund (UNICEF). Kenya - Eastern Province Multiple Indicator Cluster Survey 2008. Nairobi, Kenya: Kenya National Bureau of Statistics
3	Bureau of Statistics (Liberia), United Nations Children's Fund (UNICEF). Liberia Multiple Indicator Cluster Survey 1995
4	Macro International, Inc, National Institute of Statistics and Economic Analysis (INSAE) (Benin). Benin Demographic and Health Survey 1996. Calverton, United States: Macro International, Inc
5	National Institute of Statistics and Economic Analysis (INSAE) (Benin), ORC Macro. Benin Demographic and Health Survey 2001. Calverton, United States: ORC Macro
	National Institute of Statistics and Economic Analysis (INSAE) (Benin), National Program Against AIDS (PNLS) (Benin), Macro International, Inc. Benin Demographic and Health Survey 2006.
6	Calverton, United States: Macro International, Inc
7	Macro International, Inc, National Center for Statistics and Economic Studies (Congo, Rep.). Congo Demographic and Health Survey 2005. Calverton, United States: Macro International, Inc
	Macro Systems, Inc.; Institute for Resource Development, National Council for Population Development (NCPD). Kenya Demographic and Health Survey 1988-1989. Columbia, United States: Macro
8	Systems, Inc
	Central Bureau of Statistics (Kenya), Macro International, Inc, National Council for Population Development (NCPD). Kenya Demographic and Health Survey 1993. Calverton, United States: Macro
9	International, Inc
	Central Bureau of Statistics (Kenya), Macro International, Inc, National Council for Population Development (NCPD). Kenya Demographic and Health Survey 1998. Calverton, United States: Macro
10	International, Inc
	Centers for Disease Control and Prevention (CDC), Central Bureau of Statistics (Kenya), Macro International, Inc, Ministry of Health (Kenya), National Council for Population and Development (Kenya).
11	Kenya Demographic and Health Survey 2003. Calverton, United States: Macro International, Inc
	Ministry of Planning and Economic Affairs (Liberia), Westinghouse; Institute for Resource Development. Liberia Demographic and Health Survey 1986. Columbia, United States: Westinghouse; Institute
12	for Resource Development
13	Liberia Institute for Statistics and Geo-information Services (LISGIS), Macro International, Inc. Liberia Demographic and Health Survey 2006-2007. Calverton, United States: Macro International, Inc
	Macro Systems, Inc.; Institute for Resource Development, Makerere University, Ministry of Health (Uganda). Uganda Demographic and Health Survey 1988-1989. Columbia, United States: Macro
14	Systems, Inc
15	Macro International, Inc, Statistics Department (Uganda). Uganda Demographic and Health Survey 1995. Calverton, United States: Macro International, Inc
16	Macro International, Inc, Uganda Bureau of Statistics. Uganda Demographic and Health Survey 2000-2001. Calverton, United States: Macro International, Inc
17	Macro International, Inc, Uganda Bureau of Statistics. Uganda Demographic and Health Survey 2006. Calverton, United States: Macro International, Inc
	ICF Macro, Kenya Medical Research Institute (KEMRI), Kenya National Bureau of Statistics, Ministry of Public Health and Sanitation (Kenya), National AIDS and STI Control Program (Kenya), National
18	Aids Control Council (NACC), National Coordinating Agency for Population and Development (Kenya). Kenya Demographic and Health Survey 2008-2009. Calverton, United States: ICF Macro
19	ICF Macro, Uganda Bureau of Statistics. Uganda Demographic and Health Survey 2011. Calverton, United States: ICF Macro
	ICF International, Ministry of Health (Congo, Rep.), National Center for Statistics and Economic Studies (Congo, Rep.). Congo Demographic and Health Survey 2011-2012. Fairfax, United States: ICF
20	International, 2013
	Kenya National Bureau of Statistics, United Nations Children's Fund (UNICEF). Kenya - Coast Multiple Indicator Cluster Survey 2009. New York, United States: United Nations Children's Fund
21	(UNICEF), 2014
	ICF International, Liberia Institute for Statistics and Geo-information Services (LISGIS), National AIDS and STI Control Program (NACP), Ministry of Health and Social Welfare (Liberia). Liberia
22	Demographic and Health Survey 2013
	ICF International, National Institute of Statistics and Economic Analysis (INSAE) (Benin), National Program Against AIDS (PNLS) (Benin). Benin Demographic and Health Survey 2011-2012. Fairfax,
23	United States: ICF International, 2014
	National Institute of Statistics and Demography (Burkina Faso), United Nations Children's Fund (UNICEF). Burkina Faso Multiple Indicator Cluster Survey 2006. New York, United States: United Nations
24	Children's Fund (UNICEF)
	Ministry of Planning and Reconstruction (Congo, DR), United Nations Children's Fund (UNICEF). Congo, DR Multiple Indicator Cluster Survey 2001. New York, United States: United Nations Children's
25	Fund (UNICEF)
26	Central Statistical Office (Zambia), London School of Hygiene and Tropical Medicine. Zambia Living Conditions Monitoring Survey 1998. Lusaka, Zambia: Central Statistical Office (Zambia)
27	Central Statistical Office (Zambia), Zambia Living Conditions Monitoring Survey 2002-2003, Lusaka, Zambia: Central Statistical Office (Zambia)

28	Central Statistical Office (Zambia). Zambia Living Conditions Monitoring Survey 2004-2005. Lusaka, Zambia: Central Statistical Office (Zambia)
	Centers for Disease Control and Prevention (CDC), Central Statistical Office (Zambia), Food Security, Health and Nutrition Information System (Zambia), Food and Agriculture Organization of the United
29	Nations (FAO), United Nations Children's Fund (UNICEF). Zambia Multiple Indicator Cluster Survey 1995
	Central Statistical Office (Zambia), Food Security, Health and Nutrition Information System (Zambia), United Nations Children's Fund (UNICEF). Zambia Multiple Indicator Cluster Survey 1999. New
30	York, United States: United Nations Children's Fund (UNICEF)
31	Macro International, Inc, National Institute of Statistics and Demography (Burkina Faso). Burkina Faso Demographic and Health Survey 1992-1993. Calverton, United States: Macro International, Inc
32	Macro International, Inc, National Institute of Statistics and Demography (Burkina Faso). Burkina Faso Demographic and Health Survey 1998-1999. Calverton, United States: Macro International, Inc
33	Macro International, Inc, National Institute of Statistics and Demography (Burkina Faso). Burkina Faso Demographic and Health Survey 2003. Calverton, United States: Macro International, Inc
2.4	ICF Macro, Ministry of Health (Burkina Faso), National Institute of Statistics and Demography (Burkina Faso). Burkina Faso Demographic and Health Survey 2010-2011. Calverton, United States: ICF
34	Macro Macro International, Inc, Ministry of Planning (Congo, DR). Democratic Republic of the Congo Demographic and Health Survey 2007. Calverton, United States: Macro International, Inc
36	Department of Applied Research for Development (Madagascar), Macro International, Inc. Madagascar Demographic and Health Survey 1992. Calverton, United States: Macro International, Inc
37	Macro International, Inc, National Institute of Statistics (Madagascar). Madagascar Demographic and Health Survey 1997. Calverton, United States: Macro International, Inc
38	Macro International, Inc, National Institute of Statistics (Madagascar). Madagascar Demographic and Health Survey 2003-2004. Calverton, United States: Macro International, Inc
- 30	Macro International, Inc, Ministry of Health (Mali), National Directorate of Statistics and Informatics (DNSI) (Mali). Mali Demographic and Health Survey 2006. Calverton, United States: Macro
39	International, Inc
40	Sahel Institute, Westinghouse; Institute for Resource Development. Mali Demographic and Health Survey 1987. Columbia, United States: Westinghouse; Institute for Resource Development
	Macro International, Inc, National Directorate of Statistics and Informatics (DNSI) (Mali), Planning and Statistics Unit, Ministry of Health (Mali). Mali Demographic and Health Survey 1995-1996.
41	Calverton, United States: Macro International, Inc
	Macro International, Inc, National Directorate of Statistics and Informatics (DNSI) (Mali), Planning and Statistics Unit, Ministry of Health (Mali). Mali Demographic and Health Survey 2001. Calverton,
42	United States: Macro International, Inc
43	Central Statistical Office (Zambia), Macro International, Inc, University of Zambia. Zambia Demographic and Health Survey 1992. Calverton, United States: Macro International, Inc
44	Central Statistical Office (Zambia), Macro International, Inc, Ministry of Health (Zambia). Zambia Demographic and Health Survey 1996-1997. Calverton, United States: Macro International, Inc
45	Central Board of Health (Zambia), Central Statistical Office (Zambia), Macro International, Inc. Zambia Demographic and Health Survey 2001-2002. Calverton, United States: Macro International, Inc.
46	Central Statistical Office (Zambia), Macro International, Inc. Zambia Demographic and Health Survey 2007. Calverton, United States: Macro International, Inc.
47	ICF Macro, National Institute of Statistics (Madagascar). Madagascar Demographic and Health Survey 2008-2009. Calverton, United States: ICF Macro, 2010 National Institute of Statistics (Madagascar), United Nations Children's Fund (UNICEF). Madagascar Multiple Indicator Cluster Survey 2000. New York, United States: United Nations Children's Fund
48	(UNICEF) (Wadagascar), United Nations Children's Fund (UNICEF). Madagascar Multiple indicator Cluster Survey 2000. New York, United States: United Nations Children's Fund (UNICEF)
49	Central Statistical Office (Zambia). Zambia Living Conditions Monitoring Survey 2010
- '-	ICF International, INFO-STAT (Mali), Ministry of Health (Mali), National Institute of Statistics (INSTAT) (Mali), Planning and Statistics Unit, Ministry of Health (Mali). Mali Demographic and Health
50	Survey 2012-2013. Fairfax, United States: ICF International, 2014
	United Nations Children's Fund (UNICEF), National Institute of Statistics (Cameroon). Cameroon Multiple Indicator Cluster Survey 2006. New York, United States: United Nations Children's Fund
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	Ministry of Planning, Economic Development and Public Investment (Equatorial Guinea), United Nations Children's Fund (UNICEF). Equatorial Guinea Multiple Indicator Cluster Survey 2000. New
52	York, United States: United Nations Children's Fund (UNICEF)
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54	United Nations Children's Fund (UNICEF), National Statistics Office (Malawi). Malawi Multiple Indicator Cluster Survey 2006. New York, United States: United Nations Children's Fund (UNICEF)
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56	(UNICEF) Macro International, Inc, Ministry of Economy, Planning and Regional Development (Cameroon). Cameroon Demographic and Health Survey 1991. Calverton, United States: Macro International, Inc
57	Central Bureau of the Census and Population Studies (Cameroon), Macro International, Inc. Cameroon Demographic and Health Survey 1998. Calverton, United States: Macro International, Inc.
58	Macro International, Inc, National Institute of Statistics (Cameroon). Cameroon Demographic and Health Survey 2004. Calverton, United States: Macro International, Inc
- 30	ICF International, Ministry of Economy, Planning and Regional Development (Cameroon), Ministry of Public Health (Cameroon), National Institute of Statistics (Cameroon), Pasteur Center of Cameroon.
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60	Macro International, Inc, National Statistical Office of Malawi. Malawi Demographic and Health Survey 1992. Calverton, United States: Macro International, Inc
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	ICF International, Ministry of Health and Social Welfare (Equatorial Guinea), Ministry of Planning, Economic Development and Public Investment (Equatorial Guinea). Equatorial Guinea Demographic
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65	Central Statistics Office (Botswana). Botswana Family Health Survey 1996. Gaborone, Botswana: Central Statistics Office (Botswana)
	Central Statistics Office (Botswana), United Nations Children's Fund (UNICEF). Botswana Multiple Indicator Cluster Survey 2000. New York, United States: United Nations Children's Fund (UNICEF),
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	Government of Niger, Macro International, Inc, United Nations Children's Fund (UNICEF). Niger Multiple Indicator Cluster Survey 2000. New York, United States: United Nations Children's Fund
67	(UNICEF)
	Centers for Disease Control and Prevention (CDC), Government of Niger, United Nations Children's Fund (UNICEF), United Nations Population Fund (UNFPA). Niger Multiple Indicator Cluster Survey
68	1996
	Central Statistics Office (Botswana), Macro Systems, Inc.; Institute for Resource Development, Ministry of Health (Botswana). Botswana Demographic and Health Survey 1988. Columbia, United States:
69	Macro Systems, Inc.; Institute for Resource Development
70	General Directorate of Statistics and Economic Studies (Gabon), Macro International, Inc. Gabon Demographic and Health Survey 2000-2001. Calverton, United States: Macro International, Inc.
71	Department of Statistics and National Accounts (Niger), Macro International, Inc. Niger Demographic and Health Survey 2006. Calverton, United States: Macro International, Inc
72	Department of Statistics and National Accounts (Niger), Macro International, Inc. Niger Demographic and Health Survey 1992. Calverton, United States: Macro International, Inc
73	CARE International, Macro International, Inc. Niger Demographic and Health Survey 1998. Calverton, United States: Macro International, Inc
74	Macro International, Inc, Ministry of Health (Cape Verde), National Institute of Statistics (Cape Verde). Cape Verde Demographic and Health Survey 2005
75	Central Statistics Office (Botswana). Botswana Family Health Survey 2007-2008. Gaborone, Botswana: Central Statistics Office (Botswana), 2009
	Cape Verde National Statistics Institute (INE) Division of Reproductive Health-Centers for Disease Control and Prevention (CDC). (2000) Cape Verde Reproductive Health Survey 1998. Atlanta, United
76	States: Centers for Disease Control and Prevention (CDC)
77	ICF International, Ministry of Public Health (Niger), National Institute of Statistics (Niger). Niger Demographic and Health Survey 2012. Fairfax, United States: ICF International, 2014
	General Directorate of Statistics (Gabon), ICF International, Ministry of Economy, Employment and Sustainable Development (Gabon), Ministry of Health (Gabon). Gabon Demographic and Health
78	Survey 2012. Fairfax, United States: ICF International, 2013
	United Nations Children's Fund (UNICEF), Census Bureau (Chad), National Institute of Statistical, Economic and Demographic Studies (Chad). Chad Multiple Indicator Cluster Survey 2000. New York,
79	United States: United Nations Children's Fund (UNICEF)
80	Bureau of Statistics (Lesotho), United Nations Children's Fund (UNICEF). Lesotho Multiple Indicator Cluster Survey 2000. New York, United States: United Nations Children's Fund (UNICEF)
81	Federal Office of Statistics (Nigeria), United Nations Children's Fund (UNICEF). Nigeria Multiple Indicator Cluster Survey 1995
82	National Bureau of Statistics (Nigeria), United Nations Children's Fund (UNICEF). Nigeria Multiple Indicator Cluster Survey 1999. Abuja, Nigeria: National Bureau of Statistics (Nigeria)
83	United Nations Children's Fund (UNICEF), National Bureau of Statistics (Nigeria). Nigeria Multiple Indicator Cluster Survey 2007. New York, United States: United Nations Children's Fund (UNICEF)
	Census Bureau (Chad), Macro International, Inc, National Institute of Statistical, Economic and Demographic Studies (Chad). Chad Demographic and Health Survey 1996-1997. Calverton, United States:
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85	Macro International, Inc, National Institute of Statistical, Economic and Demographic Studies (Chad). Chad Demographic and Health Survey 2004. Calverton, United States: Macro International, Inc
	Bureau of Statistics (Lesotho), Macro International, Inc, Ministry of Health and Social Welfare (Lesotho). Lesotho Demographic and Health Survey 2004-2005. Calverton, United States: Macro
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88	Macro International, Inc, National Institute of Statistics (INE) (Mozambique). Mozambique Demographic and Health Survey 2003-2004. Calverton, United States: Macro International, Inc
89	Federal Office of Statistics (Nigeria), Macro International, Inc.; Institute for Resource Development. Nigeria Demographic and Health Survey 1990. Calverton, United States: Macro International, Inc.
	National Population Commission of Nigeria, ORC Macro, UK Department for International Development (DFID), United Nations Children's Fund (UNICEF), United Nations Population Fund (UNFPA).
90	Nigeria Demographic and Health Survey 2003. Calverton, United States: ORC Macro
	Federal Ministry of Health (Nigeria), Macro Systems, Inc.; Institute for Resource Development, National Population Bureau (Nigeria). Nigeria - Ondo Special Demographic and Health Survey 1986-1987.
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92	ICF Macro, Ministry of Health and Social Welfare (Lesotho). Lesotho Demographic and Health Survey 2009-2010. Calverton, United States: ICF Macro
93	Macro International, Inc, National Population Commission of Nigeria. Nigeria Demographic and Health Survey 2008. Calverton, United States: Macro International, Inc, 2009
	Central Bank of Nigeria, National Bureau of Statistics (Nigeria), Nigerian Communications Commission (NCC). Nigeria General Household Survey 2007. Abuja, Nigeria: National Bureau of Statistics
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95	Central Bank of Nigeria, National Bureau of Statistics (Nigeria), Nigerian Communications Commission (NCC). Nigeria General Household Survey 2008

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97	Mozambique National Institute of Statistics, Division of Reproductive Health-Centers for Disease Control and Prevention (CDC). (2003) Mozambique Young Adult Reproductive Health Survey 2001. Atlanta, United States: Centers for Disease Control and Prevention (CDC)
98	ICF Macro, Manhica Health Research Center (CISM), Ministry of Health (Mozambique), National Institute of Statistics (INE) (Mozambique). Mozambique Demographic and Health Survey 2011. Calverton, United States: ICF Macro, 2013
99	Ministry of Planning, Economy, and International Cooperation (Chad), National Institute of Statistical, Economic and Demographic Studies (Chad), United Nations Children's Fund (UNICEF). Chad Multiple Indicator Cluster Survey 2010. New York, United States: United Nations Children's Fund (UNICEF), 2014
100	National Bureau of Statistics (Nigeria), United Nations Children's Fund (UNICEF). Nigeria Multiple Indicator Cluster Survey 2011. New York, United States: United Nations Children's Fund (UNICEF), 2013
101	Burundi Institute of Statistics and Economic Studies, United Nations Children's Fund (UNICEF). Burundi Multiple Indicator Cluster Survey 2000. New York, United States: United Nations Children's Fund (UNICEF)
102	Macro International, Inc, National Institute of Statistics (Côte d'Ivoire). Côte d'Ivoire Demographic and Health Survey 1994. Calverton, United States: Macro International, Inc
103	Macro International, Inc, National Institute of Statistics (Côte d'Ivoire). Côte d'Ivoire Demographic and Health Survey 1998-1999. Calverton, United States: Macro International, Inc
104	ICF International, Ministry of the Fight Against AIDS (Côte d'Ivoire), National Institute of Statistics (Côte d'Ivoire). Côte d'Ivoire Demographic and Health Survey 2011-2012. Fairfax, United States: ICF International, 2013
105	Population Department, Ministry of the Interior (Burundi), Westinghouse; Institute for Resource Development. Burundi Demographic and Health Survey 1987. Columbia, United States: Westinghouse; Institute for Resource Development
106	Central Statistics Office (Namibia), Macro International, Inc, Ministry of Health and Social Services (Namibia). Namibia Demographic and Health Survey 1992. Calverton, United States: Macro International, Inc
107	Macro International, Inc, Ministry of Health and Social Services (Namibia), National Planning Commission (Namibia). Namibia Demographic and Health Survey 2000. Calverton, United States: Macro International, Inc
108	Macro International, Inc, Ministry of Health and Social Services (Namibia). Namibia Demographic and Health Survey 2006-2007. Calverton, United States: Macro International, Inc
109	Macro International, Inc, National Office of Population (Rwanda). Rwanda Demographic and Health Survey 1992. Calverton, United States: Macro International, Inc
110	Macro International, Inc, National Office of Population (Rwanda). Rwanda Demographic and Health Survey 2000. Calverton, United States: Macro International, Inc
111	Macro International, Inc, National Institute of Statistics of Rwanda. Rwanda Demographic and Health Survey 2005. Calverton, United States: Macro International, Inc
112	Macro International, Inc, Ministry of Health (Rwanda), National Institute of Statistics of Rwanda. Rwanda Interim Demographic and Health Survey 2007-2008. Calverton, United States: Macro International, Inc
113	United Nations Children's Fund (UNICEF), National Institute of Statistics (Côte d'Ivoire). Côte d'Ivoire Multiple Indicator Cluster Survey 2006. New York, United States: United Nations Children's Fund (UNICEF)
114	National School for Statistics and Economics Applied (ENSEA), United Nations Children's Fund (UNICEF), United Nations Educational, Scientific and Cultural Organization (UNESCO). Côte d'Ivoire Multiple Indicator Cluster Survey 2000. New York, United States: United Nations Children's Fund (UNICEF)
115	ICF Macro, Ministry of Health (Sao Tome and Principe), National Institute of Statistics (Sao Tome and Principe). Sao Tome and Principe Demographic and Health Survey 2008-2009. Calverton, United States: ICF Macro
116	Department of Statistics (Rwanda), United Nations Children's Fund (UNICEF). Rwanda Multiple Indicator Cluster Survey 2000. New York, United States: United Nations Children's Fund (UNICEF)
117	National Institute of Statistics (Sao Tome and Principe), United Nations Children's Fund (UNICEF). Sao Tome and Principe Multiple Indicator Cluster Survey 2000. New York, United States: United Nations Children's Fund (UNICEF)
118	Burundi Institute of Statistics and Economic Studies, ICF International, Ministry of Public Health and the Fight against AIDS (Burundi). Burundi Demographic and Health Survey 2010-2011. Fairfax, United States: ICF International, 2012
119	ICF Macro, Ministry of Health (Rwanda), National Institute of Statistics of Rwanda. Rwanda Demographic and Health Survey 2010-2011. Calverton, United States: ICF Macro
120	United Nations Development Programme (UNDP), United Nations Children's Fund (UNICEF). Comoros Multiple Indicator Cluster Survey 2000. New York, United States: United Nations Children's Fund (UNICEF)
121	Central Statistics Department (Gambia), United Nations Children's Fund (UNICEF). Gambia Multiple Indicator Cluster Survey 2000. New York, United States: United Nations Children's Fund (UNICEF)
122	Gambia Bureau of Statistics (GBOS), United Nations Children's Fund (UNICEF). Gambia Multiple Indicator Cluster Survey 2005-2006. New York, United States: United Nations Children's Fund (UNICEF)
123	Macro International, Inc, National Centre of Documentation and Scientific Research (Comoros). Comoros Demographic and Health Survey 1996. Calverton, United States: Macro International, Inc

	Department of Statistics (Senegal), Westinghouse; Institute for Resource Development. Senegal Demographic and Health Survey 1986. Columbia, United States: Westinghouse; Institute for Resource
124	Development
	Directorate of Forecasting and Statistics, Ministry of the Economy, Finance and Planning (Senegal), Macro International, Inc. Senegal Demographic and Health Survey 1992-1993. Calverton, United
125	States: Macro International, Inc
	Directorate of Forecasting and Statistics, Ministry of the Economy, Finance and Planning (Senegal), Macro International, Inc. Senegal Demographic and Health Survey 1997. Calverton, United States:
126	Macro International, Inc
	Department of Health (South Africa), Macro International, Inc, South African Medical Research Council. South Africa Demographic and Health Survey 1998. Calverton, United States: Macro
127	International, Inc
128	Department of Health (South Africa), Macro International, Inc, South African Medical Research Council. South Africa Demographic and Health Survey 2003-2004
129	Ministry of Health and Prevention (Senegal), Research Center for Human Development (Senegal). Senegal Demographic and Health Survey 2005. Calverton, United States: Macro International, Inc
130	Government of Senegal, United Nations Children's Fund (UNICEF). Senegal Multiple Indicator Cluster Survey 1996
	Center for Research in Human Development (CRDH), Cheikh Anta Diop University, Hospital Aristide Le Dantec, ICF Macro, National Agency of Statistics and Demography (Senegal). Senegal
131	Demographic and Health Survey 2010-2011. Calverton, United States: ICF Macro
132	General Directorate of Statistics and Forecasting (Comoros), ICF International. Comoros Demographic and Health Survey 2012-2013. Fairfax, United States: ICF International, 2014
133	Gambia Bureau of Statistics (GBOS), ICF International, Ministry of Health and Social Welfare (Gambia), Gambia Demographic and Health Survey 2013. Fairfax, United States: ICF International, 2015
134	Gambia Bureau of Statistics (GBOS), United Nations Children's Fund (UNICEF). Gambia Multiple Indicator Cluster Survey 2010
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299	Cape Verde Characterization of Vitamin A Deficiency and Anemia in Preschool Children 1996 as it appears in World Health Organization (WHO). WHO Global Database on Vitamin A Deficiency. Geneva, Switzerland: World Health Organization (WHO)
300	Mozambique Survey on Vitamin A Deficiency and Prevalence of Anemia and Malaria 2001-2002 as it appears in World Health Organization (WHO). WHO Global Database on Vitamin A Deficiency. Geneva, Switzerland: World Health Organization (WHO)
301	World Health Organization (WHO). WHO Global Database on Vitamin A Deficiency. Geneva, Switzerland: World Health Organization (WHO)
302	Rwanda National Nutrition Survey of Women and Children 1996 as it appears in World Health Organization (WHO). WHO Global Database on Vitamin A Deficiency. Geneva, Switzerland: World Health Organization (WHO)
303	Namibia Iodine Deficiency Disorders Prevalence Survey 1992 as it appears in World Health Organization (WHO). WHO Global Database on Vitamin A Deficiency. Geneva, Switzerland: World Health Organization (WHO)
304	Gambia Nationwide Survey on the Prevalence of Vitamin A and Iron Deficiency in Women and Children 2001 as it appears in World Health Organization (WHO). WHO Global Database on Vitamin A Deficiency. Geneva, Switzerland: World Health Organization (WHO)
305	Ghana - Proceedings of the Workshop on Dissemination of Findings of Vitamin A and Anaemia Prevalence Surveys - 1998 as it appears in World Health Organization (WHO). WHO Global Database on Vitamin A Deficiency, Geneva, Switzerland: World Health Organization (WHO)
	Ghana VAST Study Team. Vitamin A supplementation in northern Ghana: effects on clinic attendances, hospital admissions, and child mortality. Ghana VAST Study Team. Lancet. 1993; 342(8862): 7–12 as it appears in Imdad A, Herzer K, Mayo-Wilson E, Yakoob MY, Bhutta ZA. Vitamin A supplementation for preventing morbidity and mortality in children from 6 months to 5 years of age. Cochrane
306	Database Syst Rev. 2010; CD008524
307	Angola Vitamin A and Anaemia Survey 1998-1999 as it appears in World Health Organization (WHO). WHO Global Database on Vitamin A Deficiency. Geneva, Switzerland: World Health Organization (WHO)
308	Zimbabwe National Micronutrient Survey 1999 as it appears in World Health Organization (WHO). WHO Global Database on Vitamin A Deficiency. Geneva, Switzerland: World Health Organization (WHO)
309	Central African Republic National Survey on Vitamin A Deficiency, Iron Deficiency and the Consumption of Iodized Salt 1998-1999 as it appears in World Health Organization (WHO). WHO Global Database on Vitamin A Deficiency. Geneva, Switzerland: World Health Organization (WHO)
310	Ethiopia MICAH Program Final Evaluation Report 2006 as it appears in World Health Organization (WHO). WHO Global Database on Vitamin A Deficiency. Geneva, Switzerland: World Health Organization (WHO)
311	Tanzania National Vitamin A Survey 1997 as it appears in World Health Organization (WHO). WHO Global Database on Vitamin A Deficiency. Geneva, Switzerland: World Health Organization (WHO)
312	Haidar J, Demissie T. Malnutrition and xerophthalmia in rural communities of Ethiopia. East Afr Med J. 1999; 76(10): 590-3 as it appears in World Health Organization (WHO). WHO Global Database on Vitamin A Deficiency. Geneva, Switzerland: World Health Organization (WHO)
313	Danneskiold-Samsøe N, Fisker AB, Jørgensen MJ, Ravn H, Andersen A, Balde ID, Leo-Hansen C, Rodrigues A, Aaby P, Benn CS. Determinants of vitamin a deficiency in children between 6 months and 2 years of age in Guinea-Bissau. BMC Public Health. 2013; 172
	Benn CS, Aaby P, Balé C, Olsen J, Michaelsen KF, George E, Whittle H. Randomised trial of effect of vitamin A supplementation on antibody response to measles vaccine in Guinea-Bissau, west Africa. Lancet. 1997; 350(9071): 101–5 as it appears in Imdad A, Herzer K, Mayo-Wilson E, Yakoob MY, Bhutta ZA. Vitamin A supplementation for preventing morbidity and mortality in children from 6
314	months to 5 years of age. Cochrane Database Syst Rev. 2010; CD008524
315	Shankar AH, Genton B, Semba RD, Baisor M, Paino J, Tamja S, Adiguma T, Wu L, Rare L, Tielsch JM, Alpers MP, West KP. Effect of vitamin A supplementation on morbidity due to Plasmodium falciparum in young children in Papua New Guinea: a randomised trial. Lancet. 1999; 354(9174): 203–9 as it appears in Imdad A, Herzer K, Mayo-Wilson E, Yakoob MY, Bhutta ZA. Vitamin A supplementation for preventing morbidity and mortality in children from 6 months to 5 years of age. Cochrane Database Syst Rev. 2010; CD008524
316	Diness BR, Christoffersen D, Pedersen UB, Rodrigues A, Fischer TK, Andersen A, Whittle H, Yazdanbakhsh M, Aaby P, Benn CS. The effect of high-dose vitamin A supplementation given with bacille Calmette-Guérin vaccine at birth on infant rotavirus infection and diarrhea: a randomized prospective study from Guinea-Bissau. J Infect Dis. 2010; S243-251
317	Food and Agriculture Organization of the United Nations (FAO). FAOSTAT Food Balance Sheets, October 2014. Rome, Italy: Food and Agriculture Organization of the United Nations (FAO)
	Socio-Economic Determinants of Nutritional Status Among Children Under Five in Mauritania as it appears in World Health Organization (WHO). WHO Global Database on Child Growth and
318	Malnutrition. Geneva, Switzerland: World Health Organization (WHO)

Nigeria Health and Nutrition Status Survey 1983-1984 as it appears in World Health Organization (WHO). WHO Global Database on Child Growth and Malnutrition. Geneva, Switzerland: World Health Organization (WHO)

Supplementary Table 3: Data sources used for estimation of mortality associated with dietary risk factors of noncommunicable diseases in sub-Sharan Africa in the Global Burden of Diseases (GBD) study (source: http://ghdx.healthdata.org/gbd-2015-data-citations)

No	Data sources
1	Food and Agriculture Organization of the United Nations (FAO). FAOSTAT Food Balance Sheets, May 2013. Rome, Italy: Food and Agriculture Organization of the United Nations (FAO)
_	Congo - Brazzaville STEPS Noncommunicable Disease Risk Factors Survey 2004 as it appears in Global Dietary Database Consortium, Nutrition and Chronic Disease Expert Group (NutriCoDE). Global
2	Dietary Database 1980-2011. [Unpublished]
	Benin - Littoral STEPS Noncommunicable Disease Risk Factors Survey 2007 as it appears in Global Dietary Database Consortium, Nutrition and Chronic Disease Expert Group (NutriCoDE). Global Dietary
3	Database 1980-2011. [Unpublished]
	Benin STEPS Noncommunicable Disease Risk Factors Survey 2008 as it appears in Global Dietary Database Consortium, Nutrition and Chronic Disease Expert Group (NutriCoDE). Global Dietary Database
4	1980-2011. [Unpublished]
	Zambia - Lusaka STEPS Noncommunicable Disease Risk Factors Survey 2008 as it appears in Global Dietary Database Consortium, Nutrition and Chronic Disease Expert Group (NutriCoDE). Global
5	Dietary Database 1980-2011. [Unpublished]
	Madagascar - Antananarivo and Toliara STEPS Noncommunicable Disease Risk Factors Survey 2005 as it appears in Global Dietary Database Consortium, Nutrition and Chronic Disease Expert Group
6	(NutriCoDE). Global Dietary Database 1980-2011. [Unpublished]
_	Democratic Republic of the Congo - Kinshasa STEPS Noncommunicable Disease Risk Factors Survey 2005 as it appears in Global Dietary Database Consortium, Nutrition and Chronic Disease Expert
7	Group (NutriCoDE). Global Dietary Database 1980-2011. [Unpublished]
	Mali STEPS Noncommunicable Disease Risk Factors Survey 2007 as it appears in Global Dietary Database Consortium, Nutrition and Chronic Disease Expert Group (NutriCoDE). Global Dietary Database
8	1980-2011. [Unpublished]
9	Burkina Faso - Dietary Diversity as a Measure of the Micronutrient Adequacy of Women's Diets: Results from Ouagadougou, Burkina Faso Site as it appears in Global Dietary Database Consortium,
9	Nutrition and Chronic Disease Expert Group (NutriCoDE). Global Dietary Database 1980-2011. [Unpublished] Mali - Dietary Diversity as a Measure of the Micronutrient Adequacy of Women's Diets: Results from Bamako, Mali Site as it appears in Global Dietary Database Consortium, Nutrition and Chronic Disease
10	Expert Group (NutriCoDE). Global Dietary Database 1980-2011. [Unpublished]
10	Cameroon STEPS Noncommunicable Disease Risk Factors Survey 2003 as it appears in Global Dietary Database Consortium, Nutrition and Chronic Disease Expert Group (NutriCoDE). Global Dietary
11	Database 1980-2011. [Unpublished]
	Malawi STEPS Noncommunicable Disease Risk Factors Survey 2009 as it appears in Global Dietary Database Consortium, Nutrition and Chronic Disease Expert Group (NutriCoDE). Global Dietary
12	Database 1980-2011. [Unpublished]
	Mauritania - Nouakchott STEPS Noncommunicable Disease Risk Factors Survey 2006 as it appears in Global Dietary Database Consortium, Nutrition and Chronic Disease Expert Group (NutriCoDE).
13	Global Dietary Database 1980-2011. [Unpublished]
	Botswana STEPS Noncommunicable Disease Risk Factors Survey 2007 as it appears in Global Dietary Database Consortium, Nutrition and Chronic Disease Expert Group (NutriCoDE). Global Dietary
14	Database 1980-2011. [Unpublished]
	Niger STEPS Noncommunicable Disease Risk Factors Survey 2007 as it appears in Global Dietary Database Consortium, Nutrition and Chronic Disease Expert Group (NutriCoDE). Global Dietary Database
15	1980-2011. [Unpublished]
	Gabon - Estuaire STEPS Noncommunicable Disease Risk Factors Survey 2009 as it appears in Global Dietary Database Consortium, Nutrition and Chronic Disease Expert Group (NutriCoDE). Global
16	Dietary Database 1980-2011. [Unpublished]
17	Cape Verde STEPS Noncommunicable Disease Risk Factors Survey 2007 as it appears in Global Dietary Database Consortium, Nutrition and Chronic Disease Expert Group (NutriCoDE). Global Dietary
17	Database 1980-2011. [Unpublished]
1.0	Chad - Ville de N'Djaména STEPS Noncommunicable Disease Risk Factors Survey 2008 as it appears in Global Dietary Database Consortium, Nutrition and Chronic Disease Expert Group (NutriCoDE).
18	Global Dietary Database 1980-2011. [Unpublished] Mozambique STEPS Noncommunicable Disease Risk Factors Survey 2005 as it appears in Global Dietary Database Consortium, Nutrition and Chronic Disease Expert Group (NutriCoDE). Global Dietary
19	Database 1980-2011. [Unpublished]
17	Mozambique - Dietary Diversity as a Measure of the Micronutrient Adequacy of Women's Diets: Results from Rural Mozambique Site as it appears in Global Dietary Database Consortium, Nutrition and
20	Chronic Disease Expert Group (NutriCoDE). Global Dietary Database 1980-2011. [Unpublished]
20	Food and Nutrient Availability in South African Households 1995 as it appears in Global Dietary Database Consortium, Nutrition and Chronic Disease Expert Group (NutriCoDE). Global Dietary Database
21	1980-2011. [Unpublished]
	The state of the s

Ì	Sierra Leone STEPS Noncommunicable Disease Risk Factors Survey 2009 as it appears in Global Dietary Database Consortium, Nutrition and Chronic Disease Expert Group (NutriCoDE). Global Dietary
22	Database 1980-2011. [Unpublished]
	Swaziland STEPS Noncommunicable Disease Risk Factors Survey 2007 as it appears in Global Dietary Database Consortium, Nutrition and Chronic Disease Expert Group (NutriCoDE). Global Dietary
23	Database 1980-2011. [Unpublished]
	Eritrea STEPS Noncommunicable Disease Risk Factors Survey 2004 as it appears in Global Dietary Database Consortium, Nutrition and Chronic Disease Expert Group (NutriCoDE). Global Dietary
24	Database 1980-2011. [Unpublished]
	Ethiopia - Addis Ababa STEPS Noncommunicable Disease Risk Factors Survey 2006 as it appears in Global Dietary Database Consortium, Nutrition and Chronic Disease Expert Group (NutriCoDE). Global
25	Dietary Database 1980-2011. [Unpublished]
	Oguntona CR, Tella TO. Street foods and dietary intakes of Nigerian urban market women. Int J Food Sci Nutr. 1999; 50(6): 383-90 as it appears in Global Dietary Database Consortium, Nutrition and
26	Chronic Disease Expert Group (NutriCoDE). Global Dietary Database 1980-2011. [Unpublished]
27	Euromonitor International. Partially Hydrogenated Vegetable Oil Sales Database
	The INTERSALT Co-operative Research Group. Appendix tables. Centre-specific results by age and sex. J Hum Hypertens 1989;3(5):331-407 as it appears in Global Dietary Database Consortium, Nutrition
28	and Chronic Disease Expert Group (NutriCoDE). Global Dietary Database 1980-2011. [Unpublished]
	Melse-Boonstra A, Rozendaal M, Rexwinkel H, Gerichhausen MJ, van den Briel T, Bulux J, Solomons NW, West CE. Determination of discretionary salt intake in rural Guatemala and Benin to determine
	the iodine fortification of salt required to control iodine deficiency disorders: studies using lithium-labeled salt. Am J Clin Nutr. 1998; 68(3): 636-41 as it appears in Global Dietary Database Consortium,
29	Nutrition and Chronic Disease Expert Group (NutriCoDE). Global Dietary Database 1980-2011. [Unpublished]
	Pavan L, Casiglia E, Pauletto P, Batista SL, Ginocchio G, Kwankam MM, Biasin R, Mazza A, Puato M, Russo E, Pessina AC. Blood pressure, serum cholesterol and nutritional state in Tanzania and in the
	Amazon: comparison with an Italian population. J Hypertens. 1997; 15(10): 1083-90 as it appears in Global Dietary Database Consortium, Nutrition and Chronic Disease Expert Group (NutriCoDE). Global
30	Dietary Database 1980-2011. [Unpublished]
	Cooper R, Rotimi C, Ataman S, McGee D, Osotimehin B, Kadiri S, Muna W, Kingue S, Fraser H, Forrester T, Bennett F, Wilks R. The prevalence of hypertension in seven populations of West African
	origin. Am J Public Health. 1997; 87(2): 160-8 as it appears in Global Dietary Database Consortium, Nutrition and Chronic Disease Expert Group (NutriCoDE). Global Dietary Database 1980-2011.
31	[Unpublished]
	Simmons D, Barbour G, Congleton J, Levy J, Meacher P, Saul H, Sowerby T. Blood pressure and salt intake in Malawi: an urban rural study. J Epidemiol Community Health. 1986; 40(2): 188-92 as it
32	appears in Global Dietary Database Consortium, Nutrition and Chronic Disease Expert Group (NutriCoDE). Global Dietary Database 1980-2011. [Unpublished]
	Hess SY, Zimmermann MB, Staubli-Asobayire F, Tebi A, Hurrell RF. An evaluation of salt intake and iodine nutrition in a rural and urban area of the Côte d'Ivoire. Eur J Clin Nutr. 1999; 53(9): 680-6 as it
33	appears in Global Dietary Database Consortium, Nutrition and Chronic Disease Expert Group (NutriCoDE). Global Dietary Database 1980-2011. [Unpublished]
	Barlow RJ, Connell MA, Levendig BJ, Gear JS, Milne FJ. A comparative study of urinary sodium and potassium excretion in normotensive urban black and white South African males. S Afr Med J. 1982;
34	62(25): 939-41 as it appears in Global Dietary Database Consortium, Nutrition and Chronic Disease Expert Group (NutriCoDE). Global Dietary Database 1980-2011. [Unpublished]
	Charlton KE, Steyn K, Levitt NS, Peer N, Jonathan D, Gogela T, Rossouw K, Gwebushe N, Lombard CJ. A food-based dietary strategy lowers blood pressure in a low socio-economic setting: a randomised
	study in South Africa. Public Health Nutr. 2008; 11(12): 1397-406 as it appears in Global Dietary Database Consortium, Nutrition and Chronic Disease Expert Group (NutriCoDE). Global Dietary Database
35	1980-2011. [Unpublished]
	Maseko MJ, Majane HO, Milne J, Norton GR, Woodiwiss AJ. Salt intake in an urban, developing South African community. Cardiovasc J S Afr. 2006; 17(4): 186-91 as it appears in Global Dietary Database
36	Consortium, Nutrition and Chronic Disease Expert Group (NutriCoDE). Global Dietary Database 1980-2011. [Unpublished]
	Kerry SM, Emmett L, Micah FB, Martin-Peprah R, Antwi S, Phillips RO, Plange-Rhule J, Eastwood JB, Cappuccio FP. Rural and semi-urban differences in salt intake, and its dietary sources, in Ashanti,
37	West Africa. Ethn Dis. 2005; 15(1): 33-9 as it appears in Global Dietary Database Consortium, Nutrition and Chronic Disease Expert Group (NutriCoDE). Global Dietary Database 1980-2011. [Unpublished]

Supplementary Table 4: Data sources used for estimation of mortality associated with overweight/obesity in sub-Sharan Africa in the Global Burden of Diseases (GBD) study (source: http://ghdx.healthdata.org/gbd-2015-data-citations)

No	Data sources
1	Macro International, Inc, National Institute of Statistics and Economic Analysis (INSAE) (Benin). Benin Demographic and Health Survey 1996. Calverton, United States: Macro International, Inc
2	National Institute of Statistics and Economic Analysis (INSAE) (Benin), ORC Macro. Benin Demographic and Health Survey 2001. Calverton, United States: ORC Macro
	National Institute of Statistics and Economic Analysis (INSAE) (Benin), National Program Against AIDS (PNLS) (Benin), Macro International, Inc. Benin Demographic and Health Survey 2006.
3	Calverton, United States: Macro International, Inc
4	Macro International, Inc, National Center for Statistics and Economic Studies (Congo, Rep.). Congo Demographic and Health Survey 2005. Calverton, United States: Macro International, Inc
	Central Bureau of Statistics (Kenya), Macro International, Inc, National Council for Population Development (NCPD). Kenya Demographic and Health Survey 1993. Calverton, United States: Macro
5	International, Inc
	Central Bureau of Statistics (Kenya), Macro International, Inc, National Council for Population Development (NCPD). Kenya Demographic and Health Survey 1998. Calverton, United States: Macro
6	International, Inc
	Centers for Disease Control and Prevention (CDC), Central Bureau of Statistics (Kenya), Macro International, Inc, Ministry of Health (Kenya), National Council for Population and Development (Kenya).
7	Kenya Demographic and Health Survey 2003. Calverton, United States: Macro International, Inc
8	Liberia Institute for Statistics and Geo-information Services (LISGIS), Macro International, Inc. Liberia Demographic and Health Survey 2006-2007. Calverton, United States: Macro International, Inc
9	Macro International, Inc, Statistics Department (Uganda). Uganda Demographic and Health Survey 1995. Calverton, United States: Macro International, Inc
10	Macro International, Inc, Uganda Bureau of Statistics. Uganda Demographic and Health Survey 2000-2001. Calverton, United States: Macro International, Inc
11	Macro International, Inc, Uganda Bureau of Statistics. Uganda Demographic and Health Survey 2006. Calverton, United States: Macro International, Inc
	ICF Macro, Kenya Medical Research Institute (KEMRI), Kenya National Bureau of Statistics, Ministry of Public Health and Sanitation (Kenya), National AIDS and STI Control Program (Kenya), National
12	Aids Control Council (NACC), National Coordinating Agency for Population and Development (Kenya). Kenya Demographic and Health Survey 2008-2009. Calverton, United States: ICF Macro
13	World Health Organization (WHO). Congo World Health Survey 2003. Geneva, Switzerland: World Health Organization (WHO), 2005
14	Ministry of Health (Congo, Rep.), World Health Organization (WHO). Congo - Brazzaville STEPS Noncommunicable Disease Risk Factors Survey 2004
15	Ministry of Health (Benin), World Health Organization (WHO). Benin - Littoral STEPS Noncommunicable Disease Risk Factors Survey 2007
16	ICF Macro, Uganda Bureau of Statistics. Uganda Demographic and Health Survey 2011. Calverton, United States: ICF Macro
	ICF International, Ministry of Health (Congo, Rep.), National Center for Statistics and Economic Studies (Congo, Rep.). Congo Demographic and Health Survey 2011-2012. Fairfax, United States: ICF
17	International, 2013
	ICF International, National Institute of Statistics and Economic Analysis (INSAE) (Benin), National Program Against AIDS (PNLS) (Benin). Benin Demographic and Health Survey 2011-2012. Fairfax,
18	United States: ICF International, 2014
19	World Health Organization (WHO). Liberia STEPS Noncommunicable Disease Risk Factors Survey 2011
	ICF International, Kenya Medical Research Institute (KEMRI), Kenya National Bureau of Statistics, Ministry of Health (Kenya), National AIDS Control Council (Kenya), National Council for Population
20	and Development (Kenya). Kenya Demographic and Health Survey 2014. Fairfax, United States: ICF International, 2015
21	Ministry of Health (Uganda), World Health Organization (WHO). Uganda STEPS Noncommunicable Disease Risk Factors Survey 2014
	Kavishe B, Biraro S, Baisley K, Vanobberghen F, Kapiga S, Munderi P, Smeeth L, Peck R, Mghamba J, Mutungi G, Ikoona E, Levin J, Bou Monclús MA, Katende D, Kisanga E, Hayes R, Grosskurth H.
	High prevalence of hypertension and of risk factors for non-communicable diseases (NCDs): a population based cross-sectional survey of NCDS and HIV infection in Northwestern Tanzania and Southern
22	Uganda. BMC Med. 2015; 13: 126
23	Macro International, Inc, National Institute of Statistics and Demography (Burkina Faso). Burkina Faso Demographic and Health Survey 1992-1993. Calverton, United States: Macro International, Inc
24	Macro International, Inc, National Institute of Statistics and Demography (Burkina Faso). Burkina Faso Demographic and Health Survey 1998-1999. Calverton, United States: Macro International, Inc
25	Macro International, Inc, National Institute of Statistics and Demography (Burkina Faso). Burkina Faso Demographic and Health Survey 2003. Calverton, United States: Macro International, Inc
	ICF Macro, Ministry of Health (Burkina Faso), National Institute of Statistics and Demography (Burkina Faso). Burkina Faso Demographic and Health Survey 2010-2011. Calverton, United States: ICF
26	Macro
27	Macro International, Inc, Ministry of Planning (Congo, DR). Democratic Republic of the Congo Demographic and Health Survey 2007. Calverton, United States: Macro International, Inc
28	Macro International, Inc, National Institute of Statistics (Madagascar). Madagascar Demographic and Health Survey 1997. Calverton, United States: Macro International, Inc
29	Macro International, Inc, National Institute of Statistics (Madagascar). Madagascar Demographic and Health Survey 2003-2004. Calverton, United States: Macro International, Inc

30	Macro International, Inc, Ministry of Health (Mali), National Directorate of Statistics and Informatics (DNSI) (Mali). Mali Demographic and Health Survey 2006. Calverton, United States: Macro International, Inc
	Macro International, Inc, National Directorate of Statistics and Informatics (DNSI) (Mali), Planning and Statistics Unit, Ministry of Health (Mali). Mali Demographic and Health Survey 1995-1996.
31	Calverton, United States: Macro International, Inc
32	Macro International, Inc, National Directorate of Statistics and Informatics (DNSI) (Mali), Planning and Statistics Unit, Ministry of Health (Mali). Mali Demographic and Health Survey 2001. Calverton, United States: Macro International, Inc
33	Central Statistical Office (Zambia), Macro International, Inc, University of Zambia. Zambia Demographic and Health Survey 1992. Calverton, United States: Macro International, Inc
34	Central Statistical Office (Zambia), Macro International, Inc, Ministry of Health (Zambia). Zambia Demographic and Health Survey 1996-1997. Calverton, United States: Macro International, Inc
35	Central Board of Health (Zambia), Central Statistical Office (Zambia), Macro International, Inc. Zambia Demographic and Health Survey 2001-2002. Calverton, United States: Macro International, Inc
36	Central Statistical Office (Zambia), Macro International, Inc. Zambia Demographic and Health Survey 2007. Calverton, United States: Macro International, Inc
37	ICF Macro, National Institute of Statistics (Madagascar). Madagascar Demographic and Health Survey 2008-2009. Calverton, United States: ICF Macro, 2010
38	Ministry of Health (Zambia), World Health Organization (WHO). Zambia - Lusaka STEPS Noncommunicable Disease Risk Factors Survey 2008
39	Ministry of Public Health (Congo, DR), World Health Organization (WHO). Democratic Republic of the Congo - Kinshasa STEPS Noncommunicable Disease Risk Factors Survey 2005
40	Central Statistical Office (Zambia), ICF International, Ministry of Health (Zambia), Tropical Diseases Research Centre, University Teaching Hospital (Zambia), University of Zambia. Zambia Demographic and Health Survey 2013-2014. Fairfax, United States: ICF International, 2015
41	World Health Organization (WHO). Mali STEPS Noncommunicable Disease Risk Factors Survey 2007
42	Health Promotion Research Institute (Hungary), Hungarian Gallup Institute. Hungary National Population Health Survey 2000
43	Mauny F, Viel JF, Roubaux F, Ratsimandresy R, Sellin B. Blood pressure, body mass index and socio-economic status in the urban population of Antananarivo (Madagascar). Ann Trop Med Parasitol. 2003; 97(6): 645-54
44	Torheim LE, Granli GI, Sidibé CS, Traoré AK, Oshaug A. Women's iodine status and its determinants in an iodine-deficient area in the Kayes region, Mali. Public Health Nutr. 2005; 8(4): 387-94
45	Doulougou B, Kouanda S, Rossier C, Soura A, Zunzunegui MV. Differences in hypertension between informal and formal areas of Ouagadougou, a sub-Saharan African city. BMC Public Health. 2014; 14: 893
46	Central Bureau of the Census and Population Studies (Cameroon), Macro International, Inc. Cameroon Demographic and Health Survey 1998. Calverton, United States: Macro International, Inc
47	Macro International, Inc, National Institute of Statistics (Cameroon). Cameroon Demographic and Health Survey 2004. Calverton, United States: Macro International, Inc
48	ICF International, Ministry of Economy, Planning and Regional Development (Cameroon), Ministry of Public Health (Cameroon), National Institute of Statistics (Cameroon), Pasteur Center of Cameroon. Cameroon Demographic and Health Survey 2011. Fairfax, United States: ICF International
49	Macro International, Inc, National Statistical Office of Malawi. Malawi Demographic and Health Survey 1992. Calverton, United States: Macro International, Inc
50	Macro International, Inc, National Statistical Office of Malawi. Malawi Demographic and Health Survey 2000. Calverton, United States: Macro International, Inc
51	Macro International, Inc, National Statistical Office of Malawi. Malawi Demographic and Health Survey 2004-2005. Calverton, United States: Macro International, Inc
52	Macro International, Inc, National Office of Statistics (Mauritania). Mauritania Demographic and Health Survey 2000-2001. Calverton, United States: Macro International, Inc
53	ICF Macro, National Statistical Office of Malawi. Malawi Demographic and Health Survey 2010. Calverton, United States: ICF Macro
54	World Health Organization (WHO). Malawi World Health Survey 2003. Geneva, Switzerland: World Health Organization (WHO), 2005
55	Health of Populations in Transition (HoPiT) Research Group (Cameroon), Ministry of Public Health (Cameroon), World Diabetes Foundation (WDF), World Health Organization (WHO). Cameroon STEPS Noncommunicable Disease Risk Factors Survey 2003
56	Ministry of Health (Malawi), World Health Organization (WHO). Malawi STEPS Noncommunicable Disease Risk Factors Survey 2009
57	Ministry of Health (Mauritania), World Health Organization (WHO). Mauritania - Nouakchott STEPS Noncommunicable Disease Risk Factors Survey 2006
	Kamadjeu RM, Edwards R, Atanga JS, Kiawi EC, Unwin N, Mbanya J-C. Anthropometry measures and prevalence of obesity in the urban adult population of Camerron: an update from the Cameroon
58	Burden of Diabetes Baseline Survey. BMC Public Health. 2006; 228
59	Chilima DM, Ismail SJ. Anthropometric characteristics of older people in rural Malawi. Eur J Clin Nutr. 1998; 52(9): 643-9
60	Pasquet P, Temgoua LS, Melaman-Sego F, Froment A, Rikong-Adié H. Prevalence of overweight and obesity for urban adults in Cameroon. Ann Hum Biol. 2003; 30(5): 551-62
61	Fezeu L, Minkoulou E, Balkau B, Kengne A-P, Awah P, Unwin N, Alberti GKMM, Mbanya J-C. Association between socioeconomic status and adiposity in urban Cameroon. Int J Epidemiol. 2006; 35(1): 105-11
62	General Directorate of Statistics and Economic Studies (Gabon), Macro International, Inc. Gabon Demographic and Health Survey 2000-2001. Calverton, United States: Macro International, Inc
63	Department of Statistics and National Accounts (Niger), Macro International, Inc. Niger Demographic and Health Survey 2006. Calverton, United States: Macro International, Inc.
64	Department of Statistics and National Accounts (Niger), Macro International, Inc. Niger Demographic and Health Survey 1992. Calverton, United States: Macro International, Inc.
65	CARE International, Macro International, Inc. Niger Demographic and Health Survey 1998. Calverton, United States: Macro International, Inc
66	Ministry of Health (Botswana), Ministry of Local Government (Botswana), World Health Organization (WHO). Botswana STEPS Noncommunicable Disease Risk Factors Survey 2007

67 Ministry of Health (Niger), World Health Organization (WHO). Niger STEPS Noncommunicable Disease Risk Factors Survey 2007 68 Ministry of Health and Public Hygiene (Gabon), World Health Organization (WHO). Gabon - Estuaire STEPS Noncommunicable Disease Risk Factors Survey 2009 69 ICF International, Ministry of Public Health (Niger), National Institute of Statistics (Niger), Niger Demographic and Health Survey 2012, Fairfax, United States: ICF International, 2014 General Directorate of Statistics (Gabon), ICF International, Ministry of Economy, Employment and Sustainable Development (Gabon), Ministry of Health (Gabon). Gabon Demographic and Health 70 Survey 2012. Fairfax, United States: ICF International, 2013 71 World Health Organization (WHO). Cape Verde STEPS Noncommunicable Disease Risk Factors Survey 2007 Census Bureau (Chad), Macro International, Inc, National Institute of Statistical, Economic and Demographic Studies (Chad), Chad Demographic and Health Survey 1996-1997. 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Supplementary Table 5: Covariates and mediators used in Global Burden of Disease 2015 dietary risk factors study (*source: GBD* 2015 *Risk Factors Collaborators. Global, regional, and national comparative risk assessment of 79 behavioural, environmental and occupational, and metabolic risks or clusters of risks, 1990–2015: a systematic analysis for the Global Burden of Disease Study 2015. The Lancet. 2016 Oct 7; 388:1659–1724.)*

			Covaria	tes used	in model	ing		Metabolic mediators used				
Dietary risk		Suboptimal metric	Suboptimal metric Nationally Representati veness		Data from HBS	Data from FAO	Country level covariate	Body Mass Index	Total Serum Cholesterol	Fasting Plasma Glucose	Systolic Blood Pressure	
Diet low in fruits	√	V	√	√	V	V		√	V	√	√	
Diet low in vegetables			\checkmark			$\sqrt{}$				\checkmark	$\sqrt{}$	
Diet low in whole grains	1	V	V	V	V	X		V	V	√	X	
Diet low in nuts and seeds	√	V	V	V	V	V		V	V	√	√	
Diet low in milk	$\sqrt{}$	V	√	V	V	V		X	X	X	X	
Diet high in red meat	$\sqrt{}$	V	√	V	V	V		V	X	√	X	
Diet high in processed meat	1	√	V	√	√	Х	National availability of red meat (grams/person/day) National availability of pig meat (% of energy/person/day)	1	X	V	V	
Diet high in sugar-sweetened beverages	1	1	V	V	1	Х	National availability of sugar (Kcal/person/day)	Х	х	Х	Х	
Diet low in fiber	1	V	V	V	V	V		X	V	X	X	
Diet suboptimal in calcium	√	V	V	V	V	V		X	X	X	X	
Diet low in seafood omega-3 fatty acids	$\sqrt{}$	V	√	V	V	V	Landlocked nation (Yes,/No)	V	X	X	1	
Diet low in polyunsaturated fatty acids		V	1	V	V	V		X	V	1	X	
Diet high in trans fatty acids	1	1	V	V	V	Х	National availability of hydrogenated oil (% of energy/person/day)	1	V	Х	Х	
Diet high in sodium	1	Х	V	Х	Х	х		Х	Х	Х	Х	

FFQ – food frequency quetionaire; HBS – household budget survey; FAO-Food and Agriculture Organization; $\sqrt{-}$ used; x – not used.

Supplementary Table 6: Number, rate, proportion and percentage change of deaths associated with child and maternal undernutrition in sub-Saharan countries between 1990 and 2015

	No	umber (95% UI)		Rat	e (95% UI) per 10	0 000	Proportion (%) (95% UI)			
Countries	1990	2015	Change (%)	1990	2015	Change (%)	1990	2015	Change (%)	
Sub-Saharan Africa	1490671 (1305548-1667532)	826204 (737346-923789)	-44.6	156(138-174)	53(47-59)	-66.2	8.5% (7.4-9.5)	3.8% (3.4-4.3)	-55.3	
Central Sub-Saharan Africa	152378 (123661-190511)	112914 (86048-147814)	-25.9	144(118-179)	60(45-80)	-58.2	7.5% (5.9-9.8)	3.9% (2.9-5.6)	-48.4	
Angola	49664 (35987-68401)	23414 (15852-33624)	-52.9	203 (147-281)	52 (33-83)	-74.3	9.8% (5.4-18.2)	3.6% (1.9-6.2)	-62.9	
Central African Republic	8325 (6359-10879)	6928 (4778-9926)	-16.8	161 (126-210)	100 (69-146)	-37.9	6.7% (5.1-8.9)	4.3% (2.7-6.5)	-36.0	
Congo	2781 (2064-3620)	2098 (1377-3022)	-24.6	74 (55-99)	34 (22-50)	-54.3	3.4% (2.5-4.6)	2.2% (1.5-3.3)	-35.1	
Democratic Republic of the Congo	89820 (70519-116690)	79615 (57529-109741)	-11.4	129 (101-168)	63 (45-88)	-51.1	7.5% (5.6-10.2)	4.3% (3-6.2)	-43.0	
Equatorial Guinea	1082 (828-1452)	422 (239-738)	-61.0	150 (113-205)	34 (19-60)	-77.2	6.9% (4-13)	2.6% (1.3-4.7)	-61.5	
Gabon	705 (501-978)	436 (284-622)	-38.2	47 (34-66)	21 (13-31)	-56.3	2.8% (2-4)	1.7% (1.1-2.5)	-39.1	
Eastern Sub-Saharan Africa	605387 (529428-684327)	283319 (250895-320673)	-53.2	169 (149-190)	52 (46-59)	-69.5	8.1% (7.1-9.2)	3.7% (3.2-4.3)	-54.2	
Burundi	17534 (13583-22509)	12868 (8902-18715)	-26.6	166 (127-213)	69 (48-97)	-58.2	5.8% (4.4-7.6)	4.7% (3.2-6.9)	-19.3	
Comoros	978 (817-1161)	371 (237-582)	-62.1	133 (111-159)	37 (25-55)	-71.9	7.9% (5.9-11.1)	3.4% (2.4-4.8)	-56.6	
Djibouti	1202 (1017-1404)	615 (464-805)	-48.9	126 (106-148)	62 (46-82)	-51.0	9.3% (7-12.2)	4.9% (3.1-7.2)	-47.4	
Eritrea	11683 (10013-13949)	5490 (4097-7122)	-53.0	213 (182-253)	79 (58-108)	-62.8	9.9% (8.3-12)	5% (3.6-7.2)	-49.2	
Ethiopia	218708 (172720-280525)	58783 (43653-76020)	-73.1	231 (185-294)	44 (33-56)	-81.2	8.6% (6.8-11)	3.6% (2.5-5.1)	-58.5	
Kenya	37490 (33943-41560)	25503 (21698-29999)	-32.0	90 (81-101)	43 (36-51)	-52.7	6.4% (5.7-7.3)	3.5% (2.9-4.1)	-45.8	
Madagascar	38650 (33577-46663)	22152 (16239-29363)	-42.7	178 (156-211)	65 (47-86)	-63.6	10.2% (8.8-12.4)	4.7% (3.3-6.6)	-54.1	
Malawi	33087 (24067-42345)	16589 (12470-21673)	-49.9	183 (135-229)	61 (47-78)	-66.8	9.2% (6.9-11.8)	4.4% (3.2-6)	-52.3	
Mozambique	38032 (29332-48739)	14111 (10209-18565)	-62.9	142 (111-180)	34 (24-47)	-76.1	7.8% (6.1-10.1)	2% (1.5-2.8)	-74.0	
Rwanda	20622 (15128-25814)	7293 (5272-9896)	-64.6	153 (118-189)	48 (35-64)	-68.8	6.9% (5.2-8.6)	4.2% (2.9-5.9)	-39.1	
Somalia	30489 (25670-34992)	26018 (20374-31920)	-14.7	243 (194-304)	140 (102-196)	-42.5	11.8% (7.1-19.4)	7.5% (4.7-12.6)	-36.6	
South Sudan	27967 (22670-34149)	20661 (15528-27020)	-26.1	243 (195-306)	111 (80-156)	-54.5	13.7% (7.5-22.2)	6.9% (3.9-11.3)	-49.3	
Tanzania	69813 (57152-83841)	33864 (26212-43901)	-51.5	100 (83-119)	44 (33-60)	-70.3	7.6% (5.2-10.6)	3.5% (2.6-4.8)	-59.6	
Uganda	34842 (26336-42941)	27436 (20822-35299)	-21.3	99 (78-121)	42 (31-54)	-58.2	4.8% (3.7-6.2)	2.9% (2.1-4.2)	-39.7	
Zambia	23981 (19411-28481)	11408 (8508-14969)	-52.4	153 (126-182)	52 (39-67)	-66.4	8% (6.4-9.8)	2.8% (2.1-3.6)	-65.4	
Southern Sub-Saharan Africa	52501 (49300-55991)	19463 (16718-22467)	-62.9	61 (58-65)	20 (17-23)	-67.1	4.2% (3.9-4.5)	1.3% (1.1-1.5)	-68.1	
Botswana	1120 (950-1297)	284 (158-460)	-74.6	45 (38-52)	10 (6-16)	-77.4	3.6% (1.5-6.3)	0.7% (0.3-1.4)	-80.8	
Lesotho	2498 (2211-2768)	1521 (1099-2033)	-39.1	87 (77-97)	50 (37-67)	-42.6	5.8% (4.6-7.1)	1.9% (1.2-2.9)	-67.1	
Namibia	1664 (1438-1913)	767 (492-1101)	-53.9	63 (54-72)	21 (14-30)	-66.6	4.1% (3.5-4.9)	1.7% (1-2.8)	-58.3	
South Africa	36862 (34190-39912)	6950 (5503-8714)	-81.1	66 (61-71)	12 (10-15)	-81.7	4.5% (4.1-4.9)	0.8% (0.7-1)	-81.6	
Swaziland	1173 (1020-1326)	640 (438-872)	-45.4	62 (54-71)	33 (23-45)	-47.0	3.9% (3-5.2)	1.5% (0.9-2.5)	-61.4	
Zimbabwe	9185 (8132-10262)	9300 (7335-11655)	1.3	47 (42-52)	35 (28-43)	-25.8	3.5% (2.9-4.2)	2.2% (1.6-3.1)	-35.6	
Western Sub-Saharan Africa	680406 (577609-777762)	410508 (348886-476136)	-39.7	170 (145-195)	57 (49-66)	-66.5	10.3% (8.5-12.2)	4.5% (3.7-5.4)	-56.2	
Benin	18860 (14798-23874)	8290 (6229-10664)	-56.0	181 (143-229)	45 (34-58)	-75.1	11.8% (9.3-15.3)	3.4% (2.1-5.1)	-71.4	
Burkina Faso	32797 (25866-39798)	21861 (16563-28092)	-33.3	178 (141-218)	67 (52-86)	-62.2	9.7% (7.5-12.1)	5% (3.3-7.3)	-48.7	
Cameroon	28149 (22109-35667)	18905 (13710-25168)	-32.8	112 (88-141)	46 (34-61)	-58.4	7.4% (5.7-9.7)	3.1% (2-4.6)	-57.8	
Cape Verde	307 (262-355)	43 (33-55)	-85.9	45 (39-52)	8 (6-10)	-83.4	4.5% (3.9-5.2)	0.9% (0.7-1.2)	-79.5	
Chad	31104 (25821-35590)	34600 (26042-42439)	11.2	233 (193-270)	118 (88-146)	-49.3	14.1% (11.4-16.7)	7.8% (4.8-11.8)	-44.8	
Cote d'Ivoire	25463 (20080-33557)	17790 (13491-23011)	-30.1	106 (84-140)	45 (34-58)	-57.4	6.1% (4.6-8.1)	3% (2-4.2)	-51.6	
The Gambia	1955 (1623-2281)	1124 (907-1376)	-42.5	148 (123-176)	29 (24-37)	-70.5	8.7% (7.1-10.6)	2.8% (2-3.8)	-63.0	
Ghana	26466 (22373-31510)	9068 (6363-12566)	-65.7	99 (84-117)	21 (15-30)	-78.3	6.2% (4.6-8.2)	1.8% (1.1-2.9)	-71.0	
Guinea	25545 (20030-32341)	12272 (9506-15567)	-52.0	208 (163-265)	57 (44-72)	-72.7	12.1% (9.3-15.5)	3.8% (2.7-5.3)	-68.9	
Guinea-Bissau	4484 (3625-5317)	2994 (2256-3833)	-33.2	209 (167-252)	93 (70-121)	-55.3	12.4% (6.2-20.2)	6.2% (2.7-10.7)	-49.7	
Liberia	9683 (7803-11823)	3373 (2470-4328)	-65.2	217 (175-264)	46 (34-59)	-78.9	11.2% (8.3-14.3)	3.5% (2.4-4.9)	-68.4	
Mali	33162 (24637-41995)	21592 (15683-29071)	-34.9	188 (140-239)	63 (46-83)	-66.4	9.7% (7.2-12.5)	4.7% (3.3-6.7)	-51.6	
Mauritania	4133 (3350-5118)	1974 (1521-2444)	-52.2	110 (91-135)	31 (24-38)	-72.1	7.2% (5.6-9.1)	3.4% (2.3-4.7)	-52.9	
Niger	67260 (53464-79176)	40408 (31439-51245)	-39.9	379 (299-449)	92 (71-116)	-75.8	19.6% (15.1-23.7)	6.8% (4.6-9.7)	-65.1	

Nigeria	329465 (260065-399822)	195525 (151492-247662)	-40.7	173 (137-211)	57 (44-71)	-67.3	11% (7.9-14.6)	5.4% (3.8-7.2)	-51.1
Sao Tome and Principe	220 (188-258)	69 (50-90)	-68.7	100 (85-117)	22 (16-28)	-78.4	8% (6.7-9.6)	1.9% (1.2-2.9)	-75.9
Senegal	18074 (14725-21505)	9294 (7293-11421)	-48.6	121 (99-144)	36 (28-45)	-70.6	7.9% (6.3-9.8)	2.9% (1.9-4.3)	-63.1
Sierra Leone	15608 (11693-19954)	7069 (5086-9344)	-54.7	196 (147-252)	64 (47-85)	-67.1	11.8% (8.3-15.7)	4% (2.7-5.7)	-65.9
Togo	7660 (6198-9359)	4255 (3246-5427)	-44.5	102 (83-125)	34 (26-44)	-66.4	6.7% (5.3-8.5)	2.5% (1.7-3.6)	-62.8

UI: uncertainty interval; rates and proportions are age-standardized. Proportion was calculated out of all-cause of death.

Supplementary Table 7: Number, rate, proportion and percentage change of deaths associated with high body mass index in sub-Saharan countries between 1990 and 2015

	Number (95% UI)			Rate (95% UI) p	per 100 000		Proportion (%) (95% UI)			
Countries	1990	2015	Change (%)	1990	2015	Change %	1990	2015	Change % (%)	
Sub-Saharan Africa	109407 (71767-152893)	266768 (189051-353096)	143.8	59 (39-83)	73 (51-97)	23.3	3.2% (2.1-4.6)	5.3% (3.8-7)	63.3	
Central Sub-Saharan Africa	13683 (7705-21628)	29013 (15050-51043)	112.0	67 (38-105)	68 (37-116)	1.6	3.5% (2.1-5)	4.3% (2.6-6.5)	24.6	
Angola	2293 (491-5650)	10024 (2998-27549)	337.1	59 (14-138)	122 (40-304)	108.7	2.4% (1.1-4.1)	7.2% (4.6-10.5)	195.1	
Central African Republic	802 (392-1348)	2537 (961-4857)	216.3	54 (26-91)	108 (42-204)	99.7	2.2% (1.1-3.6)	4.4% (2.5-6.6)	95.9	
Congo	1273 (738-1924)	2491 (1253-4391)	95.7	122 (71-183)	126 (66-218)	3.5	5.6% (3.5-8)	8% (5.4-11)	44.1	
Democratic Republic of the Congo	8449 (4411-13654)	12293 (5559-21515)	45.5	63 (33-102)	42 (19-75)	-32.9	3.6% (2.2-5.2)	2.8% (1.5-4.4)	-21.9	
Equatorial Guinea	171 (44-386)	456 (170-1360)	166.3	90 (25-197)	118 (48-323)	31.3	3.6% (2-5.7)	7.9% (5.1-11.5)	117.3	
Gabon	695 (456-1001)	1211 (702-1983)	74.4	115 (74-165)	130 (76-211)	13.2	6.8% (4.6-9.3)	10.5% (7.7-13.8)	55.0	
Eastern Sub-Saharan Africa	32585 (18538-49585)	76417 (46080-111311)	134.5	46 (26-72)	54 (33-80)	16.8	2.2% (1.2-3.4)	3.9% (2.4-5.5)	75.1	
Burundi	1436 (587-2582)	905 (306-1916)	-37.0	62 (25-114)	22 (8-46)	-64.2	2.2% (1-3.7)	1.5% (0.6-2.7)	-31.6	
Comoros	100 (40-186)	164 (81-275)	62.7	59 (23-110)	48 (23-83)	-17.9	3.4% (1.7-5.3)	4.3% (2.5-6.4)	28.6	
Djibouti	84 (34-158)	468 (211-930)	454.2	37 (15-71)	101 (48-193)	171.0	2.7% (1.3-4.5)	7.5% (5-10.4)	182.4	
Eritrea	573 (322-888)	751 (289-1604)	31.1	57 (31-91)	39 (15-81)	-31.7	2.6% (1.5-4)	2.3% (1.2-3.8)	-11.0	
Ethiopia	6637 (2795-11717)	17938 (8226-32920)	170.3	33 (14-58)	45 (21-81)	38.7	1.2% (0.5-2.2)	3.6% (2-5.6)	197.5	
Kenya	2278 (1315-3399)	7541 (5129-10329)	231.1	29 (16-44)	44 (29-62)	53.4	2.1% (1.2-3.1)	3.6% (2.4-5)	75.0	
Madagascar	2565 (1395-3971)	4956 (2176-9416)	93.2	53 (29-83)	51 (23-95)	-5.1	3.1% (1.6-4.8)	3.6% (1.9-5.7)	16.3	
Malawi	948 (399-1656)	2896 (1366-5220)	205.4	27 (11-49)	47 (22-84)	74.5	1.3% (0.6-2.4)	3.3% (1.8-5)	146.3	
Mozambique	2128 (1131-3415)	9154 (4072-17273)	330.2	40 (21-65)	83 (38-156)	106.9	2.2% (1.2-3.5)	4.8% (2.8-7.3)	117.3	
Rwanda	1147 (509-2028)	1760 (781-3432)	53.5	49 (21-89)	41 (18-79)	-15.6	2.2% (1-3.8)	3.5% (1.8-5.7)	60.1	
Somalia	2194 (525-5275)	3059 (723-7431)	39.4	79 (20-183)	74 (19-169)	-5.7	3.3% (1.7-5.3)	3.5% (1.9-5.4)	5.4	
South Sudan	1261 (323-3327)	3681 (1022-10176)	191.9	51 (14-127)	70 (21-189)	37.8	2.5% (1.2-4.2)	3.7% (2.1-5.8)	51.0	
Tanzania	6348 (4099-9125)	10505 (4567-20840)	65.5	70 (44-101)	52 (23-101)	-25.3	4.1% (2.7-5.8)	4% (2.3-6.1)	-2.7	
Uganda	2927 (1441-4942)	6872 (2917-12716)	134.8	52 (26-88)	59 (25-110)	13.0	2.5% (1.3-4.1)	4% (2.1-6.2)	58.0	
Zambia	1942 (1168-2876)	5709 (3188-9140)	194.0	73 (43-108)	104 (59-166)	41.1	3.8% (2.4-5.4)	5.5% (3.6-7.7)	43.5	
Southern Sub-Saharan Africa	35031 (27735-42711)	67889 (54186-81717)	93.8	146 (114-180)	157 (124-190)	8.0	9.9% (7.8-12.1)	10.4% (8.3-12.4)	4.3	
Botswana	458 (146-1165)	1782 (604-5571)	288.7	95 (32-226)	161 (59-460)	70.0	6.1% (4-8.7)	8.7% (5.6-13.2)	43.0	
Lesotho	644 (390-966)	2028 (1047-3644)	214.9	86 (52-129)	209 (109-371)	142.4	5.7% (3.6-7.9)	7.6% (5.1-11.1)	34.8	
Namibia	412 (262-597)	804 (441-1438)	95.4	73 (46-106)	73 (41-128)	0.2	4.7% (3-6.8)	5.7% (3.7-8.2)	20.7	
South Africa	30913 (24715-37418)	57640 (45522-69419)	86.5	167 (132-204)	169 (132-205)	0.9	11.3% (9.1-13.6)	11.6% (9.4-13.7)	2.3	
Swaziland	531 (340-749)	1338 (617-2417)	151.9	189 (124-263)	249 (120-438)	31.9	11.7% (9.1-14.4)	10.8% (7.5-14.9)	-7.8	
Zimbabwe	2072 (1256-2976)	4295 (2164-7429)	107.3	55 (33-79)	78 (39-133)	42.0	4% (2.6-5.7)	4.8% (3-6.8)	19.4	
Western Sub-Saharan Africa	28107 (15240-44439)	93450 (63598-130648)	232.5	34 (18-55)	64 (42-89)	84.4	2.1% (1.1-3.3)	5% (3.5-6.7)	140.7	
Benin	709 (386-1093)	4499 (2094-8098)	534.2	34 (18-54)	105 (50-180)	206.3	2.2% (1.2-3.4)	7.4% (5.2-9.8)	234.2	
Burkina Faso	592 (231-1103)	3615 (1771-6645)	510.4	17 (7-32)	62 (30-111)	263.8	0.9% (0.4-1.6)	4.4% (2.7-6.4)	377.2	
Cameroon	3348 (2046-4804)	10077 (5169-18188)	201.0	64 (39-94)	111 (57-195)	72.0	4.3% (2.7-6)	7.2% (4.8-10.1)	68.2	
Cape Verde	67 (40-99)	184 (120-258)	174.9	40 (24-60)	62 (41-87)	55.2	4% (2.4-6)	7.7% (5.2-10.5)	90.5	
Chad	583 (290-959)	3948 (1643-7413)	577.6	25 (12-41)	85 (36-158)	245.2	1.5% (0.8-2.4)	5.2% (3.3-7.5)	254.4	
Cote d'Ivoire	1690 (850-2809)	6515 (3048-11682)	285.6	32 (15-54)	65 (31-115)	101.8	1.9% (0.9-3.1)	4.1% (2.4-6.1)	122.2	
The Gambia	166 (74-317)	451 (248-733)	171.4	51 (23-96)	68 (38-108)	34.2	3.7% (2.1-5.7)	6.4% (4.2-8.9)	72.7	
Ghana	2110 (911-3985)	11044 (5179-20695)	423.3	35 (15-66)	88 (42-161)	151.9	2.2% (1-3.8)	7% (4.5-10.1)	226.5	
Guinea	881 (482-1387)	3308 (1610-5798)	275.3	32 (17-50)	62 (30-107)	95.6	1.8% (1-2.8)	4% (2.4-6)	116.3	
Guinea-Bissau	164 (40-477)	738 (187-2222)	351.2	31 (8-89)	87 (24-241)	177.2	1.6% (0.7-3)	4.6% (2.4-7.6)	189.9	
Liberia	711 (445-1048)	1677 (941-2776)	135.7	84 (52-123)	93 (53-151)	10.9	4.3% (2.9-5.8)	7% (4.9-9.3)	63.8	
Mali	1280 (619-2158)	5070 (2690-8399)	296.0	33 (16-57)	87 (47-144)	163.9	1.7% (0.8-2.9)	6.3% (4.2-8.8)	270.8	
Mauritania	548 (364-785)	1384 (746-2312)	152.4	66 (42-95)	83 (45-136)	26.2	4.3% (2.8-6)	8.8% (6.3-11.6)	106.4	

Niger	778 (389-1280)	3274 (1605-5710)	320.7	28 (13-46)	46 (24-82)	68.9	1.4% (0.7-2.3)	3.4% (1.9-5.1)	139.0
Nigeria	12242 (5277-22839)	29972 (16886-54006)	144.8	31 (14-58)	45 (26-80)	44.7	1.9% (0.9-3.3)	4.2% (2.7-6.1)	116.1
Sao Tome and Principe	27 (16-40)	65 (32-110)	142.5	48 (29-72)	84 (42-142)	74.4	3.9% (2.4-5.5)	7.2% (4.9-10)	86.8
Senegal	1253 (731-1880)	3966 (1728-7440)	216.6	42 (25-64)	70 (31-127)	64.8	2.8% (1.6-4.1)	5.5% (3.3-7.9)	96.8
Sierra Leone	527 (254-926)	1972 (1051-3328)	274.3	29 (14-52)	78 (42-130)	164.7	1.7% (0.9-2.8)	4.7% (3.1-6.9)	171.8
Togo	429 (208-721)	1687 (769-2959)	293.0	29 (14-48)	59 (28-103)	106.1	1.9% (0.9-3.1)	4.1% (2.4-6.1)	120.9

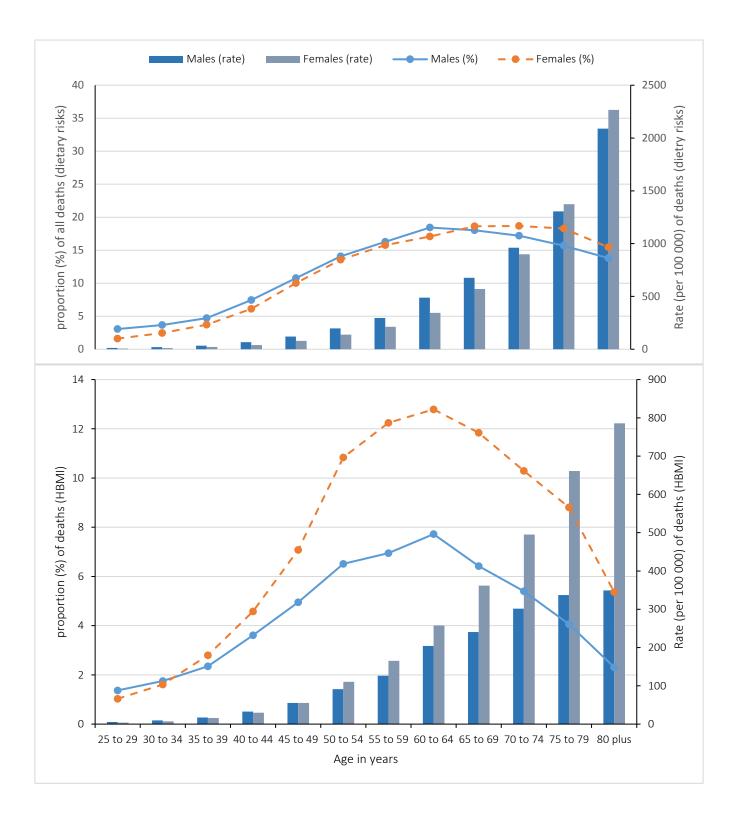
UI: uncertainty interval; rates and proportions are age-standardized. Proportion was calculated out of all-cause of death.

Supplementary Table 8: Number, rate, proportion and percentage change of deaths associated with dietary risks of non-communicable diseases in sub-Saharan countries between 1990 and 2015

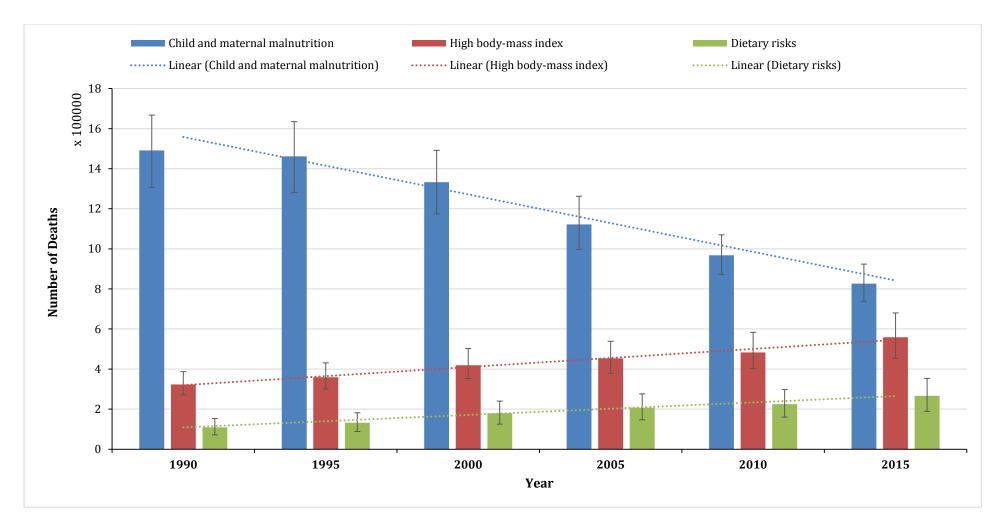
	Number (95% UI)			Rate (95% UI) per 100 000			Proportion % (%)% (95% UI)		
Countries	1990	2015	Change (%)	1990	2015	Change (%)	1990	2015	Change % (%)
Sub-Saharan Africa	322932 (271234-387047)	558578 (453433-680197)	73.0	191 (158-231)	169 (138-208)	-11.5	10.9% (9.2-13.1)	12.8% (10.7-15.3)	17.2
Central Sub-Saharan Africa	37715 (25752-53853)	73490 (45379-107237)	94.9	206 (141-292)	194 (121-276)	-5.8	7.9% (6.4-9.7)	11% (8.8-13.5)	15.9
Angola	9504 (2689-20138)	17292 (6180-44883)	81.9	267 (87-512)	235 (95-527)	-11.9	10% (8.3-12.2)	14% (11.4-17.2)	25.0
Central African Republic	3571 (2694-4628)	6174 (2992-10241)	72.9	271 (204-347)	285 (146-457)	5.1	10.7% (8.1-13.6)	12.4% (9.1-15.7)	4.6
Congo	3097 (2286-4031)	4378 (2516-6731)	41.3	317 (239-408)	239 (142-356)	-24.6	11.4% (9.4-14)	13% (10.4-16.1)	5.5
Democratic Republic of the Congo	19735 (11944-29835)	43431 (24585-65158)	120.1	170 (101-256)	172 (99-256)	1.5	14.4% (11.8-17.8)	15% (12.2-18.5)	18.1
Equatorial Guinea	548 (165-1056)	678 (311-1877)	23.7	306 (102-556)	195 (97-475)	-36.2	11.4% (9.1-14.5)	12.8% (10.3-16.2)	6.3
Gabon	1259 (946-1628)	1537 (957-2422)	22.1	221 (166-285)	169 (106-264)	-23.3	11.5% (9.2-14.3)	14.4% (11.5-17.7)	4.9
Eastern Sub-Saharan Africa	135083 (111972-166003)	222631 (171455-293795)	64.8	213 (176-265)	173 (132-226)	-19.1	12.5% (9.1-15.9)	13.3% (10.4-16.9)	21.1
Burundi	6952 (4244-10350)	6074 (3319-9878)	-12.6	341 (215-485)	174 (100-276)	-49.0	8.9% (7.5-10.6)	10.3% (8.2-12.6)	-3.0
Comoros	346 (200-561)	402 (248-616)	16.3	235 (141-364)	149 (96-224)	-36.6	14.5% (12.2-17.3)	15.3% (12.5-18.4)	-0.7
Djibouti	372 (220-571)	844 (424-1546)	126.6	200 (125-297)	199 (107-340)	-0.2	10.2% (8.5-12.5)	12.4% (10.2-15.1)	4.0
Eritrea	1979 (1503-2610)	3398 (1569-6076)	71.7	246 (188-327)	210 (105-352)	-14.5	10.8% (8.8-13.3)	14.5% (11.7-18)	12.5
Ethiopia	52633 (41517-66930)	66269 (39367-106512)	25.9	290 (231-364)	182 (112-282)	-37.1	13.1% (10.7-16.1)	13.7% (11-17)	35.1
Kenya	5955 (4821-7297)	12712 (10244-15503)	113.5	84 (69-104)	82 (66-99)	-3.5	12.8% (8.9-16.7)	12.5% (9.7-16)	10.6
Madagascar	10371 (8115-13208)	20030 (11125-32810)	93.1	248 (194-321)	228 (135-363)	-8.0	6.9% (5.5-8.4)	8.3% (6.3-10.2)	13.2
Malawi	4099 (3013-5371)	6882 (4042-11130)	67.9	138 (101-179)	117 (71-186)	-14.9	9.3% (7.8-11.2)	12% (9.4-14.9)	19.9
Mozambique	7763 (5634-10432)	20169 (10417-33120)	159.8	162 (117-214)	197 (106-315)	21.7	16.1% (12.4-19.8)	14.5% (11.3-18.5)	28.5
Rwanda	4483 (3148-6266)	4592 (2588-7555)	2.4	216 (155-304)	119 (69-194)	-44.9	12% (10.1-14.3)	15.1% (12.5-18.5)	5.3
Somalia	6012 (1809-12892)	8130 (2500-18248)	35.2	245 (84-482)	221 (78-452)	-9.8	15.6% (13.3-18.6)	13.9% (11.8-16.5)	0.6
South Sudan	3989 (1293-9417)	8761 (3076-21791)	119.6	196 (73-405)	183 (71-415)	-6.5	14.9% (12.6-17.9)	13.4% (11.3-15.9)	2.3
Tanzania	18254 (13902-23137)	37083 (20930-63255)	103.2	233 (178-297)	206 (121-337)	-11.7	12.1% (9.9-14.4)	14.8% (12.5-17.6)	16.4
Uganda	7462 (4537-10655)	14738 (7142-23730)	97.5	139 (88-198)	134 (69-213)	-3.7	9.2% (7.6-11)	11.4% (9.6-13.7)	35.5
Zambia	4342 (3155-5704)	12370 (7798-17995)	184.9	175 (128-231)	239 (154-344)	36.8	11.1% (9.1-13.8)	10.7% (8.4-13.3)	39.5
Southern Sub-Saharan Africa	50079 (42299-59924)	85044 (70412-102766)	69.8	219 (184-263)	204 (169-246)	-7.0	10.4% (8.7-12.6)	12.2% (10.2-14.7)	-10.3
Botswana	927 (348-2153)	2443 (926-7229)	163.5	224 (95-468)	244 (104-633)	9.0	7.4% (6.2-9.1)	12.3% (10.2-14.8)	-8.2
Lesotho	1335 (850-1859)	3173 (1801-5102)	137.7	195 (127-270)	340 (198-534)	74.3	8.2% (6.5-10.1)	12.2% (10.1-14.8)	-2.7
Namibia	1238 (910-1581)	1739 (1032-2920)	40.4	246 (183-315)	183 (114-296)	-25.6	7.3% (5.9-8.9)	10.8% (8.6-13.1)	-10.1
South Africa	41079 (34820-49032)	67352 (56143-81294)	64.0	231 (196-276)	203 (169-245)	-12.2	9.6% (6.8-12.9)	9.9% (7.2-13.2)	-11.1
Swaziland	594 (397-836)	1492 (692-2544)	151.3	227 (155-316)	296 (150-482)	30.5	13.7% (11-16.6)	15.9% (12.7-19.3)	-8.3
Zimbabwe	4905 (3579-6441)	8845 (5039-14031)	80.3	151 (113-196)	172 (100-267)	14.0	11.1% (9.1-13.8)	10.7% (8.4-13.3)	-3.7
Western Sub-Saharan Africa	100056 (78235-127200)	177413 (140988-225225)	77.3	151 (119-191)	144 (115-183)	-4.5	9.1% (7.2-11.5)	12.7% (10.5-15.5)	24.9
Benin	2691 (2120-3418)	7317 (3722-12273)	171.9	154 (123-195)	197 (108-316)	27.3	14.8% (11.3-18.6)	13.6% (9.8-18)	39.1
Burkina Faso	4154 (3252-5295)	8546 (4920-13830)	105.7	137 (108-175)	172 (104-264)	25.2	11.8% (9.1-15.4)	11.5% (8.7-14.8)	64.7
Cameroon	6128 (4873-7639)	13167 (7520-22068)	114.9	135 (108-167)	159 (95-255)	17.4	15% (12.4-18.3)	17.8% (15-21.2)	15.6
Cape Verde	235 (193-288)	419 (329-538)	78.1	150 (123-184)	144 (113-185)	-3.7	11.1% (8.9-13.8)	11.6% (9-14.7)	18.2
Chad	2657 (2055-3371)	7136 (3540-12121)	168.5	132 (103-167)	178 (95-289)	35.1	13.5% (10.9-17)	13.4% (10.6-17.3)	39.7
Cote d'Ivoire	8249 (6171-10918)	16341 (9143-27124)	98.1	199 (152-261)	205 (123-324)	2.9	9.7% (6.6-12.8)	11.5% (7.8-15.1)	13.9
The Gambia	432 (244-724)	836 (546-1192)	93.4	165 (98-261)	158 (108-219)	-4.6	11.5% (9.6-13.7)	13.5% (11.3-16.3)	22.4
Ghana	8671 (5646-12714)	19219 (10214-32247)	121.6	186 (127-263)	179 (102-290)	-3.8	8.6% (7.1-10.4)	11.7% (9.5-14.4)	25.1
Guinea	3254 (2568-4096)	8108 (4999-12159)	149.2	147 (118-185)	180 (116-265)	22.4	10.3% (7.7-13.3)	12.8% (9.5-16.7)	36.3
Guinea-Bissau	847 (315-1969)	1663 (573-4643)	96.4	199 (83-427)	234 (92-566)	18.1	6% (5.1-7.2)	6.7% (5.6-7.9)	24.4
Liberia	1110 (772-1556)	2447 (1500-3766)	120.5	162 (116-222)	162 (104-241)	0.3	14.2% (11.6-18.1)	16.1% (12.6-20.7)	48.7
Mali	5837 (4601-7198)	8090 (4809-12758)	38.6	180 (143-220)	164 (102-247)	-8.7	12.9% (11-15.3)	15.2% (12.7-18.3)	28.7
Mauritania	1360 (1084-1695)	2054 (1181-3151)	51.0	199 (159-248)	143 (88-213)	-28.1	8.9% (6.6-11.5)	11.4% (8.6-14.7)	17.8

Niger	3135 (2407-4029)	8701 (5237-13502)	177.6	142 (109-181)	149 (96-221)	4.8	8.7% (6.7-10.9)	9.6% (7.4-12.3)	47.6
Nigeria	43196 (27785-64811)	55456 (36507-90013)	28.4	139 (92-205)	103 (70-161)	-25.6	9.6% (7.2-13.2)	10.2% (7.2-13.9)	11.1
Sao Tome and Principe	77 (62-95)	127 (70-199)	64.1	149 (121-184)	175 (99-273)	17.0	10.2% (8.6-12.2)	14.5% (12-17.4)	25.8
Senegal	3837 (2998-4894)	9146 (4897-15941)	138.3	156 (122-198)	185 (104-308)	18.0	8.8% (6.9-10.8)	12.1% (10-14.8)	41.8
Sierra Leone	2000 (1272-2994)	4047 (2461-6225)	102.4	147 (99-210)	199 (126-295)	35.1	10.5% (7.2-13.8)	10.6% (7.9-13.3)	38.5
Togo	2182 (1687-2778)	4586 (2767-6985)	110.1	176 (137-224)	192 (123-282)	9.3	6.7% (4.8-9)	9% (6.8-11.8)	17.9

UI: uncertainty interval; rates and proportions are age-standardized. Proportion was calculated out of all-cause of death.



Supplementary Figure 1: Proportion (of all-cause) and rate of deaths associated with high-body mass index and dietary risks of non-communicable diseases in sub-Saharan countries by sex and age in 2015 (sub-Sahara Africa)



Supplementary Figure 2: Number of deaths associated with Child and maternal undernutrition, high body mass index and dietary risks of noncommunicable diseases in sub-Saharan countries between 1990 and 2015