



# Table Tennis Rules

The department of University Recreation, Intramural Sports assumes no responsibility for injuries; however basic, first aid will be available.

Regulations published in the Intramural Sports Handbook will be the governing policies for all intramural sports. Participants are responsible for possessing a thorough understanding of these regulations and their implications.

Table Tennis is a self-officiated sport. The Intramural Sports Supervisors will have the final decision on any and all discrepancies.

A review of Table Tennis rules, along with the Intramural Sports modifications are as follows:

## **ELIGIBILITY AND GUIDELINES**

All participants must meet the eligibility guidelines as outlined in the Intramural Sports Participants Handbook.

## **PLAYERS AND ROSTERS**

1. The game shall be played between two (2) teams of one (1) each for singles matches and teams of two (2) for doubles.
2. If, due to injuries, a player or doubles partner can no longer participate, the injured player or team will forfeit the game. It is up to the Supervisor to make any final decisions, if need be.
3. All students, faculty or staff can participate provided they meet the eligibility requirements outlined in the Intramural Sports Handbook. Players may play for one (1) single gender singles or doubles team and one (1) coed team.
4. Roster is limited to one (1) for singles and two (2) for doubles.

## **UNIFORMS AND EQUIPMENT**

1. All teams are not required to furnish their own jerseys.
  - a. All jerseys must be of the same color.
  - b. All jerseys must have numbers on the back.
    - i. Numbers 0-5 are preferred.
    - ii. No three digit numbers
    - iii. Numbers may NOT be taped.
      1. Numbers that are painted, sharpie, marker, etc. are acceptable.

2. If a participant is bleeding or has blood on their jersey they will be removed from the game until the bleeding is under control. Prior to any participants re-entering a game the bleeding must be stopped, cleaned and any cuts or lacerations must be covered. Participants will not be allowed to participate in any activity until the above conditions are met.
3. **Jewelry:** The following jewelry and hair piece types are not allowed: exposed ear, nose, or body piercing(s) that are dangling in nature, watches, fitness trackers, rings, claw clips, or necklaces that cannot be tucked under the participants shirt. Individuals will be allowed to tape over any piercing.
  - a. Rubber, cloth, or elastic bands may be used to control hair. Hard items including, but not limited to, beads, barrettes, bobby pins, and other adornments in the hair that are securely fastened to the head and do not present an increased risk to the player, teammates, or opponents, are allowed.
  - b. Medical Bracelets and religious medallions may be worn during intramural sports
4. **Shoes:** Athletic style shoes are preferred. Cleats are permitted for Intramural Sports Flag Football. NO metal cleats are permitted.
5. **Supports, Braces, & Pads:** No casts/splints will be allowed under any circumstances. No pads or braces will be allowed above the waist. Players who wear a knee brace with exposed metal or metal hinges are required to cover it. Kneepads of a soft pliable nature will be allowed below the waist. Any player wearing illegal or dangerous equipment shall not be permitted to play. All equipment shall be subject to the approval of the Intramural Sports Staff and their decisions shall be final.

## **RULES**

1. Players will act as their own referees. The UREC Sport Supervisor will make the final interpretation of all USA Table Tennis rules.
2. Each participant must provide his or her own official paddle and table tennis balls. The equipment is available to check out at the Service Center for FREE.
3. Matches are best two (2) out of three (3) games. The first player/team to reach 15 points wins a game. The third game is first to 11 points.
4. The participants will determine whom serves first in any agreed upon way.
  - a. Reverse the order for the second game. First serve for the third game will be the player or team with the highest point total in games 1 and 2. There will be a 30-minute time limit on matches.
5. No substitution of any players in singles or doubles once they have played in the tournament.

USA Table Tennis Rules: <https://www.teamusa.org/usa-table-tennis/rules>

## **PARTICIPANT CONDUCT POLICY**

Intramural Sports prioritizes sportsmanship by all teams, spectators, and staff. The captain is responsible for the behavior of all its team members and representatives. Everyone is expected to conduct themselves in accordance with the The Code of Student Life, University conduct standards, and policies set forth by University Recreation. Actions by team members and representatives during intramural activities that extend beyond the realm of decency will not be tolerated. Individuals violating will be suspended until meeting with the Assistant Director and/or Coordinator of Club and Intramural Sports. We will be using a “2, 3, 4” method of determining eligibility for all leagues and major tournaments. The following will be in effect for the activity’s season:

- a. The accumulation of TWO (2) unsporting conduct fouls in a game will result in the ejection of the individual from the game, and procedures outlined in the “Ejections” section.
- b. The accumulation of THREE (3) total unsporting conducts fouls during an activity’s season will result in the dismissal of the individual from the activity for the remainder of its season. The accumulation of Three (3) unsporting conduct by a team will result in in the forfeiture of the contest
- c. The accumulation of FOUR (4) total unsporting conduct fouls by the team’s individual participants during an activity’s season will result in the dismissal of the team from the activity for the remainder of the season.

\*Unsporting totals rollover to playoffs

## **PARTICIPANT CONDUCT FACTS**

1. Any flagrant attempt to cause physical harm to another participant and/or staff member will result in immediate ejection and suspension from all UREC facilities and programming.
2. Any Participant Conduct will be reviewed by the Intramural Sports professional staff.