



## **SCOTTISH POLICE STATION INTERVIEW TRAINING (SUPRALAT inspired)**

### **Reflective Entry**

Here we ask you to reflect on past experiences of interviews. We would ask you to consider one, or more, of the following points:

- an interview which you thought went well and what was good about it
- an interview which you thought went badly and what was wrong with it
- an interview where you intervened in a way that was effective
- an interview where you did not intervene and questioned afterwards whether that was correct

This reflective piece is primarily for your own benefit, but you will have an opportunity to discuss your experiences in the face to face sessions if you so wish.