



**Down's Syndrome
Association**

A Registered Charity No. 1061474

Living the Way You Want Series



What is Supported Living?

Easy Read

A Down's Syndrome Association Publication

About this leaflet



→ This leaflet is made by the Down's Syndrome Association.



→ It is in Easy Read.

Easy Read means easy words with pictures to help everyone understand.



→ We ask **Having a Voice** groups to help us make Easy Read information.



→ **Having a Voice** groups are groups of people with Down's syndrome. They help people have their say.



→ **Having a Voice** groups make sure the Easy Read information is easy to understand.



→ You can find out more about **Having a Voice** on the Down's Syndrome Association website.

What is in this leaflet?



→ This leaflet is about supported living.

What you can learn

You can learn about:



→ • what supported living is



→ • questions to think about

What is supported living?



→ You might be thinking about moving out of your family home.



→ One thing you could choose is **supported living**.

Supported living means moving out of your family home and living in your own home.



→ You will get help to live in your home.

People called support workers can help you live in your home.

Questions to think about



→ • What is good about moving out?



→ • What is good about living with family?



→ • Do you want to move out?

Thank you



→ Thank you for reading this leaflet!
We hope this leaflet has helped you.

Tell us what you think



→ We want to know what you think about this leaflet.

Email what you think to:
info@downs-syndrome.org.uk

Down's Syndrome Association



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The Down's Syndrome Association provides information and support on all aspects of living with Down's syndrome. We also work to champion the rights of people with Down's syndrome, by campaigning for change and challenging discrimination. A wide range of Down's Syndrome Association publications can be downloaded free of charge from our website.

Contact us

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www.dsactive.org



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