

How I see the world

Reduced visual acuity

April 2023

Visual acuity (clearness of vision) is poorer in all people who have Down's syndrome.

Over half of people who have Down's syndrome need to wear glasses but EVERYONE who has Down's syndrome has poor visual acuity.

Visual acuity is still poor even when a person who has Down's Syndrome is wearing correctly fitted glasses for either long or short sight.

How people who have Down's syndrome see the world:



Clear visual acuity



Visual acuity in a person who has Down's syndrome

Brighton Beach Huts by Victoria Campos Davis, My Perspective 2012 winner

What can we do to help?

- Appreciate that people who have Down's syndrome see the world differently – their world lacks fine details and sharp contrasts.
- In order to compensate for the poorer visual acuity we can make the world around them big and bold.
- Big and bold printed materials and images help people who have Down's syndrome to learn visually.
- Spread the word, tell friends, family and all professionals from school, college, work and social clubs.
- Be aware of poorer visual acuity and make simple changes.

For more information please visit our [website](#).



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Think BIG, Think BOLD