



# UK Biobank data access and how apply to use the resource



Enabling scientific discoveries that improve human health

Lauren Carson  
Head of Research Development  
[Lauren.Carson@ukbiobank.ac.uk](mailto:Lauren.Carson@ukbiobank.ac.uk)

# What is UK Biobank?



UK Biobank is a large-scale **biomedical database** and research **resource**, containing in-depth genetic and health information from **half a million** UK participants. The database is **regularly augmented** with additional data and is **globally accessible** to approved researchers undertaking vital research into the most **common and life-threatening diseases**. It is a major contributor to the **advancement of modern medicine** and treatment and has enabled several scientific discoveries that **improve human health**.

Non-profit charity,  
established by:



Ongoing core funding and additional  
funding from:

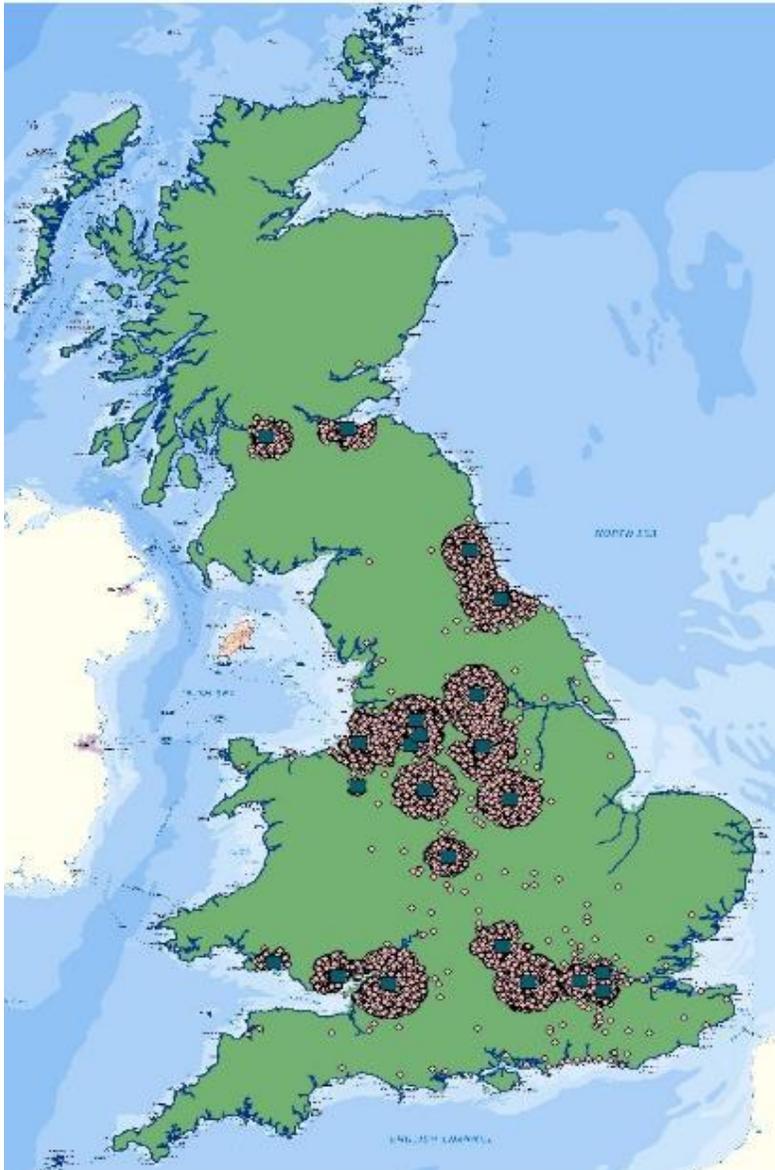


Link to 'The ground breaking UK Biobank Resource' video:  
<https://www.youtube.com/watch?v=NGdegXRx8U0&t=152s>

Link to 'What is UK Biobank?' video:  
<https://www.youtube.com/watch?v=66mol1ZHMYs>

Link to 'Celebrating 20 years of UK Biobank':  
<https://www.ukbiobank.ac.uk/learn-more-about-uk-biobank/our-impact>

# Participant recruitment



- 500,000 people aged 40-69 in 2006-10 from England (89%), Scotland (7%) & Wales (4%)
- 22 assessment centres located around the UK in order to enhance the cohort's diversity (e.g. age, gender, ethnicity, socio-economic status, geographic location, urban/rural, etc)
- No selection based on disease (i.e prospective)
- Comprehensive baseline data collection
  - Lifestyle and environmental factors
  - Personal and family medical history
  - Cognitive function, hearing & vision tests
  - Physical measures (e.g. BMI, BP, FEV/FVC)
  - Biological samples (blood, urine, saliva)
- Consent to access all medical and other health-related records, and to re-contact participants for further assessments

**Unique combination of BREADTH and DEPTH (and, now, DURATION)**

# Value increases over time



- More data and linkage is gathered from participants every year
- As participants age, more incident cases of common disease

Condition	Year of diagnosis		
	Observed	Predicted	
	2020	2027	2032
Diabetes	31,000	54,000	70,000
Myocardial infarction	15,000	30,000	46,000
Stroke	12,000	25,000	37,000
COPD	25,000	47,000	65,000
Depression	25,000	39,000	47,000
Breast cancer	9,000	14,000	18,000
Colorectal cancer	5,000	8,000	11,000
Lung cancer	4,000	6,000	8,000
Prostate cancer	10,000	16,000	20,000
Hip fracture	5,000	13,000	22,000
Rheumatoid arthritis	4,000	6,000	8,000
Parkinson's disease	4,000	10,000	14,000
Alzheimer's disease	5,000	17,000	37,000

Data type	Period of complete follow-up
Death	2006 – 2021
Cancer	1957 – 2019
Hospital admissions	1997 – 2021
Primary care	1938 – 2017
for COVID research	1938 – 2021
SARS-CoV-2 antigen tests	2020 – 2021

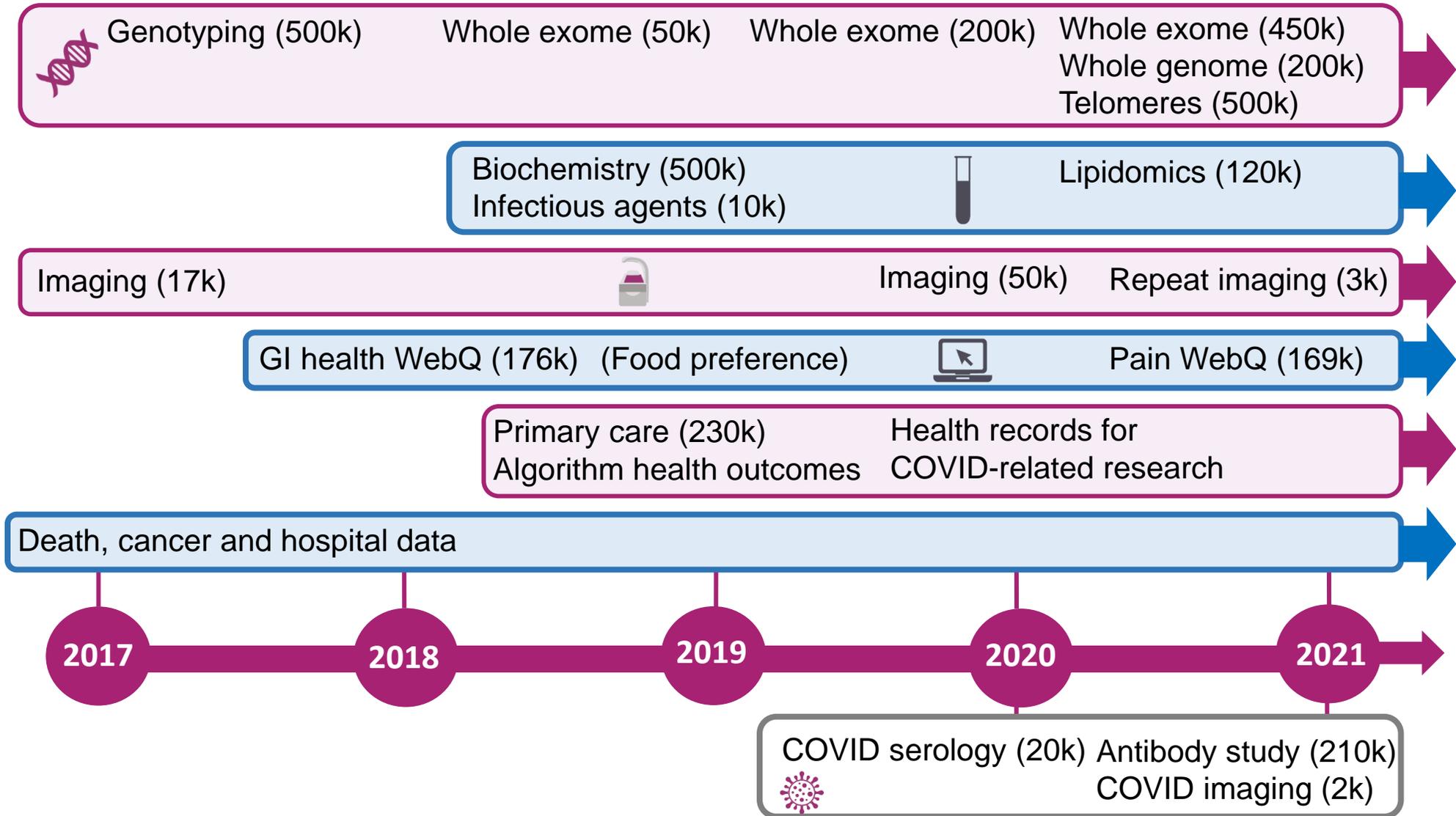
Web-based questionnaires	Number of participants	Year of data collection
Cognitive function	121,000	2015
Mental health	158,000	2016
Gastrointestinal health	176,000	2017
Pain	169,000	2018

- Potential to expand linkage further as more records become digitised

# Data releases and enhancements over the last 5 years



## Data releases



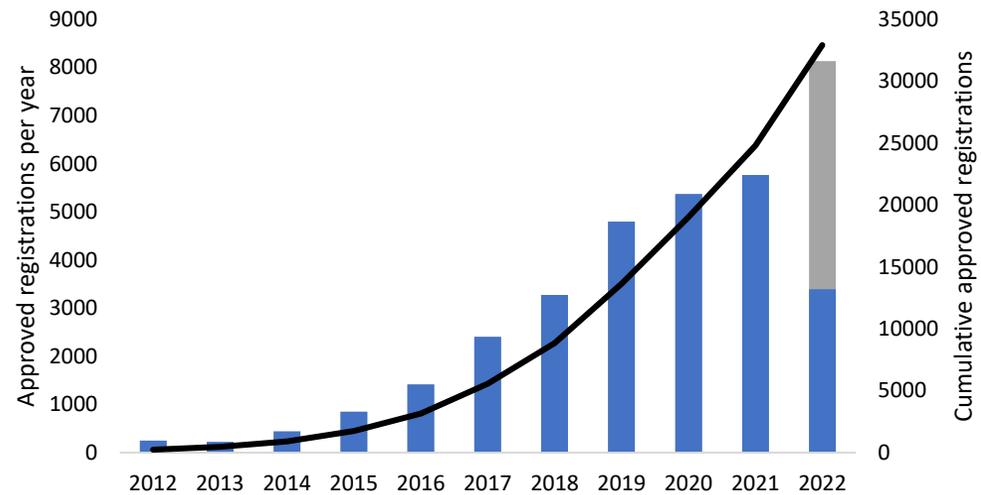


- Assays have started across the –omics and demand expected to continue over coming years as pilots turn to whole cohort studies with increased momentum from industry partners
- Increased interest in longitudinal samples
- Expect increase in use of complementary –omics platforms alongside untargeted approaches for discovery

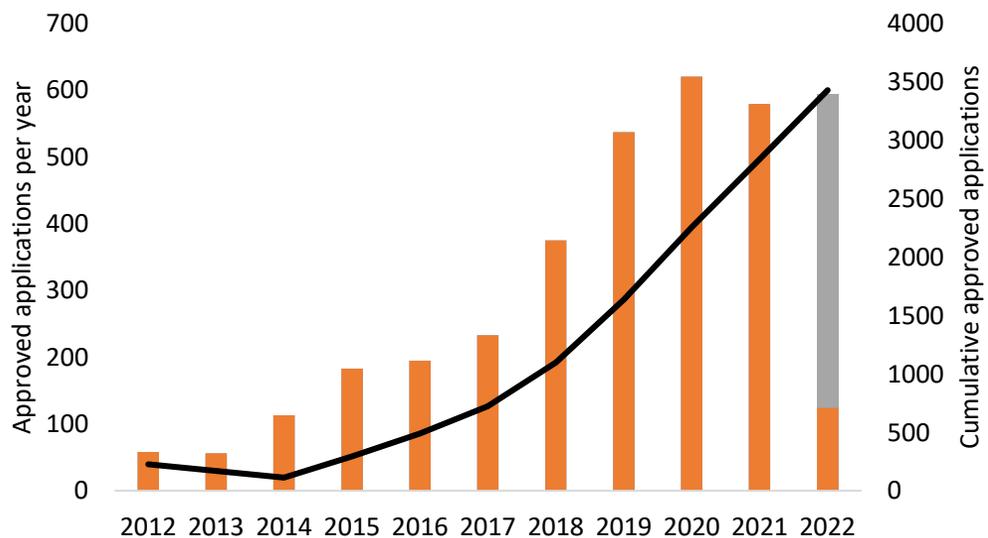
		2022	2023 onwards	
<p>Pharma Proteomics Project (PPP)</p>	Metabolome	Nightingale 500,000 plasma ~250 metabolites	10,000's samples Pilots  500,000 samples Targeted assays	
	Proteome	Olink 62,000 plasma 3k proteins	Imperial College London 2,500 plasma Neurobiomarkers	500,000 samples Untargeted assays
	Transcriptome	wellcome sanger institute Chan Zuckerberg Initiative 5,000 whole blood scRNA sequencing	Repeat visit (60k) participants scRNA sequencing	



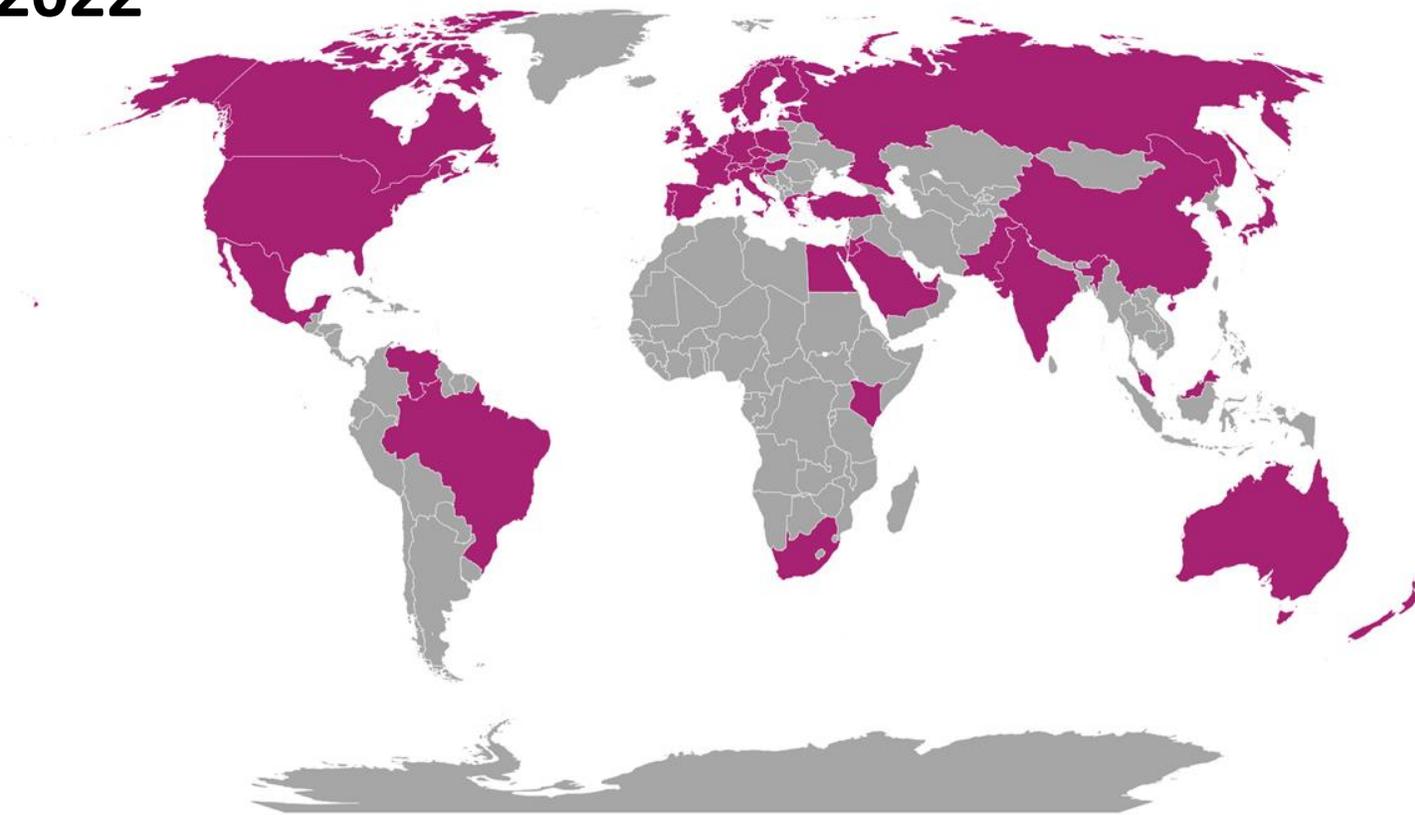
### Approved Registrations



### Approved Applications



## 2022





- Recognised by UKRI as a part of national research infrastructure with £127.6m award for the next phase of our development
- Will include replacement infrastructure (to increase our responsiveness to sample access ideas)
- New facility in Manchester (to make us more visible and accessible to users)
- Development of new links to environmental and social sciences data
- An ‘industry hub’ to encourage liaison



Perspective one



Perspective two





- Available to all bona fide researchers for all types of health-related research that is in public interest.
- No preferential or exclusive access; use of the Resource on same basis for academic or commercial researchers.
- Researchers only have to pay for the costs of using the Resource (and not for any of the costs of setting it up).
- Access to the biological samples that are limited and depletable are carefully controlled and coordinated.
- Researchers are required to publish their findings and return the data so that other researchers can use them (including data from analyses of samples, images, etc.).



1 | REGISTER



Register

2 | APPLY



Apply for access

3 | MANAGE



Manage your project



**Step 1:** Go to AMS -

<https://bbams.ndph.ox.ac.uk/ams/>.

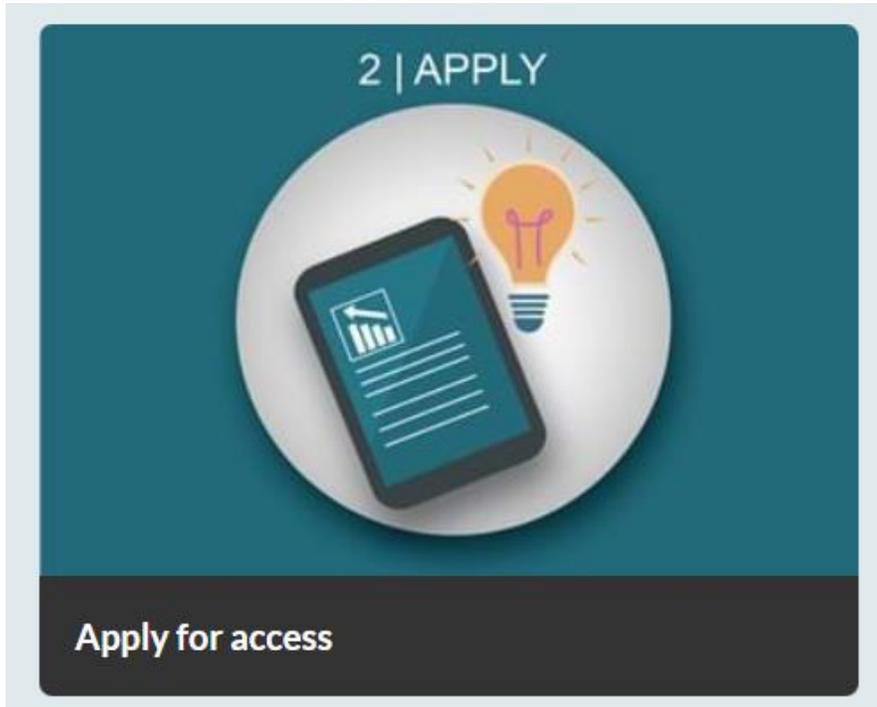
**Step 2:** Complete the online form including:

- CV or link to a personal profile at your institute.
- PubMed References (if available).
- Email account at your institute.

**Step 3:** Submit your registration.

**Step 4:** Access Team will review and approve your registration.





**Step 1:** Complete the application form and the data you require.

**Step 2:** Add researchers who will access UK Biobank data to the application as collaborators.

**Step 3:** Add contact information for a signatory who is authorised to sign the MTA on behalf of each institute.

**Step 4:** The UK Biobank team will review your application.

**Step 5:** On approval of your application, an access fee request will be raised, and the MTA will be sent to you and your authorised signatory.

**Step 6:** Following payment of the access fee and return of signed MTA, the Access team will inform you when your data have been released and are available to access.



Description	Tier 1	Tier 2	Tier 3
<p><b>Core data</b></p> <ul style="list-style-type: none"> <li>• Questionnaires and physical measurements</li> <li>• Health Outcome phenotypes</li> <li>• Linked health data</li> <li>• Web-based questionnaires</li> </ul>	✓	✓	✓
<p><b>Assay data and enhanced measures *</b></p> <ul style="list-style-type: none"> <li>• Biochemical and haematological assays</li> <li>• Other platform based assays</li> <li>• Measured and imputed genotypes</li> <li>• Other enhancements</li> </ul>		✓	✓
<p><b>Very large datasets</b></p> <ul style="list-style-type: none"> <li>• Imaging data **</li> <li>• Other large-scale assay data</li> <li>• Whole genome sequence data</li> <li>• Whole exome sequence data</li> </ul>			✓ <small>Via platform only</small>
<p><b>First 3 years - access to data with scheduled updates</b></p>	£3,000	£6,000 (+£3,000 vs Tier 1)	£9,000 (+£3,000 vs Tier 2)
<p><b>Additional Institution fee - each additional institution added to an application</b></p>	£1,000 for first 3 years (£500 p.a. extension)		
<p><b>Low &amp; Middle Income Countries and Student Researchers *** - access to all datasets via the Research Analysis Platform (full fees apply to downloaded data)</b></p>	£500 for first 3 years (£175 p.a. extension)		





## 3 | MANAGE



Manage your project

**Step 1:** Keep your contact details up to date.

**Step 2:** Submit extensions to your projects as required.

**Step 3:** Provide Annual Project Reports or Annual Confirmation Forms as required by the MTA.

**Step 4:** Alert us to publications.

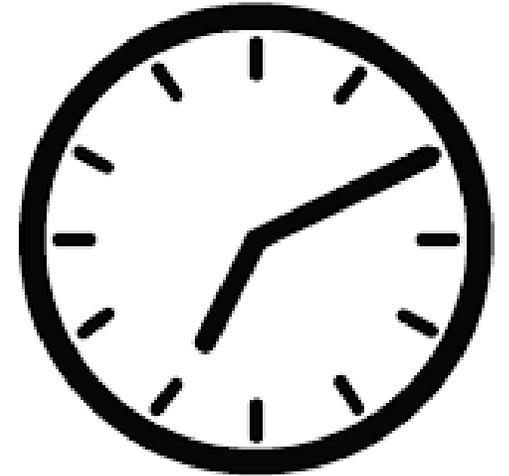
**Step 5:** Respond quickly to audit requests.

**Step 6:** Return your results.



### Tips to minimise the application timeline:

- Ensure your legal team has seen our standard MTA at the point of applying.
- Amend your application in response to our feedback as soon as you can.
- Pay the access fee online via AMS.
- Please liaise with your Finance Departments to resolve any issues with online payment to ensure prompt payment.
- Sign the MTA we send to you and your authorised signatory (via DocuSign) as soon as you can.



You can always contact us via AMS or email to [access@ukbiobank.ac.uk](mailto:access@ukbiobank.ac.uk)



Questions?