

## **Multi-symptom Illness**

### **Program Description:**

This recorded, knowledge-based training will educate members of the health care team on key principles of the 2021 VA/DOD clinical practice guidelines and the management of chronic multi-symptom illness (CMI), a diverse set of disorders, including, but not limited to, chronic fatigue syndrome, fibromyalgia syndrome and irritable bowel syndrome. CMI encompasses military-specific medically unexplained illnesses, such as Gulf War illness, Gulf War syndrome or post-deployment syndrome.

**Location:** VHA TRAIN

**Access Links:** Non-VA employees click [here](#). VA employees click [here](#).

**Audience:** Physicians, psychologists, nurses, case managers, social workers, dietitians and pharmacists

**Modality:** On-demand video

**Credit/hours:** 1

**Accreditations:** ACCME, ACCME-NP, ACPE, ANCC, ASWB, CDR, JA IPCE, NYSED SW, NYSED-P

**Questions?:** If you require assistance, please contact the VHA TRAIN Help Desk by email at [VHATRIN@va.gov](mailto:VHATRIN@va.gov).

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VHA TRAIN is supported by the Veterans Health Administration Employee Education System, an internal education and training office of the Department of Veterans Affairs. The EES-developed training programs found in VHA TRAIN support the continuing education and professional development needs of community-based health care providers and public health officials, with a focus on Veteran-Centered care.

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