Instructions for Responding to Suicidal or Homicidal Ideations

Ideations mean thinking about, considering, or planning a suicide or homicide.

When suicidal or homicidal ideations/threats are present, Managers and/or the Human Resources department should contact the EAP immediately. If the issue is imminent, please adhere to the following steps:

- 1. If life threatening, 911 should be called. Follow instructions of 911 operator.
- 2. Contact the **Employee Assistance Program (EAP) at 832-393-6510** Monday-Friday between the hours of 8:00am-5:00pm for instructions and guidance.
 - EAP will assist in determining the employee's level of urgency and facilitate appropriate and timely admission to an appropriate facility.
 - Under no circumstances should the employee be allowed to transport themselves to the hospital.
 - With verbal consent of the employee, the employee's emergency contact should be contacted so that they may be given the opportunity to assist with the transport and decision-making process.
 - We strongly discourage employees and/or supervisors from using their personal vehicles.

In the event of a non-emergency situation, here are the recommended steps for referral:

- 1. Contact the **Employee Assistance Program (EAP) at 832-393-6510** for consultation. During EAP consultation, provide detailed information that speaks to the issue of concern.
- 2. The EAP will determine if an appointment needs to be made immediately or within 24 hours.
- 3. At the completion of the assessment, if the employee signs a Release of Information, feedback will be given to managers and supervisors.
- 4. Safety-sensitive positions will be evaluated on a case-by-case basis.

For after hours and weekend emergency situations, here are the recommended steps:

- 1. If life threatening, 911 should be called. Follow instructions of 911 operator.
- 2. Contact **EAP Manager, Annetta Vaughn, at 713-384-1249 or 832-677-9286** for instructions and guidance.