

Stay clean - stay healthy

Looking after your health in the waste/recycling industry



This pocket card is for workers in the waste management and recycling industry. It illustrates the importance of personal hygiene and protective clothing in avoiding infection.

*This is a web-friendly
version of pocket card
INDG415*

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This pocket card is available in priced packs of 25 from HSE Books. ISBN 978 0 11 626223. Single copies are free and a web version can be found at www.hse.gov.uk/publishing415.pdf.

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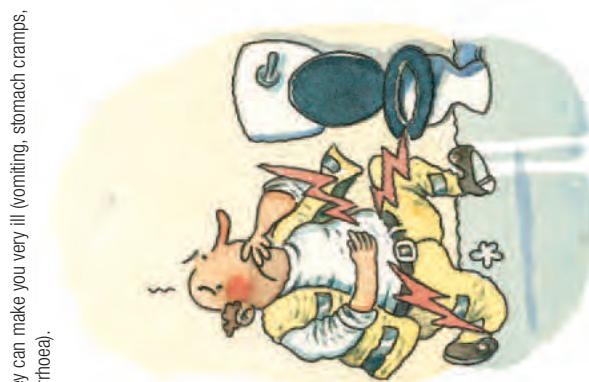
Wash your hands.



Keep bugs away. Always wear protective clothing.



There can be dangerous microscopic 'bugs' and chemicals in waste.



They can make you very ill (vomiting, stomach cramps, diarrhoea).

Keep cuts covered - keep bugs out.



Don't drink, eat or smoke with dirty hands.

