

Class 3B or 4 Laser work— Eyesight Screening Test

Instructions

1. Print off this page onto a sheet of white paper
2. Ask a colleague to help check your answers as you take the test.
3. Choose a well-lighted room away from any window glare. Wear the glasses or contact lenses you normally use for reading if necessary.
4. Close one eye.
5. Hold this paper about 40 cm (15 inches) away from your eyes.
6. Read the sentence below:

Nearly half of all blindness can be prevented

7. Swap to your other eye and read the sentence below:

Good safety practice prevents accidents

8. If you can read the two sentences without difficulty you have met the visual standard to begin work with lasers.
9. **If you cannot achieve the standard:** You must inform your Laser Safety Officer. S/he will then refer you to the College Occupational Physician for a more detailed assessment. This will usually include a formal optician's eye test which the physician will arrange for you. If this reveals previously undiagnosed eye disease then you will be referred for a full assessment by an ophthalmologist.
Once assessment is complete the College Occupational Physician will advise on any precautions needed in addition to the standard controls specified in the College Code of Practice to enable you to work safely with Class 3B or 4 lasers