

## **NCFE Level 2 Certificate in Sport (Sports Coaching)**

This QCF qualification provides learners with an understanding of the sports sector in order to either start a career in sport, leisure or fitness, or to progress within employment in the sector.

The objectives of this qualification are to help learners to:

☑ Enter employment in the sport, leisure and fitness sector, or to progress into higher/further education, or the NCFE Level 3 Sport qualifications and others

☑ Gain and develop essential skills that are valued by employers and higher and further education institutions.

☑ Develop knowledge and understanding of the sport, leisure and fitness vocational sector.

Time will be spent in Primary and Secondary school PE lessons, supporting the PE staff and coaching pupils.

### **Entry requirements**

These qualifications are designed for learners aged pre-16 and above. There are no specific recommended prior learning requirements for these qualifications. However, learners may find it helpful if they've already achieved a Level 1 qualification.

### **Course assessment**

In this qualification, all units are internally assessed. Each learner is required to create a portfolio of evidence which demonstrates achievement of 100% of the learning outcomes and assessment criteria associated with each unit.

For example, pieces of evidence for the portfolio could include:

☑ Learner's proof of work

☑ Assessor observation – completed observational checklists and related action plans

☑ Witness testimony

☑ Worksheets

☑ Assignments/projects/reports

☑ Record of professional discussion

☑ Record of oral and written questioning

☑ Learner and peer reports

Each unit in these qualifications are graded using a structure of Not Yet Achieved, Pass, Merit, and Distinction.

### **Course Structure**

To be awarded the Level 2 Certificate in Sport (Sports Coaching), learners are required to successfully complete 3 mandatory units and 1 optional unit.

The optional unit is selected by staff to reflect the learners needs and interests.

<b>NCFE Level 2 Certificate in Sport (Sports Coaching)</b>				
Unit number	Unit Title	Credits	Unit Type	How Assessed?
	Learners need to complete 3 mandatory units and 1 optional unit — learners <u>complete</u> and achieve all units			
	Participating in sport	6	Mandatory	Internal
	Sports coaching	6	Mandatory	Internal
	Developing sporting skills and tactical awareness	6	Mandatory	Internal
	Strength and conditioning training	6	Optional	Internal

### Exam Board

NCFE

### Teacher's Tip

This qualification can support learners who are looking to work in a variety of roles within the sport, leisure and fitness sector, including:

- ☑ Exercise instructor
- ☑ Sports coach
- ☑ Outdoor activities organizer
- ☑ Individual sports trainer
- ☑ Health promoter.

There are also progression opportunities available to learners onto a range of Level 3 Sport qualifications in related areas in order to specialise, depending on their learning and career goals.

- ☑ Pearson Level 3 BTEC National in Sport
- ☑ Pearson Level 3 BTEC National in Sports Coaching
- ☑ Intermediate apprenticeship in Exercise and Fitness
- ☑ Intermediate apprenticeship in Activity Leadership