



Success Stories

Healthy Living Matters. Prevention Works.

Accountability— how MOVE! made a difference!

VETERAN KENNETH F. WRIGHT JR. LOST 219 POUNDS OVER SEVEN YEARS BY MAINTAINING PERSONAL ACCOUNTABILITY AND DETERMINATION WITH MOVE! & BARIATRIC SURGERY.

TeleMOVE!, bariatric surgery and MOVE! Group Sessions provided the accountability that kept Kenneth focused on his weight loss journey!



A seven year journey to lose weight has paid off.

“In 2012, I started my weight loss journey in New York when my primary care doctor recommended TeleMOVE! and I lost 32 pounds.

When I moved in 2014, I connected with Nicole Senecal in the MOVE! Program at the Ft. Worth, Texas Outpatient Clinic. Later, I was referred to the bariatric surgery team in Dallas, Texas.

When I started working on my weight I weighed 468 pounds. After TeleMOVE!, MOVE! Group Sessions, and a gastric-bypass, I now weigh 249 pounds! I am very thankful to have had the MOVE! and bariatric surgery teams!”

Life is different now

In addition to losing an impressive total of 219 pounds, Kenneth went from a 52 to a 40 pants size. He explained that his life has improved because he feels better and has more energy to play with his grandchildren.

Staying healthy

Now, Kenneth's future plan is to continue to eat right and exercise to maintain his successful weight loss.



Kenneth's message to Veterans

"MOVE! can work, if you want it to!"

“My grandkids were my motivation to get started with MOVE!

– Kenneth Wright Jr.

