

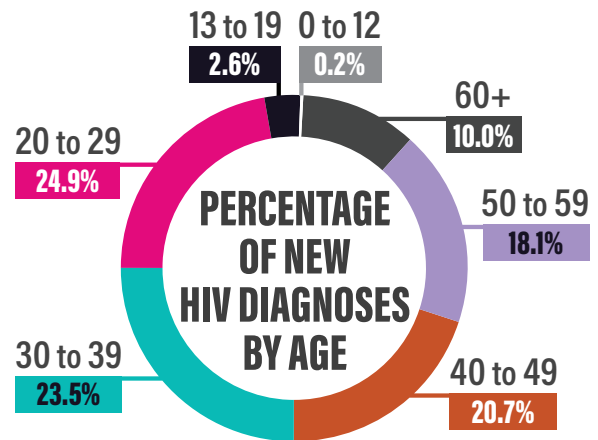
A snapshot of

HIV Among Women in New York City*

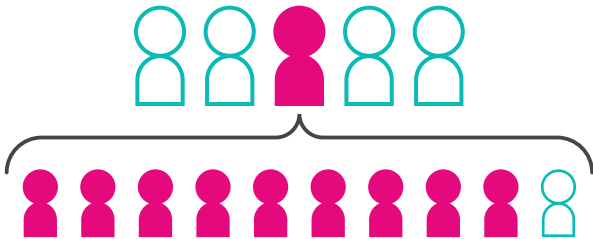


Nearly **80%** of new HIV diagnoses likely occur through sexual contact with a male partner.

Women of all ages are affected by HIV.



1 in 5 new HIV diagnoses are among women.



9 in 10 of these women are Black or Latina.

These racial differences are a result of many factors, including unequal access to HIV prevention and care services.



1 in 3 women with HIV are born outside the U.S.

Immigrant women may have increased HIV risk in their home countries, when they migrate or where they arrive.

Your Environment Affects Your Health

These are some important factors in your environment that, while often are out of an individual's control, can affect HIV risk among women:



Housing

Are you stably housed?



Access to Healthcare

Do you have a doctor?
Have you recently had a sexually transmitted infection (STI)?



Incarceration

Have you or your partner been in prison?



Domestic Violence

Have you been emotionally or physically abused by a partner?

PrEP Can Prevent HIV

Even in the absence of social factors, some women may find it difficult to discuss condom use or HIV status with their partners.

PrEP (pre-exposure prophylaxis) is a daily pill that greatly lowers the risk of HIV infection. PrEP is a safe and effective HIV prevention option for all women who want to take control of their sexual health. PrEP prevents an HIV infection by stopping the virus from spreading after an HIV exposure. Post-exposure prophylaxis (PEP) can stop a new HIV infection if you start taking it within 72 hours of exposure.



PrEP will not interfere with birth control or hormone therapy.



PrEP does not affect fertility, and it can protect women who are trying to become pregnant with a partner living with HIV.



PrEP is safe for the parent and child during and after pregnancy, and also while nursing.



Women who use injection drugs can also benefit from PrEP.

For more information, visit nyc.gov/health and search for PrEP.

Additional Resources:

HIV Testing

You can find free or low-cost confidential HIV testing locations by:

- Checking NYC Sexual Health Clinic locations, hours and available services at nyc.gov/health/clinics
- Texting "TESTNYC" to 877-877
- Calling 311

PrEP and PEP to Prevent HIV

If you think you were exposed to HIV, start taking emergency PEP immediately. PrEP and PEP are covered by many insurance plans, including Medicaid. If you don't have insurance, you may receive financial assistance from select NYC clinics. Immigration status does not affect your ability to get PrEP or PEP.

To get started on PrEP, talk to your health care provider or visit a NYC Sexual Health Clinic. You can also find other clinics that provide PrEP by calling 311.

To get started on PEP right away, go to a clinic or emergency room or call the 24/7 NYC PEP Hotline at **844-3-PEPNYC (844-373-7692)**.

HIV Care and Treatment

HIV care services are available to all New Yorkers living with HIV, regardless of ability to pay or immigration status. To find a provider, visit nyc.gov/health and search **Ryan White Services** or text "CARE" to 877-877.

For immediate antiretroviral treatment providers, visit nyc.gov/health and search **NYC Health Map**. Click on Sexual Health Services to find providers in the HIV treatment category that can give treatment on the same or next day.

Condoms

Condoms help prevent the sexual transmission of HIV, other STIs and unintended pregnancies. To get free condoms and other safer sex products across the city, visit nyc.gov/condoms.

Mental Health: NYC Well

NYC Well is a free, confidential support, crisis intervention, and information and referral service for anyone seeking help for mental health and substance misuse concerns, available 24 hours a day. Interpreters are available in more than 200 languages.

Access NYC Well by:

- Texting "WELL" to 65173
- Calling 1-888-NYC-WELL
- Calling 711 (relay service for people who are deaf or hard of hearing)

Domestic Violence

We are here to help. There are many resources available if you are in an abusive situation.

- Call the NYC Domestic Violence Hotline at **800-621-4673 (HOPE)** or **800-810-7444** (if you are hearing impaired), or call 311 and ask for the hotline.
- Call the NYC Gay and Lesbian Anti-Violence Project at **212-714-1141**.
- Call the Barrier-Free Living (for people who are disabled) at **212-533-4358**.
- Visit a NYC Family Justice Center (FJC) for free and confidential assistance for victims of domestic violence, elder abuse and sex trafficking. Walk-ins are welcome. Call 311 to be connected to a FJC near you.

This infographic was developed with guidance from the NYC Women's Advisory Board.

***All numbers from 2018 surveillance data include transgender women.**

Call 311 or visit nyc.gov/health and search **HIV** for more information.



WOMEN'S ADVISORY BOARD

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