



# Federal Employees Health Benefits

## Are You Ready to Quit Smoking?

We can help.

No copays.

No coinsurance.

No deductibles.

All **FEHB** plans offer 100% coverage of tobacco cessation treatment options. Find out more at:



[www.opm.gov/quitsmoking](http://www.opm.gov/quitsmoking)



Take advantage of your health benefit today!

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