**Table S1.** Estimate of Standardized regression weights

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Parameter** | **Estimate** | **Lower** | **Upper** | **P** |
| Chidren's\_sleep\_duration | <--- | Parent\_Bedtime | -0.326 | -0.454 | -0.19 | 0.004 |
| Parental\_control | <--- | Children's\_Difficulty | -0.062 | -0.179 | 0.077 | 0.421 |
| Chidren's\_sleep\_duration | <--- | Children's\_Difficulty | -0.059 | -0.077 | 0.194 | 0.336 |
| Children's\_ScreenTime | <--- | Children's\_sleep\_duration | -0.282 | -0.401 | -0.121 | 0.006 |
| Children's\_ScreenTime | <--- | Children's\_Difficulty | 0.167 | 0.046 | 0.3 | 0.008 |
| Children's\_ScreenTime | <--- | Parental\_control | -0.205 | -0.334 | -0.062 | 0.005 |