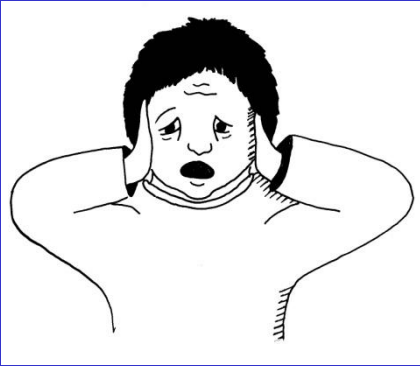


Mental Health and Learning Disabilities



Psychosis

PSYCHOSIS



What is Psychosis?

Psychosis is a type of mental illness.



What can happen in Psychosis?

People can experience the following:

Hear people talking when nobody is around

Seeing things which are not really there



Develop false beliefs

Behaving in an odd manner

Difficulty in thinking clearly



Losing interest in daily activities

PSYCHOSIS



What causes Psychosis?

Psychosis is seen in:

Schizophrenia

Mania

Severe Depression

Delirium

Use of street drug such as Cannabis can sometimes lead to psychosis

If you want to know more about it, you can speak to your Psychiatrist or Community Nurse.



What can help in the treatment of psychosis?

Medications known as antipsychotics can help to treat psychosis.

Talking to your doctor, nurse or psychologist.

Doing some exercises can help you feel better.

Participating in activities that you like.



Help and support



Your doctor:
Telephone Number:

Your Psychiatrist:
Telephone Number:

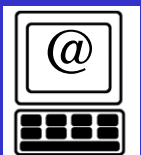


Your Community Nurse:
Telephone Number:

Other professionals involved:



Other resources:
www.patient.co.uk
www.mind.org.uk



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