1 Preclinical pharmacology of patient-derived extracellular vesicles for the 2 intraoperative imaging of tumors.

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17 Abstract

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Extracellular vesicles (EVs) derived from the plasma of oncological patients exhibit significant tumor-18 targeting properties, unlike those from healthy individuals. We have previously shown the feasibility 19 of formulating the near-infrared (NIR) fluorescent dve indocvanine green (ICG) with patient-derived 20 extracellular vesicles (PDEVs) for selective delivery to neoplastic tissue. This staining protocol holds 21 22 promise for clinical application in intraoperative tumor margin imaging, enabling precise neoplastic tissue resection. To this end, we propose the ONCOGREEN protocol, involving PDEV isolation, ICG 23 loading, and reinfusion into the same patients. Methods. By in vivo studies on mice, we outlined key 24 25 pharmacological parameters of PDEVs-ICG for intraoperative tumor imaging, PDEV biodistribution kinetics, and potential treatment-related toxicological effects. Additionally, we established a 26 plasmapheresis-based protocol for isolating autologous PDEVs, ensuring the necessary large-scale 27 dosage for human treatment. A potential lyophilization-based preservation method was also 28 explored to facilitate the storage and transport of PDEVs. Results. The study identified the effective 29 30 dose of PDEVs-ICG necessary for clear intraoperative tumor margin imaging. The biodistribution kinetics of PDEVs showed favorable targeting to neoplastic tissues, without off-target distribution. 31 Toxicological assessments revealed no significant adverse effects associated with the treatment. 32 33 The plasmapheresis-based isolation protocol successfully yielded a sufficient quantity of autologous PDEVs, and the lyophilization preservation method maintained the functional integrity of PDEVs for 34 subsequent clinical application. Conclusions. Our research lays the groundwork for the direct 35 clinical application of autologous PDEVs, initially focusing on intraoperative imaging. Utilizing 36 autologous PDEVs has the potential to accelerate the integration of EVs as a targeted delivery tool 37 for anti-neoplastic agents to cancerous tissue. This approach promises to enhance the precision of 38 39 neoplastic tissue resection and improve overall surgical outcomes for oncological patients.

40 Keywords: EV Biodistribution Kinetics, Toxicology, Intraoperative Imaging, Bench-to-bedside 41 Translation.

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1 Introduction

2 The necessity of precision medicine in oncology is becoming increasingly evident, emphasizing the critical need of precise drug delivery systems. These systems are designed 3 to significantly enhance the effectiveness of current diagnostic and therapeutic approaches 4 by ensuring that drugs are delivered directly to cancer cells with high specificity. Such 5 targeted delivery would not only improve treatment efficacy but also minimize adverse side 6 effects, thereby enhancing patient outcomes. Additionally, this precision in drug delivery 7 would benefit from a more tailored approach to treatment, addressing the unique genetic 8 and molecular profile of each patient's tumor. In this context, recent research has focused 9 on the development of diverse drug delivery systems for cancer therapies, emphasizing the 10 enhancement of the effectiveness of current therapies [1]. Polymer-based drug delivery 11 systems have shown promise in improving the pharmacokinetics and therapeutic potential 12 of chemotherapy [2]. Aptamer-based smart targeting and spatial trigger-response drug 13 14 delivery systems have been explored for achieving precise and targeted drug delivery in anticancer therapy [3]. Furthermore, various targeting ligands, such as folic acid, 15 carbohydrates, peptides, aptamers, antibodies, and membrane proteins have been 16 investigated for their potential in targeted drug delivery systems for tumor therapy [4]. In this 17 field, biomimetic solutions such as cell membrane-based nanoparticles have been 18 19 developed and investigated as a new platform for tumor diagnosis and treatment, with a focus on their ability to interact with the tumor microenvironment [5]. A subsequent evolution 20 21 in the development of biomimetic nanoplatforms for cancer theranostics has been the development of stem cell membranes, stem cell-derived exosomes, and hybrid stem cell-22 camouflaged nanoparticles [6], which have shown promise in improving drug delivery to 23 tumors and reducing side effects [7, 8]. Exosome membrane-coated nanosystems, in 24 particular, have been explored for their potential in cancer diagnosis and therapy, offering 25 enhanced biocompatibility, immune evasion, and active targeting properties [9, 10]. These 26 nanosystems are inspired to the naturally-occurring extracellular vesicles (EVs), which are 27 nanoparticles included in a lipid bilayer membrane secreted by cancer cells, that have shown 28 great potential in cancer diagnosis and therapy. The main characteristics of EVs is their 29 content in nucleic acids, proteins, and metabolites, forming an informational payload that is 30 precisely delivered to target cells through paracrine or endocrine mechanisms [11, 12]. 31 Consequently, circulating EVs are now recognized as a novel way of communication within 32 multicellular organisms, contributing to various biological processes, including embryonic 33 development, coagulation, hematological processes, and organ homeostasis [13, 14]. 34

Interfering with this communication layer by altering EV content or employing these
 nanoparticles as drug delivery vehicles is regarded as an innovative therapeutic strategy for
 numerous diseases, including cancer [15, 16]

The growing interest in using EVs as delivery tools is rooted in their intrinsic targeting 4 properties: it has been postulated that the cellular origin unequivocally determines the 5 homing characteristics of these nanoparticles [17, 18]. Several studies have established that 6 EVs derived from tumor cell lines [19-23] or mesenchymal stem cells [23, 24] exhibit 7 selective tropism for neoplastic tissue. Notably, EVs can be loaded with various exogenous 8 molecules, such as small chemical compounds, biological macromolecules, and even an 9 10 entire virus [25]. When introduced into a cancer-bearing organism, EVs originating from mesenchymal or tumoral cells, loaded with therapeutics, can selectively deliver their cargo 11 to the neoplastic tissue [26-28]. In this application, EVs exhibit compelling attributes: they 12 are biocompatible nanoparticles with minimal immunogenicity and toxicity, do not 13 accumulate due to catabolic degradation, shield cargo from metabolic processes [29], and 14 also protect the body from off-target effects when therapeutics are systemically administered 15 to patients [30]. At present, the main obstacles impeding their clinical adoption are the 16 challenges linked to scaling up and standardizing EV production [31], or safety concerns 17 related to the potential oncogenic cargo present in tumor-cell line-derived EVs [32-37]. 18 Another significant constraint is the limited understanding of the tumor homing mechanism. 19 20 Once unveiled, this would signify a milestone that could potentially pave the way for the development of semi-synthetic or entirely synthetic nanoparticles [38], solving the 21 production standardization and safety issues, thus sidestepping the transformation potential 22 23 linked to EVs of tumoral origin [32, 33, 37].

Aiming at circumventing the limitations of the currently proposed methods to transport drugs 24 to the tumor, we proposed an alternative approach for the clinical application of EVs as 25 delivery tools for anti-neoplastic agents, termed "AUTOTERANOST" [39, 40]. This approach 26 is based on the observation that the plasma of oncological patients (but not healthy 27 individuals) is enriched with EVs displaying tumor tropism [20, 26, 39]. In the protocol 28 established by AUTOTERANOST, EVs produced by the oncological patient are isolated 29 from the plasma, loaded with therapeutics, and prepared for subsequent re-infusion into the 30 same patient who generated the nanoparticles. The advancement provided by this method 31 relies on merging the precise delivery of anti-neoplastic agents with a biologically compatible 32 formulation inherently tailored for targeting tumor tissue [27, 39, 41], without affecting the 33

oncogenic potential of tumor-derived EVs which were circulating in the patient. In this study, 1 our focus is on the application of autologous EVs for the delivery of a diagnostic drug, 2 Indocyanine Green (ICG), to label tumor margins and aids surgeons in the complete removal 3 of neoplastic tissue. The objective of this work is to characterize key pharmacological and 4 toxicological parameters required for the application in clinics of the AUTOTERANOST 5 protocol, allowing intraoperative imaging of neoplastic tissue using ICG formulated with 6 7 patient-derived EVs (PDEVs-ICG). Moreover, since storage is one of the main hurdles of 8 EVs in clinical practice, a freeze-dried formulation enabling the maintenance of 9 physicochemical and functional features over time was established.

- 10 Methods
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- 12 Reagents

13 Reagents were purchased from Sigma-Aldrich St. Louis, MO, USA if not otherwise specified.

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15 EV extraction from blood of colorectal cancer (CRC) patient

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Venous blood (15 ml) was collected from 3 patients during preoperative analyses after 17 18 approval by the Ethics Committee of the National Cancer Institute of Milan (Aut. INT 244/20). Blood was collected in EDTA-conditioned vials and immediately centrifuged at 1750 g for 10 19 20 minutes at room temperature to remove blood cells and prevent platelet activation and release of platelet-derived EVs. Supernatants were transferred to new tubes (the bottom 21 10% of supernatant above blood cells was discarded), and samples were centrifuged again 22 at 3000 g for 10 minutes at room temperature. Supernatants were collected and processed 23 by ultracentrifugation for 2 hours at 100,000 g at 4 °C in an Optima L-80 XP ultracentrifuge 24 (Beckman Coulter) with rotor SW32Ti (Beckman Coulter). Supernatants were aspirated and 25 the EV-containing pellets were resuspended in 100 µL phosphate-buffered saline (DPBS, 26 EMD Millipore) and stored at -80 °C until use. 27

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- 32 Size distribution determination by nanoparticle tracking analysis (NTA)
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Size distribution and concentration of EVs, and EVs formulated with ICG were analyzed by
NTA using Nanosight model LM14 (Nanosight, Malvern) equipped with blue (404 nm, 70 mV)
laser and sCMOS camera. NTA was performed for each sample by recording three 90 s
videos, subsequently analyzed using NTA software 3.0 (Nanosight, Malvern). The detection
threshold was set to level 5 and camera to level 13.

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7 Cryo Electron Microscopy (Cryo-EM)

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9 Cryo-EM images (150 fields) were acquired with a JEOL electron microscope equipped with
a FEI Falcon 3EC direct electron detector and Volta Phase-plate. Prior to Cryo-EV imaging,
the samples were vitrified on a FEI Vitrobot IV system and processed as previously reported
[39].

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14 Immunoblotting

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For immunoblotting, EVs were isolated from patients' blood according to the protocol 16 described above. After the ultracentrifugation step, the supernatants were removed, and the 17 EV-containing pellets were resuspended in a proper volume of 1X RIPA buffer (150mM NaCl; 18 1% NP-40; 0.5% sodium deoxycholate; 0.1% SDS; 50 mM Tris-HCl, pH 8.0) supplemented 19 with protease inhibitor cocktail (Roche). EV protein concentrations were quantified using a 20 Bradford assay kit (Thermo Scientific). Twenty micrograms of EV protein lysates were 21 separated to 4-10% SDS-PAGE using beta-mercaptoethanol as reducing agent and 22 transferred to nitrocellulose membranes (Amersham). The membranes were then blocked 23 in 5% nonfat dry milk in TBS-T (0.2% Tween® 20) at RT and incubated overnight with the 24 primary antibodies against exosomal TSG101 (4A10 Abcam, 1:500) and CD9 (C9993 25 Sigma, 1:500). Immunoreactive bands were visualized with chemiluminescence using the 26 ECL Western Blotting Analysis System according to the manufacturer's instructions 27 28 (Amersham).

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30 EV loading with ICG

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ICG was loaded into patient-derived EVs (PDEVs) as previously described [39]. Briefly,
 1E09 PDEVs were suspended in 50 µL DPBS and were added to 150 µL of a water solution
 of 5 mg/mL ICG (Sigma) and incubated for 12 hours at 4 °C. Then, samples were centrifuged

at 100,000 x g for 90 min; after supernatants removal, pellets were resuspended in 150 μL
 of DPBS.

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4 Quantification of ICG incorporated into EVs

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Quantification of ICG was performed by both high-performance liquid chromatography 6 7 (HPLC) coupled with a UV detector (LC-UV) and high-resolution liquid chromatography coupled with a mass spectrometer (LC-HRMS /MS). For quantification by HPLC, an HPLC 8 9 with UV detector (mod. 1000) and autoprobing (mod. 4000) was used with a Phenomenex, Bondclone 10 µm C18, 300x3.9 as column. The flow rate was 0.8 mL/min with a UV length 10 of 250 nm and an injection volume of 10 µL. IR-806 (Sigma-Aldrich) was used as an internal 11 standard because its spectrochromatographic molecular properties are similar to those of 12 13 ICG. For the analysis, a solution of 1 mg/mL IR-806 in ethanol was prepared. This solution was then diluted with water to give a concentration of 25 ug/ml. The ICG (Verdye solution 14 5mg/mL) was titrated at a concentration of 5 mg/mL. To establish the calibration line, an 15 initial dilution was made from the ICG stock to obtain a final concentration of 1 mg/mL ICG. 16 This was followed by a 1:100 dilution and finally serial 1:2 dilutions. Vials for the calibration 17 line were prepared by adding 10 µL internal standard (25 µg/mL) to 10 µL standard solutions 18 and 180 µL water, resulting in a linearity range of 50 µg/mL to 0.163 µg/mL ICG. 19 Quantification of samples was performed using the Shimadzu UPLC instrument coupled to 20 the Triple TOF 6600 Sciex (Concord, ON, CA) equipped with the Turbo Spray IonDrive. All 21 samples were analyzed by electrospray ionization (ESI) in positive polarity (a mild ionization 22 technique usually used for substances that are in solution in ionic form or are readily 23 ionized). The analytical conditions are as follows: GS1 (nebulizer gas): 55, GS2 (drying gas): 24 65, CUR: 35, with a capillary voltage: 5.5kV, a temperature of 500 °C at the source, 45 °C 25 in the column, a dusting potential of 70 eV, an ionization energy: 70 ± 15 eV. The column 26 was a reversed phase Acquity HSS T3 C18 column 1.7 µm, 2.1100 mm (Waters, Franklin, 27 28 MA, USA) equipped with a precolumn; the mobile phase: (A) water and (B) acetonitrile. Both contained 0.1% formic acid and a flow rate: 0.4 mL/min. Under these conditions, ICG has a 29 retention time of 3.2 minutes and peaks at 821.9 m/z. Subsequent fragmentation of ICG 30 results in a higher peak at 374.98 m/z, which is used for quantification. 31

- 32
- 33 Animals
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All the animal experiments were performed and approved by the Italian Ministry of Research 1 and University (permission number: 214/2020) and regulated by a departmental panel of 2 experts. C57BL/6NCrl (Charles River, MGI: 2683688) mice were maintained at the animal 3 facility of the University of Milan under standard conditions according to institutional 4 guidelines. After an acclimatization period of 14 days, murine syngeneic grafts were 5 established by s.c. injections of 2E06 MC-38 cells into the neck of 12-week-old male 6 7 C57BL/6 mice. The health status of mice in the experimentation was monitored daily, and 8 as soon as signs of pain or distress were evident, the mice were euthanized. The size of the 9 tumor was measured using a caliper, using the calculation formula $V = 1/2 \times length \times (width)^2$, where: V is the tumor volume, the length is the longest diameter of the tumor, and the width 10 is the shortest diameter perpendicular to the length. For the homing tests, mice engrafted 11 with tumors were i.v. injected with different doses of PDEVs-ICG 12

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14 In vivo and ex vivo fluorescence imaging

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In vivo and *ex vivo* fluorescence imaging sessions were carried out 24 h after EV treatment using the preclinical imaging instrument IVIS Spectrum (Perkin-Elmer) and the SPY Elite intraoperative imaging device (Stryker, USA), equipped with filters for NIR signal detection, following the manufacturer instructions. Mice were anaesthetized using isoflurane (Isoflurane-V, Merial, Lyon, France) and kept under anesthesia during imaging sessions carried out with the imaging system. For *ex vivo* imaging, mice were sacrificed by cervical dislocation. Immediately after death, selected organ imaging was also carried out.

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24 Hematology and clinical chemistry

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Blood (approximately 500 µL) was collected in heparinized tubes and stored at 4°C until 26 analysis. Routine hematology was performed using a laser-based cell counter (Sysmex XN-27 28 V, Sysmex Co. Kobe, Japan), followed by microscopical analysis of May Grünwald-Giemsa stained smears to check the accuracy of the automated differential cell count. After the cell 29 count, blood samples were centrifuged, and plasma was harvested to perform biochemical 30 analysis. Clinical chemistry was performed using an automated spectrophotometer 31 32 (BT3500, Biotecnica Instruments SPA, Roma, Italy) and measuring the following analytes using reagents provided by Futurlab S.r.I. (Limena, PD, Italy): cholesterol, glucose, total 33 34 protein. albumin, creatinine, urea, alanine aminotransferase (ALT), glutamate dehydrogenase (GLDH), alkaline phosphatase (ALP), creatine kinase (CK) and lactate
dehydrogenase (LDH). Citrated plasma was used on an optical coagulometer (Coatron M1
TECO GmbH, Germany) to measure fibrinogen by converting the clotting time under bovine
thrombin activation, the prothrombin time (PT) after the addition to plasma of thromboplastin
and calcium chloride and the activated partial thromboplastin time (aPTT) after the addition
to plasma of ellagic acid, phospholipids and calcium chloride.

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8 Bone marrow cytology

After sacrifice and before to perform a complete necropsy, bone marrow was collected from 9 the femur using a 24G syringe needle, smeared on glass slides and air dried. May Grünwald-10 Giemsa stained smear were microscopically analyzed to count at least 500 nucleated cells: 11 the following indicators were recorded: megakaryocyte number and morphology, 12 myeloid:erythroid (M:E) ratio; percentage of cells belonging to the proliferative pool (P, 13 composed by blasts able to divide) and to the maturation (M) pool, followed by the 14 calculation of the P:M ratio, either for the erythroid lineage or for the myeloid lineage; 15 percentage of lymphocytes. 16

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18 Lyophilization process

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Compatibility tests between EVs and cryoprotectant-lyoprotectant solutions were 20 conducted. Compatibility was assessed by evaluating changes in particle size and number 21 before and after the addition of the excipient using NTA. EV dispersions in 10x PBS were 22 frozen and stored in a freezer at -80 °C until use. Upon thawing, trehalose solutions or a 23 mixture of trehalose and sucrose in a 50:50 ratio, previously filtered through a 0.22 µm 24 nominal pore size membrane (VWR International, Italy), were added. The resulting 25 dispersions were evaluated for stability following freezing and thawing. The EV dispersion 26 in the presence of cryo-/lyo-protectants underwent a freezing and thawing process to better 27 28 understand the effect of ice crystal formation, as well as the effect of the initial phase of the lyophilization process. The freezing and thawing process was conducted in the furnace of a 29 DSC Mettler StarE (Mettler Toledo – Switzerland). Approximately 30 µL of accurately 30 weighed sample in a 40 µL aluminum crucible was subjected to the following thermal cycle 31 32 in a nitrogen atmosphere with a flow rate of 80 mL/min: ramp at 2 K/min from 25 to -45 °C; isothermal at -45 °C for 5 min; ramp at 1 K/min from -45 °C to 10 °C. For lyophilization, glass 33 34 vials of type R2 (Schott - Germany) were filled with 0.3 mL aliquots of the different

formulations and excipient solution to achieve a volume of 280 mL. Subsequently, the vials 1 were partially closed with rubber stoppers and placed in the central tray of the freeze dryer 2 (Epsilon 2-6D LSCplus, Martin Christ - Germany) in a hexagonal arrangement to maximize 3 heat conduction. The temperature of the samples was monitored and recorded by 3 wired 4 probes and 2 wireless probes placed in the vials at the central position. Based on the results 5 of the freezing and thawing tests, EVs in the presence of trehalose or trehalose-sucrose 6 7 mixtures in ratios of 30:70, 50:50, and 70:30 were subjected to the lyophilization process with the following parameters: Step 1. Freezing Rate (K/min) 1.5; Pressure (mBar) 1000; 8 Temperature (°C) -40 °C; holding time (h) 8. Step 2: Freezing Rate (K/min) --; Pressure 9 (mBar) 0.100; Temperature (°C) -40; holding time (h) 22. Step 3: Freezing Rate (K/min) 0.1; 10 Pressure (mBar) 0.1; Temperature (°C) 20; holding time (h) 4. 11

1 Results

2 Intraoperative detection of tumor margins by PDEVs: dose finding in mice

Our previous experimentations carried out in animal models, including mice and dogs, 3 indicated the possibility to administer the PDEVs-ICG formulation for the specific labeling of 4 neoplastic tissue with the fluorescent dye [20, 26, 39]. This specificity in tumor targeting, 5 which cannot be observed for EVs derived from the plasma of healthy subject [39], refers to 6 7 their unique capability to target tumoral tissue versus healthy tissue, irrespective of the specific tumor under study. To optimize this protocol for intraoperative imaging of tumor 8 margins in humans, we initially conducted experiments to define the optimal dosage of ICG 9 formulated with the PDEVs that is required to deliver a sufficient quantity of the NIR dye 10 allowing the detection of the fluorescent radiation. For these experiments, we used PDEVs 11 isolated from the plasma of two patients diagnosed with CRC (Aut. INT 244/20) which were 12 characterized in accordance with the recommendations outlined in the document titled 13 'Minimal Information for Studies of Extracellular Vesicles (MISEV2023)' [42]; the nanometric 14 characteristics of the isolated PDEVs are reported in Table 1, while the complete 15 characterization of these EVs was reported previously [39]. 16

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Furthermore, we evaluated the efficacy of our loading protocol by quantifying the ICG content in the PDEVs-ICG formulations. Referred to as the ONCOGREEN formulation, the process involves passive incubation of PDEVs suspended in DPBS with a 5 mg/mL ICG solution at 4°C for 12 hours. Subsequently, the PDEVs underwent ultracentrifugation to remove excess dye, and the amount of dye integrated into the PDEVs was determined through LC-MS analysis. On average, the passive loading procedure efficiently incorporated a total of 150 nmol of ICG (0,116 mg) into 1E08 PDEVs (Supplementary Figure 1).

Following the measurement of the quantity of ICG incorporated into our ONCOGREEN 25 preparation, we set out to determine the Minimum Effective Dose (MED) required for 26 detecting tumor margins with intraoperative instrumentation. To this purpose, we used a 27 well-established in vivo method routinely used in our laboratory to investigate the tropism 28 capabilities of PDEVs. This method involves intravenously administering the EVs to mice 29 30 with tumors, followed by assessing the biodistribution of these fluorescent nanoparticles 24 31 hours post-injection [39]. In this experiment, three distinct dosages of ONCOGREEN were evaluated across three experimental groups. Each group included eight C57BL/6 wild-type 32

mice, totaling 24 mice, that were subcutaneously implanted with the syngeneic MC-38
colorectal cancer cell line in the neck area (supplementary Figure 2). Thirteen days postimplantation of cancer cells, when the tumor volume reached approximately 300-400 mm³,
the animals received a single intravenous dose of ONCOGREEN. The dosage varied based
on the experimental group: 3.3E07 EVs/Kg, 3.3E08 EVs/Kg, and 3.3E09 EVs/Kg,
respectively (Figure 1A).

Twenty-four hours after the treatment, the mice were subjected to *in vivo* imaging sessions 7 to detect the fluorescent signal released by the PDEVs. The optimal time frame of 24 hours 8 9 for in vivo ICG detection was determined during our previous experiments [20, 26, 39, 43, 44]. In these studies, we also examined the in vivo biodistribution of PDEVs-ICG over 10 extended periods, showing that the fluorescence detected in the tumor area is suitable for 11 intraoperative imaging at 24 hours and begins to decline by 48 hours. At 24 hours, we 12 observed that mice injected with the highest dose of ONCOGREEN emanated a distinct 13 fluorescent signal from the neoplastic tissue, a result that was consistent with the findings 14 15 of our earlier researches [20, 39] (Fig. 1B and supplementary Figure 3). In this experimental group, the fluorescent signal coming from the tumor area was clearly visible, even when 16 using intraoperative imaging instrumentation (the Stryker SPY Elite instrument) to detect the 17 fluorescence emission. It's noteworthy that this highest dosage contained approximately 4 18 mg/Kg of ICG, which is lower than the approved human dose (5 mg/Kg), and 100 times 19 lower than the LD50 [45, 46]. Conversely, the signal was hardly visible in the group of mice 20 treated with a dose of 3.3E08 EVs/Kg, and undetectable at the lowest dose, suggesting that 21 the MED for detecting tumor margins with intraoperative instrumentation was 3.3E09 22 EVs/Kg. 23

Subsequently, we conducted additional experiments to investigate the influence of tumor size on the intensity of fluorescence detected by the intraoperative imaging system. We divided mice into three groups, each consisting of three mice, totaling nine mice. They were categorized based on tumor size as small (0.10-0.25 cm³), medium (0.30-0.55 cm³), and large (0.70-1.00 cm³).

Twenty-four hours after the treatment, they were euthanized for direct *ex vivo* measurement of the fluorescence emitted by the tumors. The quantification of the fluorescent emission was divided by the considered detection area. Remarkably, a consistent level of photon emission was observed across all tumor sizes, suggesting a uniform uptake of PDEVs by the tumors (Figure 2 and supplementary Figure 4). Based on this evidence, we can conclude

that under saturating conditions, the absolute intensity of fluorescent emission primarily 1 relies on the number of neoplastic cells within the tumor (i.e., the tumor size). Further 2 experiments were conducted to assess if the fluorescent PDEVs were able to accumulate 3 and evidence with the fluorescent signal also very small tumors (<0.10 cm³) originated by 4 the subcutaneous injection of MC-38 cells. To this purpose, n=3 mice were intravenously 5 treated with 3.3E09 EVs/Kg of the ONCOGREEN formulation and twenty-four hours after 6 7 the treatment, they were subjected to in vivo and ex vivo imaging (Supplementary Figure 5). In this case, it was not possible to visualize the tumor through *in vivo* imaging due to the skin 8 9 shielding effect, but the tumor tissue was marked again, as determined by ex vivo imaging, thus suggesting that also very small tumors in the early phase could be marked using PDEVs 10 for intraoperative imaging. 11

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13 Kinetics of biodistribution and toxicological analysis.

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With the MED established at 3.3E09 PDEVs-ICG/Kg, we proceeded at characterizing the 15 kinetics of NIR fluorescence biodistribution in murine models bearing MC-38 tumors with a 16 volume of approximately 0.4 cm³. In this experiment the MED of ONCOGREEN formulation 17 or an equivalent dose of the standard formulation of free ICG were administered, and the 18 fluorescence biodistribution was assessed at three time points (2, 24, and 96 hours) across 19 three experimental groups, through ex vivo imaging on explanted organs. Two hours post-20 administration, we observed fluorescence peaks in the liver and kidneys, organs implicated 21 22 in the excretion pathways of both free ICG and the excipient (PDEVs) (Figures 3B and 3C).

Additionally, in both treatment groups, a faint signal was observed in the lungs 23 (Supplementary Figure 6), where previous reports have indicated some ICG accumulation 24 [39]. These data suggest that the comparable fluorescence biodistribution observed 2 hours 25 after administration for animals treated with free ICG and PDEVs-ICG could be attributed to 26 the shared excretion pathway for PDEVs [45] and ICG [46, 47], and/or to the rapid 27 metabolization of EVs immediately following injection, leading to the release of their ICG 28 content into the bloodstream [48]. Importantly, after 24 hours, fluorescence accumulation 29 was exclusively observed at the tumor site, reaching a peak of fluorescence that returned to 30 baseline levels by 96 hours (Figure 3A). In conclusion, these data indicate that the optimal 31 time frame for achieving a peak of ICG accumulation within neoplastic tissue after the 32 administration of the ONCOGREEN formulation is 24 hours, as suggested in previous 33

experimental settings in canine patients [39]. Therefore, a time point of 24 hours following 1 the infusion of ONCOGREEN should be considered optimal for intraoperative imaging of 2 tumor margins. The subsequent step to advance the clinical application of the 3 ONCOGREEN protocol was the toxicology assessment of the EV treatment. Safety is 4 indeed a critical aspect for the potential translation of the protocol of autologous PDEVs 5 infusion in humans. For this purpose, we investigated the effect of EV injection in mice key 6 blood biochemical values and the production of pathological biomarkers related to liver 7 8 function and inflammation, compared to a physiological condition in which the animals were treated with the vehicle alone. In this case, since the toxicological investigation aimed to 9 identify any toxic effects of autologous extracellular vesicle injection, the treatments were 10 conducted using EVs produced from primary murine fibroblast cells, syngeneic with the 11 recipient animals, while the vehicle was DPBS, the buffer in which the EVs were suspended. 12 We intravenously treated groups of n=8 C57BI/6 mice with two different doses: 3.3E09 and 13 3.3E10 (syngeneic) EVs/Kg. Then, these groups were sacrificed at three time points: 1 hour, 14 24 hours, and 10 days after treatment. At the 1-hour mark, we examined coagulation 15 parameters and bone marrow cytology (Table 2). 16

For the coagulation parameters, comparing results among groups was challenging due to 17 several samples in almost all groups exhibiting coagulation times longer than the 18 measurable scale or exceptionally high, often linked to very low fibrinogen concentrations 19 20 and/or potential preanalytical factors or dilutional effects. This could be partly attributed to some samples being highly hemolytic, yet the high frequency of these occurrences suggests 21 a potential preanalytical activation of hemostasis that may have transpired in vitro (e.g., 22 during sampling or coagulation within tubes) or *in vivo*. The latter hypothesis was discarded 23 24 based on histology results that reported the absence of thrombosis 1h after the treatment (Supplementary Table 1), while at 24h thrombosis was focally observed in 1 control (in the 25 26 lung) and 1 treated (in the injection site and liver) mouse, suggesting a procedure-related effect (likely due to the retro-orbital i.v. injection) rather than an effect related to the 27 treatment. No findings of thrombosis were identified 10 days after treatment. Moreover, this 28 phenomenon seems to have manifested in both treated mice and controls, however not 29 evidently associated with treatments. Local treatment-related effects were observed only in 30 the high dose group, consistent with a retro-orbital macrophagic infiltration in the injection 31 32 site 24h after treatment, undergoing recovery 10 days after treatment (Supplementary Table 1, and Supplementary Figure 9). Macrophagic infiltration was likely aimed at removing 33 extravasated EVs at the level of the injection site. Bone marrow analysis did not reveal 34

biologically significant changes potentially associated with the treatments, except for a
suspected increase in leukopoiesis at 1 hour, which was not confirmed at 24 hours and 10
days (Supplementary Figure 7). At 24 hours and 10 days after the treatment with EVs, a
comprehensive evaluation was performed, assessing clinical chemistry. The study
evaluated renal functions, protein profiles, enzymes, and energy metabolism following
treatments (Table 3).

7 Glucose levels decreased slightly at both time points, but showed no dose-dependent 8 changes, which was also observed for urea levels. Creatinine levels were slightly elevated 9 when compared to controls in both treatment groups at 24 hours, but not at 10 days. Total protein levels showed minor variations, and albumin levels were consistent with reference 10 intervals. Enzyme activity related to liver damage (ALT and GLDH) showed a dose-11 dependent increase at 24h, but significance was not reached for ALT. Conversely, GLDH 12 showed significant differences between treatment groups, suggesting a possible liver 13 damage in individual mice of the 3.3E10 EVs/Kg group; nevertheless, histological 14 verification did not detect any liver damage in the treated animals (Supplementary Table 1), 15 thus suggesting that the GLDH data may be linked to the sampling procedure. ALP activity 16 increased without statistical significance. Muscle enzyme (CK and LDH) activity was 17 elevated in all groups, possibly associated to a certain degree of hemolysis of samples, 18 independently of treatment groups or time points. Overall, there were no significant dose- or 19 time-dependent changes in treatments, with minor variations observed. GLDH showed 20 significant differences between treatment groups, suggesting potential liver damage in 21 individual mice of the 3.3E09 group; nevertheless, histological verification did not detect any 22 liver damage in the treated animals (Supplementary Table 1), thus suggesting that the 23 GLDH data could be artifacts. Also, routine hematology on peripheral blood (Table 4) did 24 25 not evidence substantial changes related to the treatments.

Erythroid parameters, including RBC counts, hemoglobin, and hematocrit showed only a 26 slight and non-significant increase in treatment groups compared to controls. Platelet counts 27 28 were consistently low across all groups except for two mice (Supplementary figure 8), at all times, indicating thrombocytopenia, and may be explained with a decreased platelet 29 production by the bone marrow, (not supported by bone marrow analysis, which conversely 30 displays a trend to the activation of megakaryopoiesis evidenced as megakaryocytic 31 32 hyperplasia (Supplementary Figure 7) in a few individual mice across all groups and time points), or - more likely - by an increased platelet consumption due to activation of 33 34 coagulation during sampling or a pre-existing condition of the mice used in the

experimentation. Leukocyte parameters showed no significant changes at 24 hours post-1 treatment. In the 10-day experiment, the total leukocyte counts of the control group exhibited 2 high dispersion around the median level, partly due to the presence of outliers with unusually 3 high values. Interestingly, this dispersion resulted in a median level higher than that of the 4 control group in the 24-hour experiment. Consequently, this variability in the control group 5 may explain the significant difference observed with the treatment groups. Anyway, the 6 median values of the treatment groups were quantitatively similar to those recorded in the 7 8 treatment groups of the 24-hour experiment, suggesting consistency in the hematological response across different time points. Overall, the hematological analysis indicated no 9 significant alterations in erythroid parameters and some differences in the myeloid 10 parameters not related to the treatment. Despite some individual variations observed in 11 blood leukocyte populations across all groups and time points, the treatments appear to 12 have no discernible influence on blood cell populations. Notably, the observed changes were 13 consistently present at various levels (including coagulation times, platelet count in blood, 14 and megakaryocyte hyperplasia in bone marrow) across all groups, including controls. 15 Overall, the analyses did not reveal any toxic effect associated with the treatment, therefore 16 a single treatment up to 10 times the established MED can be considered safe in mice. 17 When considering human treatment, the observed changes in hemostasis, although not 18 supported by histopathological analysis, may suggest that attention should be given to the 19 administration parameters, such as volume and duration, to minimize potential coagulation 20 issues. Nevertheless, these findings are in line with numerous prior toxicological studies 21 conducted on both autologous and heterologous EVs in rodents [20, 28, 39, 49] and with 22 Phase 1/2 studies in humans [50, 51]. When ICG was encapsulated in EVs, the 23 biodistribution data (Figure 3) did not reveal any new accumulation sites compared to free 24 25 ICG, except within the tumor mass. This suggests that no additional side effects are expected from the ICG formulation with PDEVs compared to the standard solution. Overall, 26 these results offer strong evidence that the delivery of ICG through PDEVs outlined in the 27 28 ONCOGREEN protocol demonstrates a favorable safety profile.

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30 Characterization of plasmapheresis-derived PDEVs

The established MED, determined to be both safe and adequate for delivering a sufficient quantity of ICG for intraoperative imaging of tumor margins, was found to be 3.3E09 PDEVs-ICG per kilogram. For example, for a patient weighing 70 kilograms, the recommended MED would be a total of 2.3E11 PDEVs-ICG. Given that the yield of PDEVs obtained from a

standard blood draw, equivalent to 4-5 mL of plasma, is approximately 3E9, it follows that 1 the amount of plasma required to isolate such a number of EVs would be about 500 mL. To 2 obtain this volume of plasma from a single CRC patient, plasmapheresis is a viable option. 3 Plasmapheresis is a medical procedure allowing the separation of large volumes of blood 4 plasma from other blood components, replacing it with a physiological solution. It is clinically 5 acceptable in oncology patients and doesn't interfere with standard clinical procedures: for 6 this study, plasmapheresis was authorized by the hospital's ethical committee (Aut. INT 7 244/20). For scaling up the procedure to handle this substantial volume of plasma safely, 8 we set-up a clinical protocol for isolating PDEVs via plasmapheresis and manufacturing the 9 ONCOGREEN formulation under the Good Compounding Practice of Italian Pharmacopeia 10 in the framework of the European Pharmacopeia monograph "Pharmaceutical 11 preparations". This protocol has been demonstrated feasible in sterile conditions with 12 multiple operators through a Mediafill test. The PDEVs obtained through this protocol were 13 thoroughly characterized following the MISEV2023 recommendations [42]. In this first 14 phase, PDEVs isolated from four CRC patients, each donating 500 ml of plasma via 15 plasmapheresis, were tested. NTA was employed to profile their dimensions and quantify 16 the total number. The profile analyses of PDEVs isolated following the plasmapheresis 17 procedure reported values for dimension parameters such as D₁₀, D₅₀, D₉₀, mode, mean, as 18 well as the total number of nanoparticles that could be obtained from these patients (Table 19 5 and Figure 4A), allowing the comparison with PDEVs isolated from a standard blood draw 20 (Table 1). 21

Notably, the analysis reported similar dimensions for EVs isolated from plasmapheresis 22 preparations compared to those obtained from blood draws. Moreover, the total number of 23 nanoparticles derived from both procedures was similar (when normalized to the blood 24 volume), being in the range of 2-9E10 EV/ml of blood. Further characterization of the EVs 25 included the examination of the expression of the exosome biomarker Tumor Susceptibility 26 Gene-101 (TSG101, Figure 4B), the cryo-EM imaging that verified the correct morphology 27 28 and the FACS analysis of carboxyfluorescein succinimidyl ester (CFSE)-stained PDEVs to test the integrity (Figure 4C and 4D). 29

The CFSE stain is commonly used to assess the integrity of EVs because it can permeate the EV membrane. When CFSE enters the EVs, it reacts with intravesicular proteins, resulting in fluorescence. If the EV membrane is intact, the CFSE remains encapsulated, leading to stable fluorescence. Conversely, if the EV membrane is compromised, the CFSE leaks out, causing a strong decrease in fluorescence intensity. Therefore, by measuring the

fluorescence intensity of CFSE-stained EVs, it is possible to determine their structural 1 integrity. This analysis demonstrated that at least 80% of nanoparticles retained their 2 integrity and correctly incorporated the fluorescent dye (Figure 4D). Most importantly, the 3 procedure of plasmapheresis used for the isolation of PDEVs did not impact the tumor-4 targeting ability of the nanoparticles, as shown by in vivo experiments, which confirmed 5 consistent tumor-targeting capability (Supplementary Figure 10). In conclusion, the 6 7 extensive characterization of plasmapheresis-derived PDEVs revealed dimensions, 8 biomarker expression, morphological and functional integrity which are comparable with 9 PDEVs isolated from standard blood draws. Moreover, PDEVs isolated with the plasmapheresis protocol retain the tumor-targeting capabilities of their counterparts isolated 10 with the standard protocol. These findings established a solid foundation for the potential 11 application of these PDEVs as carriers for intraoperative imaging agents, supporting the 12 translation of this approach to human clinical use. 13

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16 Lyophilized EVs retain their tumor targeting properties

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While the protocol for EV isolation, loading with ICG to generate the ONCOGREEN 18 formulation, and re-infusion in the same patient can be carried out within the hospitalization 19 20 timeframe in a clinical setting, future clinical applications of PDEVs might necessitate that EVs are isolated at an earlier time, perhaps several months before their reinfusion into the 21 22 patient. This approach requires the identification of suitable stabilization/storage methods that preserve at least the homing capabilities of the PDEVs. For this reason, it was examined 23 whether lyophilization could be proposed to maintain the tumor-targeting ability of EVs. In 24 pursuit of this goal, we set-up and applied a lyophilization procedure (detailed in the 25 Materials and Methods section) to EVs derived from a tumor cell line (MCF-7). Briefly, these 26 EVs were either resuspended in DPBS or subjected to lyophilization in a buffer made of a 27 10x PBS at pH 7.4 in a volumetric ratio of 1:1 with a 17.6% (w/v) trehalose solution. This 28 combination of excipients was selected not only because the osmolarity of 270 mOsm/Kg 29 complies the values required for intravenous injections, but also because it resulted suitable 30 to stabilize EVs upon freeze-thawing since no loss on EV number and/or variation in size 31 and size distribution was detected by NTA (Supplementary Figure 11). Upon reconstitution 32 of the freeze-dried cake, the lyophilized EVs were divided into two sets stored at room 33 temperature and 4 °C for 4 months, respectively. Afterwards, the lyophilized EVs were 34 reconstituted in water and characterized using NTA and western blotting analyses. The 35

results revealed a comparable NTA profile in terms of dimension, distribution, and EV count
with the non-lyophilized EVs (Figure 5A).

Nevertheless, a downregulation in certain protein components was also noticed, most 3 notably for α -tubulin. This is possibly due to the fact that some proteins have a higher 4 susceptibility to degradation induced by the lyophilization process compared to others (a 5 comparison between α -tubulin and TSG101 in the western blot exemplifies this difference, 6 Figure 5B). However, it is worth emphasizing that when the lyophilized and reconstituted 7 EVs were in vivo tested in the murine models of subcutaneous tumors previously described, 8 the biodistribution studies at 24 hours clearly demonstrated the retention of the tumor-9 targeting property in lyophilized EVs (Figure 5C). These results indicate that, while some 10 alterations did occur due to after lyophilization, the functional aspect of EVs remained largely 11 akin to the pre-lyophilization state. The lyophilization therefore can be considered as a 12 potential preserving modality for EVs used as tools for the tumor-selective delivery of 13 diagnostics or therapeutics, thus expanding the potential scope of clinical applications for 14 autologous PDEVs. 15

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17 **Discussion**

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In recent years, various drug delivery strategies have been developed with the aim of 19 delivering diagnostic and therapeutic molecules with high precision to tumor tissue. These 20 strategies are designed to enhance the detection of tumors and reduce the incidence of off-21 target side effects on healthy tissues. Liposomes offer a reliable method for producing 22 nanocarriers that protect drugs from dilution, degradation, or inactivation. However, they 23 face biological barriers such as triggering the innate immune response, off-target 24 accumulation, and rapid clearance from the bloodstream [52]. While some studies show 25 effective targeting mainly due to the EPR effect, others report high non-specific accumulation 26 in clearance organs, reducing the effective dose. Even active targeting with receptor-specific 27 ligands or antibodies yields variable results, often suggesting that passive targeting via the 28 EPR effect is the primary mechanism [53, 54]. The most recent cutting-edge technologies 29 used in biomedical applications for cancer imaging and therapy, propose strategies based 30 on biomimetic nanoparticles, such as cancer membrane-camouflaged nanoparticles [9, 10], 31 which are engineered by cloaking their surface with cancer cell membranes to enhance their 32 functionality in interacting with cancerous tissues. The aim of developing these biomimetic 33 nanoparticles for cancer targeting is to achieve safe and biocompatible delivery of 34 therapeutic agents specifically to tumor cells, enhancing treatment efficacy while minimizing 35

side effects [55]. In this context, PDEVs present distinct advantages over synthetic 1 nanoparticles and biomimetic systems, particularly in the realm of biomedical applications. 2 PDEVs are autologous, naturally sourced from the patient's own cells, circulating in bodily 3 fluids like blood or urine. This inherent origin ensures high biocompatibility, as they are less 4 likely to trigger immune responses or adverse reactions compared to synthetic nanoparticles 5 [39, 56]. PDEVs also demonstrate natural tropism towards tumor tissues, possibly through 6 surface receptors or ligands that facilitate their accumulation in cancerous sites. This innate 7 8 targeting ability enhances their efficacy in delivering diagnostic or therapeutic payloads directly to tumors, potentially without requiring additional modifications or coatings that 9 synthetic nanoparticles may need. This natural tropism observed in PDEVs is a feature 10 which is not seen for EVs isolated from healthy subjects [39], thus indicating that the 11 accumulation in the tumor is due to the active-targeting capacity of tumor-derived EVs, 12 rather than to an EPR effect, which would be observed also for the EVs isolated from healthy 13 donors. In contrast, cancer membrane-camouflaged nanoparticles, while engineered for 14 enhanced targeting specificity and drug delivery, may lack the natural biomolecular 15 complexity and origin inherent to PDEVs. While cancer membrane-camouflaged 16 nanoparticles certainly offer advantages in targeted delivery and functionalization, PDEVs 17 excel in biocompatibility, natural cargo diversity, innate targeting ability, clinical applicability, 18 and versatility. These attributes position PDEVs as promising candidates for advancing 19 personalized approaches to cancer imaging and therapy. The use of autologous PDEVs 20 holds the potential to accelerate the clinical application of EVs as a tool for the targeted 21 delivery of anti-neoplastic agents to cancerous tissue, offering significantly higher safety and 22 biocompatibility due to their autologous origin compared to synthetic nanocarriers or EVs 23 derived from cell cultures, which in turns might introduce exogenous oncogenes into the 24 patient through their cargo [57], potentially leading to unforeseen developments in the 25 natural history of the tumors present in the patients. From an experimental design 26 perspective, focusing on PDEVs as carriers for delivering molecules to tumors required 27 28 conducting pharmacokinetics studies using PDEVs. We have established the ONCOGREEN formulation as the foundation for translating preclinical proof-of-principle 29 data obtained from our previous studies in mice and dogs [27, 39] into human applications. 30 In particular, for clinical implementation of the ONCOGREEN formulation in intraoperative 31 32 tumor margin imaging, several parameters needed to be determined, including quality control measures for plasma-derived autologous EVs, the optimal dosage, and safety 33 34 aspects regarding potential ICG dye accumulation in unintended sites depending from the excipient component (PDEVs), as well as potential toxic effects associated with the excipient
dose. Therefore, we have initially determined the minimum effective dose of the
ONCOGREEN formulation for tumor detection using intraoperative imaging instruments,
taking MED as the reference dose for production, quality control and safety considerations.
Concerning safety, we must consider that with MED dosage, we administer an ICG amount
within the standard range for this drug (approximately 10 times less than the maximum dose
indicated for tumor detection).

At this dose, we have not observed any unexpected accumulation of the dye in undesired 8 locations. Conversely, at 24 hours, we observed the accumulation of a sufficient amount of 9 ICG in tumor tissue for effective fluorescent detection through intraoperative 10 instrumentation. Thus, we do not expect any undesired effects connected with the 11 ectopically accumulated ICG in the ONCOGREEN formulation. We are confident that there 12 will be no immune reactions linked to the administration of the MED: this expectation arises 13 primarily from the fact that the PDEVs are derived from the same patient from whom they 14 were isolated. Additionally, previous preclinical [39, 49] and phase 1 and 2 clinical trials 15 involving patients who were administered autologous or heterologous EVs did not reveal 16 any intrinsic toxicity [50, 58, 59]. 17

Nevertheless, to corroborate our previous findings, the toxicology of EVs was investigated 18 by injecting two doses of EVs derived from syngeneic cells into healthy animals to study the 19 organism's response to autologous EV injection. This test was designed as a Phase I safety 20 study on healthy volunteers, aiming to detect any toxicity or adverse drug reactions induced 21 by EV doses that, at the highest dosage, exceeded the effective dose by an order of 22 magnitude. Notably, even at this high dose, the test mice exhibited no signs of toxicity, as 23 no significant effects were observed on the coagulation, complete blood cell count, bone 24 marrow counts, or organ histopathology and biochemical markers. Based on these results, 25 we confidently assert that administering autologous PDEVs once at the MED dosage is a 26 safe procedure. Moreover, the feasibility of performing a plasmapheresis procedure on 27 28 oncology patients within 48 hours prior to tumor surgical removal was thoroughly discussed with oncologists and transfusion specialists at the National Cancer Institute of Milan, which 29 30 confirmed that pre-surgical plasmapheresis is a safe procedure included in the hospital protocol. This practice was routinely used until a few years ago to allow for autotransfusion 31 32 of plasma if needed during the surgical operation. However, it was later discontinued as it was rarely found to be necessary. Nevertheless, it remains an available option in the 33 34 therapeutic process and does not affect patient safety, the success rate of the surgical

intervention, or the patient's recovery chances. Therefore, its integration into the procedures 1 does not represent a concern. It is also important to note that the autologous PDEVs 2 required for the AUTOTERANOST protocol in patients will be derived from a maximum of 3 500 mL of plasma per patient. This amount represents approximately 15% of the total 4 plasma - and therefore of the total vesicles already circulating in the patient's blood. 5 Therefore, re-infusing the labeled vesicles is not anticipated to significantly alter the total EV 6 7 count in the patient under pathophysiological conditions, even in cases of hepatic failure. To ensure the highest safety standards, the labeled PDEVs will be resuspended in a volume of 8 9 physiological solution equivalent to the plasma volume previously drawn, and the infusion will be administered over a prolonged period (>1 hour). If the results obtained in mice and 10 dogs should be validated in a clinical setting, it would represent the proof-of-concept that 11 PDEVs could potentially be employed as carriers for different kind of drugs, including anti-12 neoplastic agents, to target the payload into the neoplastic tissue. 13

At this time, we are not yet aware of specific markers for tumor-derived EVs, which prevents 14 us from accurately quantifying the contribution of PDEVs to the total circulating vesicle 15 population to precisely define the amount of EVs that will target the tumor. Therefore, the 16 minimum effective dose was determined by considering the total population of extracellular 17 vesicles present in the plasma of oncology patients, hypothesizing that the size of the 18 circulating population of tumoral EVs is consistent among all the enrolled patients. This 19 consideration is primarily based on two concepts: first, in recent years, we have isolated 20 EVs from a significant number of patients and observed that the total number of EVs is very 21 similar across all the samples we have analyzed. This consistency leads us to believe that 22 there is no significant variation in the proportion of vesicles within the different populations. 23 Second, the proposed clinical protocol AUTOTERANOST involves the use of autologous 24 PDEVs in patients eligible for curative surgical intervention, who are all at a similar stage of 25 tumor development. However, we believe that tumor staging should not substantially affect 26 the enrichment of the total circulating EV population with tumor-derived EVs. Indeed, tumoral 27 28 EVs are recognized for their ability to prolong the circulation time of their therapeutic cargo, likely due to their "immunologically privileged" status. Unlike 'physiological' EVs and artificial 29 30 nanoparticles, which are rapidly cleared by macrophages in the liver and spleen, tumoral EVs express signals that act as "do not eat me" markers, reducing phagocytic uptake [60, 31 32 61]. This suggests that vesicles continuously released by tumor cells would quickly accumulate within the circulatory system from the onset of the tumor mass, thus forming -33 34 in a short time span - the predominant circulating extracellular vesicle population. With this,

in mind, and extrapolating from previous data [27], we can anticipate that PDEVs should be
able to deliver to tumors with dimensions of roughly 0.4 cm³ (the total accumulation depends
on the tumor mass) about half of the dose of the molecules loaded in the total population.

This consideration becomes particularly relevant when considering potential future 4 applications of PDEVs for drug delivery, such as chemotherapy agents. Assuming a drug 5 encapsulation efficiency similar to that achieved with ICG, a reference value of 6 approximately 5 µmol/Kg might be considered for the agent delivery at a dose of 3.3E09/Kg 7 in mice. In this condition, we expect that we can deliver up to 150 nmol of a 8 chemotherapeutic agent to a tumor of 1 gram (wet weight). Considering that doxorubicin 9 when systemically administered reach a Cmax of 3 nmol/g within the tumor [62], with PDEVs 10 it would be possible to deliver a dose of about 2 orders of magnitude higher than what can 11 be achieved through systemic treatment of the same drug. The combination of high 12 concentration with selective delivery to the cancerous tissue is expected to significantly 13 increase the efficacy of well-established anti-neoplastic agents when loaded into PDEVs. 14 The establishment of a freeze-drying protocol to preserve the size, dispersion and integrity 15 of PDEVs pave the way to future broader clinical applications of PDEVs beyond 16 intraoperative imaging. Indeed, lyophilization is an effective preservation method that offers 17 long-term stabilization of EV excipients in favorable storage conditions in terms of clinical 18 application and transportation, circumventing issues related to deep-freezing. The feasibility 19 of preparing batches of PDEVs when patients are in good health condition opens the door 20 for subsequent repeated administrations of drugs or diagnostics throughout the disease 21 course. This advantageous aspect, combined with the good safety profile, easy production 22 in hospital facilities, and simple storage, all contribute to the potential promotion of 23 autologous EVs in delivering anti-neoplastic agents. 24

All in all, this manuscript reports a series of pharmacological data necessary for the use of 25 autologous extracellular vesicles in humans for theranostics purposes, and as such, it 26 presents certain limitations. For instance, we only focused on EVs isolated from patients 27 28 with CRC. This choice stems from the design of the AUTOTERANOST protocol, which was developed in collaboration with the HPB Surgery and Liver Transplantation Department of 29 the National Cancer Institute of Milan. The protocol stems from several years of preclinical 30 studies on the biodistribution of tumor-derived EVs, and aims to apply the intraoperative 31 32 imaging protocol clinically, starting with a trial phase in CRC patients. This justifies the use of EVs isolated from these patients, following informed consent and approval of the protocol 33 34 by the INT ethics committee. However, despite the fact that CRC-derived vesicles are the

most well-characterized by our research group, we have previously investigated whether the 1 homing capacity to tumors is a characteristic shared by EVs derived from other types of 2 tumors as well [20, 25-28, 39, 41, 63]. Our research has demonstrated that not only is this 3 capacity common to vesicles produced by all the tumors we have studied, but it is also a 4 feature maintained across species [20], allowing EVs to home in on heterologous tumors 5 generated in other species. The tumors considered include lung cancer [20], breast cancer 6 7 [26], and central nervous system tumors, as recently shown using extracellular vesicles from canine glioblastoma patients [41]. Given that in all previously studied cases we did not 8 observe differences in tumor accumulation times, we are confident that the 9 pharmacokinetics determined in the current manuscript are also representative of EVs 10 produced by other tumors. 11

For the same reasons, in this study we decided to use syngeneic murine models to evaluate 12 the pharmacokinetics of PDEVs, instead of the humanized models like the Patient Derived 13 Xenografts (PDX). Indeed, while in the initial study that led to the development of the 14 AUTOTERANOST protocol, we investigated and verified the homing of PDEVs in PDX 15 models generated using tumors resected from the same patients from whom we isolated the 16 EVs, which were then implanted in immunodeficient mice [39], in following experiments, we 17 verified that PDEVs could be used to deliver diagnostic molecules to murine tumors 18 implanted in immunocompetent animals [27, 41]. Given that the affinity of PDEVs has proven 19 consistent across various tumor models tested previously, including the PDX, we selected 20 the syngeneic murine models, because the model presents fewer ethical issues compared 21 to PDX models - which requires transplanting biopsy tissue from the patient to a mouse -22 and it involves the use of immunocompetent animals, providing a more physiologically 23 relevant environment. While this might initially appear to be a limitation of the study, our 24 previous studies did not show differences in the tumor-homing behavior of the PDEVs when 25 administered to a PDX or to a syngeneic mouse, thus we are confident that the model we 26 used closely mimics the pathophysiology likely to be encountered in patients during a clinical 27 28 trial. This choice ensures that our results are more directly applicable to the clinical setting, where patients have fully functional immune systems. 29

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31 Conclusions

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The ability to selectively target diagnostic and therapeutic agents directly to neoplastic tissue has long been a key goal in cancer research. Despite various approaches, achieving this

goal has often fallen short of expectations. Thus, the need for biocompatible tools for the 1 selective delivery of anti-tumor drugs or diagnostic agents remains a significant unmet need 2 in both clinical and preclinical research. This paper builds on previous research 3 demonstrating that tumor-derived EVs inherently possess tropism for tumors, a feature with 4 significant clinical potential. Our study addressed the principal challenges that must be 5 overcome to accelerate the clinical use of autologous PDEVs. We developed the 6 7 ONCOGREEN manufacturing protocol, which identifies the optimal posology for effective tumor identification through PDEVs-ICG accumulation. We verified the safety of the 8 approach and, to tackle the challenge of producing a sufficient quantity of PDEVs for clinical 9 use, we have implemented a plasmapheresis procedure. This technique ensures the 10 generation of an adequate number of EVs, which is essential for achieving therapeutic 11 efficacy. The plasmapheresis process is compatible with hospital admission and cancer 12 surgery protocols, allowing for seamless integration into patient care workflows without 13 significant disruptions or the need for extensive modifications. Additionally, the procedure 14 aligns well with the existing infrastructure and equipment found in the pharmacy of medium-15 sized hospitals. This compatibility means that hospitals can adopt this technology without 16 the need for specialized equipment or extensive training, facilitating widespread 17 implementation. Looking forward, establishing in-house PDEVs production could transform 18 cancer treatment management. By creating an internal production service, hospitals can 19 ensure a consistent and reliable supply of PDEVs tailored to their patients' needs. This self-20 sufficiency reduces dependence on external suppliers and enhances the precision and 21 personalization of cancer therapy. Beyond surgery, the theranostic potential of PDEVs is 22 promising. Should PDEVs demonstrate sufficient specificity and sensitivity in vivo, their use 23 could be expanded to include contrast agents (e.g., gadolinium or iohexol) or targeted drugs. 24 This selective affinity would enhance therapeutic efficacy, minimize systemic side effects, 25 and potentially reduce inflammation outside the tumor area. By democratizing access to 26 advanced therapeutic options, we can significantly improve cancer care, offering more 27 28 effective and targeted treatments, and paving the way for widespread adoption of innovative oncological therapies. 29

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31 Abbreviations

ALP: alkaline phosphatase; ALT: alanine aminotransferase; CFSE: carboxyfluorescein succinimidyl ester; CK: creatine kinase; CRC: colorectal cancer; Cryo-EM: cryo electron microscopy; EVs: extracellular vesicles; GLDH: glutamate dehydrogenase; ICG: indocyanine green; i.v.: intravenous; LDH: lactate dehydrogenase; MED: minimum effective
dose; NIR: near-infrared; NTA: nanoparticle tracking analysis; PDEVs: patient-derived
extracellular vesicles; PDX: patient derived xenografts; PT: prothrombin time; aPTT: partial
thromboplastin time; TSG101: Tumor Susceptibility Gene – 101.

5

6 Funding

The research leading to the results has received funding from AIRC under IG 2020 ID.24914 project to P.C., and European Union — NextGenerationEU (PNRR M4C2Investimento 1.4-CN00000041-23 PNRR_CN3RNA_SPOKE8 to P.C. and F.C. and
PNRR_CN3RNA_SPOKE9 to P.C.).

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12 Institutional Review Board Statement

- 13 All animal experimentation was carried out in accordance with the Animal Research:
- 14 Reporting of in Vivo Experiments (ARRIVE) guidelines and the European Guidelines for
- 15 Animal Care. All animal experiments were approved by the Italian Ministry of Research
- and University, permission number: 214/2020. Blood draws and plasmapheresis
- 17 procedures on CRC patients were approved by the Ethics Committee of the National
- 18 Cancer Institute of Milan (Aut. INT 244/20).
- 19

20 CRediT authorship contribution statement

Conceptualization, A.V., D.C. and P.C.; Formal analysis, Z.D., E.C. A.V. and P.C.; Funding
acquisition, V.M., P.C. ans F.C.; Investigation, D.C., A.V., Z.D., E.C.; Methodology, D.C., A.V.,
Z.D., E.C., S.R., S.V., F.Sh., L.C., A.O., A.G., M.R, N.S., M.M., C.R., F.S., S.P., M.G., V.L.,
N.S., F.A. and P.C.; Writing—original draft, A.V. and P.C.; Writing—review & editing, A.V.,

- P.C. and E.B. All authors have read and agreed to the published version of the manuscript.
- 26

27 Declaration of Competing Interest

- The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.
- 30

31 Data Availability

- 32 Data will be made available on request.
- 33
- 34

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Delivery of Immunogenic Oncolytic Adenovirus Encapsulated in Extracellular Vesicles for Cancer Therapies.
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1 Tables

- 2
- 3 Table 1. Number and dimension distribution of PDEVs isolated from blood draws of two CRC
- 4 patients. SD: Standard deviation. D10: diameter (nm) of the particles that is the 10th percentile. D50:
- 5 diameter (nm) of the particles that is the 50th percentile. D90: diameter (nm) of the particles that is
- 6 the 90th percentile

Value	PATIENT 1	PATIENT 2
Mean	196.1	174.2
Mode	123.3	132.3
SD	83.8	80.1
D10	119.8	111.7
D50	171.6	149.0
D90	309.2	265.2
EV/ml	4.2 E10	3.1 E10

- **Table 2.** Plasma coagulation times and bone marrow analysis, made on samples of C57BL/6 mice collected1 hour after treatments with Vehicle, or two different doses of syngeneic EVs (3.3E09 EVs/Kg and 3.3E10
- 2 3 EVs/Kg). N=8; *: pVal<0.05 vs Vehicle by t -test.

Parameters	Vehicle	3.3E09 EVs/kg	3.3E10 EVs/kg
fibrinogen (mg/dL)	111.00 ± 18.94	92.50 ± 25.29 *	58.75± 5.77 *
PT (sec)	71.65 ± 59.45	131.57 ± 68.37 *	136.27 ± 62.30 *
APTT (sec)	96.40 ± 51.37	197.55 ± 52.45 *	250.00 ± 0 *
Myeloid-erythroid ratio	1.45 ± 0.14	1.52 ± 0.13	0.17± 0.11 *
Proliferative erythoid pool (%)	12.11 ±1.14	16.56± 1.29	14.76 ± 2.13
Proliferative myeloid pool (%)	12.19±1.50	18.98± 0.77	23.02± 1.14 *
Lymphocytes%	9.78± 1.23	10.14± 0.60	8.31± 0.83

- **Table 3**. Clinical chemistry results. ALT: Alanine Transaminase; ALP: Alkaline Phosphatase; Chol: cholesterol;
- 2 CK: Creatine Kinase; LDH: Lactate Dehydrogenase; GLDH: Glutamate dehydrogenase. Reference values for
- 3 C57BL/6 mice are reported in Supplementary Table 2.

	Clinica	al chemistry	′ – 24h	Clinical chemistry – 10 days							
Parameters	Vehicle	3.3E09 EVs/Kg	3.3E10 EVs/Kg	Vehicle	3.3E09 EVs/Kg	3.3E10 EVs/Kg					
Glucose	370.00 ±	348.50 ±	333.00 ±	421.00 ±	267.50 ±	354.00 ±					
(mg/dL)	84.90	71.11	52.42	87.07	36.76	76.22					
Urea	71.88 ±	76.95 ±	72.28 ±	79.15 ±	77.64 ±	77.76 ±					
(mg/dL)	5.89	3.07	5.77	4.14	4.90	3.62					
Creatinine	0.30 ±	0.37 ±	0.40 ±	0.39 ±	0.34±	0.38 ±					
(mg/dl)	0.04	0.05	0.04	0.03	0.05	0.02					
Tot. proteins (g/dL)	6.56 ± 0.28	6.73 ± 0.15	6.52 ± 0.25	6.88 ± 0.47	6.48 ± 0.22	6.80 ± 0.26					
Albumin	3.76 ±	4.03 ±	3.81±	4.23 ±	3.89 ±	3.89 ±					
(g/dL)	0.19	0.13	0.19	0.28	0.12	0.12					
ALT (U/L)	51.50 ±	180.60 ±	267.25 ±	324.00 ±	102.16±	263.00 ±					
	17.44	82.83	58.96	140.99	38.50	79.18					
GLDH (U/L)	54.50 ±	86.99 ±	89.93 ±	119.00±	48.00±	64.00±					
	20.99	19.54	36.00	19.54	18.02	18.13					
ALP (U/L)	113.78 ±	134.64 ±	130.68 ±	119.21 ±	170.75 ±	146.03 ±					
	29.15	25.09	18.75	26.19	23.83	30.55					
Chol	119.17 ±	115.56 ±	110.08 ±	114.72 ±	107.08 ±	114.33 ±					
(mg/dL)	17.83	7.06	5.17	13.04	7.34	3.66					
CK (U/L)	10979 ± 8809	6953.00 ± 3146.96	4523.00 ± 739.90	7064.12 ± 3263.32	4946.66 ± 2691.00	8294.33 ± 4718.88					
LDH (U/L)	2536.00	2013.00	2060.00	2227.66	1561.66	1225.00					
	± 864.88	± 584.15	± 388.56	± 616.71	± 421.83	± 555.88					

Table 4. Hematology on peripheral blood. RBC: red blood cells; WBC: white blood cells. *: pVal<0.01 vs Vehicle; #: pVal<0.01 vs 10⁹ EVs. Reference values for C57BL/6 mice are reported in Supplementary Table 2.

	Hemato	logy on pe	eripheral	Hematology on periphera						
	ł	blood – 24	h	blood – 10 days						
Parameters	Vehicle	3.3E09 EVs/Kg	3.3E10 EVs/Kg	Vehicle	3.3E09 EVs/Kg	3.3E10 EVs/Kg				
Hemoglobin (g/dL)	10.66	10.91	12.09 ±	10.14 ±	11.90±	10.60±				
	±1.48	±1.01	0.45	1.11	0.21	1.32				
Mean corpuscular	15.20	14.78	14.65 ±	14.77 ±	14.70±	15.56 ±				
hemoglobin (pg)	± 0.35	±0.32	0.32	0.32	0.17	0.39				
Mean corpuscular hemoglobin concentration (g/dL)	34.34 ± 53.07	32.91± 1.03	32.75 ± 0.47	33.88 ± 0.84	33.01 ± 0.48	33.95 ± 0.99				
RBC(10 ⁶ /µl)	7.17 ±	7.46 ±	8.25 ±	6.65 ±	8.08 ±	6.96 ±				
	1.01	0.77	0.31	0.77	0.13	0.90				
WBC (10 ³ /µl)	5.36 ±	4.19 ±	5.23 ±	8.06 ±	5.85 ±	4.08 ±				
	1.03	0.56	0.91	2.91	0.73*	1.07*				
Neutrophils%	9.34 ±	10.01±	9.24	6.42 ±	14.96 ±	4.97 ±				
	1.64	2.20	±1.07	1.78	6.03 [#]	0.55				
Eosinophils%	1.21 ±	1.43 ±	1.16±	1.09 ±	1.43±	1.02 ±				
	0.19	0.32	0.22	0.14	0.22	0.24				
Basophils%	0.55 ±	0.33 ±	0.24±	0.20 ±	0.23±	0.34 ±				
	0.20	0.14	0.09	0.08	0.08	0.13				
Lymphocytes%	82.33	77.86 ±	78.54±	79.93 ±	73.53 ±	79.89 ±				
	± 1.93	1.88	2.38	4.65	6.37	3.31				
Monocytes%	9.56 ±	10.38 ±	10.81±	12.35 ±	9.85 ±	8.79 ±				
	1.53	1.51	2.18	3.52	2.07	3.59				
Platelet (10 ³ /µl)	211 ± 126	213 ± 57	210 ± 58	216.25 ± 49.86	412.14 ± 248.79	273.88 ± 72.28				

Table 5. Dimension profiles of the PDEVs obtained from four CRC patients using the plasmapheresis protocol.

2 3 SD: Standard deviation. D₁₀: diameter (nm) of the particles that is the 10th percentile. D₅₀: diameter (nm) of

the particles that is the 50th percentile. D_{90} : diameter (nm) of the particles that is the 90th percentile.

Value	PATIENT 1	PATIENT 2	PATIENT 3	PATIENT 4
Mean	183,2	192,0	196,2	190,5
Mode	119,5	130,2	122,7	123,6
SD	80,4	90,4	98,5	72,0
D10	101,3	115,1	100,7	121,6
D50	160,0	167,4	198,2	161,5
D90	279,6	315,5	323,2	254,6
EV/ml	2,45 E10	8,4 E10	7,58 E10	5,36 E10

1 Figures



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4 Figure 1. Determination of the Minimum Effective Dose. Representative images of ICG fluorescence in 5 vivo (A) and ex vivo in the tumor, lung, and liver (B), obtained with the IVIS Spectrum Imaging System and the 6 SPY Elite intraoperative imaging device. The tumor margins in the *in vivo* pictures are highlighted by the green 7 dotted line. In the color scale, blue represents the minimum fluorescence signal, whereas red represents the 8 maximum. Additional ex vivo images from other replicates are presented in Supplementary Figure 3. Mice 9 bearing tumors were administered three dosages of nanoparticles - 3.3E09 EVs/Kg, 3.3E08 EVs/Kg, or 10 3.3E07 EVs/Kg - of the ONCOGREEN formulation. C) Quantification of the fluorescent signals in the tumors 24 hours after injection is presented in the graph; bars in the graph represent the average +/- S.E.M values of 11 eight animals, *** p < 0.001, ** p < 0.01 calculated by one-way ANOVA followed by Bonferroni's test. 12



2 Figure 2. Independence of the average fluorescent signal intensity from for the tumor size. Three groups 3 of mice bearing tumors of different sizes (small 0.1-0.25 cm³, medium 0.3-0.5 cm³, and large 0.7-1.0 cm³) were 4 intravenously treated with 3.3E09 EVs/Kg of the ONCOGREEN formulation (MED). Mice were sacrificed 24 5 hours after treatment. A) Representative ex vivo images of ICG fluorescence. In big and medium tumors, 6 fluorescence is emitted from the entire surface of the tumor, as indicated by the blue coloration representing the presence of a near-infrared fluorescent signal. The samples reported in the 'Small'-labelled column include 7 the tumor collected together with surrounding healthy tissue: the tumor margins are highlighted by the green 8 9 dotted line. Each individual picture in the panel represents a different mouse. In the color scale, blue represents the minimum fluorescence signal, whereas red represents the maximum. B) Quantification of the tumor 10 fluorescent signal divided by the total tumor area. 11



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Figure 3. Kinetics of the biodistribution of EV-formulated ICG in tumor-bearing mice. Three groups of 4 mice each carrying syngeneic 0.4 cm³ MC38 tumors were administered a single MED of ONCOGREEN (3.3E09 EVs/Kg) or an equal dose of the standard formulation of free ICG (4 mg free ICG/Kg). The fluorescence biodistribution was analyzed ex vivo at 2, 24, and 96 hours using IVIS Spectrum Imaging. Other organs are depicted in Supplementary Figure 5. **:pVal < 0.01 with ANOVA test.</p>



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Figure 4. Characterization of EVs from colorectal cancer patients using the plasmapheresis protocol. The PDEVs exhibited size distribution, shape, EV-specific marker expression comparable to the PDEVs used 4 5 in previous experiments. A) NTA of particle size distribution of PDEVs. The lines represent the mean of 5 6 readings. Details on the size distribution and concentration are provided in Table 4. B) Immunoblot analysis of 7 TSG101 (47 KDa) expression in plasma-derived EVs from patients (lane 1: patient 1; lane 2: patient 2; lane 3: patient 3; lane 4: patient 4). C) Representative EV morphology and size obtained by cryo electron microscopy. 8 9 Scale bar: 100 nm. D) Flow cytometry analysis of CFSE-labeled PDEVs showing the percentage (>80%) of 10 CFSE-positive (CFSE+) vesicles. The cytogram depicts the side scatter (SSC)-A vs B3-A (green fluorescence 11 triggering) used to trace the CFSE+ gate. CFSE, carboxyfluorescein succinimidyl ester; PDEVs, patient-12 derived extracellular vesicles.



Figure 5. Characterization of lyophilized EVs. EVs derived from the MCF7 tumor cell line were freeze-dried and were subsequently stored at room temperature (RT) or 4°C for a duration of 4 months. A) Comparison of nanoparticle tracking analysis of MCF7-EVs and lyophilized MCF7-EVs kept at 4 °C and RT. The lyophilized vesicles showed similarities in terms of shape and size distribution when compared to non-lyophilized EVs (CTRL). B) Immunoblot analysis of EV marker proteins alpha-tubulin (50 KDa) and TSG101 (47 KDa) in both lvophilized and non-lvophilized MCF7 EVs. The graphs show the band density of proteins normalized for ponceau staining. C) Representative pseudocolored images display ex vivo ICG fluorescence in MC38 tumorbearing mice. These images were captured 24h after the intravenous injection of EVs loaded with ICG, comparing lyophilized or non-lyophilized EVs. The color scale represents the fluorescence signal, with black indicating the minimum intensity and yellow indicating the maximum. D) The graphs show the ex vivo ICG fluorescence, 24h after treatment with lyophilized or non-lyophilized EVs. Additional In vivo imaging pictures

for the RT group are reported in Supplementary Figure 12.

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Supplementary Figure 1. High-Performance Liquid Chromatography-Mass Spectrometry (HPLC/MS) chromatogram showing the separation and detection of ICG in standard (std solution) and complex biological samples (tissue sample and EV sample). Peaks represent individual compounds separated based on their retention time, that have been analyzed by mass spectrometry. The intensity of each peak corresponds to the abundance of the respective analyte.



Supplementary Figure 2. Schematic representation of the experimental plan to determine the MED required for detecting tumor margins with intraoperative instrumentation. Three groups of C57BL/6 wild-type mice bearing tumors of 0.4 cm³ sizes were intravenously treated with three different dosages of the ONCOGREEN formulation (3.3E07, 3.3E08, 3.3E09 EVs/Kg). In vivo and ex vivo images were acquired 24 hours post-injection using the IVIS Spectrum Imaging System and the SPY Elite intraoperative imaging device



Supplementary Figure 3. Images acquired with the IVIS Spectrum Imaging System and SPY Elite intraoperative imaging device, depicting the fluorescence captured ex vivo in the liver, lungs, and tumor of two replicate mice treated intravenously with three dosages of nanoparticles – 3.3E09 EVs/Kg, 3.3E08 EVs/Kg, or 3.3E07 EVs/Kg for 24 hours. The color scale represents the fluorescence signal, with blue indicating the minimum intensity and red indicating the maximum.



Supplementary Figure 4. Schematic representation of the experimental plan to test the effect of tumor size on the fluorescent signal accumulated in the neoplastic tissue. Three groups of mice bearing tumors of different sizes (small: 0.1-0.25 cm³, medium: 0.3-0.5 cm³, and large: 0.7-1.0 cm³) were intravenously treated with 3.3E09 EVs/Kg of the ONCOGREEN formulation at the minimum effective dose (MED).



Supplementary Figure 5. mages acquired at 24 hours with the IVIS Spectrum Imaging System, depicting the *in vivo* (upper pictures) and *ex vivo* (lower pictures) biodistribution of PDEVs-ICG at 24 hours in n=3 mice bearing very small tumors (<0.1 cm³). The tumors in the *ex vivo* pictures were collected together with surrounding healthy tissue: the tumor position was confirmed through macroscopic examination by a veterinary oncologist, and is indicated by the yellow arrow, and margins are highlighted by the green dotted line. The color scale represents the fluorescence signal, with black indicating the minimum intensity (10^7 p/sec/cm²/sr) and yellow indicating the maximum (10^8 p/sec/cm²/sr).



Supplementary Figure 6. The graphs depict the NIR fluorescence emission from additional mouse organs obtained from the experiment described in Figure 4.



Supplementary Figure 7. Graphs representing bone marrow analyses on mice treated with vehicle (white dots), 3.3E09 EVs/Kg (cyan dots) and 3.3E10 (black dots), showing the values for the single animals.



Supplementary Figure 8. Graphs representing platelet analyses (PLT: total platelet count; PLT-I: platelet impedance) on mice treated with vehicle (white dot), 3.3E09 EVs/Kg (cyan dot) and 3.3E10 (black dot), showing the values for the single animals.



Supplementary Figure 9. Histology of liver, lung and injection site 10 days after the administration of Vehicle (V) and 3.3E10 EV/Kg (Hematoxylin & Eosin, 200x, scale bar = 100 μ m). Microscopic changes were absent, except for a residual minimal macrophagic infiltration (arrowhead) in the injection site (retro-orbital region) observed in 1 female mice, suggesting a local injection-related effect undergoing recovery.



Supplementary Figure 10. Representative images acquired at 24 hours with the IVIS Spectrum Imaging System, depicting the fluorescence captured *in vivo* (A) and *ex vivo* (B) in the liver (Li), lungs (Lu), kidneys (Ki), spleen (Sp), brain (Br) and tumor (Tu) of three replicate mice treated intravenously with the MED of plasmapheresis-derived EVs loaded with ICG. The color scale represents the fluorescence signal, with black indicating the minimum intensity and yellow indicating the maximum. C) Quantification of the fluorescence signals.



Supplementary Figure 11. The composition of medium in which EVs were dispersed was tuned up in order to satisfy three main requirements: (i) osmolarity ranging 285±15 mOsm/Kg, (ii) compatibility and (iii) cryo- and lyoprotection enabling the preservation of the bioactivity. Hence, EV dispersions in 10x PBS were mixed with a solution of trehalose or a trehalose:sucrose mixture (TS) in different ratios. The freeze thawing cycle caused a slight, but statistically significant, increase of EV dimensions (panel A) and a decrease of their concentrations (panel B). Among the tested excipients, only trehalose allowed to retain the size and the particle concentration with respect to the fresh EV, suggesting the possible use as cryoprotectant. The freeze-drying process, performed according to the process depicted in panel C, confirmed the suitability of trehalose in giving elegant cakes and preserving the physical features of EV (panel D).



Supplementary Figure 12. Representative images acquired at 24 hours with the IVIS Spectrum Imaging System, depicting the *in vivo* biodistribution studies at 24 hours clearly demonstrating the retention of the tumor-targeting property in lyophilized (RT group) PDEVs. The color scale represents the fluorescence signal, with black indicating the minimum intensity (10^7 p/sec/cm²/sr) and yellow indicating the maximum (10^8 p/sec/cm²/sr).

		1h				24h						10d							
		١	/	3.3E EV/	E09 /Kg	3.3I EV	E10 /Kg	١	/	3.3I EV	E09 /Kg	3.3 EV	E10 /Kg	١	/	3.3I EV	E09 /Kg	3.3E EV/	Ξ10 /Kg
		М	F	М	F	М	F	М	F	М	F	М	F	М	F	М	F	М	F
	No. of examined mice/group	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4
Liver																			
	thrombosis with hepatic necrosis, slight	0	0	0	0	0	0	0	0	0	0	1	0	0	0	0	0	0	0
Lung																			
	thrombosis	0	0	0	0	0	0	1	0	0	0	0	0	0	0	0	0	0	0
	arterial medial hypertrophy, slight	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	0
Injection site																			
	granulocytic infiltration	1	0	0	0	2	1	3	1	1	1	1	0	0	1	0	0	0	0
	macrophagic infiltration	0	0	0	0	0	0	0	0	0	0	2	2	0	0	0	0	0	1
	thrombosis	0	0	0	0	0	0	0	0	0	0	1	0	0	0	0	0	0	0

Supplementary Table 1. Prevalence of most relevant histopathological changes in mice treated with vehicle (V), 3.3E09 EVs/Kg and 3.3E10. The numbers refer to the number of animals showing the described deviation from physiology.

Parameter	Reference interval (Charles
	River)
Glucose (mg/dL)	172-372
Urea (mg/dL)	10-56
Creatinine (mg/dL)	0.2-0.5
Tot. Proteins (g/dL)	4.8-7.2
Albumin (g/dL)	2.4-4.3
ALT (U/L)	27-195
GLDH (U/L)	n.d.
ALP (U/L)	105-370
Chol (mg/dL)	55-169
CK (U/L)	n.d.
LDH (U/L)	n.d
Hemoglobin (g/dL)	10.8-19.2
Mean corpuscular hemoglobin (pg)	11.7-16.8
Mean corpuscular hemoglobin	24.6-35.9
concentration (g/dL)	
RBC (10 ⁶ /µL)	7.14-12.20
WBC (10 ³ /µL)	3.90-13.96
Neutrophils%	7.36-28.59
Eosinophils%	0.13-4.51
Basophils%	0.01-1.26
Lymphocytes%	61.26-87.82
Monocytes%	2.18-11.02
Platelets $(10^3/\mu L)$	565-2159

Supplementary Table 2. Reference intervals (released by Charles River for the C57BL/6 mouse strain) for specific parameters investigated in the study and reported in Table 3 and Table 4.