

The Tilda brand logo is a red ribbon banner with a white dashed border, containing the word "Tilda" in a white serif font with a registered trademark symbol.

Tilda®

The text "Bon Voyage!" is written in a red cursive font, surrounded by small floral and leaf motifs in blue, red, and purple.

Bon Voyage!

The text "Flowerpot Pillow" is written in a simple, black, sans-serif font.

Flowerpot Pillow



Flowerpot Pillow

This pretty pillow is the perfect companion to the Flowerpot Quilt and uses the same fabrics (except for Fabrics 4 and 15). You could also make the pillow as a stand-alone project, and if you haven't done any paper piece appliqué before, it's the ideal project to practise this technique. Note that Fabrics 5, 6, 7, 13 and 14 need to be fussy cut, so extra fabric has been allowed for this. If you have made the quilt you may have some fabric left over that could be put towards the pillow. For the quilt instructions, visit: www.tildasworld.com

Materials (Updated April 1st 2020)

- Fabric 1: 5/8yd (60cm) – Cookie Stripe blue (130062)
- Fabric 2: 1/8yd (15cm) (fat eighth *not* suitable) – Apple Cake Stripe red (130068)
- Fabric 3: 1/8yd (15cm) (fat eighth *not* suitable) – Solid lupine (120013)
- Fabric 4: not used in pillow
- Fabric 5: 10in (25.4cm) square – Flowerleaf blue (100242)
- Fabric 6: 10in (25.4cm) square – Ringflower blue (100243)
- Fabric 7: fat quarter (long quarter *not* suitable) – Flowerleaf sand (100245)
- Fabric 8: 10in (25.4cm) square – Lilit blue (100246)
- Fabric 9: 5in (12.7cm) square – Paperflower blue (100247)
- Fabric 10: 10in (25.4cm) square – Lilit teal (100248)
- Fabric 11: 5in (12.7cm) square – Allison blue (100249)
- Fabric 12: 10in (25.4cm) square – Elsie blue (100250)
- Fabric 13: 10in (25.4cm) square – Ringflower red (100251)
- Fabric 14: 10in (25.4cm) square – Flowerleaf red (100253)
- Fabric 15: not used in pillow
- Fabric 16: 10in (25.4cm) square – Allison red (100256)
- Fabric 17: 5in (12.7cm) square – Lilit red (100258)
- Fabric 18: 5in (12.7cm) square – Elsie red (100259)
- Fabric 19: 1/8yd (15cm) – Paperflower red (100260)
- Wadding (batting) 30in x 22in (76cm x 56cm)
- Lining fabric (optional) 30in x 22in (76cm x 56cm)
- Fabric for back of pillow: two pieces each 20 1/2in (52cm) square – Luna blue (150002) – 108in (274cm) wide fabric (if you have made the quilt you should have enough left over for the pillow)
- Binding fabric 1/4yd (25cm) – Lilit blue (100246)
- Thick paper for appliqué patterns (slightly glossy paper is useful)
- Sheet of clear plastic (or template plastic) for fussy cut patterns
- Fabric glue for paper piece appliqué
- Erasable marker
- Spray starch (optional)
- Tweezers
- Piecing and quilting threads, plus sewing threads to match appliqué fabric colours
- Quilter's ruler, rotary cutter and mat
- Pillow pad to fit cover

Fabric Note

Where a long eighth or long quarter of a yard is given in the Materials list you could use fat eighths and fat quarters instead (unless otherwise stated). A fat eighth is assumed to be

approximately 10½in x 18in (26.7cm x 45.7cm) and a fat quarter approximately 21in x 18in (53.3cm x 45.7cm).

Finished Size

28½in x 20½in (72.4cm x 52cm) after binding

Notes

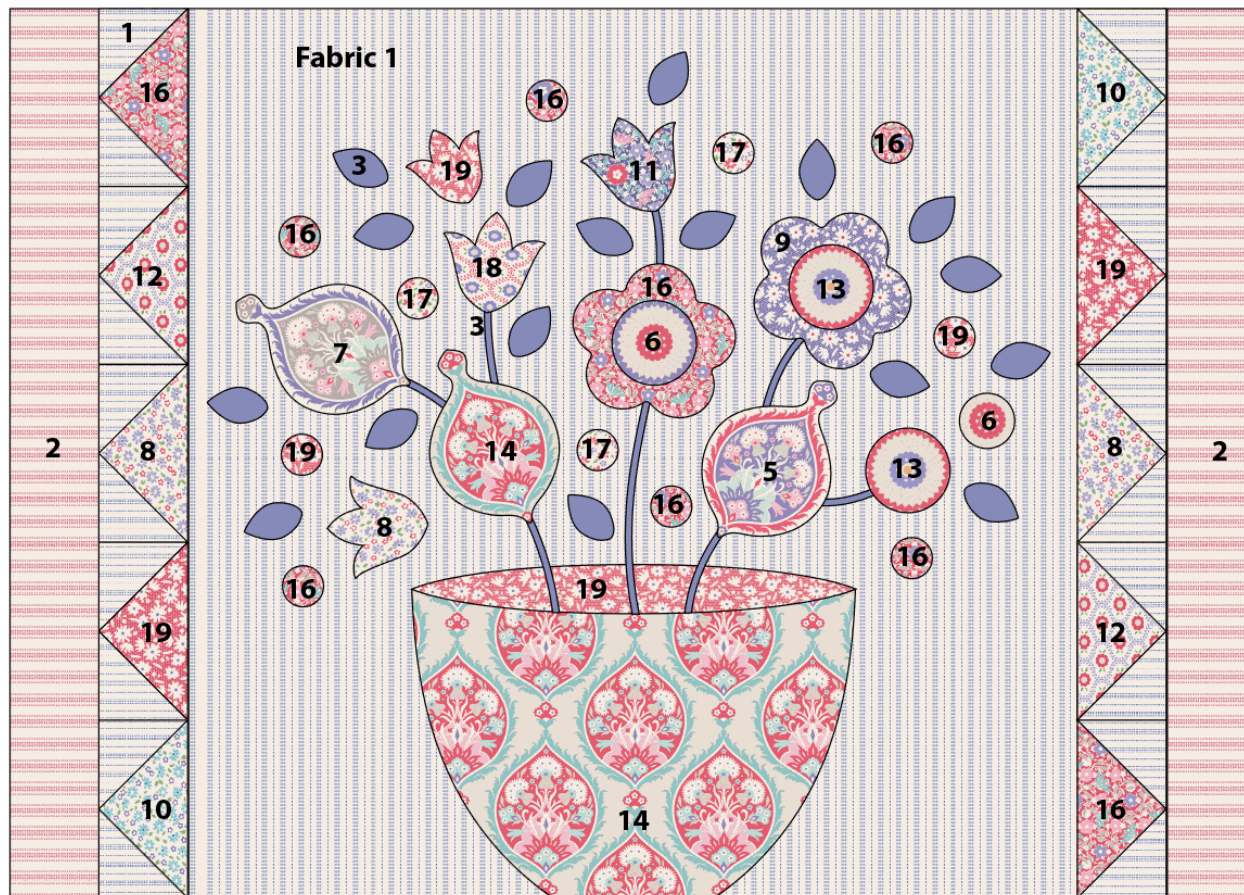
- Fabric quantities given are based on a usable width of 42in (107cm).
- Measurements are in imperial inches with metric conversions in brackets – use only *one* system throughout (preferably inches).
- Press all fabrics before cutting.
- Use ¼in (6mm) seams unless otherwise instructed.
- Check all patterns being used have been printed out full size.
- Read all the instructions through before you start.

Pillow Layout

1 The pillow is made up of one appliqué block, which is the same as the Flowerpot Quilt. The sides of the block are edged with a flying geese row, followed by a strip of vertical sashing. See **Fig A** for the fabrics used and **Fig B** for the pillow layout and positions of the fabrics.

Fig A Fabric swatches (for pillow)



Fig B Pillow layout and fabrics used

Cutting Out

2 For the background of the block cut a 21in (53.3cm) square of Fabric 1. Turn over the edge of the fabric all round by about ¼in (6mm) and tack (baste) in place. This will protect the edge from fraying as you work the appliqué. The tacking will be removed later, after all the shapes are sewn in place.

3 The cutting for the appliqué shapes is described in Making the Block, below.

4 For the flying geese units cut the following pieces.

- From Fabric 1 cut twenty 2½in (6.4cm) squares.
- From each of Fabrics 16, 12, 8, 19 and 10 cut two 4½in x 2½in (11.4cm x 6.4cm).

5 From Fabric 2, for the vertical sashing, cut two strips each 20½in x 2½in (52cm x 6.4cm).

6 Cut the binding fabric into three strips 2½in (6.4cm) x width of fabric. Sew them together end to end and press seams open. Press in half along the length, wrong sides together.

Making the Block

7 The appliqué is worked using pre-cut paper shapes. The patterns are provided full size and they are also shown at reduced size in **Fig C**. Most of the shapes can be cut from the fabric as normal (with a seam allowance added all round), but other shapes need to be fussy cut, to feature specific motifs. Follow the instructions with the patterns to cut the number of shapes needed from glossy paper. For the fussy cut shapes, also cut the shape once from clear

plastic, so you can position this on the fabric to cut the correct motif. **Fig D** shows the shapes needed for the pillow, and the numbers that need to be prepared. Specific advice is given below on cutting out the shapes.

Fig C The appliqué shapes needed (not to scale)

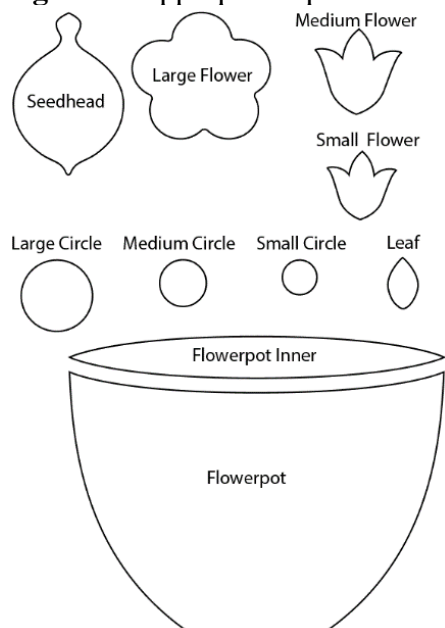
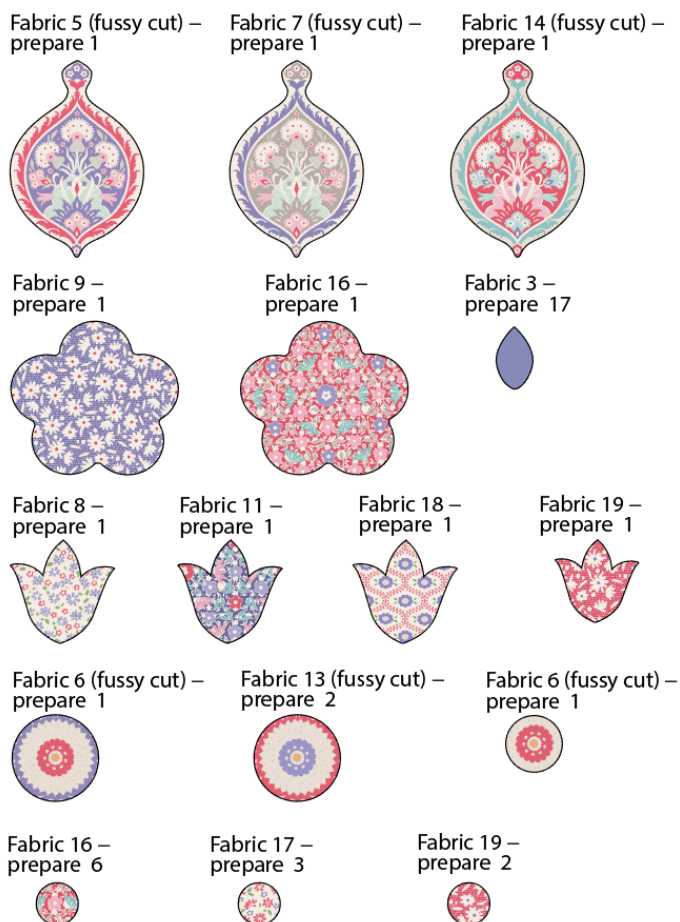


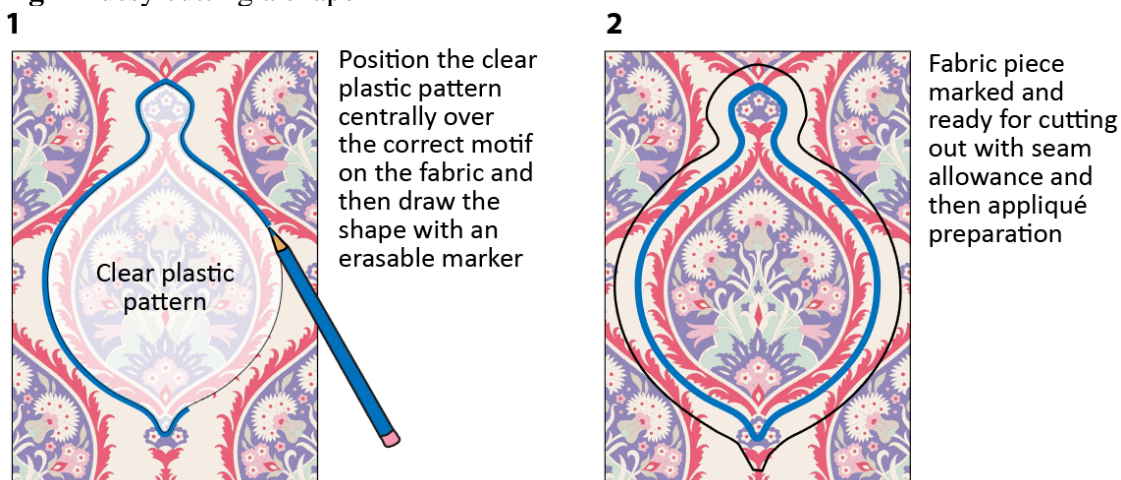
Fig D Total numbers of shapes needed for the pillow



8 Fussy cutting a shape: The flowerpot base, the seedhead shapes and the large and medium circles need to be fussy cut. **Fig E** shows in detail how this should be done using an example of a seedhead shape. Place the clear plastic shape over the correct motif on the fabric and mark around the edge with an erasable marker, as **Fig E 1**. Mark the seam allowance with a pencil (you can do this by eye) (**Fig E 2**). The shape can now be cut out along the outer pencilled line. (You may find it easier to initially cut the pieces out as rectangles, as shown.)

9 Follow **Fig D** to cut all of the shapes needed. They should all have seam allowances at this stage (not shown in the diagram). Cut the flowerpot and the pot inner piece as well. The shapes are ready now to be prepared.

Fig E Fussy cutting a shape



10 Preparing the appliqués: Take a fabric shape that's been cut out with a seam allowance, turn the shape to the wrong side and use a tiny bit of fabric glue to fix a paper pattern in the centre of the shape (or pin it in place) – see **Fig F 1**. Cut small snips in the seam allowance around the shape, as shown, but do not cut right up to the marked line. (You can cut more snips if needed as you form the appliqué shape.) Spread a little glue round the edge of the paper and begin to fold the seam allowance over onto the paper (**Fig F 2**). Repeat all around the shape, following the shape of the paper smoothly (**Figs F 3 and F 4**). You can trim the seam allowance down to $\frac{1}{8}$ in (3mm) if this is easier. Press the seam firmly into place, using a little spray starch if desired, to give a crisp, firm edge (**Fig F 5**). The paper is removed later (instructions will be given). The appliqué preparation process is shown again for a fussy cut motif in **Fig G**.

11 Continue in this way to prepare all of the appliqué pieces using this paper method.

Fig F Preparing the shapes with paper piece appliqué

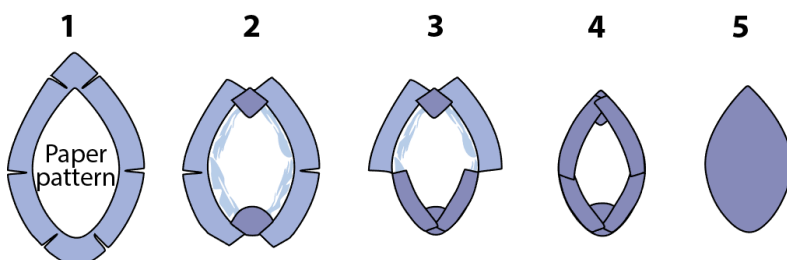
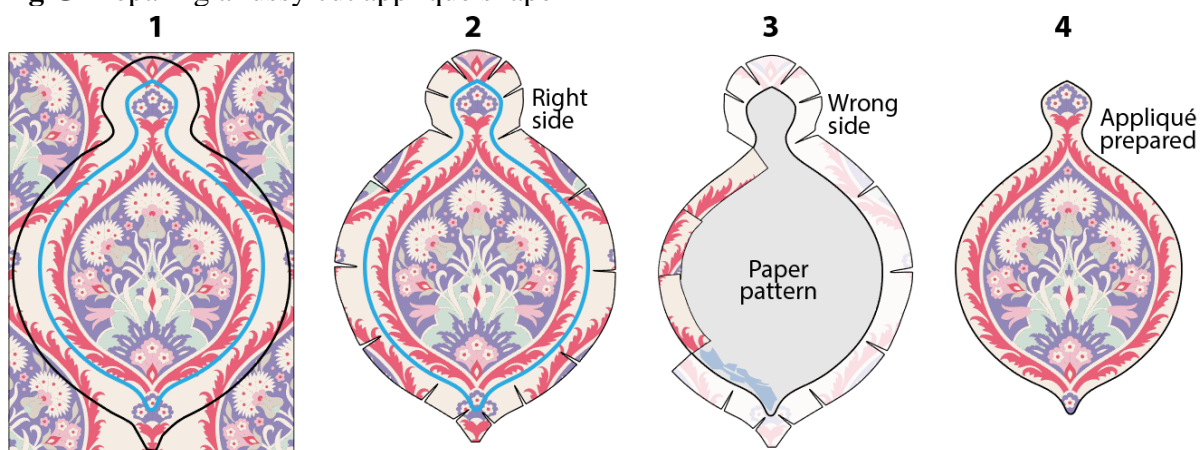
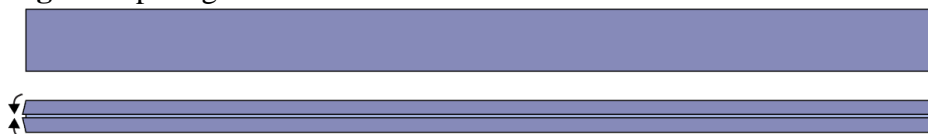
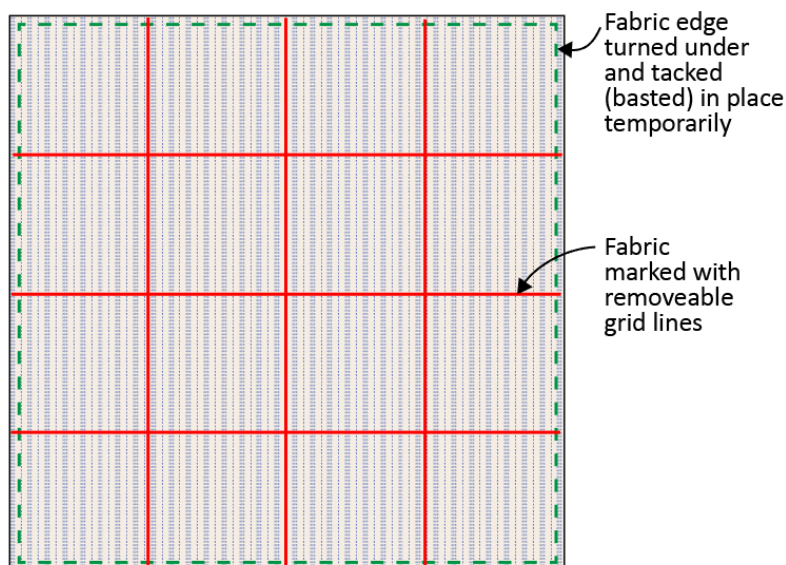


Fig G Preparing a fussy cut appliqué shape

12 Preparing the stems: Cut a strip of Fabric 3 for the stems $\frac{1}{2}$ in (1.3cm) wide by about 30in (76.2cm) long – this is long enough for the stems in one block. Fold both long edges in towards the middle, so the stem is just over $\frac{1}{8}$ in (4mm) wide, and press, using a little spray starch to give a firm edge (**Fig H**). This long strip will be cut into shorter pieces once you begin placing the appliqués on the background.

Fig H Preparing the stems

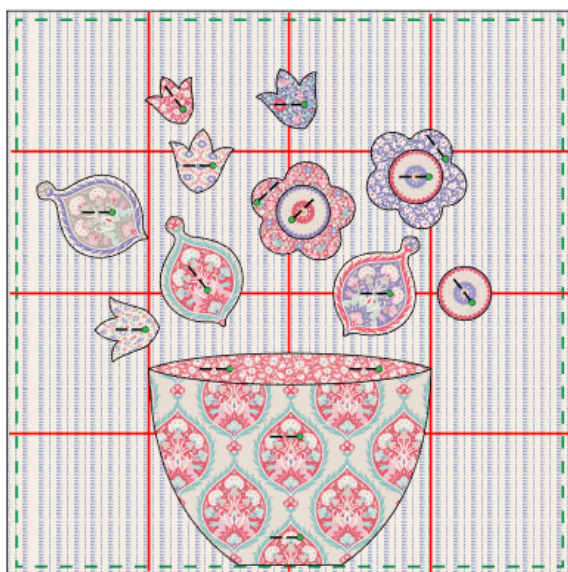
13 Positioning the appliqués: Take the hemmed background square, fold it into quarters, press lightly and use an erasable marker to mark the lines. Add further lines halfway between these lines, as shown in **Fig I**. These grid lines will help you place the appliqués. Remove them when the work is complete.

Fig I Preparing the background square

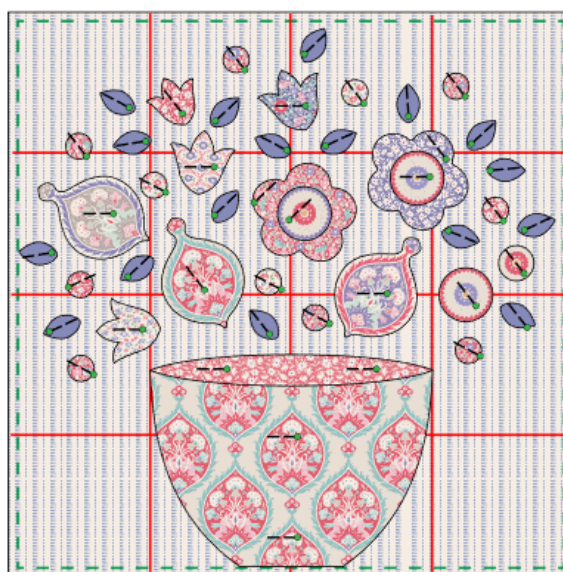
14 Following the stages of **Fig J**, begin to place the appliqués, pinning them into position. Begin with the large shapes, using the grid lines to guide you (**Fig J 1**). Add the large circles in the centre of the large flowers where needed. Move on to the smaller circles and leaves (**Fig J 2**). Finally, add the stems. These need to be cut to size from the long length you have prepared, allowing at least $\frac{1}{4}$ in (6mm) extra at each end (see **Fig J 3**). When placing the stem pieces, curve them slightly and tuck the extra lengths under other appliqués (**Fig J 4**). When happy with all positions, use a little glue to fix the shapes in place, removing the pins, which will make sewing easier.

Fig J Placing the appliqués

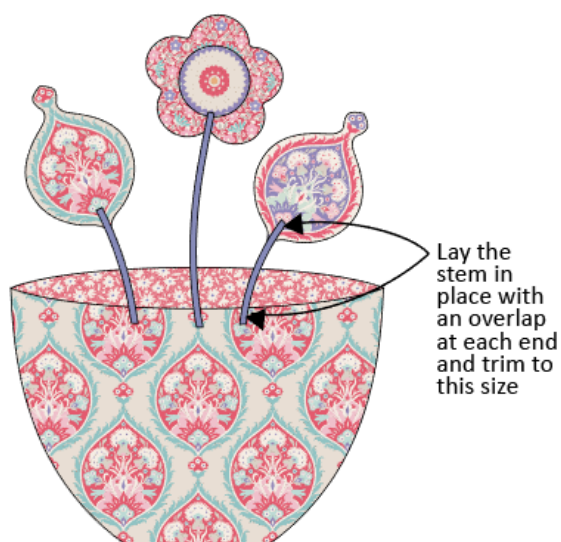
1 Place the main flowers and flowerpot first



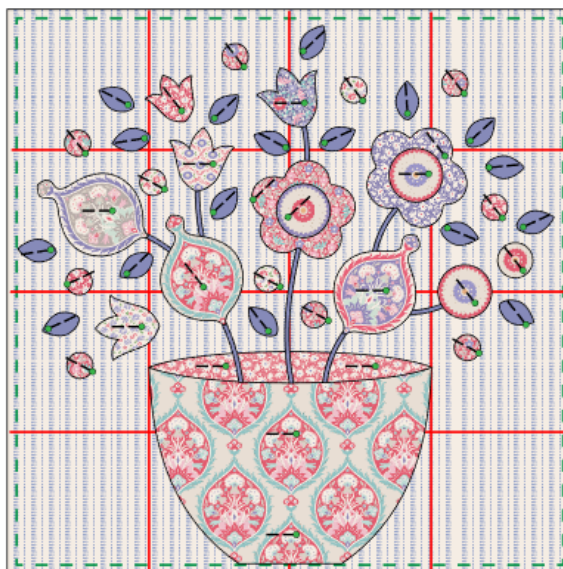
2 Add the small circles and leaves



3 Cut the stems longer than needed



4 Add the stems, tucking ends under the appliqués



15 Now sew the appliqués to the background fabric with tiny stitches around the edges, matching the sewing thread to the fabric if needed. Try not to sew through the paper shapes within the appliqués.

16 When all the shapes are sewn in place remove the paper shapes. To do this, from the *back* of the background fabric cut through the fabric *only* behind each appliqué and then coax out the paper pieces, using tweezers if needed. Press the work. If the cut edges on the back don't sit smoothly, fix them to the middle of the appliqué with a little glue.

17 Remove the hem tacking (basting) on the background square, press the whole square flat and then trim it down to 20½in (52cm) square, making sure you leave a ¼in (6mm) seam allowance at the bottom of the flowerpot. Remove all marking lines from your work.

Making the Flying Geese Units

18 The flying geese units are made in rows of five units. Each unit has corners of Fabric 1, with the middle rectangle using Fabrics 16, 12, 8, 19 and 10. **Fig K** shows the process. Place a 2½in (6.4cm) square of Fabric 1 right sides together with the left-hand edge of a 4½in x 2½in (11.4cm x 6.4cm) rectangle of print fabric (Fabric 16 is shown in the diagram). Note that the stripes of the fabric need to be *horizontal* at this stage. Mark the diagonal line on the square and then sew along the line. Trim excess fabric ¼in (6mm) away from the sewn line and press the triangle outwards. You will see that the fabric stripes are now vertical. Repeat this with a second square on the right-hand side of the rectangle, again, with the stripes horizontal. Sew, trim and press, as before. Check the unit is 4½in x 2½in (11.4cm x 6.4cm).

19 Repeat this process to make four more units using Fabrics 12, 8, 19 and 10 respectively. Now sew the five units together, as shown in **Fig L**. Repeat this process to make another unit of five flying geese.

Fig K Making a flying geese unit

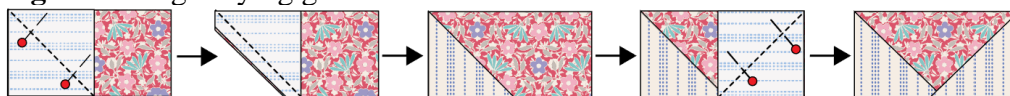


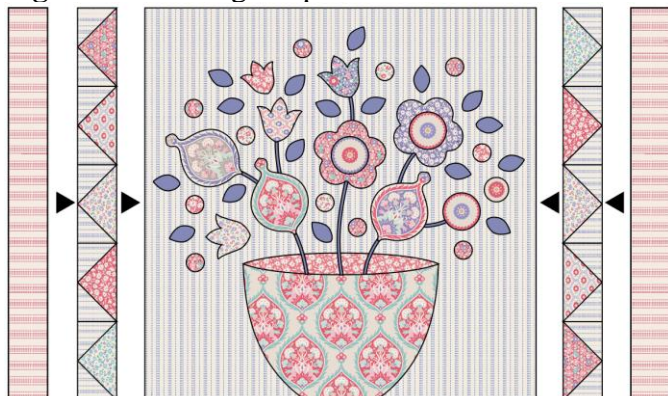
Fig L Sewing flying geese units together



Assembling the Pillow

20 Lay out the units for the pillow as shown in **Fig M**. Sew the flying geese to the sides of the appliqué block and then add the vertical sashing strips and press.

Fig M Assembling the patchwork



Quilting and Making Up

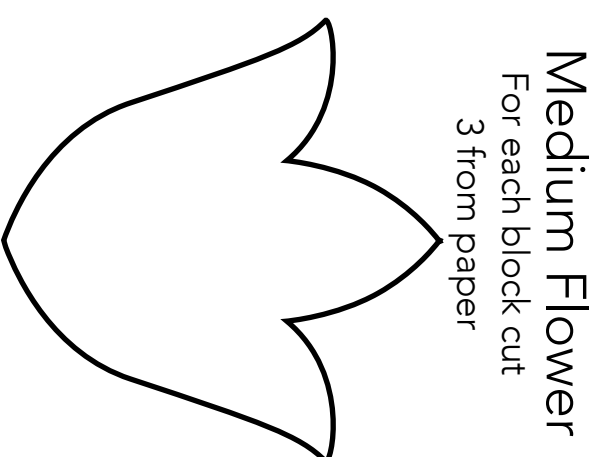
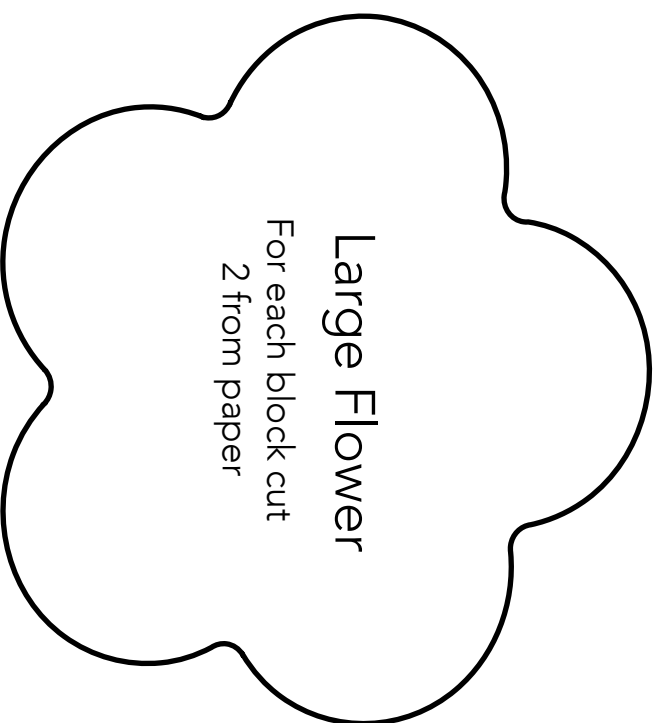
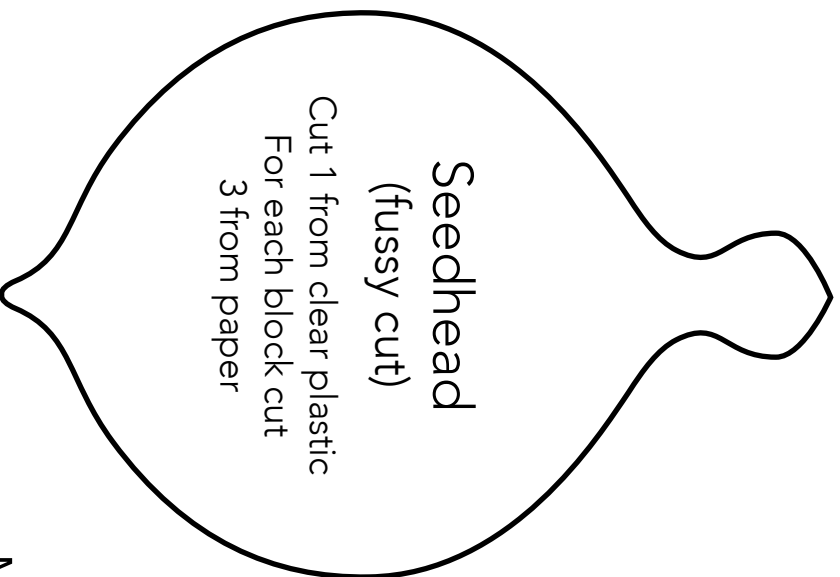
21 Make a sandwich of the patchwork, wadding (batting) and lining fabric (if using). Quilt as desired. When all quilting is finished, trim excess wadding and lining to match the patchwork size.

22 To make up the pillow cover, on both squares of fabric for the pillow back, create a hem along one side of each square, by turning the edge over by $\frac{1}{2}$ in (1.3cm), twice. Sew the seam with matching thread and press.

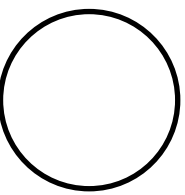
23 The pillow has a bound edge, so the pieces are assembled with right sides out, as follows. Place the quilted patchwork right side down. Pin one backing piece on top, right side up and with the hem towards the centre. Pin the second backing piece on top, right side up and hem towards the centre (so the backing pieces overlap). Make sure the outer edges of all three pieces are aligned. Pin the layers together and then bind as normal. As you sew the binding in place it will fix the other layers together. Press the cover and insert a pillow pad to finish.

Flowerpot Appliqué Patterns (full size)

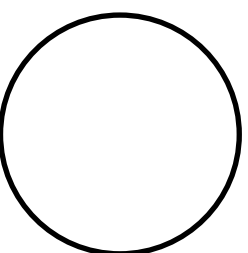
Seam allowances not included



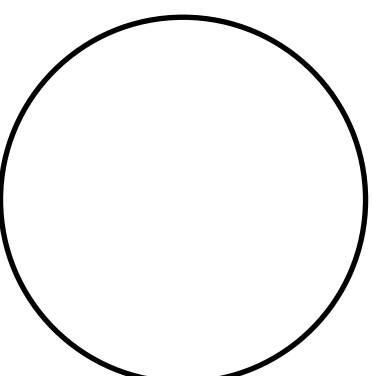
Small Circle
For each block cut
1 1 from paper



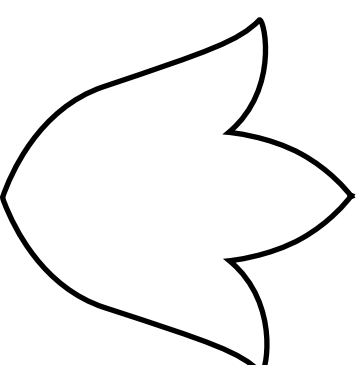
Medium Circle
(fussy cut)
Cut 1 from clear plastic
For each block cut
1 from paper



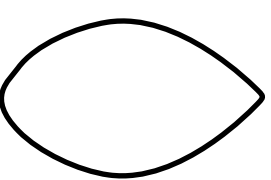
Large Circle
(fussy cut)
Cut 1 from clear plastic
For each block cut
3 from paper



Small Flower
For each block cut
1 from paper



Leaf
For each block cut
17 from paper



Flowerpot inner

For each block cut
1 from paper

Flowerpot

(fussy cut)

Cut 1 from clear plastic
For each block cut
1 from paper

Please check this ruler to ensure that you are printing in 100%. Pages are made in A4.

