



# Jubilee

Tilda®

## Birthday Pillows



## Birthday Pillows

For Tilda's 25<sup>th</sup> birthday we are featuring a special Jubilee collection of brightly coloured fabrics using designs from times past. To accompany two Birthday Quilts, we have created two pillows, one with a dove white background and the other in blue sage. The pillows have pretty flowers and leaves appliquéd to a single piece of background fabric using turned-edge appliqué. The dove white pillow is described in full, with the blue sage colour at the end of these instructions. For the two quilts and their instructions see [tildasworld.com](http://tildasworld.com).

Difficulty Rating \*\*

### Materials (Dove White Colourway)

- Fabric 1: ¾yd (0.75cm) – Solid dove white (120001)
- Fabric 2: ½yd (15cm) or fat eighth – Solid pine (120041)
- Fabric 3: 9in (23cm) square – Anemone red (100541)
- Fabric 4: 9in (23cm) square – Bird Tree red (100544)
- Fabric 5: 12in (30.5cm) square – Teardrop pink (100546)
- Fabric 6: 7in (18cm) square – Sue mustard (100549)
- Fabric 7: 7in (18cm) square – Bird Tree blue (100554)
- Fabric 8: 5in (13cm) square – Teardrop teal (100556)
- Fabric 9: 9in (23cm) square – Autumn Bouquet teal (100558)
- Fabric 10: 7in (18cm) square – Sue teal (100559)
- Fabric 11: 9in (23cm) square – Elodie blue (100560)
- Fabric 12: 5in (13cm) square – Farm Flowers red (110096)
- Fabric 13: 12in (30.5cm) square – Farm Flowers pink (110097)
- Fabric 14: 7in (18cm) square – Farm Flowers mustard (110098)
- Fabric 15: 5in (13cm) square – Farm Flowers sand (110099)
- Fabric 16: 9in (23cm) square – Farm Flowers light blue (110100)
- Fabric 17: 9in (23cm) square – Farm Flowers blue (110101)
- Fabric 18: 9in (23cm) square – Farm Flowers green (110102)
- Fabric 19: 5in (13cm) square – Farm Flowers teal (110103)
- Wadding (batting): 34in x 26in (86.4cm x 66cm)
- Lining fabric: 34in x 26in (86.4cm x 66cm) (optional)
- Fabric for back of pillow: ⅞yd (80cm) – Duck Nest blue (100555)
- Binding fabric: ⅓yd (40cm) – Solid mustard (120040)
- Temporary or removable marker
- Freezer paper
- Spray starch and small paintbrush (optional)
- Flower stick or cuticle stick (optional)
- Appliqué glue pen (optional)
- Mini-iron for appliqué (optional)
- Tweezers (optional)
- Threads for piecing, appliqué and quilting
- Quilter's ruler, rotary cutter and mat
- Five buttons for fastening (optional): Farm Flower buttons 18mm (400061)
- Pillow pad to fit cover

## Fabric Notes

For many of the fabrics, only small amounts are needed and if you have made either of the Birthday Quilts you may have left-overs you can use.

## Finished Size

32½in x 24½in (82.5cm x 62.2cm)

## General Notes

- Fabric quantities are based on a usable width of 42in (107cm), unless otherwise stated.
- Measurements are in imperial inches with metric conversions in brackets – use only *one* system throughout (preferably inches). Width measurements are generally given first.
- Press fabric before cutting and trim as needed to square up the fabric pattern/weave, using a quilting ruler to cut the top raw edge at 90 degrees to the selvages.
- Use ¼in (6mm) seams unless otherwise instructed.
- Read all the instructions through before you start.
- Check that all patterns being used are printed at full size (100%).

## Pillow Layout

**1** The pillow is made up of a single piece of background fabric. Appliqué motifs using print and solid fabrics are sewn to this background. See **Fig A** for the fabrics used and **Fig B** for the pillow layout. Full instructions are given for our method of turned-edge appliqué, but here is a quick overview.

### Turned-Edge Appliqué

The pillow is made with turned-edge appliqué. We used a freezer paper method (described in full in the instructions), but there are other ways to turn the seam over. If you have experience of appliqué, you could use your own method.

#### *Ways of turning the seam over*

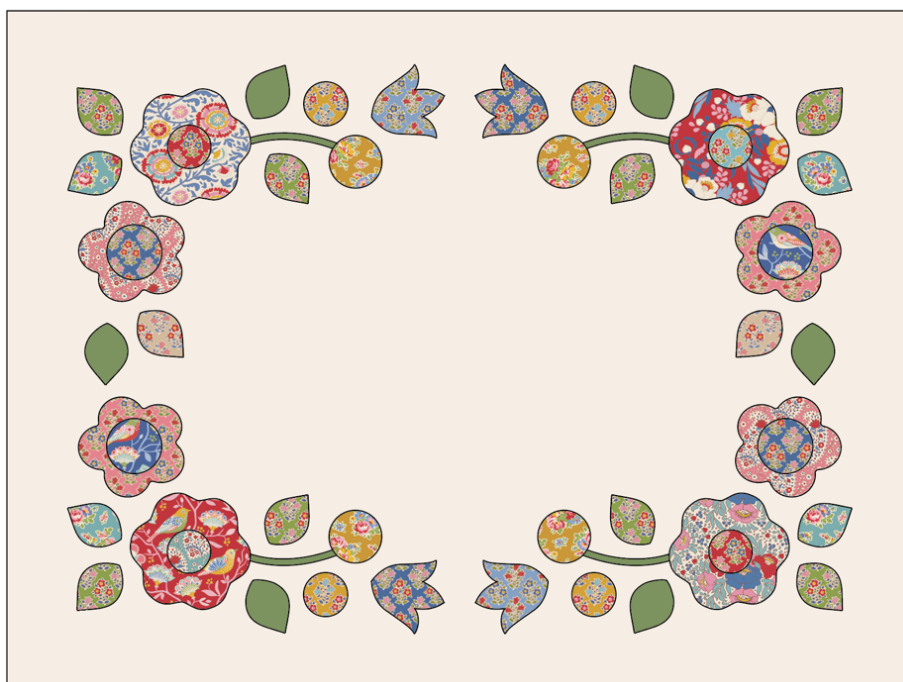
- You could use a freezer paper pattern pressed onto the wrong side of the motif and then press the seam over the edge of the paper using the point of an iron or mini-iron.
- You could use a freezer paper pattern pressed onto the wrong side of the motif and then use a glue pen to carefully dot glue along the edge, fold the seam over and press.

#### *Removing paper patterns*

The quickest and easiest way to remove the paper patterns is just *before* you sew the motif to the background, using tweezers if needed to tease the paper out.

#### *Patterns*

The pillow uses six appliqué patterns. These are supplied full size, so make sure when printing them that you select ‘do not scale’ on your printer, so the machine does not reduce them. The patterns do **not** include a seam allowance, so you will need to add this before cutting out the fabric shapes.

**Fig A** Fabric swatches (dove white pillow)**Fig B** Pillow layout (dove white pillow)

## Cutting Out

**2** For the Fabric 1 background, cut a piece about 34in x 26in (86.4cm x 66cm). This includes a ¼in (6mm) seam allowance and is bigger than needed to allow for trimming later, removing any frayed edges that may have occurred while the appliqué was being worked.

**3** For the flower stems, from solid Fabric 2 (pine) cut a strip ½in (1.25cm) x about 18in (45.7cm) long. Fold one long edge in by about ¼in (3mm–4mm) and press. Do the same on the other long side. This can be fiddly, so you could use some spray starch to make the fabric floppy before folding. Alternatively, use a glue pen on the wrong side before folding over and pressing. The final strip size should be about ¼in (6mm) wide. Four shorter lengths will be cut from this later.

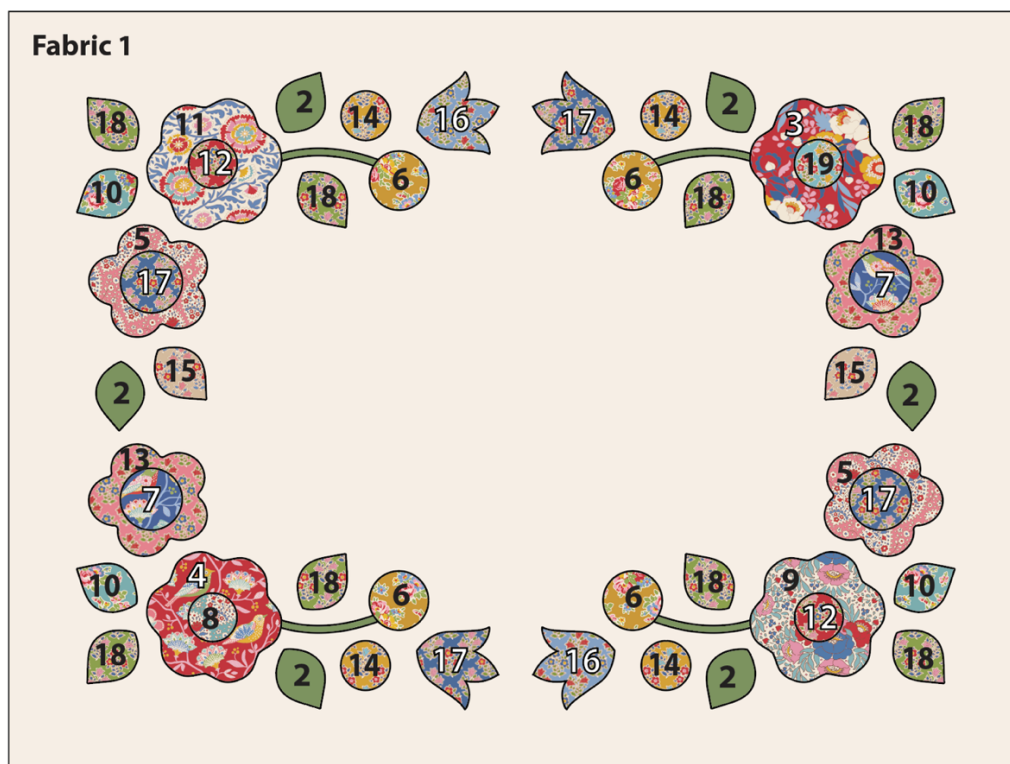
**4** For the appliqué fabrics the sizes needed are those shown in the full-size Patterns, *plus* you will need to add a seam allowance. We suggest an allowance of ¼in–⅜in (6mm–10mm) all round. The fabrics used are shown in **Fig C**. The appliqué shapes are repeated to create the floral design and **Fig D** shows the six motifs that occur in the pillow. These are numbered 1 to 6 in red, so you can easily see which shape goes where in the design. (**Fig D** also shows the background fabric marked in a grid – described in Step 11.)

**5** To cut the fabric for the back of the pillow, remove any selvages and cut two pieces each 34in x 15in (86.4cm x 38cm).

**6** Cut the binding fabric into four strips 2½in (6.4cm) x width of fabric. Sew them together end to end and press seams open. Press in half along the length, wrong sides together.

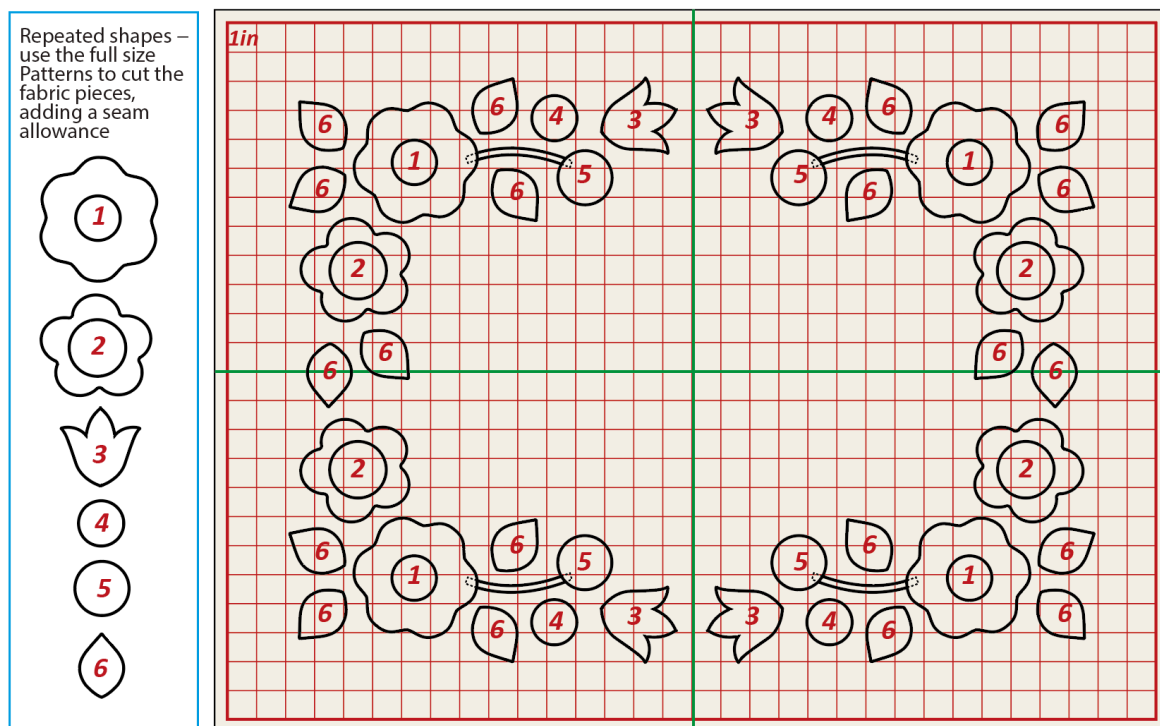
### Fig C Appliqué fabrics

Numbers indicate the fabrics to use (see Fig A). All stems are Fabric 2



### Fig D Appliqué shapes

Numbers in **red bold italic** indicate shapes that are repeated



### Preparing the Appliqué Motifs

**7** For this type of appliqué, where each motif is prepared with a turned-under hem, we have used a freezer paper method. The shapes used are symmetrical, so they don't need to be reversed. An iron is used to stick the glossy side of the freezer paper to the wrong side of a piece of fabric. The fabric shape is then cut out with a seam allowance. The freezer paper pattern is useful, as it provides an edge over which the fabric can be folded.

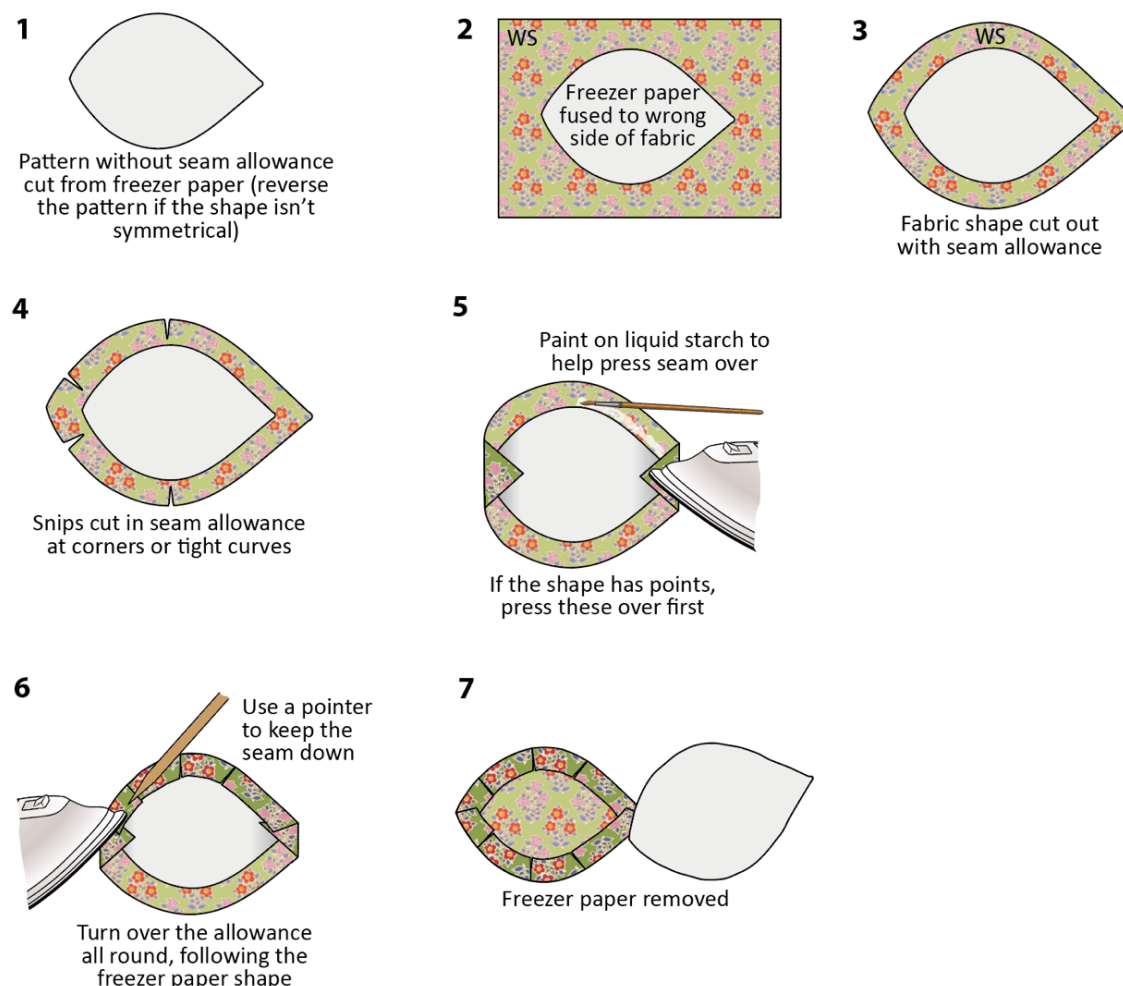
**8** To use this freezer paper method, follow **Fig E**. Print the appliqué patterns, leaving them as a whole sheet for the moment. Place freezer paper glossy side down over a pattern shape and trace the shape onto the matt side of the paper. If the shape has any dotted lines, mark these too, as they show how a piece is placed beneath another piece and where a seam does not have to be turned under. Cut out the paper shape on the drawn line (**Fig E 1**). Repeat with all appliqué shapes until they have been copied onto freezer paper and cut out. Label each shape.

**9** Choose the correct fabric, iron the glossy side of the freezer paper shape onto the wrong side of the fabric until it attaches (**Fig E 2**). Cut out the shape from your fabric making sure to add an approximate  $\frac{1}{4}\text{in}$ – $\frac{3}{8}\text{in}$  (6mm–10mm) seam allowance around the edge of the paper (**Fig E 3**). There is no need for a seam allowance on edges that will be overlapped – just ensure there is enough of an edge left to tuck under the other pieces.

**10** Make small snips about  $\frac{1}{8}\text{in}$  (3mm) into the seam allowance in places where there are tight curves or corners (**Fig E 4**). Now begin to fold the seam allowance over the edge of the freezer paper, following curves neatly, and using the tip of the iron to press it into place (**Fig E 5**). Painting on liquid starch makes the seam a little floppy and easier to turn over. Once pressed, the starch also forms a nice, crisp edge. Simply spray some starch into the lid of the

aerosol can and use a small paintbrush to paint the liquid onto the seam allowance. The appliqué process is also easier if you have an appliqué tool for holding the folded edges down (or use the point of a wooden flower stick) (**Fig E 6**). A mini-iron may also be useful. Once all edges are folded in, press the shape from the right side, remove the freezer paper and press again (**Fig E 7**). Use this technique to prepare all the shapes needed for the pillow.

**Fig E** Basic process for preparing an appliqué motif



## Sewing the Appliqués to the Background

**11** In order to position the appliqués accurately on the background piece, it's helpful to mark a grid pattern on the fabric. Using a removable marker, begin by marking lines through the vertical and horizontal centres of the fabric. If the background fabric is a dark one, use a chalk marker. Now, working from the centre outwards, mark a 1 in (2.5cm) grid (as in **Fig D**). Note: If using a disappearing marker that might fade quickly, mark the sections just before you need to start placing the appliqué motifs.

**12** Once the background piece has been grid marked, you can begin to sew the appliqués.

- Press each appliqué once more to ensure a crisp edge.
- When finding an appliqué's position, you might find it helpful to number the grid lines on **Fig D** along the top and one side, to make counting easier.
- You might find it best to first pin all the appliqués in place, so you can check you have their placements correct. (You could use a little smear of glue pen instead of pins.)

- Any appliqués that are placed under others need to be sewn in position first, for example the stems and the outer shapes of the flowers.
- Make sure raw ends are covered by other shapes. Shapes with dotted lines show where part of a motif goes under another shape.

**13** When the appliqués are in place begin to sew them down using a sewing thread to match the appliqué fabrics and tiny slip stitches. When the motifs are sewn, press the work and then remove the grid marks. Trim the background piece down to 32½in x 24½in (82.5cm x 62.2cm).

## Quilting and Finishing

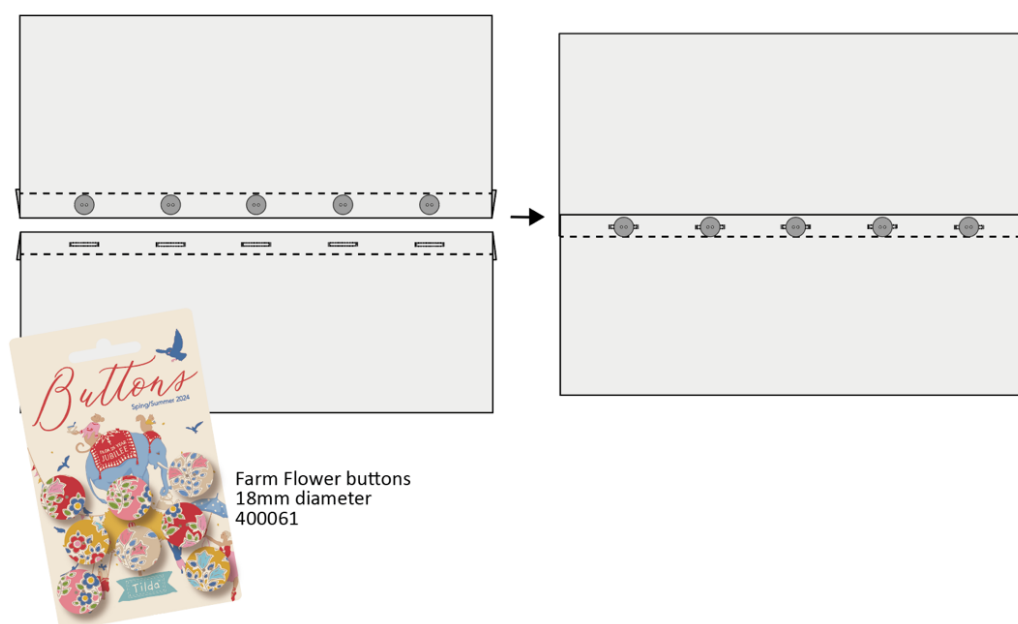
**14** Make a quilt sandwich of the patchwork, wadding (batting) and lining fabric (if using). Quilt as desired. Trim off excess wadding and lining fabric to match the patchwork size.

**15** To make up the pillow cover, take the two pieces of fabric for the pillow back and on one long edge of each piece, create a hem by turning the edge over by 1 in (2.5cm), twice. Sew the seams with matching thread and press (**Fig F**). The diagram is shown in greys, so you can use the Tilda fabric and buttons suggested in the Materials list, or those of your choice.

**16** For the fastening, using your sewing machine, create five equally spaced buttonholes within the hem of one of the pieces. Sew five buttons onto the other piece, matching their positions to the buttonholes. Note: Instead of making buttonholes, you could use a hook and loop fastening, such as Velcro, and sew on the buttons as a decorative feature.

**17** The pillow has a bound edge, so the pieces are assembled with right sides out. Place the quilted patchwork right side down. On the backing, fasten the buttons into the buttonholes and place the whole piece on top of the patchwork, right side up. Check it is the same size as the patchwork, trimming any raw edges if needed. Make sure the outer edges of all pieces are aligned. Pin or tack (baste) the layers together and then bind. As you sew the binding in place it will fix the other layers together. Press the cover and insert a pillow pad to finish.

**Fig F** Making up with a button fastening





## Birthday Pillow

(Blue sage colourway)

This version of the pillow is exactly the same as the dove white version, except for a change of background colour to a solid blue sage. Fig A and Fig B are shown for this blue sage version, but thereafter follow the instructions and diagrams for the dove white pillow and use the buttons given in the Materials list below.

Difficulty rating \*\*

### Materials (Blue Sage Colourway)

- Fabric 1:  $\frac{3}{4}$ yd (0.75cm) – Solid blue sage (120008)
- Fabric 2:  $\frac{1}{8}$ yd (15cm) or fat eighth – Solid pine (120041)
- Fabric 3: 9in (23cm) square – Anemone red (100541)
- Fabric 4: 9in (23cm) square – Bird Tree red (100544)
- Fabric 5: 12in (30.5cm) square – Teardrop pink (100546)
- Fabric 6: 7in (18cm) square – Sue mustard (100549)
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- Fabric 17: 9in (23cm) square – Farm Flowers blue (110101)
- Fabric 18: 9in (23cm) square – Farm Flowers green (110102)
- Fabric 19: 5in (13cm) square – Farm Flowers teal (110103)
- Wadding (batting): 34in x 26in (86.4cm x 66cm)
- Lining fabric: 34in x 26in (86.4cm x 66cm) (optional)
- Fabric for back of pillow:  $\frac{7}{8}$ yd (80cm) – Duck Nest red (100545)
- Binding fabric:  $\frac{3}{8}$ yd (40cm) – Solid country red (120014)
- Temporary or removable marker
- Freezer paper
- Spray starch and small paintbrush (optional)
- Flower stick or cuticle stick (optional)
- Appliqué glue pen (optional)
- Mini-iron for appliqué (optional)
- Tweezers (optional)
- Threads for piecing, appliqué and quilting
- Quilter's ruler, rotary cutter and mat
- Five buttons for fastening (optional): Farm Flower buttons 16mm (400060)
- Pillow pad to fit cover

## Fabric Notes

For many of the fabrics, only small amounts are needed and if you have made either of the Birthday Quilts you may have left-overs you can use.

## Finished Size

32½in x 24½in (82.5cm x 62.2cm)

## General Notes

- Fabric quantities are based on a usable width of 42in (107cm), unless otherwise stated.
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- Use ¼in (6mm) seams unless otherwise instructed.
- Read all the instructions through before you start.
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## Pillow Layout

1 The pillow is made up of a single piece of background fabric. Appliqué motifs using print and solid fabrics are sewn to this background. See **Fig A** below for the fabrics used for the blue sage pillow and **Fig B** for the pillow layout.

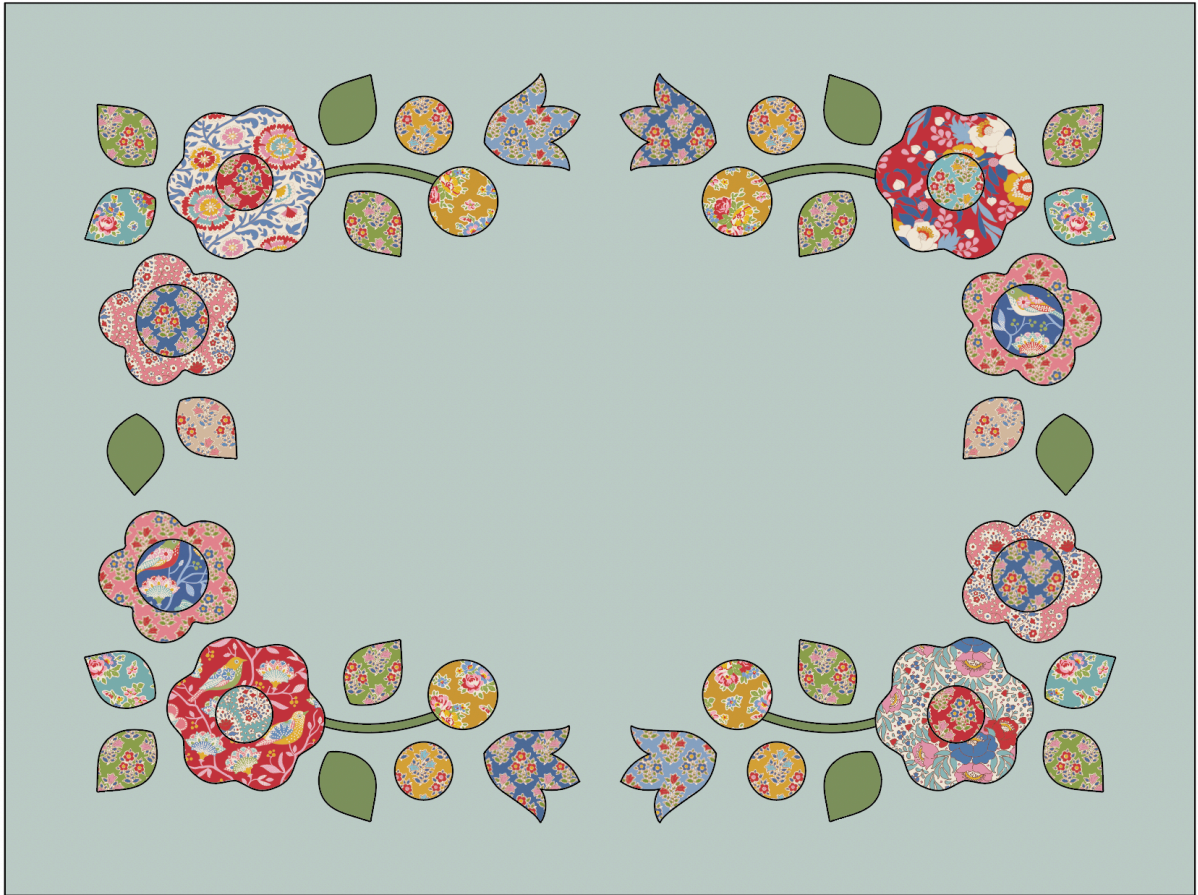
## Cutting Out, Appliqué and Making Up

2 Follow the instructions for the dove white pillow but using the blue sage background and changing the buttons on the back of the cover.

**Fig A** Fabric swatches (blue sage pillow)



**Fig B** Pillow layout (blue sage pillow)



# Birthday Pillows – full size appliqué motifs

