## Risk Assessment Operating handheld camera



The people that might be harmed: Studioworks employees, contractors, public, artists

HAZARD	CONTROL
<ul> <li>Awkward body positions and movements whilst undertaking task.</li> <li>Repetitive movements.</li> <li>Colliding with people or objects.</li> <li>Danger of camera cable snagging, causing scenery or equipment to be pulled over, camera to be dropped and/or personal injury.</li> <li>Uneven surfaces or changes in level creating tripping hazards.</li> <li>Poor or uneven lighting creating tripping hazards.</li> <li>Risk of falling when working at height.</li> <li>Increased risk of personal injury after prolonged periods of working.</li> <li>Increase in risk of injury as the weight of camera and equipment increases.</li> <li>Extremes of temperature causing additional tiredness and/or muscle strain.</li> <li>High ambient sound levels.</li> <li>Risk of injury to those who have a pre-existing medical condition or are pregnant.</li> </ul>	<ul> <li>Follow safe manual handling procedures.</li> <li>Supervision of inexperienced staff or use of competent operators.</li> <li>Consider using an assistant as a 'lookout'.</li> <li>Take care with cable routing and ensure adequate slack cable.</li> <li>Consider using an assistant as 'cable basher'.</li> <li>Supervision of inexperienced staff or use of competent operators.</li> <li>Recce the site. Plan and risk assess the route. Account for possible unrehearsed changes of position or moves by artists or production staff.</li> <li>Consider using an assistant as a 'guide'.</li> <li>Work areas from which there is a risk of falling should have safe access and egress and conform to 'working at height' regulations. Consider using an assistant as a 'guide'.</li> <li>Be aware of the increased risk of physical injury, such as muscle strain, due to tiredness. Ensure adequate rest breaks are provided and taken.</li> <li>Keep camera and equipment weight to the minimum. Avoid attaching extra equipment such as microphones, lights or prompters to the camera.</li> <li>Wear suitable clothing for the environmental conditions.</li> <li>Use suitable, approved noise-reducing headphones.</li> <li>Do not operate the camera if you believe that you will risk injury by doing so.</li> </ul>

File: Operating handheld camera Version: Version 1.1

Last Reviewed: 05/07/2023