



1 Wish your family or friends a "Happy Christmas".

DONE!



2 Make one of our Christmas recipes. (find them on the CBBC website)

DONE!



3 Help a family member with a chore.

DONE!



4 Give your teacher a Christmas card. (or a nice picture made on Creative Lab)

DONE!



5 List three good things about yourself.

DONE!



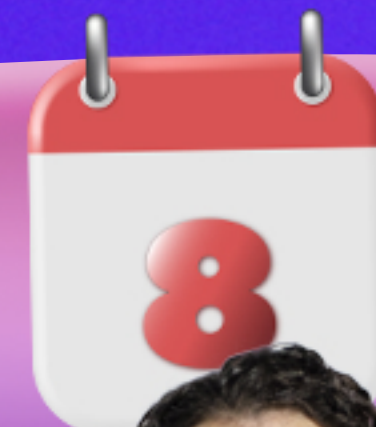
6 Tell someone a Christmas joke.

DONE!



7 Write a letter or card to someone.

DONE!



8 Let someone else choose what to watch on iPlayer.

DONE!



9 Share your Christmas treats with someone.

DONE!



10 Ask someone if they need help.

DONE!



11 Make someone laugh.

DONE!



12 Donate to a food bank or charity.

DONE!

