Centers for Disease Control and Prevention Center for Preparedness and Response



Applying COVID-19 Infection Prevention and Control Strategies in Nursing Homes

Clinician Outreach and Communication Activity (COCA) Webinar

Tuesday, June 16, 2020

Continuing Education

Continuing Education is not offered for this COCA Call.

To Ask a Question

- Using the Webinar System
 - Click the Q&A button.
 - Type your question in the Q&A box.
 - Submit your question.
- If we are unable to get to your question during the call, you may also email your question to coca@cdc.gov.
- For media questions, please contact CDC Media Relations at 404-639-3286, or send an email to media@cdc.gov.

For More Clinical Care Information on COVID-19

- Call CDC's COVID-19 Clinical Call Center at 770-488-7100 (24 hours/day).
- Refer patients to state and local health departments for COVID-19 testing and test results.
 - Clinicians should NOT refer patients to CDC to find out where or how to get tested for COVID-19, OR to get test results.
- Visit CDC's Coronavirus (COVID-19) website: https://www.cdc.gov/coronavirus
- Visit <u>emergency.cdc.gov/coca</u> over the next several days to learn about future COCA Calls.

Today's Presenters

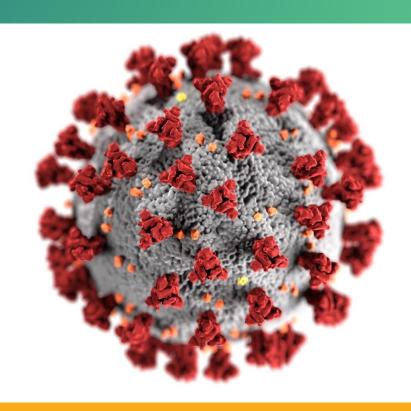
- LCDR Kara M. Jacobs Slifka, MD, MPH (USPHS)
 Infection Prevention and Control Team
 COVID-19 Response
 Centers for Disease Control and Prevention
- Nimalie D. Stone, MD
 Infection Prevention Control Team
 COVID-19 Response
 Centers for Disease Control and Prevention

Applying Prevention and Response Strategies for COVID-19 in Nursing Homes

COCA Call

Centers for Disease Control and Prevention





For more information: www.cdc.gov/COVID19













- CDC Guidance for preparing nursing homes for COVID-19, updated 5/19
 - Core Activities
 - Additional strategies based on a facility's reopening status



https://www.cdc.gov/coronavirus/2019-ncov/hcp/long-term-care.html

Core Activities: Maintaining COVID-19 Readiness

- Assign one or more individuals with <u>specialized training</u> in infection prevention and control (IPC) to provide on-site management of the IPC program
- Report into the <u>National Healthcare Safety Network (NHSN) Long-term Care</u>
 Facility (LTCF) COVID-19 Module weekly
- Educate residents, healthcare personnel (HCP), and visitors about COVID-19
- Implement source control measures, (e.g., universal facemask use)
- Have a plan for visitor restrictions
- Create a plan for testing residents and HCP for SARS-CoV-2
- Evaluate and manage HCP
- Evaluate and manage residents with symptoms of COVID-19



Core Activities: Maintaining Supplies to Implement IPC

- Access to hand hygiene using alcohol-based hand sanitizer to make it easier to incorporate hand hygiene into workflow and during high risk activities (e.g., PPE doffing)
- Use of <u>appropriate products</u> for cleaning and disinfection of shared equipment and environmental surfaces
- Personal protective equipment (PPE)
 - Continuing to monitor PPE use (burn-rate) and maintain supplies
 - Ensure ongoing familiarity with PPE equipment selection and handling, especially if supplies change
- Implement a <u>respiratory protection program</u>
 - Including medical evaluations, training, and fit testing



Resident Cohorting: Creating a Dedicated COVID-19 Unit



Doesn't resident cohorting become complicated?



COVID "negative" (unknown)



COVID exposed

covides suspected (symptomatic)



COVID confirmed



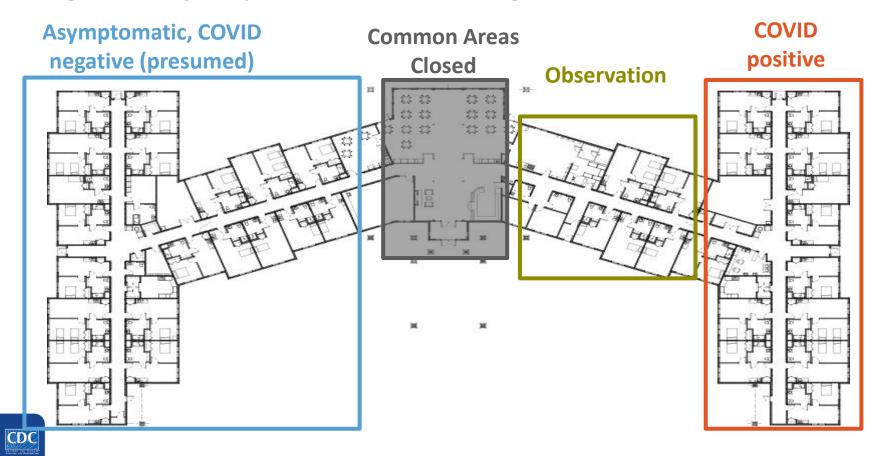


Prioritize a separate area for COVID-19 Care

- Space designated for COVID care only
 - Physically separated from other rooms or units (e.g., separate entry/exit)
 - Space for staff (e.g. charting, break area and restrooms)
 - Clean areas for PPE donning
 - Space for PPE doffing and decontamination
- Staffing
 - Dedicate team to the COVID care unit (at least direct care nursing staff)
 - Bundling care tasks to conserve PPE and limit number of entries
 - Provide supports for team (e.g., uniform laundering, meals, work incentives)



Using Facility Layout for Cohorting



Examples of COVID care areas







Prioritize a separate area for COVID-19 Care

- IPC/PPE supplies
 - Ensure team has IPC training, including PPE use, prior to beginning COVID care
 - If supply shortages occur, implement PPE optimization strategies
 - Plans to maintain adequate supply
- Medical care capacity
 - Increased access to clinical providers (onsite or through tele-health)
 - Oxygen supplies
 - Dedicated equipment and monitoring supplies
 - Coordination with EMS and referral hospital for transfer if indicated



Early recognition and response to COVID-19



Clinical scenario

- Mr. Smith is a 78 year old long-stay resident with a history of type 2 diabetes and hypertension
- Yesterday, he felt fatigued with loss of appetite, and overnight had a temperature of 99.2° F.
- This morning, his temperature was 99.9° F and had a slightly lower oxygen saturation than his previous measurements during the week
- His roommate has no complaints, normal vitals and a negative symptom screen

Could this be COVID-19? What steps should be taken before the diagnosis? Should Mr. Smith be moved to the designated COVID care area for testing? Should his roommate be moved also?

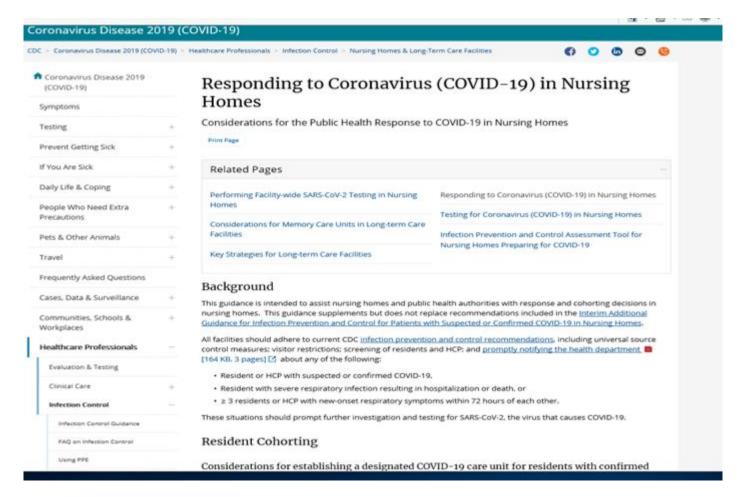


Suspecting COVID-19: Initial actions

- Implement Transmission-Based Precautions while evaluating a symptomatic resident
 - Increase clinical monitoring of symptomatic residents (e.g., q shift)
 - Prioritize SARS-CoV-2 testing (viral detection)
- If available, could move to a private room while awaiting testing
 - Do not move residents into a COVID-19 unit based on symptoms alone
- Leave roommate in current bed while awaiting additional information
- Notify local health department about suspected case

What are additional actions would you take if Mr. Smith's test confirms COVID-19?





https://www.cdc.gov/coronavirus/2019-ncov/hcp/nursing-homes-responding.html







Approaches to SARS-CoV-2 Testing in Response to a Case

- Broaden testing to all residents and healthcare personnel (if supplies and capacity are available)
 - If testing capacity is limited, perform unit-based testing or testing other high-risk residents (e.g., roommates of COVID-19 infected residents)
 - At a minimum, test all symptomatic residents and healthcare personnel
- Perform repeat testing of all previously negative residents and HCP
 - Testing should be performed every 3-7 days until no new positive results are found for at least 14 days since last positive test result
 - If testing capacity is limited, test residents who leave and return to facility, have known exposures, and on affected units



Clinical scenario (continued)

- After laboratory confirmation that Mr. Smith was COVID-19 positive, all the residents and healthcare personnel were offered SARS-CoV-2 testing
- On the initial round of testing, 3 additional residents, including his roommate, and 2 healthcare workers on the same unit were positive
 - Only 1 resident and 1 worker were noted to have mild symptoms at the time of testing
- Over the course of the next 7 days, another 3 residents on Mr. Smith's unit developed fever and symptoms consistent with COVID-19; tests were obtained and the team was awaiting results

Should these three residents be moved to the COVID care unit?



Clinical scenario (continued)

- One week after the confirmation of Mr. Smith's infection, the center offers another round of testing
 - The residents and healthcare personnel on Mr. Smith's unit were tested first (because testing kits were running low and needed to be ordered)
- During this week:
 - One of the 3 residents with symptoms and tests pending last week is confirmed with COVID-19
 - An additional 2 asymptomatic residents are identified with COVID-19 from the unit testing
 - Over the next 7 days, 2 healthcare workers called out with illness



What if a center runs out of rooms in the dedicated COVID-19 care area?

Reporting a COVID-19 outbreak



Notifications for a suspected COVID-19 outbreak

- Engage public health as soon as COVID-19 is suspected or a cluster of illness is noticed (≥ 3 residents or HCP with newonset respiratory symptoms)
- Residents, families and staff should also be made aware of potential COVID cases or an outbreak
 - Should be part of the facility's communication plan

DEPARTMENT OF HEALTH & HUMAN SERVICES
Centers for Medicare & Medicaid Services
7500 Security Boulevard, Mail Stop C2-21-16
Baltimore, Maryland 21244-1850



Center for Clinical Standards and Quality/Quality, Safety & Oversight Group

Ref: QSO-20-26-NH

DATE: April 19, 2020

TO: State Survey Agency Directors

FROM: Director

Quality, Safety & Oversight Group

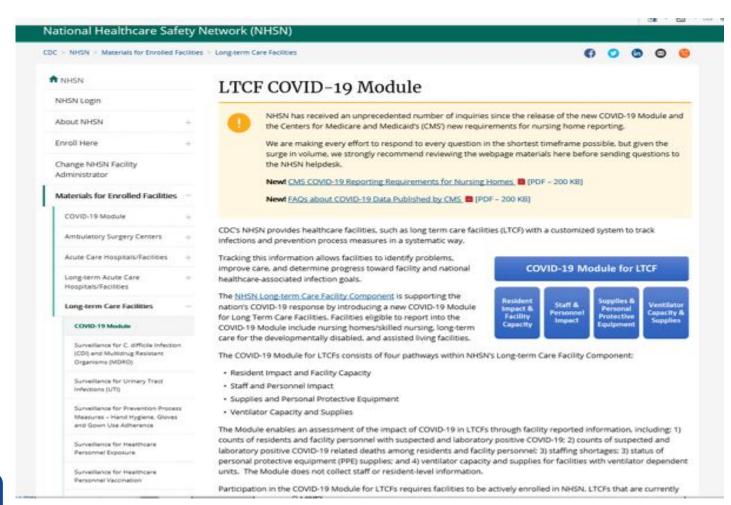
SUBJECT: Upcoming Requirements for Notification of Confirmed COVID-19 (or COVID-

19 Persons under Investigation) Among Residents and Staff in Nursing Homes

Memorandum Summary

- CMS is committed to taking critical steps to ensure America's health care facilities are prepared to respond to the 2019 Novel Coronavirus (COVID-19)
 Public Health Emergency (PHE).
- Communicable Disease Reporting Requirements: To ensure appropriate tracking, response, and mitigation of COVID-19 in nursing homes, CMS is reinforcing an existing requirement that nursing homes must report communicable diseases, healthcare-associated infections, and potential outbreaks to State and Local health departments. In rulemaking that will follow, CMS is requiring facilities to report this data to the Centers for Disease Control and Prevention (CDC) in a standardized format and frequency defined by CMS and CDC. Failure to report cases of residents or staff who have confirmed COVID -19 and Persons under Investigation (PUI) could result in an enforcement action. This memorandum summarizes new requirements which will be put in place very soon.
- Transparency: CMS will also be previewing a new requirement for facilities to
 notify residents' and their representatives to keep them up to date on the conditions
 inside the facility, such as when new cases of COVID-19 occur.









Four Pathways for Reporting



Resident Impact and Facility Capacity



Staff and Personnel Impact



Supplies and Personal Protective Equipment



Ventilator Capacity and Supplies

Data elements for each Pathway include: COUNT and/or "YES" or "NO" responses



OMB Approved OMB No. 0920-1290 Exp. Date 09/30/2020 www.cdc.gov/nhsn

COVID-19 Module Long Term Care Facility: Resident Impact and Facility Capacity

CMS Certification Number (CCN): Facility Name:							
or the follow	ing questions, please collect data at the same time at least once a week (for example, 7 AM)						
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esident Im	nact						
coluciit iii	puot						
	ADMISSIONS: Residents admitted or readmitted who were previously hospitalized and treated for						
	COVID-19						
	•						
	CONFIDER Projects with any laboratory positive COVID 40						
	CONFIRMED: Residents with new laboratory positive COVID-19						
	- ''						
	CONFIRMED: Residents with new laboratory positive COVID-19 SUSPECTED: Residents with new suspected COVID-19						
	SUSPECTED: Residents with new suspected COVID-19						
	SUSPECTED: Residents with new suspected COVID-19						



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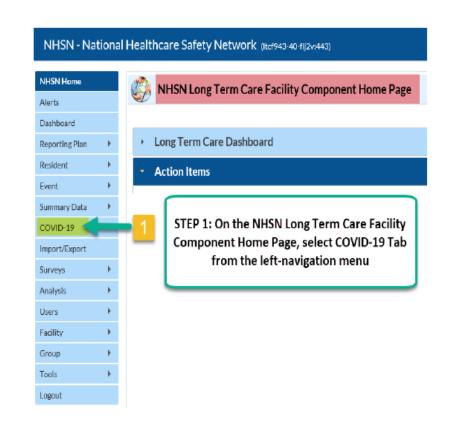
COVID-19 Module Long Term Care Facility: Staff and Personnel Impact

NHSN Facility ID:							
	CMS Certification Number (CCN):						
Facility Name:							
*Date for which resp	onses are reported:/						
For the following quest	ions, please collect data at the same time <u>at least</u> once a week (for example, 7 AM)						
	CONFIRMED: Staff and facility personnel with new laboratory positive COVID-19						
	SUSPECTED: Staff and facility personnel with new suspected COVID-19 who are being managed as though they have it						
	COVID-19 DEATHS: Staff and facility personnel with new suspected or laboratory positive COVID-19 who died						
D	oes your organization have a shortage of staff and/or personnel?						
Staffing Shortage?	Staff and Personnel Groups						
□ YES	Nursing Staff: registered nurse, licensed practical nurse, vocational nurse						
□ NO							
□ YES	Clinical Staff: physician, physician assistant, advanced practice nurse						
□ NO							



NHSN COVID-19 Reporting

- Summarize and report the COVID experience at least weekly
- Outbreak recap
 - Week #1: 4 residents and 2
 HCP with positive COVID-19
 test results; 3 residents with
 symptoms awaiting testing
 - Week #2: 3 residents with positive COVID-19 test results; 2 HCP out with illness
 from same unit



NHSN COVID-19 Weekly Case Reporting

Date	Resident Admissions	Resident Confirmed		HCP Confirmed	HCP Suspected
Week of 6/1	0	4	3	2	0
Week of 6/8	0	3	0	0	2

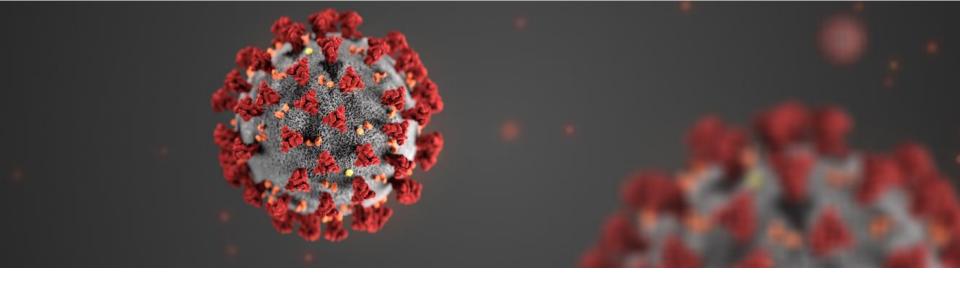
- Although there are 7 total confirmed residents, only report the newly identified cases each week (don't enter the running total)
- 3 residents were suspect in week #1, one of them confirmed the following week.
 It is correct to count that resident in both weeks as his status changed



Key Points

- Remain vigilant in your efforts to prevent COVID-19 from entering, (or reentering) your facility
- Maintain screening and clinical surveillance for residents, HCP and visitors;
- Maintain current IPC supplies and PPE inventory; Plan for future needs
- Have a designated space and team planned for COVID-19 care; could be used for other communicable disease outbreaks as well
- Have a plan for testing and managing residents and HCP suspected to have COVID-19
- Summarize and report your weekly COVID experience into NHSN





For more information, contact CDC 1-800-CDC-INFO (232-4636) TTY: 1-888-232-6348 www.cdc.gov

Thank you!

The findings and conclusions in this report are those of the authors and do not necessarily represent the official position of the Centers for Disease Control and Prevention.



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Today's COCA Call Will Be Available On-Demand

When: A few hours after the live call

What: Video recording

Where: On the COCA Call webpage at

https://emergency.cdc.gov/coca/calls/2020/callinfo_061620.asp

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As-needed messages that provide specific, immediate action clinicians should take. Contains comprehensive CDC guidance so clinicians can easily follow recommended actions.

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Informs clinicians of new CDC resources and guidance related to emergency preparedness and response. This email is sent as soon as possible after CDC publishes new content.

CDC's primary method of sharing information about urgent public health incidents with public information officers; federal, state, territorial, and local public health practitioners; clinicians; and public health laboratories.

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