Table ALC-4a. Age-adjusted percentages (with standard errors) of current drinkers aged 18 and over who had five or more drinks in one day at least once in the past year, and age-adjusted percentages (with standard errors) of current drinkers aged 18 and over who had five or more drinks in one day at least 12 days in the past year, by sex and selected characteristics: United States, annualized, 2011-2013


Table ALC-4a. Age-adjusted percentages (with standard errors) of current drinkers aged 18 and over who had five or more drinks in one day at least once in the past year, and age-adjusted percentages (with standard errors) of current drinkers aged 18 and over who had five or more drinks in one day at least 12 days in the past year, by sex and selected characteristics: United States, annualized, 2011-2013

| Selected characteristic | Five or more drinks in one <br> day at least once ${ }^{1}$ | Five or more drinks in one <br> day at least 12 days |
| :---: | :---: | :---: |

## Both sexes (continued)

Marital status

| Married | $30.9(0.39)$ | $10.8(0.24)$ |
| :--- | :--- | :--- |
| Widowed | $24.1(2.81)$ | $10.0(2.07)$ |
| Divorced or separated | $35.5(0.72)$ | $15.4(0.53)$ |
| Never married | $38.0(0.60)$ | $17.8(0.47)$ |
| Living with a partner | $44.6(1.02)$ | $19.9(0.79)$ |


| Northeast | $33.0(0.65)$ | $13.1(0.47)$ |
| :--- | :--- | :--- |
| Midwest | $39.2(0.69)$ | $15.9(0.45)$ |
| South | $32.6(0.52)$ | $13.8(0.35)$ |
| West | $34.8(0.57)$ | $13.7(0.41)$ |

## Place of residence ${ }^{8}$

| Large MSA | $34.0(0.38)$ | $13.2(0.27)$ |
| :--- | :--- | :--- |
| Small MSA | $35.9(0.57)$ | $15.0(0.38)$ |
| Not in MSA | $36.0(0.88)$ | $16.2(0.56)$ |

Table ALC-4a. Age-adjusted percentages (with standard errors) of current drinkers aged 18 and over who had five or more drinks in one day at least once in the past year, and age-adjusted percentages (with standard errors) of current drinkers aged 18 and over who had five or more drinks in one day at least 12 days in the past year, by sex and selected characteristics: United States, annualized, 2011-2013

|  | Five or more drinks in one | Five or more drinks in one |
| :---: | :---: | :---: |
| day at least once ${ }^{1}$ | day at least 12 days ${ }^{1}$ |  |


| Men |  | $44.7(0.40)$ | $20.9(0.32)$ |
| :--- | :---: | :---: | :---: |
| $18-24$ years |  |  |  |
| $25-44$ years | $63.3(1.32)$ | $32.1(1.22)$ |  |
| $45-64$ years | $54.4(0.62)$ | $24.9(0.52)$ |  |
| $65-74$ years | $38.3(0.61)$ | $17.4(0.46)$ |  |
| 75 years and over | $23.5(0.97)$ | $10.8(0.69)$ |  |

One race ${ }^{2}$
White
Black or African American
American Indian or Alaska Native
Asian
Native Hawaiian or Other Pacific Islander
Two or more races ${ }^{3}$
Black or African American, white
American Indian or Alaska Native, white
Hispanic or Latino origin ${ }^{4}$ and race

| Hispanic or Latino | 48.0 (0.94) | 23.1 (0.71) |
| :---: | :---: | :---: |
| Mexican or Mexican American | 51.0 (1.24) | 26.0 (0.96) |
| Not Hispanic or Latino | 44.4 (0.45) | 20.6 (0.37) |
| White, single race | 47.0 (0.51) | 21.8 (0.42) |
| Black or African American, single race | 34.5 (1.02) | 15.9 (0.75) |
| American Indian or Alaska Native, single race | 56.3 (4.78) | 38.6 (5.19) |
| Education ${ }^{5}$ |  |  |
| Less than high school diploma | 45.9 (1.02) | 25.5 (0.92) |
| GED or equivalent ${ }^{6}$ | 46.2 (2.20) | 24.9 (1.96) |
| High school graduate | 44.2 (0.81) | 22.9 (0.70) |
| Some college, no degree | 43.9 (0.90) | 20.1 (0.72) |
| Associate's degree | 39.9 (1.09) | 17.4 (0.87) |
| Bachelor's degree | 42.1 (0.80) | 17.1 (0.61) |
| Master's, professional, or doctoral degree | 33.0 (0.96) | 10.8 (0.70) |
| Poverty status ${ }^{7}$ |  |  |
| Less than 100\% of the poverty threshold | 48.5 (1.11) | 26.7 (0.92) |
| $100 \%$ to less than $200 \%$ of the poverty threshold | 45.4 (0.86) | 23.2 (0.74) |
| $200 \%$ to less than $400 \%$ of the poverty threshold | 43.4 (0.71) | 21.0 (0.56) |
| $400 \%$ of the poverty threshold or greater | 44.6 (0.60) | 18.8 (0.50) |

Table ALC-4a. Age-adjusted percentages (with standard errors) of current drinkers aged 18 and over who had five or more drinks in one day at least once in the past year, and age-adjusted percentages (with standard errors) of current drinkers aged 18 and over who had five or more drinks in one day at least 12 days in the past year, by sex and selected characteristics: United States, annualized, 2011-2013

| Five or more drinks in one |  |
| :---: | :---: | :---: |
| day at least once ${ }^{1}$ | Five or more drinks in one <br> day at least 12 days ${ }^{1}$ |

## Men (continued)

Marital status

| Married | $40.4(0.55)$ | $16.4(0.40)$ |
| :--- | :--- | :--- |
| Widowed | $33.5(5.63)$ | $16.6(4.04)$ |
| Divorced or separated | $50.6(1.10)$ | $26.1(0.98)$ |
| Never married | $46.9(0.88)$ | $25.2(0.75)$ |
| Living with a partner | $54.6(1.42)$ | $27.9(1.25)$ |

## Region

| Northeast | $41.8(0.91)$ | $18.7(0.76)$ |
| :--- | :--- | :--- |
| Midwest | $50.2(0.92)$ | $23.5(0.70)$ |
| South | $42.2(0.68)$ | $20.7(0.54)$ |
| West | $44.5(0.73)$ | $20.0(0.62)$ |

## Place of residence ${ }^{8}$

| Large MSA | $43.5(0.52)$ | $19.5(0.42)$ |
| :--- | :--- | :--- |
| Small MSA | $46.5(0.73)$ | $22.2(0.59)$ |
| Not in MSA | $45.7(1.17)$ | $23.5(0.82)$ |

Table ALC-4a. Age-adjusted percentages (with standard errors) of current drinkers aged 18 and over who had five or more drinks in one day at least once in the past year, and age-adjusted percentages (with standard errors) of current drinkers aged 18 and over who had five or more drinks in one day at least 12 days in the past year, by sex and selected characteristics: United States, annualized, 2011-2013

|  | Five or more drinks in one | Five or more drinks in one |
| :---: | :---: | :---: |
| Selected characteristic | day at least once ${ }^{1}$ | day at least 12 days ${ }^{1}$ |


| Women |  | $24.1(0.34)$ | $6.8(0.19)$ |
| :--- | :---: | ---: | ---: |
|  | Age |  |  |
| $18-24$ years |  | $43.0(1.28)$ | $13.7(0.82)$ |
| $25-44$ years | $31.4(0.55)$ | $8.2(0.31)$ |  |
| $45-64$ years | $17.1(0.46)$ | $5.3(0.27)$ |  |
| $65-74$ years | $7.0(0.53)$ | $1.9(0.28)$ |  |
| 75 years and over | $2.3(0.39)$ | $0.9(0.26)$ |  |


| Race |  |  |
| :--- | ---: | ---: |
| One race $^{2}$ | $24.0(0.34)$ | $6.8(0.19)$ |
| White | $25.6(0.38)$ | $7.2(0.22)$ |
| Black or African American | $15.9(0.72)$ | $5.1(0.41)$ |
| American Indian or Alaska Native | $31.6(3.42)$ | $13.0(3.40)$ |
| Asian | $16.0(1.14)$ | $4.9(0.71)$ |
| Native Hawaiian or Other Pacific Islander | $45.8(8.17)$ | $21.0(6.15)$ |
| Two or more races $^{3}$ | $29.2(2.31)$ | $6.8(1.14)$ |
| Black or African American, white | $27.2(4.85)$ | $* 8.8(3.20)$ |
| American Indian or Alaska Native, white | $35.5(3.79)$ | $6.4(1.86)$ |
|  |  | $6.3(0.43)$ |
| Hispanic or Latino |  | $6.9(0.56)$ |
| Mexican or Mexican American | $21.9(0.76)$ | $6.9(0.21)$ |
| Not Hispanic or Latino | $23.1(0.98)$ | $7.4(0.25)$ |
| White, single race | $24.5(0.37)$ | $4.9(0.42)$ |
| Black or African American, single race ${ }^{4}$ and race | $26.3(0.42)$ | $15.6(0.73)$ |
| American Indian or Alaska Native, single race | $36.6(4.89)$ |  |

## Education ${ }^{5}$

| Less than high school diploma | 23.1 (1.13) | 9.4 (0.74) |
| :---: | :---: | :---: |
| GED or equivalent ${ }^{6}$ | 27.4 (2.01) | 10.3 (1.44) |
| High school graduate | 21.3 (0.73) | 5.8 (0.37) |
| Some college, no degree | 21.5 (0.69) | 5.8 (0.37) |
| Associate's degree | 20.1 (0.77) | 5.8 (0.46) |
| Bachelor's degree | 22.0 (0.61) | 5.4 (0.33) |
| Master's, professional, or doctoral degree | 19.0 (0.81) | 4.0 (0.41) |
| Poverty status ${ }^{7}$ |  |  |
| Less than 100\% of the poverty threshold | 26.9 (0.89) | 10.0 (0.59) |
| $100 \%$ to less than $200 \%$ of the poverty threshold | 23.2 (0.70) | 7.4 (0.45) |
| $200 \%$ to less than $400 \%$ of the poverty threshold | 24.1 (0.60) | 6.9 (0.34) |
| $400 \%$ of the poverty threshold or greater | 23.9 (0.51) | 5.9 (0.30) |

Table ALC-4a. Age-adjusted percentages (with standard errors) of current drinkers aged 18 and over who had five or more drinks in one day at least once in the past year, and age-adjusted percentages (with standard errors) of current drinkers aged 18 and over who had five or more drinks in one day at least 12 days in the past year, by sex and selected characteristics: United States, annualized, 2011-2013

| Selected characteristic | Five or more drinks in one <br> day at least once ${ }^{1}$ | Five or more drinks in one <br> day at least 12 days ${ }^{1}$ |
| :--- | :---: | :---: |

Women (continued)

## Marital status

| Married | $20.1(0.43)$ | $4.4(0.21)$ |
| :--- | :--- | ---: |
| Widowed |  | $20.7(3.19)$ |
| Divorced or separated | Region | $23.5(0.84)$ |
| Never married | $27.5(0.72)$ | $7.0(0.45)$ |
| Living with a partner |  | $32.9(1.38)$ |
|  |  | $9.0(0.44)$ |
| Northeast |  | $23.7(0.87)$ |
| Midwest | $27.5(0.73)$ | $7.1(0.50)$ |
| South | $22.1(0.55)$ | $7.7(0.39)$ |
| West | $23.8(0.67)$ | $6.3(0.32)$ |

Place of residence ${ }^{8}$

| Large MSA | $23.6(0.44)$ | $6.3(0.26)$ |
| :--- | :--- | :--- |
| Small MSA | $24.5(0.63)$ | $7.3(0.35)$ |
| Not in MSA | $25.2(0.91)$ | $7.9(0.51)$ |

*Estimates are considered unreliable. Data preceded by an asterisk have a relative standard error (RSE) greater than $30 \%$ and less than or equal to $50 \%$ and should be used with caution. Data not shown have an RSE greater than 50\%.
${ }^{1}$ Derived from four source questions: "In any one year, have you had at least 12 drinks of any type of alcoholic beverage?", "In your entire life, have you had at least 12 drinks of any type of alcoholic beverage?", "In the past year, how often did you drink any type of alcoholic beverage?" and "In the past year, on how many days did you have 5 or more drinks of any alcoholic beverage?" Estimates in this table are based on data from survey years 2011-2013. Estimates for survey year 2014 were not included due to a change in the source question's wording for women. Starting in 2014, women (current drinkers) were asked instead on how many days in the past year they had had four or more drinks of any alcoholic beverage. The estimates in this table reflect drinking status among current drinkers.
${ }^{2}$ Refers to persons who indicated only a single race group, including those of Hispanic or Latino origin.
${ }^{3}$ Refers to persons who indicated more than one race group, including those of Hispanic or Latino origin. Only two combinations of multiple race groups are shown due to small sample sizes for other combinations.
${ }^{4}$ Refers to persons who are of Hispanic or Latino origin and may be of any race or combination of races. "Not Hispanic or Latino" refers to persons who are not of Hispanic or Latino origin, regardless of race
${ }^{5}$ Shown only for adults aged 25 and over. Estimates are age adjusted to the projected 2000 U.S. population as the standard population using three age groups: $25-44,45-64$, and 65 and over.
${ }^{6}$ GED is General Educational Development high school equivalency diploma.
${ }^{7}$ Based on family income and family size using the U.S. Census Bureau poverty thresholds for 2010, 2011, and 2012.
${ }^{3}$ MSA is metropolitan statistical area. Large MSAs have a population of 1 million or more; small MSAs have a population of less than 1 million. "Not in MSA" consists of persons not living in a metropolitan statistical area
NOTES: Estimates are based on household interviews of a sample of the civilian noninstitutionalized population. This table is based on data from the Sample Adult file and estimates were weighted using the Sample Adult weight. Unknowns for the columns were not included in the denominators when calculating percentages. "Both sexes," "men," and "women" include persons of other races and unknown race and ethnicity, unknown education, and unknown marital status. Unless otherwise specified, estimates are age-adjusted using the projected 2000 U.S. population as the standard population and using three age groups: 18-44, 45-64, and 65 and over. Estimates for age groups are not age-adjusted. For more information on the data source, methods, and definitions used for this table, refer to Technical Notes for Summary Health Statistics Tables: National Health Interview Survey (available from http://www.cdc.gov/nchs/nhis/SHS/tables.htm). Suggested citation: Villarroel MA, Clarke TC, Schoenborn CA. Tables of adult health behaviors, alcohol use: National Health Interview Survey, 2011-2014. 2016. Available from: http://www.cdc.gov/nchs/nhis/SHS/tables.htm.
SOURCE: NCHS, National Health Interview Survey, 2011-2013.

Table ALC-4b. Frequency (number in thousands) of current drinkers aged 18 and over who had five or more drinks in one day at least once in the past year and frequency (number in thousands) of current drinkers aged 18 and over who had five or more drinks in one day on at least 12 days in the past year, by sex and selected characteristics: United States, annualized, 2011-2013

|  | Selected characteristic | All current drinkers <br> aged 18 and over | Five or more drinks in one <br> day at least once ${ }^{1}$ | Five or more drinks in one <br> day at least 12 days ${ }^{1}$ |
| :--- | :---: | :---: | :---: | :---: |
| Both sexes | Age | 149,971 | 51,829 | 21,079 |
| $18-24$ years |  |  |  | 4,057 |
| $25-44$ years | 17,692 | 9,312 | 9,851 |  |
| $45-64$ years | 58,749 | 25,219 | 6,099 | 817 |
| $65-74$ years | 53,597 | 14,856 | 2,960 | 481 |

Race

| One race ${ }^{2}$ | 147,559 | 50,809 | 20,700 |
| :---: | :---: | :---: | :---: |
| White | 125,098 | 44,716 | 18,162 |
| Black or African American | 15,075 | 3,943 | 1,658 |
| American Indian or Alaska Native | 1,051 | 492 | 258 |
| Asian | 6,098 | 1,544 | 559 |
| Native Hawaiian or Other Pacific Islander | 237 | 113 | 63 |
| Two or more races ${ }^{3}$ | 2,412 | 1,020 | 379 |
| Black or African American, white | 515 | 233 | 80 |
| American Indian or Alaska Native, white | 979 | 423 | 162 |

Ian or Alaska Natıve, whit

| Hispanic or Latino | 19,315 | 7,638 | 3,320 |
| :--- | ---: | ---: | ---: |
| Mexican or Mexican American | 12,222 | 5,223 | 17,759 |
| Not Hispanic or Latino | 130,656 | 44,191 | 15,145 |
| White, single race | 107,576 | 37,801 | 1,558 |
| Black or African American, single race | 14,463 | 3,733 | 172 |
| American Indian or Alaska Native, single race | 607 | 297 |  |

## Education ${ }^{5}$

| Less than high school diploma | 12,400 | 4,524 | 2,356 |
| :---: | :---: | :---: | :---: |
| GED or equivalent ${ }^{6}$ | 3,411 | 1,354 | 650 |
| High school graduate | 27,749 | 9,046 | 4,142 |
| Some college, no degree | 24,289 | 8,016 | 3,183 |
| Associate's degree | 16,398 | 5,008 | 1,909 |
| Bachelor's degree | 30,221 | 10,064 | 3,500 |
| Master's, professional, or doctoral degree | 17,412 | 4,380 | 1,219 |
| Poverty status ${ }^{7}$ |  |  |  |
| Less than 100\% of the poverty threshold | 16,099 | 6,520 | 3,094 |
| 100\% to less than 200\% of the poverty threshold | 23,858 | 8,499 | 3,759 |
| 200\% to less than 400\% of the poverty threshold | 44,475 | 15,177 | 6,357 |
| 400\% of the poverty threshold or greater | 65,539 | 21,632 | 7,869 |

Table ALC-4b. Frequency (number in thousands) of current drinkers aged 18 and over who had five or more drinks in one day at least once in the past year and frequency (number in thousands) of current drinkers aged 18 and over who had five or more drinks in one day on at least 12 days in the past year, by sex and selected characteristics: United States, annualized, 2011-2013

| Selected characteristic | All current drinkers <br> aged 18 and over | Five or more drinks in one <br> day at least once ${ }^{1}$ | Five or more drinks in one <br> day at least 12 days $^{1}$ |
| :--- | :---: | :---: | :---: |

Both sexes (continued)
Marital status

| Married | 81,676 | 24,110 | 8,532 |
| :--- | ---: | ---: | ---: |
| Widowed | 5,748 | 693 | 298 |
| Divorced or separated | 17,369 | 5,692 | 2,526 |
| Never married | 31,938 | 14,928 | 6,892 |
| Living with a partner | 13,039 | 6,376 | 2,817 |


| Northeast | 28,137 | 8,893 | 3,532 |
| :--- | ---: | ---: | ---: |
| Midwest | 36,564 | 14,364 | 5,799 |
| South | 50,423 | 16,452 | 6,965 |
| West | 34,846 | 12,120 | 4,783 |

Place of residence ${ }^{8}$

| Large MSA | 82,975 | 28,171 | 10,967 |
| :--- | ---: | ---: | ---: |
| Small MSA | 46,247 | 16,469 | 6,887 |
| Not in MSA | 20,749 | 7,189 | 3,225 |

Table ALC-4b. Frequency (number in thousands) of current drinkers aged 18 and over who had five or more drinks in one day at least once in the past year and frequency (number in thousands) of current drinkers aged 18 and over who had five or more drinks in one day on at least 12 days in the past year, by sex and selected characteristics: United States, annualized, 2011-2013

|  | Selected characteristic | All current drinkers <br> aged 18 and over | Five or more drinks in one <br> day at least once ${ }^{1}$ |
| :--- | :---: | :---: | :---: |
| Five or more drinks in one |  |  |  |
| day at least 12 days ${ }^{1}$ |  |  |  |

Race

| One race $^{2}$ | 77,296 | 34,154 | 15,938 |
| :--- | ---: | ---: | ---: |
| White | 65,450 | 29,996 | 14,033 |
| Black or African American | 7,638 | 2,696 | 1,256 |
| American Indian or Alaska Native | 570 | 317 | 190 |
| Asian | 3,483 | 1,069 | 415 |
| Native Hawaiian or Other Pacific Islander | 155 | 77 | $* 45$ |
| Two or more races $^{3}$ | 1,197 | 613 | 280 |
| Black or African American, white | 226 | 127 | 51 |

Hispanic or Latino origin ${ }^{4}$ and race
Hispanic or Latino
Mexican or Mexican American
Not Hispanic or Latino
White, single race
Black or African American, single race
American Indian or Alaska Native, single race

| 11,455 | 5,721 | 2,775 |
| ---: | ---: | ---: |
| 7,451 | 3,956 | 2,029 |
| 67,038 | 29,046 | 13,443 |
| 55,010 | 24,787 | 11,486 |
| 7,297 | 2,547 | 1,186 |
| 310 | 175 | 117 |

## Education ${ }^{5}$

| Less than high school diploma | 7,729 | 3,475 | 1,927 |
| :---: | :---: | :---: | :---: |
| GED or equivalent ${ }^{6}$ | 2,036 | 958 | 505 |
| High school graduate | 15,133 | 6,621 | 3,434 |
| Some college, no degree | 12,161 | 5,397 | 2,470 |
| Associate's degree | 7,890 | 3,229 | 1,400 |
| Bachelor's degree | 15,120 | 6,483 | 2,623 |
| Master's, professional, or doctoral degree | 8,795 | 2,717 | 871 |
| Poverty status ${ }^{7}$ |  |  |  |
| Less than 100\% of the poverty threshold | 7,909 | 4,052 | 2,210 |
| 100\% to less than 200\% of the poverty threshold | 12,249 | 5,691 | 2,883 |
| 200\% to less than 400\% of the poverty threshold | 23,546 | 10,198 | 4,930 |
| 400\% of the poverty threshold or greater | 34,789 | 14,826 | 6,196 |

Table ALC-4b. Frequency (number in thousands) of current drinkers aged 18 and over who had five or more drinks in one day at least once in the past year and frequency (number in thousands) of current drinkers aged 18 and over who had five or more drinks in one day on at least 12 days in the past year, by sex and selected characteristics: United States, annualized, 2011-2013

| Selected characteristic | All current drinkers <br> aged 18 and over | Five or more drinks in one <br> day at least once ${ }^{1}$ | Five or more drinks in one <br> day at least 12 days $^{1}$ |
| :---: | :---: | :---: | :---: |

Men (continued)

| Marital status |  |  |  |
| :--- | ---: | ---: | ---: |
| Married | 44,153 | 16,783 | 6,844 |
| Widowed | 1,580 | 359 | 178 |
| Divorced or separated | 7,939 | 3,716 | 1,924 |
| Never married | 17,899 | 9,929 | 5,252 |
| Living with a partner | 6,840 | 3,960 | 2,013 |


| Northeast | 14,469 | 5,855 | 2,626 |
| :--- | ---: | ---: | ---: |
| Midwest | 18,934 | 9,519 | 4,432 |
| South | 26,501 | 11,100 | 5,430 |
| West | 18,589 | 8,294 | 3,730 |

Place of residence ${ }^{8}$

| Large MSA | 43,305 | 18,840 | 8,459 |
| :--- | ---: | ---: | ---: |
| Small MSA | 24,215 | 11,111 | 5,292 |
| Not in MSA | 10,972 | 4,815 | 2,468 |

Table ALC-4b. Frequency (number in thousands) of current drinkers aged 18 and over who had five or more drinks in one day at least once in the past year and frequency (number in thousands) of current drinkers aged 18 and over who had five or more drinks in one day on at least 12 days in the past year, by sex and selected characteristics: United States, annualized, 2011-2013

|  | All current drinkers | Five or more drinks in one | Five or more drinks in one |
| :---: | :---: | :---: | :---: |
| Selected characteristic | aged 18 and over | day at least once ${ }^{1}$ | day at least 12 days ${ }^{1}$ |



## Education ${ }^{5}$

| Less than high school diploma | 4,671 | 1,049 | 429 |
| :---: | :---: | :---: | :---: |
| GED or equivalent ${ }^{6}$ | 1,375 | 396 | 145 |
| High school graduate | 12,616 | 2,425 | 709 |
| Some college, no degree | 12,128 | 2,619 | 712 |
| Associate's degree | 8,508 | 1,779 | 509 |
| Bachelor's degree | 15,101 | 3,581 | 877 |
| Master's, professional, or doctoral degree | 8,617 | 1,663 | 347 |
| Poverty status ${ }^{7}$ |  |  |  |
| Less than 100\% of the poverty threshold | 8,190 | 2,469 | 884 |
| 100\% to less than $200 \%$ of the poverty threshold | 11,609 | 2,808 | 875 |
| 200\% to less than 400\% of the poverty threshold | 20,929 | 4,979 | 1,428 |
| 400\% of the poverty threshold or greater | 30,750 | 6,806 | 1,673 |

Table ALC-4b. Frequency (number in thousands) of current drinkers aged 18 and over who had five or more drinks in one day at least once in the past year and frequency (number in thousands) of current drinkers aged 18 and over who had five or more drinks in one day on at least 12 days in the past year, by sex and selected characteristics: United States, annualized, 2011-2013

|  | All current drinkers <br> aged 18 and over | Five or more drinks in one <br> day at least once ${ }^{1}$ | Five or more drinks in one <br> day at least 12 days |
| :---: | :---: | :---: | :---: |

## Women (continued)

| Marital status |  |  |  |
| :--- | ---: | ---: | ---: |
|  |  |  |  |
| Married | 37,524 | 1,688 |  |
| Widowed | 4,168 | 333 | 120 |
| Divorced or separated | 9,430 | 1,976 | 602 |
| Never married | 14,039 | 4,999 | 1,640 |
| Living with a partner | 6,199 | 2,416 | 804 |


| Northeast | 13,668 | 3,038 | 905 |
| :--- | ---: | ---: | ---: |
| Midwest | 17,630 | 4,845 | 1,366 |
| South | 23,922 | 5,352 | 1,535 |
| West | 16,257 | 3,827 | 1,053 |


| Large MSA | 39,670 | 9,331 | 2,508 |
| :--- | ---: | ---: | ---: |
| Small MSA | 22,031 | 5,357 | 1,594 |
| Not in MSA | 9,776 | 2,374 | 757 |

*Estimates are considered unreliable. Data preceded by an asterisk have a relative standard error (RSE) greater than $30 \%$ and less than or equal to $50 \%$ and should be used with caution. Data not shown have an RSE greater than 50\%.
${ }^{1}$ Derived from four source questions: "In any one year, have you had at least 12 drinks of any type of alcoholic beverage?", "In your entire life, have you had at least 12 drinks of any type of alcoholic beverage?", "In the past year, how often did you drink any type of alcoholic beverage?" and "In the past year, on how many days did you have 5 or more drinks of any alcoholic beverage?" Estimates in this table are based on data from survey years 2011-2013. Estimates for survey year 2014 were not included due to a change in the source question's wording for women. Starting in 2014, women (current drinkers) were asked instead on how many days in the past year they had had four or more drinks of any alcoholic beverage. The estimates in this table reflect drinking status among current drinkers.
${ }^{2}$ Refers to persons who indicated only a single race group, including those of Hispanic or Latino origin.
${ }^{3}$ Refers to persons who indicated more than one race group, including those of Hispanic or Latino origin. Only two combinations of multiple race groups are shown due to small sample sizes for other combinations.
${ }^{4}$ Refers to persons who are of Hispanic or Latino origin and may be of any race or combination of races. "Not Hispanic or Latino" refers to persons who are not of Hispanic or Latino origin, regardless of race
${ }^{5}$ Shown only for adults aged 25 and over.
${ }^{6}$ GED is General Educational Development high school equivalency diploma.
${ }^{7}$ Based on family income and family size using the U.S. Census Bureau poverty thresholds for 2010, 2011, and 2012
${ }^{8}$ MSA is metropolitan statistical area. Large MSAs have a population of 1 million or more; small MSAs have a population of less than 1 million. "Not in MSA" consists of persons not living in a metropolitan statistical area
NOTES: Estimates are based on household interviews of a sample of the civilian noninstitutionalized population. This table is based on data from the Sample Adult file and estimates were weighted using the Sample Adult weight. Unknowns for the columns were not included in the frequencies but they were included in the "Current drinkers aged 18 and over" column. "Both sexes," "men," and "women" include persons of other races and unknown race and ethnicity, unknown education, and unknown marital status. For more information on the data source, methods, and definitions used for this table, refer to Technical Notes for Summary Health Statistics Tables: National Health Interview Survey (available from http://www.cdc.gov/nchs/nhis/SHS/tables.htm). Suggested citation: Villarroel MA, Clarke TC, Schoenborn CA. Tables of adult health behaviors, alcohol use: National Health Interview Survey, 2011-2014. 2016. Available from: http://www.cdc.gov/nchs/nhis/SHS/tables.htm.
SOURCE: NCHS, National Health Interview Survey, 2011-2013.

Table ALC-4c. Crude percentages (with standard errors) of current drinkers aged 18 and over who had five or more drinks in one day at least once in the past year and crude percentages (with standard errors) of current drinkers aged 18 and over who had five or more drinks in one day on at least 12 days in the past year, by sex and selected characteristics: United States, annualized, 2011-2013

| Selected characteristic | Five or more drinks in one day at least once ${ }^{1}$ | Five or more drinks in one day at least 12 days $^{1}$ |
| :---: | :---: | :---: |
| Both sexes | 35.0 (0.32) | 14.2 (0.21) |
| Age |  |  |
| 18-24 years | 53.7 (1.01) | 23.4 (0.82) |
| 25-44 years | 43.5 (0.46) | 17.0 (0.33) |
| 45-64 years | 28.1 (0.42) | 11.5 (0.27) |
| 65-74 years | 15.5 (0.59) | 6.5 (0.40) |
| 75 years and over | 6.7 (0.49) | 3.6 (0.40) |
| Race |  |  |
| One race ${ }^{2}$ | 34.9 (0.33) | 14.2 (0.21) |
| White | 36.2 (0.36) | 14.7 (0.24) |
| Black or African American | 26.5 (0.68) | 11.1 (0.45) |
| American Indian or Alaska Native | 47.4 (2.92) | 24.8 (2.98) |
| Asian | 25.6 (1.04) | 9.3 (0.72) |
| Native Hawaiian or Other Pacific Islander | 48.3 (7.22) | 26.9 (6.24) |
| Two or more races ${ }^{3}$ | 43.0 (1.84) | 16.0 (1.30) |
| Black or African American, white | 45.8 (4.55) | 15.8 (2.95) |
| American Indian or Alaska Native, white | 43.9 (2.87) | 16.7 (2.14) |
| Hispanic or Latino origin ${ }^{4}$ and race |  |  |
| Hispanic or Latino | 40.3 (0.68) | 17.5 (0.50) |
| Mexican or Mexican American | 43.6 (0.87) | 20.0 (0.66) |
| Not Hispanic or Latino | 34.2 (0.35) | 13.8 (0.23) |
| White, single race | 35.6 (0.40) | 14.3 (0.26) |
| Black or African American, single race | 26.2 (0.70) | 10.9 (0.46) |
| American Indian or Alaska Native, single race | 49.7 (3.99) | 28.8 (4.17) |
| Education ${ }^{5}$ |  |  |
| Less than high school diploma | 37.3 (0.83) | 19.5 (0.67) |
| GED or equivalent ${ }^{6}$ | 40.5 (1.64) | 19.4 (1.34) |
| High school graduate | 33.2 (0.57) | 15.2 (0.43) |
| Some college, no degree | 33.3 (0.62) | 13.2 (0.42) |
| Associate's degree | 30.9 (0.76) | 11.8 (0.52) |
| Bachelor's degree | 33.5 (0.57) | 11.7 (0.37) |
| Master's, professional, or doctoral degree | 25.3 (0.69) | 7.0 (0.39) |
| Poverty status ${ }^{7}$ |  |  |
| Less than 100\% of the poverty threshold | 41.5 (0.85) | 19.7 (0.65) |
| 100\% to less than $200 \%$ of the poverty threshold | 36.2 (0.62) | 16.0 (0.48) |
| 200\% to less than 400\% of the poverty threshold | 34.6 (0.52) | 14.5 (0.35) |
| 400\% of the poverty threshold or greater | 33.3 (0.43) | 12.1 (0.29) |

Table ALC-4c. Crude percentages (with standard errors) of current drinkers aged 18 and over who had five or more drinks in one day at least once in the past year and crude percentages (with standard errors) of current drinkers aged 18 and over who had five or more drinks in one day on at least 12 days in the past year, by sex and selected characteristics: United States, annualized, 2011-2013

|  | Five or more drinks in one |
| :---: | :---: | :---: |
| day at least once ${ }^{1}$ | Five or more drinks in one <br> day at least 12 days ${ }^{1}$ |

## Both sexes (continued)

Marital status

| Married | $29.8(0.38)$ | $10.5(0.23)$ |
| :--- | ---: | ---: |
| Widowed | $12.2(0.65)$ | $5.2(0.45)$ |
| Divorced or separated | $33.3(0.64)$ | $14.8(0.44)$ |
| Never married | $47.7(0.68)$ | $22.0(0.53)$ |
| Living with a partner | $49.8(0.90)$ | $22.0(0.75)$ |

Northeast
Midwest

| $32.0(0.68)$ | $12.7(0.46)$ |
| :--- | :--- |
| $39.9(0.72)$ | $16.1(0.46)$ |
| $33.0(0.56)$ | $14.0(0.36)$ |
| $35.3(0.64)$ | $13.9(0.43)$ |

Place of residence ${ }^{8}$

| Large MSA | $34.4(0.40)$ | $13.4(0.28)$ |
| :--- | :--- | :--- |
| Small MSA | $36.1(0.61)$ | $15.1(0.39)$ |
| Not in MSA | $35.2(0.95)$ | $15.8(0.56)$ |

Table ALC-4c. Crude percentages (with standard errors) of current drinkers aged 18 and over who had five or more drinks in one day at least once in the past year and crude percentages (with standard errors) of current drinkers aged 18 and over who had five or more drinks in one day on at least 12 days in the past year, by sex and selected characteristics: United States, annualized, 2011-2013

| Selected characteristic | Five or more drinks in one day at least once ${ }^{1}$ | Five or more drinks in one day at least 12 days $^{1}$ |
| :---: | :---: | :---: |
| Men | 45.1 (0.42) | 21.0 (0.33) |
| Age |  |  |
| 18-24 years | 63.3 (1.32) | 32.1 (1.22) |
| 25-44 years | 54.4 (0.62) | 24.9 (0.52) |
| 45-64 years | 38.3 (0.61) | 17.4 (0.46) |
| 65-74 years | 23.5 (0.97) | 10.8 (0.69) |
| 75 years and over | 11.1 (0.88) | 6.2 (0.74) |
| Race |  |  |
| One race ${ }^{2}$ | 45.0 (0.42) | 21.0 (0.33) |
| White | 46.7 (0.47) | 21.8 (0.37) |
| Black or African American | 36.0 (1.04) | 16.8 (0.77) |
| American Indian or Alaska Native | 56.5 (3.64) | 33.8 (3.79) |
| Asian | 31.1 (1.51) | 12.1 (1.10) |
| Native Hawaiian or Other Pacific Islander | 49.7 (10.01) | 29.0 (8.67) |
| Two or more races ${ }^{3}$ | 52.7 (2.77) | 24.1 (2.26) |
| Black or African American, white | 57.7 (6.62) | 23.2 (4.85) |
| American Indian or Alaska Native, white | 51.8 (4.44) | 27.0 (3.82) |
| Hispanic or Latino origin ${ }^{4}$ and race |  |  |
| Hispanic or Latino | 51.3 (0.91) | 24.9 (0.75) |
| Mexican or Mexican American | 54.6 (1.14) | 28.0 (0.97) |
| Not Hispanic or Latino | 44.1 (0.46) | 20.4 (0.36) |
| White, single race | 45.8 (0.51) | 21.2 (0.41) |
| Black or African American, single race | 35.6 (1.06) | 16.6 (0.78) |
| American Indian or Alaska Native, single race | 57.7 (4.62) | 38.5 (5.03) |
| Education ${ }^{5}$ |  |  |
| Less than high school diploma | 46.4 (1.05) | 25.7 (0.95) |
| GED or equivalent ${ }^{6}$ | 48.1 (2.23) | 25.3 (1.95) |
| High school graduate | 44.9 (0.82) | 23.3 (0.70) |
| Some college, no degree | 45.0 (0.94) | 20.6 (0.74) |
| Associate's degree | 41.8 (1.15) | 18.1 (0.91) |
| Bachelor's degree | 43.3 (0.84) | 17.5 (0.64) |
| Master's, professional, or doctoral degree | 31.1 (0.96) | 10.0 (0.65) |
| Poverty status ${ }^{7}$ |  |  |
| Less than 100\% of the poverty threshold | 52.9 (1.13) | 28.9 (1.00) |
| 100\% to less than 200\% of the poverty threshold | 47.5 (0.89) | 24.1 (0.77) |
| 200\% to less than 400\% of the poverty threshold | 44.2 (0.73) | 21.4 (0.58) |
| 400\% of the poverty threshold or greater | 43.2 (0.59) | 18.0 (0.47) |

Table ALC-4c. Crude percentages (with standard errors) of current drinkers aged 18 and over who had five or more drinks in one day at least once in the past year and crude percentages (with standard errors) of current drinkers aged 18 and over who had five or more drinks in one day on at least 12 days in the past year, by sex and selected characteristics: United States, annualized, 2011-2013

|  | Five or more drinks in one |
| :---: | :---: | :---: |
| day at least once ${ }^{1}$ | Five or more drinks in one <br> day at least 12 days ${ }^{1}$ |

## Men (continued)

Marital status

| Married | $38.5(0.52)$ | $15.7(0.37)$ |
| :--- | :--- | :--- |
| Widowed | $23.1(1.57)$ | $11.5(1.20)$ |
| Divorced or separated | $48.0(0.97)$ | $24.8(0.80)$ |
| Never married | $56.9(0.87)$ | $30.1(0.77)$ |
| Living with a partner | $59.4(1.22)$ | $30.2(1.17)$ |


| Northeast | $41.1(0.93)$ | $18.5(0.74)$ |
| :--- | :--- | :--- |
| Midwest | $51.4(0.93)$ | $23.9(0.71)$ |
| South | $42.6(0.71)$ | $20.8(0.55)$ |
| West | $45.5(0.80)$ | $20.5(0.66)$ |

Place of residence ${ }^{8}$

| Large MSA | $44.3(0.55)$ | $19.9(0.44)$ |
| :--- | :--- | :--- |
| Small MSA | $46.7(0.76)$ | $22.3(0.59)$ |
| Not in MSA | $44.7(1.24)$ | $22.9(0.83)$ |

Table ALC-4c. Crude percentages (with standard errors) of current drinkers aged 18 and over who had five or more drinks in one day at least once in the past year and crude percentages (with standard errors) of current drinkers aged 18 and over who had five or more drinks in one day on at least 12 days in the past year, by sex and selected characteristics: United States, annualized, 2011-2013

| Selected characteristic | Five or more drinks in one day at least once ${ }^{1}$ | Five or more drinks in one day at least 12 days $^{1}$ |
| :---: | :---: | :---: |
| Women | 24.1 (0.36) | 6.9 (0.19) |
| Age |  |  |
| 18-24 years | 43.0 (1.28) | 13.7 (0.82) |
| 25-44 years | 31.4 (0.55) | 8.2 (0.31) |
| 45-64 years | 17.1 (0.46) | 5.3 (0.27) |
| 65-74 years | 7.0 (0.53) | 1.9 (0.28) |
| 75 years and over | 2.3 (0.39) | 0.9 (0.26) |
| Race |  |  |
| One race ${ }^{2}$ | 23.9 (0.36) | 6.8 (0.20) |
| White | 24.9 (0.40) | 7.0 (0.22) |
| Black or African American | 16.9 (0.77) | 5.4 (0.44) |
| American Indian or Alaska Native | 36.7 (3.86) | 14.2 (3.75) |
| Asian | 18.3 (1.33) | 5.6 (0.79) |
| Native Hawaiian or Other Pacific Islander | 45.6 (8.77) | *22.9 (7.44) |
| Two or more races ${ }^{3}$ | 33.6 (2.47) | 8.2 (1.37) |
| Black or African American, white | 36.8 (6.31) | *10.1 (3.64) |
| American Indian or Alaska Native, white | 36.1 (3.83) | 6.7 (1.88) |
| Hispanic or Latino origin ${ }^{4}$ and race |  |  |
| Hispanic or Latino | 24.6 (0.84) | 7.0 (0.47) |
| Mexican or Mexican American | 26.8 (1.10) | 7.8 (0.61) |
| Not Hispanic or Latino | 24.0 (0.39) | 6.8 (0.21) |
| White, single race | 24.9 (0.44) | 7.0 (0.24) |
| Black or African American, single race | 16.7 (0.79) | 5.2 (0.45) |
| American Indian or Alaska Native, single race | 41.5 (5.58) | *18.8 (5.63) |
| Education ${ }^{5}$ |  |  |
| Less than high school diploma | 22.7 (1.12) | 9.3 (0.73) |
| GED or equivalent ${ }^{6}$ | 29.3 (2.24) | 10.7 (1.53) |
| High school graduate | 19.4 (0.67) | 5.7 (0.37) |
| Some college, no degree | 21.7 (0.72) | 5.9 (0.37) |
| Associate's degree | 21.0 (0.84) | 6.0 (0.49) |
| Bachelor's degree | 23.8 (0.68) | 5.8 (0.36) |
| Master's, professional, or doctoral degree | 19.4 (0.87) | 4.0 (0.41) |
| Poverty status ${ }^{7}$ |  |  |
| Less than 100\% of the poverty threshold | 30.7 (1.01) | 11.0 (0.65) |
| 100\% to less than $200 \%$ of the poverty threshold | 24.5 (0.75) | 7.6 (0.46) |
| 200\% to less than 400\% of the poverty threshold | 23.9 (0.62) | 6.9 (0.34) |
| 400\% of the poverty threshold or greater | 22.2 (0.49) | 5.5 (0.27) |

Table ALC-4c. Crude percentages (with standard errors) of current drinkers aged 18 and over who had five or more drinks in one day at least once in the past year and crude percentages (with standard errors) of current drinkers aged 18 and over who had five or more drinks in one day on at least 12 days in the past year, by sex and selected characteristics: United States, annualized, 2011-2013

|  | Five or more drinks in one | Five or more drinks in one |
| :---: | :---: | :---: |
| Selected characteristic | day at least once ${ }^{1}$ | day at least 12 days ${ }^{1}$ |

## Women (continued)

## Marital status


*Estimates are considered unreliable. Data preceded by an asterisk have a relative standard error (RSE) greater than $30 \%$ and less than or equal to $50 \%$ and should be used with caution. Data not shown have an RSE greater than $50 \%$.
${ }^{1}$ Derived from four source questions: "In any one year, have you had at least 12 drinks of any type of alcoholic beverage?", "In your entire life, have you had at least 12 drinks of any type of alcoholic beverage?", "In the past year, how often did you drink any type of alcoholic beverage?", and "In the past year, on how many days did you have 5 or more drinks of any alcoholic beverage?" Estimates in this table are based on data from survey years 2011-2013. Estimates for survey year 2014 were not included due to a change in the source question's wording for women. Starting in 2014, women (current drinkers) were asked instead on how many days in the past year they had had four or more drinks of any alcoholic beverage. The estimates in this table reflect drinking status among current drinkers.
${ }^{2}$ Refers to persons who indicated only a single race group, including those of Hispanic or Latino origin.
${ }^{3}$ Refers to persons who indicated more than one race group, including those of Hispanic or Latino origin. Only two combinations of multiple race groups are shown due to small sample sizes for other combinations.
${ }^{4}$ Refers to persons who are of Hispanic or Latino origin and may be of any race or combination of races. "Not Hispanic or Latino" refers to persons who are not of Hispanic or Latino origin, regardless of race.
${ }^{5}$ Shown only for adults aged 25 and over.
${ }^{6}$ GED is General Educational Development high school equivalency diploma.
${ }^{7}$ Based on family income and family size using the U.S. Census Bureau poverty thresholds for 2010, 2011, and 2012.
${ }^{8}$ MSA is metropolitan statistical area. Large MSAs have a population of 1 million or more; small MSAs have a population of less than 1 million. "Not in MSA" consists of persons not living in a metropolitan statistical area.
NOTES: Estimates are based on household interviews of a sample of the civilian noninstitutionalized population. This table is based on data from the Sample Adult file and estimates were weighted using the Sample Adult weight. Unknowns for the columns were not included in the denominators when calculating percentages. "Both sexes," "men," and "women" include persons of other races and unknown race and ethnicity, unknown education, and unknown marital status. For more information on the data source, methods, and definitions used for this table, refer to Technical Notes for Summary Health Statistics Tables: National Health Interview Survey (available from http://mww.cdc.gov/nchs/nhis/SHS/tables.htm). Suggested citation: Villarroel MA, Clarke TC, Schoenborn CA. Tables of adult health behaviors, alcohol use: National Health Interview Survey, 2011-2014. 2016. Available from: http://www.cdc.gov/nchs/nhis/SHS/tables.htm.
SOURCE: NCHS, National Health Interview Survey, 2011-2013.

