



## CHRISTMAS BROCHURE 2023

Help people affected by mental illness this festive season.

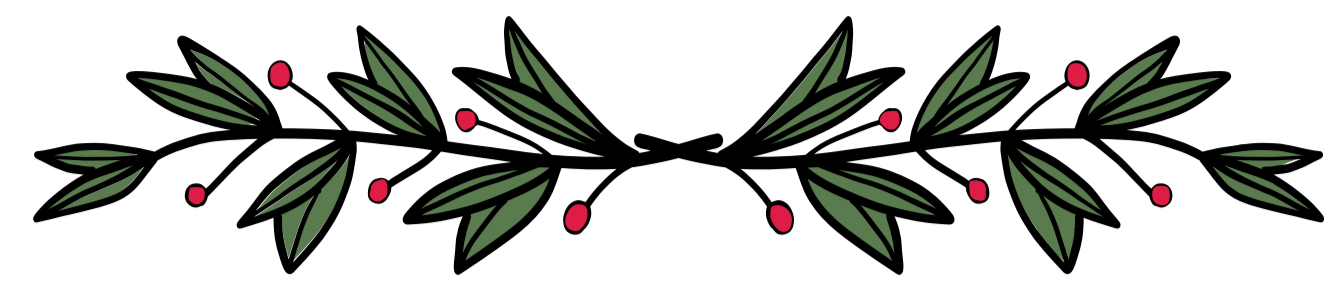
ORDER ONLINE [www.shop.sane.org.uk](http://www.shop.sane.org.uk)



Changing mental health for good

Free U.K.  
Shipping





# *CHRISTMAS* *is on its way!*

Another year that has flown away. We hope our range of cards will help you to show your festive spirit and give hope to others.

The selection of cards has various themes, sizes, and prices to suit everyone and every budget. We expect the cards to sell out quickly so do get your orders in early online, by post, or by phone.

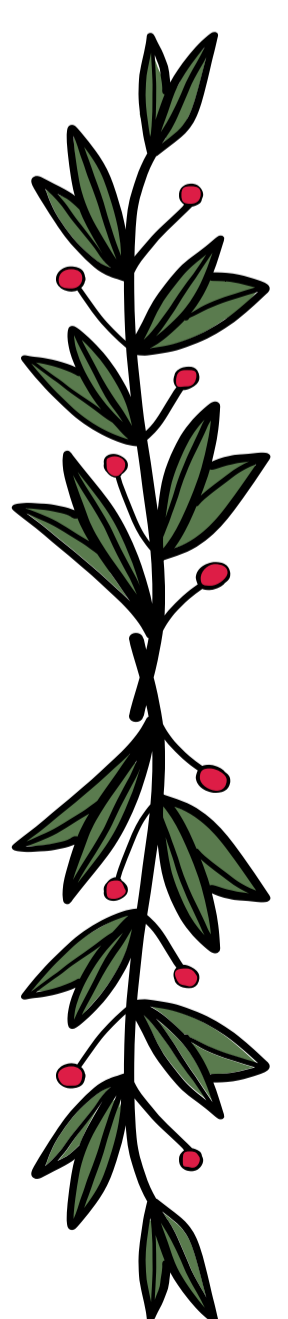
On behalf of everyone that you enable us to help - **THANK YOU.**

Find more designs: [www.shop.sane.org.uk](http://www.shop.sane.org.uk)





❧ 2023 premium card ❧



## 1. The Christmas Partridge

**£7.00**

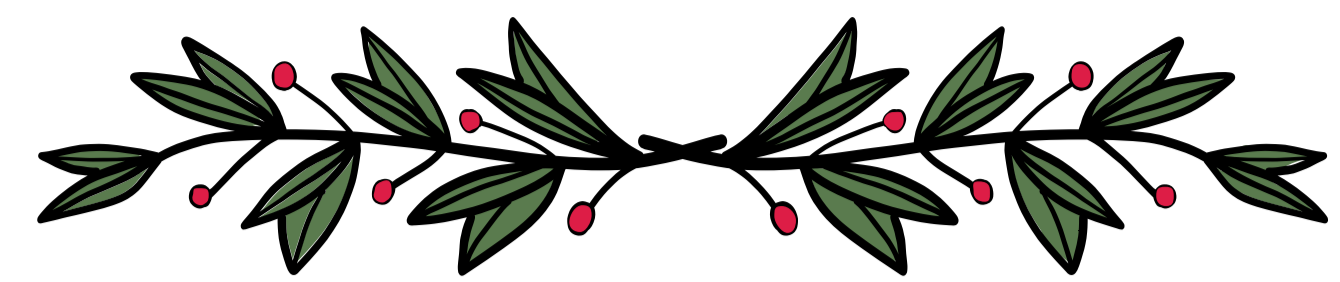
10 cards with envelopes

*"With best wishes for Christmas and the New Year"*

160 x160mm

High quality card with gold foil details





# *SANE*

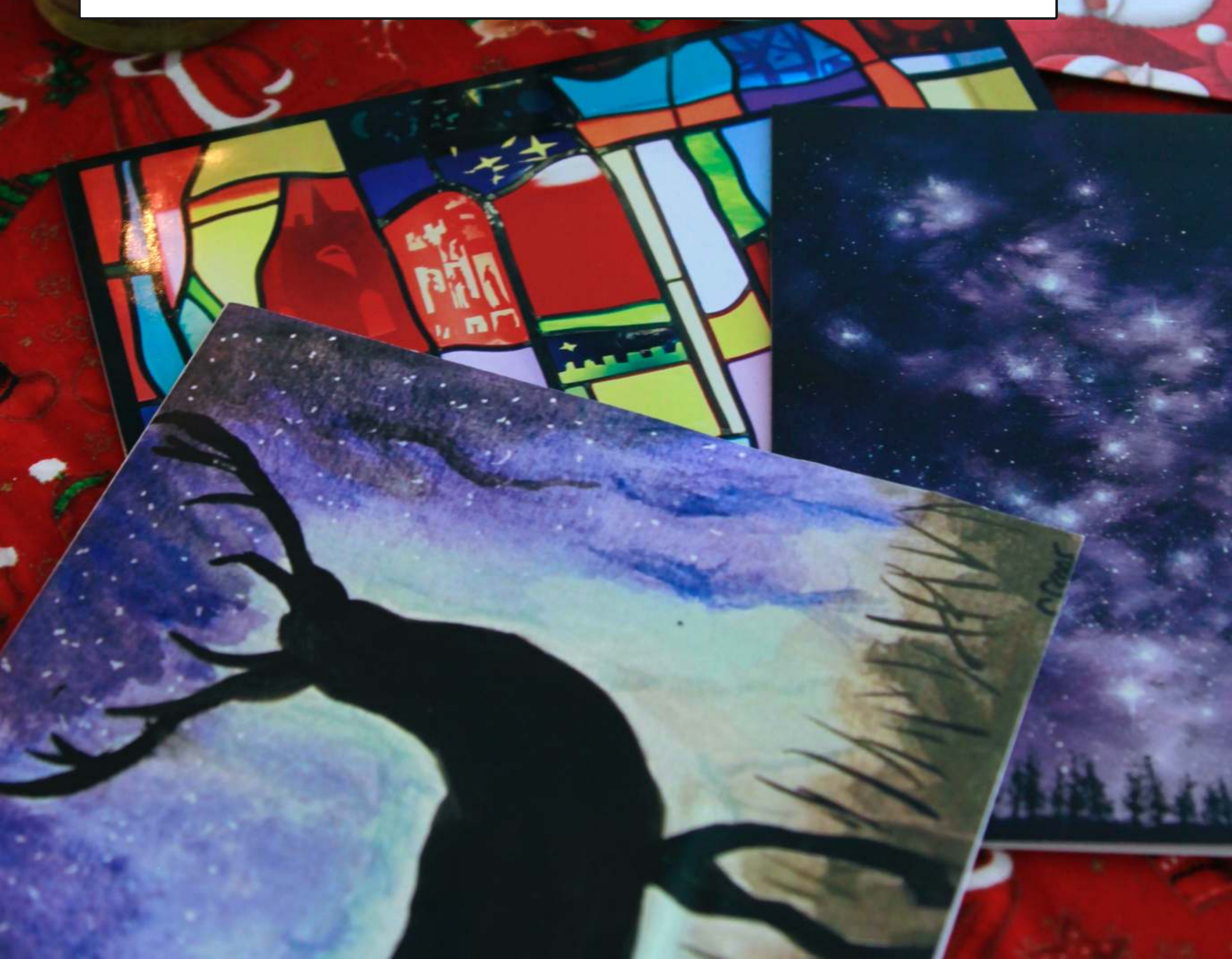
## *Creative Awards Scheme*

SANE has a long association with the arts and for many years held a successful awards scheme providing grants to individuals wishing to further their artistic development.

The SANE Creative Awards Scheme builds on this tradition and presents an opportunity for those affected by mental ill-health, including their families and carers, to take a step towards realising their creative potential.

**Learn more:**

[www.sane.org.uk/how-we-help/sane-creative-awards-scheme](http://www.sane.org.uk/how-we-help/sane-creative-awards-scheme)





❖ 2023 SANE exclusive ❖

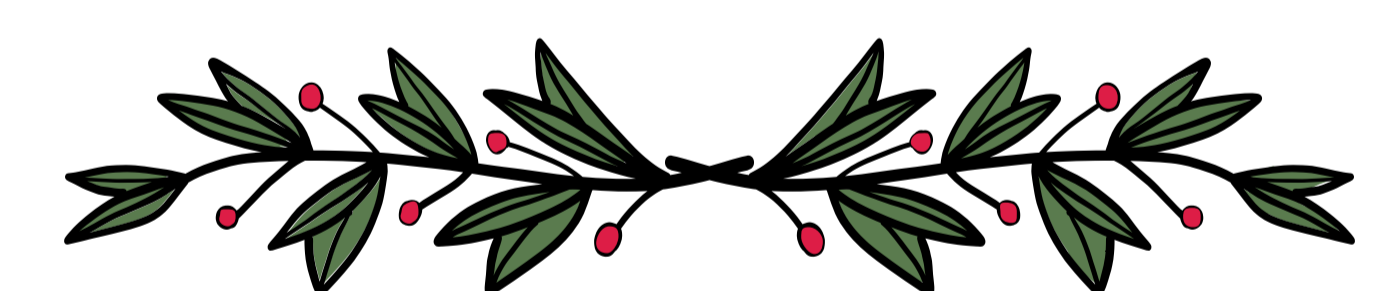


Winter Stag by Cody Greer is our chosen SANE Creative Awards Scheme winner for this year's Christmas Card.

*"I had never really used watercolour before, and since playing with the medium, I can appreciate the beauty of it and also understand how helpful this would be in helping me level up my work. I'm excited to try new mediums and broaden my creativity."*  
- Cody Greer.

## 2. Winter Stag

by Cody Greer



# £7.00

10 Cards with envelopes

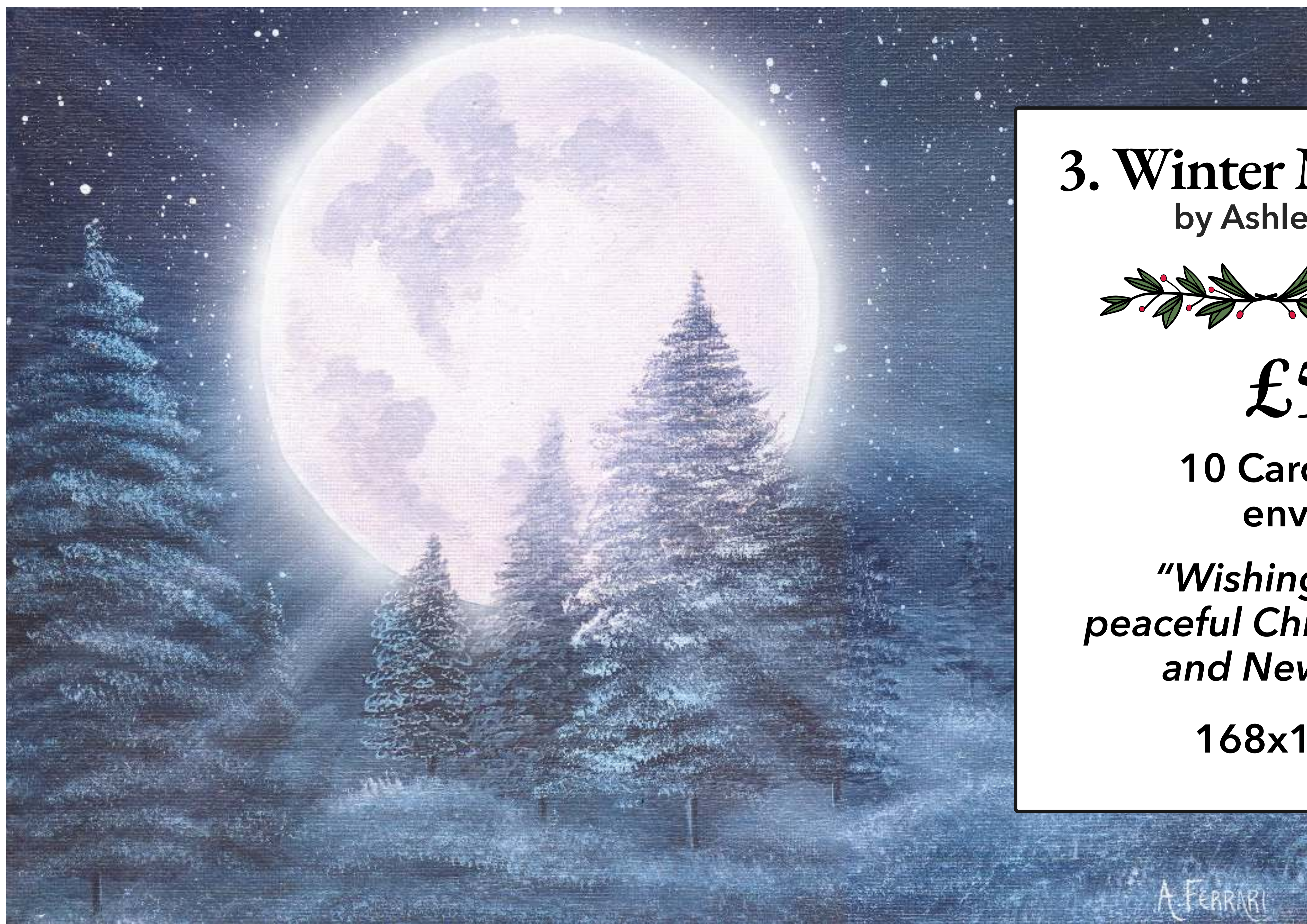
*"Wishing you a peaceful Christmas and New Year"*

171x121mm

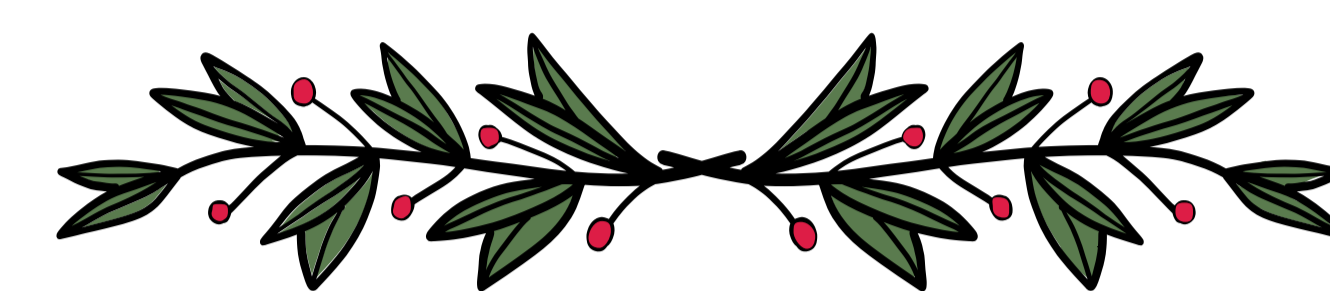
Premium quality card with silver foil details



❧ *S'ANE' exclusive* ❧



**3. Winter Moon**  
by Ashley Ferrari



**£5.00**

10 Cards with envelopes

*"Wishing you a peaceful Christmas and New Year"*

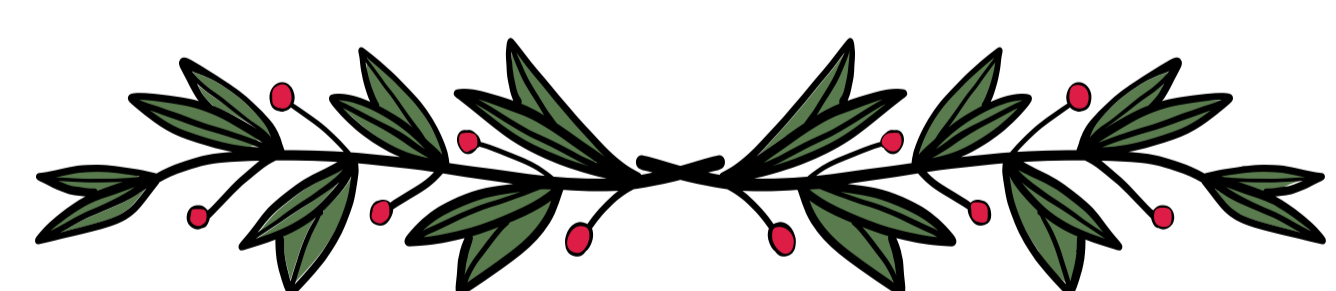
168x150mm

*"I use oils and like to explore using colour and light to create feelings of peace and serenity in the viewer"*

- Ashley Ferrari.

**4. Lilac Sky**

by Ashley Ferrari



**£5.00**

10 Cards with envelopes

*"Wishing you a peaceful Christmas and New Year"*

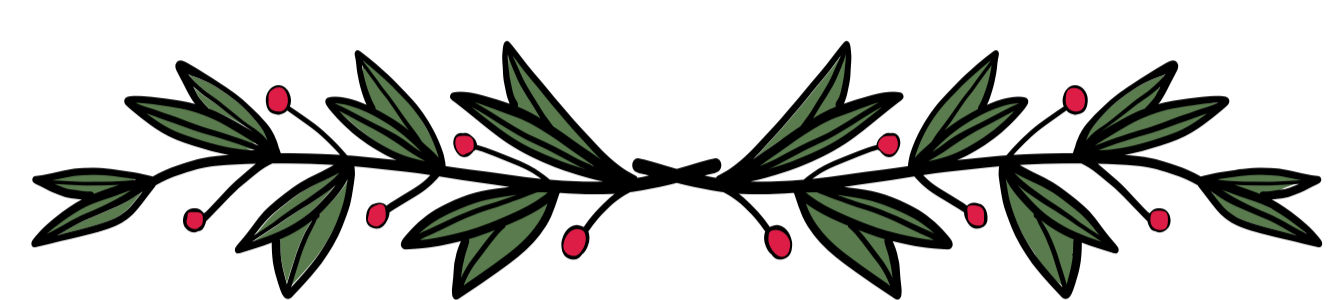
140x160mm





❧ *PREMIUM* cards ❧

5. Partridge  
and Pears



£5.00

10 Cards with  
envelopes

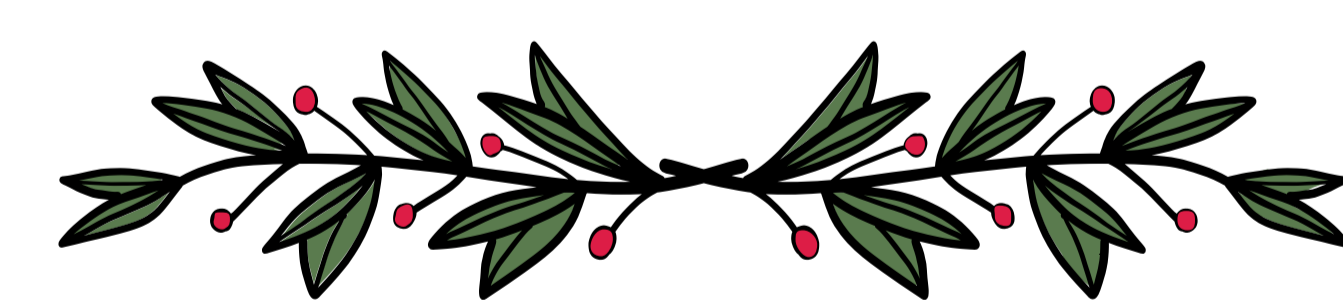
*"With best wishes  
for Christmas and  
the New Year"*

160x160mm



6. L'Innocence

Courtesy of William-  
Adolphe Bouguereau



£5.00

10 Cards with envelopes

*"Wishing you a peaceful  
Christmas and New Year"*

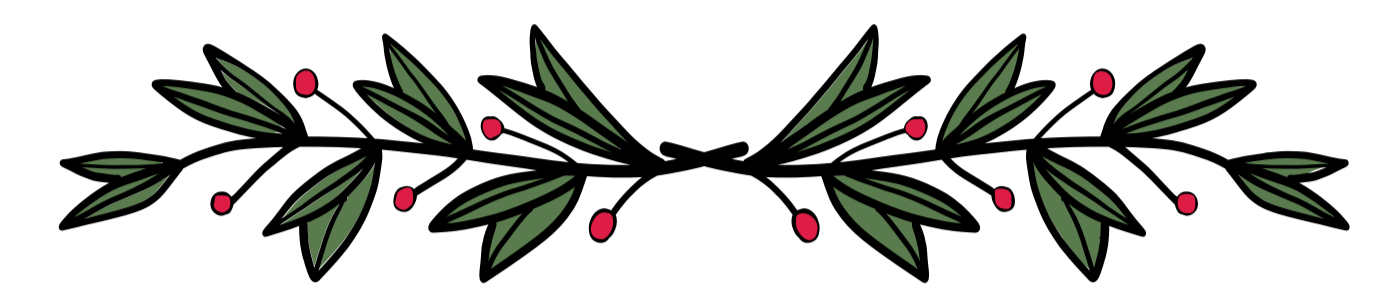
100x152mm



❦ *SPECIAL offers* ❦



**7. Three  
Christmas Trees**



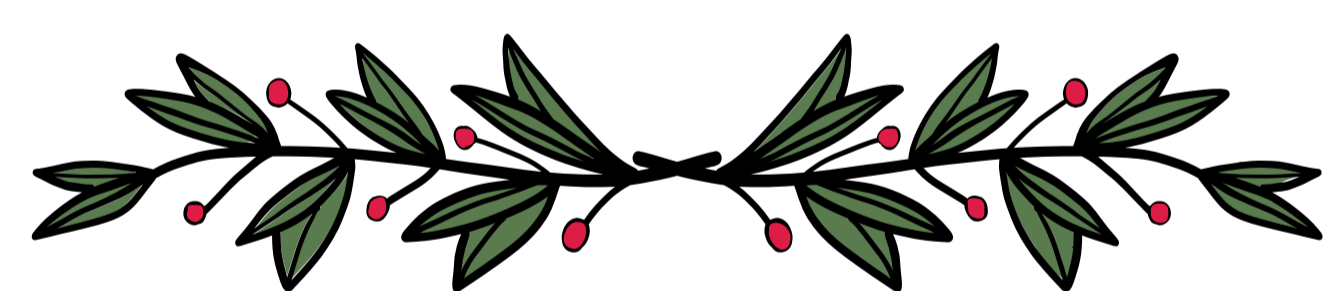
**£3.50**

10 Cards with  
envelopes

*"Happy  
Christmas and  
Happy New Year"*

126x126mm

**8. Santa Special  
Delivery**



**£3.50**

10 Cards with  
envelopes

*"Happy Christmas  
and a Happy New  
Year"*

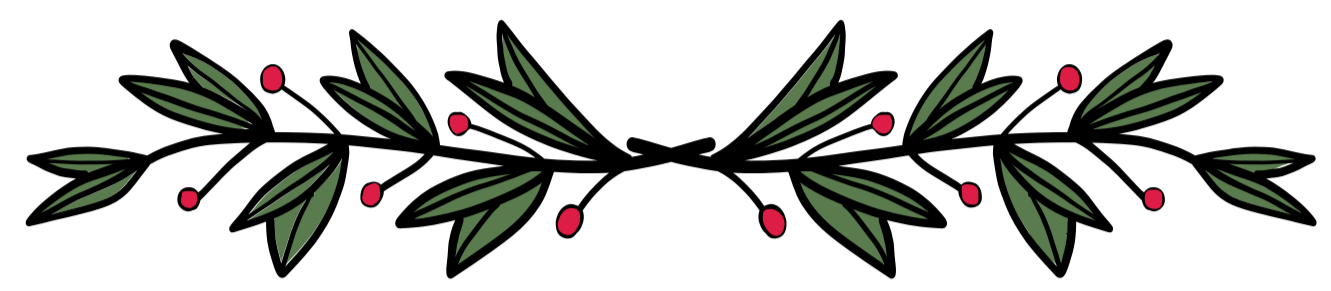
125x125mm





❧ *SPECIAL offers* ❧

9. Dove of Peace



£3.50

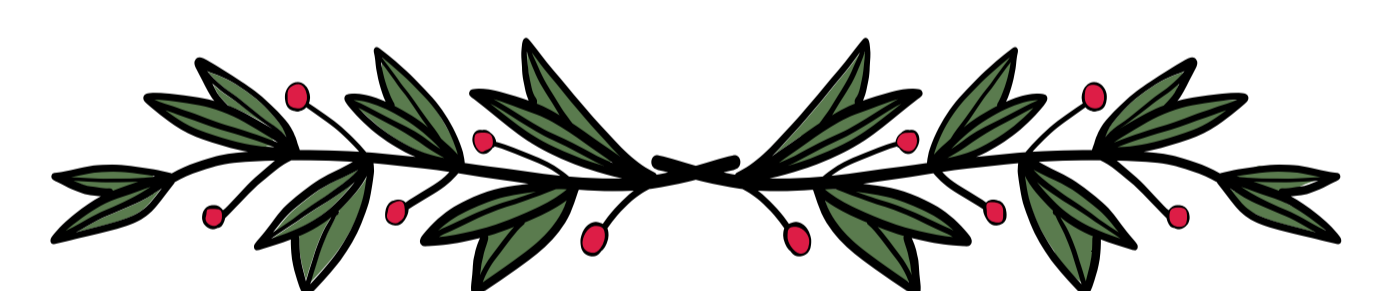
10 Cards with envelopes

*"Season's Greetings"*

109x109mm



10. Celebratory Owls



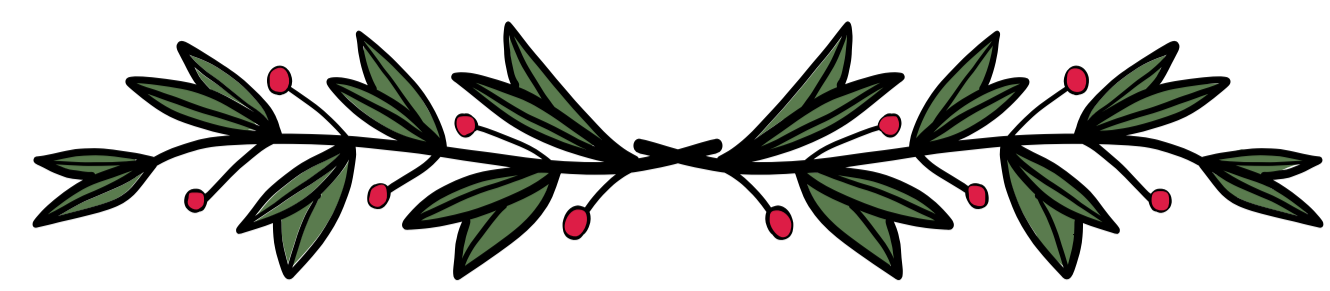
£3.50

10 Cards with envelopes

*"Wishing you a Merry Christmas and a Happy New Year"*

109x109mm





# *NEW* *online shop*

This is the last year we will be producing a paper catalogue, to save on the escalating production and printing costs.

From next year, there will be an online version only. Of course, all our products are available to view and purchase at our easy-to-use online shop. You can also call us on 0203 805 1790 with your order and pay over the phone. If you have any special requirements, please do let us know.

Use the code **SANEXMAS** when you checkout on our online shop for an extra 10% discount on your order:

[www.shop.sane.org.uk](http://www.shop.sane.org.uk)

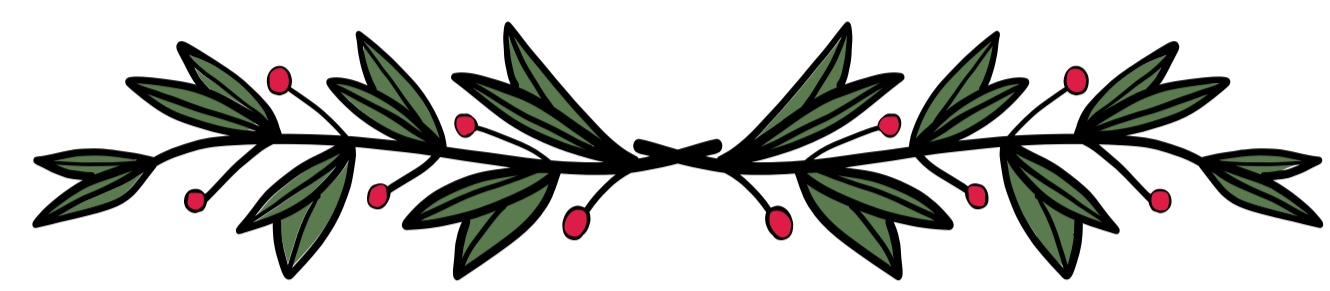
(Discount valid only when placing an order through our online shop)





# ❧ WRAPPING paper ❧

## 11. Winter Gifts & Snowmen

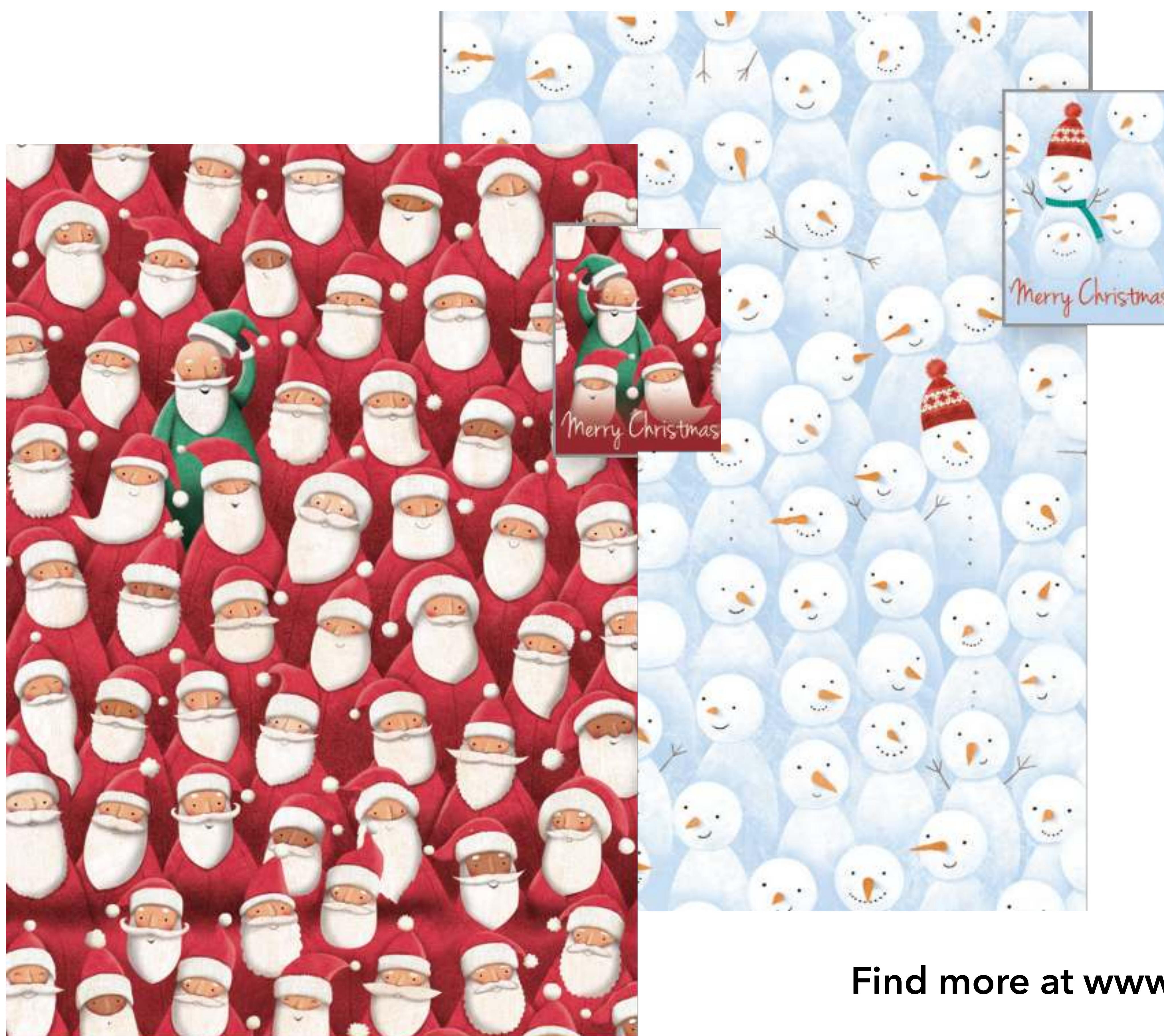


£3.00

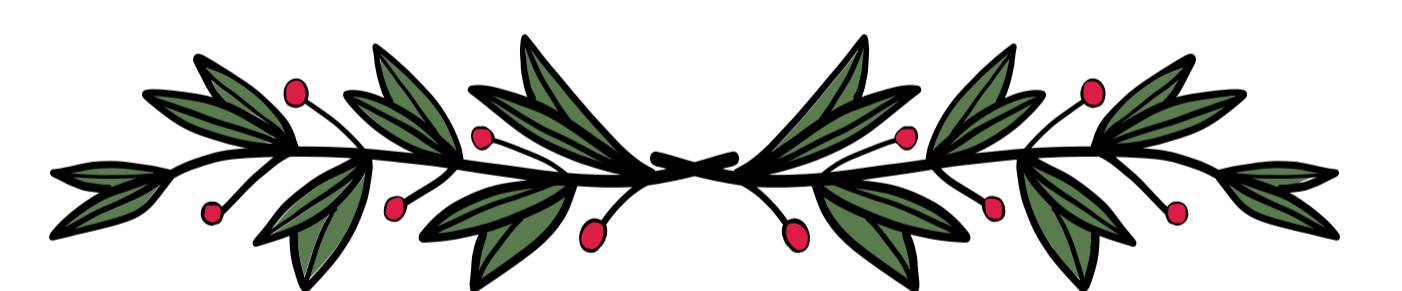
4 Sheets  
(2 of each design)

8 tags  
(4 of each design)

Flat sheet size:  
500 x 695 mm



## 12. Santa & Snowmen



£3.00

4 Sheets  
(2 of each design)

8 tags  
(4 of each design)

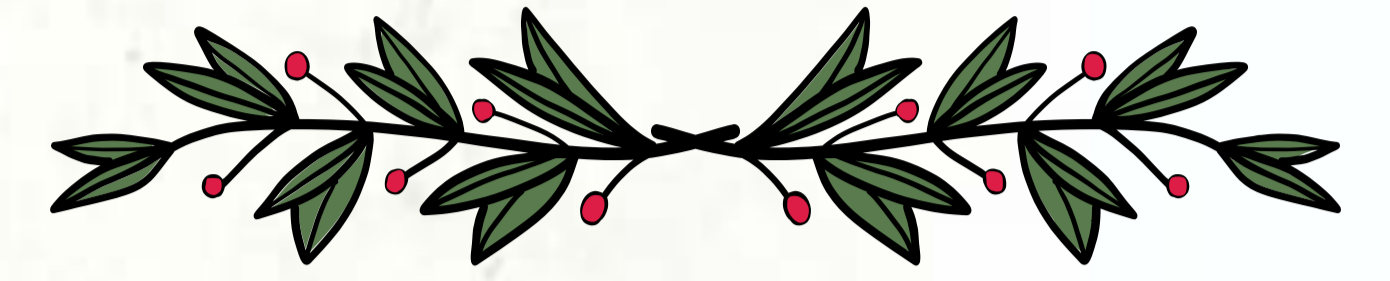
Flat sheet size:  
500 x 695 mm



❧ *LIMITED* edition ❧

### 13. SANE Tote Bag

By Chantal Krugel



£18.00

'Balance' by Chantal Krugel  
SANE Creative Awards winner.

This over the shoulder  
and roomy bag fits  
groceries, books, and  
so much more!

Waterproof

Dimensions:  
H420 x W390mm  
(exc. handles)

*"My art is a reflection  
of my states of anxiety,  
mania, relationships  
and an exploration of  
self-love and  
acceptance through  
mental illness. These  
themes are present in  
my work, but it is more  
than that. I often  
discuss these themes  
when exhibiting."  
- Chantal Krugel*

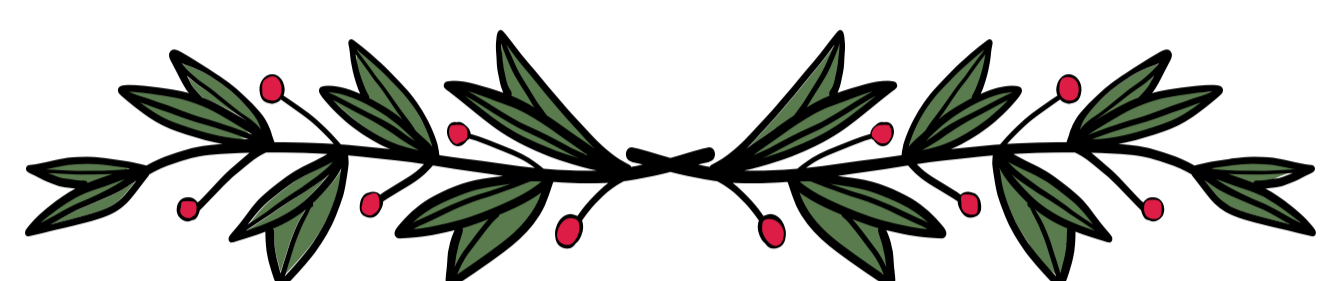




❖ *LIMITED* edition ❖

## 14. Sports T-Shirt

Modelled by SANE  
Ambassador Robin  
Windsor. Professional Latin  
and Ballroom dancer.



£18.00

Our limited edition  
SANE Sports T-shirts in  
black available in sizes:  
S, M, L, XL, and XXL.

Sports breathable  
fabric. Machine  
washable.

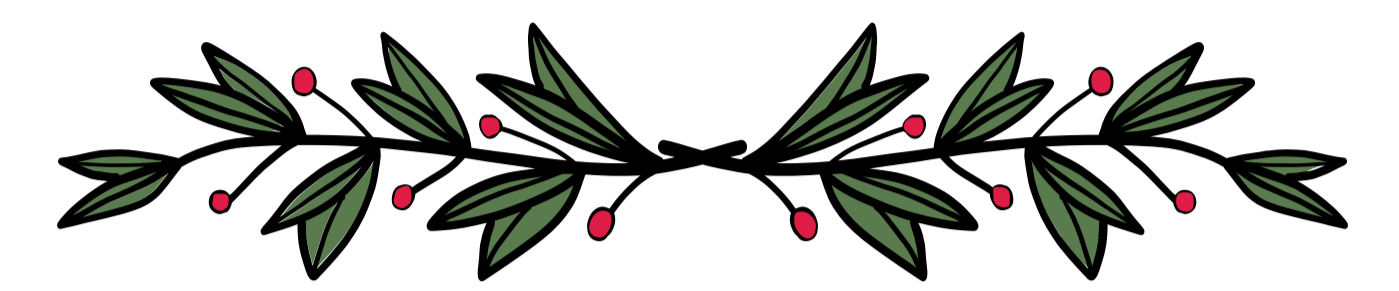




❖ *SANE* merchandise ❖



**15. SANE  
Wristband**

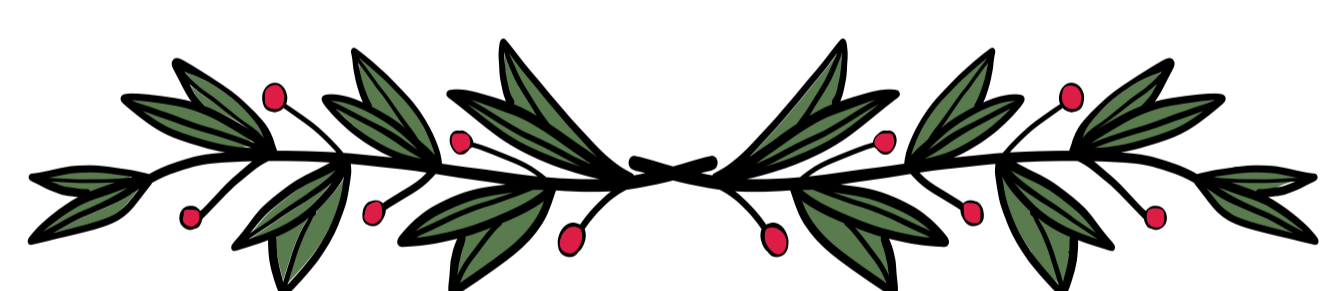


Add to your order for just

**£2.00**

Help raise awareness with one of our SANE wristbands. Featuring the SANE logo and motto: "Changing mental health for good".

**16. Black Dog  
Pin Badge**



Add to your order for just

**£2.00**

Show your support for SANE with this eye-catching enamel pin badge representing our Black Dog Campaign.



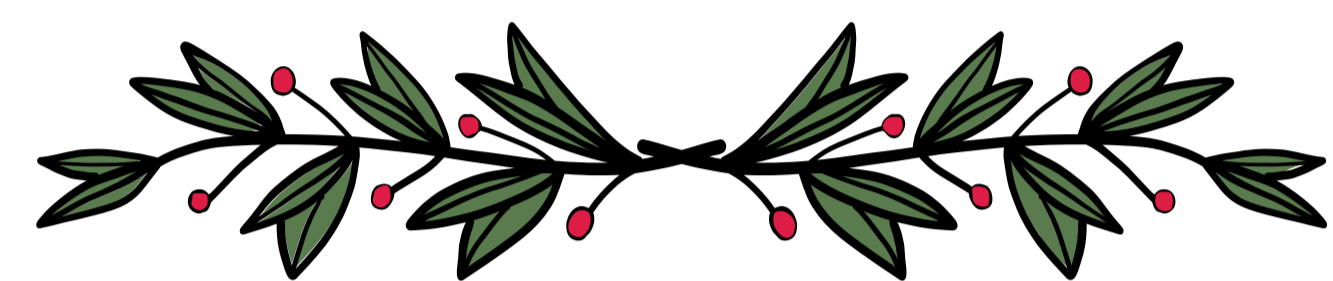


# ❖ *HOW we help* ❖

**SANE offers non-judgemental and compassionate emotional support.**

**Our services are confidential and below you can discover the support and guidance we provide to anyone affected by mental illness.**

## **Emotional Support**



SANEline is a national out-of-hours mental health helpline offering specialist emotional support, information and guidance to anyone affected by mental illness, including family, friends and carers. Every day of the year, calls are answered by our highly trained volunteers.

**To access SANEline call 0300 304 7000  
(4-10pm | 365 days)**



SANE's Call Back service provides short-term, regular Call Backs to people who require more sustained support. We aim to respond within 48 hours to a request for a Call Back.

**To access the Call Back service call 07984 967 708**



SANE offers written support through our dedicated Email service, responding normally within 72 hours.

**To access Email support contact [support@sane.org.uk](mailto:support@sane.org.uk).**



SANE's Textcare service offers personalised messages to people at times requested by them when they feel most vulnerable.

Our 24-hour Online Support Forum provides peer-to-peer support.

**To access Textcare and the 24-hour Online Support Forum go to:**

**[www.sane.org.uk/how-we-help/emotional-support](http://www.sane.org.uk/how-we-help/emotional-support)**

**Learn more: [www.sane.org.uk](http://www.sane.org.uk)**





**SANE is a leading UK mental health charity. Our aim is to change mental health for good through research, campaigning and support for anyone affected by mental illness, including families and carers.**

**SANE's vision is to help create a world in which there is no shame or blame surrounding mental illness, which we believe needs to be recognised as one of the greatest challenges facing society and must be treated with the same seriousness as physical health conditions.**

**We do not receive any government or lottery funding and rely entirely on voluntary donations. Your support is greatly appreciated and your donations make all the difference to SANE and the people we support, no matter how small.**

**If you or someone you know is in distress,  
call SANEline on 0300 304 700  
Open from 4-10pm every day of the year.**



# SANE Christmas Order Form 2023

## Order online:

Go to [www.shop.sane.org.uk](http://www.shop.sane.org.uk) to see the full range and get exclusive online offers.

## Order by phone:

Call the Fundraising Team on 0203 805 1790 to place your order.

**Order by post:** Select the items you wish to order below and calculate your total. Then enter your payment and delivery details overleaf, and return your completed form to:

**SANE, St. Mark's Studios, 14 Chillingworth Road, Islington, London, N7 8QJ**

	Item details	Price	Quantity	Total
1.	The Christmas Partridge	£7		
2.	Winter Stag	£7		
3.	Winter Moon	£5		
4.	Lilac Sky	£5		
5.	Partridge and Pears	£5		
6.	L'Innocence	£5		
7.	Three Christmas Trees	£3.50		
8.	Santa Special Delivery	£3.50		
9.	Dove of Peace	£3.50		
10.	Celebratory Owls	£3.50		
11.	Winter Gifts & Snowmen Wrapping Paper	£3		
12.	Santa & Snowmen Wrapping Paper	£3		
13.	SANE Tote Bag	£18		
14.	SANE Sports T-Shirt Black	£18	<b>Size</b>	
15.	SANE Wristband	£2		
16.	SANE Pin Badge	£2		

## FREE U.K. SHIPPING

We are happy to announce that all orders made online or via mail this year have free U.K. shipping.

Total

£

Christmas Donation

£

**TOTAL PAYMENT**

£

Some designs sell out quickly. If you are happy to receive a substitute (same value), please tick:

**DELIVERY:** Please allow up to 7 days for delivery. **The last date for receiving orders is Thursday 14 December.** Orders placed later cannot be guaranteed to arrive before the final Christmas posting date. If you would like to request alternative postage, please contact us before placing your order.

**OUR GUARANTEE:** If you are not satisfied with any item you receive, we will issue a full refund. Please contact us on 0203 805 1790 or at [fundraising@sane.org.uk](mailto:fundraising@sane.org.uk) to discuss your order.



# SANE Christmas Order Form 2023

**Your details:** (Please check and amend any details that are incorrect)



## Payment Details

Cheque/postal order made payable to SANE:  (Please do not send cash through the post)

Credit/debit card: Visa  Mastercard  Maestro  CAF Charity Card

Cardholder Name:

Card Number:

Security Code:    Valid From:     Expires:

Signature:  Today's Date:

In case we need to contact you regarding your order, please provide:

Phone No:  Email:

## Delivery Details

(If different from your details above)

**Don't forget to *giftaid it***

**Boost your gift by 25% at no extra cost to you!**

Yes, I would like to Gift Aid this donation, any I have made in the past four years and any future donations I may make.\*

\*I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year, it is my responsibility to pay any difference.

SANE is committed to protecting your privacy and we will never sell or swap your personal data. We will only use your details to provide information we think you will find interesting. To find out more about how we manage your personal data, please visit [sane.org.uk/privacy](https://sane.org.uk/privacy)

We'd love to keep you up to date with our work, fundraising and other ways you can support us, please let us know how we can contact you:  Email  Phone  Text (SMS)

If you would prefer NOT to hear from us by post, please tick this box:

To update your preferences at any time, contact us at **0203 805 1790** or [fundraising@sane.org.uk](mailto:fundraising@sane.org.uk)

SANE is a charity (296572) and a company limited by guarantee (2114937) in England and Wales. Registered address - SANE, St. Mark's Studios, 14 Chillingworth Road, London N7 8QJ.

