



CLEAN CYCLING ANNUAL REPORT 2023

British Cycling feels passionate that all participants have the right to train and compete in an environment where everyone understands their role and duty to uphold the highest standards in ensuring clean competition.

We are committed to protecting the integrity of the sport and we will work in partnership with UK Anti-Doping (UKAD) and the Union Cycliste Internationale (UCI) to ensure that cycling is a clean sport.

British Cycling is continuing to work closely with UKAD, to ensure compliance with UKAD's Assurance Framework. The main aim of the Assurance Framework is to ensure that each sport is adhering to the requirements that have been put in place to mitigate the risk of doping.

Clean Cycling Strategy and Education Implementation Plan

We are mid-way through our 2021-2024 Clean Cycling Education Implementation Plan, which was approved in December 2021.

We are able to provide an update on the five key areas British Cycling has been and will continue to focus on, supporting our vision for Clean Sport.

1. Education

British Cycling will provide education opportunities, appropriate to their role, across the British Cycling membership.

We support the principle of "Education First" and believe that any riders first experience with anti-doping should be Clean Sport Education rather than Doping Control.

As we prepare for the Paris Olympic and Paralympic Games, we continue to work closely with UKAD on their Clean Games Policy. We reached 88% compliance by December 2023, and look forward to achieving 100% compliance by the end of February 2024.

In October 2023, we held in-person anti-doping sessions for all GBCT pathway athletes (Podium, Podium Potential and the Olympic Development Squad) at their annual induction. Athletes were introduced to the members of the Compliance team and given clear directions on how to raise any queries/concerns.

2. Information and Awareness

We will make effective use of existing British Cycling communication channels, sharing key anti-doping messages and information.

Anti-Doping Guidance continues to be published in our Members Handbook, released annually.

In May 2023, British Cycling used Clean Sport Week as an opportunity to promote Anti-Doping across its staff.

In November 2023, we sent reminders to our membership, via our Member Newsletter, regarding the 2024 Prohibited List, drawing specific attention to the inclusion of Tramadol. Further to this, we posted messages on the Rider Hub (a rider specific intranet) and in December 2023, contacted each of our target groups via email. We also placed physical copies of posters throughout the National Cycling Centre, including in changing cubicles and medical rooms.

3. Monitoring and Evaluation

To ensure that British Cycling is working towards a clean sport we will consult with identified priority groups and the wider British Cycling membership to help us understand anti-doping related issues and shape the interventions required across all levels of competition.

Following the GBCT induction session, feedback forms were provided to all attendees asking for their views on the session and any comments for education they would like to see in the future. This feedback will inform a programme of drop-in sessions to be held in 2024.

We are putting together a group of ASPs/rider reps to discuss how to engage our athletes and ASPs better with anti-doping education.

4. Testing

Testing is fundamental in maintaining the integrity of the sport. British Cycling will support UKAD and the UCI to coordinate an intelligence-led, risk-based testing programme across the different cycling disciplines and events in the UK.

UKAD has reported the completion of 10,905 tests conducted in 2023, which has been across 47 sports and in 30 countries.

They further reported that 73% of testing was out-of-competition.

In the most recent quarterly report, published by UKAD, we understand that for Q1 and Q2 (April to September 2023), there have been 221 tests in cycling (26 in competition and 195 out of competition). According to these figures, we are the seventh most tested sport (previously, third).

Following some feedback we received after the GBCT induction sessions, we are looking to put together some education sessions for the friends and families of Olympic and Para riders, to aid their understanding of the testing process and enable them to better support our athletes.

5. Governance

Good governance is critical in our efforts to keep cycling clean. Policies and procedures will undergo regular review to ensure they are effective and compliant with the UK Anti-Doping Rules and consistent with the World Anti-Doping Code. UCI best practice guidance will continue to be embedded throughout.

As we look forward to the 2024 Olympic and Paralympic Games, we are working hard to continue the momentum from Tokyo and ensure that we win in the right way.