

Organisation	About	Contact
British Association for Counselling and Psychotherapy	The Association exists to serve its members and the psychological therapies, as well as increasing awareness. It publishes directories and other information to enable those seeking counselling and training to make an informed choice.	Tel: 01455 883300 Email: bacp@bacp.co.uk www.counselling.co.uk
The DBS Regional Outreach Service	The Partnership and Engagement team at the Disclosure and Barring Service (DBS) work regularly with other organisations, to identify how we can collaborate and share key messages among the safeguarding community.	www.gov.uk/guidance/the-dbs-regional-outreach-service
Disabled Living Foundation	Provides specialist advice for people with disabilities and their carers. It has a national telephone helpline service (0845 130 1977), and equipment centre (020 7289 6111), factsheets, publications shop and training and events.	Tel: 020 7289 6111 Email: advice@dlf.org.uk www.dlf.org.uk
National Association of Citizens Advice Bureaux	The Citizens Advice Bureau runs 'Adviceguide' which gives basic advice and information on people's rights. It gives a broad outline of your legal position and what you can do. If problems are complicated, it is more appropriate to contact Citizen's Advice Bureaux.	www.nacab.org.uk
National Autistic Society	The Charity's objective is to provide education, treatment, welfare and care to people with autism and related conditions.	Tel: 020 7833 2299 Fax: 020 7833 9666 Email: nas@nas.org.uk www.autism.org.uk
Rape Crisis Federation of England and Wales	Rape Crisis was launched in 1996 and exists to provide a range of facilities and resources to enable the continuance and development of Rape Crisis Groups throughout Wales and England.	Email: info@rapecrisis.co.uk www.rapecrisis.co.uk

Stonewall	Stonewall provide support for LGBT communities and their allies.	Tel. 0800 0502020 (9:30 – 4:30 Monday to Friday). http://www.stonewall.org.uk/
Lucy Faithful Foundation	The Lucy Faithfull Foundation is the only UK-wide child protection charity dedicated solely to preventing child sexual abuse.	Confidential Helpline: 0808 1000 900 https://www.lucyfaithfull.org.uk/
NSPCC	the UK's leading children's charity. We've been looking out for children for over 130 years	0808 800 5000
CPSU	The Child Protection in Sport Unit (CPSU) is part of the NSPCC and is funded by Sport England, Sport Northern Ireland, Sport Wales, UK Sport and The Football Association.	NSPCC Child Protection in Sport Unit CPSU (the cpsu.org.uk)
UK Sport Integrity	The service is available for all athletes and staff on Olympic and Paralympic performance programmes, to report allegations of unacceptable behaviour.	Home Sport Integrity
UKAD	UK Anti-Doping is an active participant in the global fight against doping in sport	Homepage UK Anti-Doping (ukad.org.uk)
Respect Men's advice line	Men's Advice Line is a team of friendly Advisors who will listen and believe you. Our team are available to offer you non-judgmental support, practical advice and information.	Telephone 0808 801 0327 https://mensadvice.org.uk
The Havens	Specialist centres in London for people who have been raped or sexually assaulted	https://www.thehavens.org.uk/
Bullying UK Samaritans		Bullying UK Samaritans Whatever you are going through, call free any time, from any phone, on 116 123 Anti-bullying Alliance
Anti bullying alliance	The Anti-Bullying Alliance is a coalition of organisations and individuals that are united against bullying.	Anti-bullying Alliance
Family lives Barnardos		Family Lives Barnardo's

Childline

The Childrens Society

See me hear me

StopCSE

CEOP

Think U Know

Know IT All for Parents

Tiktok checklist

Facebook checklist

Instagram checklist

Child sexual exploitation

Child sexual exploitation

E-safety

E-safety

E-safety

E-safety

E-safety

E-safety

[Childline 0800 1111 support for children and young people in the UK, including free helpline and 1-2-1 online chats with counsellors.](#)

[The Children's Society](#)

[See me, hear me](#)

[STOPCSE](#)

[CEOP \(online safety\)](#)

[ThinkUknow \(online safety\)](#)

[Know IT All for Parents](#)

[Tiktok checklist](#)

[Facebook checklist](#)

[Instagram checklist](#)