

SG 3.8 Managing risks

The purpose of this document is to provide clubs, coaches and volunteers with some information to ensure consideration is given to the management of factors that may cause unnecessary risk to participants in cycling.

Risk Assessments

Risk Assessments are an important part of planning any cycling activities or other activities if cycling is unavailable for whatever reason. Completing a risk assessment will focus your thoughts on possible issues with an event or activity that might cause a risk to you, the participants or third parties. Elements to be considered include:

- Weather
- Environment
- Activity
- Participants

Risk Assessment forms are available on the British Cycling website to help you complete this.

Risk Assessing is important as it covers health, safety and getting basics right to avoid issues arising. Additionally this will go some way to preventing potential safeguarding issues that may occur because the basics have not been considered.

Staffing

It is important to ensure that paid/ volunteer staff involved in an event, activity or residential trip are appropriate for the role they hold. Safe recruitment practices form a part of this and guidance can be found in safeguarding policies and supporting documentation. However there are other areas to consider in relation to staff and these may include:

- appropriate staff ratios (suggested 1:8 with at least 2 adults as a minimum)
- understanding their roles and responsibilities
- appropriateness for the role- in terms of their behaviour at coaching sessions, conduct during previous trips, any other relevant information you may be aware of

British Cycling coaching documentation and the CPSU Briefing "Guidelines on Staffing/Supervision Ratios for Children/Young People's Activities" provide guidance in this area.